

John Treacy Dungarvan 10 2024 04/02/2024

<u>Overall Results</u>					
PI.	Name	Club/City/Country	Subcat.	Gross	Net
1	Oisín SPILLANE	Ennis Track Club	MS	51:57:00	51:56:00
2	John KINSELLA	Bilboa A.C.	M40	52:01:00	52:00:00
3	Ieuan HOPKINS	Brothers Pearse A.C.	MS	52:32:00	52:32:00
4	Eddie O'CONNOR	Brothers Pearse A.C.	MS	52:44:00	52:44:00
5	Pat FITZGERALD	Waterford A.C.	MS	52:56:00	52:56:00
6	Mossy BRACKEN	Moycarkey Coolcree A.C.	MS	53:27:00	53:26:00
7	Dermot GORMAN	Carrick-on-Suir A.C.	M40	54:22:00	54:22:00
8	Trevor POWER	Waterford A.C.	M40	55:02:00	55:01:00
9	John MEADE	St. Finbarrs A.C.	M45	55:14:00	55:14:00
10	Vivian FOLEY	Eagle A.C.	M50	55:16:00	55:16:00
11	Declan GUINA	West Limerick A.C.	MS	55:19:00	55:19:00
12	Colin MERRITT		M50	55:38:00	55:37:00
13	Matthew RYAN	Moycarkey Coolcree A.C.	MS	55:41:00	55:41:00
14	Sean DAVIN		MS	55:49:00	55:48:00
15	Brian LENIHAN	Blackrock A.C.	M40	55:52:00	55:52:00
16	Ian O'REILLY	Brothers Pearse A.C.	M45	56:04:00	56:04:00
17	Karl LENIHAN	West Limerick A.C.	M45	56:14:00	56:10:00
18	John LONGAN	St. Finbarrs A.C.	MS	56:18:00	56:17:00
19	Jonathan DUNNE	Tullamore Harriers A.C.	M40	56:27:00	56:25:00
20	Garrett LORDAN	Clonakilty Road Runners A.C.	M40	56:29:00	56:28:00
21	Kieran MCKEOWN	Grange Fermoy A.C.	M45	56:31:00	56:31:00
22	Cathal LOMBARD		M45	56:33:00	56:33:00
23	Mark PRICE	Waterford A.C.	MS	56:38:00	56:37:00
24	Kevin WILMOT	Bandon A.C.	M40	56:42:00	56:41:00
25	Enda BAGNALL	Tramore A.C.	M45	56:44:00	56:43:00
26	Craig O'BRIEN	Ferrybank A.C.	MS	56:44:00	56:44:00
27	Liam O'CONNOR	Grange Fermoy A.C.	M50	56:47:00	56:47:00
28	Ciarain KELLY	Crusaders A.C.	MS	56:53:00	56:51:00
29	Dermot O'BRIEN		M40	56:55:00	56:53:00
30	Sean DINNEEN		MS	56:57:00	56:55:00
31	Mick SILKE		M40	57:08:00	57:07:00
32	Anthony MCCARTHY	Eagle A.C.	MS	57:10:00	57:09:00
33	David CARROLL	Liffey Valley A.C.	MS	57:19:00	57:17:00
34	Conor KEATING	Moycarkey Coolcree A.C.	MS	57:24:00	57:22:00
35	Denis WHELAN	Slaney Olympic A.C.	MS	57:30:00	57:28:00
36	Fergus NUGENT	Eagle A.C.	M45	57:31:00	57:31:00
37	Ryan MULROY	St. Finbarrs A.C.	MS	57:36:00	57:32:00
38	Eoin RYAN	Trim A.C.	MS	57:42:00	57:41:00
39	Conrad WATT	Cork Track Club A.C.	MS	57:49:00	57:46:00
40	David BUCKLEY	Grange Fermoy A.C.	M40	57:51:00	57:50:00
41	Sean KELLY	Raheny Shamrock A.C.	MS	57:51:00	57:50:00
42	Marc FLAVIN	West Waterford A.C.	M40	57:55:00	57:53:00
43	Seamus MCSWEENEY	St. Nicholas A.C.	M50	57:57:00	57:54:00
44	Alban COGHAN		M40	57:59:00	57:54:00
45	Brendan CAFFREY	An Ríocht A.C.	M40	58:13:00	58:06:00
46	Dermot RYAN		MS	58:13:00	58:12:00
47	Colin COYNE	St Abbans A.C.	M45	58:21:00	58:20:00
48	Donncha KIELY	Tracton A.C.	M40	58:26:00	58:22:00
49	Conor CAVANAGH	Waterford A.C.	MS	58:29:00	58:28:00
50	Darren DOOLIN	Brothers Pearse A.C.	M40	58:29:00	58:29:00
51	Ger FORDE	Crusaders A.C.	M45	58:31:00	58:30:00
52	Michael LYONS	Grange Fermoy A.C.	MS	58:33:00	58:33:00
53	Pearse RYAN	Donore Harriers A.C.	M40	58:37:00	58:34:00
54	Jack HALEY	Waterford A.C.	MS	58:38:00	58:35:00

55	Aubrey STOREY	Tramore A.C.	M45	58:43:00	58:43:00
56	Raivis ZAKIS	West Waterford A.C.	M40	58:49:00	58:49:00
57	Michael KIELY	Crusaders A.C.	MS	58:56:00	58:54:00
58	Declan RYAN	Thurles Crokes A.C.	M40	58:56:00	58:55:00
59	Pawel HOC	Clonmel A.C.	M40	59:05:00	58:59:00
60	Darren MURPHY	Brothers Pearse A.C.	M40	59:10:00	59:10:00
61	Aiden COSTELLO		MS	59:11:00	59:04:00
62	Damian BOURKE		MS	59:13:00	59:12:00
63	Ben NUGENT		MS	59:14:00	59:08:00
64	Sean CROTTY	Slaney Olympic A.C.	M40	59:14:00	59:12:00
65	Ciara WILSON	DMP A.C.	FS	59:15:00	59:14:00
66	Jordan DUNNE		MS	59:22:00	59:20:00
67	Stephen CROWLEY	Grange Fermoy A.C.	MS	59:24:00	59:24:00
68	Tom O'CONNELL	Dundrum A.C.	MS	59:28:00	59:26:00
69	Michael QUIRKE	Mallow A.C.	MS	59:32:00	59:29:00
70	Alan HAYNES		MS	59:42:00	59:37:00
71	Tomás KAVANAGH	Sliabh Bhuide Rovers A.C.	MS	59:43:00	59:41:00
72	Ken INCE	Eagle A.C.	M40	59:44:00	59:41:00
73	Richard HOBSON	St. Finbarrs A.C.	MS	59:44:00	59:40:00
74	Liam SHANAHAN	Thurles Crokes A.C.	M40	59:51:00	59:49:00
75	Trust MTINSI	Kilkenny City Harriers A.C.	M40	59:57:00	59:53:00
76	Aaron CAHILL	Mallow A.C.	MS	59:57:00	59:51:00
77	Alan KIRBY		M45	59:58:00	59:55:00
78	Darragh BUCKLEY	St. Senans A.C.	MS	01:00:00	59:55:00
79	Chris KELLY	East Cork A.C.	MS	01:00:01	59:57:00
80	John MULVIHILL	Crusaders A.C.	MS	01:00:08	01:00:04
81	Sally FORRISTAL	St. Joseph's A.C.	FS	01:00:11	01:00:10
82	Cristin SCOLLARD	Dublin City Harriers A.C.	FS	01:00:14	01:00:12
83	Conor HENNEBRY	West Waterford A.C.	MS	01:00:14	01:00:12
84	Edwin SUTTON		M40	01:00:15	01:00:00
85	Johnny O'SULLIVAN	Grange Fermoy A.C.	M50	01:00:15	01:00:11
86	Michael BYRNE	St. Catherine's A.C.	M40	01:00:17	01:00:13
87	Jim HARTY	St. Catherine's A.C.	M40	01:00:27	01:00:21
88	Sean O'KEEFFE	Eagle A.C.	M45	01:00:32	01:00:29
89	David SHEEDY		MS	01:00:33	01:00:28
90	Derek BRACKEN	St. Michael's A.C.	M40	01:00:37	01:00:33
91	Ciaran AYLWARD	Rathfarnham W.S.A.F. A.C.	M40	01:00:39	01:00:37
92	Sean CONNERY	Kings River A.C.	MS	01:00:41	01:00:30
93	Martin CURTIN	St. Finbarrs A.C.	M45	01:00:41	01:00:39
94	Diarmuid O'DONOVAN		M40	01:00:41	01:00:39
95	Keelan DESMOND		MS	01:00:43	01:00:42
96	Paddy KAVANAGH	St. L. O'Toole A.C.	MS	01:00:47	01:00:39
97	Dermot GOUGH	West Waterford A.C.	M40	01:00:47	01:00:45
98	Martin MOSELEY	Gowran A.C.	M45	01:00:49	01:00:07
99	Tadgh MORIARTY	Ferrybank A.C.	MS	01:01:00	01:00:48
100	Jason NICHOL	St. Finbarrs A.C.	M40	01:01:01	01:00:56
101	Éamonn Ó CAOIMH		M40	01:01:03	01:00:57
102	Gary CLERKIN	Grange Fermoy A.C.	M50	01:01:07	01:01:04
103	John MCAULEY	Rathfarnham W.S.A.F. A.C.	M40	01:01:09	01:01:05
104	Liam MOONEY	Lakeshore Striders A.C.	M40	01:01:10	01:01:04
105	Jason O'MAHONY	Eagle A.C.	M40	01:01:12	01:01:11
106	Willie O'DONOGHUE	Mooreabbey Milers A.C.	M60	01:01:15	01:01:10
107	Paul KEARNEY	Aghada Running Club A.C.	M40	01:01:15	01:01:11
108	Brian MCCARTAN		M40	01:01:17	01:01:10
109	John MURPHY	Grange Fermoy A.C.	M50	01:01:18	01:01:15
110	Dee GRADY	Ennis Track A.C.	F35	01:01:19	01:01:18
111	Loic GAREL	St. Finbarrs A.C.	M40	01:01:21	01:01:19
112	Barry DROHAN		M40	01:01:21	01:01:16

113	Andrew DOWNEY	Carrick-on-Suir A.C.	M50	01:01:25	01:01:21
114	Alan GIBSON	West Waterford A.C.	M40	01:01:25	01:01:23
115	Will BOYLE		MS	01:01:33	01:01:20
116	Brian BYRNE	West Waterford A.C.	M40	01:01:33	01:01:22
117	John HAYDEN		MS	01:01:35	01:01:14
118	Jerome O'BRIEN		MS	01:01:37	01:01:22
119	Brendan FLAHERTY	Cork Tri Club	M40	01:01:38	01:01:23
120	David KEHOE	United Striders A.C.	M55	01:01:39	01:01:34
121	Paul WILLIAMSON		M40	01:01:43	01:01:34
122	Johan MULLER	Gowran A.C.	MS	01:01:52	01:01:40
123	Joseph FEERY	Clonmel A.C.	MS	01:02:01	01:01:55
124	Paul MORAN	Thomastown A.C.	M45	01:02:03	01:02:00
125	Kealan O'CONNOR	Grange Fermoy A.C.	M50	01:02:06	01:02:00
126	Noémie LEDUC	Grange Fermoy A.C.	FS	01:02:10	01:02:05
127	Brian MULLINS	St. Finbarrs A.C.	M40	01:02:12	01:02:07
128	Sean RUSSELL		MS	01:02:13	01:02:03
129	Adam FLOOD		MS	01:02:16	01:02:12
130	Patrick TROY	Ballintotis Fit4Life A.C.	M45	01:02:18	01:02:10
131	Liam WALSH		MS	01:02:21	01:02:08
132	Cathal REYNOLDS	West Waterford A.C.	MS	01:02:26	01:02:14
133	Shane RYAN	Dooneen A.C.	M40	01:02:27	01:02:21
134	Peter FLEMING	Eagle A.C.	M40	01:02:27	01:02:22
135	Darren AHERN	Midleton A.C.	M40	01:02:28	01:02:26
136	Trevor WOODGATE	Mallow A.C.	M40	01:02:37	01:02:33
137	Padraic GEORGE		M45	01:02:37	01:02:34
138	Paul KENNEDY	West Waterford A.C.	MS	01:02:38	01:02:32
139	Simon KEEGAN		MS	01:02:38	01:02:35
140	Esteban NIETO'TARRIDAS		MS	01:02:39	01:02:21
141	Catherine MURPHY	Eagle A.C.	F45	01:02:39	01:02:34
142	Luke KEHOE		MS	01:02:40	01:02:24
143	Dwain MOORE	Lusk A.C.	M45	01:02:41	01:02:33
144	Denis LYONS	St. L. O'Toole A.C.	M40	01:02:42	01:02:30
145	Liam LYNCH	Limerick A.C.	M40	01:02:43	01:02:38
146	John O'DONOVAN	Ballymore Cobh A.C.	MS	01:02:43	01:02:35
147	Emma FUREY	St. L. O'Toole A.C.	F35	01:02:45	01:02:34
148	Evelyn TWOMEY		FS	01:02:46	01:01:59
149	Adele WALSH	St. Senans A.C.	F45	01:02:46	01:02:37
150	Michael CLANCY	Mallow A.C.	M45	01:02:49	01:02:41
151	Sean SPRATT	Mallow A.C.	M45	01:02:50	01:02:47
152	Aidan MCCARTHY		M40	01:02:53	01:02:45
153	Anthony CREED		MS	01:02:53	01:02:32
154	Tomás HARRINGTON	United Striders A.C.	MS	01:02:57	01:02:52
155	David SULLIVAN	Carrigtwohill A.C.	M45	01:02:58	01:02:57
156	Tobias GRAB	Leevale A.C.	M45	01:03:01	01:02:53
157	Alan O'SULLIVAN		M40	01:03:03	01:02:56
158	Gareth MURRAN	Sportsworld A.C.	M40	01:03:04	01:02:58
159	Stephen MURPHY		MS	01:03:04	01:02:59
160	Chris MURNANE		MS	01:03:06	01:03:03
161	Niall LAWLER		MS	01:03:06	01:02:58
162	Stephen CHAMBERS		MS	01:03:08	01:02:59
163	Stephen NEVILLE		MS	01:03:16	01:03:01
164	Rory NOLAN	Tinryland A.C.	MS	01:03:17	01:03:15
165	Cormac O'SHEA	Newbridge A.C.	M45	01:03:18	01:03:04
166	Michael WARD	Cork Tri Club	M40	01:03:18	01:03:04
167	Brian FUREY	Brothers Pearse A.C.	M40	01:03:20	01:03:19
168	Garrett CASEY	St. Finbarrs A.C.	M50	01:03:21	01:03:13
169	Adrian O'DRISCOLL	Carrigaline A.C.	M40	01:03:22	01:03:13
170	Padraig LOOBY	Sportsworld A.C.	M40	01:03:22	01:03:13

171	Cormac O'REGAN	LSD Blackrock Runners	M40	01:03:23	01:03:09
172	Padraig SHEAHAN	Millstreet A.C.	M55	01:03:27	01:03:15
173	Tom BENNETT		M40	01:03:30	01:03:18
174	Matt DEVINE		MS	01:03:31	01:03:24
175	Vincent MACKEY	St. Joseph's A.C.	MS	01:03:36	01:03:22
176	Nollaigh O'NEILL		F50	01:03:37	01:03:37
177	Keith SHEEHAN	Togher A.C.	MS	01:03:38	01:03:31
178	Shane WHEALEY	Grange Fermoy A.C.	M40	01:03:38	01:03:00
179	Caroline HASSETT	Templemore A.C.	F40	01:03:38	01:03:30
180	Paul O'BRIEN	Eagle A.C.	M40	01:03:40	01:03:35
181	David SHEEHY	Lusk A.C.	M45	01:03:43	01:03:34
182	Daniel COUGHLAN		M40	01:03:43	01:03:28
183	John DALY	Slaney Olympic A.C.	MS	01:03:45	01:03:40
184	Bernard DURAND		M50	01:03:48	01:03:34
185	Derek O'BRIEN	Lusk A.C.	M45	01:03:49	01:03:42
186	Alan GRAINGER		M45	01:03:52	01:03:42
187	Billy MURPHY	St. Finbarrs A.C.	M40	01:03:53	01:03:38
188	Andrew HOEY		MS	01:03:54	01:03:50
189	Andrew DE KLERK	Ballintotis Fit4Life A.C.	M45	01:03:55	01:03:43
190	Sam FITZGERALD		MS	01:03:55	01:03:42
191	Shane COLLINS	St. Finbarrs A.C.	MS	01:03:56	01:03:46
192	Patrick BRENNAN	Castlecomer A.C.	MS	01:03:58	01:03:34
193	Cathal FITZGERALD	Riverstick Kinsale A.C.	M40	01:03:58	01:03:51
194	Liam SHEEHY	Grange Fermoy A.C.	M50	01:03:59	01:03:52
195	Neil CONLON	Boyle A.C.	M45	01:03:59	01:03:53
196	Brian O'SULLIVAN	Waterford A.C.	M45	01:04:02	01:03:56
197	Alexander WILLIAMS	Croghan A.C.	M40	01:04:02	01:04:01
198	Martin RYAN		M50	01:04:03	01:03:47
199	Ken DEVINE	St. Finbarrs A.C.	M55	01:04:04	01:03:57
200	Denis O'NEILL	Cork Track Club A.C.	M45	01:04:04	01:04:00
201	Karl CAULFIELD		MS	01:04:07	01:04:03
202	Richard O'BRIEN	Grange Fermoy A.C.	MS	01:04:10	01:04:04
203	Nigel LUCAS	Leevale A.C.	M40	01:04:12	01:03:33
204	Eugene O'KEEFFE	Carrick-on-Suir A.C.	M55	01:04:16	01:04:12
205	David HERLIHY	Youghal A.C.	MS	01:04:17	01:04:00
206	Padraig KEANE	An Riocht A.C.	M40	01:04:18	01:04:14
207	Paul DEMPSEY	Thomastown A.C.	M40	01:04:23	01:04:10
208	Leon MURPHY	ERC	MS	01:04:23	01:04:15
209	John MOLONEY		M45	01:04:30	01:04:21
210	Darren FITZPATRICK	Kings River A.C.	MS	01:04:35	01:04:26
211	Thomas O'NEILL		MS	01:04:37	01:04:20
212	Eelco BECKERS	Clonmel A.C.	M50	01:04:38	01:04:33
213	Aidan CROWLEY	Bweeng Trail Blazers A.C.	MS	01:04:39	01:04:28
214	Paul BROWNE	Slaney Olympic A.C.	M50	01:04:41	01:04:37
215	Tj CROTTY	West Waterford A.C.	MS	01:04:42	01:04:14
216	Padraig MEEHAN	Templemore A.C.	M45	01:04:44	01:04:35
217	Barry MCGANN	Newbridge A.C.	M45	01:04:45	01:04:36
218	Dee O'KEEFFE	Brothers Pearse A.C.	F45	01:04:48	01:04:45
219	Anthony FLYNN	West Waterford A.C.	MS	01:04:49	01:04:32
220	Stephen BUTLER	Waterford Tri Club	M45	01:04:50	01:04:29
221	Bobby REDMOND	Slaney Olympic A.C.	M45	01:04:51	01:04:44
222	Derek AHERN	Midleton A.C.	M45	01:04:52	01:04:45
223	Kieran KEANE		MS	01:04:53	01:04:41
224	Eric MURPHY		MS	01:04:55	01:04:32
225	Shane O'DONOVAN	West Cork Tri Club	M40	01:04:56	01:04:46
226	Vincent O'SULLIVAN	Eagle A.C.	M40	01:04:57	01:04:48
227	Siobhán HOARE	Togher A.C.	F45	01:04:57	01:04:49
228	John BYRNE	United Striders A.C.	M50	01:04:58	01:04:54

228	Sean O'LEARY	Dooneen A.C.	MS	01:04:58	01:04:46
230	Paul FLYNN		MS	01:04:58	01:04:44
231	Paul KELLY	St. Finbarrs A.C.	M45	01:05:00	01:04:38
232	Adam PORTER	Waterford A.C.	PACER	01:05:00	01:04:49
233	Anthony WHELAN	West Waterford A.C.	PACER	01:05:01	01:04:48
234	Ger O'REGAN	Midleton A.C.	M50	01:05:01	01:04:54
235	Niall FITZGERALD		MS	01:05:01	01:04:21
236	Mikey COLEMAN	Crusaders A.C.	MS	01:05:02	01:04:43
237	Kathryn GIBBONS	Crusaders A.C.	FS	01:05:05	01:04:53
238	David NOLAN	Waterford A.C.	M40	01:05:07	01:04:39
239	Tiarnan MCCARTHY		MS	01:05:08	01:04:34
240	Colm KENNEDY	Donore Harriers A.C.	M40	01:05:09	01:05:02
241	Mike WALSH	Grange Fermoy A.C.	M50	01:05:09	01:05:03
242	Martin WHITE	Clonakilty Road Runners A.C.	M40	01:05:11	01:05:01
243	Eoin LYONS		MS	01:05:11	01:05:04
244	Martin LYNCH	Eagle A.C.	M60	01:05:13	01:05:04
245	Joe GUNNE		MS	01:05:14	01:05:00
246	Chris SMETANA		MS	01:05:16	01:04:58
247	Colin ARCHER		MS	01:05:27	01:04:51
248	Padraig MCCARTHY		M45	01:05:28	01:05:05
249	Sean Ryan MCCAFFREY	Glaslough Harriers A.C.	MS	01:05:30	01:05:23
250	John GUIRY	Saturday Road Runners	M45	01:05:31	01:05:20
251	Tom BRESLIN		MJ	01:05:32	01:05:20
252	John CROWLEY	Grange Fermoy A.C.	MS	01:05:35	01:05:21
253	Paul BREEN	Team IP	MS	01:05:38	01:05:20
254	Martin LEAHY	Eagle A.C.	M55	01:05:43	01:05:33
255	Matthew WARREN	Kilkenny City Harriers A.C.	M40	01:05:44	01:05:24
256	Conor FRIEL	Carrigaline A.C.	M40	01:05:45	01:05:33
257	Jim O'CONNOR	Bridevale A.C.	MS	01:05:46	01:05:27
258	Kevin CURRAN		M40	01:05:47	01:05:28
259	Linda GROGAN	Dundrum A.C.	F40	01:05:47	01:05:36
260	Willie SHANAHAN		M45	01:05:47	01:05:42
261	Mark BULMAN	Donoughmore A.C.	M60	01:05:49	01:05:41
262	Ciaran CARR	Newbridge A.C.	M40	01:05:49	01:05:40
263	Gerry BOYLE	TT Racers	M60	01:05:49	01:05:39
264	Ed CAHILL	Slaney Olympic A.C.	M50	01:05:51	01:05:47
265	Conor COLLINS		M45	01:05:51	01:05:35
266	Padraig BRENNAN		MS	01:05:52	01:05:28
267	Shane KEARNEY	St. Catherine's A.C.	M40	01:05:53	01:05:27
268	Ronan O'SHEA	Leevale A.C.	M55	01:05:54	01:05:32
269	Niall HUGHES		M45	01:05:56	01:05:36
270	Keith O'BRIEN	Clonmel A.C.	M45	01:05:57	01:05:46
271	Aoife MAHONY		F40	01:05:58	01:05:20
272	Killian FORBES		M40	01:05:59	01:05:47
273	Noreen MACKEY	Cork Track Club A.C.	F35	01:06:00	01:05:46
274	James SWEENEY	Grange Fermoy A.C.	MS	01:06:02	01:05:15
275	Michael HARRINGTON	Slaney Olympic A.C.	M50	01:06:03	01:06:01
276	Barry HORGAN	Clonmel A.C.	M45	01:06:04	01:06:02
277	Colm SHEEHAN	St. Finbarrs A.C.	M45	01:06:06	01:05:49
278	Kevin DUGGAN		M40	01:06:08	01:05:53
279	Adam QUIRKE	South Coast Tri Club	MS	01:06:11	01:05:35
280	William O'CONNOR	Galtee Runners A.C.	M55	01:06:14	01:06:03
281	Oliver RYAN	Eagle A.C.	M40	01:06:15	01:06:06
282	David O'KEEFFE	Bandon A.C.	M45	01:06:15	01:06:09
283	Fionnán KEOGH		MS	01:06:15	01:05:59
284	Noel MURPHY	Waterford A.C.	M40	01:06:17	01:04:22
285	James GRANNELL	Slaney Olympic A.C.	MS	01:06:19	01:06:12
286	Oliver CARR		M45	01:06:22	01:05:53

287	Eoghan O'HARA		MS	01:06:24	01:05:26
288	Philip MACBAIN		MS	01:06:25	01:06:13
289	Anthony POWER	Clonmel A.C.	M60	01:06:26	01:06:08
290	Finbarr O'DWYER	Leevale A.C.	M50	01:06:29	01:06:13
291	Karol DOWNEY	West Limerick A.C.	M40	01:06:30	01:06:17
292	Eddie NUGENT	Crusaders A.C.	M50	01:06:31	01:06:25
293	Louisa BROWNE	St. Finbarrs A.C.	FS	01:06:32	01:05:57
294	Sean O'CALLAGHAN	Togher A.C.	M50	01:06:33	01:06:19
295	Clara RYAN	St. Finbarrs A.C.	FS	01:06:38	01:06:32
296	David MCNERNEY		M40	01:06:43	01:06:34
297	Gerard GEARY	Fota Island Running A.C.	MS	01:06:44	01:05:43
298	Niall MURPHY	Clonmel A.C.	M40	01:06:45	01:06:12
299	Gearóid COFFEY	West Waterford A.C.	MJ	01:06:48	01:06:15
300	Mark LOMBARD	Aghada Running Club A.C.	M40	01:06:49	01:06:27
301	David GLEESON	Dualla Ballytarsna Boherlahan A.C.	M45	01:06:53	01:06:24
302	Jason CROWLEY	St. Finbarrs A.C.	M40	01:06:53	01:06:37
303	Lance DOHERTY	St. Finbarrs A.C.	M45	01:06:53	01:06:05
304	John MASON	Youghal A.C.	MS	01:06:54	01:06:26
305	Brian O'CONNOR	Grange Fermoy A.C.	M50	01:06:55	01:06:42
306	David BUTLER	St. Finbarrs A.C.	MS	01:07:02	01:06:55
307	Patrick BOWE	Moyne A.C.	M50	01:07:03	01:06:33
308	Olive MCCARTY	St. Nicholas A.C.	F40	01:07:03	01:06:50
309	Anthony O'BRIEN	St. Finbarrs A.C.	M50	01:07:04	01:06:56
310	Thomas FOX	Eagle A.C.	M55	01:07:06	01:06:57
311	Irene EIGHAN	St. Finbarrs A.C.	F40	01:07:07	01:06:24
312	James MASON		MS	01:07:09	01:06:41
313	David HICKEY		M40	01:07:13	01:07:00
314	James O'MAHONY		MS	01:07:17	01:07:06
315	Peadar LUCEY	Mallow A.C.	M45	01:07:18	01:06:30
316	John DORGAN	Bridevale A.C.	M40	01:07:19	01:06:55
317	Ciaran FOLEY		MS	01:07:21	01:06:53
318	Kieran TWOMEY		M55	01:07:23	01:06:41
319	William KELLY	St Abbans A.C.	M40	01:07:25	01:07:17
320	John COFFEY	West Waterford A.C.	M40	01:07:26	01:07:09
321	Paul CLEARY		M45	01:07:26	01:07:08
322	Jamie BYRNE	Clonmel A.C.	MS	01:07:29	01:07:16
323	Shane O'CALLAGHAN	St. Finbarrs A.C.	M40	01:07:35	01:06:50
324	Graham BUTLER		MS	01:07:37	01:06:50
325	Jacinta MULROE	Kilkenny City Harriers A.C.	F40	01:07:38	01:07:23
326	Brian JORDAN		MS	01:07:39	01:07:20
327	Angus TYNER	Sli Cualann A.C.	M55	01:07:42	01:07:24
328	Paul MEYLER		MS	01:07:44	01:07:23
329	Mark MCCOMISH	Raheny Shamrock A.C.	M50	01:07:49	01:07:23
330	Stephen WHITE	Waterford A.C.	MS	01:07:49	01:07:35
331	Stephen COLLINS	St. Catherine's A.C.	MS	01:07:50	01:07:39
332	Gearóid HEALY	Raheny Shamrock A.C.	M40	01:07:50	01:07:39
333	Liam BERESFORD		MS	01:07:51	01:06:51
334	Niall BARRY	West Waterford A.C.	M40	01:07:51	01:07:40
335	Jonathan KENNEALLY	St. Catherine's A.C.	M40	01:07:52	01:07:42
336	Conor MACGUINNESS	Crusaders A.C.	M45	01:07:53	01:07:36
337	Paul PENNEY	St. Finbarrs A.C.	MS	01:07:53	01:07:33
338	Darius GUDONIS	Doneraile A.C.	MS	01:07:54	01:07:38
339	Terry MCSWEENEY		M45	01:07:55	01:07:28
340	David O'SULLIVAN	Cork Track Club A.C.	M40	01:07:59	01:07:46
341	Kieran RUBY	St. Finbarrs A.C.	M40	01:08:01	01:07:16
342	Shane HANLEY	Galtee Runners A.C.	M45	01:08:04	01:07:38
343	Eugene MCCARTHY	Midleton A.C.	M50	01:08:06	01:07:31
344	Finn MEENAGH	Croghan A.C.	MJ	01:08:09	01:07:44

