

**FORDES DAYBREAK Winter League****Long Route Week 10 22/01/25**

	<b>Number</b>	<b>Name</b>	<b>Time</b>
1	610	Emer Behan	00:49:25
2	21	Ian Walsh	00:38:26
3	121	Ray Haheisy	00:34:37
4	153	Padraig Healy	00:34:37
5	125	Onra Power	00:44:44
6	334	Patrick Bergin	00:41:27
7	100	Alison Prendergast	00:50:12
8	269	Rob Shaw-Hamilton	00:44:10
9	48	Martina Beechinor	00:43:44
10	99	Danielle Crowley	00:38:43
11	54	Melanie Kelly	00:43:47
12	193	Michelle Finnegan	00:47:09
13	300	Conor Mc Grath	00:39:11
14	97	Noel Cliffe	00:44:16
15	234	Daniel Crotty	00:34:31
16	285	Sean Stilwell	00:34:35
17	120	Deirdre Haheisy	00:53:24
18	88	Caitriona Shanley	00:53:27
19	50	Tom Hogan	00:33:24
20	177	Tom Mansfield	00:44:07
21	302	Sean Ryan	00:39:08
22	117	Lauren Walsh Kett	00:46:02
23	1	Cathal Dwane	00:36:49
24	298	Kevin Pollard	00:34:38
25	303	Fiona O'Brien	00:45:40
26	11	Vanessa Ui Chonduin	00:45:02
27	85	Tasha Lanigan	00:51:04
28	148	Ciara Holmes	00:39:05
29	87	Norma Wall	00:41:45
30	240	Yevgeniy Chizhikov	00:37:08
31	315	Michael Roche	00:40:41
32	37	Jessie Mulcahy	00:41:39
33	133	Nicky Power	00:47:20
34	55	Claire Power	00:45:18
35	235	Colm O'Hare	00:34:28
36	291	Tony Ferncombe	00:39:19
37	36	Kevin Mulcahy	00:43:14
38	150	Bernard Lehane	00:39:49
39	268	Eileen Campbell	00:48:22
40	16	Sinéad Uí Mhurchadha	00:48:46
41	149	Martin Holmes	00:33:50
42	304	Tony Walsh	00:37:45
43	288	John Flynn	00:36:55
44	25	Iomhar Noone	00:53:03
45	168	Quan Butler	00:35:39
46	72	Kenneth Kelleher	00:37:00
47	190	Claire Meehan	00:54:17

48	<b>251</b>	Mark Flynn	<b>00:34:40</b>
49	<b>84</b>	Bevin Bowdren	<b>00:39:01</b>
50	<b>338</b>	Gerry Cantwell	<b>00:39:20</b>
51	<b>299</b>	James Ryan	<b>00:43:36</b>
52	<b>294</b>	Catherine Queally	<b>00:46:49</b>
53	<b>248</b>	Patrick Lannon	<b>00:38:52</b>
54	<b>57</b>	Joe Grant	<b>00:37:10</b>
55	<b>129</b>	Carol Pope	<b>00:44:39</b>
56	<b>142</b>	Anthony Flynn	<b>00:35:10</b>
57	<b>92</b>	Mark Fitzsimons	<b>00:36:35</b>
58	<b>221</b>	Paul Lacey	<b>00:42:38</b>
59	<b>65</b>	Kieran Daly	<b>00:39:13</b>
60	<b>171</b>	Geraldine Lacey	<b>00:40:54</b>
61	346	Anne Marie Fidgeon	<b>00:49:35</b>
62	<b>45</b>	James Whelan	<b>00:34:43</b>
63	<b>112</b>	Sandra Moore	<b>00:39:57</b>
64	<b>199</b>	Eugene Ryan	<b>00:42:42</b>
65	<b>253</b>	Ciaran Ryan	<b>00:38:11</b>
66	<b>325</b>	Bryan Kirwan	<b>00:47:29</b>
