



## **WEST WATERFORD A.C. RACE RESULTS**

### **AHS Tuning Ballinroad 5k Friday May 8<sup>th</sup> 2026**

	NAME	CLUB	TIME
1 <sup>st</sup> Man	Micheál Power	West Waterford A.C.	14:24
2 <sup>nd</sup> Man	Adam O'Connor	United Striders	15:46
3 <sup>rd</sup> Man	Naoise Mac Murchadha	West Waterford A.C.	16:01
4 <sup>th</sup> Man	Damian Murphy	West Waterford A.C.	16:05
5 <sup>th</sup> Man	Michael O'Loughlin	Individual	16:07
Male Junior	Daniel Murphy	Waterford A.C.	16:44
1 <sup>st</sup> Lady	Kealy Tideswell	Clonmel A.C.	17:44
2 <sup>nd</sup> Lady	Laura Behan	Individual	18:27
3 <sup>rd</sup> Lady	Angela Tobin	West Waterford A.C.	19:50
4 <sup>th</sup> Lady	Kate Wall	Clonmel A.C.	20:02
5 <sup>th</sup> Lady	Sandra Flynn	West Waterford A.C.	20:12
Female Junior	Jessica Grigor	West Waterford A.C.	24:20
Wheelchair	Aoire Keane	Glanmire A.C.	33:35