345	Brian SMYTH	Menapians A.C.	M40	01:08:10	01:07:49
346	James WHELAN	West Waterford A.C.	M50	01:08:12	01:07:42
347	Walter DROHAN	West Waterford A.C.	M50	01:08:12	01:07:49
348	Liam LYONS	Clonakilty Road Runners A.C.	M40	01:08:12	01:08:01
349	Martin LAVAN	West Waterford A.C.	M40	01:08:13	01:07:53
350	Philip CLARK	Grange Fermoy A.C.	M40	01:08:13	01:07:35
351	Jamie O'CONNOR	St. Joseph's A.C.	MJ	01:08:13	01:07:40
352	Seamus ENRIGHT	Doneraile A.C.	MS	01:08:14	01:07:32
353	Con MCGRATH		M45	01:08:14	01:07:50
354	Paul FLOOD	Gowran A.C.	M40	01:08:15	01:07:52
354	Niall COX		M40	01:08:15	01:07:24
356	Dave ROCHE		M45	01:08:17	01:07:54
357	Kevin BOYD	Riverstick Kinsale A.C.	M40	01:08:17	01:08:01
358	Sabina WILLIAMS		F40	01:08:18	01:07:57
359	Matthew HALL	Cobh Tri Club	MS	01:08:20	01:07:48
360	Patrick O'KEEFFE	Millstreet A.C.	M40	01:08:20	01:08:04
361	Neil MOYNIHAN	Ballintotis Fit4Life A.C.	M40	01:08:22	01:07:51
362	Conor NOLAN	Kilcoole A.C.	M60	01:08:22	01:08:05
363	Brian LENNON	Lakeshore Striders A.C.	M40	01:08:23	01:08:05
364	Peter MORGAN		M40	01:08:25	01:07:59
365	Kenneth KINGSTON		MS	01:08:26	01:08:11
366	Joan MAHONY	Waterford A.C.	F45	01:08:27	01:08:05
367	Brian MCGUIRE	Eagle A.C.	M55	01:08:27	01:08:18
368	Andy HANRAHAN	Kilkenny City Harriers A.C.	M45	01:08:29	01:08:09
369	Chris O'CONNELL	St. Catherine's A.C.	M45	01:08:29	01:08:20
370	Anne Marie HALPIN	Clonmel A.C.	F50	01:08:30	01:08:15
371	Peter KIELY		MS	01:08:30	01:08:17
372	Edmond KINANE	St. Nicholas A.C.	M55	01:08:32	01:08:00
373	Edel ROCHE	Fethard A.C.	F40	01:08:35	01:08:23
374	David CUNNINGHAM		M45	01:08:35	01:08:19
375	Eoin WALSH	West Waterford A.C.	M50	01:08:36	01:08:07
376	Tommy MACKEY		M45	01:08:37	01:08:17
377	Alli COLL	Brothers Pearse A.C.	F40	01:08:37	01:08:29
378	Christophe MEUDEC	St. L. O'Toole A.C.	M50	01:08:38	01:08:01
379	John VAHEY	Borrisoleigh Track Attack	M45	01:08:40	01:08:11
380	Con O'FLYNN	St. Finbarrs A.C.	MS	01:08:40	01:08:15
381	Mark KELLY		M40	01:08:41	01:08:24
382	Trevor GEARY		M45	01:08:42	01:08:34
383	Sharon CANTWELL	Moyne A.C.	FS	01:08:46	01:08:34
384	Mike O'SHAUGHNESSY	Kilkenny City Harriers A.C.	M55	01:08:46	01:08:12
385	Ken LAFFAN	Croghan A.C.	M55	01:08:47	01:08:23
386	Orla HAYES	Leevale A.C.	F35	01:08:49	01:08:31
387	Michael LYNCH	Limerick A.C.	M45	01:08:49	01:08:36
388	Niall O'CONNOR	An Riocht A.C.	MS	01:08:51	01:08:34
389	Becky COUGHLAN	Ennis Track A.C.	F40	01:08:51	01:08:32
390	Mike GRIFFIN	Dooneen A.C.	M45	01:08:53	01:08:43
391	David KANE		MS	01:08:54	01:08:26
392	Daniel GARRY	Limerick Tri Club	MS	01:08:55	01:08:32
393	Jamie QUINN	Waterford A.C.	MS	01:08:56	01:07:58
394	Ken CROWLEY		M45	01:08:57	01:08:39
395	Con MARSHALL	St. Finbarrs A.C.	M45	01:08:57	01:08:50
396	Lisa CROWLEY	Watergrasshill A.C.	F50	01:08:57	01:08:40
397	Michael GROGAN	Kilkenny City Harriers A.C.	M55	01:08:58	01:08:19
398	Ian O'DRISCOLL		MS	01:08:58	01:07:40
399	Paddy RYAN	Templemore A.C.	M55	01:08:59	01:08:30
400	Derek HINES	Carrigaline A.C.	M40	01:08:59	01:08:43
401	Gerald FOGARTY	Kilkenny City Harriers A.C.	M40	01:08:59	01:08:14
402	Aaron KIDNEY		MS	01:09:00	01:08:34

403	Darren ROCHE	Grange Fermoy A.C.	MS	01:09:00	01:08:47
404	Jeremy WHITTY	Newbridge A.C.	M50	01:09:01	01:08:38
405	Leanne BUTLER	Kilkenny City Harriers A.C.	FS	01:09:03	01:08:48
406	Paul O'MAHONY	Togher A.C.	M45	01:09:04	01:08:39
407	Stephen DUNLEA	Watergrasshill A.C.	M45	01:09:04	01:08:31
408	James CONNORS	West Waterford A.C.	M40	01:09:06	01:08:41
409	Mary PRENDERGAST	Kilkenny City Harriers A.C.	FS	01:09:06	01:08:46
409	Tom WALSH	Thomastown A.C.	M55	01:09:06	01:08:36
411	Alan HICKEY		M40	01:09:07	01:08:48
412	Christine KELLY	East Cork A.C.	F35	01:09:08	01:08:52
413	Vincent HAYES		M45	01:09:11	01:08:55
414	Maurice WALSH	Youghal A.C.	M40	01:09:11	01:08:41
415	John O'DOHERTY		M40	01:09:12	01:08:52
416	Rory CONLON	Kilkenny City Harriers A.C.	M40	01:09:13	01:08:53
417	Niall HYLAND		M45	01:09:14	01:08:45
418	John KISSANE	St. Finbarrs A.C.	M55	01:09:14	01:08:44
419	Robbie PARSONS		MS	01:09:19	01:08:37
420	James COADE		MS	01:09:20	01:08:52
421	Gillian EARLEY	Crusaders A.C.	F40	01:09:21	01:08:59
421	Steven BYRNE	Lakeshore Striders A.C.	M40	01:09:21	01:08:26
423	Diarmuid KIELY	Carraig-Na-Bhfear A.C.	M45	01:09:21	01:08:35
424	Ivan MERZ		MS	01:09:22	01:08:54
425	Jim O'BYRNE	Eagle A.C.	M50	01:09:23	01:08:58
426	John O'MAHONY	St. Finbarrs A.C.	M45	01:09:24	01:09:10
427	John COSGRAVE		MS	01:09:25	01:08:49
428	Derek WALSH	Carrick-on-Suir A.C.	M45	01:09:26	01:09:17
429	Tony MCMAHON	United Striders A.C.	M55	01:09:27	01:09:06
430	Seamus KAVANAGH	Kilkenny City Harriers A.C.	M50	01:09:27	01:09:06
431	Sean MURPHY	United Striders A.C.	M45	01:09:28	01:09:01
432	Peter O'BRIEN	Grange Fermoy A.C.	M40	01:09:29	01:09:13
433	Helen MURPHY	Solid Running A.C.	F45	01:09:30	01:09:22
434	Paul LAVOIE	Grange Fermoy A.C.	M45	01:09:30	01:08:35
435	Darren CASEY	Bandon A.C.	M45	01:09:31	01:09:22
436	David BUCKLEY	Carrigaline A.C.	M40	01:09:31	01:09:08
437	Suzanne ALCOCK	Ballymore Cobh A.C.	F35	01:09:32	01:09:01
437	Alan STACK	Ballymore Cobh A.C.	MS	01:09:32	01:09:00
439	Nuala FITZGIBBON	Thurles Crokes A.C.	FS	01:09:33	01:09:10
440	Robert LYNCH		MS	01:09:33	01:08:49
441	Johnny HURLEY	St. Finbarrs A.C.	M40	01:09:33	01:09:01
442	Ciaran HUGHES	Kilkenny City Harriers A.C.	M45	01:09:34	01:09:15
443	Paul GRIFFIN		M40	01:09:35	01:09:01
444	Brenda O'DONOGHUE	Cork City A.C.	F45	01:09:36	01:08:51
445	Verling John FITZGERALD		M50	01:09:36	01:09:10
446	Andrew HICKEY	West Waterford A.C.	M45	01:09:36	01:09:06
447	Odhran SAVAGE		MS	01:09:42	01:09:08
448	Fiona MCCARTHY	Leevale A.C.	F45	01:09:43	01:09:07
449	Brendan CONDON		MS	01:09:45	01:09:18
450	Méabh SAVAGE	Tramore A.C.	F45	01:09:46	01:09:12
451	Joe KELLY	West Waterford A.C.	M50	01:09:47	01:09:32
452	Niamh O'DONOVAN	West Waterford A.C.	F35	01:09:49	01:09:41
453	Kieran KEARNEY	Eagle A.C.	MS	01:09:50	01:09:30
454	Clive AHERNE	Mallow A.C.	M45	01:09:50	01:09:19
455	Roseanna KNOX	Kilkenny City Harriers A.C.	F40	01:09:50	01:09:29
456	Jim HAIDE	Lakeshore Striders A.C.	M45	01:09:51	01:09:19
457	Brian SWEENEY		MS	01:09:52	01:09:19
458	Mark CRONIN	Midleton A.C.	M45	01:09:52	01:09:45
459	Edward O'DONOGHUE	Clonmel A.C.	M45	01:09:52	01:09:38
460	Elaine HORGAN	Clonmel A.C.	F40	01:09:53	01:09:51

461	Kenneth MURPHY	Slaney Olympic A.C.	M45	01:09:53	01:09:30
462	Patrick FITZGERALD	West Waterford A.C.	PACER	01:09:54	01:09:29
463	Robert KEHOE		M40	01:09:54	01:09:41
464	Elton CHAMBERS	Tracton A.C.	M45	01:09:54	01:09:31
465	Garry COLLINS		M45	01:09:55	01:09:27
465	Trevor KENNEALLY	Ballintotis Fit4Life A.C.	MS	01:09:55	01:09:25
467	Jeff SPENCER		M45	01:09:55	01:09:27
468	Jer HOLLAND		M50	01:09:55	01:09:40
469	Ian MURPHY	Youghal A.C.	M50	01:09:56	01:09:27
470	John CONNOLLY	Aghada Running Club A.C.	M40	01:09:57	01:09:18
471	John NOLAN	Waterford A.C.	PACER	01:09:58	01:09:34
472	Maurice MCCARTAN		M45	01:10:00	01:09:22
473	Paul CONNORS		MS	01:10:03	01:09:37
474	Cathal DWANE		M40	01:10:03	01:09:38
475	John O'MAHONY		M45	01:10:03	01:09:52
476	Johnny MURPHY		MS	01:10:03	01:09:26
477	Kenny MURPHY		MS	01:10:03	01:09:27
478	Cathal QUIRKE		MS	01:10:06	01:09:38
479	David NIXON	West Waterford A.C.	MS	01:10:08	01:09:38
480	Rory HORGAN		MS	01:10:08	01:08:31
481	Jordan O'CONNOR		MS	01:10:10	01:07:34
482	Tim KEANE	Doneraile A.C.	MS	01:10:11	01:09:23
482	Aisling ENGLISH	Clonmel A.C.	F35	01:10:11	01:09:52
484	Peter CLIFFORD	West Waterford A.C.	MS	01:10:12	01:09:52
485	Dean LYNCH		MS	01:10:13	01:07:54
486	Michael O'SULLIVAN		M40	01:10:14	01:09:39
487	Conor MOLONEY		MS	01:10:16	01:09:46
488	Peter BARRY		MS	01:10:16	01:09:37
489	Aine O'DONOGHUE	Cork City A.C.	F45	01:10:17	01:09:31
490	David DONNELLY	West Waterford A.C.	M45	01:10:17	01:09:30
491	Ray HAHESEY	West Waterford A.C.	M60	01:10:19	01:10:08
492	Dara Ann HARFORD	Lusk A.C.	F40	01:10:20	01:09:49
493	Brian O'CONNELL	Youghal A.C.	M40	01:10:21	01:09:41
494	Stephen DOUGLAS		M45	01:10:21	01:09:56
495	Suzanne SHINE	Clonmel A.C.	F45	01:10:22	01:09:46
496	Declan DORGAN	Midleton A.C.	M45	01:10:22	01:10:14
497	David DEVINE	Kilkenny City Harriers A.C.	M50	01:10:23	01:09:54
498	Clare O'HANLON	Ballintotis Fit4Life A.C.	F45	01:10:24	01:09:54
499	Aidan PENDLEBURY		MS	01:10:30	01:09:47
500	Deirdre ANSBRO	Youghal A.C.	F40	01:10:30	01:09:58
501	Brian AHERN	Bweeng Trail Blazers A.C.	M45	01:10:32	01:10:23
502	Aidan HICKEY		MS	01:10:33	01:09:53
503	Donal HEAGNEY	Portlaoise A.C.	M50	01:10:34	01:09:57
504	Shane MCNAMARA	Carrigaline A.C.	MS	01:10:35	01:09:51
504	Gary MCCARTHY		MS	01:10:35	01:09:56
506	Brian O'NEILL	Carrigaline A.C.	MS	01:10:35	01:09:49
507	Darren BOURKE	St. Catherine's A.C.	M40	01:10:38	01:10:26
508	Conor O'RIORDAN		M40	01:10:39	01:10:23
509	Conor CASEY		M40	01:10:39	01:10:24
510	Siobhan HOLLAND	Eagle A.C.	F45	01:10:41	01:10:06
511	Michael MCNAMARA	Clonmel A.C.	MS	01:10:41	01:10:07
512	David O'CONNOR	St. Catherine's A.C.	MS	01:10:43	01:10:32
513	Elaine WALSH	Ballintotis Fit4Life A.C.	F35	01:10:44	01:10:14
514	Tom DOWLING		M40	01:10:44	01:10:23
515	David POWER		M45	01:10:45	01:10:28
516	Sean LUCEY	Eagle A.C.	MS	01:10:46	01:10:09
517	Liam POWER		M45	01:10:47	01:10:26
517	John O'CONNELL		M50	01:10:47	01:10:01

519	Daithi DE PAOR		M55	01:10:48	01:10:14
520	Joe WHELAN	Slaney Olympic A.C.	M45	01:10:49	01:10:25
521	Kevin POLLARD		MS	01:10:49	01:10:04
522	Michael O'DONOGHUE		M45	01:10:49	01:10:31
523	Eamon CAFFREY	Lusk A.C.	M50	01:10:51	01:10:19
524	Aidan CLANCY		M40	01:10:51	01:10:51
525	Ciaran LORIGAN		MS	01:10:54	01:10:20
526	Ellen COSTELLOE		F35	01:10:55	01:10:29
527	Annelise HUTCH	East Cork A.C.	FS	01:10:55	01:10:39
528	Kevin O'DONOVAN	St. Finbarrs A.C.	M45	01:10:55	01:10:28
529	Sean KENNEDY	Cork Track Club A.C.	MS	01:10:56	01:10:37
530	Stephen TABB	Fota Island Running A.C.	M40	01:10:56	01:10:27
531	Stephen O'CONNELL	St. Finbarrs A.C.	MS	01:10:57	01:10:27
532	Ailish MANSFIELD	Clonmel A.C.	F40	01:10:59	01:10:44
533	Derek LANE		M50	01:11:01	01:10:40
534	Jack MCCARTHY		MJ	01:11:01	01:10:28
535	Sean MORRISSEY		MS	01:11:03	01:10:02
536	Ellen HANLEY	Grange Fermoy A.C.	F45	01:11:04	01:10:49
537	Mark CUMMINS		MS	01:11:06	01:10:26
538	Shane MEYLER	Ballymore Cobh A.C.	M45	01:11:06	01:10:34
539	Bryan SWEENEY		M40	01:11:09	01:10:33
540	Tomás MOONEY		MS	01:11:12	01:10:51
541	Martin CANTY	West Muskerry A.C.	M40	01:11:13	01:10:50
542	Ciaran HOURICAN	Togher A.C.	M40	01:11:15	01:10:40
543	Gearoid CREMIN		MS	01:11:16	01:08:54
544	Jonathan REGAN		MS	01:11:16	01:10:51
545	Jay BATEMAN	Ballintotis Fit4Life A.C.	M40	01:11:17	01:10:46
546	William O'LEARY		MS	01:11:17	01:10:37
547	Colin HEALY	Carrigaline A.C.	MS	01:11:19	01:10:56
548	Derek LYONS		M55	01:11:22	01:10:38
549	Brendan HALLISSEY		M45	01:11:22	01:10:46
550	Don O'BRIEN	Tramore A.C.	M40	01:11:23	01:10:46
551	Declan POWER		M45	01:11:24	01:10:54
552	Mick PENDER	Clonmel A.C.	M55	01:11:26	01:10:51
553	Liam AHERNE	Mallow Tri Club	M40	01:11:27	01:10:49
554	Cillian O'DRISCOLL		MS	01:11:27	01:10:50
555	Donnacha COSGRAVE	West Waterford A.C.	M45	01:11:27	01:10:26
556	Anita BYRNE	Kilkenny City Harriers A.C.	F45	01:11:28	01:11:07
557	Martin EGAN		MS	01:11:30	01:11:01
558	Kris DOWDALL	Midleton A.C.	M50	01:11:31	01:11:05
559	Adrian CUNNINGHAM	Gowran A.C.	M40	01:11:32	01:10:42
560	James NANGLE		M40	01:11:32	01:11:24
561	Trevor COLLINS	St. Finbarrs A.C.	M45	01:11:33	01:11:02
562	Colum KIDNEY	Eagle A.C.	M40	01:11:34	01:11:03
563	Don MCDONALD	Midleton A.C.	M45	01:11:35	01:10:47
563	Eimear O'BRIEN	Togher A.C.	F35	01:11:35	01:10:46
565	Mark WALSH		MS	01:11:36	01:11:11
566	Mairéad BARRY		F35	01:11:38	01:10:58
567	Justin FOLEY		M45	01:11:38	01:11:11
568	Daniel BRYAN		MS	01:11:40	01:11:10
569	Will PALMER	ERC	MS	01:11:40	01:11:04
570	Fiachra BEIRNE	LSA A.C.	MS	01:11:40	01:11:09
571	David CASHMAN		MS	01:11:41	01:11:21
572	Sinead O'BRIEN	Kilmore A.C.	F50	01:11:42	01:11:16
573	Ava KELLY		FS	01:11:43	01:10:46
574	Sharon RYAN	Solid Running A.C.	F45	01:11:44	01:11:35
575	Owen KEANE	West Waterford A.C.	M40	01:11:45	01:11:07
576	Brian DELANEY	St. L. O'Toole A.C.	M45	01:11:47	01:10:56

577	John O'CONNELL	Carrigaline A.C.	M50	01:11:49	01:11:37
578	Chris MCGRATH	East Cork A.C.	MS	01:11:49	01:11:33
579	Mary-Clare BYRNE	St. L. O'Toole A.C.	F45	01:11:50	01:10:59
580	Alex BELL	LSA A.C.	F45	01:11:50	01:11:19
581	John NOLAN	Mayo A.C.	M50	01:11:50	01:11:21
582	Lisa COLLINS	Kilkenny City Harriers A.C.	F40	01:11:51	01:11:30
583	Vincent MCHUGH	Clonmel A.C.	M45	01:11:51	01:11:44
584	Avril CROWLEY	East Cork A.C.	F50	01:11:53	01:11:36
585	Dave TRAVIS	South Galway A.C	M65	01:11:53	01:11:21
586	Fergal MCGRATH		M45	01:11:56	01:11:56
587	Adrian COLLINS	Blackwater Tri Club	M40	01:11:58	01:11:42
588	David MOORE	West Waterford A.C.	M40	01:12:01	01:11:38
589	Neil O'DONOVAN		M45	01:12:04	01:11:13
590	Killian O'SULLIVAN	Carrick-on-Suir A.C.	MS	01:12:04	01:11:36
591	Trevor WHELAN	Clonmel A.C.	M45	01:12:05	01:11:28
592	Pj AHERNE	Youghal A.C.	MS	01:12:07	01:11:17
593	Ciara MAGNER	Watergrasshill A.C.	F40	01:12:08	01:11:46
594	Gary HURNEY	West Waterford A.C.	M40	01:12:09	01:11:25
595	David PRENDERGAST		M45	01:12:09	01:11:54
596	Shane MULLEN		MS	01:12:14	01:11:52
596	Patrick MARSHALL	Portlaoise A.C.	M45	01:12:14	01:10:16
598	Grainne BEHAN	Kilkenny City Harriers A.C.	FS	01:12:15	01:11:54
599	David GUNNIP		M50	01:12:15	01:11:47
600	Andrew KENNEALLY		MS	01:12:16	01:11:27
601	Dirk ADRICHEM		MS	01:12:18	01:11:28
602	Andre BRODKORB	Midleton A.C.	M50	01:12:19	01:11:59
603	Mark BREEN		M40	01:12:20	01:11:50
604	Orla O'ROURKE	Ballymore Cobh A.C.	F55	01:12:20	01:11:47
605	Elaine LANGLEY	West Waterford A.C.	F35	01:12:22	01:12:05
605	Stephen KELLEHER	Youghal A.C.	M45	01:12:22	01:11:51
607	Eoin WELDON		M40	01:12:23	01:11:41
608	Shane GREENE	Youghal A.C.	M40	01:12:23	01:11:52
609	Barry DOOLEY	Wexford Marathon A.C.	MS	01:12:24	01:11:47
610	Brendan CURTIN	Midleton A.C.	M50	01:12:25	01:11:44
611	Pat PURCELL	Kilkenny City Harriers A.C.	M45	01:12:26	01:11:31
612	Michael MINEHANE		M45	01:12:27	01:11:59
613	Michael O'GORMAN	United Striders A.C.	M65	01:12:27	01:12:02
614	Eamon DENNEHY		M40	01:12:27	01:11:38
615	Johnny LYONS	Carrick-on-Suir A.C.	M40	01:12:28	01:11:44
616	Emmet POWER	Balbriggan & District A.C.	M45	01:12:29	01:12:11
617	Alan CULLEN	West Waterford A.C.	M45	01:12:29	01:12:09
618	Sandra MANNING	Leevale A.C.	F40	01:12:30	01:12:21
618	Tommy FINN		M40	01:12:30	01:11:45
620	Dean FINN	Kings River A.C.	MS	01:12:30	01:11:32
620	Paul MCGEE		M55	01:12:30	01:11:58
622	Clare MADDEN	Togher A.C.	F40	01:12:31	01:11:42
623	Michael BUTLER	Trilogy Tri Club	M45	01:12:32	01:12:09
624	Ronan CROTTY		MS	01:12:34	01:11:29
625	Ken NYHAN	Eagle A.C.	M45	01:12:34	01:11:55
626	Aileen O'MAHONY	Watergrasshill A.C.	F35	01:12:34	01:12:13
627	Elaine COLLINS	Togher A.C.	FS	01:12:35	01:11:45
628	Kate SUGRUE	Kilkenny City Harriers A.C.	F35	01:12:35	01:12:14
629	Elaine O'DONOVAN	St. Joseph's A.C.	F35	01:12:36	01:11:59
630	Denis HEALY		MS	01:12:36	01:12:22
631	David WOODS		MS	01:12:37	01:11:49
632	Mick MCCARTHY	Bilboa A.C.	M45	01:12:38	01:11:57
633	Dave SHEEHAN	St. Finbarrs A.C.	M40	01:12:39	01:12:05
634	Colin O'GARA	Lucan Harriers A.C.	M55	01:12:40	01:11:57

635	James CALLANAN		M55	01:12:43	01:12:33
636	Grainne LUCEY		F35	01:12:44	01:11:44
637	Sean STILWELL	West Waterford A.C.	MS	01:12:46	01:12:21
638	Clara HOGAN		FS	01:12:46	01:12:17
639	Róisín RONAYNE	St. Catherine's A.C.	F45	01:12:47	01:12:07
640	Darren FLYNN	Grange Fermoy A.C.	M50	01:12:49	01:12:20
641	Sean GALVIN		MJ	01:12:52	01:10:11
642	Barry HORAN		M40	01:12:53	01:11:53
643	Andrew SHAW	Clonmel A.C.	MS	01:12:53	01:12:21
644	Liam DUNNE		MS	01:12:54	01:12:30
645	Derek O'DONNELL	Waterford Tri Club	M55	01:12:54	01:12:39
646	John BROWNE	Buttevant A.C.	M40	01:12:55	01:12:07
647	Yevgeny CHIZHIKOV	West Waterford A.C.	M50	01:12:55	01:12:22
648	Martin DALY	Eagle A.C.	M50	01:12:55	01:12:09
649	Neville SYNNOTT		M45	01:12:56	01:12:15
650	Micheal POWER	West Waterford A.C.	M40	01:12:57	01:12:36
651	Seán MURPHY		M40	01:12:58	01:11:22
652	Andrew MACDONALD	Eagle A.C.	M40	01:12:59	01:12:12
653	Niall O'SULLIVAN	Ballymore Cobh A.C.	MS	01:13:03	01:11:17
654	Pamela BARRY	Aghada Running Club A.C.	F45	01:13:03	01:12:29
655	David COLLINS	Bridevale A.C.	MS	01:13:04	01:12:45
656	Maressa MILLS	Eagle A.C.	F40	01:13:05	01:12:27
657	Eamon DWYER	LSD Blackrock Runners	M45	01:13:07	01:12:28
658	Sinead MCDERMOTT	Dooneen A.C.	F35	01:13:07	01:12:42
659	David John CONDON	Clonmel A.C.	M40	01:13:08	01:11:50
660	Jack O'RIORDAN		M50	01:13:10	01:12:23
661	Jamie HYNDS	West Waterford A.C.	MS	01:13:13	01:12:25
662	Gavril CORDUNEANU	Clonmel A.C.	M40	01:13:14	01:11:24
663	Mick HOLLAND	Ballintotis Fit4Life A.C.	M50	01:13:15	01:12:39
664	Diane BEHAN	Waterford A.C.	F50	01:13:15	01:12:53
665	Alan HEWISON	Trilogy Tri Club	M60	01:13:16	01:12:54
666	Mairead FURLONG	Slaney Olympic A.C.	F40	01:13:17	01:12:56
667	Dermot WALSH	Ballintotis Fit4Life A.C.	M40	01:13:19	01:12:50
668	Sam O'MEARA		M60	01:13:20	01:12:24
669	Paul HUNT	Ballymore Cobh A.C.	MS	01:13:20	01:12:33
670	Margaret O'REGAN	Ballymore Cobh A.C.	F45	01:13:21	01:12:34
671	Jimmy MCGIBNEY		M50	01:13:23	01:12:43
672	Jack NOLAN	West Waterford A.C.	MS	01:13:25	01:12:42
673	Matthew TOBIN		M50	01:13:27	01:12:40
674	Michael BURKE		M50	01:13:30	01:12:47
675	Ruairi CUSACK		MS	01:13:34	01:11:24
676	Dermot O'SULLIVAN	Mallow A.C.	M50	01:13:34	01:12:21
677	David HOWELL	Mallow A.C.	M45	01:13:36	01:13:11
678	John DELANEY	Grange Fermoy A.C.	M55	01:13:37	01:12:46
679	Niamh MCMAHON	Kilcoole A.C.	FS	01:13:38	01:12:52
680	Daniel CORKERY		M40	01:13:39	01:12:56
681	David BARRY	St. Nicholas A.C.	M45	01:13:41	01:12:41
682	Denis MURPHY	Raheny Shamrock A.C.	M60	01:13:42	01:13:15
683	Anthony FENNELLY		M45	01:13:42	01:12:55
684	Brendan O'MAHONY	Grange Fermoy A.C.	M50	01:13:42	01:12:48
685	Patrick BUCKLEY		M40	01:13:43	01:12:53
686	Donnacha MOYNIHAN	Tracton A.C.	M55	01:13:43	01:13:36
687	Jordan MARSHMENT		MS	01:13:43	01:12:47
687	Steven BURKE	Togher A.C.	M45	01:13:43	01:12:24
689	Stephen FRANCIS	Kilkenny Tri Club	M45	01:13:44	01:12:59
690	Karen COUGHLAN	Dundrum A.C.	F40	01:13:44	01:13:09
691	Dave FINN		M40	01:13:45	01:13:10
692	John FALVEY	Clonmel Tri Club	M50	01:13:46	01:13:20

