

**Dungarvan Leader Dromana 5 Mile Friday 7 June 2024. 7.30pm**

Place	Name	Club	Category	Time	Pace
1	CIOBANU, Sergiu	Clonliffe Harriers	M40	0:25:41	05:08.1
2	FITZGERALD, Evan	West Waterford A.C.	M Senior	0:25:55	05:10.9
3	FITZGERALD, Pat	Waterford A.C.	M Senior	0:26:24	05:16.7
4	CONNELL, Aidan	West Waterford A.C.	M40	0:27:01	05:24.1
5	COAKLEY, James	Leevale A.C.	M Senior	0:27:02	05:24.3
6	BLACKWELL, Mark	West Waterford A.C.	M Senior	0:28:15	05:38.9
7	KEARNS, Daryl	West Waterford A.C.	M40	0:28:29	05:41.7
8	CAVANAGH, Conor	Waterford A.C.	M Senior	0:28:43	05:44.5
9	HENNEBRY, Conor	West Waterford A.C.	M Senior	0:28:56	05:47.1
10	TIDESWELL, Kealy	Clonmel A.C.	F40	0:29:00	05:47.9
11	COLEMAN, Mikey	Individual	M Senior	0:29:15	05:50.9
12	COFFEY, Gearoid	West Waterford A.C.	M Senior	0:29:50	05:57.9
13	COFFEY, John	West Waterford A.C.	M40	0:30:05	06:00.9
14	MURPHY, John	Grange/Fermoy A.C.	M50	0:30:14	06:02.7
15	O'DRISCOLL, Adrian	Carrigaline A.C.	M40	0:30:48	06:09.5
16	O'CONNOR, David	St. Cathernes A.C.	M Senior	0:31:03	06:12.5
17	COADY, Mark	Individual	M Senior	0:31:09	06:13.7
18	O'CONNOR, William	Galtee Runners A.C.	M55	0:31:42	06:20.3
19	MULCAHY, Sarah	St. Cathernes A.C.	F Senior	0:31:47	06:21.3
20	O'REGAN, Ger	Midleton A.C.	M55	0:31:50	06:21.9
21	MC GLYNN, Emer	Waterford A.C.	F Senior	0:31:53	06:22.5
22	COLLINS, Stephen	St. Cathernes A.C.	M Senior	0:32:16	06:27.1
23	COUGHLAN, Cody	Individual	M Junior	0:32:43	06:32.5
24	WALSH (74), Eoin	West Waterford A.C.	M50	0:32:45	06:32.9
25	CONNORS, James	West Waterford A.C.	M40	0:33:06	06:37.1
26	CASHMAN, John	Midleton A.C.	M55	0:33:09	06:37.7
27	KELLY, Joe	West Waterford A.C.	M55	0:33:11	06:38.1
28	TRAVERS, Jason	Individual	M50	0:33:13	06:38.5
29	TOBIN, Angela	West Waterford A.C.	F35	0:33:14	06:38.7
30	HAHESY, Ray	West Waterford A.C.	M60	0:33:16	06:39.1
31	FITZGIBBON, Clotilde	Grange/Fermoy A.C.	F55	0:33:18	06:39.5
32	CLIFFE, Mark	West Waterford A.C.	M45	0:33:34	06:42.7
33	FITZGERALD, Pat	West Waterford A.C.	M40	0:33:45	06:44.9
34	WHITE, Stephen	Waterford A.C.	M Senior	0:33:54	06:46.7
35	HEYLIN, Siobhan	Waterford A.C.	F Senior	0:33:55	06:46.9
36	LANGLY, Elaine	West Waterford A.C.	F35	0:33:58	06:47.5
37	DROHAN, Eveleen	West Waterford A.C.	F45	0:33:59	06:47.7
38	DUGGAN, Peter	St Josephs A.C.	M50	0:34:19	06:51.7
39	CHIZHIKOV, Yevgeny	West Waterford A.C.	M50	0:34:20	06:51.9
40	HICKEY, Owen	Individual	M45	0:34:22	06:52.3
41	HICKEY, Andrew	Individual	M45	0:34:22	06:52.3
42	DWYER, Eoin	Individual	M Senior	0:34:24	06:52.7
