

**John Treacy Dungarvan 10 Mile 05/02/2023**

<b>Place</b>	<b>Name</b>	<b>Club/City/Country</b>	<b>Bib no</b>	<b>Net</b>	<b>Gross</b>
1.	William MAUNSELL	Clonmel A.C.	3496	49:52	49:52
2.	David MCCARTHY	West Waterford AC	3467	51:04	51:04
3.	Conor MCCAULEY	Leevale AC	1855	51:26	51:26
4.	Neil WIKTORSKI	Solid Running	684	51:39	51:39
5.	Jamie GAHAN	Kilkenny City Harriers	1836	52:06	52:06
6.	Mossy BRACKEN	Moycarkey Coolcree AC	27	52:28	52:28
7.	Pat FITZGERALD	Waterford AC	437	52:27	52:31
8.	Noel MURPHY	Waterford AC	1699	52:40	52:40
9.	Donal COAKLEY	Leevale AC	410	52:40	52:40
10.	John MEADE	St Finbarrs AC	3472	53:23	53:25
11.	Michael MCMAHON		1814	53:39	53:40
12.	Vivian FOLEY	Eagle AC	593	53:41	53:43
13.	Andy GOULDING	Grange Fermoy AC	135	53:56	53:58
14.	Brendan MURPHY	Crusaders AC	467	53:58	54:02
15.	Myles GIBBONS	SBR Ferns	247	54:03	54:05
16.	Barry TWOHIG	St Finbarrs AC	222	54:04	54:06
17.	Nathan O'LEARY	Leevale AC	224	54:09	54:09
18.	Craig O'BRIEN	Ferrybank AC	131	54:08	54:10
19.	Michael MORGAN		1936	54:15	54:17
20.	Danny MULLINS	Bantry AC	717	54:46	54:46
21.	Tom MCKENZIE		1806	54:49	54:50
22.	Aubrey STOREY	Tramore AC	508	54:56	54:57
23.	Raivis ZAKIS	West Waterford A.C.	3475	54:55	54:57
24.	Donal GILTINAN	East Cork AC	123	55:01	55:01
25.	Dave POWER	Rathfarnham WSAF AC	177	55:00	55:03
26.	Tadhg O'SULLIVAN	Bweeng Trail Blazers	75	55:11	55:11
27.	Brian HARTY	East Cork AC	611	55:12	55:12
28.	Jonathan MURPHY	Leevale AC	308	55:13	55:13
29.	Kieran MCKEOWN	Grange Fermoy AC	158	55:16	55:21
30.	Jake RUSSELL-CARROLL		1672	55:38	55:40
31.	Micheal O'BRIEN	Tullamore Harriers	42	55:40	55:42
32.	Aidan CONNELL	West Waterford AC	196	55:43	55:44
33.	Conor CAVANAGH	Sportsworld RC	329	55:46	55:47
34.	Mary MULHARE	Portlaoise AC	3389	55:48	55:48
35.	David BARRETT	Leevale AC	671	55:45	55:49
36.	Ray O'CONNELL	Togher AC	88	55:48	55:50
37.	Enda BAGNALL	Tramore AC	612	55:53	55:54
38.	Derek WALSH	Carrick on Suir AC	322	55:56	55:58
39.	Paddy KAVANAGH	St Laurence O'Toole AC	705	56:11	56:11
40.	Sean TWOHIG	St Finbarrs AC	220	56:15	56:16
41.	Justin RYAN	Tried & Tested Tri Club	1659	56:00	56:30
42.	Kevin WILMOT	Bandon AC	1196	56:36	56:36
43.	Sean DAVIN		1770	56:30	56:38
44.	Jonathan DUNNE	Tullamore Harriers	240	56:38	56:40
45.	Donal MONGEY		1411	56:35	56:42
46.	David MCEVOY	St Abbans AC	482	56:42	56:44
47.	Trust MTINSI	Kilkenny City Harriers	125	56:52	56:53
48.	Pearse RYAN		1767	57:04	57:08
49.	Ger FORDE	Crusaders AC	1911	57:08	57:10
50.	David BUCKLEY	Grange Fermoy AC	231	57:11	57:12
51.	Paul CASHMAN	Watergrasshill AC	559	57:10	57:12
52.	Sean KELLY	Raheny Shamrock AC	530	57:11	57:13
53.	Brendan SHEEHAN		1844	57:12	57:14
54.	Mark MCKENNA	Waterford AC	585	57:15	57:17

55.	Gary WALSH	Bweeng Trail Blazers	405	57:21	57:24
56.	Ken INCE	Eagle AC	350	57:27	57:28
57.	Dermot RYAN	West Waterford AC	541	57:28	57:30
58.	Mark PRICE		3461	57:29	57:31
59.	Eoin KEEGAN	Raheny Shamrock AC	763	57:30	57:32
60.	John O'ROURKE	West Waterford AC	601	57:34	57:35
61.	John LONGAN	St Finbarrs AC	68	57:34	57:36
62.	Anthony MCCARTHY	Eagle AC	309	57:37	57:38
63.	James GUILFOYLE	Tullamore Harriers	514	57:40	57:42
64.	Ryan MULROY	St Finbarrs AC	981	57:42	57:43
65.	Alan O'BRIEN	Eagle AC	688	57:42	57:44
66.	Darragh BUCKLEY		1735	57:49	57:50
67.	Fionn GRIFFIN		1759	57:55	58:00
68.	Niall CORCORAN		1679	57:57	58:01
69.	Sean CONNERY	Kings River AC	733	58:00	58:03
70.	Neil NAGLE	Clonakilty Road Runners AC	711	57:54	58:05
71.	Mick AHERN	West Waterford AC	1900	58:03	58:06
72.	James CASEY		3416	58:09	58:09
73.	Colin CARNEY	United Striders AC	195	58:13	58:16
74.	Patrick CARROLL		900	58:13	58:16
75.	Darren EGAN	Blackrock AC	395	58:15	58:17
76.	Tomás HARRINGTON	United Striders AC	105	58:11	58:19
77.	Declan EVANS		1068	58:14	58:21
78.	Toby BENHAM	Crusaders AC	3460	58:20	58:25
79.	Eoin RYAN	Bohermeen AC	12	58:31	58:33
80.	Michael FURLONG	East Cork AC	209	58:30	58:33
81.	Joseph FEERY	Clonmel AC	111	58:32	58:35
82.	Seamus MCSWEENEY	St Nicholas AC	703	58:30	58:36
83.	Conrad WATT	Cork Track Club	307	58:34	58:38
84.	Graham BOURNE	Kilkenny City Harriers	531	58:37	58:39
85.	Conor KEATING	Moycarkey Coolcree AC	418	58:36	58:42
86.	Michael QUIRKE	Mallow AC	597	58:37	58:42
87.	Michael KELLEHER	Togher AC	67	58:41	58:45
88.	Richie HARTE		1641	58:48	58:52
89.	Sean CROTTY	Slaney Olympic	167	58:52	58:54
90.	Jack HALEY	Waterford AC	205	58:56	58:58
91.	David CULLINANE		1608	58:53	59:00
92.	Gareth MURRAN	Sportsworld RC	372	58:58	59:01
93.	Gary SLEITH	St Nicholas AC	1049	58:59	59:02
94.	Padraig MAHONY	Brothers Pearse AC	345	59:02	59:03
95.	Richard HOBSON	St Finbarrs AC	170	59:07	59:10
96.	Conaill COOPER	Slaney Olympic	194	59:12	59:13
97.	Sean O'BRIEN	St Finbarrs AC	26	59:11	59:13
98.	Dermot GOUGH	West Waterford AC	1818	59:12	59:14
99.	Sheldon KIRKWOOD	Cork Track Club	722	59:10	59:14
100.	Philip DINNEEN	Ballintotis Fit4Life	432	59:10	59:14
101.	Aaron CAHILL	Mallow AC	29	59:09	59:15
102.	Tadhg CROWLEY	Carraig na bhFear AC	94	59:13	59:15
103.	Noel HIGGINS		1235	59:10	59:16
104.	Raymond HARTY	West Waterford AC	759	59:08	59:16
105.	Michael COLOHAN	Togher AC	631	59:13	59:16
106.	Anthony CREED	Leevale AC	901	59:11	59:17
107.	Adam PORTER	Waterford AC	719	59:14	59:17
108.	Johnny LYNCH	Tried & Tested Tri Club	1185	59:14	59:19
109.	Mark O'CONNOR	TT Racers	1655	59:17	59:19
110.	Brian SLATTERY	Tramore AC	156	59:18	59:22

111.	Darren AHERN	Grange Fermoy AC	34	59:21	59:22
112.	Jordan DUNNE		1352	59:22	59:24
113.	Tim HANNON	Midleton AC	14	59:24	59:24
114.	Paul WYSE	Waterford AC	799	59:22	59:25
115.	David MAHER	Donadea RC	239	59:22	59:28
116.	Martin COLLIER		885	59:24	59:29
117.	Daire O'SULLIVAN	Mallow AC	112	59:25	59:31
118.	Alan O'CONNOR	United Striders AC	804	59:23	59:32
119.	Karl MITCHELL		1756	59:26	59:32
120.	David HALLIGAN	Comeragh CC	1650	59:32	59:33
121.	Sally FORRISTAL	St Joesphs AC	2226	59:33	59:34
122.	Damian BOURKE		1162	59:33	59:37
123.	John COLLINS		3480	59:31	59:37
124.	Frank QUINLAN		3478	59:36	59:38
125.	Jim HARTY	St Catherines AC	358	59:39	59:46
126.	Pj BEER		1367	59:44	59:48
127.	Connor MCCRORY	Bweeng Trail Blazers	62	59:38	59:50
128.	Ian KAVANAGH		3434	59:49	59:52
129.	Paul MORAN	Kilkenny City Harriers	150	59:48	59:52
130.	Ian PURCELL	Team I.P	1088	59:52	59:56
131.	Colm RYAN	West Waterford AC	993	59:56	59:57
132.	Jerome O'BRIEN		1858	59:35	59:58
133.	James DOYLE	Slaney Olympic	216	59:49	59:58
134.	Conor O'KEEFFE		1018	59:58	1:00:01
135.	Alan HAYNES		1020	59:57	1:00:03
136.	Donncha LONG		882	1:00:00	1:00:04
137.	Paul LYNCH	Sliabh Buidhe Rovers AC	655	1:00:02	1:00:05
138.	Willie O'DONOGHUE	Mooreabbey Milers AC	540	1:00:05	1:00:06
139.	Johnny O'SULLIVAN	Grange Fermoy AC	439	59:59	1:00:06
140.	Nigel O'FLAHERTY	Clonmel AC	91	1:00:12	1:00:16
141.	Chris KELLY	East Cork AC	187	1:00:14	1:00:17
142.	Keelan DESMOND		1619	1:00:12	1:00:18
143.	Aoife O'LEARY	Sportsworld RC	3392	1:00:19	1:00:19
144.	Cillian O'LEARY	Raheny Shamrocks A.C.	3474	1:00:19	1:00:20
145.	Tadhg MORIARTY		677	1:00:08	1:00:21
146.	Vincent MACKEY	St Joesphs AC	728	1:00:14	1:00:23
147.	David KEARNEY		859	1:00:25	1:00:27
148.	David HANLON	Limerick AC	708	1:00:20	1:00:28
149.	Walter DROHAN	West Waterford AC	519	1:00:20	1:00:29
150.	Trevor GEARY	St Catherines AC	507	1:00:27	1:00:29
151.	Eugene O'KEEFFE	Carrick on Suir AC	564	1:00:28	1:00:30
152.	John MURPHY	Grange Fermoy AC	95	1:00:23	1:00:30
153.	Cormac HEALY	Clonmel AC	761	1:00:28	1:00:35
154.	Thomas MORAN	United Striders AC	157	1:00:28	1:00:37
155.	Neil CONLON	Boyle AC	484	1:00:38	1:00:40
156.	Mark MURPHY	Eagle AC	35	1:00:34	1:00:41
157.	Paul KELLY	Cork Tri Club	978	1:00:39	1:00:43
158.	Cian RYAN		1310	1:00:19	1:00:46
159.	Tom TENNANT		3419	1:00:47	1:00:48
160.	John GUIRY		1253	1:00:45	1:00:48
161.	Liam LYNCH	Limerick AC	695	1:00:40	1:00:48
162.	Brian MAHER	Croghan AC	330	1:00:49	1:00:52
163.	Ger DONAGHUE	Togher AC	421	1:00:51	1:00:55
164.	Lauren DERMODY	Castlecomer AC	2002	1:00:54	1:00:56
165.	Declan RYAN	Thurles Croke AC	159	1:00:56	1:00:58
166.	Daire REILLY	Cork Tri Club	1048	1:00:50	1:01:00

167.	John MCGUINNESS	Mallow AC	403	1:00:55	1:01:06
168.	Conor GREENAN	St Josephs AC	66	1:01:06	1:01:11
169.	Peter HOWIE	Ballymore Cobh AC	715	1:01:02	1:01:12
170.	Thomas HEISING		1923	1:00:32	1:01:14
171.	Michael LYNCH	Limerick AC	566	1:01:14	1:01:21
172.	Matthew CROWLEY	Cork Track Club	772	1:01:21	1:01:22
173.	Adrian DOYLE		822	1:01:24	1:01:24
174.	Derek AHERN	Midleton AC	594	1:01:23	1:01:25
175.	Gary CLERKIN	Grange Fermoy AC	126	1:01:28	1:01:29
176.	Eddie NUGENT	Crusaders AC	149	1:01:23	1:01:31
177.	Michael CLANCY	Mallow AC	606	1:01:27	1:01:32
178.	Loic GAREL	St Finbarrs AC	315	1:01:32	1:01:33
179.	Adam O'CONNOR	United Striders AC	805	1:01:24	1:01:34
180.	Shane ORIGAN	Tullamore Harriers	40	1:01:24	1:01:34
181.	Steven LOUGHLIN		1809	1:01:31	1:01:36
182.	Trevor O'DONOVAN	Eagle AC	229	1:01:29	1:01:39
183.	Stephen O'BRIEN	East Cork AC	153	1:01:19	1:01:39
184.	Tomás KAVANAGH	Sliabh Buidhe Rovers AC	419	1:01:32	1:01:40
185.	Tom O'CONNELL	Dundrum AC	182	1:01:27	1:01:40
186.	Angela MCCANN	Clonmel AC	2582	1:01:44	1:01:49
187.	Aidan FLANNERY	Clonmel AC	288	1:01:46	1:01:51
188.	John HARTNETT	Grange Fermoy AC	440	1:01:40	1:01:51
189.	Gary O'SULLIVAN		1585	1:01:46	1:01:53
190.	Alan GRAINGER		1402	1:01:47	1:01:54
191.	Stephen MURPHY	ERC	1712	1:01:49	1:01:54
192.	David MURPHY		931	1:01:42	1:01:54
193.	Richard O'BRIEN	Grange Fermoy AC	154	1:01:41	1:01:54
194.	Ken O'MAHONY	Bweeng Trail Blazers	174	1:01:46	1:01:56
195.	Michael BYRNE	St Catherines AC	605	1:01:53	1:01:56
196.	Adele WALSH	St Senans AC	2372	1:02:01	1:02:11
197.	David WALSH		3440	1:01:39	1:02:12
198.	Jason O'MAHONY	Eagle AC	124	1:02:10	1:02:15
199.	Patrick TROY	Ballintotis Fit4Life	453	1:02:11	1:02:19
200.	David BUTLER	St Finbarrs AC	199	1:02:14	1:02:20
201.	Paul O'BRIEN	Eagle AC	746	1:02:15	1:02:20
202.	Paul BROWNE	Slaney Olympic	185	1:02:19	1:02:20
203.	Simon KEEGAN		1848	1:02:18	1:02:21
204.	Catherine MURPHY	Eagle AC	2040	1:02:14	1:02:21
205.	Declan DORGAN	Midleton AC	401	1:02:16	1:02:21
206.	Edward O'DONOGHUE	Clonmel AC	328	1:02:14	1:02:23
207.	Padraig SHEAHAN	Millstreet AC	488	1:02:15	1:02:23
208.	Linda O'SULLIVAN	Watergrasshill AC	2303	1:02:18	1:02:24
209.	James WHELAN	West Waterford AC	417	1:01:56	1:02:24
210.	David MCCARTHY	St Nicholas AC	475	1:02:23	1:02:26
211.	Brian MULLINS	St Finbarrs AC	407	1:02:23	1:02:26
212.	Denis O'NEILL	Cork Track Club	1804	1:02:23	1:02:31
213.	Garrett CASEY	St Finbarrs AC	741	1:02:22	1:02:33
214.	Jacek KURA		1573	1:02:30	1:02:34
215.	Bernard DURAND		974	1:02:32	1:02:39
216.	Shona KEANE	Dooneen AC	3268	1:02:34	1:02:40
217.	Ger O'REGAN	Midleton AC	764	1:02:41	1:02:42
218.	Matthew RYAN		1363	1:02:31	1:02:42
219.	Colm DALY	Ennis Track AC	1059	1:02:40	1:02:42
220.	David RUSSELL		3459	1:02:29	1:02:43
221.	Martin WHITE	Jog 4 All	3430	1:02:37	1:02:44
222.	Paul OGLE	Tramore AC	451	1:02:38	1:02:45

223.	David O'KEEFFE	Eagle AC	556	1:02:43	1:02:50
224.	Martin HARTE		926	1:02:47	1:02:53
225.	John LYNCH	Tracton AC	429	1:02:24	1:02:54
226.	Liam WALSH	Pat Walsh Running	941	1:02:47	1:02:57
227.	John FOLEY	Slaney Olympic	522	1:02:42	1:02:59
228.	Liam SHEEHY	Grange Fermoy AC	620	1:02:36	1:03:00
229.	Liam AHERNE	Carraig na bhFear AC	285	1:02:58	1:03:01
230.	Jean LUCEY		2989	1:02:50	1:03:02
231.	Niall GALLAGHER		1001	1:02:52	1:03:09
232.	David O'MAHONY	Leevale AC	633	1:02:50	1:03:13
233.	John O'DONOVAN	Ballymore Cobh AC	812	1:03:00	1:03:14
234.	Seamus CARDIFF	Newbridge AC	65	1:03:03	1:03:15
235.	Donough BARROW	Mallow AC	640	1:03:08	1:03:15
236.	Lorna WOLFE		3309	1:03:04	1:03:19
237.	Mike WALSH		1833	1:03:11	1:03:20
238.	Padraig COURTNEY		1289	1:03:14	1:03:24
239.	Michael GLEESON	Templemore AC	727	1:03:11	1:03:25
240.	Eoin O'RATHALLAIGH	Leevale AC	608	1:03:18	1:03:26
241.	Cathal FITZGERALD	Riverstick Kinsale AC	3436	1:03:15	1:03:26
242.	William O'CONNOR	Galtee Runners AC	552	1:03:18	1:03:26
243.	Stephen NEVILLE		1688	1:03:16	1:03:26
244.	David O'RIORDAN	Leevale AC	151	1:03:19	1:03:27
245.	Sara HOBSON		3310	1:02:57	1:03:27
246.	Adrian O'DRISCOLL	Carrigaline AC	1143	1:03:11	1:03:31
247.	Rory FITZGERALD		1181	1:02:58	1:03:32
248.	Caroline HASSETT	Templemore AC	2527	1:03:16	1:03:32
249.	Aidan CROWLEY	Bweeng Trail Blazers	16	1:03:20	1:03:33
250.	Brian O'SULLIVAN	Waterford AC	267	1:03:26	1:03:35
251.	Eelco BECKERS	Clonmel AC	55	1:03:29	1:03:36
252.	David FLAHERTY	Tullamore Harriers	116	1:03:27	1:03:36
253.	Paul MCNAMARA		1509	1:03:33	1:03:38
254.	Shane COLLINS	St Finbarrs AC	98	1:03:28	1:03:42
255.	Leon MURPHY		1226	1:03:27	1:03:42
256.	Peadar LUCEY	Mallow AC	364	1:03:30	1:03:45
257.	Colm SHEEHAN	Mallow AC	520	1:03:35	1:03:45
258.	Adrian RYAN		1962	1:03:18	1:03:46
259.	Brian AHERN	Bweeng Trail Blazers	193	1:03:29	1:03:46
260.	Kavan DONOHOE		1208	1:03:40	1:03:48
261.	Barry LYNCH		1380	1:03:36	1:03:51
262.	Martin KIRWAN		1160	1:03:42	1:03:52
263.	Paul MATTHEWS	Newbridge AC	17	1:03:41	1:03:52
264.	Luca COSTABELLO	Newbridge AC	311	1:03:41	1:03:52
265.	Denis KIELY		1340	1:03:35	1:03:52
266.	Michael WARD	Cork Tri Club	1145	1:03:48	1:03:53
267.	David DEVINE	Focus on Fitness	969	1:03:47	1:03:54
268.	Conor O'RIORDAN		930	1:03:37	1:03:54
269.	Ciaran MCMAHON		1616	1:03:29	1:03:55
270.	Cian MCPARLAND	St Finbarrs AC	387	1:03:37	1:03:56
271.	Anthony MCGIVNEY	Mallow AC	376	1:03:43	1:03:58
272.	Colm KENNEDY	Donore Harriers	9	1:03:49	1:03:58
273.	Ronan O'SHEA	Leevale AC	621	1:03:46	1:03:59
274.	Declan WALSHE	Kilkenny City Harriers	77	1:03:50	1:03:59
275.	Breda GAFFNEY	Mallow AC	2206	1:03:48	1:03:59
276.	Michael FINN	Slaney Olympic	263	1:03:47	1:04:03
277.	Niall FITZGERALD		1849	1:03:50	1:04:04
278.	Andrew DE KLERK	Ballintotis Fit4Life	370	1:03:57	1:04:05