693	Willie BARRY	Cork Tri Club	M55	01:13:46	01:12:01
694	Evan DOYLE		MS	01:13:48	01:13:17
695	Kieran O'CONNELL		MS	01:13:49	01:13:19
696	Marie FITZGERALD	Dualla Ballytarsna Boherlahan A.C	F45	01:13:49	01:12:49
696	Fiona O'MAHONY	Tracton A.C.	F40	01:13:49	01:13:09
698	Mari BURKE		F45	01:13:51	01:13:08
699	Keith KENNEDY		MS	01:13:51	01:13:09
700	Paddy BRUNNOCK	West Waterford A.C.	M40	01:13:51	01:12:46
701	Peter MCSWEENEY	Dromahane Road Runners A.C.	M40	01:13:52	01:13:18
702	Edel BUCKLEY	Bweeng Trail Blazers A.C.	F35	01:13:52	01:13:13
703	Tom FORAN	West Waterford A.C.	M40	01:13:52	01:13:16
704	Declan CAREY	Aghada Running Club A.C.	MS	01:13:52	01:12:52
705	Gwen CONROY	Watergrasshill A.C.	F45	01:13:53	01:13:31
706	Keith BARRY	St. Catherine's A.C.	M45	01:13:54	01:13:10
707	Louise O'BRIEN	Youghal A.C.	F45	01:13:54	01:13:22
708	David LORIGAN	Clonmel A.C.	MS	01:13:55	01:13:18
709	Shane CONRAN	Clonmel A.C.	M45	01:13:55	01:12:54
710	Lorna TATE		FS	01:13:57	01:13:29
711	Anne HOGAN		FS	01:13:57	01:13:29
712	Delisha DURAN	Midleton A.C.	FS	01:13:58	01:13:35
713	Keith BUCKLEY	Grange Fermoy A.C.	M40	01:14:00	01:13:07
714	Paul O'DONOVAN		M45	01:14:03	01:13:36
715	Sinead DORGAN	Bridevale A.C.	F40	01:14:04	01:12:58
716	Gm FOLEY		M55	01:14:05	01:13:40
717	Bob CROSBIE	United Striders A.C.	M55	01:14:06	01:13:31
718	Niall DOHERTY		M40	01:14:06	01:13:04
719	Gareth COLEMAN		M55	01:14:07	01:13:08
720	John O'SULLIVAN	Waterford A.C.	M40	01:14:08	01:13:08
721	Rob CASEY	Menapians A.C.	MS	01:14:08	01:13:36
722	Stephen LUCEY		MS	01:14:08	01:13:50
723	Eddie HYNES		M40	01:14:09	01:13:31
724	Mark FERNCOMBE		MS	01:14:10	01:13:05
725	Mike MCDONNELL	Mallow A.C.	M55	01:14:10	01:13:16
726	Kevin RYAN		MS	01:14:11	01:12:55
727	David BRAZIL		M45	01:14:12	01:13:08
728	Mary BROWNE	Lucan Harriers A.C.	F65	01:14:12	01:14:02
729	David SCULLY	Ballintotis Fit4Life A.C.	M40	01:14:14	01:13:45
730	James BARRY	Ballintotis Fit4Life A.C.	MS	01:14:15	01:13:48
731	James GAFFNEY	Civil Service A.C.	M40	01:14:16	01:14:13
732	Jack AHEARNE		MS	01:14:17	01:13:53
733	Emer COURTNEY		F40	01:14:18	01:13:37
734	Mairead PEREZ	Eagle A.C.	F50	01:14:20	01:13:42
735	Padraig O'CALLAGHAN		MS	01:14:21	01:13:17
736	Jonathan O'REGAN		MS	01:14:28	01:13:46
737	Philip HAYES		M50	01:14:28	01:14:06
738	John EGAN		MS	01:14:28	01:13:59
739	Caoimhe FOLEY	Kilkenny City Harriers A.C.	F40	01:14:29	01:13:50
740	Linda FOLEY	West Waterford A.C.	F35	01:14:30	01:13:44
741	Fergus MURPHY	Slaney Olympic A.C.	M45	01:14:31	01:13:53
742	Stephen GRAY		MS	01:14:32	01:13:56
743	Becky MCGRATH		F40	01:14:33	01:12:40
744	Paul BOWE		M50	01:14:34	01:13:48
745	Gerard REILLY	West Waterford A.C.	M50	01:14:34	01:14:04
746	James BREEN	Buttevant A.C.	M40	01:14:35	01:14:06
747	Shane EDWARDS		M40	01:14:36	01:13:37
748	Dan LAIGHT		MS	01:14:37	01:13:55
749	Vincent GROARKE		M55	01:14:37	01:14:04
750	Clare MURPHY		FS	01:14:38	01:13:55

750	John MURPHY		M40	01:14:38	01:14:18
752	Ciaran NEARY		MS	01:14:38	01:13:44
753	John MULHALL		MS	01:14:39	01:13:42
754	Jacqueline O'CONNOR	Wexford Marathon A.C.	F45	01:14:40	01:14:15
755	Conor HYLAND	Slaney Olympic A.C.	MS	01:14:41	01:14:41
756	Graham HANNIGAN		MS	01:14:41	01:13:59
757	Valerie NEVILLE	West Muskerry A.C.	F45	01:14:43	01:14:05
758	Sandra FLYNN	West Waterford A.C.	FS	01:14:44	01:14:02
759	Rebecca DOOCEY	Clonmel A.C.	F45	01:14:44	01:14:10
760	Tom RYAN		MS	01:14:45	01:12:57
761	Josephine KELLEHER	Donoughmore A.C.	F50	01:14:45	01:14:34
762	Colman COAKLEY		MS	01:14:45	01:13:38
763	Grace YOUNG		F45	01:14:45	01:13:20
764	Michelle RYAN		F45	01:14:46	01:14:00
765	Vicky LEHANE		F50	01:14:49	01:14:13
766	Michael MURPHY		M45	01:14:49	01:13:17
767	Michael DOOCEY	Clonmel A.C.	M45	01:14:50	01:14:37
768	Graham BICKERSTAFFE	St. Finbarrs A.C.	M45	01:14:53	01:14:08
769	Rory MAGORRIAN	Grange Fermoy A.C.	M50	01:14:54	01:14:12
770	Annette HAYES	United Striders A.C.	F35	01:14:54	01:14:01
771	Shane TOBIN		MS	01:14:55	01:14:00
772	Tomas MAHONY		M50	01:14:55	01:14:22
773	John COLEMAN		M40	01:14:56	01:14:15
774	Tony O'MAHONY	West Waterford A.C.	M55	01:14:57	01:14:11
775	Kevin DOYLE	Galtee Runners A.C.	MS	01:14:57	01:13:53
776	Pat COFFEY	Clonmel A.C.	M55	01:14:57	01:14:20
777	Mary SWEENEY	St. Finbarrs A.C.	F60	01:14:57	01:14:49
778	Tony FLANNIGAN		MS	01:14:58	01:13:36
779	Brendan HICKEY	St. Catherine's A.C.	M45	01:14:59	01:14:19
780	Seamus KEHOE	United Striders A.C.	M60	01:15:01	01:14:26
781	Daniel DRANSFIELD	Eagle A.C.	MS	01:15:02	01:14:24
782	David BOLGER		M50	01:15:04	01:14:20
783	Derek WINTERS		M40	01:15:05	01:14:30
784	Mike ENNIS	Grange Fermoy A.C.	M55	01:15:05	01:14:14
785	Enda KIERNAN	St. Finbarrs A.C.	M50	01:15:06	01:14:39
786	Dave MULLINS	Watergrasshill A.C.	M45	01:15:07	01:14:29
787	Conor D'ARCY	Kilkenny City Harriers A.C.	M45	01:15:08	01:14:13
788	Gerard SEXTON		MS	01:15:08	01:14:35
789	Michaela MCGRATH		F40	01:15:08	01:14:36
790	Breda LYNCH	St. Catherine's A.C.	F35	01:15:09	01:14:28
791	Alix CAREY		FS	01:15:09	01:14:32
792	Emmet GAFFNEY		M40	01:15:10	01:14:34
793	Jane HEWITT		F40	01:15:10	01:14:21
794	Gillian SOHUN	Leevale A.C.	F50	01:15:11	01:14:32
795	Michael CONNERN	Eagle A.C.	M45	01:15:11	01:14:23
796	Eric O'CONNOR		MS	01:15:13	01:13:50
797	Damien O'RIORDAN	Fota Island Running A.C.	MS	01:15:16	01:14:10
798	Audrey O'LEARY	Happy Feet Blarney	F40	01:15:16	01:15:16
799	Katie LYNE	Clonmel A.C.	F40	01:15:17	01:14:05
800	Martin STEVENSON	West Waterford A.C.	PACER	01:15:18	01:14:40
801	Deirdre NI CHEARBHAILL	Crusaders A.C.	F45	01:15:19	01:14:37
802	Richie HALPIN		M40	01:15:22	01:14:52
803	Tony O'SULLIVAN	Cork City A.C.	M50	01:15:22	01:13:59
804	Lynda O'GORMAN		F45	01:15:23	01:14:40
805	Patrick BERGIN	West Waterford A.C.	MS	01:15:23	01:14:37
806	Ross KELLEHER		M40	01:15:23	01:14:33
807	Cyril FOGARTY		M55	01:15:24	01:14:43
808	Michael KEANE	West Waterford A.C.	M40	01:15:25	01:14:37

809	Aidan HEAVIN	Midleton A.C.	M45	01:15:26	01:14:14
810	Craig DOYLE		MS	01:15:26	01:14:27
811	James DOYLE		MS	01:15:27	01:14:30
812	Jen RING	West Muskerry A.C.	F40	01:15:28	01:14:45
813	Jim O'BRIEN		M50	01:15:29	01:14:28
814	Liz NYHAN	West Waterford A.C.	F50	01:15:31	01:14:46
815	Rob MOYNIHAN		MS	01:15:32	01:14:42
816	Stephen WHELAN		M45	01:15:33	01:15:05
817	Ray O'RIORDAN	Thurles Crokes A.C.	M45	01:15:34	01:13:39
818	Patrick KEHOE		MS	01:15:35	01:14:45
819	Colette O'DONOGHUE	Watergrasshill A.C.	F40	01:15:36	01:14:53
820	Dolores DUFFY	Watergrasshill A.C.	F55	01:15:36	01:15:03
821	Edward LONERGAN		MS	01:15:36	01:15:19
822	Dave MCKEON		M45	01:15:37	01:15:05
823	Willie John CHESTER		M45	01:15:37	01:14:54
824	Trevor SPILLANE		M45	01:15:38	01:14:06
825	Peter DOCHERTY		M50	01:15:39	01:13:54
826	St John O'CONNOR	St. Nicholas A.C.	M50	01:15:39	01:14:58
826	Sinead FALVEY	Midleton A.C.	F40	01:15:39	01:15:09
828	Natalia POCELUJKO		FS	01:15:41	01:15:03
829	Tadhg WHELAN		MS	01:15:43	01:14:31
830	Peter STEELE		MS	01:15:43	01:15:00
831	Aidan MCGEE	St. Michael's A.C.	M50	01:15:44	01:14:46
832	Joe GRANT		MS	01:15:45	01:15:32
832	Kieran BARRETT	St. Nicholas A.C.	MS	01:15:45	01:14:57
834	Elaine O'CALLAGHAN	Mallow A.C.	F35	01:15:46	01:14:55
835	Barry O'DWYER	Midleton A.C.	M50	01:15:48	01:14:35
836	Alan MURRAY		M50	01:15:50	01:15:04
837	Michael DUNFORD	West Waterford A.C.	PACER	01:15:52	01:15:19
838	Angela TOBIN	West Waterford A.C.	F35	01:15:53	01:13:01
839	Alison FLYNN	Dooneen A.C.	F35	01:15:53	01:15:16
839	Joseph DALY		M45	01:15:53	01:15:31
841	Brendan HOGAN		MS	01:15:53	01:14:46
842	Noel WARD		MS	01:15:53	01:15:02
843	Peter CALLANAN		MS	01:15:54	01:15:03
844	Tiernan O'DONNELL	Dualla Ballytarsna Boherlahan A.C.	M50	01:15:54	01:14:11
845	Eamonn FOLEY	Menapians A.C.	M40	01:15:54	01:15:02
846	Brid HEARNE	Clonmel A.C.	F35	01:15:55	01:14:38
846	Michael CARROLL	Clonmel A.C.	MS	01:15:55	01:15:01
848	Conan O'DONOVAN	Clonakilty Road Runners A.C.	MS	01:15:57	01:15:10
849	David MCAULIFFE		M45	01:15:58	01:14:59
850	Billy RYAN	West Waterford A.C.	MS	01:16:00	01:16:00
851	Alan RYAN	West Waterford A.C.	M50	01:16:00	01:14:46
852	Tony HOLOHAN		M45	01:16:01	01:14:51
853	Keith COTTER		MS	01:16:01	01:14:18
854	Jerry POWER	West Waterford A.C.	M45	01:16:04	01:15:32
855	Ronan O'SULLIVAN		M50	01:16:06	01:16:06
856	John CROTTY		M40	01:16:06	01:15:10
857	Brendan CARRIGAN	Waterford A.C.	M45	01:16:07	01:15:22
858	John TOBIN		M45	01:16:09	01:15:30
859	Darragh MARTIN	Youghal A.C.	M45	01:16:12	01:15:03
860	Maura REGAN		F45	01:16:12	01:15:59
861	Denis HICKEY	Togher A.C.	MS	01:16:14	01:14:37
862	Mark COADY		MS	01:16:14	01:15:22
863	Gary WHELAN		M45	01:16:14	01:14:53
864	Dave BARTLEY	Grange Fermoy A.C.	M55	01:16:15	01:15:19
865	Kenn O'RIORDAN		M45	01:16:15	01:15:32
866	Gareth POPE	West Waterford A.C.	M45	01:16:15	01:15:31

867	Stephanie JOHNSON		F50	01:16:17	01:15:46
868	Alan MCELHINNEY	Metro St. Brigid's A.C.	M45	01:16:19	01:15:54
869	Darragh WILEY	Mallow A.C.	M55	01:16:20	01:15:06
870	James O'SULLIVAN		MS	01:16:20	01:15:14
871	Gary O'DWYER	Kilkenny City Harriers A.C.	M40	01:16:23	01:15:08
872	Con WALSH	Tracton A.C.	M45	01:16:25	01:15:33
872	Brian CARROLL		M40	01:16:25	01:15:06
874	Mike CONSIDINE		M50	01:16:25	01:15:28
875	Caroline KELLY		F35	01:16:25	01:15:51
875	Jacci CONLON	Boyle A.C.	F45	01:16:25	01:16:13
877	Anne Marie SHORTALL	Kilkenny City Harriers A.C.	F50	01:16:26	01:16:04
877	Ray O'SULLIVAN	Aghada Running Club A.C.	M40	01:16:26	01:15:54
879	Colm O'MAHONY		M45	01:16:27	01:15:37
880	David LEVY		MS	01:16:27	01:15:30
881	Janet O'REILLY	Aghada Running Club A.C.	F40	01:16:29	01:15:44
882	Fionan O'CINNEIDE		M40	01:16:29	01:15:38
883	Chris MORRISSEY	Tramore A.C.	M40	01:16:30	01:15:33
884	Alan CURRAN		MS	01:16:32	01:15:24
885	Steven WILMOTT		MS	01:16:33	01:15:59
886	Mark HALLISSEY		MS	01:16:34	01:15:52
887	Mary BUCKLEY	Donoughmore A.C.	F55	01:16:36	01:16:26
888	Aidan DOYLE	Templemore A.C.	M45	01:16:37	01:15:41
889	Finbar KINGSTON	Youghal A.C.	M45	01:16:37	01:15:51
890	Belinda KEHOE	Sliabh Bhuide Rovers A.C.	F45	01:16:40	01:16:23
891	Denis O'BRIEN		M50	01:16:43	01:15:59
892	Donal MURPHY	Dromahane Road Runners A.C.	M45	01:16:44	01:15:50
893	Ian PATTERSON	Clonmel A.C.	M45	01:16:45	01:15:15
894	Padraig O'HALLORAN		M40	01:16:45	01:15:46
895	Owen RYAN	Templemore A.C.	M55	01:16:48	01:15:51
896	Marguerite COTTER		FS	01:16:50	01:16:05
897	Shane MCDONNELL		M55	01:16:51	01:16:02
898	Brendan DOYLE		M55	01:16:51	01:15:41
899	Thomas CAREW		MS	01:16:52	01:15:52
900	Jordan MELIA		MS	01:16:54	01:16:15
901	Philip TOBIN	Wexford Marathon A.C.	M45	01:16:55	01:16:18
902	David BUCKLEY	Dolmen A.C.	M45	01:16:55	01:15:00
903	Jim HENNEBERRY		M40	01:16:57	01:16:18
904	Alan J BEALE	Newbridge A.C.	M50	01:16:59	01:16:03
905	Terry BRODERICK	Bridevale A.C.	M45	01:16:59	01:15:19
906	Paul MATTHEWS	Newbridge A.C.	M45	01:16:59	01:16:03
907	Sarah BYRNE	Lakeshore Striders A.C.	FS	01:17:00	01:16:02
908	Alan BEALE	Newbridge A.C.	MS	01:17:01	01:16:05
909	Michael NAUGHTON	Togher A.C.	M50	01:17:02	01:15:24
910	Peter MORAN	Newbridge A.C.	M50	01:17:07	01:15:49
911	Alan O'SHEA	Clonmel A.C.	M45	01:17:08	01:16:08
911	Mary FLYNN	Youghal A.C.	F45	01:17:08	01:16:00
913	Ian GRIFFIN		MS	01:17:10	01:16:06
914	Sharon O'DOHERTY	Galtee Runners A.C.	FS	01:17:12	01:16:07
915	Paul DOWLING		M40	01:17:13	01:16:10
916	Carol GAFFNEY		F40	01:17:13	01:16:29
917	Brian COTT	Midleton A.C.	M45	01:17:15	01:16:11
918	Henry LANGTON	Lucan Harriers A.C.	M45	01:17:18	01:17:00
919	Grace HUNTER	Doneraile A.C.	F40	01:17:19	01:16:14
920	Helen WALSH	Togher A.C.	F45	01:17:20	01:16:44
921	James MANSELL		M40	01:17:20	01:16:35
922	Daniel WILLIAMS		MS	01:17:20	01:16:50
923	Eoin CULHANE		M45	01:17:21	01:15:57
924	Eddie O'BRIEN		M40	01:17:21	01:16:50

925	John RYAN		MS	01:17:21	01:16:10
926	Margaret MEEHAN	Templemore A.C.	F40	01:17:22	01:17:04
927	Aoife MCEVOY		F40	01:17:26	01:16:30
928	Sean COLLIER		M50	01:17:26	01:14:35
929	Pauline GRAINGER		F45	01:17:28	01:16:51
930	Anne MOORE	West Waterford A.C.	F45	01:17:29	01:16:49
931	Rory MADDEN		MS	01:17:30	01:16:47
932	Jerry GUINEY	Mount Hillary A.C.	M40	01:17:30	01:16:45
933	David EGAN	Cork Tri Club	M55	01:17:32	01:16:51
934	Emmett CULLINANE		M45	01:17:32	01:17:11
935	Edward FURLONG	Wexford Tri Club	M40	01:17:33	01:16:40
936	David HARTE	Galtee Runners A.C.	M50	01:17:35	01:17:17
937	Dawn WALSH	Bweeng Trail Blazers A.C.	F45	01:17:36	01:16:56
938	Jamie STONE		MS	01:17:37	01:17:02
939	Padraig BARRON	United Striders A.C.	M45	01:17:38	01:17:23
940	Eoin COYNE		MS	01:17:38	01:16:46
941	Brendan O'DRISCOLL	Bridevale A.C.	M40	01:17:40	01:16:34
942	Ted KELLY	Youghal A.C.	M40	01:17:41	01:16:34
942	Stephen QUINN		M45	01:17:41	01:16:52
944	Brian KEANE	Kilkenny City Harriers A.C.	M55	01:17:42	01:17:12
945	Tom LEAHY	Youghal A.C.	M40	01:17:42	01:16:56
946	Sandra YOUNG	United Striders A.C.	F35	01:17:42	01:16:48
947	Emilio MOYA ROSA		MS	01:17:43	01:16:12
948	Liam CONNOLLY	Clonmel A.C.	M40	01:17:44	01:16:44
949	John HORGAN		M50	01:17:44	01:16:26
950	Emmet PRENDERGAST		M40	01:17:44	01:16:23
951	Anthony BARDEN		M45	01:17:45	01:16:43
952	Miriam LOGAN		F40	01:17:46	01:16:56
953	Gráinne DWYER		FS	01:17:46	01:16:51
954	Peter COUGHLAN		M40	01:17:48	01:17:19
955	John CASS		MS	01:17:49	01:16:40
956	Laura BURKE CAREY	Thurles Crokes A.C.	F40	01:17:50	01:17:02
957	Johnny MCGRATH		M45	01:17:50	01:17:13
958	Niall COGHLAN		M40	01:17:51	01:16:22
959	Eoghan O'BRIEN		M40	01:17:51	01:16:59
960	Orla CROSBIE	St. Finbarrs A.C.	F55	01:17:52	01:16:41
961	Joan ENNIS	Grange Fermoy A.C.	F55	01:17:53	01:17:02
962	Andrew CARROLL		MS	01:17:54	01:16:43
963	Jennifer COSTA	Ballymore Cobh A.C.	F40	01:17:54	01:16:48
964	Brian CARROLL	Mooreabbey Milers A.C.	MS	01:17:54	01:17:00
964	Stephen HAMM		MS	01:17:54	01:15:39
966	Martin TOBIN	West Waterford A.C.	M60	01:17:55	01:16:43
967	Patrick BEAUSANG	West Waterford A.C.	MS	01:17:55	01:17:24
968	Martin O'SULLIVAN	St. Joseph's A.C.	M45	01:17:57	01:17:21
969	Jean MURPHY		F35	01:17:58	01:16:29
970	Louise BARRY	Midleton A.C.	F40	01:17:59	01:16:56
971	Denise COMPTON	Dundrum A.C.	F55	01:18:00	01:17:19
972	Susan O'SULLIVAN		F50	01:18:02	01:17:19
973	Leonard HEALY	Midleton A.C.	M40	01:18:03	01:16:43
974	Nicola MORONEY	West Waterford A.C.	F40	01:18:05	01:17:08
975	Niall MCHUGH	Lakeshore Striders A.C.	MS	01:18:07	01:17:06
976	Máire MCKENNA	Buttevant A.C.	F45	01:18:09	01:17:16
977	Colm O'HARE	West Waterford A.C.	MS	01:18:10	01:17:06
978	Ross DUNFORD		MS	01:18:11	01:17:08
979	Niall MCLOUGHLIN	St. L. O'Toole A.C.	M50	01:18:13	01:17:22
980	Claire KENNEDY	West Waterford A.C.	F35	01:18:13	01:17:38
981	Don O'ROURKE		M40	01:18:14	01:17:48
982	Conor FOX	Donoughmore A.C.	M50	01:18:15	01:16:56

983	Michelle FORREST	Ballintotis Fit4Life A.C.	F45	01:18:15	01:17:06
984	Dermot RYAN	West Waterford A.C.	M45	01:18:16	01:17:28
985	Neville FOOTT		M50	01:18:16	01:16:50
986	Aimee MOLONEY	West Waterford A.C.	FS	01:18:16	01:17:19
987	Brendan MACKEN		M45	01:18:16	01:17:26
988	Colm O'SHEA	Pat Walsh Running	M50	01:18:17	01:16:50
989	John BUTLER		M45	01:18:17	01:16:37
990	Ciaran COLEMAN	Youghal A.C.	M50	01:18:19	01:17:13
991	David MCCARTHY	Youghal A.C.	M60	01:18:19	01:17:34
992	Jason SLATTERY		MS	01:18:20	01:17:46
993	Sean DUNPHY		MS	01:18:20	01:16:47
994	Phil MURPHY		M50	01:18:20	01:16:53
995	Laura KEANE		F40	01:18:21	01:17:18
996	Brendan DILLON	Racing 795 A.C.	M55	01:18:21	01:17:39
997	Nora BUTLER	Glendalough Harriers A.C.	F40	01:18:21	01:17:22
998	Mark SCANLAN		MS	01:18:21	01:17:07
999	Clare O'REILLY	St. L. O'Toole A.C.	F40	01:18:22	01:16:27
1000	Tom HOGAN	West Waterford A.C.	M45	01:18:22	01:17:46
1001	Niall BRANNIGAN	Clonmel A.C.	M45	01:18:22	01:18:07
1002	Mark MCKENNA	Buttevant A.C.	M40	01:18:22	01:17:29
1003	Danny SHANAHAN	Thomastown A.C.	M40	01:18:23	01:17:21
1004	Jonathan RUSSELL		M40	01:18:23	01:18:23
1005	Claire STONE	Togher A.C.	F35	01:18:24	01:17:35
1005	Conor MURRAY	West Waterford A.C.	M55	01:18:24	01:17:10
1007	Eoin LANGAN		MS	01:18:24	01:17:24
1008	Thomas BARRY		M45	01:18:25	01:17:39
1009	Shane FLAVIN	West Waterford A.C.	MS	01:18:25	01:17:16
1009	Conor FALLON		MS	01:18:25	01:17:23
1011	Darragh STONE		MS	01:18:25	01:17:27
1012	Sean MURPHY	Ballintotis Fit4Life A.C.	M55	01:18:26	01:17:18
1013	David BARRY	Youghal A.C.	M50	01:18:28	01:16:47
1014	Stephen MCAULIFFE	Mount Hillary A.C.	M60	01:18:28	01:17:05
1015	Paul COLEMAN	The Churchtown Roadrunners A.C.	M40	01:18:29	01:17:34
1016	Nicholas WALSH	Le Cheile A.C.	M40	01:18:29	01:17:54
1017	Andrea HYLAND	Team IP	FS	01:18:30	01:17:36
1018	Rhoda GRIFFITH	Kilkenny City Harriers A.C.	F55	01:18:30	01:18:03
1019	Sheena MULLINS	Team IP	F35	01:18:32	01:16:59
1020	John COADE		M40	01:18:32	01:16:50
1021	Colm DALY		M40	01:18:35	01:18:32
1022	Steve PALMER	Fota Island Running A.C.	M50	01:18:36	01:17:37
1023	Finbarr KELLEHER		MS	01:18:37	01:17:36
1024	Diarmuid COSTINE		M40	01:18:37	01:17:48
1025	Derek AULSBERRY		M40	01:18:37	01:16:58
1026	Denis O'LEARY	Aghada Running Club A.C.	M45	01:18:38	01:17:16
1027	Tom O'NEILL	Aghada Running Club A.C.	M40	01:18:38	01:17:16
1028	Stephen HUNT		M40	01:18:39	01:18:02
1029	Padraig KENNEDY	West Waterford A.C.	M45	01:18:40	01:17:22
1030	Declan FITZPATRICK		M50	01:18:41	01:18:04
1031	Richard BENTLEY	Balbriggan & District A.C.	M50	01:18:41	01:18:23
1031	Miguel PONCE DE LEON	Carrick-on-Suir A.C.	M50	01:18:41	01:17:30
1033	Ciara LOSTY	Waterstown Warriors A.C.	F45	01:18:42	01:18:04
1034	Tamara LOPEZ	Eagle A.C.	F40	01:18:42	01:17:39
1034	Kevin O'MEARA	Fethard A.C.	M45	01:18:42	01:17:44
1036	Teddy HORNIBROOK	Bridevale A.C.	MS	01:18:43	01:17:37
1037	Ronan LAVAN		MS	01:18:44	01:18:00
1038	Liam RELIHAN		MS	01:18:44	01:17:50
1039	Adil Cahit ANSAROGLU		M40	01:18:45	01:15:23
1040	Laura ANDREWS	Kilkenny City Harriers A.C.	F35	01:18:45	01:18:19