43	MOORE, David	West Waterford A.C.	M40	0:34:30	06:53.9
44	BEHAN, Diane	Waterford A.C.	F50	0:34:33	06:54.5
45	MC HUGH, Vincent	Clonmel A.C.	M45	0:34:49	06:57.7
46	KENNEDY, Sean	Cork Track Club	M Senior	0:34:52	06:58.3

47	RYAN, Patricia	Dundrum A.C.	F40	0:34:54	06:58.7
48	NOLAN, Jack	West Waterford A.C.	M Senior	0:34:59	06:59.7
49	BUCKLEY, Keith	Grange/Fermoy A.C.	M40	0:35:30	07:05.8
50	O'RIORDAN, Jack	Individual	M50	0:35:35	07:06.8
51	SALMON, Joe	West Waterford A.C.	M55	0:35:38	07:07.4
52	FLYNN, Sandra	West Waterford A.C.	F Senior	0:35:41	07:08.0
53	HOGAN, Tom	West Waterford A.C.	M45	0:35:42	07:08.2
54	CUNNINGHAM, Peter	West Waterford A.C.	M40	0:35:46	07:09.0
55	FOLEY, Linda	West Waterford A.C.	F35	0:35:48	07:09.4
56	O'MAHONY, Tony	West Waterford A.C.	M55	0:35:49	07:09.6
57	POPE, Gareth	West Waterford A.C.	M45	0:35:59	07:11.6
58	WALSH, Maire	Midleton A.C.	F40	0:36:15	07:14.8
59	O'DONOGHUE, Donal	Watergrasshill A.C.	M55	0:36:17	07:15.2
60	HAYES, John	Individual	M45	0:36:18	07:15.4
61	NEUMERZHITSIY, Vasily	Clonmel A.C.	M55	0:36:23	07:16.4
62	CUNNINGHAM, Drew	West Waterford A.C.	M Senior	0:36:25	07:16.8
63	POWER, Micheal	West Waterford A.C.	M40	0:36:28	07:17.4
64	BERGIN, Patrick	West Waterford A.C.	M Senior	0:36:30	07:17.8
65	MURRAY, Connor	West Waterford A.C.	M55	0:36:30	07:17.8
66	KSHIRSAGA, Rajenda	Waterford A.C.	M45	0:36:31	07:18.0
67	O'CONNOR, Gerard	Individual	M60	0:36:32	07:18.2
68	O'CONNOR, Johnny	West Waterford A.C.	M55	0:36:32	07:18.2
69	CAEY, Derek	Individual	M40	0:36:34	07:18.6
70	WHELAN, Martin	Individual	M55	0:36:35	07:18.8
71	HYNES, Jody	West Waterford A.C.	M45	0:36:36	07:19.0
72	PHELAN, Eamonn	West Waterford A.C.	M60	0:36:37	07:19.2
73	TOBIN, Martin	West Waterford A.C.	M60	0:36:53	07:22.4
74	FITZGERALD, Liam	West Waterford A.C.	M50	0:36:57	07:23.2
75	MC GRATH, Donall	Individual	M Senior	0:36:59	07:23.6
76	CONNELL, Fiona	West Waterford A.C.	F40	0:36:59	07:23.6
77	O'GINNEIDE, Fionan	Individual	M40	0:37:05	07:24.8
78	CONCANNON, Mick	West Waterford A.C.	M60	0:37:10	07:25.8
79	O'GRADY, Billy	Individual	M55	0:37:11	07:26.0
80	NI REACHTAGAIN, Tara	West Waterford A.C.	F Senior	0:37:11	07:26.0
81	KELLY, Joe Jnr	West Waterford A.C.	M Junior	0:37:12	07:26.2
82	MOORE, Anne	West Waterford A.C.	F45	0:37:20	07:27.8
83	HALPIN, Richie	Individual	M40	0:37:23	07:28.4
84	STAPLETON, Clodagh	West Waterford A.C.	F Junior	0:37:24	07:28.6
85	KAVANAGH, Thomas	Individual	M40	0:37:25	07:28.8
86	CLINCE, Liam	West Waterford A.C.	M60	0:37:29	07:29.6