67	<b>329</b>	David Morrissey	<b>00:43:23</b>
68	<b>191</b>	Martin Stevenson	<b>00:34:59</b>
69	<b>31</b>	Kieran Power	<b>00:40:41</b>
70	<b>67</b>	Michael Dunford	<b>00:35:29</b>
71	<b>101</b>	Mark Cliffe	<b>00:37:05</b>
72	<b>275</b>	Pat Frisby	<b>00:44:26</b>
73	<b>247</b>	Joanne Lannon	<b>00:43:37</b>
74	<b>242</b>	Cian O'Byrne	<b>00:35:25</b>
75	<b>144</b>	Philip Walsh	<b>00:36:08</b>
76	<b>227</b>	Donall Mc Grath	<b>00:40:34</b>
77	<b>255</b>	Colm O Connell	<b>00:39:06</b>
78	<b>250</b>	Diane Behan	<b>00:36:14</b>
79	<b>103</b>	James Connors	<b>00:34:42</b>
80	<b>212</b>	Gavin Whelan	<b>00:31:02</b>
81	<b>35</b>	Tim King	<b>00:36:41</b>
82	<b>18</b>	Kerrie Uí Mhurchadha	<b>00:44:54</b>
83	<b>314</b>	Sean Keogh	<b>00:33:59</b>
84	<b>98</b>	Brian Looby	<b>00:33:07</b>
85	<b>170</b>	Nicola Fennell	<b>00:42:40</b>
86	<b>62</b>	Tammy Hurney	<b>00:50:05</b>
87	<b>165</b>	Patrick Power	<b>00:43:29</b>
88	<b>164</b>	Kieran Russell	<b>00:36:09</b>
89	<b>2</b>	Jack Nolan	<b>00:34:36</b>
90	<b>206</b>	George Tutty	<b>00:44:14</b>
91	<b>69</b>	Jody Hynes	<b>00:36:44</b>
92	<b>335</b>	Karen Ryan	<b>00:42:02</b>
93	<b>39</b>	John Leonard	<b>00:43:59</b>
94	<b>696</b>	Ellen Ryan	<b>00:42:02</b>
95	<b>71</b>	Rose Power	<b>00:45:06</b>
96	<b>178</b>	Lorena Mooney	<b>00:41:21</b>
97	<b>147</b>	Helen Leahy	<b>00:44:27</b>

98	<b>46</b>	Dermot Gough	<b>00:31:24</b>
99	<b>63</b>	Emmet Prendergast	<b>00:36:25</b>
100	<b>281</b>	Phil Dee	<b>00:39:14</b>
101	<b>286</b>	Natalie Sheehan	<b>00:35:00</b>
102	<b>205</b>	Paul Costello	<b>00:41:52</b>
103	<b>330</b>	Vincent Tutty	<b>00:50:55</b>
104	<b>93</b>	Simone Power	<b>00:41:57</b>
105	<b>113</b>	Richard Massey	<b>00:42:43</b>
106	<b>118</b>	Fergal Connolly	<b>00:43:06</b>
107	<b>224</b>	Joanie Mc Grath	<b>00:54:16</b>
108	<b>260</b>	Grainne O'Brien	<b>00:44:51</b>
109	<b>27</b>	Liam Fitzgerald	<b>00:37:18</b>
110	<b>104</b>	Gavin Breen	<b>00:36:39</b>
111	<b>301</b>	Mark Walsh	<b>00:32:12</b>
112	<b>332</b>	Evan Fitzgerald	<b>00:25:50</b>
113	<b>40</b>	Jerry Power	<b>00:36:22</b>
114	<b>19</b>	Linda Bradfield	<b>00:44:27</b>
115	<b>156</b>	Brendan Mooney	<b>00:35:50</b>
116	<b>296</b>	Liam Buds	<b>00:45:19</b>
117	<b>225</b>	Sean Lennon	<b>00:36:28</b>
118	<b>271</b>	Eamon Phelan	<b>00:41:01</b>
119	<b>116</b>	Katherine O'Connor	<b>00:39:45</b>
120	<b>308</b>	Bernard Walsh	<b>00:44:22</b>