279.	Neil CASH	Newbridge AC	351	1:03:57	1:04:09
280.	Michael COLLINS		1654	1:03:59	1:04:10
281.	Alan O'SULLIVAN		1023	1:03:58	1:04:11
282.	Owen HICKEY	West Waterford AC	57	1:04:06	1:04:13
283.	Kevin BOYD	Riverstick Kinsale AC	122	1:04:02	1:04:14
284.	Denis VASILJEVS		1170	1:04:10	1:04:14
285.	Gerard GEARY		1946	1:03:16	1:04:17
286.	Sean SPRATT	Mallow AC	327	1:03:55	1:04:19
287.	Martin CUDDIHY		1141	1:04:11	1:04:21
288.	James FITZGERALD		1108	1:04:12	1:04:22
289.	Barry HORGAN	Clonmel AC	262	1:04:16	1:04:22
290.	Conor MOLONEY		1966	1:03:34	1:04:22
291.	Alan STACK	Cobh Tri Club	1066	1:04:14	1:04:23
292.	Niall COX		1222	1:04:00	1:04:24
293.	Martin CURTIN		854	1:04:06	1:04:24
294.	Brian O'CONNOR	Grange Fermoy AC	689	1:04:13	1:04:25
295.	James CROWLEY		1726	1:04:10	1:04:25
296.	Brian HEARNE		1624	1:04:12	1:04:25
297.	Patrick MCCARTHY		1031	1:04:16	1:04:27
298.	Con MCGRATH		1053	1:04:12	1:04:27
299.	Brian MCGUIRE	Eagle AC	562	1:04:09	1:04:29
300.	Michael MULCHAHY	Carraig na bhFear AC	563	1:04:00	1:04:30
301.	Richard STILWELL	West Waterford AC	810	1:04:25	1:04:32
302.	Matthew HALL	Cobh Tri Club	922	1:04:20	1:04:34
303.	John HICKEY	United Striders AC	260	1:04:23	1:04:36
304.	Mark O'CONNOR	Clonmel Tri Club	1669	1:04:30	1:04:38
305.	Pat O'CONNOR	Eagle AC	3503	1:04:39	1:04:39
306.	Kieran TWOMEY		1742	1:04:31	1:04:40
307.	Matt DEVINE		1877	1:04:27	1:04:41
308.	David NOLAN	Waterford AC	779	1:04:26	1:04:42
309.	Eoghan O'HARA	Cork Frontrunners	1343	1:04:33	1:04:42
310.	Martin LYNCH	Eagle AC	369	1:04:38	1:04:42
311.	Steven BURKE		852	1:04:26	1:04:43
312.	Stephen TONER		1228	1:04:30	1:04:48
313.	Sean CURRAN		3479	1:04:36	1:04:50
314.	Irene EIGHAN	St Finbarrs AC	2171	1:04:42	1:04:54
315.	Conor CASEY		1263	1:04:48	1:04:56
316.	John ROBAN	Slaney Olympic	258	1:04:41	1:04:58
317.	Tj CROTTY	West Waterford AC	755	1:04:34	1:05:00
318.	Alan DAVIS		1667	1:04:53	1:05:02
319.	Anthony WHELAN		3481	1:04:51	1:05:05
320.	Darren ALLISON	Dundrum AC	632	1:04:40	1:05:09
321.	Mark CRONIN	Midleton AC	19	1:04:55	1:05:10
322.	Katie WILSON		2609	1:04:42	1:05:10
323.	Joe POWER	Leevale AC	521	1:04:49	1:05:13
324.	Dean FINN	Kings River AC	79	1:05:00	1:05:17
325.	Anthony MASON		998	1:04:59	1:05:17
326.	Tom BENNETT		1127	1:05:05	1:05:18
327.	Tiarnan MCCARTHY		1062	1:05:08	1:05:19
328.	Brendan FLAHERTY		1295	1:03:56	1:05:19
329.	Michael MURRAY	Templemore AC	752	1:05:01	1:05:19
330.	Ronan MOLLOY		1755	1:04:37	1:05:20
331.	Padraig KEANE	An Ríocht AC	53	1:04:59	1:05:21
332.	Mike WALSH		1286	1:05:08	1:05:24
333.	Barry KEHOE		1807	1:05:13	1:05:25
334.	James SWEENEY	Grange Fermoy AC	38	1:05:03	1:05:28

335.	Eugene MCCARTHY	Midleton AC	430	1:05:21	1:05:32
336.	David CUNNINGHAM		871	1:05:25	1:05:35
337.	Laura ROONEY	Watergrasshill AC	2202	1:05:33	1:05:38
338.	Conor KELLY	Carraig na bhFear AC	155	1:05:14	1:05:40
339.	Cristin SCOLLARD	Blackrock AC	2558	1:05:29	1:05:43
340.	Joyce WOLFE	Leevale AC	2593	1:05:32	1:05:44
341.	Sean NORRIS	Aghada RC	598	1:04:46	1:05:45
342.	Shane HANLEY	Galtee Runners AC	383	1:05:22	1:05:45
343.	John COFFEY		879	1:05:41	1:05:47
344.	Darren CASEY	Eagle AC	192	1:05:41	1:05:48
345.	Mark BULMAN	Donoughmore AC	770	1:05:32	1:05:49
346.	Shane WHEALEY	Grange Fermoy AC	324	1:05:09	1:05:49
347.	Fkadu KEBEDE		1010	1:05:45	1:05:51
348.	Sinead MCDERMOTT	Dooneen AC	2296	1:05:26	1:05:51
349.	Andrew HICKEY	West Waterford AC	7	1:05:44	1:05:51
350.	Anita LOCKE	St Finbarrs AC	2050	1:05:41	1:05:53
351.	Graeme BROWNE	St Finbarrs AC	96	1:05:37	1:05:54
352.	Denis O'LEARY	Aghada RC	297	1:05:27	1:05:55
353.	Francisco JAEN	Leevale AC	2	1:05:46	1:05:55
354.	Ann MOORE	Leevale AC	2418	1:05:55	1:05:57
355.	Claire DERMODY	Kilkenny City Harriers	2214	1:05:48	1:05:58
356.	Conor COLEMAN		1774	1:05:41	1:06:00
357.	Paudie MEEHAN	Templemore AC	386	1:05:38	1:06:00
358.	Paul FLYNN	Waterford Tri Club	1189	1:05:44	1:06:01
359.	Danny SHANAHAN	Thomastown AC	385	1:05:42	1:06:01
360.	Brendan CROWLEY	Aghada RC	252	1:05:46	1:06:01
361.	Derek HINES	Carrigaline AC	233	1:05:40	1:06:03
362.	Niall COLLINS	West Waterford AC	30	1:05:34	1:06:03
363.	James CONNORS		1891	1:05:34	1:06:03
364.	Toby BEDELL	West Waterford AC	108	1:05:46	1:06:05
365.	Jason PHELAN	BVSC	835	1:05:47	1:06:06
366.	Karl CAULFIELD		1843	1:06:03	1:06:07
367.	Sean MURPHY		468	1:05:57	1:06:12
368.	John FOGARTY		1904	1:05:57	1:06:12
369.	Stephen BUTLER	Waterford Tri Club	909	1:05:56	1:06:14
370.	Noel FITZGERALD	West Limerick AC	609	1:05:55	1:06:15
371.	Paraic RYAN		1554	1:05:53	1:06:18
372.	Antoine ADAM		1899	1:05:43	1:06:19
373.	Rachel FINN		3331	1:05:35	1:06:20
374.	Joe CHAWKE	Dooneen AC	466	1:06:08	1:06:20
375.	Anthony POWER	Clonmel AC	505	1:06:09	1:06:21
376.	Adrian CUNNINGHAM	Gowran AC	737	1:05:50	1:06:24
377.	Lauren O'SULLIVAN		3339	1:06:12	1:06:25
378.	Paul KEARNEY	Aghada RC	24	1:06:12	1:06:27
379.	Garry NOONAN	Leevale AC	634	1:06:05	1:06:28
380.	Tom O'NEILL	Aghada RC	332	1:06:14	1:06:29
381.	Martin O'KEEFFE	Youghal AC	669	1:05:30	1:06:32
382.	Brendan COLEMAN	Youghal AC	310	1:06:15	1:06:33
383.	David HICKEY		1233	1:06:24	1:06:36
384.	Tom CUNNIFFE	Kilkenny City Harriers	178	1:06:20	1:06:36
385.	Conor MULLIGAN		1857	1:06:11	1:06:37
386.	Mark LANGFORD	Waterford AC	471	1:06:34	1:06:41
387.	Ronan WALL		1219	1:06:06	1:06:41
388.	James GRANNELL	Slaney Olympic	778	1:06:40	1:06:42
389.	Tadhg PICKERING		1972	1:06:42	1:06:43
390.	Donal RYAN	Clonmel AC	78	1:06:35	1:06:47

391.	Donal FALLON	Mount Hillary AC	551	1:06:28	1:06:49
392.	Billy RYAN	West Waterford AC	181	1:06:28	1:06:50
393.	Tommy MACKEY		1422	1:06:47	1:06:50
394.	Kenneth ROTHWELL	Sliabh Buidhe Rovers AC	373	1:06:34	1:06:51
395.	Brendan O'DRISCOLL	Kilkenny City Harriers	367	1:06:44	1:06:51
396.	Catherine ROCHE	Slaney Olympic	2033	1:06:36	1:06:52
397.	Pat COSTIGAN	St Catherines AC	686	1:06:33	1:06:56
398.	Stephen WHITE	Waterford AC	180	1:06:33	1:06:58
399.	Edwin MCAREE		1996	1:06:47	1:06:59
400.	Ray HAHESY	West Waterford AC	627	1:06:50	1:07:00
401.	Eoin O'CONNOR		1566	1:06:58	1:07:00
402.	Conor HENNEBRY		1927	1:06:35	1:07:00
403.	David HOGAN		1819	1:06:40	1:07:04
404.	Paul BOWE		1227	1:06:49	1:07:05
405.	Anthony FLYNN	West Waterford A.C.	3476	1:06:17	1:07:06
406.	Kevin LAMBE	Crusaders AC	670	1:06:24	1:07:07
407.	Oliver RYAN	Eagle AC	1925	1:06:49	1:07:07
408.	Ann-Marie WALSH		2632	1:06:50	1:07:07
409.	Kieran LYNCH		1717	1:06:52	1:07:08
410.	Ruairí O'MAHONY	Ballincollig AC	290	1:07:04	1:07:09
411.	Paul FLOOD	Gowran AC	866	1:06:44	1:07:10
412.	Niall BARRY		1790	1:06:49	1:07:11
413.	Shane HEALY		1080	1:06:57	1:07:12
414.	Anthony GILMARTIN		1421	1:06:39	1:07:12
415.	Kevin SMITH	Midleton AC	114	1:06:36	1:07:13
416.	Terry RYAN		869	1:07:04	1:07:13
417.	Colette O'DONOGHUE	Watergrasshill AC	2453	1:06:50	1:07:14
418.	Dwayne SMYTH		1408	1:06:41	1:07:14
419.	Colm O'HARE		1978	1:07:01	1:07:15
420.	Martin MILWARD	Fulham RC	1144	1:07:03	1:07:15
421.	Seán BROSANAN	Team I.P	1315	1:06:56	1:07:16
422.	Lisa CROWLEY	Watergrasshill AC	2320	1:07:10	1:07:17
423.	Jamie BYRNE	Clonmel AC	668	1:07:02	1:07:17
424.	Nollaigh O'NEILL	Leevale AC	3218	1:07:14	1:07:19
425.	Alan RYAN		1816	1:06:49	1:07:19
426.	Gillian EARLEY		3044	1:06:56	1:07:20
427.	Philip BEAUSANG	West Waterford AC	1443	1:07:06	1:07:20
428.	Garrett LOY	Clonliffe Harriers	506	1:06:49	1:07:21
429.	Stephen BARRY		1483	1:06:46	1:07:22
430.	Pat GRANT		1275	1:07:03	1:07:22
431.	Eoin MCCORMACK		1417	1:07:02	1:07:23
432.	Donnacha RYAN		1396	1:07:03	1:07:24
433.	Karl SCANLAN		846	1:07:10	1:07:26
434.	Paul KENNEDY	West Waterford AC	250	1:07:01	1:07:26
435.	Colm SHEEHAN	St Finbarrs AC	781	1:07:16	1:07:28
436.	David LARKIN	United Striders AC	198	1:07:06	1:07:29
437.	Katie REIDY	United Striders AC	2162	1:07:06	1:07:29
438.	Joan MAHONY		3305	1:07:12	1:07:30
439.	Karl PRESTON	Leevale AC	618	1:07:08	1:07:30
440.	Niall HYLAND	Fronrunners Cork	1728	1:07:18	1:07:30
441.	Derek BREEN	Dundrum AC	577	1:07:06	1:07:31
442.	Cian O'MAHONY		3426	1:07:14	1:07:34
443.	Paul O'MAHONY		860	1:07:08	1:07:35
444.	Richard HAWKINS	Carraig na bhFear AC	204	1:07:17	1:07:36
445.	Ciaran HUGHES		1153	1:07:17	1:07:36
446.	Conor MACGUINNESS	Crusaders AC	682	1:07:24	1:07:37



447.	Liam MCMAHON	Bilboa AC	503	1:07:13	1:07:39
448.	Deirdre O'CONNELL		3361	1:07:26	1:07:40
449.	Sean KIELY		1850	1:07:20	1:07:41
450.	Ciaran COURTNEY		1195	1:07:12	1:07:42
451.	Diarmuid Ó SÚILLEABHÁIN	Leevale AC	137	1:07:22	1:07:43
452.	Elaine HORGAN	Clonmel AC	2236	1:07:39	1:07:45
453.	Chris MCGRATH	East Cork AC	486	1:07:15	1:07:46
454.	Keith BARRY	St Catherines AC	132	1:07:31	1:07:47
455.	Elton CHAMBERS		1799	1:07:22	1:07:47
456.	Padraig KENNEDY	West Waterford AC	622	1:07:26	1:07:48
457.	Kevin CURRAN		1092	1:07:23	1:07:49
458.	Annelise HUTCH	East Cork AC	3398	1:07:35	1:07:49
459.	Emmet PRENDERGAST		1042	1:07:20	1:07:50
460.	Jack MURPHY	Eagle AC	346	1:07:31	1:07:50
461.	Mick DOLAN		1224	1:07:20	1:07:52
462.	Paul BREEN		3492	1:07:21	1:07:56
463.	Rory O'DONOVAN	St Finbarrs AC	58	1:07:22	1:07:57
464.	Kevin CORBETT		1903	1:07:29	1:07:57
465.	Harry OLIPHANT		1638	1:07:33	1:07:58
466.	Stefano FACCHIN		1481	1:07:23	1:07:59
467.	Mary CAHILL	Ennis Track AC	2599	1:07:27	1:08:00
468.	John COLLINS	Mallow AC	433	1:07:38	1:08:00
469.	Adrian GIBBS	Togher AC	3428	1:07:43	1:08:00
470.	Adrian COLLINS	Blackwater Tri Club	1454	1:07:46	1:08:01
471.	Andy HANRAHAN	Kilkenny City Harriers	110	1:07:42	1:08:01
472.	Fionnuala DESMOND	Leevale AC	2457	1:08:00	1:08:02
473.	Sean NOONE		1567	1:07:36	1:08:03
474.	Paul BOWE	Moycarkey Coolcree AC	587	1:07:51	1:08:07
475.	Olive MCCARTY		2610	1:07:50	1:08:09
476.	Rob GLASCOTT		1684	1:07:12	1:08:10
477.	Anne Marie HALPIN	Clonmel AC	2014	1:07:59	1:08:11
478.	Paul LAVOIE	Grange Fermoy AC	579	1:07:47	1:08:13
479.	Conor MCELVANEY	Grange Fermoy AC	293	1:07:55	1:08:17
480.	John KISSANE		1070	1:07:57	1:08:20
481.	Conor RYAN		3427	1:08:01	1:08:20
482.	Kenneth KINGSTON	Rosscarbery Steam runners	740	1:07:58	1:08:20
483.	Siobhan O'TOOLE	Dublin Front Runners	2589	1:08:01	1:08:21
484.	Sinead O'BRIEN	Kilmore AC	2054	1:07:57	1:08:21
485.	Shane KEARNEY	St Catherines AC	20	1:07:51	1:08:21
486.	Vasiliy NEUMERZHITSKIY		1664	1:07:59	1:08:22
487.	Dan COLLINS		808	1:08:05	1:08:23
488.	Keith MILLS	Ballintotis Fit4Life	331	1:07:57	1:08:23
489.	Sean MEANEY		1940	1:08:09	1:08:28
490.	Eveleen DROHAN	West Waterford AC	2220	1:08:10	1:08:29
491.	Mark MCCOMISH		1871	1:08:10	1:08:29
492.	Sean O'DEA	Clonmel AC	99	1:08:19	1:08:30
493.	Ian MONTGOMERY	Watergrasshill AC	442	1:08:03	1:08:31
494.	Susan MCGRATH	Midleton AC	2547	1:08:08	1:08:33
495.	David WALSH		1803	1:08:16	1:08:34
496.	Peter CASEY		1207	1:08:10	1:08:37
497.	Michael QUIGLEY	Slaney Olympic	118	1:08:20	1:08:37
498.	Pawel HOC		1051	1:08:33	1:08:38
499.	Peter KIELY	Clonmel AC	414	1:08:17	1:08:40
500.	Conor FOX	Donoughmore AC	573	1:08:25	1:08:42
501.	Cormac O'REGAN	Castle Loopers	958	1:08:29	1:08:45
502.	Gavin MCENERY	Saturday Road Runners	1039	1:08:16	1:08:47