1041	Des O'HALLORAN	Youghal A.C.	M50	01:18:45	01:17:07
1042	Katie FEARON		FS	01:18:46	01:17:15
1043	Brenda CANTY	Watergrasshill A.C.	F45	01:18:46	01:17:34
1044	Leonard O'SULLIVAN	Watergrasshill A.C.	M50	01:18:48	01:18:06
1045	Susan CLANCY	Trim A.C.	F40	01:18:49	01:17:51
1046	Ken CAREY		M65	01:19:00	01:17:49
1047	Sean NOONE		M45	01:19:00	01:17:28
1048	Éanna DE FAOITE		M45	01:19:01	01:17:39
1049	Ron ILSLEY	West Waterford A.C.	M60	01:19:02	01:17:38
1050	Maurice RING	Midleton A.C.	M40	01:19:03	01:17:58
1051	John O'KEEFFE		MS	01:19:03	01:18:19
1052	Ciara BOWE	Sliabh Bhuide Rovers A.C.	F45	01:19:03	01:17:38
1053	Liam BOWE	Racing 795 A.C.	M50	01:19:04	01:17:37
1054	Mike SMALLE		M40	01:19:06	01:18:29
1055	John LYNCH		M45	01:19:06	01:16:28
1055	Brid LONG	St. L. O'Toole A.C.	F50	01:19:06	01:18:14
1057	Mikey O'CALLAGHAN		MS	01:19:08	01:17:31
1058	Ashling KENNEDY	St. Finbarrs A.C.	FS	01:19:09	01:18:13
1059	Brian GRAHAM	Carrick-on-Suir A.C.	M40	01:19:10	01:17:36
1060	Keith MADIGAN	Team IP	M40	01:19:11	01:17:36
1061	Michael BEIRNE	Midleton A.C.	M60	01:19:11	01:17:49
1062	Colin DUNNE		MS	01:19:12	01:18:05
1063	Dermot DWYER		M50	01:19:12	01:18:48
1064	Val GUNNER		M50	01:19:16	01:17:47
1065	Joe COLLINS		MS	01:19:17	01:18:00
1066	Cárthach SHALLOE		MS	01:19:18	01:19:04
1067	Mairead JULIAN	Dundrum A.C.	F45	01:19:18	01:18:30
1068	Brian WALSH		M40	01:19:18	01:18:43
1069	Lorcan O'TOOLE		M55	01:19:19	01:18:05
1070	Billy O'GRADY		M55	01:19:20	01:18:12
1071	Jonathan FENTON		MS	01:19:21	01:17:12
1072	Peadar CRONIN	Mallow Tri Club	M40	01:19:21	01:17:37
1073	Marie MURPHY	Gneeveguilla A.C.	F40	01:19:21	01:18:06
1074	James KINSELLA		M45	01:19:22	01:18:29
1075	Jody HYNES	West Waterford A.C.	M45	01:19:24	01:18:22
1076	David BENNETT		M40	01:19:25	01:18:30
1077	Damien SHINE		MS	01:19:25	01:18:13
1078	Clem LEONARD	Blackwater Tri Club	M45	01:19:27	01:17:57
1079	Eamonn BOOKLE	St. Joseph's A.C.	M50	01:19:28	01:19:00
1080	Madeleine HEARN	West Waterford A.C.	F35	01:19:29	01:18:54
1081	Sam NOONAN		MS	01:19:29	01:18:00
1082	Kenneth O'DONNELL	West Waterford A.C.	M50	01:19:30	01:18:41
1083	Theresa O'CONNELL		F40	01:19:32	01:17:50
1084	Adrian O'CONNOR		M40	01:19:34	01:18:18
1085	Clare WALL		F40	01:19:34	01:18:02
1086	Tricia GOUGH	Lucan Harriers A.C.	F55	01:19:35	01:18:52
1087	David COLLINS		MS	01:19:37	01:18:07
1088	Anne Marie FEIGHERY		F40	01:19:39	01:19:25
1089	Geraldine LACEY	West Waterford A.C.	F45	01:19:40	01:18:35
1090	Rose KINSELLA	West Waterford A.C.	F40	01:19:40	01:18:35
1090	Thomas O'BRIEN		M55	01:19:40	01:19:08
1092	Martin KEHOE	United Striders A.C.	M50	01:19:41	01:18:49
1093	Alex FLYNN		MS	01:19:41	01:19:06
1094	Eileen KENNY	Athlone A.C.	F70	01:19:42	01:19:05
1095	Willie MCNAMARA		M45	01:19:44	01:18:23
1096	Emily AHERNE		FS	01:19:44	01:18:12
1097	Gavin DEERING		MS	01:19:45	01:18:30
1098	Pat BRANSFIELD	St. Nicholas A.C.	M60	01:19:45	01:18:49

1099	Kate VEALE	West Waterford A.C.	FS	01:19:45	01:18:48
1100	Elias BECERRA	Carrigaline A.C.	MS	01:19:47	01:18:33
1101	Peter O'LEARY		M55	01:19:47	01:18:43
1101	Seamus HAYES	West Waterford A.C.	MS	01:19:47	01:19:05
1103	Jamie TORPEY		MS	01:19:47	01:19:47
1104	Shane TORPEY		MS	01:19:48	01:18:45
1105	Sarah FORRISTAL		FS	01:19:48	01:18:19
1106	Amy STAFFORD		FS	01:19:48	01:19:28
1107	Keela SEXTON		FS	01:19:49	01:18:17
1108	Francis MAUNSELL	Midleton A.C.	M50	01:19:50	01:18:58
1109	Emily WALES	Carrigaline A.C.	F40	01:19:51	01:18:12
1110	Gordon FLANAGAN		M40	01:19:51	01:18:10
1111	Jim RYAN	Kilkenny City Harriers A.C.	M55	01:19:52	01:18:41
1112	Stephen CURRAN	West Waterford A.C.	M40	01:19:52	01:18:46
1113	Stephen RYAN	Ballymore Cobh A.C.	M50	01:19:52	01:18:23
1114	Yvonne FITZGERALD	Midleton A.C.	F45	01:19:53	01:18:50
1115	Anna PAWLIK	Polish Runners Club Ireland A.C.	F35	01:19:53	01:19:02
1116	Barry STEVENSON		MS	01:19:54	01:18:31
1117	Richard CONDON		M40	01:19:54	01:19:15
1118	Seamus FOLEY		M50	01:19:55	01:18:32
1118	Sinead NI FHAOLAIN	West Waterford A.C.	F40	01:19:55	01:18:50
1120	Leonard DALY		M45	01:19:55	01:19:31
1121	Antony CROCKETT		M45	01:19:55	01:18:10
1122	Katherine O'CONNOR	West Waterford A.C.	F45	01:19:55	01:18:36
1123	John FOLEY		M40	01:19:56	01:19:08
1124	Micheál SHIEL		MS	01:19:57	01:18:54
1125	Linda O'SULLIVAN	Togher A.C.	FS	01:19:57	01:18:38
1126	Sheila CAULFIELD		F35	01:19:58	01:18:08
1127	Evelyn KEEGAN		F35	01:19:58	01:18:08
1127	Denis DAVERN	Galtee Runners A.C.	M55	01:19:58	01:18:52
1129	Kieran WALSH	Cork City A.C.	M45	01:19:59	01:18:41
1130	Vincent LUCEY	Youghal A.C.	M55	01:19:59	01:19:01
1131	Trevor CONNORS		MS	01:20:00	01:19:07
1132	Sandra MOORE	West Waterford A.C.	F50	01:20:01	01:17:44
1133	Kieran O'KEEFFE		M40	01:20:03	01:19:13
1134	Kevin FENNESSY	East Cork Tribe	M45	01:20:03	01:18:35
1135	Mary O'CONNELL	Gneeveguilla A.C.	F50	01:20:03	01:18:38
1136	Charles KERINS	Clonmel A.C.	M60	01:20:03	01:18:38
1137	Claire DINNEEN	Ballintotis Fit4Life A.C.	F40	01:20:04	01:18:55
1138	William Lee DOHERTY	Togher A.C.	M50	01:20:04	01:18:27
1138	Mark DUNFORD		MS	01:20:04	01:18:45
1140	Tim CRONIN		M50	01:20:06	01:19:09
1141	Ian O'BRIEN	Eagle A.C.	M50	01:20:06	01:19:04
1142	Barry HOGAN		M50	01:20:07	01:18:04
1143	James FITZGERALD		M40	01:20:08	01:18:58
1144	Liam KIELY	Clonmel A.C.	MS	01:20:10	01:18:52
1145	William O'DWYER	Carrick-on-Suir A.C.	M40	01:20:10	01:19:27
1146	Adolfo GARCIA	Marathon Club Ireland A.C.	M45	01:20:11	01:19:36
1147	Adrian FITCH	Mallow A.C.	M55	01:20:13	01:18:31
1148	Shane MCGOVERN	West Waterford A.C.	MS	01:20:14	01:19:01
1149	Meabh FERRITER		FS	01:20:14	01:19:01
1150	Finbarr LEHANE	Eagle A.C.	M50	01:20:15	01:19:11
1151	Hazel RIORDAN	Bridevale A.C.	FS	01:20:16	01:19:01
1151	Kevin MANSFIELD		MS	01:20:16	01:18:50
1153	Marcus FAIRBROTHER		M45	01:20:17	01:19:13
1154	Wojciech RYZINSKI	Clonmel A.C.	M40	01:20:18	01:18:43
1155	George BULMAN	Youghal A.C.	M65	01:20:19	01:19:34
1156	Michelle COTT	Ballintotis Fit4Life A.C.	F40	01:20:19	01:19:10

1157	Moss CAHILL		M50	01:20:19	01:17:27
1158	Daragh O'MAHONY		MS	01:20:19	01:18:51
1159	Tommy ALLEN		M40	01:20:20	01:19:08
1159	Kevin CASEY	West Waterford A.C.	PACER	01:20:20	01:19:11
1161	Garrett MCSWEENEY		M45	01:20:20	01:19:14
1162	Robert MIKOLAJCZYK		M40	01:20:21	01:19:06
1163	Dario GIULIANO		M45	01:20:22	01:17:02
1164	Stephen KIERAN		M45	01:20:22	01:17:45
1165	Jo-Anne COSGROVE	Watergrasshill A.C.	F45	01:20:23	01:19:10
1166	Leah KENT		FS	01:20:24	01:17:52
1167	Aidan FITZSIMONS	Watergrasshill A.C.	M55	01:20:25	01:19:00
1168	Linda CARR		F45	01:20:26	01:18:34
1169	Pat SHEEHAN	Beara A.C.	M60	01:20:26	01:19:07
1170	Noel DROHAN	West Waterford A.C.	M50	01:20:26	01:19:14
1170	Ger MENIHANE	Eagle A.C.	M55	01:20:26	01:18:56
1172	Kieran O'SULLIVAN	Ballintotis Fit4Life A.C.	M45	01:20:27	01:19:17
1172	Fraser MACGILP	Ballintotis Fit4Life A.C.	M55	01:20:27	01:19:17
1174	Paul O'SULLIVAN		MS	01:20:27	01:19:26
1175	Michael CALLAGHAN	West Waterford A.C.	M50	01:20:28	01:18:44
1176	David RING		M40	01:20:28	01:17:37
1177	Seamus KELLEHER	Mallow A.C.	M65	01:20:31	01:19:23
1178	Donal GOULDING		M55	01:20:34	01:19:29
1179	Tom COSGRAVE		M50	01:20:34	01:19:30
1180	Daniel HOLDEN		M40	01:20:34	01:19:15
1181	Stephen LYNCH		MS	01:20:34	01:19:05
1182	Kate WALSH		F35	01:20:35	01:16:48
1183	Peter CASEY		MS	01:20:35	01:16:48
1184	Paul WALSH	Waterford Tri Club	M45	01:20:36	01:19:15
1185	Fran KEHOE		M40	01:20:37	01:19:40
1186	Beth ORMOND		FS	01:20:41	01:19:23
1187	Maeve BOLAND	Eagle A.C.	FS	01:20:42	01:19:36
1188	Kieran WYMBERRY		M55	01:20:43	01:19:06
1189	Mary REIDY		F45	01:20:43	01:19:19
1190	Tony CROSBIE		M55	01:20:44	01:20:09
1191	Vera NAGLE	Mallow A.C.	F40	01:20:45	01:19:53
1192	Andrew HOWARD		M40	01:20:45	01:19:05
1193	Tj VAN DER VALK		M60	01:20:48	01:19:20
1194	Mark DILLON		MS	01:20:48	01:17:27
1195	Fachtna GOGGIN		M40	01:20:49	01:19:13
1196	Alan CAREY		M60	01:20:51	01:19:40
1197	Michael CLARKE		M60	01:20:51	01:19:47
1198	Ray AHERN		M40	01:20:51	01:20:25
1199	Clive POWER		M40	01:20:51	01:19:48
1200	Ciara O' FARRELL	Barrow Harriers A.C.	F40	01:20:52	01:19:31
1201	Anna ERFURTH	Carrigtwohill A.C.	F40	01:20:52	01:19:31
1202	Tony NOONAN		M40	01:20:54	01:18:47
1203	Orla NOLAN	Dromahane Road Runners A.C.	F50	01:20:55	01:19:13
1204	Paul DE FREINE	Bray Runners A.C.	M60	01:20:57	01:19:56
1205	Raymond MULLIGAN		M45	01:21:00	01:20:12
1206	Eoghan O'LEARY		MS	01:21:00	01:19:32
1207	Daniel O'ROURKE	Doneraile A.C.	M50	01:21:01	01:20:21
1208	Eoghan KENIRY		MS	01:21:01	01:19:16
1209	Tommy KENEFICK		MS	01:21:01	01:19:16
1210	Eileen MORGAN	Kilkenny City Harriers A.C.	F40	01:21:03	01:20:37
1211	Niamh FOLEY		F40	01:21:03	01:19:53
1211	Michael MULLARKEY		M40	01:21:03	01:20:22
1213	Liam DALY	Aghada Running Club A.C.	M40	01:21:04	01:18:57
1214	Anna PERRY	Adele's Gazelles	F45	01:21:10	01:20:14

1215	Olivia POWER		F45	01:21:10	01:20:00
1216	Donny FLYNN		M55	01:21:11	01:20:00
1217	Deirdre HARRINGTON	Durrus A.C.	F50	01:21:12	01:19:57
1218	Anna HOGAN	Bridevale A.C.	F40	01:21:13	01:19:34
1219	John BURRIS		M55	01:21:14	01:19:46
1220	Mj CROKE	Fethard A.C.	M40	01:21:15	01:19:21
1221	Michael FEENEY		M45	01:21:16	01:20:51
1222	Pat TYNAN		M50	01:21:16	01:19:39
1223	Aaron WHELAN	St. Finbarrs A.C.	MS	01:21:17	01:19:47
1224	Keith COSTINE		M45	01:21:17	01:19:18
1225	Maurice MURPHY	Mount Hillary A.C.	M40	01:21:20	01:19:48
1226	Marie Therese BUCKLEY	Bweeng Trail Blazers A.C.	F40	01:21:21	01:19:43
1227	Chris REIDY		MS	01:21:22	01:20:02
1228	Lorraine O'SULLIVAN	St. Finbarrs A.C.	F45	01:21:23	01:19:52
1229	Mary PHELAN		F50	01:21:23	01:20:05
1230	Ruth O'CONNOR		F40	01:21:23	01:20:03
1231	Brendan O'LEARY		M45	01:21:26	01:20:15
1232	Paul HEALY	Donoughmore A.C.	M50	01:21:27	01:20:06
1233	Gill COTTER	St. Finbarrs A.C.	F50	01:21:28	01:19:42
1234	Derek CAHILL	Croghan A.C.	M50	01:21:29	01:20:09
1235	Liam COLBERT	Carraig-Na-Bhfear A.C.	M55	01:21:29	01:19:42
1236	Glen CUNNINGHAM	Croghan A.C.	M40	01:21:30	01:20:10
1237	Claire DUNNE	Togher A.C.	F45	01:21:31	01:19:54
1238	Patrick COGHLAN		M40	01:21:31	01:19:54
1239	Will BLUMLEIN	Lakeshore Striders A.C.	MS	01:21:34	01:20:34
1240	Philip GOUGH		M45	01:21:36	01:20:10
1241	Clodagh O'MARA	Tramore A.C.	F40	01:21:37	01:20:10
1242	Jonathan WALSH		MS	01:21:37	01:19:08
1243	Mark CLIFFE	West Waterford A.C.	PACER	01:21:37	01:20:28
1244	Jonathan HEALY		MS	01:21:38	01:20:23
1245	Marie O'SHEA	Mooreabbey Milers A.C.	F45	01:21:38	01:20:05
1246	Melissa STONE		F35	01:21:39	01:20:57
1247	Joe BRENNAN		M45	01:21:40	01:20:15
1248	Sheila MAGORRIAN	Grange Fermoy A.C.	F50	01:21:40	01:20:27
1249	Dave FOX	Youghal A.C.	M40	01:21:41	01:19:58
1250	Rajendra KSHIRSAGAR		M40	01:21:42	01:18:44
1251	Daniel NOONAN		MS	01:21:42	01:20:14
1252	Gemma RYAN AHERN	Youghal A.C.	F35	01:21:43	01:20:02
1253	Declan COLLINS		M45	01:21:43	01:19:34
1254	Myles KELLY		M45	01:21:44	01:19:35
1255	Richie FOLEY	Togher A.C.	MS	01:21:45	01:20:24
1256	Moira CODY	Graigie Ballycallan A.C.	F40	01:21:46	01:20:14
1257	Bill O'KEEFFE		M55	01:21:46	01:19:52
1258	John CLANCY		MS	01:21:46	01:20:41
1259	Tadhg HENDERSON	Menapians A.C.	M45	01:21:47	01:20:59
1260	Natalie SHEEHAN		F35	01:21:47	01:20:41
1261	Amy BEER		FS	01:21:47	01:19:12
1261	Rebecca EAGLE		F40	01:21:47	01:19:48
1263	Conor HEFFERNAN		MS	01:21:48	01:20:42
1264	Amy WHELAN		FS	01:21:48	01:20:07
1265	Orla DOYLE		F35	01:21:49	01:20:47
1266	Claire FLYNN		FS	01:21:50	01:20:46
1267	James SHEEHAN		M50	01:21:50	01:19:55
1268	Conor CALLANAN		MS	01:21:53	01:20:59
1269	Tommy ELMES		M40	01:21:55	01:20:59
1270	Siobhan O'CALLAGHAN	Skibbereen A.C.	F45	01:21:57	01:20:23
1271	Anna-Marie MCCARTHY		F45	01:21:57	01:21:08
1272	Shane GRIFFIN		M40	01:21:59	01:20:22

1273	Wayne HOLMES	Wexford Marathon A.C.	M50	01:21:59	01:20:47
1274	Michael CARRIGAN		MS	01:22:02	01:19:35
1275	Jana MURPHY		F35	01:22:03	01:20:25
1276	Anna GERAGHTY		FS	01:22:04	01:19:28
1277	Catriona MULDOWNY		F40	01:22:04	01:21:03
1278	Shane TWOMEY		MS	01:22:05	01:19:44
1279	Deirdre O'DWYER		F35	01:22:06	01:20:26
1280	Mark COLES		M45	01:22:06	01:19:43
1281	Tony CAMBRIDGE		M55	01:22:07	01:21:20
1282	Laura MAYE		FS	01:22:09	01:20:46
1283	James KEHOE		MS	01:22:11	01:19:50
1284	Padraic DOHERTY	Swaby Sessions	M50	01:22:11	01:20:35
1285	James MURPHY		MS	01:22:13	01:19:55
1286	Gary GUNNE		M50	01:22:13	01:20:59
1287	Deirdre BAILEY	Mooreabbey Milers A.C.	F35	01:22:15	01:20:41
1288	Lisa QUIRKE	Mount Hillary A.C.	F45	01:22:15	01:20:25
1289	Yvonne SHEAHAN	Watergrasshill A.C.	F40	01:22:16	01:20:56
1290	Annmarie QUIRKE	St. Nicholas A.C.	FS	01:22:18	01:21:08
1291	Raymond BARROW	Mallow A.C.	M45	01:22:18	01:20:48
1292	Rob WALL		M50	01:22:19	01:19:13
1293	David FORKAN		M50	01:22:20	01:21:22
1294	Kate MITCHELL		FS	01:22:21	01:21:18
1295	Jack KITSON		MS	01:22:21	01:21:18
1296	Marian CRONIN	Ballintotis Fit4Life A.C.	F40	01:22:23	01:21:13
1297	Jason KELLY		M55	01:22:23	01:20:57
1298	Paul KELLY		M40	01:22:24	01:21:29
1299	Catherine KERRIGAN	St. Finbarrs A.C.	F50	01:22:25	01:20:39
1300	Freida MCGRATH		FS	01:22:26	01:21:48
1301	Seamus MAGNER	Doneraile A.C.	M55	01:22:26	01:20:39
1302	David KILGANNON	Youghal A.C.	M50	01:22:27	01:20:34
1303	Diarmuid O'DRISCOLL		MS	01:22:28	01:21:24
1303	Claire MURPHY	Youghal A.C.	F50	01:22:28	01:20:33
1305	John ROCHE JNR		MS	01:22:28	01:20:19
1306	David CURTIN	Midleton A.C.	MS	01:22:30	01:21:08
1307	Josephine GRUMBRIDGE	Grange Fermoy A.C.	F40	01:22:31	01:20:48
1307	Neil GRIFFIN		M40	01:22:31	01:21:20
1309	Siobhan HEALY	St. Finbarrs A.C.	F45	01:22:34	01:21:03
1310	Rebecca MURPHY		FJ	01:22:34	01:20:23
1311	Michael CREED		M60	01:22:35	01:21:56
1312	Mary COTTER	Tracton A.C.	F60	01:22:36	01:22:22
1313	Fergal O'MEARA	Midleton A.C.	M55	01:22:36	01:21:39
1314	Tony POWER		M40	01:22:38	01:21:51
1315	Sinead O'MEARA		FS	01:22:39	01:21:04
1316	Liam BURNS	Youghal A.C.	M55	01:22:39	01:21:54
1317	Rita MCGARVEY	Kilkenny City Harriers A.C.	F45	01:22:40	01:21:30
1318	Marianne O'CONNELL	Togher A.C.	F45	01:22:40	01:21:02
1319	Odharnait DONOHOE	Coachford Greenway Runners	F45	01:22:42	01:21:03
1320	Bernard BUGLER	Mallow A.C.	M55	01:22:43	01:21:04
1321	Bryan HALLISSEY	West Waterford A.C.	M45	01:22:43	01:21:10
1322	Donal SHEAHAN	Youghal A.C.	M40	01:22:44	01:21:00
1323	Morgan DREA		M45	01:22:49	01:20:11
1324	Annetoinette GLEESON-MILLS		F50	01:22:50	01:20:04
1325	Roy QUINN		MS	01:22:51	01:21:33
1326	Tomas O'BRIEN		MS	01:22:51	01:21:40
1327	Owen KEANE		MS	01:22:52	01:21:00
1328	Susan BUCKLEY		FS	01:22:53	01:21:15
1329	Cian MCCARTHY		MS	01:22:54	01:21:09
1330	Michael DANAGHER		M40	01:22:54	01:21:12

1331	John O'BRIEN	Youghal A.C.	M45	01:22:54	01:20:49
1332	Richard RYAN	Thomastown A.C.	MS	01:22:55	01:18:23
1333	Barry BYRNE		M45	01:22:56	01:21:28
1334	Catherine MULCAHY		FS	01:22:58	01:22:06
1335	Padraig CLEARY		M45	01:23:00	01:21:10
1336	Majella MCNAMARA	Galtee Runners A.C.	F45	01:23:02	01:21:41
1337	Karen GIBBONS	Newbridge A.C.	F45	01:23:02	01:21:52
1338	Ben MURPHY	Kilfinane A.C.	M40	01:23:03	01:21:57
1339	Patrick BYRNE	Trim A.C.	M45	01:23:03	01:22:02
1340	Michael DEE		M55	01:23:03	01:21:48
1341	Michael VEALE	Aghada Running Club A.C.	M50	01:23:05	01:20:51
1342	George GREGORY	Clonmel Tri Club	M40	01:23:06	01:21:07
1343	Deborah O'CONNOR	Togher A.C.	F45	01:23:07	01:21:47
1344	Mike STAUNTON	Drogheda & District A.C.	M55	01:23:07	01:22:35
1345	Davy TOBIN	West Waterford A.C.	M60	01:23:08	01:21:30
1346	Patrick QUEALLY		MS	01:23:13	01:21:04
1347	Johnny BURKIN	West Waterford A.C.	MS	01:23:13	01:22:00
1348	Seán CASEY		MS	01:23:13	01:20:30
1348	Cyril TREACY	Blackrock A.C.	M50	01:23:13	01:22:40
1350	Martin DOYLE		M40	01:23:14	01:22:12
1351	Eoin LYNCH		M45	01:23:16	01:19:23
1352	James BOURKE		M60	01:23:17	01:21:55
1353	Dan TWOHIG	Midleton A.C.	M45	01:23:18	01:22:04
1354	Renz COMENDADOR	West Waterford A.C.	FS	01:23:18	01:22:26
1355	Drew CUNNINGHAM	West Waterford A.C.	MS	01:23:18	01:22:48
1356	Johnathan OTTMAN		MS	01:23:19	01:22:11
1357	James LONG	Midleton A.C.	M40	01:23:20	01:21:34
1358	Ray BANNON		M40	01:23:20	01:22:02
1359	Orla BANNON	West Waterford A.C.	F40	01:23:21	01:22:02
1360	Neil PROVEN	Clonmel A.C.	M55	01:23:21	01:21:52
1361	James O'SULLIVAN	Togher A.C.	M55	01:23:25	01:21:47
1362	Laura HOLLAND		F45	01:23:25	01:21:47
1363	Helen DOYLE	Kilmore A.C.	F50	01:23:26	01:20:38
1364	Paul CARROLL	6.30 Group	M60	01:23:27	01:22:06
1365	Chris DONAGHEY	Kinsale Tri Club	M40	01:23:29	01:22:10
1366	Robert FLYNN		M40	01:23:29	01:22:11
1367	Ger WALSH	Donoughmore A.C.	F50	01:23:30	01:21:59
1368	Colin BUCKLEY		M45	01:23:31	01:21:40
1369	Peadar BREATHNACH		MS	01:23:31	01:23:03
1370	Dermot JOHNSON		M55	01:23:32	01:21:38
1371	Joanne QUINN	St. Senans A.C.	F35	01:23:32	01:21:57
1372	Peter MANNION		MS	01:23:32	01:22:15
1373	David LYNAM		MS	01:23:33	01:22:11
1374	Gerard TOBIN		M45	01:23:33	01:21:47
1375	Chris SCANLON	Aghada Running Club A.C.	MS	01:23:35	01:22:48
1376	Jp O'RIORDAN	Aghada Running Club A.C.	M40	01:23:35	01:22:48
1377	Luke O'SHEA	Youghal A.C.	MJ	01:23:36	01:23:09
1378	Shane CUDDIGAN		M50	01:23:37	01:21:55
1379	Joe POWER	Midleton A.C.	M65	01:23:37	01:22:48
1380	Freddie HERRING		MS	01:23:38	01:22:16
1381	Padraig O'FLYNN		M55	01:23:38	01:21:55
1382	Sean O'HARE		MS	01:23:39	01:22:18
1382	Anthony SHEEHAN	Youghal A.C.	M50	01:23:39	01:21:44
1384	Anthony O'GORMAN		MS	01:23:42	01:21:07
1385	Ray WALLACE	Ballincollig A.C.	MS	01:23:42	01:23:42
1386	Shane O'SULLIVAN		MS	01:23:43	01:21:11
1387	Maire O'CONNELL		FS	01:23:45	01:22:08
1387	Darren CROWLEY	Tramore A.C.	M45	01:23:45	01:22:48