121	<b>51</b>	Anne Moore	<b>00:36:51</b>
122	<b>339</b>	Eoin Walsh (74)	<b>00:33:51</b>
123	<b>89</b>	Lisa Shortall	<b>00:43:16</b>
124	<b>270</b>	Natalie Shaw-Hamilton	<b>00:43:42</b>
125	<b>292</b>	David Mc Nally	<b>00:42:06</b>
126	<b>322</b>	Josie Ui Chuirrin	<b>00:44:36</b>
127	<b>44</b>	Linda Foley	<b>00:38:05</b>
128	<b>261</b>	Henry Ryan	<b>00:42:11</b>
129	<b>259</b>	Declan Hickey	<b>00:37:44</b>
130	<b>29</b>	Claire O'Connor	<b>00:42:48</b>
131	<b>160</b>	Geraldine Sinnott	<b>00:48:12</b>
132	<b>20</b>	Helen Keating	<b>00:42:12</b>
133	<b>230</b>	Mairead Murphy	<b>00:49:04</b>
134	<b>80</b>	Eddie Hynes	<b>00:36:14</b>
135	<b>195</b>	Karen Darcy	<b>00:43:19</b>
136	<b>41</b>	Catherine Mc Intyre	<b>00:50:53</b>
137	<b>70</b>	Catherine Bourke	<b>00:46:53</b>
138	<b>13</b>	Martina Jones	<b>00:47:33</b>
139	<b>163</b>	Rebecca Hogan	<b>00:45:07</b>
140	<b>141</b>	Niamh O'Donovan	<b>00:35:32</b>
141	<b>211</b>	James Coade	<b>00:32:50</b>
142	<b>218</b>	Elaine Horgan	<b>00:36:30</b>
143	<b>14</b>	Michael Cummins	<b>00:39:41</b>
144	<b>78</b>	Mark Lenihan	<b>00:46:54</b>
145	<b>172</b>	Una Fennell	<b>00:46:34</b>
146	675	Chloe Lake	<b>00:43:49</b>
147	<b>5</b>	Pádraig Nolan	<b>00:44:37</b>

148	<b>284</b>	Patrick Hurney	<b>00:40:04</b>
149	<b>83</b>	Stephen Shasby	<b>00:39:02</b>
150	<b>244</b>	James Meagher	<b>00:42:59</b>
151	<b>9</b>	Donal O Donoghue	<b>00:38:53</b>
152	<b>216</b>	Sarah Whelan	<b>00:36:16</b>
153	<b>272</b>	Niall Barry	<b>00:32:49</b>
154	<b>74</b>	Angeline Drennan	<b>00:44:10</b>
155	<b>252</b>	Gerry Lattimore	<b>00:48:39</b>
156	<b>115</b>	Seamus Hayes	<b>00:41:19</b>
157	<b>28</b>	Aoife Mc Grath	<b>00:51:17</b>
158	<b>139</b>	Owen Power	<b>00:43:56</b>
159	<b>43</b>	Brian Hennessy	<b>00:35:27</b>
160	<b>91</b>	Paul Power	<b>00:47:44</b>
161	<b>60</b>	Gillian Whelan	<b>00:38:55</b>
162	<b>264</b>	Elaine O Halloran	<b>00:48:13</b>
163	<b>182</b>	Paul Casey	<b>00:43:01</b>
164	<b>320</b>	Paul Connors	<b>00:33:52</b>
165	<b>59</b>	Áine Dunford	<b>00:38:54</b>
166	<b>175</b>	Paul O Gorman	<b>00:48:01</b>
167	<b>32</b>	Rachael Phelan	<b>00:45:15</b>
168	<b>47</b>	Patricja Daly	<b>00:45:11</b>
169	<b>96</b>	Jade Queally	<b>00:43:45</b>
170	<b>140</b>	Ruth Fennell	<b>00:50:59</b>
171	<b>81</b>	Gary Hurney	<b>00:35:38</b>
172	<b>311</b>	Liz Curtin	<b>00:46:28</b>