503.	Michael MCGRATH	Eagle AC	349	1:08:24	1:08:47
504.	Dermot POWER		1355	1:08:29	1:08:47
505.	Patrick BEAUSANG	West Waterford AC	813	1:08:35	1:08:49
506.	David LORIGAN	Clonmel AC	590	1:08:39	1:08:51
507.	James MAHER		1801	1:08:22	1:08:51
508.	Lisa COLLINS	Kilkenny City Harriers	2197	1:08:31	1:08:53
509.	Darren FLYNN	Grange Fermoy AC	72	1:08:20	1:08:53
510.	Olan HAYES	Clonakilty Road Runners AC	494	1:08:13	1:08:54
511.	Willie BARRY	Midleton AC	341	1:08:23	1:08:55
512.	Ciaran FOLEY		1882	1:08:30	1:08:55
513.	Stephen O'CONNOR	St Josephs AC	305	1:08:13	1:08:58
514.	Mary PRENDERGAST	Kilkenny City Harriers	2130	1:08:08	1:08:58
515.	Olan HODNETT		1789	1:08:47	1:09:01
516.	Michael BOWES		1945	1:08:37	1:09:02
517.	Brian WALLACE		1154	1:08:41	1:09:02
518.	Stephen HAMM		1280	1:08:44	1:09:03
519.	Brendan HALLISSEY		992	1:08:41	1:09:03
520.	Chris O'CONNELL	St Catherines AC	18	1:08:41	1:09:04
521.	Justin FOLEY		1954	1:08:22	1:09:04
522.	Melissa O'SULLIVAN	Marathon Club Ireland	2365	1:08:37	1:09:05
523.	Gerard BURTS		957	1:08:45	1:09:05
524.	Martin LAVAN	West Waterford AC	724	1:08:52	1:09:06
525.	Ellen HANLEY	Grange Fermoy AC	2307	1:08:42	1:09:06
526.	Ailish MANSFIELD	Clonmel AC	2419	1:08:56	1:09:08
527.	Colin O'GARA	Lucan Harriers AC	776	1:08:44	1:09:08
528.	Colum KIDNEY		895	1:08:46	1:09:09
529.	Suzanne ALCOCK	Ballymore Cobh AC	2585	1:08:50	1:09:09
530.	Dean O'SHEA	Waterford AC	39	1:08:20	1:09:10
531.	Gwen CONROY	Watergrasshill AC	2251	1:09:00	1:09:11
532.	Kieran RUBY		1578	1:08:39	1:09:12
533.	Ed CAHILL	Slaney Olympic	749	1:08:57	1:09:12
534.	David BROPHY	Mallow AC	242	1:08:39	1:09:12
535.	Richie LYNCH	St Catherines AC	23	1:08:53	1:09:13
536.	Shane O'CONNELL		833	1:08:54	1:09:14
537.	Christine KELLY	East Cork AC	2101	1:09:00	1:09:14
538.	Sarah TREACY	Watergrasshill AC	2120	1:09:03	1:09:14
539.	Mick PENDER	Clonmel AC	664	1:08:37	1:09:15
540.	Will O'LEARY		946	1:09:00	1:09:15
541.	David GUNNIP		1523	1:08:58	1:09:15
542.	Aidan SCALLY	Clonakilty Road Runners AC	85	1:08:48	1:09:15
543.	Cathal DWANE		1863	1:09:04	1:09:17
544.	Bart KSEL		1868	1:08:17	1:09:17
545.	Tony HOLOHAN	Saturday Road Runners	1583	1:08:50	1:09:17
546.	Barry HODNETT		985	1:09:04	1:09:18
547.	Jim HENNEBERRY		1314	1:08:57	1:09:19
548.	Conan DOYLE	Slaney Olympic	3	1:08:53	1:09:19
549.	Sinead RENTON		3154	1:09:01	1:09:20
550.	Paddy RYAN	Templemore AC	690	1:08:51	1:09:21
551.	Martin CANTY	West Muskerry AC	542	1:08:56	1:09:21
552.	Paul DUNNE		1498	1:08:48	1:09:22
553.	Avril CROWLEY	East Cork AC	2475	1:09:08	1:09:22
554.	David SCULLY	Ballintotis Fit4Life	275	1:08:58	1:09:22
555.	Aisling ENGLISH	Clonmel AC	2021	1:09:11	1:09:22
556.	Liam MURPHY	Mount Hillary AC	208	1:09:01	1:09:23
557.	Carlos ALMEIDA	Fronrunners Cork	1764	1:09:14	1:09:24
558.	Ian QUINLAN	Watergrasshill AC	287	1:08:59	1:09:25

559.	Brian MURPHY	Cobh Tri Club	1931	1:09:03	1:09:25
560.	Paul LYONS		1910	1:09:00	1:09:25
561.	Gary HURNEY	West Waterford AC	1307	1:08:47	1:09:25
562.	Roisin DORAN		3270	1:08:59	1:09:27
563.	Pat FITZGERALD		3484	1:09:09	1:09:28
564.	Darryl HALE		1671	1:09:04	1:09:29
565.	Edel ROCHE		2982	1:08:50	1:09:30
566.	Michael KEARNEY		1516	1:08:54	1:09:30
567.	Eugene DOHERTY	Sliabh Buidhe Rovers AC	565	1:09:32	1:09:32
568.	Orla HAYES	Leevale AC	2571	1:09:26	1:09:33
569.	Niamh CAREY		3298	1:08:52	1:09:33
570.	Ian ROCHE	Eagle AC	679	1:09:26	1:09:34
571.	David O'CONNOR	St Catherines AC	145	1:09:10	1:09:34
572.	Francis MORRISSON	Mooreabbey Milers AC	363	1:09:06	1:09:34
573.	Ian MURPHY	Youghal AC	317	1:09:03	1:09:36
574.	Denis O'BRIEN		1072	1:09:21	1:09:36
575.	Mike GRIFFIN	Dooneen AC	295	1:09:11	1:09:36
576.	John NOLAN		3483	1:09:18	1:09:37
577.	Aidan CLANCY		1378	1:09:14	1:09:38
578.	Paul FITZPATRICK		1963	1:09:20	1:09:41
579.	Maurice WALSH	Youghal AC	535	1:09:17	1:09:42
580.	Daithi DE PAOR		1545	1:09:14	1:09:44
581.	Alan RYAN	West Waterford AC	136	1:09:14	1:09:44
582.	Diane BEHAN	Waterford AC	2056	1:09:21	1:09:47
583.	David BRAZIL		1466	1:09:21	1:09:48
584.	David KEHOE	United Striders AC	337	1:09:30	1:09:49
585.	Gail BARRY	Belgooly AC	2511	1:09:45	1:09:50
586.	Aidan KELLEHER		1322	1:09:17	1:09:50
587.	Kyle ROCHE		1120	1:09:10	1:09:52
588.	Adam QUIRKE		1251	1:09:15	1:09:53
589.	Valeriu TURCAN		3439	1:09:29	1:09:53
590.	Gavin QUAIN	Grange Fermoy AC	166	1:09:31	1:09:54
591.	Ciara MAGNER	Watergrasshill AC	2049	1:09:28	1:09:54
592.	Brendan O'CARROLL		1720	1:09:27	1:09:54
593.	Donal MCCARTHY		1403	1:09:05	1:09:55
594.	Nicole BUTLER	Cork Tri Club	2941	1:09:34	1:09:58
595.	Darius GUDONIS	Doneraile AC	629	1:09:31	1:10:00
596.	Tony O'SULLIVAN	West Muskerry AC	431	1:09:41	1:10:00
597.	Gary MCCULLOCH		1133	1:09:29	1:10:03
598.	Colm DOWNES		1257	1:09:19	1:10:03
599.	Dave BARTLEY	Grange Fermoy AC	523	1:09:48	1:10:04
600.	Ronan CORKERY		1274	1:09:23	1:10:04
601.	Garrett HYNES	Tullaroan AC	862	1:09:36	1:10:06
602.	Adam FLOOD		982	1:10:07	1:10:07
603.	Jarlath DUFFY	Racing 795	739	1:09:31	1:10:07
604.	David DEVINE	Kilkenny City Harriers	117	1:09:41	1:10:08
605.	Andrew MACDONALD	Eagle AC	304	1:09:33	1:10:08
606.	Kevin FENNESSY	Watergrasshill AC	169	1:10:00	1:10:09
607.	Martin MCCABE	Bilboa AC	528	1:09:53	1:10:10
608.	Sinéad FLANNERY	Ballintotis Fit4Life	2160	1:09:45	1:10:10
609.	Stephen DUNLEA	Watergrasshill AC	5	1:09:24	1:10:10
610.	Sean LUCEY	Eagle AC	481	1:09:40	1:10:10
611.	John O'CONNELL	Carrigaline AC	92	1:09:45	1:10:13
612.	Brian MURPHY		1171	1:09:43	1:10:13
613.	Declan FRENCH		1536	1:09:55	1:10:17
614.	Colm O'MAHONY	Team I.P	984	1:09:34	1:10:19

615.	Yevgeny CHIZHIKOV	West Waterford AC	101	1:09:49	1:10:19
616.	Cathal O'MEARA		1259	1:09:27	1:10:20
617.	Helen WALSH	Togher AC	2161	1:10:11	1:10:21
618.	Kevin O'DONOVAN	St Finbarrs AC	188	1:09:43	1:10:21
619.	Trevor MOORE		834	1:09:04	1:10:21
620.	Denis MURPHY		1867	1:09:58	1:10:22
621.	Stephen KELLEHER	Youghal AC	223	1:09:51	1:10:23
622.	Michael MCNAMARA	Clonmel AC	214	1:09:51	1:10:24
623.	Joya BURNS	Kilkenny City Harriers	2094	1:09:57	1:10:26
624.	Brian CARROLL		1119	1:09:51	1:10:27
625.	Stephen O'CONNELL	St Finbarrs AC	479	1:09:54	1:10:27
626.	Anne WATKINS	St Joesphs AC	2431	1:10:11	1:10:29
627.	Peter O'BRIEN	Grange Fermoy AC	325	1:10:13	1:10:29
628.	John CREEDON		1778	1:10:07	1:10:29
629.	Michael HELLEN	Togher AC	436	1:09:41	1:10:30
630.	Sean STILWELL	West Waterford AC	176	1:10:04	1:10:31
631.	Gavin DOWNEY		1445	1:09:42	1:10:32
632.	Amy HENNESSY		3201	1:10:01	1:10:32
633.	Clare O'HANLON	Ballintotis Fit4Life	2440	1:10:10	1:10:34
634.	Fergal O'MEARA	Midleton AC	674	1:10:25	1:10:35
635.	Michael BUTLER	Trilogy Tri Club	3452	1:10:09	1:10:37
636.	Brian BARRY	Bweeng Trail Blazers	22	1:10:14	1:10:41
637.	Glenn DOLLARD	St Finbarrs AC	221	1:10:16	1:10:44
638.	Cillian O'DRISCOLL		1887	1:10:17	1:10:45
639.	Killian FORBES		1678	1:09:43	1:10:47
640.	Siobhan HOLLAND	Eagle AC	2172	1:10:43	1:10:48
641.	Kenneth MURPHY	Slaney Olympic	365	1:10:22	1:10:50
642.	Mark SHALLOE	West Waterford AC	400	1:10:39	1:10:53
643.	Paddy RYAN		3437	1:10:25	1:10:54
644.	Shane O'CALLAGHAN		1369	1:10:19	1:10:56
645.	Méabh SAVAGE		3155	1:10:31	1:10:57
646.	Leanne BUTLER	KCH /Garda AC	2177	1:10:34	1:10:58
647.	Dave MULLINS	Watergrasshill AC	657	1:10:33	1:10:59
648.	Paul HUNT		1898	1:10:07	1:10:59
649.	Sam RUSSELL		1446	1:10:06	1:11:00
650.	Aaron HOGAN		1490	1:10:33	1:11:01
651.	Sinead FITZGERALD		2738	1:10:44	1:11:02
652.	Noel MCKENNA		1968	1:10:27	1:11:02
653.	Jamie STONE		1745	1:10:35	1:11:04
654.	Eamonn BOOKLE	St Joesphs AC	635	1:10:43	1:11:04
655.	Sandra YOUNG	United Striders AC	2144	1:10:41	1:11:05
656.	Brendan HICKEY	St Catherines AC	86	1:10:45	1:11:08
657.	Niamh O'DONOVAN	West Waterford AC	3299	1:10:38	1:11:09
658.	Susan HICKEY		3172	1:11:01	1:11:10
659.	Dara CLOAKE	Slaney Olympic	623	1:10:36	1:11:10
660.	Anita BYRNE	Kilkenny City Harriers	2284	1:10:51	1:11:12
661.	David MCAULIFFE		1642	1:11:03	1:11:12
662.	Tom HOGAN	West Waterford AC	584	1:10:32	1:11:13
663.	Robert LYNCH		913	1:10:32	1:11:15
664.	Barry MCKINNEY	Clonliffe Harriers	526	1:10:43	1:11:16
665.	Aidan HEAVIN		1572	1:10:47	1:11:17
666.	Declan POWER	Waterford Tri Club	1013	1:10:37	1:11:17
667.	Mick HOLLAND	Ballintotis Fit4Life	448	1:10:51	1:11:18
668.	Philip CLARK	Grange Fermoy AC	348	1:10:37	1:11:18
669.	Joe SCANLAN	Blackwater Tri Club	1495	1:10:51	1:11:18
670.	Richie CRONIN		1916	1:10:13	1:11:20

671.	David PHELAN	Ballinameela Speedsters	1646	1:10:54	1:11:20
672.	Eric O'CONNOR		1277	1:10:14	1:11:21
673.	Denis BROWNE	Eagle AC	245	1:11:11	1:11:22
674.	Ken CAREY		1621	1:11:02	1:11:22
675.	St John O'CONNOR	St Nicholas AC	607	1:10:50	1:11:24
676.	Micheal REA		1024	1:10:54	1:11:24
677.	Marie AHERNE		2642	1:10:43	1:11:26
678.	Alan WORRALL	Clonliffe Harriers	583	1:10:59	1:11:27
679.	Deirdre ANSBRO	Youghal AC	2062	1:10:55	1:11:28
680.	Mike ENNIS	Grange Fermoy AC	555	1:11:10	1:11:31
681.	Neville SYNNOTT		3407	1:10:50	1:11:31
682.	Fergal BARRY		1763	1:10:45	1:11:33
683.	Trevor SPILLANE	Kilkenny Tri Club	843	1:10:49	1:11:33
684.	Tom DOWLING		1361	1:10:49	1:11:34
685.	James MURPHY		1046	1:10:57	1:11:34
686.	Ger MENIHANE	Navy AC	928	1:11:12	1:11:34
687.	Padraig COUGHLAN	Kinsale Tri Club	1852	1:11:04	1:11:36
688.	Adrian MARNANE	Cahir Meet & Train	962	1:11:06	1:11:37
689.	Faye MANSFIELD		3246	1:11:00	1:11:37
690.	Paul RYAN		1218	1:10:40	1:11:38
691.	Robbie PARSONS	IP Coaching	893	1:10:37	1:11:38
692.	Paul COUGHLAN		1744	1:10:44	1:11:38
693.	Thomas O'NEILL		1506	1:10:32	1:11:39
694.	Ben HALLINAN	Naas AC	495	1:11:28	1:11:41
695.	Eileen FINN	Grange Fermoy AC	2087	1:11:29	1:11:44
696.	Jack O'RIORDAN		1312	1:11:26	1:11:46
697.	Orla O'ROURKE	Ballymore Cobh AC	2525	1:11:13	1:11:48
698.	Trevor COLLINS	St Finabars AC	1970	1:11:18	1:11:49
699.	Tom LONGAN		1921	1:11:18	1:11:50
700.	Jamie HALLAHAN		903	1:11:24	1:11:52
701.	Ciaran DOYLE	Waterford Tri Club	989	1:11:35	1:11:52
702.	Alan MCELHINNEY	Metro St Brigids AC	663	1:11:29	1:11:54
703.	Ed COLEMAN		1999	1:10:42	1:11:55
704.	Mark MCGRATH	Croghan AC	492	1:11:27	1:11:55
705.	Seán FLYNN		3406	1:11:39	1:11:55
706.	Leo HOWARD		1232	1:11:18	1:11:56
707.	Pj DUNNE	Racing 795	718	1:11:20	1:11:57
708.	Ger MURPHY	Slaney Olympic	316	1:11:32	1:12:00
709.	Cormac O'BRIEN		1325	1:11:20	1:12:00
710.	Phil MURPHY		1002	1:11:15	1:12:00
711.	Tom O'REILLY		1151	1:11:16	1:12:01
712.	Shane GREENE	Youghal AC	73	1:11:27	1:12:01
713.	Mark WALSH	Midleton AC	355	1:11:35	1:12:04
714.	Bob ANGLIM		1892	1:11:37	1:12:04
715.	Mary SWEENEY	St Finbarrs AC	2173	1:12:02	1:12:05
716.	Triona KINANE	Athlone AC	2539	1:11:46	1:12:08
717.	Richie HALPIN		991	1:11:48	1:12:09
718.	Jerry POWER	West Waterford AC	97	1:11:31	1:12:10
719.	Eddie HYNES		1471	1:11:32	1:12:10
720.	Micheál CRONIN	Youghal AC	788	1:11:45	1:12:11
721.	Shane KEOGH		1845	1:11:22	1:12:11
722.	Pamela BARRY	Aghada RC	2454	1:11:44	1:12:12
723.	Martin FEENEY		1221	1:11:45	1:12:12
724.	Vincent MCHUGH	Clonmel AC	596	1:12:02	1:12:14
725.	David BARRY	Youghal AC	787	1:11:42	1:12:14
726.	Seán MURPHY		1539	1:11:41	1:12:14

