

<b>FORDES DAYBREAK Winter League</b>			
<b>Long Route Week 7 02/01/25</b>			
	<b>Number</b>	<b>Name</b>	<b>Time</b>
1	<b>343</b>	Carmel Fitzgibbon	<b>00:34:49</b>
2	<b>124</b>	Peter Cunningham	<b>00:40:16</b>
3	<b>97</b>	Noel Cliffe	<b>00:46:36</b>
4	<b>75</b>	Darren Coogan	<b>00:42:12</b>
5	<b>248</b>	Patrick Lannon	<b>00:40:26</b>
6	<b>256</b>	Alice Fitzgerald	<b>00:47:29</b>
7	<b>342</b>	Katie Whyte	<b>00:47:35</b>
8	<b>83</b>	Stephen Shasby	<b>00:40:22</b>
9	<b>290</b>	Lar Fennell	<b>00:46:37</b>
10	<b>335</b>	Karen Ryan	<b>00:43:56</b>
11	<b>45</b>	James Whelan	<b>00:35:58</b>
12	<b>153</b>	Padraig Healy	<b>00:38:38</b>
13	<b>19</b>	Linda Bradfield	<b>00:45:47</b>
14	<b>140</b>	Ruth Fennell	<b>00:51:24</b>
15	<b>168</b>	Quan Butler	<b>00:36:49</b>
16	<b>234</b>	Daniel Crotty	<b>00:36:49</b>
17	<b>54</b>	Melanie Kelly	<b>00:46:35</b>
18	<b>50</b>	Tom Hogan	<b>00:36:20</b>
19	<b>48</b>	Martina Beechinor	<b>00:46:50</b>
20	<b>147</b>	Helen Leahy	<b>00:45:38</b>
21	<b>268</b>	Eileen Campbell	<b>00:49:34</b>
22	<b>320</b>	Paul Connors	<b>00:33:23</b>
23	<b>293</b>	Declan Fennell	<b>00:47:39</b>
24	<b>272</b>	Niall Barry	<b>00:33:21</b>
25	<b>43</b>	Brian Hennessy	<b>00:35:00</b>
26	<b>27</b>	Liam Fitzgerald	<b>00:37:30</b>
27	<b>325</b>	Bryan Kirwan	<b>00:48:33</b>
28	<b>191</b>	Martin Stevenson	<b>00:35:45</b>
29	<b>250</b>	Diane Behan	<b>00:36:50</b>
30	<b>121</b>	Ray Haahesy	<b>00:38:48</b>
31	<b>103</b>	James Connors	<b>00:35:18</b>
32	<b>107</b>	Anthony Qualter	<b>00:39:14</b>
33	<b>113</b>	Richard Massey	<b>00:43:02</b>
34	<b>294</b>	Catherine Queally	<b>00:48:06</b>
35	<b>240</b>	Yevgeniy Chizhikov	<b>00:38:42</b>
36	<b>337</b>	Ann Dunford	<b>00:44:13</b>
37	<b>164</b>	Kieran Russell	<b>00:36:53</b>
38	<b>95</b>	Mary Mc Carthy	<b>00:45:03</b>
39	<b>70</b>	Catherine Bourke	<b>00:46:40</b>
40	<b>339</b>	Eoin Walsh (74)	<b>00:33:57</b>
41	<b>21</b>	Ian Walsh	<b>00:49:58</b>
42	<b>207</b>	Geraldine Barry	<b>00:45:31</b>
43	<b>67</b>	Michael Dunford	<b>00:37:22</b>
44	<b>101</b>	Mark Cliffe	<b>00:38:20</b>
45	<b>322</b>	Josie Ui Chuirrin	<b>00:46:00</b>
46	<b>165</b>	Patrick Power	<b>00:43:59</b>
47	<b>178</b>	Lorena Mooney	<b>00:41:44</b>

48	<b>299</b>	James Ryan	<b>00:44:36</b>