87	WALSH (88), Eoin	West Waterford A.C.	M Senior	0:38:11	07:38.0
88	GAFFNEY, Emmet	Individual	M40	0:38:16	07:39.0
89	O'REGAN, Edward	Youghal A.C.	M65	0:38:21	07:40.0
90	O'CONNELL, Colm	West Waterford A.C.	M50	0:38:27	07:41.2
91	MURRAY, Paul	West Waterford A.C.	M Senior	0:38:33	07:42.4
92	BRUNNOCK, Paddy	West Waterford A.C.	M40	0:38:40	07:43.8

93	LACEY, Geraldine	West Waterford A.C.	F45	0:38:42	07:44.2
94	NI FHAOLAIN, Sinead	West Waterford A.C.	F40	0:38:43	07:44.4
95	MORONEY, Nicola	West Waterford A.C.	F40	0:38:45	07:44.8
96	O'MAHONY, Tony Jnr	West Waterford A.C.	M Senior	0:38:51	07:46.0
97	FLYNN, Joe	Individual	M Senior	0:38:53	07:46.4
98	KIRBY, Dan	Individual	M Senior	0:38:56	07:47.0
99	O'HARE, Sean	Individual	M Senior	0:39:07	07:49.2
100	HEARN, Madeleine	West Waterford A.C.	F35	0:39:16	07:51.0
101	KINSELLA, Rose	West Waterford A.C.	F40	0:39:29	07:53.6
102	MC GRATH, Tom	Individual	M40	0:39:35	07:54.8
103	HURNEY, Pat	Individual	M Senior	0:39:38	07:55.4
104	CANTWELL, Gerry	West Waterford A.C.	M65	0:39:45	07:56.8
105	SYMONENKO, Serhii	Clonmel A.C.	M40	0:40:15	08:02.8
106	PRENDERGAST, Aisling	Individual	F Senior	0:40:29	08:05.6
107	MC CARTHY, David	Youghal A.C.	M60	0:40:32	08:06.2
108	LANDERS, Brian	Individual	M50	0:40:32	08:06.2
109	MC GRATH, Freida	Individual	F Senior	0:40:35	08:06.8
110	COFFEY, Brigid	West Waterford A.C.	F50	0:40:45	08:08.8
111	BULMAN, George	Youghal A.C.	M65	0:40:57	08:11.2
112	O'MAHONY, Sylvie	Youghal A.C.	M65	0:40:58	08:11.4
113	KEANE, Ornaith	West Waterford A.C.	F Senior	0:40:59	08:11.6
114	DARCY, Karen	Individual	F35	0:41:08	08:13.4
115	KING, Tim	Individual	M Senior	0:41:11	08:14.0
116	HAYES, Seamus	West Waterford A.C.	M40	0:41:13	08:14.4
117	VERLING, Cait	West Waterford A.C.	F45	0:41:14	08:14.6
118	MOONEY, Lorena	Individual	F45	0:41:24	08:16.6
119	O'DONOGHUE, Niamh	Individual	F35	0:41:27	08:17.2
120	DROHAN, Noel	West Waterford A.C.	M50	0:41:31	08:18.0
121	O'KEEFFE, Cliona	Individual	F40	0:41:31	08:18.0
122	O'ROURKE, Molly	Individual	F40	0:41:32	08:18.2
123	MEAGHER, James	Individual	M50	0:41:47	08:21.2
124	BANNON, Orla	West Waterford A.C.	F40	0:41:48	08:21.4
125	DALY, Kieran	West Waterford A.C.	M40	0:41:59	08:23.6
126	CRONIN, Michael	Individual	M55	0:42:01	08:24.0
127	O'CONNELL, Sarah	Individual	F35	0:42:11	08:26.0
128	O'CONNELL, Kieran	Individual	M Senior	0:42:11	08:26.0
129	O'BRIEN, Ellen	Individual	F Senior	0:42:13	08:26.4
130	CUNNINGHAM, Michelle	West Waterford A.C.	F40	0:42:17	08:27.2
131	GAFFNEY, Andrea	West Waterford A.C.	F55	0:42:26	08:29.0