727.	Brendan CURTIN	Midleton AC	438	1:11:34	1:12:15
728.	Karen BEVAN	Eagle AC	2261	1:11:50	1:12:16
729.	Ruairi EGAN	Eagle AC	161	1:11:50	1:12:16
730.	Jason O'MAHONY		1579	1:11:50	1:12:17
731.	Seanie PERCY	Templemore AC	616	1:11:08	1:12:17
732.	Jim HENNESSY		1249	1:11:29	1:12:18
733.	Donal MURRAY	St Finbarrs AC	659	1:11:58	1:12:19
734.	Seamus KEHOE	United Striders AC	54	1:12:00	1:12:20
735.	Michael CONNERN	Eagle AC	215	1:11:46	1:12:21
736.	John BYRNE	United Striders AC	160	1:12:02	1:12:22
737.	Stan DVORSKY		897	1:12:14	1:12:22
738.	Michael MINEHANE		1282	1:11:45	1:12:23
739.	Kate TWOHIG	Dooneen AC	2127	1:11:55	1:12:24
740.	David DONNELLY	West Waterford AC	829	1:11:52	1:12:25
741.	Linda FOLEY	West Waterford AC	2176	1:11:57	1:12:25
742.	Colin GRANT	Saturday Road Runners	1085	1:11:57	1:12:25
743.	Finbar KINGSTON	Youghal AC	76	1:11:52	1:12:26
744.	Mary O'CONNELL	Gneeveguilla AC	2007	1:11:58	1:12:27
745.	Patrick O'CONNELL	Togher AC	391	1:12:07	1:12:27
746.	David O'GORMAN		842	1:12:03	1:12:28
747.	Clara FAHEY	Team I.P	2741	1:11:34	1:12:28
748.	Gerard REILLY	West Waterford AC	498	1:11:57	1:12:28
749.	Patrick BUCKLEY		1146	1:11:45	1:12:28
750.	Don MCDONALD	Midleton AC	74	1:12:01	1:12:28
751.	Paul O'DONOVAN		997	1:11:49	1:12:29
752.	Eamon DWYER	LSD Runners	1055	1:12:13	1:12:29
753.	Gerald FOGARTY		1768	1:10:54	1:12:31
754.	Emmet NORTON	Naas AC	226	1:12:17	1:12:31
755.	Breda HENNESSY	St Joesphs AC	2110	1:12:13	1:12:31
756.	Mark BUCKLEY		1762	1:10:53	1:12:34
757.	Gary CORCORAN		1561	1:10:53	1:12:34
758.	Kenneth CLERKIN	Naas AC	11	1:12:22	1:12:35
759.	John M GEEHAN		1234	1:11:48	1:12:36
760.	John TOBIN		1783	1:12:22	1:12:38
761.	Kevin MORAN	Midleton AC	360	1:11:59	1:12:38
762.	Dylan BARRY	Wexford Marathon Club	1937	1:11:42	1:12:39
763.	James BREEN	Buttevant RC	264	1:11:54	1:12:40
764.	Benedetta BALOSTRO		3370	1:12:08	1:12:41
765.	Brian O'CONNELL	Togher AC	797	1:12:09	1:12:41
766.	Stephen TABB		1213	1:12:05	1:12:42
767.	John CASEY	Togher AC	361	1:12:10	1:12:42
768.	John O'SULLIVAN	Waterford AC	600	1:11:53	1:12:44
769.	Jim GRENNAN		1736	1:12:00	1:12:45
770.	Damien O'RIORDAN		825	1:12:05	1:12:46
771.	Conor MCGRATH		1267	1:12:29	1:12:47
772.	Tony LAUHOFF	Kilkenny City Harriers	175	1:12:09	1:12:48
773.	Michael O'GORMAN		1787	1:12:29	1:12:49
774.	Barbara HARVEY		2822	1:11:41	1:12:50
775.	David PIPER		1173	1:11:40	1:12:51
776.	Shane MULLEN		925	1:11:32	1:12:52
777.	Barry O'CALLAGHAN	Mallow AC	785	1:12:00	1:12:53
778.	Eoghan MCCARTHY		1147	1:12:18	1:12:53
779.	Marie WRIGHT	Bilboa AC	2583	1:12:30	1:12:54
780.	Raymond HARRINGTON		1730	1:12:23	1:12:55
781.	Brendan O'MAHONY	Grange Fermoy AC	146	1:12:02	1:12:55
782.	Ron ILSLEY	West Waterford AC	725	1:12:25	1:12:55

783.	Kieran CUDDIHY	Fitness Goose RC	1370	1:12:31	1:12:56
784.	Aj MURPHY	Midleton CTC	1129	1:12:04	1:12:58
785.	Janette O'SULLIVAN	Youghal AC	2044	1:12:24	1:12:58
786.	Sean O'BRIEN		1036	1:12:28	1:13:00
787.	David NIXON		1122	1:11:39	1:13:02
788.	Clodagh CREEDON	Belgooly AC	2023	1:12:57	1:13:03
789.	Jason CROWLEY		1889	1:12:38	1:13:03
790.	Dermot WALSH	Ballintotis Fit4Life	427	1:12:41	1:13:05
791.	Fergal O'CALLAGHAN		1478	1:12:36	1:13:06
792.	Donal HEAGNEY	Portlaoise AC	113	1:12:45	1:13:07
793.	Lisa FINN	Mallow AC	2324	1:12:30	1:13:08
794.	Aine O'DONOGHUE		2656	1:12:23	1:13:08
795.	Henry LANGTON	Lucan Harriers AC	291	1:12:01	1:13:08
796.	Brenda O'DONOGHUE		2707	1:12:23	1:13:08
797.	Niall MCLOUGHLIN	St Laurence O'Toole AC	687	1:11:56	1:13:10
798.	Michael POWER	West Waterford AC	3468	1:12:48	1:13:10
799.	Conor MURRAY	West Waterford AC	213	1:12:40	1:13:13
800.	Caoimhe FOLEY	Kilkenny City Harriers	2437	1:12:34	1:13:13
801.	Colin COMERFORD	Saturday Road Runners	1452	1:12:45	1:13:14
802.	Rory CONLON		1873	1:11:35	1:13:15
803.	Louise MORGAN		3266	1:12:42	1:13:15
804.	Beth O'CONNOR	United Striders AC	2602	1:12:57	1:13:16
805.	Paul DEVANE	Clonmel Tri Club	1248	1:12:30	1:13:16
806.	Keith BUCKLEY	Grange Fermoy AC	651	1:12:41	1:13:17
807.	Helen CANAVAN		3102	1:12:46	1:13:17
808.	Grainne CARMODY	Carrigaline AC	2452	1:12:40	1:13:20
809.	Jacqueline O'CONNOR		3369	1:12:51	1:13:21
810.	William KEANE	Dundrum AC	574	1:12:40	1:13:22
811.	Ray O'RIORDAN	Thurles Croke AC	134	1:12:30	1:13:22
812.	Colin ASHMORE		1419	1:12:48	1:13:23
813.	Stephen KIERAN		1278	1:12:27	1:13:23
814.	Garry DUNLEA	St Finbarrs AC	548	1:12:38	1:13:24
815.	Denis O'BRIEN		1327	1:12:46	1:13:24
816.	Ian MCELHINNEY		1303	1:13:01	1:13:25
817.	Aidan DOYLE	Templemore AC	399	1:12:40	1:13:27
818.	Peter CUNNINGHAM	West Waterford AC	452	1:12:45	1:13:27
819.	Ian MCHARDY		1922	1:13:00	1:13:29
820.	Dean FITZGERALD		1515	1:12:54	1:13:30
821.	Brendan MURPHY		1932	1:12:57	1:13:30
822.	Shane HAYES	West Waterford AC	924	1:13:04	1:13:32
823.	Alison DONNELLY		3368	1:12:59	1:13:33
824.	Colm DILLON		1436	1:12:56	1:13:35
825.	Oliver SPILLANE		1598	1:12:53	1:13:36
826.	Seamus O'KEEFFE	Doneraile AC	1953	1:12:49	1:13:36
827.	Darren HICKEY		1395	1:13:08	1:13:38
828.	Shane FITZPATRICK		1706	1:13:31	1:13:39
829.	Mari BURKE	Kinsale Tri Club	2698	1:12:34	1:13:40
830.	Filipe AFONSO		1935	1:12:54	1:13:40
831.	Mikey POWER		3435	1:13:01	1:13:42
832.	James LONG	Beara AC	456	1:13:10	1:13:42
833.	Darragh WILEY	Mallow AC	186	1:12:09	1:13:43
834.	Joan ENNIS	Grange Fermoy AC	2466	1:13:23	1:13:44
835.	Michael MCGRATH		1757	1:12:53	1:13:44
836.	Ray O'MAHONY		1152	1:12:55	1:13:44
837.	Stephanie JOHNSON		3114	1:12:31	1:13:44
838.	Diarmuid KIELY	Carraig na bhFear AC	698	1:13:08	1:13:45

839.	William O'DWYER		1905	1:13:07	1:13:45
840.	Andrew CARROLL		1390	1:13:11	1:13:46
841.	Roberta RYAN		3215	1:12:57	1:13:46
842.	Robert HOURIGAN		774	1:12:47	1:13:46
843.	Martin CODD		1788	1:13:12	1:13:46
844.	Billy O'MAHONY	Tracton AC	561	1:13:22	1:13:47
845.	Kevin MORRIS	Croghan AC	734	1:13:19	1:13:49
846.	Dave PRENDERGAST		1212	1:13:27	1:13:49
847.	Adrian CAMPBELL	Wexford Marathon Club	800	1:12:29	1:13:50
848.	Kevin CASEY	West Waterford AC	571	1:13:12	1:13:52
849.	Miah MCGRATH	Midleton AC	255	1:13:09	1:13:53
850.	Geraldine GROGAN	Kilkenny City Harriers	2228	1:13:17	1:13:54
851.	Gillian SOHUN	Leevale AC	2426	1:13:22	1:13:55
852.	Alex EATON	Ballymore Cobh AC	172	1:13:20	1:13:55
853.	Jerry GUINEY		1738	1:13:23	1:13:56
854.	James O'MAHONY		1656	1:13:26	1:13:57
855.	Orla CLEAR	Gowran AC	2211	1:12:44	1:13:59
856.	John SANTRY		1237	1:13:41	1:13:59
857.	Alan CULLEN	West Waterford AC	545	1:12:56	1:14:00
858.	Ken NYHAN	Eagle AC	745	1:13:17	1:14:01
859.	Rebecca DOOCEY	Clonmel AC	2441	1:13:03	1:14:02
860.	Maggie O'MAHONY		3239	1:13:18	1:14:03
861.	Jack AHEARNE		1600	1:13:50	1:14:04
862.	Margaret TWOHIG	St Finbarrs AC	2198	1:13:35	1:14:06
863.	Fergal CONDON	Clonmel AC	1118	1:12:59	1:14:07
864.	Vincent BYRNE	Slaney Olympic	256	1:13:04	1:14:09
865.	Jet CREEDON		1884	1:13:35	1:14:11
866.	Austin RYAN	Thurles Croke AC	744	1:13:23	1:14:11
867.	Jordan MUIR		955	1:13:35	1:14:12
868.	Leonard O'SULLIVAN	Watergrasshill AC	36	1:13:33	1:14:12
869.	Jen RING	West Muskerry AC	2448	1:13:37	1:14:12
870.	John FOLEY		1014	1:13:35	1:14:14
871.	Paul MCGEE		1021	1:13:41	1:14:15
872.	Patrick MINOGUE		1012	1:13:19	1:14:15
873.	John GRIFFIN	Clonmel AC	381	1:13:38	1:14:16
874.	Mary MOLLOY	Kings River AC	2043	1:13:40	1:14:17
875.	John MASON		875	1:13:37	1:14:17
876.	John CROTTY		1547	1:13:06	1:14:17
877.	James O'SULLIVAN		1950	1:13:43	1:14:18
878.	Kevin O'SHEA		890	1:13:21	1:14:19
879.	Liz NYHAN	West Waterford AC	2329	1:12:49	1:14:20
880.	Kevin O'MEARA		839	1:13:31	1:14:20
881.	David POWER		874	1:13:54	1:14:20
882.	Iain O'CALLAGHAN		1271	1:14:01	1:14:21
883.	Barbara O'REILLY		2908	1:13:38	1:14:25
884.	Michael MULLARKEY		1008	1:13:49	1:14:26
885.	Belinda KEHOE	SBR Ferns	2234	1:14:02	1:14:28
886.	Shane O'DONOVAN	West Cork Tri Club	853	1:14:01	1:14:28
887.	Stephen CROWLEY	South Coast Tri Club	1533	1:14:07	1:14:29
888.	Kevin RYAN		1584	1:13:30	1:14:30
889.	Conor HARRINGTON		1544	1:13:43	1:14:30
890.	Breda LYNCH	St Catherines AC	2000	1:14:01	1:14:31
891.	Jason CROSBIE	Eagle AC	353	1:14:01	1:14:32
892.	Emer COURTNEY		2956	1:13:52	1:14:32
893.	Tony CUMMINS		1094	1:13:57	1:14:32
894.	Michael NAUGHTON		1376	1:13:07	1:14:33



895.	Mark DUNNE		3454	1:14:02	1:14:33
896.	Gavin CLARKE		1463	1:14:19	1:14:34
897.	Linda CAGNEY	Togher AC	2111	1:14:02	1:14:35
898.	Paul LANIGAN	Saturday Road Runners	841	1:13:46	1:14:35
899.	Lynn MCMAHON		3378	1:14:01	1:14:35
900.	Robert PENDER	Ballymore Cobh AC	3498	1:14:05	1:14:40
901.	Stephen PENDER		3447	1:14:05	1:14:40
902.	Anthony KIRWAN		1256	1:13:59	1:14:41
903.	Deirdre LYNCH	Balbriggan & District AC	3025	1:14:03	1:14:41
904.	Ger O'REGAN		3494	1:13:47	1:14:42
905.	Jonathan REGAN		1622	1:14:07	1:14:43
906.	Sheila PERRY	Team I.P	2763	1:14:01	1:14:46
907.	Barry O'MAHONY		1957	1:13:56	1:14:47
908.	Kieran DUNPHY		1800	1:14:10	1:14:49
909.	Jacci CONLON	Boyle AC	2398	1:14:19	1:14:49
910.	David CASHMAN		927	1:13:53	1:14:49
911.	Tomas MAHONY	West Waterford AC	714	1:14:29	1:14:50
912.	Mark NATHAN		1112	1:14:00	1:14:52
913.	Dermot O'SULLIVAN	Mallow AC	532	1:14:08	1:14:52
914.	Barry O'DWYER	Midleton AC	685	1:14:15	1:14:53
915.	Denis COTTER		1188	1:14:02	1:14:53
916.	Andrew SHAW	Clonmel AC	568	1:14:38	1:14:54
917.	Shane O'NEILL	Clonmel AC	731	1:14:22	1:14:54
918.	Emmet GAFFNEY		1345	1:14:18	1:14:55
919.	David KILGANNON	Youghal AC	404	1:14:13	1:14:57
920.	Declan FITZPATRICK		1590	1:14:22	1:14:57
921.	Gary BOYLE		1007	1:14:26	1:14:57
922.	Luke O'SHEA	Youghal AC	751	1:14:17	1:14:58
923.	Ray WALLACE	Ballincollig AC	880	1:13:35	1:14:59
924.	Shane CARROLL	Ballintotis Fit4Life	406	1:14:36	1:15:00
925.	Eoin HEALY		1371	1:14:18	1:15:01
926.	James GERAGHTY		1081	1:14:18	1:15:02
927.	Anthony POWER		1548	1:13:51	1:15:02
928.	Barry RING		1753	1:14:01	1:15:06
929.	Val GUNNER		1497	1:13:26	1:15:07
930.	John COLEMAN		1568	1:14:17	1:15:07
931.	Tony O'MAHONY	West Waterford AC	1944	1:14:36	1:15:07
932.	Barry MURPHY		823	1:13:33	1:15:07
933.	James MASON		3413	1:14:27	1:15:08
934.	Joe SALMON	West Waterford AC	821	1:14:26	1:15:10
935.	Tom HICKEY	South Coast Tri Club	1697	1:14:29	1:15:10
936.	Michelle DOHERTY	Clonmel AC	2051	1:14:29	1:15:11
937.	Rian O'DWYER	Sanctuary Runners	1394	1:14:39	1:15:11
938.	Jamie SAUNDERS	St Finbarrs AC	3411	1:14:40	1:15:13
939.	Gregory HEFFERNAN		3455	1:14:20	1:15:15
940.	Keith O'BRIEN		1279	1:14:33	1:15:17
941.	Trevor MASON	West Waterford AC	637	1:14:48	1:15:18
942.	Kevin POLLARD		1098	1:13:54	1:15:18
943.	Brian BYRNE		3482	1:14:49	1:15:18
944.	Cyril FOGARTY	Irish Mountain RA	1300	1:14:47	1:15:18
945.	Dave MCKEON		943	1:14:44	1:15:20
946.	Pat WALSH	Clonmel AC	342	1:14:23	1:15:21
947.	Liz TERRY	Youghal AC	2569	1:14:49	1:15:28
948.	Philip WALSH		1593	1:14:47	1:15:29
949.	Brendan MADDEN	St Finbarrs AC	334	1:14:58	1:15:29
950.	Warren TERRY	Youghal AC	775	1:14:50	1:15:30

951.	Ray KENNY		1856	1:14:39	1:15:33
952.	Vincent GROARKE	Castle Loopers	1794	1:14:53	1:15:34
953.	James CALLANAN		1102	1:14:50	1:15:34
954.	Colm O'SHEA	Pat Walsh Running	1026	1:14:35	1:15:36
955.	Valerie NEVILLE	West Muskerry AC	2550	1:14:51	1:15:40
956.	Margaret MEEHAN	Templemore AC	2331	1:15:20	1:15:41
957.	Breeda SHEEDY	Midleton AC	2269	1:15:04	1:15:41
958.	Emma DOYLE	Cork City AC	3243	1:15:18	1:15:44
959.	Eoghan LORDAN		1686	1:14:49	1:15:47
960.	Paul WALSH		1045	1:15:15	1:15:47
961.	Ruairi MCHUGH		3443	1:15:09	1:15:48
962.	Colin Og EDWARDS		1559	1:15:01	1:15:48
963.	Diarmuid COSTINE		1412	1:15:15	1:15:50
964.	Darryl BRODERICK		1204	1:15:00	1:15:50
965.	Colum RADFORD		1468	1:15:30	1:15:52
966.	Kenneth WALSH		1294	1:14:48	1:15:53
967.	Donal O'MAHONY	West Waterford AC	1676	1:15:15	1:15:55
968.	Philip TOBIN	Wexford Marathon Club	789	1:15:07	1:15:55
969.	John SCANNELL	CorkO	1420	1:15:20	1:15:55
970.	Ted KELLY	Youghal AC	61	1:15:20	1:15:55
971.	Niamh MCMAHON	Kilcoole AC	2071	1:15:06	1:15:56
972.	Helena RYAN		2613	1:14:17	1:15:57
973.	Thomas KAVANAGH		937	1:15:30	1:15:58
974.	Brian JORDAN		1594	1:14:44	1:15:58
975.	David WOODS		1525	1:15:31	1:16:00
976.	Nicholas WALSH	Le Cheile AC	653	1:14:52	1:16:01
977.	Ronan BARRETT		1965	1:15:23	1:16:04
978.	John CASS		891	1:15:26	1:16:04
979.	Brian DOWNEY		1747	1:15:11	1:16:05
980.	Chris GEARY		1981	1:15:16	1:16:06
981.	Louise CURRAN		2992	1:14:53	1:16:09
982.	Ian CLIFFE		3420	1:15:02	1:16:10
983.	Liam LONERGAN		1148	1:15:24	1:16:11
984.	John Joe HAYES		1831	1:14:56	1:16:12
985.	Brian O'BRIEN		1111	1:14:48	1:16:13
986.	Eoin KISSANE		1398	1:15:41	1:16:14
987.	Mark COADY	Youghal AC	190	1:15:13	1:16:15
988.	Stephen JONES	Mallow Tri Club	1320	1:15:29	1:16:16
989.	Declan CLANCY	St Catherines AC	416	1:15:32	1:16:16
990.	Michelle RYAN		2947	1:15:31	1:16:17
991.	Mairead JULIAN	Dundrum AC	2325	1:15:37	1:16:20
992.	Paul KELLY		934	1:15:03	1:16:20
993.	Thomas KINSELLA	Sportsworld RC	319	1:15:53	1:16:20
994.	Jennifer COSTA	Ballymore Cobh AC	2553	1:15:10	1:16:21
995.	Triona HAYES	Ballymore Cobh AC	2132	1:15:09	1:16:21
996.	Brid LONG	St Laurence O'Toole AC	2542	1:15:04	1:16:21
997.	James KEOGH	Kilfinane AC	680	1:15:48	1:16:21
998.	Darragh STONE		1287	1:15:28	1:16:22
999.	Viorel CRANGANU		3412	1:15:31	1:16:22
1000.	Gillian KEHOE		3354	1:15:26	1:16:22
1001.	Paul COTTER	Kilkenny Tri Club	1862	1:15:49	1:16:23
1002.	Donal COURTNEY		1099	1:15:35	1:16:24
1003.	Peter COUGHY		1329	1:15:03	1:16:25
1004.	Darren MCCANN	St Finbarrs AC	1393	1:15:25	1:16:25
1005.	Pj AHERNE	Youghal AC	299	1:15:33	1:16:26
1006.	Seamus HAYES		1784	1:15:12	1:16:27