49	<b>204</b>	Richard Mc Grath	<b>00:39:06</b>
50	<b>245</b>	Ronan Crotty	<b>00:35:19</b>
51	<b>34</b>	Alan Harney	<b>00:40:16</b>
52	<b>187</b>	Liz Nyhan	<b>00:38:08</b>
53	<b>41</b>	Catherine Mc Intyre	<b>00:51:54</b>
54	<b>215</b>	Colin Savage	<b>00:45:57</b>
55	<b>275</b>	Pat Frisby	<b>00:45:27</b>
56	<b>9</b>	Donal O Donoghue	<b>00:38:33</b>
57	<b>79</b>	Joe O Rourke	<b>00:46:39</b>
58	<b>72</b>	Kenneth Kelleher	<b>00:39:39</b>
59	<b>78</b>	Mark Lenihan	<b>00:46:38</b>
60	<b>284</b>	Patrick Hurney	<b>00:39:46</b>
61	<b>6</b>	Noel Brennan	<b>00:43:06</b>
62	<b>2</b>	Jack Nolan	<b>00:35:21</b>
63	<b>28</b>	Aoife Mc Grath	<b>00:50:51</b>
64	<b>137</b>	Angela Bree	<b>00:46:40</b>
65	<b>224</b>	Joanie Mc Grath	<b>00:54:39</b>
66	<b>110</b>	Robert Gough	<b>00:39:37</b>
67	<b>260</b>	Grainne O Brien	<b>00:45:23</b>
68	<b>286</b>	Natalie Sheehan	<b>00:35:26</b>
69	<b>177</b>	Tom Mansfield	<b>00:46:42</b>
70	<b>120</b>	Deirdre Haesy	<b>00:56:44</b>
71	<b>129</b>	Carol Pope	<b>00:45:46</b>
72	<b>102</b>	Gary Collins	<b>00:35:58</b>
73	<b>169</b>	Fiona Herlihy	<b>00:53:31</b>
74	<b>88</b>	Caitriona Shanley	<b>00:56:46</b>
75	<b>3</b>	Kevin Casey	<b>00:39:35</b>
76	<b>71</b>	Rose Power	<b>00:45:43</b>
77	<b>314</b>	Sean Keogh	<b>00:36:26</b>
78	<b>96</b>	Jade Queally	<b>00:44:27</b>
79	<b>195</b>	Karen Darcy	<b>00:44:04</b>
80	<b>246</b>	Claire Crotty	<b>00:49:11</b>
81	<b>252</b>	Gerry Lattimore	<b>00:49:14</b>
82	<b>143</b>	Margaret Conway	<b>00:51:45</b>
83	<b>170</b>	Nicola Fennell	<b>00:44:27</b>
84	<b>59</b>	Áine Dunford	<b>00:38:44</b>
85	<b>190</b>	Claire Meehan	<b>00:56:57</b>
86	<b>60</b>	Gillian Whelan	<b>00:38:48</b>
87	<b>135</b>	Gerard Reilly	<b>00:37:41</b>
88	<b>232</b>	Margaret O'Connell	<b>00:44:28</b>
89	<b>42</b>	Paul Murray	<b>00:40:36</b>
90	<b>134</b>	Paschal Proctor	<b>00:51:40</b>
91	<b>132</b>	Niall Browne	<b>00:35:33</b>
92	<b>218</b>	Elaine Horgan	<b>00:36:41</b>
93	<b>206</b>	George Tutty	<b>00:45:32</b>
94	<b>332</b>	Evan Fitzgerald	<b>00:26:31</b>
95	<b>199</b>	Eugene Ryan	<b>00:45:09</b>
96	<b>291</b>	Tony Ferncombe	<b>00:43:09</b>
97	<b>244</b>	James Meagher	<b>00:43:54</b>

98	<b>338</b>	Gerry Cantwell	<b>00:42:19</b>
99	<b>160</b>	Geraldine Sinnott	<b>00:48:36</b>