1389	Mark WALSH	Dromahane Road Runners A.C.	MS	01:23:47	01:22:26
1390	Kieran DALY	Togher A.C.	M55	01:23:47	01:22:06
1391	Daragh DUGGAN		M40	01:23:49	01:21:49
1392	Conor GOULDING	Youghal A.C.	M40	01:23:52	01:21:55
1392	Maurice O'BRIEN		M40	01:23:52	01:21:58
1394	Danny CARROLL		M45	01:23:53	01:22:28
1395	Siobhan MURPHY	Midleton A.C.	F50	01:23:54	01:21:52
1396	Simon HANRAHAN		MS	01:23:55	01:22:46
1397	David RYAN		M40	01:23:56	01:22:06
1398	Diarmaid O'HARE	West Waterford A.C.	MS	01:23:56	01:22:36
1398	Finola NYHAN		F45	01:23:56	01:21:42
1400	Barry CONDRON	West Muskerry A.C.	MS	01:23:56	01:23:56
1401	Meadhbh CAMPBELL	Midleton A.C.	F35	01:23:56	01:21:17
1401	John KENNY	Midleton A.C.	M45	01:23:56	01:21:28
1403	Helen SHEEHAN		F55	01:23:57	01:22:12
1404	Colette CROWLEY		F40	01:23:57	01:21:56
1405	Sean BATES	Wexford Marathon A.C.	M50	01:23:57	01:22:17
1406	Killian O'REILLY		M45	01:23:58	01:22:50
1407	Kathleen BROWNE		F55	01:23:59	01:22:48
1408	Pj CARMODY		M40	01:23:59	01:22:44
1409	John MEENAGH	Croghan A.C.	M55	01:23:59	01:22:22
1410	Orla FLEMING	Clonmel A.C.	F50	01:24:01	01:22:16
1411	Jason DUNFORD		MS	01:24:02	01:22:14
1412	Liam WALSH		MS	01:24:02	01:22:02
1413	Michael POWER	St. Joseph's A.C.	M55	01:24:03	01:22:30
1414	Hanora O'CONNOR	St. Joseph's A.C.	F45	01:24:03	01:22:31
1415	Eoin ENRIGHT		MS	01:24:05	01:22:55
1416	David MCKENNA	Thomastown A.C.	M45	01:24:07	01:22:42
1417	Lynda FAY		F40	01:24:07	01:23:40
1418	Karen O'CALLAGHAN		F45	01:24:08	01:22:37
1419	Catherine ROCHE	Slaney Olympic A.C.	F50	01:24:09	01:21:52
1420	John O'SHEA	Dromahane Road Runners A.C.	M40	01:24:14	01:22:31
1421	Michael PIGOTT	Tracton A.C.	MS	01:24:15	01:23:22
1422	Keira Eva MOONEY	Lakeshore Striders A.C.	F45	01:24:17	01:23:18
1423	Marietherese MCCOY	Blackrock A.C.	F50	01:24:18	01:23:45
1424	Paul MCCARTHY	Bridevale A.C.	M50	01:24:20	01:22:26
1425	Eoin STACK		MS	01:24:20	01:23:36
1426	Sean O'HARGAIN	Kilkenny City Harriers A.C.	M55	01:24:20	01:23:27
1427	Paul O'ROURKE		M45	01:24:21	01:22:46
1428	Jo ROCKETT	St. Senans A.C.	F50	01:24:22	01:22:47
1428	Helen RYAN	West Waterford A.C.	F60	01:24:22	01:24:10
1430	Kate FLEMING	Ballintotis Fit4Life A.C.	FS	01:24:23	01:22:42
1431	Niamh RYAN	St. L. O'Toole A.C.	F40	01:24:24	01:22:59
1432	Emer SCANLAN		FS	01:24:24	01:22:39
1433	Joe NUNAN		M45	01:24:25	01:22:14
1434	Mary CARNEY	United Striders A.C.	F45	01:24:30	01:23:36
1435	Micheál MURPHY		M45	01:24:33	01:24:06
1436	David WALSH		M55	01:24:35	01:23:02
1437	Robbie ROCHE		MS	01:24:36	01:23:25
1438	David BIBLE		MS	01:24:36	01:22:11
1439	Mark HORNIBROOK	Wibbles A.C.	M45	01:24:37	01:22:20
1440	Andrea CULLEN	West Muskerry A.C.	F35	01:24:39	01:23:16
1441	Judy MCGRATH		F45	01:24:40	01:23:10
1442	Joe O'ROURKE	West Waterford A.C.	M60	01:24:40	01:22:52
1443	Kenny BRETT	Clonmel A.C.	M50	01:24:41	01:22:56
1444	Claire MULLINS		F45	01:24:41	01:23:27
1445	Andrew MURPHY		M40	01:24:43	01:22:52
1446	Helen CROWLEY		F40	01:24:44	01:23:05

1447	Tim MCCORMACK		M50	01:24:44	01:23:13
1448	Ciaran BUCKLEY		MS	01:24:45	01:22:36
1449	Marie CONDRON	West Muskerry A.C.	F35	01:24:45	01:23:22
1450	James POWER		M40	01:24:45	01:22:37
1451	Shauna POWER	St. Joseph's A.C.	FS	01:24:46	01:23:13
1452	Caroline WALSH	Tracton A.C.	F40	01:24:47	01:23:53
1453	Brendan CANTWELL		M55	01:24:47	01:23:34
1454	Karina LANGTON		F45	01:24:50	01:23:48
1455	Sarah MURPHY		F35	01:24:51	01:22:51
1456	Mark LENIHAN	West Waterford A.C.	M50	01:24:51	01:23:03
1457	Michelle HORGAN	West Waterford A.C.	F45	01:24:51	01:23:06
1458	Annemarie DOYLE	Slaney Olympic A.C.	F35	01:24:52	01:22:45
1459	Sarah LEE	Ferrybank A.C.	F45	01:24:53	01:24:39
1460	Thomas NUGENT		MS	01:24:53	01:22:02
1461	Annie RYAN MORRISSEY		FS	01:24:53	01:22:53
1462	Shane FITZPATRICK		M45	01:24:55	01:23:10
1463	Mol LAMBERT		F50	01:24:56	01:23:35
1464	Paula KENNEALLY		F35	01:24:57	01:23:25
1464	Patrick O'MAHONY		M55	01:24:57	01:23:01
1466	Phil DEE		M40	01:24:57	01:23:03
1467	Paul MITCHELL	Youghal A.C.	M45	01:24:58	01:23:50
1468	Declan GROGAN		M45	01:24:58	01:23:19
1469	Ciaran DESMOND		M60	01:24:59	01:23:52
1470	Louise HYNDS	West Waterford A.C.	F35	01:24:59	01:23:50
1470	Tommy POWER		M45	01:24:59	01:23:25
1472	Mark O'KEEFFE		MS	01:25:01	01:24:16
1473	Ian DILLON		M40	01:25:02	01:23:43
1474	Mary COLLINS		F45	01:25:02	01:23:18
1475	Jane POWER	Eagle A.C.	F50	01:25:03	01:23:28
1476	Darragh MURPHY		M50	01:25:03	01:23:36
1477	Michelle O'CONNOR		F45	01:25:03	01:23:19
1478	Stephanie BYRNE	Clonmel A.C.	F35	01:25:03	01:23:46
1479	Mikey LAWLOR		M45	01:25:03	01:22:37
1480	Deirdre FLANAGAN		F40	01:25:04	01:23:23
1481	Patsy CARNEY		M55	01:25:04	01:23:37
1482	Jackie MCGEE		F50	01:25:04	01:23:35
1483	Annie PHELAN		FS	01:25:05	01:23:46
1484	Ronan MCDONNELL	Grange Fermoy A.C.	M40	01:25:06	01:23:48
1485	John O'DRISCOLL	Cork Tri Club	M50	01:25:07	01:21:40
1486	Tony LOUGHNANE		M45	01:25:08	01:23:12
1487	Treasa MCCARTHY		F35	01:25:09	01:24:21
1488	Brian HOLOHAN		M40	01:25:09	01:23:44
1489	Ronan O'BRIEN		MS	01:25:10	01:24:29
1490	Garry NOONAN	Leevale A.C.	M45	01:25:10	01:24:21
1491	Tom COX		M70	01:25:13	01:23:41
1492	John CUDDIGAN		M50	01:25:14	01:24:28
1493	Thomas CASHIN	West Waterford A.C.	MS	01:25:14	01:23:47
1494	Krzysztof PAWLIK	Polish Runners Club Ireland A.C.	M40	01:25:15	01:24:23
1495	Annabelle HACKETT		FS	01:25:16	01:23:43
1496	Mark POWER		MS	01:25:19	01:23:06
1497	Catherine BOYLE	Carrigaline A.C.	F40	01:25:22	01:23:25
1498	Kim DALY	West Waterford A.C.	F35	01:25:23	01:23:35
1498	Robert FITZGERALD		MS	01:25:23	01:23:46
1500	Michael O'DONOVAN		M55	01:25:24	01:23:27
1500	Hanro VAN HEERDEN		M40	01:25:24	01:24:14
1502	Jane DOYLE		FS	01:25:24	01:23:29
1503	Andrew LOMAX		M40	01:25:24	01:24:14
1504	Ryan JORDAN		MS	01:25:24	01:22:38

1505	Richard MORRISON	St. Nicholas A.C.	M45	01:25:25	01:24:04
1506	Alison MURPHY	St. L. O'Toole A.C.	F35	01:25:25	01:23:56
1507	Micheal REA	Mallow A.C.	M55	01:25:26	01:24:34
1508	Moira TREACY		F45	01:25:26	01:25:00
1509	Frances BARRY		F50	01:25:27	01:23:46
1510	Richard GRANT		M55	01:25:29	01:23:52
1511	Diane BRODERICK	Ballintotis Fit4Life A.C.	F50	01:25:30	01:24:52
1512	Enda CLEERE		M40	01:25:30	01:24:27
1513	Graham PHIPPS		M50	01:25:30	01:23:40
1514	Oliver MULLANE		M55	01:25:30	01:24:24
1515	Jack RONAN		MS	01:25:30	01:23:44
1516	Edel KERRISK	Dromahane Road Runners A.C.	F40	01:25:31	01:23:49
1517	Declan MURRAY		MS	01:25:31	01:24:28
1518	Graham O'REGAN	Clonmel A.C.	M45	01:25:31	01:23:41
1519	Fiona CROWLEY		F45	01:25:31	01:24:58
1520	Barry O'BRIEN	Bilboa A.C.	M40	01:25:32	01:24:36
1521	Calem JONES		M40	01:25:32	01:24:09
1522	Shane HENNESSY		M60	01:25:33	01:24:40
1523	Peter COADY		M55	01:25:34	01:24:04
1524	Paul PURCELL		M40	01:25:34	01:23:35
1525	John HOLLAND	Mallow A.C.	M75	01:25:36	01:23:54
1526	Cathal DALY		M50	01:25:36	01:24:03
1527	Wayne ALLEN	Wexford Marathon A.C.	M40	01:25:40	01:24:01
1528	Alastair GOLDRING		M50	01:25:40	01:23:42
1529	Liam CALLANAN		M50	01:25:41	01:23:35
1530	Kieran BREEN		MS	01:25:42	01:23:15
1531	Neil MCCONNELL		M45	01:25:42	01:23:54
1532	Maree HEANEY		F40	01:25:43	01:23:49
1533	Ed FITZGERALD	Eagle A.C.	M50	01:25:43	01:23:44
1534	Niamh BROWNE		F40	01:25:45	01:24:12
1535	Mary LONERGAN		F35	01:25:46	01:22:58
1536	George O'CONNOR	Waterford A.C.	M60	01:25:48	01:24:00
1537	Ollie HEGARTY	Youghal A.C.	M50	01:25:49	01:23:42
1537	Tommy BUCKLEY		MS	01:25:49	01:23:27
1539	Aidan O'MAHONEY		MS	01:25:49	01:23:26
1540	Damien AHERN		MS	01:25:49	01:24:10
1541	Susan BYRNE		F40	01:25:49	01:22:05
1541	Sinéad HICKEY	Killarney Valley A.C.	F40	01:25:49	01:24:04
1543	Conor RYAN	An Bru A.C.	MS	01:25:50	01:23:44
1544	Peter MURPHY		MS	01:25:50	01:23:39
1545	Cillian Ó MURCHADHA		M40	01:25:51	01:23:04
1546	Brian WHELAN		MS	01:25:52	01:24:36
1547	Anthony MOONEY		MS	01:25:53	01:24:32
1548	Mark O'REILLY	Midleton A.C.	M50	01:25:53	01:23:51
1548	Sean DOWNEY		MS	01:25:53	01:24:24
1550	Niamh FOY	Carrigaline A.C.	F40	01:25:54	01:23:58
1551	Gary GOGGIN	Carrigaline A.C.	M45	01:25:55	01:24:11
1552	Kieran MONAGHAN	Clonmel A.C.	M40	01:25:55	01:23:34
1553	James BURFIELD		M50	01:25:56	01:24:22
1554	Michael CRONIN	Huffers & Puffers	M55	01:25:57	01:24:22
1555	Ger BRODERICK	Ballintotis Fit4Life A.C.	M50	01:25:58	01:25:19
1556	Declan HOWARD		M50	01:25:58	01:24:17
1557	Kate O'DRISCOLL		FS	01:25:59	01:24:19
1558	Eamonn KELSEY	Gowran A.C.	M55	01:26:00	01:23:54
1559	Ciarán STONE		MS	01:26:00	01:24:58
1560	Maurice CUDDIGAN		M50	01:26:01	01:25:31
1561	Keith COLEMAN		M40	01:26:01	01:24:38
1562	Ken COLEMAN		M40	01:26:01	01:24:38

1563	Gerry MCHUGH	Ballymore Cobh A.C.	M40	01:26:02	01:24:28
1564	Barbara ENGLISH		F45	01:26:03	01:24:12
1565	Shane TOBIN		M45	01:26:04	01:24:46
1566	Fiona O'LEARY	Ballintotis Fit4Life A.C.	F45	01:26:05	01:24:25
1567	Alan HORAN		MS	01:26:06	01:24:12
1568	Mary O'CONNELL	Mooreabbey Milers A.C.	F50	01:26:07	01:24:32
1569	Gemma O'CONNOR		FS	01:26:10	01:24:26
1570	Darragh KIELY	St. Finbarrs A.C.	M40	01:26:11	01:24:05
1571	Colette DENNEHY		F50	01:26:14	01:24:34
1572	Ronan KNOX		M40	01:26:17	01:24:07
1573	John WHELAN	St. Finbarrs A.C.	M45	01:26:18	01:24:14
1573	Julian O'DONOGHUE		M40	01:26:18	01:24:14
1575	Eimear DEEGAN	Lakeshore Striders A.C.	F40	01:26:20	01:25:18
1576	Paul BOWE	Moycarkey Coolcree A.C.	MS	01:26:21	01:26:05
1577	Ashleigh BYRNE-O'BRIEN	Grange Fermoy A.C.	F35	01:26:22	01:24:31
1578	Darren GERAGHTY		M40	01:26:22	01:24:46
1579	Eoin CALLANAN		M55	01:26:23	01:24:34
1580	Helen KEATING	West Waterford A.C.	FS	01:26:23	01:24:46
1581	Eoin DARCY		MS	01:26:24	01:24:21
1582	Cian DANIELS		MS	01:26:25	01:25:17
1583	Lisa BOLAND	Eagle A.C.	F55	01:26:25	01:24:51
1584	Ann Marie HEARNE	Wexford Marathon A.C.	F40	01:26:26	01:25:50
1585	Stephen O'CONNOR		MS	01:26:26	01:23:59
1585	Dominic BYRNE		MS	01:26:26	01:24:40
1587	Seamus DORNEY	Galtee Runners A.C.	M65	01:26:27	01:24:53
1588	Miriam CRENNAN	Kilkenny City Harriers A.C.	F50	01:26:29	01:25:14
1588	Emma COLES		F45	01:26:29	01:24:08
1590	Des WHITE	Grange Fermoy A.C.	M60	01:26:29	01:24:49
1591	Kirsty COLLEY	Ballintotis Fit4Life A.C.	F35	01:26:30	01:24:06
1592	David COLLEY	Ballintotis Fit4Life A.C.	M40	01:26:30	01:24:05
1593	Ken POWER		M55	01:26:31	01:24:41
1594	Graham REDMOND		MS	01:26:31	01:24:34
1595	Aisling BOHAN		FS	01:26:32	01:24:36
1596	Ciarán Ó CONGHAILE		MS	01:26:32	01:25:12
1597	Fiona LONGAN	West Waterford A.C.	F45	01:26:34	01:24:35
1598	Janet MCGUINNESS		F50	01:26:35	01:24:58
1599	Mick WALSH	Gowran A.C.	M65	01:26:37	01:26:32
1600	Deirdre MORRISON	Grange Fermoy A.C.	F35	01:26:38	01:24:26
1601	Kieran HYNES		M55	01:26:38	01:24:46
1602	Catriona CORCORAN	St. L. O'Toole A.C.	F35	01:26:39	01:24:44
1603	Denis CARROLL	Eagle A.C.	M60	01:26:39	01:25:49
1604	Helen O'CEALLAIGH	Clonmel A.C.	F55	01:26:41	01:24:48
1605	Cliona HURLEY	Carraig-Na-Bhfear A.C.	F45	01:26:42	01:25:26
1606	Eamon CASHIN	West Waterford A.C.	PACER	01:26:43	01:24:53
1607	Jason BANE		M50	01:26:44	01:24:27
1608	Paul BARRY		M70	01:26:44	01:25:20
1609	Anna WALSH	Kings River A.C.	F50	01:26:45	01:25:27
1610	Kieran GUIRY	Athenry A.C.	M50	01:26:45	01:24:46
1611	Nancy COX		F35	01:26:45	01:24:42
1612	Diahann BUCKLEY	Mallow A.C.	F50	01:26:47	01:24:42
1613	Peter WHELAN		M55	01:26:48	01:25:42
1614	Marian TWOMEY	Grange Fermoy A.C.	F35	01:26:51	01:24:40
1615	David MORRISSEY		MS	01:26:53	01:25:04
1616	David KIRK		MS	01:26:53	01:24:44
1617	Emma O'DELL		FS	01:26:53	01:24:42
1618	Amy MCCARTHY		F35	01:26:54	01:25:08
1619	Ryan KENNEDY		MS	01:26:56	01:24:34
1620	John LEONARD	West Waterford A.C.	M55	01:26:56	01:25:05

1621	Pearse BARRETT	Rosscarbery Steam Runners A.C.	M55	01:26:57	01:25:14
1622	Sonya BUTLER	Waterford A.C.	F45	01:26:57	01:24:48
1623	Siobhán KEANE		FS	01:27:00	01:25:10
1624	Ken SISK		M50	01:27:01	01:24:52
1625	Gerry O'CONNOR	West Waterford A.C.	PACER	01:27:01	01:25:12
1626	Gráinne MULCAHY		FS	01:27:06	01:25:35
1627	Hannah NI FHAOLAIN		F35	01:27:07	01:24:46
1628	Alannah KELLY		FS	01:27:07	01:25:36
1629	Wayne DOWLING		M45	01:27:08	01:24:41
1630	Alan HANNIGAN	Youghal A.C.	M45	01:27:09	01:25:06
1631	Dan SHANAHAN		MS	01:27:11	01:26:03
1632	Deirdre POWER	Carrick-on-Suir A.C.	F40	01:27:12	01:25:20
1633	Brian MURPHY	St. L. O'Toole A.C.	M40	01:27:12	01:25:43
1634	Donal MCGRATH		M60	01:27:12	01:26:03
1635	Claire O'DONOVAN		F45	01:27:13	01:25:21
1636	Liz CONWAY	United Striders A.C.	F40	01:27:13	01:26:19
1637	Kitty HARRINGTON-BUCKLEY	St. Finbarrs A.C.	F55	01:27:14	01:25:14
1638	Stephanie QUILLIGAN		FS	01:27:15	01:24:40
1639	Nicole HENNESSY	Kilkenny Tri Club	F35	01:27:16	01:25:23
1640	Raquel CORREA		FS	01:27:19	01:25:16
1641	Lucy DUNNE	Portlaoise A.C.	F55	01:27:20	01:25:33
1642	Eoin CONWAY		M40	01:27:22	01:25:30
1643	Noreen DALY	Portlaoise A.C.	F55	01:27:22	01:25:35
1644	Eleanor M. DUGGAN	Aghada Running Club A.C.	F50	01:27:25	01:25:15
1645	Rosario KIELTY	Bridevale A.C.	F45	01:27:26	01:25:30
1646	Edel DOHERTY		F35	01:27:27	01:26:28
1647	Michael BARRETT		MS	01:27:28	01:26:07
1648	Martin LANDERS	Watergrasshill A.C.	M45	01:27:29	01:25:48
1649	Robert GOUGH		M40	01:27:33	01:25:40
1650	Kevin FORDE	West Waterford A.C.	M60	01:27:34	01:25:15
1651	Antonio CASTALDO	Eagle A.C.	M60	01:27:35	01:25:17
1652	Busie MHLOPHE		F35	01:27:36	01:24:47
1653	Patrick MURPHY		M55	01:27:37	01:24:55
1654	Joan MCELLIGOTT		F45	01:27:37	01:26:17
1655	Anna LUDVIKOVA		FS	01:27:39	01:24:48
1656	Sean MCGOWAN		M65	01:27:39	01:25:23
1657	Simon MAHER		M40	01:27:40	01:27:34
1658	Sarah AHERN	Ballymore Cobh A.C.	F40	01:27:40	01:25:45
1659	Eoin O'RIORDAN		M50	01:27:43	01:25:44
1660	Chris COFFEY		M45	01:27:44	01:25:03
1661	Monika ZAWIERUCHA		F40	01:27:46	01:25:12
1662	Annette MURPHY	Bridevale A.C.	F40	01:27:46	01:26:07
1663	John MAHER	Carraig-Na-Bhfear A.C.	M50	01:27:47	01:26:00
1664	Maria HARTY		F40	01:27:47	01:26:05
1665	Robyn ROCHE		FS	01:27:48	01:26:35
1666	Roisin LYNCH		FS	01:27:48	01:26:00
1667	Liam MCLEOD		M45	01:27:49	01:25:52
1668	Jamie POWER		MJ	01:27:51	01:25:44
1669	Patrick POWER		M40	01:27:51	01:25:44
1670	Joe FOGARTY	Clonmel A.C.	MS	01:27:52	01:26:02
1671	Tony O'DONOGHUE		MS	01:27:54	01:26:03
1672	Aisling GILDEA		F45	01:27:54	01:27:20
1673	Claire COSGRAVE	Mallow A.C.	F35	01:27:55	01:25:49
1674	Conor O'SULLIVAN		M40	01:27:55	01:27:55
1675	David HURLEY	St. Finbarrs A.C.	M50	01:27:56	01:26:01
1676	Amy WINTERS		FJ	01:27:56	01:26:39
1677	James WINTERS		MJ	01:27:57	01:26:42
1678	Sean MORLEY		MS	01:27:57	01:24:41

1679	Cathy HARTLEY COLEMAN	Watergrasshill A.C.	F50	01:27:57	01:26:30
1680	Kasia JURKIEWICZ		F35	01:27:58	01:25:17
1681	Seán DEASY		M40	01:27:59	01:27:08
1682	Mary FOX		F45	01:27:59	01:26:14
1683	Oliver LEAHY		M45	01:27:59	01:25:55
1684	David MCNALLY	West Waterford A.C.	M55	01:28:00	01:26:01
1685	Mairead FOLEY		F50	01:28:01	01:27:03
1686	Seán CASEY	Youghal A.C.	MS	01:28:02	01:26:05
1687	Nuala COOPER-MURPHY	Youghal A.C.	F40	01:28:03	01:26:32
1688	Don O'BRIEN		M55	01:28:04	01:28:04
1689	Brigid HEANEY		F40	01:28:04	01:26:12
1690	Annette COMERFORD		F50	01:28:05	01:25:17
1690	Lorena MOONEY		F45	01:28:05	01:25:48
1692	Vasiliy NEUMERZHITSKIY	Clonmel A.C.	M55	01:28:05	01:26:45
1693	Máire MARSHALL	Ballymore Cobh A.C.	F45	01:28:06	01:25:47
1694	Liz FOLEY	St. Nicholas A.C.	F50	01:28:08	01:26:25
1695	Francis MURRAY		M45	01:28:09	01:27:47
1696	James MURPHY		MS	01:28:09	01:25:23
1697	Karen DARCY		F35	01:28:11	01:26:09
1698	Deb O'DONOVAN	West Muskerry A.C.	F45	01:28:14	01:26:05
1699	Richard BARRETT		MS	01:28:17	01:25:54
1700	Niall HERLIHY		MS	01:28:17	01:25:34
1701	Éibhín HEALY		FS	01:28:20	01:26:38
1701	Pádraig NOLAN		M50	01:28:20	01:26:56
1703	Margaret POWER	Carrick-on-Suir A.C.	F65	01:28:20	01:26:29
1704	Fergus NUGENT		M40	01:28:21	01:27:06
1705	Jenna LEETCH	St. Nicholas A.C.	F40	01:28:22	01:26:40
1706	Maurice O'MAHONY	Youghal A.C.	MS	01:28:23	01:26:21
1707	Olivia MCDERMOTT	Kilkenny City Harriers A.C.	F45	01:28:24	01:26:26
1708	Gerry MORA KELLY		MS	01:28:25	01:25:55
1709	Kieran KENNEDY		M40	01:28:26	01:26:00
1710	Gabrielle POWER		F50	01:28:27	01:27:00
1711	Alan SHEEHAN		MS	01:28:29	01:26:07
1712	Stephen MURPHY	Mallow A.C.	M65	01:28:29	01:26:22
1713	Sharon GOLDSMITH	Limerick Country Club A.C.	F55	01:28:31	01:26:43
1714	Noel RYAN	Clonmel A.C.	M45	01:28:33	01:26:32
1715	Mary TOOHEY		F40	01:28:33	01:26:43
1716	Michéal O'BRIEN	Aghada Running Club A.C.	M40	01:28:34	01:26:48
1717	Noreen COTTER		F40	01:28:35	01:26:42
1718	James COTTER		M40	01:28:35	01:26:41
1719	Simone TINERI		M40	01:28:35	01:25:14
1720	Eoin WALSH	West Waterford A.C.	MS	01:28:36	01:27:05
1721	Joe MURPHY		M40	01:28:37	01:26:42
1722	Chris HICKSON		M50	01:28:37	01:27:22
1723	Liam O'SULLIVAN	St. Finbarrs A.C.	M60	01:28:40	01:27:50
1724	Anthony WALSH		M60	01:28:41	01:26:20
1725	Emer LEAHY		F50	01:28:44	01:26:37
1726	Eileen HEFFERNAN	West Waterford A.C.	F60	01:28:44	01:26:23
1727	Michael DALY		MS	01:28:44	01:27:38
1728	Roisin TOBIN		FS	01:28:45	01:26:33
1729	Aonghus Ó RAGHNAIGH		M40	01:28:46	01:26:42
1730	Andrea GAFFNEY	West Waterford A.C.	F55	01:28:47	01:27:11
1731	Kenneth POWER	Grange Fermoy A.C.	M40	01:28:48	01:26:42
1732	Geraldine HARTNETT		F40	01:28:49	01:27:08
1733	Joanne O'CALLAGHAN	Grange Fermoy A.C.	F45	01:28:49	01:26:38
1734	Annmari SWEENEY	Grange Fermoy A.C.	F35	01:28:49	01:26:39
1735	Shane LILLIS	Dooneen A.C.	M45	01:28:51	01:26:13
1736	Maria JOHNSON		F40	01:28:51	01:26:43