1007.	Brian O'DONNELL		3457	1:15:17	1:16:27
1008.	Siobhain HEYLIN		3262	1:15:41	1:16:28
1009.	Stephen MCGRATH		886	1:15:05	1:16:28
1010.	Mick LONG	St Laurence O'Toole AC	700	1:15:15	1:16:30
1011.	Dario GIULIANO		1556	1:14:47	1:16:31
1012.	Aisling LONG		2933	1:15:46	1:16:32
1013.	Thomas O'BRIEN		1639	1:15:47	1:16:32
1014.	Hannah NOLAN	Sli Cualann AC	2555	1:15:54	1:16:32
1015.	John ROCHE		1197	1:15:43	1:16:39
1016.	Seamus FOLEY	Kilkenny Tri Club	1334	1:16:00	1:16:39
1017.	Paul HEALY	Donoughmore AC	676	1:15:44	1:16:40
1018.	Eddie GALVIN		1368	1:16:23	1:16:42
1019.	Brian WILKINSON		1821	1:15:32	1:16:43
1020.	John BUCKLEY		1054	1:15:34	1:16:46
1021.	Declan COSTELLO		1793	1:16:07	1:16:46
1022.	Laura HOLLAND	Marathon Club Ireland	2480	1:15:32	1:16:46
1023.	James O'SULLIVAN	Marathon Club Ireland	313	1:15:32	1:16:46
1024.	Sheena MULLINS	Team I.P	2644	1:15:46	1:16:47
1025.	David HUGHES		1834	1:15:35	1:16:49
1026.	Andrew KENNEALLY		1512	1:15:46	1:16:50
1027.	Brendan DOYLE		976	1:15:55	1:16:52
1028.	Stephen GOUGH		1211	1:16:04	1:16:54
1029.	Anthony BARDEN		1304	1:16:05	1:16:54
1030.	Kieran BARRETT	St Nicholas AC	121	1:16:08	1:16:56
1031.	Anna DUGGAN	Portlaoise AC	3396	1:16:58	1:16:58
1032.	Maria CUDDY	Portlaoise AC	3391	1:16:20	1:16:59
1033.	Brian MCCORMACK		1704	1:16:13	1:17:01
1034.	Micheál MURPHY	Saturday Road Runners	1732	1:15:55	1:17:01
1035.	David LEONARD	St Finbarrs AC	777	1:16:08	1:17:01
1036.	Jody HYNES	West Waterford AC	279	1:15:55	1:17:02
1037.	Ian WALSH		1335	1:15:33	1:17:04
1038.	Kieran WALSH		1480	1:15:42	1:17:06
1039.	Louise MCGANN		3347	1:16:52	1:17:08
1040.	Declan WHELAN		1802	1:16:20	1:17:10
1041.	Shane TOBIN		1853	1:16:17	1:17:10
1042.	Alan HICKEY		940	1:17:01	1:17:13
1043.	Nathan MISSIN		1025	1:15:36	1:17:13
1044.	Michael TOOHEY		1450	1:16:27	1:17:13
1045.	Jason BATEMAN		1349	1:16:25	1:17:14
1046.	Susan O'SULLIVAN		2748	1:16:09	1:17:14
1047.	Mike CONSIDINE		1691	1:15:54	1:17:15
1048.	Ray AHERN		990	1:16:07	1:17:15
1049.	Joe WHELAN	Slaney Olympic	119	1:16:12	1:17:16
1050.	Michael MURPHY	Midleton AC	802	1:16:37	1:17:18
1051.	Gerard MCLEAN	Midleton AC	1187	1:15:53	1:17:20
1052.	Tom FORAN	West Waterford AC	411	1:16:27	1:17:20
1053.	Grainne BRENNAN		2689	1:16:42	1:17:21
1054.	Mark O'KEEFFE		967	1:15:59	1:17:21
1055.	Nicola MORONEY	West Waterford AC	2083	1:16:44	1:17:23
1056.	Johnny COONEY		1159	1:17:08	1:17:26
1057.	Shane MCDONNELL		845	1:16:29	1:17:26
1058.	Michael DOOCEY	Clonmel AC	534	1:16:28	1:17:26
1059.	John SPILLANE		1560	1:16:09	1:17:27
1060.	Jessica O'SHEA		2666	1:16:11	1:17:28
1061.	Conor WALSH		1174	1:15:59	1:17:28
1062.	Denis CARROLL	Eagle AC	281	1:16:44	1:17:29

1063.	Ashling KENNEDY	St Finbarrs AC	2515	1:16:53	1:17:29
1064.	Claire O'BRIEN	Watergrasshill AC	2950	1:16:27	1:17:30
1065.	Marie FITZGERALD	Dualla Ballytarsna Boherlahan AC	2276	1:16:52	1:17:30
1066.	John O'BRIEN	Watergrasshill AC	1270	1:16:37	1:17:30
1067.	Sharon O'DOHERTY	Galtee Runners AC	2109	1:16:28	1:17:31
1068.	Aoife GARDNER		2733	1:16:27	1:17:33
1069.	Lisa GUERIN	Mallow AC	2069	1:16:16	1:17:35
1070.	Conrad MURPHY	Clonakilty Road Runners AC	130	1:16:54	1:17:35
1071.	David MOORE	West Waterford AC	254	1:16:40	1:17:36
1072.	Eric DERR	Slaney Olympic	173	1:16:31	1:17:36
1073.	Natalia POCELUJKO		2651	1:16:52	1:17:36
1074.	Claire DUNNE	Togher AC	2181	1:17:11	1:17:37
1075.	Peter QUINN	Ballymore Cobh AC	271	1:16:26	1:17:37
1076.	Seán CASEY	Youghal AC	277	1:16:31	1:17:38
1077.	Garrett MCSWEENEY	Sanctuary Runners	1458	1:16:27	1:17:38
1078.	Rory MADDEN		1043	1:16:59	1:17:39
1079.	Howard TRIGGS	Kilkenny Tri Club	837	1:16:16	1:17:41
1080.	Jon WATERMAN		1485	1:16:12	1:17:41
1081.	Martin O'SULLIVAN	St Joesphs AC	422	1:17:08	1:17:41
1082.	Mark MCKENNA	Buttevant RC	539	1:16:37	1:17:42
1083.	Sean HICKEY	Cork Tri Club	896	1:16:46	1:17:42
1084.	David CURTIN	Midleton AC	546	1:16:37	1:17:43
1085.	James RYAN	West Waterford AC	1603	1:16:49	1:17:43
1086.	John WYNNE		1694	1:17:33	1:17:44
1087.	Alan HANNIGAN	Youghal AC	388	1:17:01	1:17:44
1088.	Keith O'DRISCOLL	Waterford AC	588	1:17:18	1:17:45
1089.	Louise BARRY	Midleton AC	2274	1:17:15	1:17:46
1090.	Brenda CANTY	Watergrasshill AC	2254	1:16:47	1:17:47
1091.	Tony NOONAN		1837	1:16:10	1:17:48
1092.	John O'CONNOR	Waterford AC	706	1:16:58	1:17:49
1093.	Eoin BRACKETT		3445	1:17:30	1:17:49
1094.	Anne MOORE	West Waterford AC	2212	1:16:54	1:17:50
1095.	Liam BOWE	Racing 795	413	1:16:46	1:17:51
1096.	Ciara BOWE	SBR Ferns	2237	1:16:46	1:17:52
1097.	Megan MORRISSEY		3034	1:16:40	1:17:52
1098.	Kevin O'HERLIHY		1326	1:16:07	1:17:52
1099.	Melissa CURLEY	Youghal AC	2617	1:17:20	1:17:53
1100.	Yvonne FITZGERALD	Midleton AC	2601	1:17:16	1:17:54
1101.	Deirdre AHERNE	Midleton AC	2505	1:17:16	1:17:54
1102.	Kevin KELLY		864	1:16:15	1:17:55
1103.	Pauline GRAINGER		3027	1:16:57	1:17:56
1104.	Alan CROWLEY		1869	1:17:00	1:17:56
1105.	John MCGRATH		918	1:17:13	1:17:57
1106.	Davy TOBIN	West Waterford AC	206	1:17:18	1:17:57
1107.	Monica TROY		2690	1:17:08	1:17:58
1108.	Gareth POPE	West Waterford AC	333	1:17:12	1:17:58
1109.	Jamie HYNDS	West Waterford AC	1276	1:17:09	1:17:59
1110.	Aimee MOLONEY	West Waterford AC	2015	1:17:09	1:18:01
1111.	Noel O'CONNOR		1930	1:17:06	1:18:02
1112.	Vincent LUCEY	Youghal AC	735	1:17:18	1:18:02
1113.	Deborah O'CONNOR	Togher AC	2336	1:16:52	1:18:08
1114.	Gerry O'DONOGHUE	Waterford Tri Club	961	1:17:34	1:18:09
1115.	Terry CORCORAN	Grange Fermoy AC	210	1:17:09	1:18:10
1116.	Joe COLLINS		1284	1:17:14	1:18:11
1117.	Marcella MCGRATH	Dooneen AC	2235	1:17:47	1:18:14
1118.	James CULLINANE		1410	1:17:10	1:18:15

1119.	Niall BRANNIGAN	Clonmel AC	323	1:17:29	1:18:16
1120.	Patrick RYAN	St Catherines AC	261	1:17:30	1:18:17
1121.	Michael CALLAGHAN	West Waterford AC	1785	1:17:02	1:18:17
1122.	John O'CONNOR		899	1:17:08	1:18:17
1123.	Adrienne O'DRISCOLL		3195	1:18:12	1:18:18
1124.	Freida MCGRATH		3005	1:17:20	1:18:18
1125.	Peter CLEARY		1183	1:17:30	1:18:19
1126.	David ALLEN	Naas AC	249	1:18:03	1:18:20
1127.	Paul BARRY		1230	1:17:10	1:18:21
1128.	Debra BERESFORD	West Waterford AC	2499	1:17:43	1:18:22
1129.	Phil COFFEY		1078	1:17:14	1:18:22
1130.	Gary WHELAN	Waterford AC	756	1:18:02	1:18:22
1131.	Jay WILSON		1703	1:16:58	1:18:22
1132.	Ciara O'FARRELL		3333	1:17:41	1:18:22
1133.	Brian DELANEY	St Laurence O'Toole AC	707	1:17:07	1:18:23
1134.	Niall SKEHAN		919	1:17:33	1:18:24
1135.	Clem LEONARD	Blackwater Tri Club	1575	1:17:27	1:18:26
1136.	Emilio MOYA ROSA		1033	1:17:12	1:18:27
1137.	Denis DAVERN	Galtee Runners AC	362	1:17:41	1:18:28
1138.	Margaret JONES	Midleton AC	2188	1:17:48	1:18:29
1139.	Sean O'HARGAIN	Kilkenny City Harriers	278	1:17:51	1:18:30
1140.	Aidan FITZSIMONS	Watergrasshill AC	524	1:17:27	1:18:30
1141.	Paul DOWLING		1508	1:17:40	1:18:30
1142.	Maressa MILLS	Eagle AC	2340	1:17:39	1:18:32
1143.	Chris RYAN		1318	1:16:57	1:18:32
1144.	Dyane WHELAN	St Catherines AC	2170	1:17:46	1:18:33
1145.	Maria HURLEY	Bantry AC	2341	1:17:42	1:18:33
1146.	Alexander COX		1467	1:16:58	1:18:34
1147.	Kevin HAYES		1786	1:17:47	1:18:34
1148.	Eoin COLLINS		1876	1:17:34	1:18:34
1149.	Mairead GOULDING		3164	1:17:40	1:18:35
1150.	Dermot DWYER		872	1:17:10	1:18:35
1151.	Martine NOLAN		3295	1:17:59	1:18:36
1152.	Darragh MARTIN	Youghal AC	143	1:17:43	1:18:36
1153.	Brian SWEENEY		1425	1:17:10	1:18:37
1154.	Katherine O'CONNOR		3106	1:17:45	1:18:39
1155.	Stephen GRAY	Tried & Tested Tri Club	3429	1:17:55	1:18:42
1156.	Alan BEALE	Newbridge AC	60	1:18:08	1:18:43
1157.	Sinead FOLEY	Kilkenny Tri Club	3099	1:18:06	1:18:43
1158.	Cedric KNEE	Mount Hillary AC	628	1:17:52	1:18:44
1159.	Niall KELLY		1202	1:17:43	1:18:44
1160.	Alan J. BEALE	Newbridge AC	87	1:18:06	1:18:44
1161.	Adil Cahit ANSAROGLU		1082	1:16:59	1:18:45
1162.	Colm CARTY		1519	1:17:29	1:18:46
1163.	John DONNELLY		932	1:16:48	1:18:47
1164.	Ian PATTERSON	Clonmel AC	282	1:17:48	1:18:47
1165.	Rory FITZGERALD		1177	1:17:32	1:18:48
1166.	Marie O'SHEA	Mooreabbey Milers AC	2536	1:17:50	1:18:50
1167.	Tim TROY	Ballintotis Fit4Life	382	1:18:03	1:18:51
1168.	Carol GAFFNEY		3011	1:18:15	1:18:52
1169.	Nora CORCORAN	Eagle AC	2532	1:17:15	1:18:53
1170.	Tommy POWER		1524	1:17:49	1:18:53
1171.	Liam AHERNE	Mallow Tri Club	1337	1:18:39	1:18:57
1172.	Martin KEHOE	United Striders AC	576	1:18:26	1:18:58
1173.	Moira CODY	Graigie Ballycallan AC	2533	1:17:10	1:19:00
1174.	Helen PLASS		3386	1:18:01	1:19:00

1175.	John TWOMEY	Clonakilty Road Runners AC	368	1:18:20	1:19:01
1176.	Andy O'REGAN	Team HH	1462	1:17:55	1:19:01
1177.	Peter CLIFFORD		884	1:17:57	1:19:05
1178.	Michael BURKE		1009	1:18:08	1:19:05
1179.	Seamus GLYNN		1075	1:18:10	1:19:07
1180.	Alan CURRAN		1652	1:18:04	1:19:07
1181.	Gary GIBBONS	Eagle AC	366	1:17:52	1:19:07
1182.	Matthew THOMPSON		1438	1:17:56	1:19:08
1183.	Fiona O'BRIEN		3274	1:18:05	1:19:09
1184.	Caroline BUSER		2708	1:18:05	1:19:09
1185.	Barry MORRISSEY	Tried & Tested Tri Club	1635	1:18:24	1:19:10
1186.	Emma O'SULLIVAN		3357	1:17:40	1:19:12
1187.	Laura KEANE		2713	1:18:22	1:19:12
1188.	Siobhán FLYNN		3355	1:18:58	1:19:14
1189.	Conor SHALLOE		1317	1:18:25	1:19:16
1190.	Simon DAVIES	Ballintotis Fit4Life	142	1:18:29	1:19:16
1191.	Seamus DORNEY	Galtee Runners AC	487	1:18:15	1:19:17
1192.	Ian O'BRIEN	Eagle AC	25	1:18:31	1:19:17
1193.	Oliver MULLANE		1210	1:17:52	1:19:18
1194.	Ed BATTYE		980	1:18:35	1:19:20
1195.	Mark GLEESON		1618	1:18:19	1:19:21
1196.	Brian WALSH	West Waterford AC	726	1:18:20	1:19:21
1197.	Simon HANRAHAN		1165	1:18:44	1:19:22
1198.	Kieran FOX	Team I.P	935	1:18:21	1:19:22
1199.	Milan KOSTIC	West Waterford AC	283	1:18:12	1:19:22
1200.	Johnny BURKIN	West Waterford AC	225	1:18:30	1:19:22
1201.	Gerry CANTWELL	West Waterford AC	638	1:18:37	1:19:23
1202.	John DRISLANE	St Nicholas AC	567	1:18:30	1:19:25
1203.	Ita KIRWAN		2995	1:18:22	1:19:26
1204.	Seamus MAGNER	Doneraile AC	84	1:18:14	1:19:26
1205.	Madeleine HEARN		3395	1:18:36	1:19:28
1206.	Peter CALLANAN		1040	1:18:21	1:19:29
1207.	Ronan LAVAN		1063	1:18:06	1:19:30
1208.	Craig DOYLE		1955	1:18:24	1:19:30
1209.	Claire KENNEDY	West Waterford AC	2213	1:18:01	1:19:31
1210.	Fiona CONNELL	West Waterford AC	2151	1:18:40	1:19:33
1211.	Michael O'SHEA		1414	1:18:36	1:19:36
1212.	Barry O'NEILL	Crusaders AC	289	1:19:05	1:19:36
1213.	Donal BROWNE		942	1:18:13	1:19:36
1214.	John HORGAN		1245	1:18:44	1:19:37
1215.	Deirdre MEYLER	Ballymore Cobh AC	2395	1:18:35	1:19:37
1216.	Seamus KAVANAGH	Kilkenny City Harriers	32	1:18:54	1:19:37
1217.	Shane FLAVIN	West Waterford AC	163	1:18:30	1:19:38
1218.	Marvin PRINCE	Ballymore Cobh AC	396	1:18:37	1:19:39
1219.	Tamara LOPEZ	Eagle AC	2356	1:18:05	1:19:39
1220.	Peter CUNNINGHAM		1057	1:17:40	1:19:40
1221.	Peter MURPHY		849	1:18:15	1:19:41
1222.	Eoin WALSH	West Waterford AC	241	1:18:48	1:19:41
1223.	Teddy HORNIBROOK	Bridevale AC	343	1:18:50	1:19:42
1224.	Deirdre NI CHEARBHAILL	Crusaders AC	2410	1:19:05	1:19:42
1225.	Justin MCCARTHY		1489	1:17:47	1:19:42
1226.	Martina DEEGAN		2753	1:18:41	1:19:43
1227.	Steven CORBETT		1902	1:18:25	1:19:43
1228.	Des O'ROURKE		873	1:18:37	1:19:44
1229.	Alan SPILLANE		1952	1:18:26	1:19:44
1230.	Dave FOX	Youghal AC	49	1:18:51	1:19:45