100	<b>15</b>	Mary Brennan	<b>00:45:02</b>
101	<b>66</b>	Tj Crotty	<b>00:33:21</b>
102	<b>117</b>	Lauren Walsh Kett	<b>00:48:09</b>
103	<b>281</b>	Phil Dee	<b>00:40:37</b>
104	<b>136</b>	Richie Walsh	<b>00:38:49</b>
105	<b>303</b>	Fiona O Brien	<b>00:48:07</b>
106	<b>298</b>	Kevin Pollard	<b>00:37:13</b>
107	<b>29</b>	Claire O Connor	<b>00:43:44</b>
108	<b>151</b>	Éanna De Faoite	<b>00:44:01</b>
109	<b>233</b>	Maura Seward	<b>00:48:13</b>
110	<b>213</b>	Cliona O Keeffe	<b>00:41:40</b>
111	<b>81</b>	Gary Hurney	<b>00:35:41</b>
112	<b>321</b>	Joe Salmon	<b>00:36:36</b>
113	<b>24</b>	Caitriona Barry	<b>00:51:19</b>
114	<b>94</b>	John Coade	<b>00:38:13</b>
115	<b>172</b>	Una Fennell	<b>00:47:03</b>
116	<b>216</b>	Sarah Whelan	<b>00:36:42</b>
117	<b>106</b>	Mary Riordan	<b>00:56:51</b>
118	<b>221</b>	Paul Lacey	<b>00:45:09</b>
119	<b>89</b>	Lisa Shortall	<b>00:44:07</b>
120	<b>144</b>	Philip Walsh	<b>00:37:35</b>
121	<b>264</b>	Elaine O Halloran	<b>00:48:52</b>
122	<b>139</b>	Owen Power	<b>00:44:20</b>
123	<b>201</b>	Jack O Riordan	<b>00:38:24</b>
124	<b>90</b>	Breda O Reilly	<b>00:47:55</b>
125	<b>259</b>	Declan Hickey	<b>00:38:34</b>
126	<b>104</b>	Gavin Breen	<b>00:38:07</b>
127	<b>696</b>	Ellen Ryan	<b>00:43:53</b>
128	<b>14</b>	Michael Cummins	<b>00:40:20</b>
129	<b>301</b>	Mark Walsh	<b>00:33:38</b>
130	<b>44</b>	Linda Foley	<b>00:39:11</b>
131	<b>36</b>	Kevin Mulcahy	<b>00:45:25</b>
132	<b>115</b>	Seamus Hayes	<b>00:41:53</b>
133	<b>87</b>	Norma Wall	<b>00:44:06</b>
134	<b>20</b>	Helen Keating	<b>00:43:04</b>
135	<b>146</b>	Eileen Heffernan	<b>00:45:32</b>
136	<b>212</b>	Gavin Whelan	<b>00:32:37</b>
137	<b>35</b>	Tim King	<b>00:38:17</b>
138	<b>37</b>	Jessie Mulcahy	<b>00:45:34</b>
139	<b>100</b>	Alison Prendergast	<b>00:54:56</b>
140	<b>205</b>	Paul Costello	<b>00:43:35</b>
141	<b>182</b>	Paul Casey	<b>00:44:05</b>
142	<b>131</b>	Fionan O Cinneide	<b>00:40:04</b>
143	<b>80</b>	Eddie Hynes	<b>00:37:20</b>
144	<b>226</b>	Pauline Hartley	<b>00:45:33</b>
145	<b>69</b>	Jody Hynes	<b>00:38:26</b>
146	<b>292</b>	David Mc Nally	<b>00:43:24</b>
147	<b>247</b>	Joanne Lannon	<b>00:46:24</b>

148	<b>16</b>	Sinéad Uí Mhurchadha	<b>00:51:16</b>
149	<b>63</b>	Emmet Prendergast	<b>00:38:22</b>