173	<b>124</b>	Peter Cunningham	<b>00:37:52</b>
174	<b>297</b>	Ronan Lavan	<b>00:39:03</b>
175	<b>108</b>	Ben Qualter	<b>00:33:39</b>
176	<b>79</b>	Joe O Rourke	<b>00:46:54</b>
177	<b>262</b>	Tara Ni Reachtagain	<b>00:40:51</b>
178	<b>337</b>	Ann Dunford	<b>00:43:57</b>
179	<b>213</b>	Cliona O Keeffe	<b>00:41:50</b>
180	<b>328</b>	Cian Ohalloran	<b>00:46:23</b>
181	<b>138</b>	Kelly Sheehan	<b>00:45:01</b>
182	<b>106</b>	Mary Riordan	<b>00:56:55</b>
183	<b>341</b>	Eoin O'Riordan	<b>00:39:12</b>
184	<b>26</b>	Sinead Kiely	<b>00:51:29</b>
185	<b>226</b>	Pauline Hartley	<b>00:45:18</b>
186	<b>131</b>	Fionan O Cinneide	<b>00:39:53</b>
187	<b>123</b>	Linda Foley Power	<b>00:52:51</b>
188	<b>197</b>	Jamie Organ	<b>00:40:10</b>
189	<b>245</b>	Ronan Crotty	<b>00:36:07</b>
190	<b>61</b>	Deirdre Whelan Devine	<b>00:53:02</b>
191	<b>135</b>	Gerard Reilly	<b>00:38:38</b>
192	<b>110</b>	Robert Gough	<b>00:40:56</b>
193	<b>24</b>	Caitriona Barry	<b>00:52:05</b>
194	<b>152</b>	Ann O Donovan	<b>00:56:09</b>
195	<b>155</b>	Conor Hennebry	<b>00:33:07</b>
196	<b>254</b>	Katie Barry	<b>00:43:33</b>
197	<b>111</b>	Nicola Costin	<b>00:54:05</b>

198	<b>309</b>	Eoin Darcy	<b>00:43:51</b>
199	<b>174</b>	Eamonn Curran	<b>00:47:30</b>
200	<b>34</b>	Alan Harney	<b>00:42:10</b>
201	<b>154</b>	John Woods	<b>00:49:49</b>
202	<b>130</b>	Gareth Pope	<b>00:39:34</b>
203	<b>30</b>	Eric O Connor	<b>00:35:09</b>
204	<b>194</b>	Rosie Mansfield	<b>00:50:38</b>
205	<b>267</b>	James Sullivan	<b>00:38:39</b>
206	<b>279</b>	John Joe Hayes	<b>00:41:33</b>
207	<b>109</b>	Clara Hogan	<b>00:39:06</b>
208	<b>200</b>	Mark Shalloe	<b>00:39:03</b>
209	<b>232</b>	Margaret O'Connell	<b>00:46:59</b>
210	<b>186</b>	Tom Nyhan	<b>00:45:35</b>
211	<b>282</b>	Thomas Kavanagh	<b>00:41:46</b>
212	<b>151</b>	Éanna De Faoite	<b>00:45:51</b>
213	<b>3</b>	Kevin Casey	<b>00:41:59</b>
214	<b>201</b>	Jack O Riordan	<b>00:41:27</b>
215	<b>107</b>	Anthony Qualter	<b>00:43:10</b>
216	<b>52</b>	David Moore	<b>00:42:03</b>
217	<b>183</b>	Brigid Coffey	<b>00:48:05</b>
218	<b>143</b>	Margaret Conway	<b>00:56:08</b>
219	<b>134</b>	Paschal Proctor	<b>00:56:07</b>
220	<b>179</b>	Cathal E Gleeson	<b>00:45:52</b>
221	<b>122</b>	Tomás De Faoite	<b>00:40:50</b>
222	<b>6</b>	Noel Brennan	<b>00:48:27</b>
223	<b>82</b>	Susie Moore	<b>00:56:54</b>
224	<b>15</b>	Mary Brennan	<b>00:56:54</b>