1231.	Bernard CORRIGAN		1687	1:19:02	1:19:49
1232.	Padraig O'TOOLE	Kinsale Tri Club	1246	1:18:20	1:19:49
1233.	Maeve BOLAND	Eagle AC	2358	1:18:17	1:19:50
1234.	Michael CREED		933	1:19:02	1:19:50
1235.	Cathal DALY		1693	1:18:15	1:19:50
1236.	David MCCORMACK		1947	1:19:30	1:19:51
1237.	Lisa COLLINS		2969	1:19:27	1:19:51
1238.	Jo-Anne COSGROVE	Watergrasshill AC	2025	1:18:52	1:19:52
1239.	Patrick CAREY	West Waterford AC	782	1:19:42	1:19:53
1240.	Emer BRANGAN		2606	1:18:51	1:19:53
1241.	Darren GERAGHTY		898	1:18:33	1:19:58
1242.	Michelle HORGAN	West Waterford AC	3264	1:18:19	1:19:59
1243.	Kevin DALY	St Nicholas AC	423	1:19:15	1:19:59
1244.	Jody CONDON	Waterford AC	133	1:18:34	1:19:59
1245.	Grace HUNTER	Doneraile AC	2001	1:18:23	1:20:00
1246.	Nigel WHELAN		1301	1:19:15	1:20:01
1247.	Mary PHELAN		2721	1:19:18	1:20:01
1248.	Michael MURPHY		1542	1:18:42	1:20:02
1249.	Mary FLYNN	Youghal AC	2086	1:18:39	1:20:03
1250.	Peter O'LEARY		1775	1:19:01	1:20:03
1251.	Shane WHITE		1620	1:19:21	1:20:04
1252.	Kathleen CRONIN	Mallow AC	2616	1:19:06	1:20:05
1253.	Peter STEELE		1634	1:19:08	1:20:05
1254.	Cathal E GLEESON	West Waterford AC	806	1:18:47	1:20:06
1255.	Rose KINSELLA	West Waterford AC	2053	1:19:08	1:20:06
1256.	Yvonne SHEAHAN	Watergrasshill AC	2287	1:19:12	1:20:06
1257.	Adam BLAIKLOCK	St Catherines AC	696	1:19:23	1:20:15
1258.	Cian DWYER		3442	1:19:07	1:20:15
1259.	Helen GILROY	Midleton AC	2207	1:18:55	1:20:15
1260.	Sheila BUCKLEY	Midleton AC	2371	1:18:55	1:20:15
1261.	Robbie ROCHE		3458	1:19:59	1:20:17
1262.	Catriona ONEILL	Happy Feet Blarney	3138	1:19:30	1:20:18
1263.	Clodagh O'MARA	Saturday Road Runners	2965	1:18:52	1:20:19
1264.	Brian HEGARTY	Eagle AC	617	1:18:54	1:20:20
1265.	Jane POWER	Eagle AC	2141	1:19:28	1:20:21
1266.	Rp BOLAND		1577	1:19:28	1:20:22
1267.	Mia PHELAN	Kilkenny City Harriers	2595	1:19:26	1:20:23
1268.	Caroline O'DONOGHUE	Clonmel AC	2283	1:19:25	1:20:24
1269.	Mol LAMBERT	Saturday Road Runners	2699	1:19:44	1:20:26
1270.	Christine O'CONNOR	Dunboyne AC	2374	1:18:20	1:20:26
1271.	John DELANEY	Grange Fermoy AC	238	1:19:26	1:20:27
1272.	Daniel O'ROURKE	Doneraile AC	165	1:19:27	1:20:28
1273.	Liam FITZGERALD	West Waterford AC	164	1:19:42	1:20:33
1274.	Gary NEFF		1661	1:19:25	1:20:35
1275.	Kerry O'NEILL	Aghada RC	2621	1:19:12	1:20:36
1276.	Joseph HEALY		1029	1:19:13	1:20:37
1277.	Eimear LYNG		3335	1:18:49	1:20:37
1278.	Eamon MCGRATH		1500	1:19:34	1:20:39
1279.	Niall CONLON		1907	1:19:01	1:20:40
1280.	Thomas O'NEILL	Ballintotis Fit4Life	547	1:19:05	1:20:41
1281.	Sandra FLYNN	West Waterford AC	3199	1:19:12	1:20:42
1282.	Feargal MAIRTÍN		1760	1:18:47	1:20:42
1283.	Vincentia DE BARRA	Ballymore Cobh AC	2200	1:19:32	1:20:43
1284.	Elaine FARRELL		3260	1:19:32	1:20:44
1285.	Jeff SPENCER		939	1:19:49	1:20:44
1286.	Graham QUINLAN		972	1:19:50	1:20:44

1287.	Paul O'ROURKE	Wibbly Wobbly Wonders	1581	1:19:31	1:20:45
1288.	Claire MCDONALD	Tramore AC	2429	1:19:49	1:20:45
1289.	Colman O'HANLON	Mallow AC	660	1:19:52	1:20:45
1290.	Mary REIDY		3057	1:19:53	1:20:46
1291.	Mark CLIFFE		3486	1:19:57	1:20:48
1292.	Charles KERINS	Clonmel AC	28	1:19:09	1:20:49
1293.	Donal HOWLIN		1645	1:19:17	1:20:49
1294.	James DELAHANTY		1451	1:19:48	1:20:51
1295.	Evita VOLGINAITE	Ballymore Cobh AC	2581	1:18:47	1:20:53
1296.	Edward LONG	Ballintotis Fit4Life	128	1:20:00	1:20:54
1297.	Neville FOOTT		1087	1:20:03	1:20:55
1298.	Jamie OLDEN		1155	1:20:03	1:20:55
1299.	Anna PERRY	Adele Gazelles	2855	1:19:11	1:20:57
1300.	Patrick RYAN		1812	1:19:48	1:20:57
1301.	Karen MCHUGH	Eagle AC	2149	1:20:06	1:20:58
1302.	Adrian O'CONNOR		1140	1:20:12	1:20:59
1303.	Dermot DONOVAN		1739	1:19:40	1:21:00
1304.	Catherine RONAN	United Striders AC	2140	1:20:36	1:21:00
1305.	Ciarán Ó CONGHAILE		1178	1:20:03	1:21:02
1306.	Eamonn FOLEY	Menapians AC	723	1:19:48	1:21:02
1307.	Diane BRODERICK	Ballintotis Fit4Life	3554	1:20:13	1:21:04
1308.	Donal RYAN	Templemore AC	692	1:19:33	1:21:05
1309.	Finn MEENAGH		3409	1:19:14	1:21:06
1310.	Colette CROWLEY		2640	1:19:23	1:21:07
1311.	Sean BATES		1723	1:19:46	1:21:08
1312.	Eamonn BUGGY		1350	1:20:22	1:21:08
1313.	Sinead NI FHAOLAIN	West Waterford AC	2072	1:20:01	1:21:10
1314.	Dawn WALSH	Bweeng Trail Blazers	2343	1:19:42	1:21:10
1315.	David MCCARTHY	Youghal AC	71	1:20:26	1:21:10
1316.	George BULMAN	Youghal AC	31	1:20:30	1:21:13
1317.	Tom LEAHY		1472	1:20:08	1:21:14
1318.	Billy O'GRADY	Newcastle	975	1:20:21	1:21:15
1319.	Dean COLEMAN		3405	1:20:08	1:21:15
1320.	Megan O'BRIEN		2654	1:20:16	1:21:18
1321.	Adolfo GARCIA	Marathon Club Ireland	449	1:20:29	1:21:18
1322.	Tommy JONES		1522	1:20:15	1:21:19
1323.	Vera NAGLE	Mallow AC	3337	1:19:46	1:21:20
1324.	Siobhan LILLIS		3220	1:19:27	1:21:21
1325.	Eileen MORGAN		3373	1:20:00	1:21:24
1326.	Liam BURNS	Youghal AC	272	1:20:42	1:21:24
1327.	Geraldine LACEY	West Waterford AC	2074	1:20:16	1:21:24
1328.	Paul LACEY		1615	1:20:15	1:21:24
1329.	Michael VEALE	Aghada RC	253	1:19:46	1:21:26
1330.	Mike O'CONNOR		1518	1:19:59	1:21:27
1331.	Eddie BYRNE		1749	1:20:04	1:21:30
1332.	Helen SHEEHAN	Pat Walsh Running	3111	1:20:09	1:21:33
1333.	Eamonn MURPHY	West Waterford AC	141	1:20:36	1:21:34
1334.	John CUDDIGAN		887	1:20:49	1:21:35
1335.	Joanne O'NEILL		2608	1:20:05	1:21:36
1336.	Niall FLAHIVE	Mount Hillary AC	732	1:20:53	1:21:37
1337.	Anne Marie SHORTALL	Kilkenny City Harriers	2285	1:20:15	1:21:38
1338.	Sean MURPHY		1779	1:19:51	1:21:39
1339.	Marina LILINA SEYMOUR	Grange Fermoy AC	2267	1:20:34	1:21:41
1340.	John HURNEY		1982	1:20:05	1:21:41
1341.	Barry HOGAN	St Nicholas AC	485	1:20:10	1:21:41
1342.	Marie-Therese BRADY	Eagle AC	2326	1:20:26	1:21:43



1343.	Pete KILLILEA		3499	1:20:37	1:21:44
1344.	Micheal REA	Mallow AC	70	1:20:45	1:21:44
1345.	Sinead NOONAN	St Finbarrs AC	2224	1:20:34	1:21:46
1346.	Hilary CREEDON		3009	1:21:07	1:21:49
1347.	David LYNAM		994	1:20:42	1:21:49
1348.	Joe POWER	Midleton AC	394	1:21:10	1:21:52
1349.	Cian MCCARTHY	Pat Walsh Running	1348	1:20:27	1:21:52
1350.	Pat WALSH	Pat Walsh Running	850	1:20:30	1:21:53
1351.	Alan HARNEY		938	1:20:15	1:21:53
1352.	Norleen KENNY		2974	1:21:22	1:21:56
1353.	Denis HICKEY		610	1:20:41	1:21:57
1354.	Elaine AHERN		3214	1:20:53	1:21:57
1355.	Ceire BARRY	West Waterford AC	2507	1:20:46	1:21:57
1356.	Majella MCNAMARA	Galtee Runners AC	2064	1:20:51	1:21:58
1357.	Seán CASEY		1439	1:20:15	1:21:58
1358.	Joe MURPHY		1838	1:21:04	1:21:59
1359.	Mary COLLINS		2631	1:20:31	1:21:59
1360.	Maurice CUDDIGAN	Listowel	950	1:21:14	1:22:00
1361.	Ger BRODERICK	Ballintotis Fit4Life	3507	1:21:16	1:22:00
1362.	Tadhg HENDERSON	Menapians AC	697	1:20:20	1:22:00
1363.	Billy QUINN	Kilkenny City Harriers	107	1:21:21	1:22:00
1364.	Kate BRIERLEY	Cobh Tri Club	2252	1:20:24	1:22:04
1365.	Sheila CAULFIELD		2605	1:21:02	1:22:05
1366.	Krzysztof PAWLIK	Polish Runners Club Ireland	219	1:20:40	1:22:05
1367.	Loveness HEGARTY	Midleton AC	2552	1:21:24	1:22:06
1368.	Claire O'HANLON	Tara AC	2310	1:21:32	1:22:06
1369.	Esme O'FLYNN		3030	1:21:10	1:22:07
1370.	Kathleen BROWNE		3168	1:21:23	1:22:08
1371.	Barry STEVENSON		1136	1:21:10	1:22:08
1372.	Dermot CALLAGHAN		1716	1:21:06	1:22:08
1373.	Eimear CUSSEN	Carrigtwohill AC	2580	1:20:44	1:22:09
1374.	Micheal ROCHE		1091	1:21:30	1:22:12
1375.	Emma MURPHY		2807	1:21:32	1:22:12
1376.	Joe O'ROURKE	West Waterford AC	753	1:21:02	1:22:12
1377.	Jacqueline MINOGUE		2771	1:21:16	1:22:13
1378.	Tim O'SULLIVAN		1311	1:20:43	1:22:13
1379.	Francis MURRAY		1254	1:21:43	1:22:14
1380.	Michael TWYFORD		1808	1:20:44	1:22:14
1381.	Mary RYAN	Borrisoleigh Track Attack	2715	1:21:14	1:22:15
1382.	Michael WALSH	Gowran AC	769	1:22:10	1:22:15
1383.	Richard MULVIHILL		1266	1:21:23	1:22:17
1384.	Michelle O'CONNOR		2693	1:20:53	1:22:17
1385.	Edel KELLEHER		3210	1:21:42	1:22:17
1386.	David WALSH		865	1:21:10	1:22:18
1387.	Antoinette KEATING	Youghal AC	2019	1:20:48	1:22:19
1388.	Cliona HURLEY	Carraig na bhFear AC	2068	1:21:35	1:22:19
1389.	Michael LENIHAN	West Waterford AC	648	1:20:37	1:22:19
1390.	Declan CAREY		1250	1:21:32	1:22:20
1391.	Rhoda GRIFFITH		3072	1:20:52	1:22:20
1392.	Ronan MEALLY		1628	1:20:49	1:22:24
1393.	Gemma RYAN AHERN	Youghal AC	2293	1:20:50	1:22:24
1394.	Shane HENNESSY		1713	1:20:55	1:22:25
1395.	Marian CRONIN	Ballintotis Fit4Life	2348	1:20:56	1:22:26
1396.	Der MOLONEY	Cork Tri Club	1372	1:21:32	1:22:26
1397.	Christopher PHELAN		1142	1:20:44	1:22:27
1398.	Barry FIELD		425	1:20:52	1:22:27

1399.	Sean BOLGER	United Striders AC	377	1:22:05	1:22:28
1400.	Chris MORRISSEY	Tramore AC	515	1:21:27	1:22:28
1401.	Helen RYAN		3271	1:21:09	1:22:28
1402.	John MULCAIR		1721	1:20:54	1:22:29
1403.	Paul CUSACK		1983	1:20:55	1:22:31
1404.	Sophie WEBBER		2945	1:21:09	1:22:34
1405.	Shane STAPLETON		1565	1:20:34	1:22:35
1406.	Darren CROWLEY		1198	1:21:54	1:22:37
1407.	Mary TOOHEY		3068	1:21:44	1:22:39
1408.	Sinead DE BARRA	Ballymore Cobh AC	2221	1:21:28	1:22:40
1409.	Olivia MCDERMOTT	Kilkenny City Harriers	2578	1:21:44	1:22:40
1410.	Joanne O'CALLAGHAN	Grange Fermoy AC	2561	1:21:36	1:22:43
1411.	Ross BROSNAN		888	1:21:44	1:22:44
1412.	Joe WALLACE		1123	1:22:22	1:22:44
1413.	Brendan MCCARTHY		1633	1:21:12	1:22:46
1414.	Orla FLEMING		2930	1:21:23	1:22:46
1415.	Tommy LEE	Kilfinane AC	491	1:21:12	1:22:46
1416.	Martin DALY	Eagle AC	538	1:20:59	1:22:47
1417.	Paul CULLEN	United Striders AC	212	1:22:11	1:22:47
1418.	Joanne QUINN	St Senans AC	2402	1:20:59	1:22:48
1419.	Eoin ENRIGHT		881	1:21:43	1:22:51
1420.	Peter KEOGH	Dooneen AC	392	1:22:36	1:22:55
1421.	Fionnuala KEOGH	Dooneen AC	2335	1:22:38	1:22:55
1422.	Kevin HARTNETT	Naas AC	270	1:22:08	1:22:55
1423.	Oliver LEAHY		1521	1:21:27	1:22:56
1424.	Claire FITZGERALD	Midleton AC	2622	1:22:17	1:22:56
1425.	Conor ALLIS		1685	1:21:40	1:22:57
1426.	Kenny BRETT	Clonmel AC	699	1:21:59	1:22:59
1427.	Ian CAHILL		3421	1:21:29	1:23:03
1428.	Stephen MCCARTHY		988	1:21:10	1:23:04
1429.	Bernard BUGLER	Mallow AC	569	1:22:11	1:23:04
1430.	Orla NOLAN	Dromahane RR	2078	1:21:19	1:23:05
1431.	Michael BEIRNE	Midleton AC	615	1:22:19	1:23:06
1432.	Mags HASSETT		2853	1:21:12	1:23:07
1433.	Emma FERRIS	Clonmel AC	2865	1:21:58	1:23:07
1434.	Thomas BARRY		1482	1:21:34	1:23:10
1435.	Sinead DALY	Ballymore Cobh AC	2417	1:22:00	1:23:12
1436.	Joanne RING		2619	1:21:30	1:23:14
1437.	Heather PURCELL	Kinsale Tri Club	2934	1:22:27	1:23:15
1438.	Maude KELLEHER	Watergrasshill AC	3055	1:22:41	1:23:15
1439.	Thomas CASHIN	West Waterford AC	63	1:21:20	1:23:16
1440.	James FAHY		1090	1:22:06	1:23:16
1441.	Aine KEATING		3230	1:21:55	1:23:17
1442.	Mary FREYNE		2716	1:21:29	1:23:17
1443.	Paul HURLEY		848	1:21:53	1:23:18
1444.	Colin CROTTY		921	1:22:30	1:23:19
1445.	Christy MURPHY	Carraig na bhFear AC	339	1:22:35	1:23:21
1446.	Sylvie O'MAHONEY	Youghal AC	200	1:22:41	1:23:24
1447.	James O'MAHONY		1528	1:22:27	1:23:24
1448.	Mary O'MAHONY	Youghal AC	2164	1:22:39	1:23:24
1449.	Anthony MOONEY	Kilkenny Tri Club	936	1:23:25	1:23:25
1450.	Thomas KIRWAN		1826	1:22:43	1:23:25
1451.	Conor HEFFERNAN		1131	1:22:25	1:23:27
1452.	Eamonn KELSEY		1630	1:22:25	1:23:28
1453.	Jody HALLINAN	West Waterford AC	93	1:21:49	1:23:29
1454.	Kim COMERFORD		3279	1:22:25	1:23:29

1455.	Eoin COYNE		1433	1:22:05	1:23:31
1456.	Caroline KELLY BROPHY	Mallow AC	2185	1:22:14	1:23:31
1457.	Colin DUNNE		1377	1:22:30	1:23:32
1458.	Tom MCGRATH		1496	1:22:28	1:23:33
1459.	Caitriona GOGARTY	Cork Tri Club	2967	1:21:49	1:23:34
1460.	Billy MENTON		1124	1:22:52	1:23:35
1461.	Gillian LYONS		3334	1:22:41	1:23:38
1462.	Dara FAHY	Kings River AC	658	1:22:16	1:23:42
1463.	Mags CLANCY		3015	1:22:09	1:23:43
1464.	Stephen PATTERSON		1511	1:22:28	1:23:44
1465.	Cait VERLING	West Waterford AC	2057	1:22:34	1:23:44
1466.	John Paul HOGAN	West Waterford AC	1550	1:23:01	1:23:46
1467.	Roisin O'CONNOR		3400	1:21:52	1:23:46
1468.	Philip GOUGH		1649	1:22:47	1:23:49
1469.	Kieran HYNES		3418	1:23:03	1:23:51
1470.	Tony KELLY		1167	1:22:58	1:23:51
1471.	Deirdre POWER	Carrick on Suir AC	2311	1:22:22	1:23:52
1472.	Don MURRAY	Aghada RC	286	1:22:11	1:23:53
1473.	Pat BRANSFIELD	St Nicholas AC	614	1:22:40	1:23:53
1474.	Brienne LYNCH	West Waterford AC	2411	1:22:22	1:23:54
1475.	Paula KENNEALLY		3096	1:22:51	1:23:55
1476.	Maureen BRENNAN		2646	1:23:44	1:23:56
1477.	Pat LENNON		1305	1:22:10	1:23:56
1478.	Jim MULLINS	Ballintotis Fit4Life	248	1:22:26	1:23:57
1479.	Nuala COOPER-MURPHY	Youghal AC	2059	1:22:23	1:23:57
1480.	Gerry KELLY		1476	1:22:42	1:23:57
1481.	Emma O'CONNOR		2860	1:22:49	1:23:58
1482.	Lorraine HARRINGTON	United Striders AC	2084	1:22:22	1:23:58
1483.	Niamh ENGLISH	Mallow AC	2113	1:22:10	1:23:59
1484.	Ger BURKE	St Nicholas AC	828	1:22:46	1:23:59
1485.	Jackie O'REGAN	Mount Hillary AC	2566	1:22:15	1:24:00
1486.	Anthony CUDDIHY		1532	1:23:02	1:24:02
1487.	Emma PURCELL	Carrigaline AC	2041	1:22:32	1:24:02
1488.	Gearoid MORRISSEY		1139	1:22:17	1:24:03
1489.	Brian O'LEARY		1823	1:22:34	1:24:03
1490.	Graham O'REGAN	Clonmel AC	8	1:23:12	1:24:07
1491.	Conor COFFEY		1076	1:23:11	1:24:08
1492.	Cormac O'KEEFFE		1597	1:23:10	1:24:10
1493.	Michéal O'BRIEN	Aghada RC	602	1:22:27	1:24:12
1494.	Chris DONAGHEY	Kinsale Tri Club	904	1:22:34	1:24:13
1495.	Bryan HALLISSEY	West Waterford AC	460	1:22:52	1:24:14
1496.	Brian GRAHAM	Carrick on Suir AC	51	1:22:53	1:24:15
1497.	Maurice O'BRIEN		1105	1:22:34	1:24:16
1498.	Danny O'BRIEN		1357	1:23:17	1:24:17
1499.	Fergal CLIFFORD		1242	1:23:31	1:24:18
1500.	Emer HANNIGAN	Youghal AC	2339	1:22:45	1:24:19
1501.	Kevin ALFRED		1748	1:22:02	1:24:19
1502.	Cian MURPHY		1247	1:23:16	1:24:19
1503.	Piotr MARCINKOWSKI		868	1:22:55	1:24:20
1504.	Liz CONWAY	United Striders AC	2342	1:23:30	1:24:21
1505.	Emma O'BYRNE		3197	1:22:15	1:24:22
1506.	Jennifer DOWLING		3171	1:22:25	1:24:22
1507.	Leonard DALY		1563	1:22:54	1:24:24
1508.	Frances MURPHY		2977	1:23:48	1:24:25
1509.	Niall DREA		1733	1:23:16	1:24:25
1510.	Anthony WALSH		1135	1:23:02	1:24:25