150	<b>200</b>	Mark Shalloe	<b>00:37:36</b>
151	<b>308</b>	Bernard Walsh	<b>00:45:51</b>
152	<b>175</b>	Paul O Gorman	<b>00:48:55</b>
153	<b>341</b>	Eoin O'Riordan	<b>00:39:49</b>
154	<b>238</b>	Tom Foran	<b>00:37:53</b>
155	<b>108</b>	Ben Qualter	<b>00:34:32</b>
156	<b>196</b>	Micheal Power	<b>00:37:48</b>
157	<b>5</b>	Pádraig Nolan	<b>00:45:52</b>
158	<b>181</b>	Andrea Gaffney	<b>00:43:53</b>
159	<b>330</b>	Vincent Tutty	<b>00:52:46</b>
160	<b>130</b>	Gareth Pope	<b>00:38:57</b>
161	<b>18</b>	Kerrie Uí Mhurchadha	<b>00:46:57</b>
162	<b>242</b>	Cian O'Byrne	<b>00:37:37</b>
163	<b>61</b>	Deirdre Whelan Devine	<b>00:53:25</b>
164	<b>105</b>	Chris Wade	<b>00:55:07</b>
165	<b>123</b>	Linda Foley Power	<b>00:53:32</b>
166	<b>174</b>	Eamonn Curran	<b>00:47:33</b>
167	<b>251</b>	Mark Flynn	<b>00:37:36</b>
168	<b>152</b>	Ann O Donovan	<b>00:56:36</b>
169	<b>38</b>	Colette Barry	<b>00:56:35</b>
170	<b>125</b>	Onra Power	<b>00:51:04</b>
171	<b>85</b>	Tasha Lanigan	<b>00:52:27</b>
172	<b>149</b>	Martin Holmes	<b>00:37:06</b>
173	<b>25</b>	Iomhar Noone	<b>00:56:20</b>
174	<b>126</b>	Ememt Gaffney	<b>00:41:04</b>
175	<b>11</b>	Vanessa Ui Chonduin	<b>00:49:45</b>
176	<b>86</b>	Cliodhna Wadding	<b>00:49:45</b>
177	<b>302</b>	Sean Ryan	<b>00:43:43</b>
178	<b>214</b>	Mark Hayes	<b>00:50:17</b>
179	<b>118</b>	Fergal Connolly	<b>00:46:10</b>
180	<b>324</b>	Donna Hallahan	<b>00:48:47</b>
181	<b>30</b>	Eric O Connor	<b>00:35:45</b>
182	<b>171</b>	Geraldine Lacey	<b>00:44:35</b>
183	<b>53</b>	James Hackett	<b>00:48:12</b>
184	<b>280</b>	Freida Mc Grath	<b>00:43:02</b>
185	<b>271</b>	Eamon Phelan	<b>00:44:19</b>
186	<b>255</b>	Colm O Connell	<b>00:44:01</b>
187	<b>220</b>	Fiona O Rourke	<b>00:53:59</b>
188	<b>305</b>	Jack Ahearne	<b>00:46:00</b>
189	<b>179</b>	Cathal E Gleeson	<b>00:44:39</b>
190	<b>219</b>	Patrick Cumiskey	<b>00:54:20</b>
191	<b>138</b>	Kelly Sheehan	<b>00:48:50</b>
192	<b>282</b>	Thomas Kavanagh	<b>00:42:22</b>
193	<b>261</b>	Henry Ryan	<b>00:46:30</b>
194	<b>109</b>	Clara Hogan	<b>00:40:48</b>
195	<b>183</b>	Brigid Coffey	<b>00:47:58</b>
196	<b>82</b>	Susie Moore	<b>00:55:17</b>
197	<b>119</b>	Alan Toft	<b>00:57:35</b>

198	<b>32</b>	Rachael Phelan	<b>00:49:46</b>
199	<b>230</b>	Mairead Murphy	<b>00:57:32</b>