1737	Bregeen MURPHY	Kilkenny City Harriers A.C.	F55	01:28:51	01:26:36
1738	Deirdre SCOTT	Kilkenny City Harriers A.C.	F55	01:28:51	01:26:35
1739	Leanne DOYLE		F35	01:28:52	01:27:53
1740	Laura O'BRIEN		FS	01:28:52	01:26:45
1741	Virge CONNERY		F40	01:28:53	01:26:59
1742	Grzegorz KECIK	Clonmel A.C.	M45	01:28:53	01:27:35
1743	George STEDMAN		M50	01:28:54	01:28:09
1744	Sue SILKE		F40	01:28:54	01:27:13
1745	Phillipa CARNEY	Saturday Road Runners	F55	01:28:55	01:27:28
1746	Una DUFFY		F40	01:28:55	01:28:24
1747	Marjorie PACKHAM	Carrigaline A.C.	F45	01:28:55	01:26:57
1748	Max HARVEY		MS	01:28:58	01:26:38
1749	Cian BOHANE		MS	01:29:00	01:26:53
1750	Stephanie MORRIS		F35	01:29:01	01:27:15
1751	Alina NEUMERZHITSKAYA	Clonmel A.C.	FS	01:29:03	01:27:42
1752	Brian MCGUCKIN	Crusaders A.C.	M50	01:29:04	01:27:51
1753	Jamie OLDEN		M45	01:29:05	01:27:18
1753	Conor SHALLOE		M50	01:29:05	01:27:17
1755	Barry GUINEY		M50	01:29:06	01:27:17
1756	Martin DUFFY	Dolmen A.C.	M55	01:29:06	01:27:09
1757	Killian LOONEY	Dolmen A.C.	M40	01:29:06	01:26:51
1758	Anthony HARTE		M45	01:29:06	01:27:20
1759	Jack OKEEFFE		M40	01:29:06	01:26:28
1760	Louise LANE		F40	01:29:08	01:27:25
1761	Ted RYAN	Gowran A.C.	M45	01:29:09	01:27:02
1762	Adam CARROLL		MS	01:29:09	01:26:46
1763	Kiara TANNER	Carrigaline A.C.	F35	01:29:09	01:27:11
1764	Terry CORCORAN	Grange Fermoy A.C.	M45	01:29:10	01:27:12
1765	Jacqueline SHEEDY		F45	01:29:11	01:27:16
1766	Sinead O'LEARY	Carraig-Na-Bhfear A.C.	F40	01:29:11	01:27:04
1766	James BILSON		M45	01:29:11	01:27:39
1768	Fergal HARTE		M50	01:29:12	01:26:04
1769	Oliver RYAN		M45	01:29:12	01:26:44
1770	Martin LYNCH		M45	01:29:13	01:27:22
1771	Kieran FOX		MS	01:29:13	01:26:51
1772	Aisling ELY		F45	01:29:14	01:26:56
1773	Claire DIREEN		F50	01:29:14	01:26:36
1774	Ken BISHOP		M40	01:29:14	01:27:30
1775	Teresa O'LOUGHLIN		F50	01:29:16	01:26:44
1776	Stephen MURPHY	Aghada Running Club A.C.	M40	01:29:16	01:27:10
1777	Ed COONEY		M55	01:29:17	01:26:45
1778	Jean PURCELL		F45	01:29:17	01:26:49
1779	Billy MONAHAN		MS	01:29:17	01:27:06
1780	Eddie MEEGAN	Clonmel A.C.	M50	01:29:17	01:27:18
1781	James LEAHY		MS	01:29:17	01:26:49
1782	Alan WONG	Eagle A.C.	MS	01:29:18	01:26:53
1783	Brian LEAHY		MS	01:29:18	01:26:50
1783	Gerard BURKE	St. Nicholas A.C.	M45	01:29:18	01:27:52
1785	Des O'ROURKE		MS	01:29:18	01:28:08
1786	Michael RYAN		M50	01:29:19	01:26:42
1787	Noel KERR		M60	01:29:20	01:27:57
1788	Colin PUNCH		MS	01:29:20	01:27:17
1789	Sophie MCGRATH		FS	01:29:21	01:28:03
1790	Pj HOLMES	Dundrum A.C.	M65	01:29:22	01:27:50
1790	Martina LANDERS	Youghal A.C.	F50	01:29:22	01:27:18
1792	John WALSH	Ballymore Cobh A.C.	M55	01:29:23	01:26:41
1793	Audrey QUIGLEY		F45	01:29:24	01:26:59
1794	Sinead KENNEDY		F45	01:29:24	01:26:59

1795	Richie MCGRATH	Cobh Tri Club	M45	01:29:25	01:27:27
1796	Triona HAYES	Ballymore Cobh A.C.	F50	01:29:25	01:27:29
1797	Susannah SEXTON		FS	01:29:25	01:28:51
1798	Charles WALKER		M45	01:29:27	01:28:02
1799	Paul EVANS		M65	01:29:28	01:27:00
1800	Timmy O'CONNELL	Liscarroll	MS	01:29:29	01:27:56
1801	Jack HERRING		MS	01:29:30	01:28:11
1802	David O'GORMAN		MS	01:29:31	01:27:27
1803	Peter FITTON		M40	01:29:31	01:27:27
1803	Ray MULREADY		M50	01:29:31	01:27:06
1805	George CARPENDALE	St. Senans A.C.	M45	01:29:32	01:27:57
1806	Aindreas LUCEY		M40	01:29:35	01:26:50
1807	Michael BREEN		MS	01:29:36	01:27:09
1808	Sinead O'DOHERTY	North Cork A.C.	F40	01:29:37	01:27:10
1809	Eilis FOX	Donoughmore A.C.	F50	01:29:41	01:27:21
1810	Caitriona GOGARTY	Cork Tri Club	F40	01:29:41	01:27:46
1811	Jesse OREGAN		MS	01:29:42	01:28:57
1812	Nicola KEELER	Aghada Running Club A.C.	F40	01:29:42	01:27:28
1813	Kate CROWLEY		FS	01:29:43	01:29:43
1814	Kevin O'KEEFFE	Ballymore Cobh A.C.	M40	01:29:43	01:27:14
1815	Sarah O'CONNELL		F35	01:29:43	01:27:57
1816	David KEELER	Aghada Running Club A.C.	M40	01:29:44	01:27:29
1817	Adrian SHEEHAN	BOC Gases	M50	01:29:44	01:28:28
1818	Claire O'HANLON	Tara A.C.	F40	01:29:45	01:28:25
1819	Cathy FARRELL		F55	01:29:45	01:27:30
1820	Fergal CLIFFORD		M45	01:29:45	01:27:05
1821	Eddie HOYNE	Tullaroan A.C.	M65	01:29:48	01:28:34
1821	Gemma BARRY		F40	01:29:48	01:27:31
1823	David POWER		M40	01:29:49	01:27:40
1824	Anita BANE		F50	01:29:51	01:27:35
1825	Felicity MCGRATH	Aghada Running Club A.C.	F45	01:29:51	01:27:21
1826	Emer O'SHAUGHNESSY	Kilkenny City Harriers A.C.	F50	01:29:53	01:29:03
1827	Pat WALSH	Pat Walsh Running	M60	01:29:53	01:27:38
1828	Kevin HIGGINS	Mount Hillary A.C.	M55	01:29:54	01:27:19
1828	Niamh NI OGAIN		F40	01:29:54	01:27:59
1830	Paul COSTELLO		M50	01:29:55	01:27:40
1831	Mary DILLON		FS	01:29:55	01:27:22
1832	Josie UÌ CHUIRRÌN	West Waterford A.C.	F60	01:29:58	01:28:44
1833	Caroline O'DONNELL		F55	01:30:00	01:26:51
1834	Helena BROWNE	Slaney Olympic A.C.	F50	01:30:01	01:27:51
1835	Pat LENNON		M60	01:30:07	01:28:00
1836	John LACY		M50	01:30:09	01:27:46
1837	Lisa BARROW	Mallow A.C.	F40	01:30:10	01:28:03
1838	Adrian HEFFERNAN		MS	01:30:10	01:28:08
1839	Daniel WOODS	Carrigaline A.C.	MS	01:30:11	01:28:12
1840	Alison CROWLEY		FS	01:30:11	01:28:06
1841	Johnny GLYNN	Croghan A.C.	M60	01:30:12	01:28:22
1842	Darragh COSTELLOE		MS	01:30:14	01:27:32
1843	Barry CANTWELL		M50	01:30:15	01:28:55
1844	Alison BENNETT	United Striders A.C.	F45	01:30:15	01:27:46
1845	Celine MORLEY		F50	01:30:15	01:28:50
1846	Brian ORMONDE	West Waterford A.C.	M50	01:30:16	01:27:59
1847	Catherine REDMOND	United Striders A.C.	F60	01:30:17	01:28:53
1848	Lynda MADDEN	Clonmel A.C.	F50	01:30:17	01:27:59
1849	Catherine RONAN	United Striders A.C.	F55	01:30:17	01:27:49
1850	Shane COLLINS	Leevale A.C.	MS	01:30:18	01:27:32
1851	Aidan BROWNE	Midleton A.C.	M40	01:30:18	01:28:32
1852	Liam PRENDERGAST		M45	01:30:19	01:27:12

1853	Siobhain O'FLYNN	Bandon A.C.	F40	01:30:19	01:28:09
1854	Catherine CLANCY	St. Catherine's A.C.	F55	01:30:19	01:28:25
1855	Chris O'DONOVAN		MS	01:30:20	01:26:56
1856	Rebecca O'SULLIVAN		FS	01:30:21	01:28:04
1857	Sabina SWEENEY	Slaney Olympic A.C.	F50	01:30:22	01:28:12
1858	Vincent BUCKLEY	Donoughmore A.C.	M50	01:30:22	01:27:55
1858	Aoife O'SULLIVAN	Donoughmore A.C.	F40	01:30:22	01:27:47
1860	Enda KENDRICK		MS	01:30:22	01:28:22
1861	Ian O'BRIEN		M40	01:30:24	01:28:17
1861	Gillian O'MAHONY		F45	01:30:24	01:28:31
1863	Luke O'DONOVAN	Bantry A.C.	M40	01:30:25	01:28:32
1864	Orla MORRISSEY	Kilkenny City Harriers A.C.	FS	01:30:26	01:27:55
1865	Marie KEHOE	Eagle A.C.	F45	01:30:26	01:28:28
1866	Aisling MCCARTHY		FS	01:30:26	01:28:25
1867	Tara SMITH	Carrigaline A.C.	F45	01:30:27	01:28:28
1868	David CULLINANE	Finisk Valley A.C.	M50	01:30:28	01:27:56
1869	David TOBIN	Cork Tri Club	MS	01:30:29	01:28:37
1870	Orla AHERN		FS	01:30:29	01:28:10
1871	Paul HURLEY		M40	01:30:29	01:27:41
1872	Karen BATTYE		F40	01:30:29	01:28:37
1873	Cathal E GLEESON	West Waterford A.C.	M45	01:30:30	01:28:17
1874	Niamh AHERNE	Mallow A.C.	F45	01:30:31	01:28:26
1875	Lorraine O'SHEA		FS	01:30:31	01:28:19
1876	Jim O'DONNELL	Cahir Meet & Train	M65	01:30:32	01:28:26
1877	Helena MANNING		F40	01:30:33	01:28:48
1878	Margaret O'CONNOR	Ballintotis Fit4Life A.C.	F45	01:30:33	01:28:48
1879	Margaret CAHILL	Slaney Olympic A.C.	F45	01:30:33	01:28:24
1880	Simone POWER	West Waterford A.C.	F45	01:30:34	01:27:07
1881	Karen TWOMEY		FS	01:30:34	01:27:58
1882	Sean ASPEL		MS	01:30:34	01:27:02
1883	Niamh KIDNEY		F40	01:30:34	01:28:42
1884	Paul MURPHY		M50	01:30:35	01:29:33
1885	Colin MULCAHY		MS	01:30:37	01:27:41
1886	Dee KIELY		F45	01:30:37	01:28:22
1887	Alan HARNEY	West Waterford A.C.	M40	01:30:37	01:27:45
1888	Emma O'CONNOR		F40	01:30:37	01:27:15
1889	Paul BOLGER	New Ross Tri Club	MS	01:30:38	01:28:26
1890	Fay FITZPATRICK		FS	01:30:39	01:29:46
1891	Georgina CUNNINGHAM	St. Catherine's A.C.	F45	01:30:39	01:29:08
1892	Gloria BOLES	Cahir Meet & Train	F40	01:30:40	01:28:34
1893	Tom BRENNAN		M60	01:30:40	01:28:29
1894	Melissa BRENNAN		F50	01:30:40	01:28:29
1895	James FOGARTY		M45	01:30:40	01:28:24
1896	Colm SHEPPARD		M50	01:30:41	01:28:16
1897	Damien BUCKLEY		MS	01:30:41	01:28:19
1898	Michael CARROLL		MS	01:30:42	01:28:08
1899	Ihor LISNYCHUK		MS	01:30:42	01:28:08
1900	Fergal O'FARRELL		M45	01:30:42	01:28:23
1901	Danny WEST		MS	01:30:44	01:28:04
1902	Jack LANG		MS	01:30:44	01:28:23
1903	Elaine FLAVIN		FS	01:30:44	01:28:31
1904	Pauline CONDON		F40	01:30:44	01:29:13
1905	Michelle KEARNEY		FS	01:30:45	01:29:13
1906	Thomas CAULFIELD	Waterford A.C.	M50	01:30:46	01:29:37
1907	Martina IVORS	Dualla Ballytarsna Boherlahan A.C	F45	01:30:46	01:28:35
1908	Fiona MCGUINNESS		F40	01:30:46	01:28:25
1909	Diane BENNETT	West Waterford A.C.	F35	01:30:47	01:29:21
1910	Aifric BROWNE	Saturday Road Runners	F35	01:30:47	01:29:16

1911	Ciara MEEHAN	Clonmel A.C.	F50	01:30:48	01:28:15
1912	Marion O'CALLAGHAN		F40	01:30:48	01:28:28
1913	Divina CAREY		F40	01:30:48	01:28:28
1914	Kamila JAKUBOWSKA-ŚWITAJ	Fota Island Running A.C.	F45	01:30:49	01:28:04
1915	Gemma HYLAND		F50	01:30:49	01:27:50
1916	Kieran WOLFE		M45	01:30:50	01:28:25
1917	Tara BRESLIN		FS	01:30:50	01:28:27
1918	Sylvie O'MAHONY	Youghal A.C.	M65	01:30:50	01:28:46
1919	Chris-Thomas DAY		MS	01:30:51	01:28:17
1920	Michelle DUNPHY		F45	01:30:51	01:28:02
1921	Eamon MOLONEY		M40	01:30:52	01:28:14
1922	Shania CASHIN	Lakeshore Striders A.C.	FS	01:30:53	01:29:11
1923	Deirdre GROGAN	Lakeshore Striders A.C.	F50	01:30:54	01:29:10
1924	John MOORE		M45	01:30:55	01:30:02
1925	Barry FITZGERALD		MS	01:30:55	01:28:04
1926	Brendan NUGENT		M50	01:30:57	01:28:44
1927	Bryan POWER		MS	01:30:58	01:28:50
1928	David BARRETT		MS	01:30:58	01:28:50
1929	Rebecca CASSIN	Clonmel A.C.	FS	01:30:58	01:28:25
1930	Andrea BONSEL		F55	01:31:00	01:29:28
1931	Caroline RUSSELL	West Waterford A.C.	F50	01:31:01	01:28:45
1932	Katriona HEASLIP	Carrigaline A.C.	FS	01:31:01	01:29:04
1933	Karyn KENNEDY		F40	01:31:01	01:28:41
1934	John ALCOCK		MS	01:31:02	01:28:43
1935	Catherine O'CONNOR	Mallow A.C.	F50	01:31:02	01:28:57
1936	Eoin MULLIGAN		MS	01:31:02	01:29:28
1937	Anthony GRAY	Team IP	M50	01:31:04	01:29:00
1937	Marie MCGANN WALSH	Aghada Running Club A.C.	F50	01:31:04	01:28:54
1939	Feargal O'BRIEN		MS	01:31:05	01:27:48
1939	Siobhan MINNOCK		F45	01:31:05	01:28:42
1941	Diarmuid LINEHAN		M55	01:31:07	01:29:50
1942	Barry LONERGAN		MS	01:31:08	01:29:00
1943	Catriona CROWE	West Waterford A.C.	F50	01:31:09	01:29:28
1944	Brian HEGARTY	Eagle A.C.	MS	01:31:09	01:29:38
1945	Joseph O'BRIEN		M55	01:31:10	01:28:45
1946	Conor O'BRIEN		MS	01:31:11	01:28:46
1947	Brigid RYAN		F50	01:31:11	01:28:56
1948	Martin NEMETH		M45	01:31:12	01:29:11
1949	Catherine BRITTON	Ballymore Cobh A.C.	F40	01:31:12	01:28:47
1950	Roisin DUNNE		FS	01:31:15	01:29:03
1951	Conor DAY		MS	01:31:15	01:28:41
1952	Oran HENNESSY		MS	01:31:15	01:28:53
1953	James COMMINS		M50	01:31:16	01:29:03
1954	Brienne LYNCH	West Waterford A.C.	F35	01:31:17	01:29:11
1955	Ellen BRENNAN	Barrow Harriers A.C.	F35	01:31:19	01:28:56
1956	Robbie BARRY		M40	01:31:19	01:28:57
1957	Bernie PHELAN	St. Joseph's A.C.	F50	01:31:20	01:29:39
1958	Mellissa MCCARTHY	Clonmel A.C.	F40	01:31:20	01:28:47
1959	Mary CAHILL	West Waterford A.C.	F50	01:31:22	01:29:21
1960	Rose BUCKLEY	Donoughmore A.C.	F35	01:31:23	01:29:30
1961	Pauline HANNAFIN	Ballymore Cobh A.C.	F50	01:31:24	01:28:59
1962	Colin FEELY		M50	01:31:24	01:30:24
1963	James BRENNAN		MS	01:31:24	01:29:11
1964	Adrienne MCGOVERN		F50	01:31:25	01:28:54
1965	Jim LUCEY	West Muskerry A.C.	M55	01:31:25	01:28:16
1966	Mary Therese O'FLYNN	Mallow A.C.	F45	01:31:25	01:29:19
1967	Sarah MURPHY		F40	01:31:25	01:29:07
1968	Denis CASHMAN		M50	01:31:26	01:29:06

1969	Teresa MOORE		F45	01:31:26	01:28:41
1970	Stephen MOORE	Carrigtwohill A.C.	M50	01:31:26	01:28:41
1971	Mary EGAN		F45	01:31:26	01:28:55
1972	Erica COUCH		F40	01:31:27	01:29:09
1973	Shane O'DWYER		MS	01:31:28	01:30:24
1974	Brianna COLFER		FS	01:31:28	01:29:13
1975	Sinead CROKE	United Striders A.C.	F40	01:31:29	01:28:59
1976	Fiona BURKE	Eagle A.C.	FS	01:31:29	01:29:31
1977	Lisa O'CONNELL	Youghal A.C.	F40	01:31:30	01:29:09
1978	Aishling MORAN	United Striders A.C.	F40	01:31:30	01:29:40
1979	Darren O'GRADY	Menapians A.C.	M45	01:31:31	01:29:24
1980	Martina LYNCH	Kilkenny City Harriers A.C.	F45	01:31:32	01:29:19
1981	Ken MCGRATH		M40	01:31:33	01:29:11
1982	Joseph CULLOTY	Watergrasshill A.C.	M40	01:31:34	01:28:48
1983	Adrian MURPHY		M45	01:31:35	01:30:27
1983	Trish BOLGER	United Striders A.C.	F50	01:31:35	01:30:34
1985	Paul CONDON	Clonmel A.C.	M55	01:31:36	01:29:18
1986	James DELEHANTY		M60	01:31:37	01:29:30
1987	Sinead KENNEDY	Clonmel A.C.	F55	01:31:37	01:29:03
1988	Vanessa CREMIN		F45	01:31:38	01:29:23
1989	Rose POWER	West Waterford A.C.	F50	01:31:41	01:29:26
1990	Carherine GUTHRIE	Tullaroan A.C.	F50	01:31:41	01:29:54
1991	Stephen POWER	West Waterford A.C.	MS	01:31:42	01:29:29
1991	Anne Marie COUGHLAN		F35	01:31:42	01:29:29
1993	Niamh MOLLOY		F45	01:31:43	01:29:34
1994	Ned O'BRIEN	Clonmel A.C.	M65	01:31:44	01:30:13
1995	Tom DORAN		M45	01:31:44	01:29:04
1996	Fergal GOUGH		M45	01:31:45	01:30:39
1997	Regina CRONIN	Mallow A.C.	F45	01:31:45	01:29:38
1998	Conor ARRIGAN		M50	01:31:47	01:28:57
1999	Roisin COOGAN		F40	01:31:47	01:29:19
2000	Magdalena BIERNAT		F40	01:31:48	01:30:56
2001	Pat O'CONNELL		M45	01:31:48	01:30:40
2002	Cian DALTON	Carrigaline A.C.	MS	01:31:49	01:29:06
2003	Susan DOHERTY		F45	01:31:49	01:29:12
2004	Luke WEST		MS	01:31:54	01:29:13
2005	Kevin MURPHY		M55	01:31:54	01:29:38
2006	Nicola MCNAMARA		F35	01:31:57	01:29:44
2007	Olivier GRAS		M55	01:32:00	01:30:30
2008	Martyn WALSH		M45	01:32:00	01:29:43
2009	Mary O'MAHONY	Youghal A.C.	F55	01:32:01	01:29:56
2010	Patrick O'FLYNN	Carrigaline A.C.	MS	01:32:03	01:29:21
2011	Geraldine BARRY	West Waterford A.C.	F45	01:32:05	01:29:46
2012	Anne HIGGINS		F45	01:32:06	01:29:35
2013	Paul MCGRATH	West Waterford A.C.	PACER	01:32:07	01:29:57
2014	Naomi ROYCROFT	Rosscarbery Steam Runners A.C.	F45	01:32:07	01:30:55
2015	Ted O'LEARY	West Waterford A.C.	PACER	01:32:08	01:29:57
2016	Thelma FOGARTY		F45	01:32:10	01:29:54
2017	Dean MCGUINNESS		MJ	01:32:11	01:29:46
2018	Ben SWAYNE		MJ	01:32:11	01:29:46
2019	Cormac O'KEEFFE		MS	01:32:12	01:29:51
2020	Orla SCANLAN		F35	01:32:14	01:30:03
2021	Owen POWER	West Waterford A.C.	M45	01:32:15	01:29:59
2022	Kieran DUNPHY		MS	01:32:19	01:30:22
2023	Kate DILLON DUNPHY		FS	01:32:19	01:30:22
2024	Marie SHEEHAN		F40	01:32:20	01:29:39
2025	Dominik CHECHELSKI		M40	01:32:21	01:29:13
2026	Brian O'TOOLE		MS	01:32:21	01:30:23

2027	Theresa HICKEY	Doneraile A.C.	F40	01:32:21	01:29:38
2028	Maeve PIGGOT	Tracton A.C.	F35	01:32:21	01:31:28
2029	Jim BUENAVENTURA		M50	01:32:22	01:30:30
2030	Philip FLYNN		M45	01:32:22	01:29:19
2031	Joe RYAN		M40	01:32:23	01:29:55
2032	Fergus O'HALLORAN	Togher A.C.	M50	01:32:24	01:30:10
2033	Rian O'DWYER	Sanctuary Runners	MS	01:32:24	01:29:41
2034	Jamie STEELE		MS	01:32:25	01:29:44
2035	Breda O'DONOVAN	Tracton A.C.	F50	01:32:26	01:30:08
2036	Paul TWOMEY		MS	01:32:26	01:31:17
2037	Liam SHERIDAN		M45	01:32:27	01:30:15
2038	Una MURPHY	Youghal A.C.	F45	01:32:31	01:30:14
2039	Marco COSENZA		M50	01:32:33	01:29:09
2040	Eoghan DREA		M40	01:32:34	01:29:54
2041	Micheál O'CHUIRRÍN	West Waterford A.C.	M60	01:32:35	01:30:31
2042	Una REIDY		F45	01:32:36	01:29:51
2043	Roisin O'CONNOR		FS	01:32:36	01:29:58
2044	Paul QUIRKE		M40	01:32:40	01:30:47
2045	Sarah PRENDERGAST		F40	01:32:41	01:30:52
2046	Danielle MCCARTHY	Kilbrittain Runners	F35	01:32:42	01:30:30
2047	Sharon O'BRIEN WALSH	Ballintotis Fit4Life A.C.	F45	01:32:45	01:30:22
2048	Kieran HEALY		MS	01:32:46	01:30:24
2049	Philip DUNNE		M55	01:32:46	01:30:02
2050	Joe BRENNAN		M50	01:32:46	01:30:01
2051	Gail WALSH	St. Senans A.C.	F45	01:32:46	01:31:11
2052	Eileen O'CONNELL	Carrick-on-Suir A.C.	F35	01:32:47	01:30:14
2053	Lauren FITZGERALD		FS	01:32:47	01:31:42
2054	Niall MURPHY		M45	01:32:47	01:30:11
2055	Billy O'KEEFFE		M40	01:32:52	01:31:16
2056	Tadhg LEONARD	Carrigaline A.C.	M65	01:32:54	01:30:56
2057	Cassandra FERNCOMBE		FS	01:32:56	01:30:49
2058	John HANRAHAN	St. Nicholas A.C.	M45	01:32:58	01:30:05
2059	Tomas HORGAN	West Waterford A.C.	M50	01:33:00	01:31:16
2060	Gerda COYNE	Mooreabbey Milers A.C.	FS	01:33:00	01:30:40
2061	Lauren WALSH KETT		FS	01:33:01	01:30:35
2062	Jenny NOLAN		F40	01:33:01	01:30:13
2063	Sara MULCAHY	Carrigaline A.C.	F50	01:33:02	01:30:23
2064	Sophie O'DONOVAN	Carrigaline A.C.	F40	01:33:02	01:31:01
2065	Helen BROWNE		F45	01:33:03	01:31:08
2066	Sujeet KARLE	Carrigaline A.C.	MS	01:33:04	01:31:20
2067	Bernadette TWOMEY	Midleton A.C.	F50	01:33:04	01:30:41
2067	David REGAN	West Waterford A.C.	M50	01:33:04	01:30:23
2069	Helene MCSWEENEY	Cork Track Club A.C.	F55	01:33:07	01:30:52
2070	Deirdre LANE		F40	01:33:08	01:30:48
2071	Ciara BUTLER		FS	01:33:09	01:30:52
2072	Liz NOLAN		F55	01:33:09	01:30:53
2073	Aideen WALSH		F40	01:33:09	01:30:53
2074	Leonie MERRICK	Ballyanly Runners	F50	01:33:10	01:30:48
2075	Paul CULBERT		M40	01:33:11	01:30:32
2076	Nicola DUNPHY		FS	01:33:11	01:31:40
2076	Colin HUNT	Blackrock A.C.	M50	01:33:11	01:30:33
2078	Ronan RYAN		MS	01:33:13	01:31:00
2079	Monica LAMBE		F45	01:33:18	01:30:31
2080	Darren BICKERSTAFF	Donoughmore A.C.	M40	01:33:21	01:30:52
2081	Arnold MANIAUL	Frontrunners Cork	MS	01:33:21	01:31:24
2082	Denise DONNELLY		F55	01:33:22	01:30:49
2083	Louise O'CONNOR	Dualla Ballytarsna Boherlahan A.C	F40	01:33:23	01:30:15
2084	Emma HOGAN		F40	01:33:25	01:31:07