1511.	Nikki RICE	Kilkenny Tri Club	2895	1:23:15	1:24:25
1512.	Ger WALSH		1828	1:23:12	1:24:25
1513.	Darragh O'SHEA		1194	1:22:59	1:24:27
1514.	Brian ORMONDE	West Waterford AC	639	1:22:47	1:24:27
1515.	Richie CODY		1825	1:23:14	1:24:27
1516.	Eoin Francis O'SHEA		1365	1:23:01	1:24:27
1517.	Marian TWOMEY	Grange Fermoy AC	2312	1:23:20	1:24:27
1518.	Joe MURPHY		1255	1:23:25	1:24:28
1519.	Ian KEELER	Dell EMC Road RC	1731	1:22:40	1:24:28
1520.	Ciaran DESMOND		1150	1:23:36	1:24:30
1521.	Liam KIELY	Clonmel AC	3500	1:22:37	1:24:30
1522.	Eoin LYNCH	Dell EMC Road RC	1740	1:22:42	1:24:30
1523.	Luke O'DONOVAN		1101	1:22:55	1:24:30
1524.	John O'BRIEN	Youghal AC	243	1:22:24	1:24:30
1525.	Mona EL KAFSI		3110	1:22:23	1:24:31
1526.	Shane GRIFFIN		1061	1:22:41	1:24:31
1527.	Eileen REEVES	Dooneen AC	2436	1:22:24	1:24:33
1528.	Oonagh GUILFOYLE	Kilkenny City Harriers	2263	1:23:10	1:24:33
1529.	Annmarie SWEENEY	Grange Fermoy AC	2005	1:23:18	1:24:34
1530.	Ray KENNEDY		1906	1:22:27	1:24:34
1531.	Ciaran COLEMAN	Youghal AC	646	1:23:05	1:24:34
1532.	Ann Marie HEARNE	Wexford Marathon Club	2594	1:23:46	1:24:35
1533.	Martina WALSH		3192	1:22:15	1:24:35
1534.	Fergal CONNOLLY	West Waterford AC	557	1:23:24	1:24:35
1535.	Kieran DALY		1240	1:23:45	1:24:36
1536.	Michael O'SHEA		1640	1:23:23	1:24:37
1537.	Joe NUNAN		1449	1:22:31	1:24:38
1538.	Darren CROWE	Limerick Country Club AC	455	1:23:06	1:24:43
1539.	Darren MOYNIHAN		953	1:22:57	1:24:48
1540.	Jo ROCKETT	St Senans AC	2313	1:23:59	1:24:49
1541.	Jason SLATTERY		1991	1:23:27	1:24:49
1542.	Paul COLLINS		1306	1:23:05	1:24:50
1543.	Aoife AHERN		2792	1:23:08	1:24:50
1544.	James LONG	Midleton AC	1401	1:23:25	1:24:50
1545.	Daragh DUGGAN		840	1:23:04	1:24:51
1546.	Des WHITE	Grange Fermoy AC	138	1:23:20	1:24:51
1547.	Neil PROVEN	Clonmel AC	465	1:23:47	1:24:52
1548.	Richard MORRISON	St Nicholas AC	625	1:23:41	1:24:53
1549.	Maeve PIGGOT		3397	1:23:18	1:24:54
1550.	Michelle COTT	Ballintotis Fit4Life	2124	1:23:24	1:24:55
1551.	Declan TWOMEY		1347	1:23:09	1:24:55
1552.	Jackie MCGEE		2765	1:23:44	1:24:56
1553.	Pam KENNEDY	Grange Fermoy AC	2572	1:23:50	1:24:57
1554.	Ken POWER	Kilmacow Ferrybank Runners	3417	1:23:13	1:24:57
1555.	Sarah MCCARTHY		3288	1:23:18	1:24:59
1556.	Lijana KURSTAKIENE	Mallow AC	2556	1:23:11	1:24:59
1557.	Derek KENNEDY		1847	1:23:10	1:25:00
1558.	Siobhan MURPHY	Midleton AC	2570	1:23:29	1:25:01
1559.	Nicole MCKENNA		2845	1:23:23	1:25:01
1560.	Patrick ENRIGHT		914	1:23:53	1:25:01
1561.	Linda CURTIN	Midleton AC	2154	1:23:31	1:25:02
1562.	Monika ZAWIERUCHA		2953	1:23:58	1:25:02
1563.	Ciaran CUNNEEN		956	1:23:46	1:25:03
1564.	Nessa O'DWYER		2703	1:22:25	1:25:04
1565.	Gerard HANNON	West Limerick AC	504	1:23:46	1:25:04
1566.	Diarmaid O'HARE		1977	1:23:45	1:25:04

1567.	Padraig O'FLYNN		929	1:23:25	1:25:04
1568.	Sean O'HARE		81	1:23:46	1:25:05
1569.	Anna WALSH	Adele Gazelles	2975	1:24:02	1:25:05
1570.	Aideen O'DOWD		3289	1:23:29	1:25:07
1571.	Tim MCCARTHY	Mallow Tri Club	1984	1:23:43	1:25:07
1572.	Ali DORGAN		2529	1:23:54	1:25:07
1573.	Donal MCCARTHY		1503	1:23:02	1:25:09
1574.	Fiadhnat O'MEARA		3067	1:23:28	1:25:09
1575.	Gail WALSH	St Senans AC	2639	1:23:31	1:25:12
1576.	Rosemary MILTON		3173	1:23:21	1:25:12
1577.	Eileen O'SULLIVAN	Mount Hillary AC	2513	1:23:31	1:25:12
1578.	Maurice TOBIN		1675	1:24:18	1:25:13
1579.	Michelle FORREST	Ballintotis Fit4Life	2376	1:23:43	1:25:14
1580.	Michael O'LOUGHLIN		1128	1:23:52	1:25:14
1581.	Suzanne O'LEARY		3277	1:23:33	1:25:14
1582.	Virge CONNERY	Adele's Eat Train Live	3090	1:24:13	1:25:16
1583.	Brian HARRIS	Kings River AC	801	1:24:00	1:25:16
1584.	Sam GALLAGHER		1432	1:24:08	1:25:18
1585.	Kate VEALE	West Waterford AC	3394	1:24:30	1:25:18
1586.	Conor ARRIGAN		3402	1:23:57	1:25:20
1587.	Marjorie PACKHAM	Carrigaline AC	2052	1:23:58	1:25:22
1588.	Marguerite STACK		3089	1:23:50	1:25:23
1589.	Meabh BERESFORD		2991	1:24:41	1:25:27
1590.	Emer LEAHY	Cahir Meet & Train	2742	1:24:26	1:25:31
1591.	John HOLLAND	Mallow AC	603	1:24:32	1:25:32
1592.	Seamus O'MAHONEY	Saturday Road Runners	917	1:24:38	1:25:32
1593.	Brian THOMPSON		1236	1:24:30	1:25:33
1594.	Helen FITZPATRICK		2730	1:24:31	1:25:34
1595.	Janet MCGUINNESS		2757	1:24:01	1:25:34
1596.	Carol MURPHY	Youghal AC	2029	1:24:27	1:25:34
1597.	Sharon FLYNN	Saturday Road Runners	2858	1:24:05	1:25:34
1598.	Janet O'REILLY	Aghada RC	2412	1:23:51	1:25:34
1599.	Jill STAFFORD		3126	1:25:14	1:25:36
1600.	Robert TOBIN		1290	1:24:02	1:25:36
1601.	Pat DALTON	St Finbarrs AC	1880	1:25:02	1:25:37
1602.	Simon MAHER	Gowran AC	1052	1:25:33	1:25:41
1603.	Eoin KENNEDY		1901	1:24:32	1:25:42
1604.	Ann Marie LOOBY		3178	1:25:00	1:25:43
1605.	Tony GRAY	Team I.P	1291	1:23:47	1:25:44
1606.	Ciara LOSTY	Waterstown Warriors	2574	1:24:01	1:25:44
1607.	Liam COLBERT	Carraig na bhFear AC	624	1:24:01	1:25:45
1608.	Paul CARROLL	6.30 Group	1842	1:24:07	1:25:45
1609.	Jim HEYLIN	Tramore Park Run	1805	1:25:12	1:25:47
1610.	Brid HEARNE	Clonmel AC	2309	1:23:54	1:25:47
1611.	Shane TOBIN		1507	1:24:18	1:25:48
1612.	Zara MURPHY	United Striders AC	2229	1:23:03	1:25:48
1613.	Tyrone O'NEILL		1032	1:24:31	1:25:50
1614.	Geraldine HARTNETT	Grange Fermoy AC	2370	1:24:41	1:25:50
1615.	Paul CONNOLLY	Waterford Huffers & Puffers	1215	1:24:31	1:25:50
1616.	Margaret POWER	Carrick on Suir AC	2291	1:24:18	1:25:51
1617.	Sharon GOLDSMITH	Limerick Country Club AC	2262	1:24:01	1:25:53
1618.	Frank DUNNE		3403	1:24:30	1:25:53
1619.	David MCCORMACK		1830	1:23:54	1:25:54
1620.	Mary LONERGAN		3322	1:24:15	1:25:54
1621.	Peter WHELAN		1534	1:24:59	1:25:54
1622.	Pat FINN		1459	1:25:26	1:25:54

1623.	Robert WALSH		1386	1:25:00	1:25:55
1624.	Francis MAUNSELL	Midleton AC	730	1:24:07	1:25:55
1625.	Gloria BOLES	Cahir Meet & Train	2921	1:24:53	1:25:56
1626.	Kenneth POWER	Grange Fermoy AC	109	1:24:27	1:25:58
1627.	Michael COYLE		1469	1:24:10	1:26:00
1628.	Seamus CAHILL		1595	1:25:02	1:26:00
1629.	Ger LOTTY		1569	1:24:40	1:26:00
1630.	Ralph CASEY		1475	1:24:11	1:26:00
1631.	Stephanie MORRIS		2931	1:24:58	1:26:01
1632.	Pauline CONDON		2825	1:24:34	1:26:01
1633.	Claire KILGANNON	Youghal AC	2338	1:24:57	1:26:01
1634.	Chris HICKSON		3432	1:24:21	1:26:01
1635.	Michelle KEARNEY		2653	1:24:29	1:26:02
1636.	Michael PIGOTT	Tracton AC	1854	1:24:32	1:26:03
1637.	Paul MITCHELL	Youghal AC	378	1:24:35	1:26:04
1638.	Sinéad HICKEY		2630	1:24:15	1:26:05
1639.	John SHIER	Dooneen AC	356	1:23:55	1:26:05
1640.	Ellen BRENNAN		3349	1:25:15	1:26:06
1641.	Nicola COLEMAN	Youghal AC	2408	1:24:32	1:26:06
1642.	David MCNALLY	West Waterford AC	544	1:24:07	1:26:06
1643.	Barry GRIFFIN	St Finbarrs AC	379	1:24:29	1:26:07
1644.	Norma WALL		2958	1:24:32	1:26:07
1645.	Barry POWER		1798	1:23:40	1:26:07
1646.	Lisa SHORTALL		3038	1:24:32	1:26:08
1647.	Sandra HICKSON		2802	1:24:32	1:26:08
1648.	Karen BURKE		3091	1:25:29	1:26:10
1649.	Paul MURPHY		1258	1:25:07	1:26:10
1650.	Thomas POWER		1613	1:24:26	1:26:10
1651.	Bill MILNE	Carraig na bhFear AC	296	1:25:31	1:26:15
1652.	Ted O'LEARY		3485	1:24:45	1:26:15
1653.	Christine MURPHY		2978	1:25:39	1:26:16
1654.	Noel KERR		905	1:25:40	1:26:16
1655.	Eamon CASHIN		3487	1:24:48	1:26:17
1656.	Cian O'MAHONY	Watergrasshill AC	469	1:26:11	1:26:25
1657.	Lisa BOLAND		3152	1:24:37	1:26:25
1658.	Peter O'LEARY	Happy Feet Blarney	1190	1:25:29	1:26:27
1659.	Fachtna GOGGIN		819	1:23:36	1:26:27
1660.	Gemma BRERETON		2829	1:25:31	1:26:29
1661.	Simone POWER	West Waterford AC	2430	1:24:18	1:26:29
1662.	Michael CARRIGAN		1629	1:24:53	1:26:30
1663.	Brian KELLY	Clonakilty Road Runners AC	591	1:25:18	1:26:30
1664.	Clare MAC SULLIVAN		3010	1:24:51	1:26:30
1665.	Ronan RYAN		944	1:24:54	1:26:31
1666.	Louise CONWAY		2645	1:24:40	1:26:31
1667.	Fiona O'LEARY	Ballintotis Fit4Life	2079	1:25:22	1:26:33
1668.	Michael DWYER		1297	1:24:54	1:26:35
1669.	Gemma HYLAND		3124	1:25:50	1:26:36
1670.	Robert MCMAHON		1442	1:24:25	1:26:39
1671.	Rachel CRONIN	Grange Fermoy AC	2112	1:24:50	1:26:41
1672.	Pat COUGHLAN		1689	1:25:11	1:26:42
1673.	Patrick O'GORMAN		827	1:24:46	1:26:42
1674.	Emma DUFFY		3209	1:25:32	1:26:43
1675.	Phelim TIERNEY		1864	1:24:36	1:26:44
1676.	Mark FINLAY		1865	1:24:41	1:26:44
1677.	Siobhan O'CALLAGHAN		3240	1:25:07	1:26:44
1678.	Frances BARRY	St Catherines AC	2399	1:25:23	1:26:44

1679.	Tom CASEY	Waterford Tri Club	1531	1:25:18	1:26:45
1680.	Corinne HALLEY	Team I.P	2682	1:25:42	1:26:46
1681.	Dermot JOHNSON		1034	1:24:49	1:26:49
1682.	Brian CONDON		1163	1:25:41	1:26:50
1683.	Margaret O'CONNOR	Ballintotis Fit4Life	2020	1:24:53	1:26:51
1684.	Hanora O'CONNOR	St Josephs AC	2268	1:25:06	1:26:53
1685.	Valerie COLLINS		2961	1:25:47	1:26:59
1686.	Jenna LEETCH	St Nicholas AC	2048	1:25:18	1:27:00
1687.	Shane LILLIS	Dooneen AC	171	1:25:47	1:27:01
1688.	Tony LOUGHNANE		964	1:24:56	1:27:01
1689.	Felicity MCGRATH	Aghada RC	2273	1:25:45	1:27:05
1690.	Kate ENGLISH		3129	1:25:08	1:27:06
1691.	Katelyn HANLON		3285	1:26:14	1:27:06
1692.	Eoghan BOURKE		809	1:25:07	1:27:07
1693.	Susan BYRNE		3094	1:24:55	1:27:07
1694.	Ray HARNETT		1193	1:26:37	1:27:11
1695.	Edel KERRISK		3185	1:25:28	1:27:13
1696.	Damien HARNETT		1969	1:26:42	1:27:15
1697.	Tomas MCGRATH		1975	1:24:48	1:27:18
1698.	Catriona QUINLAN		3085	1:25:25	1:27:19
1699.	Carol LUCEY	Togher AC	2174	1:25:18	1:27:20
1700.	Jacek JABKIEWICZ		1006	1:25:44	1:27:22
1701.	Noreen KEATING		3250	1:25:53	1:27:23
1702.	Aonghus O'RAGHNAIGH		1138	1:25:35	1:27:24
1703.	Mary Therese O'FLYNN	Mallow AC	2393	1:25:31	1:27:24
1704.	Sancha QUIGLEY		2778	1:25:33	1:27:26
1705.	Paula HYNES	Tullaroan AC	2624	1:25:40	1:27:26
1706.	Kevin MORRISON	Midleton AC	675	1:27:19	1:27:29
1707.	Proinnsias O'KEEFFE	Eagle AC	380	1:26:28	1:27:29
1708.	Joe LONG	Grange Fermoy AC	21	1:25:59	1:27:29
1709.	Kevin MURRAY	Carrigaline AC	473	1:25:41	1:27:30
1710.	Catherine HANLON		3284	1:26:39	1:27:31
1711.	Una BYRNE		2754	1:25:25	1:27:31
1712.	Deirdre SCOTT	Kilkenny City Harriers	2138	1:25:25	1:27:31
1713.	John LEONARD	West Waterford AC	64	1:26:25	1:27:32
1714.	Georgina CUNNINGHAM	St Catherines AC	2156	1:26:47	1:27:35
1715.	Colette RYAN	Togher AC	2299	1:26:05	1:27:36
1716.	Graham DEANE		3501	1:25:41	1:27:36
1717.	Richard O'SULLIVAN	Youghal AC	298	1:26:17	1:27:36
1718.	Stephen SHASBY		1926	1:26:44	1:27:38
1719.	Michael PRATT	Grange Fermoy AC	211	1:26:28	1:27:38
1720.	Eoin DARCY		1157	1:25:35	1:27:39
1721.	Mark WALMSLEY	Shandrum AC	791	1:26:44	1:27:39
1722.	Fiona CROWLEY		3095	1:26:04	1:27:40
1723.	Ciara O'RIORDAN		2633	1:26:18	1:27:42
1724.	Donal SHEAHAN	Youghal AC	69	1:25:55	1:27:44
1725.	Michael CRONIN	Huffers & Puffers	1440	1:25:53	1:27:45
1726.	Tom COX		1375	1:26:31	1:27:47
1727.	Aishling GRIMES		2916	1:26:03	1:27:48
1728.	Colm SHEPPARD		1056	1:25:51	1:27:48
1729.	David FLEMING		1832	1:25:57	1:27:48
1730.	Jane DEANE		2770	1:26:06	1:27:48
1731.	Liam SHERIDAN		915	1:26:48	1:27:48
1732.	Annie PHELAN	St Laurence O'Toole AC	2548	1:25:54	1:27:48
1733.	Olan CASEY		1374	1:26:01	1:27:49
1734.	Ciara MEEHAN	Clonmel AC	2180	1:25:56	1:27:49