132	FLYNN, Jevon	Individual	M Senior	0:42:58	08:35.4
133	NOLAN, Pdraig	Individual	M50	0:43:05	08:36.8
134	WOOD, Morgan	Individual	F Senior	0:43:15	08:38.8
135	DALY, Kim	West Waterford A.C.	F35	0:43:16	08:39.0
136	O'DONNELL, Kenneth	West Waterford A.C.	M50	0:43:18	08:39.4
137	CROWE, Catriona	West Waterford A.C.	F50	0:43:25	08:40.8
138	BLACKETT, Sarah	Tamore A.C.	F Senior	0:43:33	08:42.4
139	BARRON, Lucy	Individual	F Senior	0:43:34	08:42.6
140	FITZGERALD, Alice	West Waterford A.C.	F60	0:43:36	08:43.0

141	MURRAY, Jacqui	West Waterford A.C.	F35	0:43:38	08:43.4
142	DALY, Josh	Individual	M Senior	0:43:40	08:43.8
143	LEAHY, Helen	West Waterford A.C.	F40	0:43:46	08:45.0
144	WALSH, Mick	Gowran A.C.	M65	0:44:02	08:48.2
145	POWER, Onra	West Waterford A.C.	F55	0:44:06	08:49.0
146	POWER, Owen	West Waterford A.C.	M45	0:44:24	08:52.6
147	CUMMINS, Michael	Individual	M40	0:44:25	08:52.8
148	RUSSELL, Caroline	West Waterford A.C.	F50	0:44:34	08:54.6
149	BRENNAN, Noel	West Waterford A.C.	M55	0:44:40	08:55.8
150	POWER, Rose	West Waterford A.C.	F50	0:44:48	08:57.4
151	BARRY, Ceire	West Waterford A.C.	F Senior	0:44:53	08:58.4
152	O'BRIEN, Jim	West Waterford A.C.	M50	0:44:56	08:59.0
153	POPE, Carol	West Waterford A.C.	F45	0:44:59	08:59.6
154	MASSEY, Anne	Individual	F50	0:45:10	09:01.8
155	MC GRATH, Paul	Individual	M55	0:45:16	09:03.0
156	HOGAN, Denise	Individual	F40	0:45:18	09:03.4
157	MARTIN, John	Individual	M Senior	0:45:18	09:03.4
158	MC GRATH, Eoin	Individual	M Senior	0:45:20	09:03.8
159	TUTTY, George	Individual	F45	0:45:21	09:04.0
160	UI CHUIRRIN, Josie	West Waterford A.C.	F60	0:45:32	09:06.2
161	COLLINS, Lisa	West Waterford A.C.	F Senior	0:45:44	09:08.6
162	CURRAN, Eamonn	West Waterford A.C.	M50	0:45:57	09:11.2
163	MULCAHY, Kevin	Individual	M55	0:45:59	09:11.6
164	O'REILLY, Breda	West Waterford A.C.	F45	0:45:59	09:11.6
165	O'BRIEN, Grainne	West Waterford A.C.	F Senior	0:46:13	09:14.4
166	MANSFIELD, Rosie	West Waterford A.C.	F40	0:46:14	09:14.6
167	BARRY, Geraldine	West Waterford A.C.	F50	0:46:44	09:20.6
168	BLACKETT, Elaine	Tamore A.C.	F50	0:47:26	09:29.0
169	BRENNAN, Mary	Greenway Joggers	F50	0:47:27	09:29.2
170	HICKEY, Siobhan	Individual	F45	0:47:29	09:29.6
171	DUNNE, Agnes	Individual	F45	0:47:29	09:29.6
172	MORRISON, John	St. Cathernes A.C.	M55	0:47:33	09:30.4
173	O'REGAN, Cecelia	Youghal A.C.	F55	0:47:35	09:30.8
174	O'BRIEN, Fiona	Individual	M40	0:47:45	09:32.8
175	RYAN, Amy	Individual	F Senior	0:47:51	09:34.0
176	HAMILL, Robert	Individual	M50	0:48:03	09:36.4