2085	Shane KENNY		MS	01:33:26	01:30:55
2086	Late entry			01:33:31	01:30:54
2086	Angela MCCALL	Ballymore Cobh A.C.	F50	01:33:31	01:30:55
2088	Bernadette RYAN ROWE		F40	01:33:31	01:30:55
2089	Sean DALY		MS	01:33:31	01:30:07
2090	Laura MORRISSEY		FS	01:33:32	01:30:47
2091	Sinead DE BARRA	Ballymore Cobh A.C.	FS	01:33:32	01:31:04
2092	Aisling HEGARY		F55	01:33:33	01:30:55
2093	Lorraine QUIRKE		F45	01:33:35	01:31:14
2094	Paul SHANAHAN	Dundrum A.C.	M40	01:33:38	01:32:22
2095	Kathleen MULLIN	Croghan A.C.	FS	01:33:44	01:31:42
2096	Hilda LEADER GALVIN		F45	01:33:44	01:31:15
2097	Maria KEANE		F40	01:33:45	01:31:15
2098	Carrie WOOD		F40	01:33:45	01:30:53
2099	Aggie BUCKLEY	St. Coca's A.C.	FS	01:33:45	01:31:37
2100	Conor LEHANE	Buttevant A.C.	MS	01:33:47	01:30:45
2100	Eddie LEHANE	Buttevant A.C.	M50	01:33:47	01:30:45
2102	Robbie MULLIGAN	Bilboa A.C.	M45	01:33:47	01:30:13
2103	Dearbhaile HEALY		FS	01:33:48	01:31:56
2103	Peter O'LEARY		M40	01:33:48	01:31:16
2105	Anna FRAZER		F40	01:33:48	01:31:42
2106	Michelle CROSS	Carrigaline A.C.	FS	01:33:49	01:31:51
2107	Linda BRADFIELD	West Waterford A.C.	F50	01:33:50	01:32:16
2108	Sabrina HICKEY	Galtee Runners A.C.	F45	01:33:52	01:31:30
2109	Yvonne O'CONNELL	Carrigaline A.C.	F40	01:33:52	01:31:54
2110	Ken FORREST		M40	01:33:56	01:30:53
2111	Ursula MURPHY	St. Joseph's A.C.	F45	01:33:57	01:30:59
2112	Robert MARCHANT		M40	01:34:00	01:31:49
2113	James O'RIORDAN		M40	01:34:00	01:33:17
2114	Kate CLIFFE		FS	01:34:01	01:31:47
2115	Noel DELAHUNTY		MS	01:34:08	01:31:29
2116	Orla KEOGH	Slaney Olympic A.C.	F35	01:34:09	01:32:02
2117	Ayoma BOWE	Portlaoise A.C.	F45	01:34:09	01:32:21
2118	Sinead FITZGERALD		F50	01:34:10	01:32:19
2119	Kevin MCGUINNESS	Cahir Meet & Train	M45	01:34:10	01:32:42
2120	Jillian MALLON	Wibbles A.C.	F45	01:34:11	01:31:59
2121	Sean DUNNE	Carrick-on-Suir A.C.	M40	01:34:11	01:32:13
2122	Roger NOONAN		M45	01:34:13	01:31:01
2123	Sarah MCCARTHY		FS	01:34:14	01:31:46
2124	Sarah DELANEY	Croghan A.C.	F45	01:34:15	01:31:44
2125	Linda BARRY	United Striders A.C.	F45	01:34:15	01:33:22
2126	Denise DOYLE	St. Joseph's A.C.	F40	01:34:16	01:31:18
2127	Stephen LOONEY		M40	01:34:17	01:32:47
2128	Keith CREMEN		M40	01:34:19	01:34:19
2129	Trish O'KEEFFE	Doneraile A.C.	F45	01:34:19	01:31:36
2130	Mairead SHEEDY	Mallow A.C.	F40	01:34:20	01:32:13
2131	Mairead O'DONOVAN		F35	01:34:21	01:31:59
2132	Paul CONNOLLY		M55	01:34:21	01:31:54
2133	Mike HAYES		M45	01:34:22	01:31:46
2134	Jamie ORGAN		MS	01:34:22	01:32:08
2135	Claire KILGANNON	Youghal A.C.	F45	01:34:24	01:32:28
2136	Jenny O'SHEA		F35	01:34:25	01:33:01
2137	Grainne O'BRIEN	West Waterford A.C.	FS	01:34:26	01:31:51
2138	Angela BREE	West Waterford A.C.	F45	01:34:29	01:31:53
2139	Rosie MANSFIELD	West Waterford A.C.	F40	01:34:30	01:31:53
2140	Nuala CONNAUGHTON		F40	01:34:30	01:31:37
2141	Gillian WHELAN		F40	01:34:31	01:31:56
2142	Ray CROTTY		M45	01:34:32	01:32:10

2143	Ger CONNELLY		M40	01:34:32	01:31:38
2144	Donal O'DONOVAN		MS	01:34:33	01:31:56
2145	Michael ROESLER		MS	01:34:33	01:31:50
2146	Paul POWER	West Waterford A.C.	M40	01:34:35	01:32:42
2147	Maeve O'SULLIVAN		FS	01:34:36	01:31:14
2148	Carol MURPHY	Youghal A.C.	F45	01:34:38	01:32:43
2149	Sheila BYRNE		F55	01:34:41	01:31:48
2149	Margaret MURPHY	Togher A.C.	F55	01:34:41	01:31:54
2151	Georgia CONNON		FJ	01:34:42	01:32:05
2152	Emma HUTCHINSON		F40	01:34:43	01:32:06
2152	Cait DELANEY		FS	01:34:43	01:32:06
2154	Helen LEAHY	West Waterford A.C.	F40	01:34:45	01:32:41
2155	Maeve O'HAGAN	Watergrasshill A.C.	F35	01:34:46	01:33:04
2156	Tom MANSFIELD	West Waterford A.C.	M50	01:34:46	01:32:34
2157	Dori TALLENT		F35	01:34:47	01:32:06
2158	Carol O'SULLIVAN		F45	01:34:47	01:32:11
2159	Adrian CURTIN		MS	01:34:49	01:32:01
2160	Eamonn CURRAN	West Waterford A.C.	M50	01:34:52	01:32:30
2161	Aisling O'GORMAN		FS	01:34:53	01:34:00
2162	Orla FLEMING		F45	01:34:55	01:32:31
2163	Proinnsias O'KEEFFE	Eagle A.C.	M60	01:34:57	01:32:40
2164	Joe HARPUR		M45	01:35:00	01:32:30
2165	James KINGSTON		MS	01:35:00	01:33:06
2166	Isobel MINOGUE	Fethard A.C.	F55	01:35:01	01:32:12
2167	Marie O'ROURKE	Youghal A.C.	F35	01:35:03	01:32:43
2168	Ciaran DOYLE		MS	01:35:03	01:33:09
2169	Fiona LYNCH		F45	01:35:05	01:32:55
2170	Jj KEYES		M55	01:35:05	01:32:32
2171	Alan HOULIHAN		M40	01:35:07	01:32:47
2172	Martha PHELAN		F60	01:35:09	01:32:51
2173	Valerie COLLINS	Cork Tri Club	F45	01:35:11	01:32:53
2174	Jana MUDROCK		FS	01:35:14	01:32:42
2175	Loretta FENNELL		F55	01:35:22	01:33:19
2176	Ann MCCARTHY		F50	01:35:23	01:34:32
2177	Marie GILLMAN	Midleton A.C.	F55	01:35:24	01:33:00
2178	Jim WYSE		M55	01:35:25	01:32:59
2179	Katie FLOOD		FS	01:35:27	01:33:55
2180	Michael FLYNN		M60	01:35:27	01:33:16
2181	Morris TOBIN	Grange Fermoy A.C.	M70	01:35:27	01:33:16
2182	Caroline NOONAN		F45	01:35:28	01:33:07
2183	Philip NORRIS		M40	01:35:29	01:32:50
2184	Kenneth GEARY		M45	01:35:29	01:32:17
2185	Michael GEARY		M45	01:35:29	01:32:18
2186	Dan METZGER	Apple Running Club	M45	01:35:30	01:34:37
2187	Elenor CASEY	West Waterford A.C.	F50	01:35:31	01:33:30
2188	Andrew SMITH	Kilkenny City Harriers A.C.	M55	01:35:32	01:33:44
2189	Eamonn RONAN		MS	01:35:32	01:34:27
2190	Karen GILSENAN		F50	01:35:37	01:33:05
2191	Hannah MCMAHON		FS	01:35:38	01:32:49
2192	David BATES		MS	01:35:39	01:32:49
2193	Susan LYNE	Togher A.C.	F45	01:35:39	01:33:12
2194	Barbara O'MAHONEY	Mallow A.C.	F40	01:35:40	01:33:33
2195	Sinead HORGAN	Ballintotis Fit4Life A.C.	F40	01:35:42	01:33:59
2196	Breeda HERLIHY	Togher A.C.	F45	01:35:42	01:33:09
2197	Sarah DOYLE		F50	01:35:43	01:33:12
2198	Helene TALEC		FS	01:35:45	01:32:48
2199	Jo SCOBIE		F60	01:35:45	01:33:29
2200	Paul CASEY	West Waterford A.C.	M45	01:35:46	01:33:09

2201	Gerry O'BRIEN		M45	01:35:46	01:33:08
2202	Denise HOGAN		F40	01:35:49	01:33:38
2203	Catherine RYAN	Kilkenny City Harriers A.C.	F60	01:35:49	01:33:51
2204	Cian HEALY		MS	01:35:50	01:34:17
2205	Susan WALSH		F50	01:35:51	01:33:21
2206	Caroline MURPHY	United Striders A.C.	F40	01:35:52	01:34:50
2207	Nell LEAHY		F40	01:35:58	01:33:27
2208	Denise RYAN		F40	01:35:58	01:33:28
2209	Jacqui MURRAY	West Waterford A.C.	F35	01:36:00	01:33:17
2210	Ciara FALVEY		F45	01:36:01	01:34:12
2211	Michelle O'BRIEN		F35	01:36:02	01:33:22
2211	Laura FERGUSON		F35	01:36:02	01:33:21
2213	Marion COTTER		F40	01:36:02	01:33:41
2214	Rebecca THORNTON		FS	01:36:03	01:33:07
2215	Olan COLEMAN	Youghal A.C.	M50	01:36:03	01:33:58
2215	Marie LYONS	North Cork A.C.	F40	01:36:03	01:33:37
2217	Gearoid BUCKLEY	Hatchet AC	MS	01:36:05	01:32:42
2218	Tina NOONAN	United Striders A.C.	F50	01:36:06	01:35:05
2219	Rory MCCARTHY		M40	01:36:07	01:33:43
2220	Grainne TIERNEY		F45	01:36:09	01:34:16
2221	Adam HOULIHAN		MS	01:36:10	01:33:14
2222	Carmel DUNLEA		F40	01:36:11	01:33:30
2223	Jennifer KENNEDY		F45	01:36:12	01:33:50
2224	Lauren MAHER		FJ	01:36:15	01:33:12
2225	Clare O'REILLY	Clonmel A.C.	F35	01:36:16	01:33:38
2226	Denise CUNNINGHAM		F45	01:36:18	01:34:22
2227	Lisa FARRELL		F40	01:36:19	01:32:54
2228	Isabel FENTON		FS	01:36:22	01:33:25
2229	Rosemary MILTON		F35	01:36:22	01:33:24
2230	Noreen COLLINS		F55	01:36:22	01:33:23
2231	Emma NI NEILL	Ballintotis Fit4Life A.C.	FS	01:36:25	01:34:40
2232	Bernard BEATTY	West Waterford A.C.	PACER	01:36:26	01:33:52
2233	Eoghan DUNGAN		MS	01:36:27	01:34:13
2234	Stephanie COLEMAN		FS	01:36:29	01:34:33
2235	Deirdre QUISH	Mooreabbey Milers A.C.	FS	01:36:32	01:33:39
2236	Sinead RADLEY		F40	01:36:34	01:34:04
2237	Eimhin O'DRISCOLL		F45	01:36:35	01:33:28
2238	Deirdre O'SULLIVAN	Youghal A.C.	F35	01:36:36	01:33:55
2239	Molly BYRNE		F50	01:36:38	01:33:55
2240	Brendan FITZGERALD		M45	01:36:38	01:33:55
2241	Deirdre CRONIN		F35	01:36:40	01:34:56
2242	Ger NOLAN		M60	01:36:43	01:33:52
2243	Conor O'FLYNN		M50	01:36:44	01:34:24
2244	Martina BEECHINOR	West Waterford A.C.	F50	01:36:44	01:33:40
2245	Brian TWOHIG		M40	01:36:46	01:34:14
2246	Leah MCCABE		F35	01:36:46	01:34:08
2247	Victor TWOHIG		M50	01:36:46	01:34:14
2248	Betty O'RIORDAN	West Muskerry A.C.	F65	01:36:47	01:34:06
2249	Linda HANNON	Ballymore Cobh A.C.	F40	01:36:47	01:34:18
2250	Aisling KEAVENEY		FS	01:36:47	01:34:35
2251	Erica PERROTT	Ballymore Cobh A.C.	F45	01:36:47	01:34:22
2252	Olwyn REIDY	Fota Island Running A.C.	F45	01:36:49	01:34:04
2253	Verena FENLON	St. Joseph's A.C.	F50	01:36:49	01:34:01
2254	Mairead TYWANG		F40	01:36:51	01:34:16
2255	Conor NORRIS		MS	01:36:52	01:33:45
2256	Michael BARRON		M40	01:36:55	01:33:50
2257	Eddy HIGGINS	West Waterford A.C.	M55	01:36:56	01:34:37
2258	Gerard HANNON	West Limerick A.C.	MS	01:36:58	01:34:58

2259	Joan HALLEY		F55	01:36:58	01:34:56
2260	Micheál CROWLEY		M40	01:37:00	01:34:38
2261	Mary O'CONNELL	Doneraile A.C.	F50	01:37:01	01:34:18
2262	Morgan WOOD		FS	01:37:01	01:34:10
2263	Margaret LUCEY		F45	01:37:03	01:33:54
2264	Fiona O'BRIEN		F40	01:37:04	01:35:01
2265	Elaine O'KEEFFE		F45	01:37:06	01:35:19
2266	Kate KEOHANE		F35	01:37:06	01:35:15
2267	Anthony KIELY		M45	01:37:09	01:35:18
2268	Thomas AHERN		M45	01:37:12	01:35:04
2269	Claire RYAN	Dundrum A.C.	F45	01:37:13	01:34:23
2270	Tanya NOLAN-OWERS	Aghada Running Club A.C.	F40	01:37:14	01:34:42
2271	Patricia FORAN	United Striders A.C.	F55	01:37:14	01:36:15
2272	Linda REILLY	Portlaoise A.C.	F40	01:37:15	01:35:28
2273	Merve OZGUNER		FS	01:37:19	01:34:30
2274	Lucy CUNNINGHAM		F35	01:37:20	01:34:26
2275	Stephen PATTERSON		M45	01:37:22	01:34:53
2276	Shelley KEANE		F35	01:37:22	01:35:56
2276	John FLYNN	West Waterford A.C.	M55	01:37:22	01:36:06
2278	Patricja DALY	West Waterford A.C.	F45	01:37:25	01:34:21
2279	Kate WALL	Aghada Running Club A.C.	FS	01:37:25	01:35:25
2280	Liz CURTIN		F40	01:37:26	01:34:43
2281	Fiona RYAN	St. Joseph's A.C.	F40	01:37:26	01:35:45
2282	Lhyne GANADIN	Lucan Harriers A.C.	F50	01:37:27	01:35:44
2283	Noreen BICKERSTAFFE	Donoughmore A.C.	F40	01:37:28	01:34:54
2284	Jackie O'SULLIVAN		FS	01:37:33	01:34:40
2285	Chris BOLGER		M40	01:37:35	01:35:46
2286	Anita BEATTY	West Waterford A.C.	PACER	01:37:35	01:35:00
2287	Edward LONG	Ballintotis Fit4Life A.C.	M40	01:37:35	01:35:50
2288	Linda BOUSKINE		FS	01:37:36	01:36:56
2289	John LASTE	Clonmel A.C.	M60	01:37:36	01:35:19
2290	Kelsey MULLANE		FS	01:37:37	01:36:06
2291	Ian NEARY		MS	01:37:38	01:36:22
2292	Oonagh DUGGAN	Fota Island Running A.C.	F50	01:37:46	01:35:01
2293	Fay RYAN		F55	01:37:46	01:35:14
2294	Michael SMITH		MS	01:37:47	01:34:08
2295	David RYAN		M40	01:37:47	01:34:33
2296	Emer ALFRED		F50	01:37:52	01:37:26
2297	Michael DUNNE-SNR	St. Finbarrs A.C.	M75	01:37:53	01:36:25
2298	Aisling O'DONOVAN	St. Nicholas A.C.	FS	01:37:54	01:34:40
2299	Christopher O'DRISCOLL		M75	01:37:58	01:35:48
2300	David COLLINS		MS	01:38:00	01:35:38
2301	Ruadh Ó'FEARGHAIL	Clonakilty Road Runners A.C.	M50	01:38:01	01:35:23
2302	Lorraine HARRINGTON	United Striders A.C.	F40	01:38:02	01:35:33
2303	Deirdre CRONIN		F40	01:38:04	01:35:14
2304	Danilo VIANA GOTARDO		MS	01:38:04	01:35:40
2305	Brian O'REILLY		M40	01:38:05	01:35:40
2306	Ciara STAFFORD		F35	01:38:06	01:35:03
2307	Brigid BROWNE		F45	01:38:08	01:35:37
2307	Robbie PALMER		MS	01:38:08	01:35:30
2309	Shauna WALSH		FS	01:38:08	01:35:30
2310	Emma PEAGRAM		F40	01:38:09	01:35:34
2311	Niamh O'CALLAGHAN		FS	01:38:09	01:35:33
2312	David MURPHY		M45	01:38:11	01:37:52
2313	Trevor MOORE	Togher A.C.	M45	01:38:13	01:35:24
2314	Elaine MOORE	Togher A.C.	F40	01:38:13	01:35:25
2315	Brian DINEEN	Watergrasshill A.C.	MS	01:38:19	01:36:40
2316	Liz TABB	Fota Island Running A.C.	F40	01:38:20	01:35:36

2317	Michael DOOLEY	Eagle A.C.	M55	01:38:20	01:36:10
2318	Mary KINGSTON	Youghal A.C.	F45	01:38:21	01:36:10
2319	Late entry			01:38:23	01:36:09
2320	Duc Long DAO		MS	01:38:27	01:36:18
2321	Fionnuala O'SULLIVAN		F50	01:38:28	01:35:42
2322	Peggy MCCARTHY		F60	01:38:31	01:36:12
2323	Aaron FAHY		MS	01:38:32	01:36:04
2324	Claireann KELLEHER	Youghal A.C.	F40	01:38:32	01:36:11
2325	Áine MOONEY		FS	01:38:32	01:36:59
2326	Sean QUINN		M40	01:38:33	01:35:26
2327	Ann GILVARRY	West Limerick A.C.	F55	01:38:33	01:36:29
2327	Breda SHEEHAN		F50	01:38:33	01:35:52
2329	John BRADFIELD		M50	01:38:36	01:36:15
2330	Greg COLEMAN		M50	01:38:36	01:36:22
2331	Geraldine CROKE		F45	01:38:37	01:36:12
2331	Sean LEAHY	Ballintotis Fit4Life A.C.	M55	01:38:37	01:36:54
2333	Colm HOGAN		M50	01:38:37	01:35:38
2334	Seamus O'KEEFFE	Mallow A.C.	M50	01:38:38	01:37:22
2335	Jonny O'RIORDAN		M40	01:38:40	01:36:00
2336	Megan WALSH		FS	01:38:41	01:36:55
2337	Ciara O'CONNELL		F45	01:38:44	01:35:34
2338	Michelle NUGENT	Kilkenny City Harriers A.C.	F50	01:38:45	01:37:11
2339	Anne MCGUITE		F55	01:38:47	01:36:28
2340	Maeve BUCKLEY		F50	01:38:49	01:34:50
2341	Jennifer CLERY	Togher A.C.	FS	01:38:51	01:35:46
2342	Emer FITZPATRICK		F35	01:38:55	01:35:32
2343	David KEHOE		M40	01:38:57	01:36:06
2344	Theo KEARNEY		M45	01:39:00	01:36:19
2345	Eimear LYONS		FS	01:39:01	01:36:29
2346	Jessica O'SHEA		F40	01:39:02	01:36:02
2347	Marie STAUNTON	Drogheda Tri Club	F55	01:39:03	01:37:12
2348	Bill FOUHY		M50	01:39:03	01:36:16
2349	Mags MOYNIHAN	Tracton A.C.	F50	01:39:03	01:35:56
2350	Jim O'BRIEN	West Waterford A.C.	M50	01:39:04	01:35:58
2351	Gavin MCSWEENEY		M40	01:39:05	01:36:21
2352	Jackie VARLEY	Kilkenny City Harriers A.C.	F50	01:39:06	01:36:16
2353	Deirdre FALLON	Mount Hillary A.C.	F35	01:39:07	01:36:33
2354	Annis KEHOE	Slaney Olympic A.C.	F65	01:39:07	01:35:58
2355	Pat CAREY	An Bru A.C.	M45	01:39:07	01:36:32
2356	Maura O'SULLIVAN	Mount Hillary A.C.	F50	01:39:08	01:36:44
2357	Gary NOLAN		M40	01:39:09	01:36:40
2358	Thomas CLIFFE	Youghal A.C.	MS	01:39:09	01:36:40
2359	Aideen FITTON	Carrigaline A.C.	FS	01:39:11	01:37:09
2360	Barry WALSH		MS	01:39:11	01:37:40
2361	Elaine BUTLER		F45	01:39:12	01:36:22
2362	John LEAHY	Clonmel A.C.	M50	01:39:12	01:37:11
2363	Victor DIREEN		M50	01:39:12	01:36:34
2364	Kevin O'SULLIVAN		M45	01:39:13	01:36:58
2365	Fergal CONDON		M40	01:39:14	01:36:58
2366	William KELLY		M40	01:39:14	01:35:48
2367	Thomas MOLONEY		M45	01:39:18	01:35:38
2368	John STEVENSON		M40	01:39:18	01:36:35
2369	Cait TWOHIG	Carrigaline A.C.	F50	01:39:22	01:37:24
2370	Paula KELLY		F45	01:39:27	01:37:06
2371	John O'KEEFFE	Kinsale Tri Club	M50	01:39:28	01:36:07
2372	Des MCCARTHY	Kilbrittain Runners	MS	01:39:29	01:37:16
2373	Patrick O'LEARY	Shandrum A.C.	MS	01:39:36	01:38:27
2374	Frances MURPHY		F35	01:39:37	01:37:38

2375	Anthony DWYER	West Waterford A.C.	M65	01:39:37	01:37:19
2376	Sean CORCORAN		M55	01:39:38	01:38:55
2377	Tadhg MCCABE		M40	01:39:40	01:37:02
2378	Claire MOLONEY		F40	01:39:41	01:36:51
2379	Donna FROST		F40	01:39:46	01:36:19
2380	Billy KERTON		M40	01:39:50	01:37:31
2381	Emma POWER		F55	01:39:55	01:37:29
2382	Amy DUGGAN		FS	01:39:57	01:38:42
2383	Vera MCCARTHY		F50	01:39:58	01:37:13
2384	Vicky MOODY		F35	01:40:03	01:37:26
2385	Roisin MAWBY		FS	01:40:03	01:38:48
2385	Jean BERESFORD	West Waterford A.C.	F55	01:40:03	01:37:24
2387	Vicki WAHLBERG		F40	01:40:04	01:37:27
2388	John WOODS	West Waterford A.C.	M40	01:40:04	01:36:59
2389	David ROCHE		M40	01:40:07	01:37:39
2390	Barry LYNCH	Marble City Cyclers	M55	01:40:10	01:39:09
2391	Michelle CUNNINGHAM	West Waterford A.C.	F40	01:40:10	01:37:07
2392	Fiona ORMONDE	West Waterford A.C.	F45	01:40:11	01:37:08
2393	Denise MOLONEY		F40	01:40:12	01:38:18
2394	Deirdre O'BRIEN	Doneraile A.C.	F35	01:40:13	01:37:30
2395	Bridie WALSH		F55	01:40:13	01:37:46
2396	Michael PRATT	Grange Fermoy A.C.	M60	01:40:13	01:37:08
2397	Simone SAAB		F40	01:40:14	01:36:46
2398	Catherine SCULLY	Ballintotis Fit4Life A.C.	F40	01:40:15	01:37:52
2399	Valerie WALSH	Ballintotis Fit4Life A.C.	F45	01:40:15	01:37:51
2399	Joanne KELLIHER	Ballintotis Fit4Life A.C.	F40	01:40:15	01:37:51
2401	Zita WALSH		F40	01:40:16	01:36:47
2402	David HALLEY		MS	01:40:16	01:38:08
2403	Louise SPILLANE		FS	01:40:17	01:38:46
2404	Geraldine SINNOTT	West Waterford A.C.	F45	01:40:26	01:37:34
2405	Catherine DUNNE		F50	01:40:29	01:38:26
2406	Pdraig SWEENEY		MS	01:40:30	01:39:31
2407	Mary BOYCE	Mount Hillary A.C.	F50	01:40:33	01:37:59
2408	Una FORAN		F40	01:40:33	01:37:31
2409	Thomas YELVERTON	Happy Feet Blarney	M45	01:40:35	01:37:22
2410	Olivere MAHER		F50	01:40:35	01:37:32
2411	Clare MOFFAT		F40	01:40:35	01:37:30
2412	Lynda MCGRATH		F35	01:40:36	01:37:20
2413	Josephine JOY		F60	01:40:42	01:38:39
2414	Catherine GALVIN		F40	01:40:43	01:37:40
2415	Susan O'LEARY	Togher A.C.	F45	01:40:44	01:37:39
2416	Pat HAYES	Dundrum A.C.	M60	01:40:45	01:38:20
2417	Cara MULLANEY		FS	01:40:48	01:38:15
2418	Niamh QUIRKE		F40	01:40:48	01:38:43
2419	Dolores BEVAN	Wibbles A.C.	F50	01:40:50	01:37:51
2420	Emma KEOHANE		FS	01:40:54	01:39:02
2421	Colin BUSER	Nearly There Now Runners	M50	01:40:56	01:37:58
2422	Daniel KINGSTON		M65	01:41:01	01:39:06
2423	Patrick GILMURRAY		M45	01:41:02	01:38:02
2424	Nicky AHEARNE		M50	01:41:12	01:38:41
2425	Lorraine DIXON		F50	01:41:13	01:38:21
2426	Oonagh COLEMAN		F60	01:41:15	01:38:11
2427	Kaye MAHER		F50	01:41:15	01:40:24
2428	Sandra COUGHLAN	Fota Island Running A.C.	F55	01:41:17	01:39:25
2429	Jamie BUTLER		MS	01:41:17	01:38:40
2430	Joanne CONDON		F40	01:41:19	01:38:21
2431	Kate COMISKEY		F60	01:41:22	01:38:12
2432	Brenda HARRIS		F55	01:41:26	01:38:32

2433	Thomas PHELAN		M40	01:41:27	01:38:57
2434	Ailish BRANNIGAN	Castlecomer A.C.	F45	01:41:28	01:38:01
2435	Ruth DAVIES	Huffers & Puffers	F35	01:41:29	01:39:04
2436	Claire ASPEL		F35	01:41:30	01:38:25
2437	Ber SISK		F45	01:41:33	01:38:35
2438	Mark FULLER	Midleton A.C.	M50	01:41:34	01:38:31
2439	Patricia FOSKIN	St. Senans A.C.	F65	01:41:35	01:40:00
2440	Dervla DUHIG	West Waterford A.C.	FS	01:41:38	01:38:32
2441	Mary PHELAN		F40	01:41:43	01:39:13
2442	Niamh COLLINS	West Waterford A.C.	FS	01:41:49	01:39:36
2443	Helen DEVERY	Ballymore Cobh A.C.	F50	01:41:50	01:38:53
2444	Ciara DOOLAN		FS	01:41:51	01:39:09
2445	Michelle CAREY		F45	01:41:54	01:39:00
2446	Edwina WALSH	Donoughmore A.C.	F45	01:41:54	01:39:19
2447	Mary HINCHY		F65	01:41:54	01:39:01
2448	Orla BUSTEED	Tracton A.C.	F55	01:41:56	01:38:50
2449	Eamonn ENGLISH	Clonmel A.C.	M60	01:41:58	01:39:27
2450	Barry SLYE	Carrigaline A.C.	M40	01:41:59	01:40:02
2451	Aoife O'MAHONEY	Eagle A.C.	F35	01:42:01	01:39:15
2452	Mairead MURPHY		F35	01:42:03	01:39:16
2453	Roisin O'DWYER	Kilkenny City Harriers A.C.	F45	01:42:05	01:39:13
2454	Patricia HOGAN	Youghal A.C.	F50	01:42:05	01:39:17
2455	Aine CROSSE	Dualla Ballytarsna Boherlahan A.C.	F45	01:42:09	01:39:00
2456	Tracey FENNELL		F35	01:42:09	01:39:36
2457	Cheryl BOXALL		F50	01:42:09	01:39:08
2458	Miriam QUEALLY		FS	01:42:10	01:39:09
2459	Fernando BURGO		MS	01:42:10	01:39:25
2460	John COTTER		M40	01:42:10	01:39:47
2461	Joanne MURPHY	Slaney Olympic A.C.	F40	01:42:12	01:39:02
2462	Simon O'CALLAGHAN		M50	01:42:13	01:38:50
2463	Len SLYE		M50	01:42:13	01:38:51
2464	Denis FITZGERALD	Watergrasshill A.C.	MS	01:42:22	01:40:43
2465	Jimmy BERESFORD		M55	01:42:23	01:39:43
2466	Lee MCGRATH		F35	01:42:23	01:39:09
2466	Eilish MANTLE	Croghan A.C.	F40	01:42:23	01:39:54
2468	Brendan TOBIN	Glounthaune A.C.	M50	01:42:26	01:40:22
2469	Anne COOPER		F45	01:42:30	01:40:19
2470	Mj COOPER		M45	01:42:30	01:40:19
2471	Yvonne GOUGH	Togher A.C.	F55	01:42:30	01:39:22
2472	Deirdre GLYNN	Mallow A.C.	F55	01:42:31	01:39:19
2473	Anne Marie FIDGEON	Raheny Shamrock A.C.	F50	01:42:32	01:39:44
2474	Francis DWANE	West Waterford A.C.	M55	01:42:32	01:39:36
2475	Sheevaun THOMPSON		F50	01:42:32	01:39:45
2476	Michelle FOLEY	United Striders A.C.	F45	01:42:35	01:39:45
2477	Caroline KIRWAN		F35	01:42:36	01:39:42
2478	Tasha LANIGAN	West Waterford A.C.	F45	01:42:37	01:39:42
2479	Mairead CARMODY		F35	01:42:38	01:39:45
2480	Brian HEALY	West Waterford A.C.	M55	01:42:38	01:41:59
2481	Margaret O'CONNELL	Ballymore Cobh A.C.	F45	01:42:38	01:39:41
2482	Eoin MURPHY		MS	01:42:40	01:39:47
2483	Lynda HIGGINS	St. Joseph's A.C.	F45	01:42:42	01:41:00
2484	Rosemary VAN DER VALK		F60	01:42:46	01:39:34
2484	Pauline HARTLEY		F45	01:42:46	01:39:33
2486	Donal LEAHY	West Limerick A.C.	M60	01:42:46	01:40:24
2487	Louise MURPHY	Youghal A.C.	F40	01:42:47	01:40:27
2488	Sheila O'NEILL	West Waterford A.C.	F40	01:42:47	01:39:43
2489	Kerrie Uí MHURCHADHA		F35	01:42:53	01:41:13
2490	Grace COURTNEY		FS	01:42:54	01:39:36