177	MOORE, Susie	Greenway Joggers	F45	0:48:11	09:38.0
178	BERESFORD, Jimmy	Individual	M55	0:48:19	09:39.6
179	MULLANY, Paddy	Individual	M55	0:48:22	09:40.2
180	KELLY, Joanna	Individual	F40	0:48:35	09:42.8
181	BEREFORD, Jean	West Waterford A.C.	F55	0:48:40	09:43.8
182	BOURKE, Catherine	West Waterford A.C.	F45	0:48:43	09:44.4
183	CURRAN, Stephen	West Waterford A.C.	M40	0:48:43	09:44.4
184	LENIHAN, Mark	West Waterford A.C.	M55	0:48:43	09:44.4
185	WOODS, John	West Waterford A.C.	M40	0:48:43	09:44.4
186	O'ROURKE, Joe	West Waterford A.C.	M60	0:48:43	09:44.4
187	WOOD, Carrie	Individual	F40	0:48:57	09:47.2
188	CONDON, Catherine	Individual	F55	0:49:02	09:48.2

189	BARRY, Geraldine	West Waterford A.C.	F45	0:49:03	09:48.4
190	CAHILL, Mary	West Waterford A.C.	F50	0:49:03	09:48.4
191	COOKE, Mary	Individual	M50	0:49:14	09:50.6
192	PROCTOR, Paschal	West Waterford A.C.	M65	0:49:16	09:51.0
193	COSTIN, Liam	Individual	M55	0:49:18	09:51.4
194	LANIGAN, Tasha	West Waterford A.C.	F45	0:49:24	09:52.6
195	O'NEILL, Linda	West Waterford A.C.	F45	0:50:27	10:05.2
196	KIELY, Sinead	West Waterford A.C.	F Senior	0:50:32	10:06.2
197	HEHIR, Sinead	Individual	F35	0:50:42	10:08.2
198	GUIRY, Michelle	Tournaneena Road Runners	F Senior	0:50:48	10:09.4
199	DWANE, Francis	West Waterford A.C.	M55	0:50:53	10:10.4
200	CUMMINS, Mary	Individual	F Senior	0:51:10	10:13.8
201	MANLEY, Marie	Individual	F55	0:51:11	10:14.0
202	CLEARY, Margaret	Individual	F40	0:51:52	10:22.2
203	HALLY, Eamonn	West Waterford A.C.	M40	0:51:58	10:23.4
204	MORRISSEY, Eithne	Individual	F35	0:52:06	10:25.0
205	MC INTYRE, Catherine	West Waterford A.C.	F40	0:52:24	10:28.6
206	POWER, Hannah	Individual	F Senior	0:52:32	10:30.2
207	WILSON, Sally	Individual	F Senior	0:52:51	10:34.0
208	DALTON, Nicola	Individual	F40	0:53:08	10:37.4
209	POWER, Niall	Individual	M45	0:53:10	10:37.8
210	PRENDERGAST, Louise	Tournaneena Road Runners	F35	0:53:22	10:40.2
211	O'DONOVAN, Vincent	West Waterford A.C.	M65	0:53:22	10:40.2
212	WHELAN DEVINE, Deirdre	West Waterford A.C.	F40	0:53:31	10:42.0
213	BARRY, Mairead	Individual	F35	0:53:52	10:46.2
214	NOONE, Iomhar	West Waterford A.C.	M45	0:55:35	11:06.8
215	KENNEDY, Tom	Individual	M65	0:58:43	11:44.4
216	BYRNE, Charlie	Individual	M Senior	0:59:59	11:59.6
217	O'SULLIVAN, Rachael	Individual	F Senior	1:01:28	12:17.4
218	O'LEARY, Tina	West Waterford A.C.	F35	1:01:47	12:21.2
219	COLLENDER, Martin	Individual	M50	1:01:48	12:21.4
220	MONAHAN, Billy	Individual	M Senior	1:01:49	12:21.6