2491	Kate O'SULLIVAN		FS	01:42:57	01:41:25
2492	Mick CONCANNON	West Waterford A.C.	PACER	01:42:59	01:39:56
2493	Fern POWER	West Waterford A.C.	F35	01:43:03	01:39:52
2494	John MARTIN	Mallow A.C.	M55	01:43:07	01:40:34
2495	Paul LANIGAN		M50	01:43:08	01:40:05
2496	Berenice KELLY		F50	01:43:08	01:39:58
2496	Mags CREEDON		F55	01:43:08	01:39:58
2498	Brian BUCKLEY		M40	01:43:10	01:39:54
2499	Fiona BYRNE	Croghan A.C.	F50	01:43:11	01:40:15
2500	Susan MOORE	Clonmel A.C.	F50	01:43:13	01:40:08
2501	Ger Jnr O'CONNELL		MS	01:43:16	01:41:32
2502	Aoife BRADLEY	West Waterford A.C.	F40	01:43:19	01:40:07
2503	Aoife DENNEHY		FS	01:43:25	01:41:39
2504	Sinead COFFEY	Portlaoise A.C.	F45	01:43:26	01:41:37
2505	Ellen O'BRIEN		FS	01:43:30	01:40:10
2506	Alan KIRWAN		M40	01:43:31	01:40:06
2507	Grace RAFTICE	Kilkenny City Harriers A.C.	F55	01:43:36	01:42:37
2507	Laura ROCHE		F50	01:43:36	01:42:38
2509	Bairbre OBREASAIL		F40	01:43:38	01:40:28
2510	Adrian FOLEY	St. Finbarrs A.C.	M50	01:43:39	01:41:05
2511	Vincent FLORISH	Frontrunners Cork	M40	01:43:40	01:41:43
2512	Sinead O'KEEFE		F50	01:43:40	01:40:49
2513	Bernie CASHIN	United Striders A.C.	F60	01:43:47	01:41:21
2514	Maggie STACK	Watergrasshill A.C.	F45	01:43:50	01:43:50
2515	Ger BURNS	Fota Island Running A.C.	M55	01:43:51	01:41:07
2516	Emma POWER		F45	01:43:51	01:40:26
2517	Aisling MOLONEY		FS	01:43:53	01:40:41
2518	Laura MCCLEVERTY		F35	01:43:54	01:40:57
2519	Paul O'DONNELL	Carrick-on-Suir A.C.	M45	01:43:59	01:42:34
2520	Eileen CAMPBELL		F50	01:44:04	01:41:38
2521	Clara THOMPSON	Happy Feet Blarney	F45	01:44:05	01:41:09
2522	Aisling O'TUAMA		F35	01:44:06	01:40:47
2523	Patrick CROKE	Bridevale A.C.	M40	01:44:07	01:41:45
2524	Thomas DILLON		MS	01:44:09	01:40:54
2525	Natasha CROWLEY		F40	01:44:10	01:41:39
2526	Aoife FLYNN		FS	01:44:11	01:41:38
2527	Fiona FITZPATRICK		F50	01:44:14	01:43:08
2528	Edwina O'DRISCOLL	Mallow A.C.	F45	01:44:15	01:41:04
2529	Maggie BROPHY		F35	01:44:16	01:41:01
2530	Paula MCCARTHY	Happy Feet Blarney	F35	01:44:17	01:41:21
2531	Orna BREATHNACH		F40	01:44:20	01:41:15
2532	Clare DEMPSTER	Bray Runners A.C.	F55	01:44:25	01:41:37
2533	Helen CRONIN		F45	01:44:26	01:41:30
2534	Pat BOYCE	Mount Hillary A.C.	M50	01:44:27	01:41:53
2535	Claire CROWLEY	Mallow A.C.	F45	01:44:29	01:41:17
2536	Rachel BUTLER		FS	01:44:33	01:42:59
2537	Carmel CASHIN	Lakeshore Striders A.C.	F40	01:44:36	01:41:20
2538	Rita CRONOLLY	West Waterford A.C.	F55	01:44:37	01:41:32
2539	Mary VEALE	West Waterford A.C.	F45	01:44:37	01:41:31
2540	Ursula O'MALLEY	Portlaoise A.C.	F65	01:44:39	01:42:50
2541	Angela O'MAHONY	Grange Fermoy A.C.	F55	01:44:44	01:41:23
2542	Therese RYAN	Aghada Running Club A.C.	F50	01:44:44	01:42:12
2543	Eithne BERMINGHAM	Grange Fermoy A.C.	F55	01:44:47	01:41:25
2544	Louise BRENNAN		F45	01:44:51	01:44:51
2545	Mary MULCAHY	St. Finbarrs A.C.	F60	01:44:53	01:41:56
2546	Mark HAYES		M40	01:44:54	01:43:08
2547	Denis FENTON	St. Nicholas A.C.	M60	01:44:55	01:41:57
2548	Amy BEAUSANG		F35	01:44:58	01:42:17

2549	Ann POWER		F40	01:45:12	01:42:22
2550	Paschal PROCTOR	West Waterford A.C.	M70	01:45:13	01:42:06
2551	Sylvia CRONIN		F35	01:45:13	01:42:18
2552	Ciara O'SHAUGHNESSY		F40	01:45:14	01:42:19
2553	Shirley Anne GRACE		F45	01:45:14	01:42:47
2554	Yvonne O'CONNOR	United Striders A.C.	F50	01:45:16	01:42:50
2555	Vanessa MEHIGAN	United Striders A.C.	F45	01:45:17	01:42:50
2556	Con COUGHLAN		M55	01:45:17	01:42:08
2557	Susan MORRISSEY	Marathon Club Ireland A.C.	F60	01:45:24	01:42:21
2558	John MURPHY		MS	01:45:25	01:42:57
2559	Fanahan MORIARTY		M45	01:45:26	01:42:18
2560	Mary GALVIN		F40	01:45:27	01:42:24
2561	Pamela KIERCE		F40	01:45:34	01:42:25
2562	Joanne O'HALLORAN	Youghal A.C.	F45	01:45:37	01:43:08
2563	Alicia O'HALLORAN	Youghal A.C.	FS	01:45:37	01:43:08
2564	Maxine HICKEY	Youghal A.C.	F45	01:45:38	01:43:07
2565	Niall POWER	West Waterford A.C.	M45	01:45:42	01:42:44
2566	Mary O'GRADY		F45	01:45:50	01:44:32
2567	Deirdre O'BRIEN	Kings River A.C.	F35	01:45:50	01:44:33
2568	Rodney DAUNT	Tracton A.C.	M60	01:45:51	01:43:12
2569	Aine BYRNE	Grange Fermoy A.C.	FS	01:45:52	01:43:15
2569	Noreen THATCHER	Aghada Running Club A.C.	F40	01:45:52	01:43:16
2571	Eve COLLINS		F35	01:45:53	01:42:41
2572	Mary WALSH	West Waterford A.C.	FS	01:45:54	01:43:09
2573	Margurite HALEY		F40	01:45:55	01:43:00
2574	Susan HAYES		F45	01:45:57	01:43:02
2575	Denise BURKE		F40	01:46:03	01:46:03
2576	Isabel MCCARTHY	Youghal A.C.	F45	01:46:03	01:43:38
2577	Yvonne KELLY		F50	01:46:04	01:43:54
2578	Nicky JACOB		M65	01:46:16	01:43:20
2579	Eibhlis UI CHUIRRIN	West Waterford A.C.	F35	01:46:23	01:43:18
2580	Debbie HARRINGTON		F45	01:46:24	01:44:11
2581	Aileen O'KEEFFE	Wibblies A.C.	F70	01:46:32	01:43:23
2582	Greg O'MAHONEY		MS	01:46:36	01:43:24
2583	Patricia CONNORS		F45	01:46:40	01:44:25
2584	Lorraine MURRAY		F45	01:46:49	01:44:22
2584	Rosemary CONROY		F45	01:46:49	01:44:23
2586	Gerard HEARNE		M50	01:46:54	01:45:42
2587	Elaine HAMBLEN	West Waterford A.C.	F40	01:46:59	01:43:53
2588	Sinead KENRICK		FS	01:47:00	01:45:00
2589	Sandra MURPHY		F45	01:47:01	01:45:50
2590	Barbara HARVEY		F40	01:47:04	01:44:15
2591	Bernie MILLAR	Slaney Olympic A.C.	F65	01:47:07	01:43:58
2592	Ella CORCORAN		F40	01:47:09	01:45:07
2593	Ron HEAPHY	AOK Computer Services	M60	01:47:15	01:44:08
2594	Alan O'KEEFFE		M60	01:47:15	01:44:09
2595	Siobhàn MEEHAN		F40	01:47:16	01:44:10
2596	Niamh COSTELLOE		FS	01:47:17	01:44:17
2597	Martina GARDINER	Portlaoise A.C.	F55	01:47:17	01:45:29
2598	Caroline CUSACK		F50	01:47:19	01:45:32
2598	Margaret Mary CARROLL		F50	01:47:19	01:45:31
2600	Robbie DINEEN		MS	01:47:19	01:44:02
2601	Fionnuala HOULIHAN		F45	01:47:21	01:44:16
2602	Caroline MCGUINNESS	Cahir Meet & Train	F45	01:47:24	01:44:18
2603	Rebecca QUEALLY		F40	01:47:25	01:44:14
2604	Niamh FENNELL	West Waterford A.C.	FS	01:47:29	01:44:23
2605	Mary MCDONALD	St. Joseph's A.C.	F50	01:47:29	01:46:28
2606	John MCDONALD	St. Joseph's A.C.	M45	01:47:30	01:47:30

2607	Brendan ASPEL		M55	01:47:31	01:44:35
2608	Lisa EGAN	Carrigaline A.C.	F45	01:47:35	01:44:21
2609	Cathal MCHUGH		M40	01:47:40	01:45:06
2610	Marian MORRISSEY		F50	01:47:42	01:44:22
2611	Nicola Uí ARTAIGH		F40	01:47:44	01:44:33
2612	Emma HOGAN		F35	01:47:44	01:44:33
2613	Niamh SHEIL		F35	01:47:44	01:44:33
2614	Kevin TOTH	Midleton A.C.	M50	01:47:47	01:44:48
2615	Catherine BARRY	Aghada Running Club A.C.	F40	01:47:47	01:45:44
2616	Eimear BOYCE	Mount Hillary A.C.	FS	01:48:00	01:45:26
2617	Andy HALL		M55	01:48:10	01:45:22
2618	Albert NOONAN		M55	01:48:12	01:45:33
2619	Julie REGAN		F35	01:48:14	01:44:57
2620	Izabela WOJTASZEK		F40	01:48:15	01:44:57
2621	Lisa Marie CLEERE		F40	01:48:18	01:45:17
2622	Caroline GORDON		F45	01:48:19	01:45:06
2623	John DELANEY	Marathon Club Ireland A.C.	M55	01:48:20	01:46:05
2624	Tom GORMLEY	Lakeshore Striders A.C.	M65	01:48:24	01:45:07
2625	Nikki O'KEEFFE		F40	01:48:28	01:45:12
2626	Linda FOLEY POWER	West Waterford A.C.	F40	01:48:28	01:45:14
2627	Lorraine O'REGAN	Clonmel A.C.	F35	01:48:31	01:45:19
2628	Irene KEOHANE		F50	01:48:32	01:45:28
2629	Nicola FEEHAN		F45	01:48:35	01:46:35
2630	Thomas O'MEARA		M40	01:48:40	01:46:23
2631	Mary BRENNAN	Waterford Greenway Joggers A.C.	F50	01:48:41	01:45:28
2632	Fiona SHINE	Ballyvolane A.C.	F55	01:48:42	01:45:43
2633	Graham CUMMINS		M40	01:48:42	01:45:41
2634	Nuala WHITE		F50	01:48:43	01:46:01
2635	John MCDERMOTT		M40	01:48:47	01:47:25
2636	Marie DINEEN	Buttevant A.C.	F50	01:48:55	01:45:54
2637	Laura FITZGERALD	Buttevant A.C.	F35	01:48:55	01:45:55
2638	Niamh O'MULLANE	Wibblies A.C.	F50	01:49:00	01:45:52
2639	Deirdre DALY	West Waterford A.C.	PACER	01:49:03	01:45:59
2640	Niamh O'MAHONY		FS	01:49:12	01:47:32
2641	Tom HICKEY		M45	01:49:13	01:45:54
2642	Brian TYRRELL	Clonmel A.C.	M45	01:49:15	01:46:15
2643	Joanne BOURKE		F40	01:49:16	01:46:05
2644	Amanda COONEY	Midleton A.C.	F60	01:49:18	01:46:37
2645	Gerald O'CONNELL	St. Finbarrs A.C.	M70	01:49:26	01:46:17
2646	Clare FORDE	Fota Island Running A.C.	F40	01:49:27	01:46:42
2647	James MCGRATH		MS	01:49:29	01:46:08
2648	Sheena KELLY		FS	01:49:32	01:46:38
2649	Martina CARVER		F45	01:49:33	01:46:39
2650	Geraldine BARRY	West Waterford A.C.	F45	01:49:35	01:47:34
2651	David PIGOTT		M45	01:49:39	01:46:13
2652	Coco POLLARD	Team IP	F45	01:49:47	01:47:42
2653	Coly 'The Bullet' DAY		MS	01:49:49	01:49:49
2654	Michael COAKLEY	West Waterford A.C.	M60	01:49:56	01:46:50
2655	Edel CURRY	West Waterford A.C.	F35	01:49:57	01:46:51
2656	Lisa HITCHMOUGH	Carrigaline A.C.	FS	01:50:00	01:46:46
2657	Aoife MCGRATH	Clonmel A.C.	F35	01:50:03	01:47:01
2658	Susie MOORE		F45	01:50:03	01:46:50
2659	Emer CASEY	Kilkenny City Harriers A.C.	F50	01:50:04	01:46:46
2660	Paula RONAN	United Striders A.C.	F50	01:50:05	01:46:54
2661	William LONERGAN	Clonmel A.C.	M65	01:50:07	01:46:42
2662	Linda WHEALEY	Grange Fermoy A.C.	F40	01:50:08	01:46:49
2663	Simon KELLY		M60	01:50:12	01:47:22
2664	Orla MULDOON		F50	01:50:13	01:46:50

2665	Maureen CREMIN	Donoughmore A.C.	F45	01:50:23	01:47:30
2666	Eamon HALLY	West Waterford A.C.	M40	01:50:23	01:47:04
2667	Frank CUMMINS		M45	01:50:25	01:46:59
2668	Don BUCKLEY	Wibbles A.C.	M50	01:50:28	01:47:21
2669	Late entry			01:50:35	01:47:21
2670	Ailish KENRICK		FS	01:50:36	01:48:35
2671	Jim O'NEILL		M40	01:50:37	01:47:16
2672	Susan BOLGER	St. Joseph's A.C.	F45	01:50:43	01:47:46
2673	Jessica FLEMING	Carrigaline A.C.	FS	01:50:46	01:47:32
2674	Ann GALVIN		F45	01:50:46	01:47:27
2675	Ciara FREEMAN		F35	01:50:47	01:47:53
2676	Mary CUMMINS		FS	01:50:49	01:47:29
2677	Sarah MCMAHON		FS	01:50:51	01:47:34
2678	Dillon BURKE		MS	01:50:57	01:48:06
2679	Annmarie DOWLING		F35	01:50:59	01:47:40
2680	Gary O'DONOVAN	Bweeng Trail Blazers A.C.	M50	01:50:59	01:47:58
2680	Fiona PATTERSON	Bweeng Trail Blazers A.C.	F45	01:50:59	01:47:59
2682	Christine O'CONNELL	Bweeng Trail Blazers A.C.	F40	01:50:59	01:47:58
2683	Oriel GLENNON	St. Joseph's A.C.	F50	01:51:04	01:48:06
2684	Liz MULLEN KENT		F60	01:51:04	01:48:29
2685	Katie KINSELLA	St. Joseph's A.C.	F45	01:51:05	01:49:24
2686	Nicole COONEY	Carrigaline A.C.	F35	01:51:07	01:49:07
2687	Clare CHAWKE	Carrigaline A.C.	F40	01:51:07	01:49:07
2688	Martina LUTTRELL	Carrigaline A.C.	F40	01:51:12	01:47:58
2689	Brian O'SHEA	Carrigaline A.C.	M45	01:51:14	01:47:59
2690	Karen KEANE	Croghan A.C.	F50	01:51:15	01:48:18
2691	John PIERCE		M45	01:51:15	01:48:19
2692	Hubert CROWE		M45	01:51:18	01:47:58
2693	Fiona KELLEHER		F50	01:51:19	01:48:31
2694	Claire MURRAY		F45	01:51:19	01:48:33
2695	Muireann COX		F45	01:51:20	01:49:01
2696	Aine CANTWELL		F45	01:51:25	01:48:26
2697	Martina MCINERNEY		F50	01:51:27	01:48:41
2698	Sean COEN		M60	01:51:29	01:48:33
2699	Aisling KENNEDY		F40	01:51:30	01:48:22
2700	Fiona MCGARRY	Fit2go	F50	01:51:36	01:48:36
2701	Marianne MEEHAN	Wibbles A.C.	F40	01:51:39	01:48:31
2702	Betty SHAUGHNESSY	Buttevant A.C.	F55	01:51:42	01:48:42
2703	Emma GRIFFIN		F35	01:51:42	01:49:01
2704	Catherine MCINTYRE	West Waterford A.C.	F40	01:51:43	01:48:20
2705	Eire RYAN		FS	01:51:43	01:49:05
2706	Pamela MCDONNELL	Bridevale A.C.	F40	01:51:44	01:48:27
2707	Annmarie O'CONNELL		F50	01:51:48	01:49:01
2708	Donal O'DONOGHUE	Watergrasshill A.C.	M55	01:51:58	01:48:40
2709	Aisling CUSAK		F40	01:51:58	01:48:40
2710	Eilish KINGSTON		F55	01:52:00	01:48:41
2711	Roisin MCDERMOTT		F55	01:52:04	01:48:45
2712	Laura HARRIS		FS	01:52:06	01:49:12
2713	Sinead KIELY		FS	01:52:07	01:52:07
2714	Anne Marie O'BRIEN		F50	01:52:08	01:49:21
2715	Caroline CLANCY	Buttevant A.C.	F40	01:52:20	01:48:55
2716	Elaine MATHIAS		F50	01:52:26	01:50:20
2717	Patrick O'CONNELL		M40	01:52:26	01:49:42
2718	Lillian O'MEARA		F50	01:52:29	01:48:31
2718	Maura HODNETT		F50	01:52:29	01:48:31
2720	Patrick FOLEY		M50	01:52:38	01:49:12
2721	Mary COLFER		F60	01:52:49	01:50:07
2722	Anne Marie DAVIS	Clonmel A.C.	F50	01:52:54	01:49:52

2723	Chris WADE	Waterford Greenway Joggers A.C.	F40	01:52:59	01:49:47
2724	Ann O'DONOVAN	West Waterford A.C.	F60	01:53:03	01:49:55
2725	Caitriona HABERLIN		F50	01:53:38	01:52:01
2726	Katie CLARK	Grange Fermoy A.C.	F40	01:53:41	01:50:22
2727	Caitriona BARRY	Waterford Greenway Joggers A.C.	F40	01:53:42	01:50:30
2728	Maura LAWTON		F55	01:53:42	01:50:38
2729	Ciara MITCHELL	Youghal A.C.	F45	01:53:43	01:50:40
2730	Katarzyna KOLODZIEJCZYK	Carrigaline A.C.	F40	01:53:51	01:50:34
2731	Catherine DOCHERTY		F45	01:53:52	01:50:38
2732	David REYNOLDS	West Waterford A.C.	M65	01:53:56	01:50:49
2733	Kathleen GRIFFIN		F60	01:53:58	01:51:16
2734	Trishe MCGOURTY		F40	01:53:58	01:51:28
2735	Eithne MORRISSEY		F35	01:54:00	01:50:37
2736	Adrian WOJTASZEK		M40	01:54:03	01:50:46
2737	Michelle POWER		F50	01:54:07	01:51:31
2738	Caitriona O'BRIEN		F35	01:54:07	01:49:06
2739	Megan O'BRIEN		FS	01:54:08	01:52:17
2740	Caroline O'CONNOR	St. Senans A.C.	F40	01:54:23	01:52:47
2741	Gillian KENNEALLY	Aghada Running Club A.C.	FS	01:54:41	01:51:53
2742	Brid DUNPHY	St. Senans A.C.	F45	01:54:48	01:51:27
2743	Rachel KELLEHER	Wibblies A.C.	F50	01:54:55	01:51:47
2743	Sharon HOLLAND	Wibblies A.C.	F45	01:54:55	01:54:55
2745	Tracey CAHILL		F45	01:54:56	01:51:46
2746	Marzena OZGA-STACHURA	Carrigaline A.C.	F40	01:55:02	01:51:47
2747	Dee O'REILLY	Youghal A.C.	F40	01:55:14	01:51:55
2748	Lisa SKIDMORE		F40	01:55:14	01:51:49
2749	Billy O'SHAUGHNESSY		M50	01:55:16	01:53:47
2750	Tom KENNEDY		M60	01:55:17	01:53:46
2751	Anne-Marie POWER	West Waterford A.C.	F45	01:55:19	01:52:23
2752	Niall MCNICHOLAS		MS	01:55:21	01:52:00
2753	Maeve O'SULLIVAN	Happy Feet Blarney	FS	01:55:28	01:52:31
2754	Catherine Jane HICKEY MCGLADE		F45	01:55:43	01:52:33
2755	Vikki MURPHY	Lakeshore Striders A.C.	F35	01:55:44	01:52:29
2756	Dearbhaile HICKEY		FS	01:55:45	01:52:51
2757	Jessica CROSS	Carrigaline A.C.	FS	01:55:51	01:52:38
2758	Josie CLARE		F55	01:56:08	01:53:03
2759	Roisin MURPHY		FS	01:56:12	01:53:40
2760	Mary MOORE	Mooreabbey Milers A.C.	F35	01:56:20	01:53:27
2761	Catherine DESMOND		F45	01:56:32	01:53:36
2762	Marie BARRY	St. Nicholas A.C.	F40	01:56:37	01:53:22
2763	Aisling HALLINAN		FS	01:56:38	01:54:23
2764	Suzie WILLIAMS		F40	01:57:02	01:53:52
2765	Deirdre DOOCEY		F40	01:57:04	01:53:58
2766	Nicola COSTIN	West Waterford A.C.	F45	01:57:35	01:54:47
2767	Michelle GUIRY		FS	01:57:46	01:55:30
2768	Therese BOYLE	South Coast Tri Club	F55	01:57:54	01:55:04
2769	Maire UI CHONGHAILE	Donoughmore A.C.	F65	01:57:55	01:55:53
2770	Clíodhna NÍ CHONGHAILE	Donoughmore A.C.	FS	01:57:56	01:55:54
2771	Donna SHEEHAN		FS	01:57:56	01:54:41
2772	Carmel O'TOOLE	Mooreabbey Milers A.C.	F55	01:58:05	01:54:46
2773	Deirdre WHELAN DEVINE	West Waterford A.C.	F40	01:58:09	01:55:18
2774	Linda FOGARTY	United Striders A.C.	F60	01:58:11	01:57:08
2775	Susan MCCARTHY		F45	01:58:14	01:54:57
2776	Amanda FREEMAN GATER		F45	01:59:04	01:56:11
2777	Ella LONG	Waterford Greenway Joggers A.C.	F65	01:59:06	01:55:52
2778	Zara KELLY	Youghal A.C.	F35	01:59:56	01:56:37
2779	Mary WALSH	Touraneena Runners	F55	01:59:56	01:58:13
2780	Eileen MOORE		F35	01:59:58	01:56:59

2781	Ryan TREANOR	Togher A.C.	MS	02:00:02	01:56:47
2782	Allison DINEEN	Lakeshore Striders A.C.	F50	02:00:05	01:57:34
2783	Joy DOHERTY	Togher A.C.	F50	02:00:07	01:56:53
2784	Aiden O'DONOGHUE		MS	02:00:59	01:58:12
2785	Lisa DENMEAD		FS	02:01:06	01:57:50
2786	Alana MCMAHON	Lakeshore Striders A.C.	FS	02:01:20	01:58:05
2787	Nora FLYNN	Gneeveguilla A.C.	F55	02:01:32	01:58:15
2788	Mairead BOLAND		F45	02:01:56	01:58:58
2789	Kirsten TYRRELL	South Coast Tri Club	F60	02:02:03	01:58:43
2790	Aoife CONNON	South Coast Tri Club	F45	02:02:03	01:59:05
2791	Mary FOSKIN	Waterford Greenway Joggers A.C.	F60	02:02:11	01:58:58
2792	Catherine RYAN	Waterford Greenway Joggers A.C.	F60	02:02:12	01:58:58
2793	Brid O'LEARY	Bweeng Trail Blazers A.C.	F50	02:02:14	01:59:13
2794	Nicole O'DONOVAN	Bweeng Trail Blazers A.C.	F45	02:02:14	01:59:14
2795	Sarah HAYES		F35	02:02:26	01:59:11
2796	Catherine O'KEEFFE STILWELL		F60	02:02:52	02:00:34
2797	Tilly GRAS		FS	02:03:07	02:00:13
2797	Caroline GRAS		F55	02:03:07	02:00:13
2799	Ber O'NEILL		FS	02:03:10	02:03:10
2800	Martina MCGRATH	Kilkenny City Harriers A.C.	F55	02:03:17	02:00:26
2801	Keeley HAYES		FS	02:03:26	02:00:03
2802	Marina BYRNE	United Striders A.C.	F50	02:03:32	02:02:29
2803	Cathrine WHIPP		FS	02:04:08	02:00:50
2804	Brian COLL		M50	02:04:09	02:00:56
2805	Sorcha KENIRY		FS	02:04:23	02:02:32
2806	Mary STAPLETON	Templemore A.C.	F55	02:04:27	02:01:18
2807	Marie MOORE	West Waterford A.C.	F65	02:04:41	02:02:37
2808	Caitriona DOYLE	Athy Tri Club	F40	02:04:54	02:01:54
2809	Orla COTTER		F35	02:05:21	02:02:40
2810	Darcie ROCHE		FS	02:06:50	02:03:51
2811	Dessie ROCHE		M55	02:06:52	02:03:52
2812	Jessica HOLLYWOOD		FS	02:07:00	02:03:48
2813	Grainne HALLINAN		F50	02:07:19	02:05:04
2814	Alanna ENGLISH		FS	02:07:45	02:05:44
2815	Mark SMITH		MS	02:07:48	02:04:09
2816	Jerry FORDE			02:10:23	02:09:05
2817	Donal O'DRISCOLL		M40	02:10:27	02:07:10
2818	Mary MCCARTHY		F40	02:12:43	02:09:21
2819	Orna MURRAY		F55	02:13:03	02:09:44
2820	Aine WALSH		F45	02:13:24	02:10:39
2821	Charlotte SKIDMORE		F35	02:14:42	02:11:14
2822	Terri GOUGH	West Waterford A.C.	F75	02:17:10	02:15:06
2823	Maggie DUNNE	Grange Fermoy A.C.	F75	02:18:55	02:15:34
2824	Aisling FOGARTY	Doneraile A.C.	FS	02:19:22	02:16:38
2825	Sarah COLL		FS	02:20:30	02:19:35
2826	Robert COLL		M50	02:20:49	02:17:37
2827	Sinead POWER	Eagle A.C.	F50	02:21:27	02:18:52