1735.	Karen DARCY		2892	1:25:46	1:27:50
1736.	Mary Beth RYAN		2963	1:26:38	1:27:50
1737.	Kellie FAUL		3177	1:25:57	1:27:52
1738.	Carol STONE	Youghal AC	2146	1:26:18	1:27:53
1739.	Ruth KELLEHER		3375	1:25:47	1:27:55
1740.	Barry FITZGERALD	The Naturalethes	1366	1:26:06	1:27:55
1741.	Gillian O'MAHONY	Team I.P	2735	1:25:59	1:27:56
1742.	Gordon FLANAGAN		1637	1:25:38	1:27:57
1743.	Irene HENEERY	Kilkenny City Harriers	2266	1:25:51	1:27:58
1744.	Catherine BOURKE	West Waterford AC	2384	1:25:58	1:27:58
1745.	Anna PAWLIK	Polish Runners Club Ireland	2661	1:26:19	1:27:58
1746.	Eddie TRINDLE	Eagle AC	758	1:26:27	1:27:58
1747.	Karina MOLONEY		3303	1:26:03	1:27:59
1748.	Diarmuid LINEHAN		1948	1:26:41	1:27:59
1749.	Sean MCGOWAN		907	1:26:03	1:28:01
1750.	Kelvin BRADY		856	1:26:51	1:28:02
1751.	Stephanie DAVIS		2679	1:26:28	1:28:02
1752.	Karina LANGTON		3029	1:25:53	1:28:03
1753.	Stephen MURPHY	Mallow AC	721	1:26:31	1:28:05
1754.	Michael STUART	Rathfarnham WSAF AC	259	1:26:05	1:28:05
1755.	Luke MOREY		1447	1:26:10	1:28:05
1756.	Aisling GILDEA		3206	1:26:30	1:28:06
1757.	Tomas HORGAN	West Waterford AC	1817	1:26:25	1:28:06
1758.	David LAHIVE	Blackwater Tri Club	1292	1:26:19	1:28:07
1759.	Robert MARCHANT		1175	1:26:36	1:28:07
1760.	Eamonn ENGLISH	Clonmel AC	384	1:26:09	1:28:08
1761.	Vincent BUCKLEY	Donoughmore AC	139	1:26:29	1:28:08
1762.	Martha PHELAN		2827	1:26:51	1:28:08
1763.	David HURLEY	St Finbarrs AC	152	1:26:39	1:28:09
1764.	Kevin WHELAN		1241	1:27:03	1:28:10
1765.	Liz FOLEY	St Nicholas AC	2432	1:26:49	1:28:10
1766.	Catherine REDMOND	United Striders AC	2205	1:26:31	1:28:11
1767.	Fiona MCGUINNESS		2986	1:26:29	1:28:12
1768.	Conor PHELAN	Carrigaline AC	441	1:26:58	1:28:12
1769.	Marion O'CALLAGHAN		2973	1:26:29	1:28:12
1770.	Divina CAREY		2981	1:26:30	1:28:13
1771.	Anna JACQUES		3329	1:26:55	1:28:13
1772.	Orla TRIHY		3327	1:26:55	1:28:13
1773.	Liam MEEHAN		3450	1:26:55	1:28:15
1774.	Daragh NOLAN		1665	1:26:38	1:28:17
1775.	Cormac AHERNE		1084	1:26:52	1:28:17
1776.	Conor DOYLE		3415	1:25:54	1:28:18
1777.	Cathy MULHARE	Portlaoise AC	3390	1:26:46	1:28:18
1778.	Colin FEELY		1625	1:26:45	1:28:18
1779.	Edel MCCORMACK		3202	1:26:46	1:28:19
1780.	Ann Marie DONLON		2737	1:26:25	1:28:19
1781.	Padraig NOLAN		1928	1:26:28	1:28:20
1782.	Lisa BARROW	Mallow AC	2492	1:26:31	1:28:22
1783.	David MORRISSEY		1269	1:26:36	1:28:22
1784.	Brendan CRONIN	Ballintotis Fit4Life	415	1:26:18	1:28:24
1785.	Brian LEAHY		1505	1:26:17	1:28:24
1786.	Helen O'CEALLAIGH	Clonmel AC	2361	1:26:31	1:28:25
1787.	Paul POWER	West Waterford AC	398	1:26:16	1:28:25
1788.	Maude VERNON WALSH		3048	1:25:42	1:28:25
1789.	Catherine BARRY		3119	1:26:29	1:28:26
1790.	Maria HURLEY		2883	1:26:19	1:28:26



1791.	Claire KIRWAN		2787	1:26:20	1:28:30
1792.	Caitriona O'SULLIVAN		3365	1:26:36	1:28:30
1793.	Andrea BONSEL		3345	1:26:37	1:28:30
1794.	Ruairi O'HAGAN	Watergrasshill AC	412	1:26:40	1:28:31
1795.	Chris DAY		1319	1:26:48	1:28:31
1796.	Valerie GORMAN	Dundrum South Dublin AC	2531	1:27:24	1:28:32
1797.	Sinead KENNEDY		2694	1:26:23	1:28:32
1798.	Emer ALFRED		3228	1:26:16	1:28:33
1799.	Gillian BRUTON	Pat Walsh Running	3127	1:26:37	1:28:34
1800.	John FITZPATRICK		1341	1:26:16	1:28:35
1801.	Tom NYHAN	West Waterford AC	338	1:26:45	1:28:36
1802.	Gemma FOLEY		2812	1:26:27	1:28:37
1803.	Gregg MOORE	Eagle AC	748	1:25:50	1:28:37
1804.	Tim MCCORMACK		1333	1:27:34	1:28:38
1805.	Tamar JAYAWARDENE		3183	1:26:44	1:28:39
1806.	Dearbhaile NI AODHA		3017	1:26:55	1:28:39
1807.	Dee KIELY		2834	1:26:36	1:28:40
1808.	Ann Marie BARDEN		3118	1:26:32	1:28:42
1809.	Angela BREE	West Waterford AC	2085	1:26:48	1:28:43
1810.	Mark LENIHAN	West Waterford AC	644	1:26:40	1:28:43
1811.	Stephen CURRAN		971	1:26:40	1:28:43
1812.	Irene HERLIHY	Rosscarbery Steam Runners	2288	1:26:29	1:28:45
1813.	John O'CALLAGHAN	Togher AC	244	1:26:43	1:28:46
1814.	Breeda HERLIHY		2929	1:27:09	1:28:47
1815.	Mary BROOKER	Youghal AC	2209	1:26:42	1:28:48
1816.	Andrea GAFFNEY	West Waterford AC	2045	1:27:00	1:28:51
1817.	Tom CORCORAN		1582	1:27:21	1:28:53
1818.	Eleanor M. DUGGAN	Aghada RC	2240	1:27:10	1:28:53
1819.	Patrick POWER	West Waterford AC	1769	1:26:55	1:28:54
1820.	Dori TALLENT		2987	1:27:42	1:28:55
1821.	Tadhg MCCABE		1695	1:27:22	1:28:56
1822.	Joe RYAN		952	1:26:51	1:28:56
1823.	Caroline DONNELLY	West Waterford AC	2018	1:26:56	1:28:56
1824.	Tim O'CARROLL		1358	1:27:12	1:28:57
1825.	Amy MURPHY		2660	1:27:30	1:28:57
1826.	Eoin RYAN		1381	1:26:47	1:29:01
1827.	Alex SCARROTT	Carrigaline AC	89	1:27:08	1:29:02
1828.	Niamh SWEENEY		2762	1:26:44	1:29:02
1829.	Avril QUIGLEY		2772	1:27:11	1:29:04
1830.	Ryan ELLIOTT		3506	1:26:39	1:29:06
1831.	John POWER		1761	1:26:56	1:29:07
1832.	Bernie CAHILL		3151	1:26:42	1:29:07
1833.	Joseph O'BRIEN		1914	1:27:21	1:29:08
1834.	Jack AUSTIN		1431	1:27:05	1:29:08
1835.	Helena CORCORAN	Grange Fermoy AC	2175	1:28:07	1:29:08
1836.	Jeremy O'DONOVAN	St Finbarrs AC	120	1:27:05	1:29:08
1837.	Edward HEELAN		1479	1:27:24	1:29:09
1838.	Colin SAVAGE		1316	1:27:02	1:29:11
1839.	Aisling BOHAN		2876	1:28:09	1:29:11
1840.	John FALVEY		1073	1:27:56	1:29:11
1841.	Paul MCCARTHY	DMP AC	619	1:28:06	1:29:12
1842.	Anna FRAZER		2886	1:28:09	1:29:14
1843.	Padraig BEGLEY		1484	1:27:25	1:29:16
1844.	Una FENNELL		2998	1:27:05	1:29:16
1845.	Eileen HEFFERNAN	West Waterford AC	2187	1:27:06	1:29:17
1846.	Rory MCCARTHY		1413	1:27:21	1:29:18

1847.	Susan LYNE		2652	1:27:08	1:29:18
1848.	Moira TREACY	Gowran AC	3064	1:27:49	1:29:18
1849.	Paul HOURIGAN		1050	1:26:36	1:29:18
1850.	Terence MCCARTHY		1011	1:28:12	1:29:19
1851.	Derek CURRAN		1457	1:27:46	1:29:19
1852.	Gerry MCHUGH	Ballymore Cobh AC	509	1:27:47	1:29:20
1853.	Joanne CASEY		3193	1:27:19	1:29:20
1854.	Sinead ALLIS		3060	1:27:38	1:29:25
1855.	Kieran BAMBRICK		3456	1:27:24	1:29:25
1856.	Shane MCGIRL		1071	1:27:39	1:29:25
1857.	William Lee DOHERTY	Togher AC	115	1:27:26	1:29:29
1858.	Ber SISK		2769	1:27:39	1:29:29
1859.	Joy DOHERTY	Togher AC	2089	1:27:26	1:29:30
1860.	John BARRY	Dundrun AC	3504	1:27:11	1:29:30
1861.	Rebecca CORBETT		2900	1:27:29	1:29:30
1862.	Carmel DELANEY	Clonmel AC	2328	1:27:39	1:29:31
1863.	Anita DALTON		3161	1:28:46	1:29:32
1864.	Gabrielle POWER	Saturday Road Runners	2636	1:28:49	1:29:32
1865.	Anita BANE	Pat Walsh Running	3551	1:27:32	1:29:32
1866.	Cárthach SHALLOE		1885	1:29:09	1:29:32
1867.	Conor O'SULLIVAN		1409	1:27:29	1:29:33
1868.	Joe GRANT		1879	1:29:10	1:29:33
1869.	Fergus O'HALLORAN	Togher AC	235	1:28:49	1:29:35
1870.	George O'CONNOR	Waterford AC	694	1:27:36	1:29:36
1871.	Louise HYNDS		2955	1:27:37	1:29:36
1872.	Declan HOWARD	Ferrybank AC	1216	1:27:46	1:29:37
1873.	Sean HIGGINS		1308	1:27:31	1:29:37
1874.	Suzanne GOUGH		2915	1:28:12	1:29:37
1875.	Emma MARTIN	Youghal AC	2105	1:28:02	1:29:38
1876.	Lorena MOONEY		2817	1:27:45	1:29:38
1877.	Nell LEAHY		2970	1:27:35	1:29:39
1878.	Alexey MARCHENKO	Rathfarnham WSAF AC	237	1:29:40	1:29:40
1879.	Mags NOONAN		3217	1:28:21	1:29:40
1880.	Kenneth GEARY		1722	1:28:20	1:29:40
1881.	Paul GRANT		1751	1:28:33	1:29:40
1882.	Éamonn BOLAND	Mallow Tri Club	1529	1:27:47	1:29:40
1883.	Patrick POWER		1985	1:27:13	1:29:41
1884.	Paul CASEY	West Waterford AC	397	1:27:48	1:29:43
1885.	Martha MCNAMARA	Midleton AC	2458	1:28:36	1:29:43
1886.	Fiona LONGAN	West Waterford AC	2302	1:27:43	1:29:43
1887.	Sibusisiwe MHLOPHE	Togher AC	2323	1:27:39	1:29:43
1888.	Bregeen MURPHY	Kilkenny City Harriers	2135	1:27:38	1:29:44
1889.	Marco COSENZA	Apple RC	1283	1:28:00	1:29:44
1890.	Mairead FOLEY		2766	1:28:55	1:29:45
1891.	Colin RICHARDS	Ballinacurra Villagers	3422	1:28:10	1:29:47
1892.	Ollie HEGARTY	Youghal AC	347	1:27:42	1:29:49
1893.	Johann SCOLLARD	Bridevale AC	2295	1:27:45	1:29:49
1894.	Pat CAREY	An Bru AC	424	1:28:19	1:29:51
1895.	Kevin FORDE		1113	1:27:31	1:29:53
1896.	Aishling MORAN	United Striders AC	2115	1:28:18	1:29:53
1897.	Eoghan DREA		1465	1:28:07	1:29:54
1898.	Ted RYAN	Gowran AC	729	1:28:49	1:29:54
1899.	Maria KEANE		3014	1:27:50	1:29:54
1900.	Breda O'DONOVAN	Tracton AC	2577	1:28:32	1:29:55
1901.	Denis FITZGERALD	Watergrasshill AC	501	1:28:23	1:29:55
1902.	Cliona WOULFE	Mallow AC	2253	1:28:03	1:29:57

1903.	Claire MULLINS		2635	1:27:58	1:29:57
1904.	Carmel NUGENT	Mallow AC	2009	1:27:53	1:29:59
1905.	Anthony SHEEHAN		1562	1:29:12	1:30:00
1906.	Jim BARRY		1379	1:27:56	1:30:01
1907.	Aidan MAGNER		1456	1:29:14	1:30:01
1908.	Aidan KELLEHER		1520	1:28:03	1:30:03
1909.	Will JORDAN	BHAA	1353	1:29:47	1:30:06
1910.	Jennifer O'DONOVAN		3153	1:28:05	1:30:07
1911.	Joanne CONNOLLY	Ballintotis Fit4Life	2333	1:28:04	1:30:07
1912.	Marie SHEEHAN		2638	1:28:23	1:30:09
1913.	Michael DEASY	Greenway Gallopers	1182	1:28:40	1:30:09
1914.	Anthony KIELY	Mallow Tri Club	1298	1:28:31	1:30:10
1915.	Mary CAHILL	West Waterford AC	2070	1:28:24	1:30:10
1916.	Lisa DOYLE		3352	1:28:47	1:30:11
1917.	Kamila JAKUBOWSKA-?WITAJ	Fota Island RC	2523	1:27:50	1:30:11
1918.	Karen BATTYE		2712	1:28:03	1:30:12
1919.	Kevin O'KEEFFE	Ballymore Cobh AC	273	1:28:18	1:30:14
1920.	Stephanie BARRETT	St Nicholas AC	2388	1:28:57	1:30:14
1921.	Grainne KEENA		3364	1:28:20	1:30:15
1922.	John MEENAGH		3410	1:28:23	1:30:16
1923.	Ray BANNON		1017	1:28:03	1:30:16
1924.	Padraig DENN	Mater Private	857	1:28:03	1:30:16
1925.	Neal FOLEY		863	1:28:04	1:30:16
1926.	Martina IVORS	DBB AC	2587	1:28:10	1:30:17
1927.	Eleanor FENNESSY	Watergrasshill AC	2118	1:28:18	1:30:17
1928.	Aifric BROWNE		2943	1:28:24	1:30:18
1929.	Justin COSTIGAN		1217	1:28:51	1:30:18
1930.	Gemma O'CONNOR		3340	1:29:13	1:30:19
1931.	Wayne ELMES	Midleton AC	818	1:28:36	1:30:19
1932.	Liam PRENDERGAST		1719	1:27:44	1:30:20
1933.	Darragh KIELY		1677	1:28:23	1:30:20
1934.	Sinead NOLAN	Saturday Road Runners	2764	1:28:28	1:30:21
1935.	Niall SUNDERLAND		1093	1:27:38	1:30:22
1936.	Shane O'BRIEN		1424	1:28:09	1:30:23
1937.	Josie UI CHUIRRIN	West Waterford AC	2937	1:28:48	1:30:23
1938.	Ihor LISNYCHUK		1339	1:29:23	1:30:23
1939.	Orla KEOGH	Slaney Olympic	2588	1:29:04	1:30:24
1940.	Emer MCMAHON		3062	1:28:12	1:30:26
1941.	Michelle MIDDLETON	North Cork AC	2060	1:28:20	1:30:27
1942.	David WINNING		1872	1:28:09	1:30:28
1943.	Anna WINNING		3293	1:28:06	1:30:29
1944.	Susan O'LEARY	Togher AC	2244	1:28:27	1:30:29
1945.	Steven REEN		1086	1:28:43	1:30:30
1946.	Mari LYNE		2804	1:28:33	1:30:32
1947.	Melissa LYNCH		2750	1:29:30	1:30:32
1948.	Gerda COYNE		3267	1:29:29	1:30:33
1949.	Linda O'SHEA		3063	1:29:22	1:30:34
1950.	Daniel WOODS	Carrigaline AC	483	1:28:45	1:30:34
1951.	John WHELAN		1239	1:29:03	1:30:35
1952.	Deirdre MURPHY	Togher AC	2508	1:28:33	1:30:35
1953.	Eileen MAHER	Galtee Runners AC	2006	1:28:52	1:30:37
1954.	Michael O'BRIEN		1683	1:28:33	1:30:38
1955.	Patrick COFFEY		1510	1:29:07	1:30:40
1956.	Thomas PHELAN		1060	1:30:05	1:30:41
1957.	Barbara DORAN	Clonmel AC	2592	1:28:42	1:30:41
1958.	Alan KENNEDY	Team I.P	814	1:28:44	1:30:41

1959.	Niamh CARROLL		3198	1:28:32	1:30:42
1960.	Jenny NOLAN		3323	1:29:03	1:30:43
1961.	Sinead FARRELL	Togher AC	2096	1:28:36	1:30:43
1962.	Catherine CLANCY	St Catherines AC	2106	1:29:23	1:30:43
1963.	Margaret TWOHIG	Midleton AC	2522	1:29:38	1:30:45
1964.	Michelle LYONS		2751	1:28:51	1:30:45
1965.	Sandra LAYCOCK	Team I.P	2830	1:28:48	1:30:45
1966.	Gráinne NI FHOGHLU		3159	1:29:37	1:30:45
1967.	Pat KEAVENEY	Buttevant RC	306	1:28:44	1:30:46
1968.	Niamh O'DONOGHUE		3213	1:29:03	1:30:46
1969.	Darren O'DROMA	West Waterford AC	613	1:29:37	1:30:47
1970.	Ken BISHOP		1126	1:28:28	1:30:47
1971.	Kevin MCGUINNESS	Cahir Meet & Train	889	1:29:33	1:30:47
1972.	Aisling WALL	United Striders AC	2102	1:28:57	1:30:48
1973.	Rose POWER	West Waterford AC	2011	1:28:49	1:30:50
1974.	Aidan TWOMEY	Shandrum AC	795	1:28:46	1:30:51
1975.	Alan HOULIHAN		3497	1:28:34	1:30:52
1976.	Mary O'CONNELL	Mooreabbey Milers AC	2249	1:28:32	1:30:54
1977.	Micheál Ó CUIRRIN		1313	1:29:06	1:30:54
1978.	Willis O'SHEA		1100	1:29:29	1:30:56
1979.	Sarah THOMPSON	Togher AC	2192	1:28:52	1:30:56
1980.	Barry SLYE	Carrigaline AC	162	1:29:08	1:30:58
1981.	Denise HOGAN		3325	1:28:32	1:30:59
1982.	David O'DRISCOLL	Beara AC	371	1:29:12	1:31:01
1983.	Denise CUNNINGHAM		3139	1:29:05	1:31:01
1984.	Alison CROWLEY		3362	1:29:10	1:31:01
1985.	Aisling CUSACK	West Waterford AC	2575	1:29:02	1:31:02
1986.	Grainne CHAPMAN		2906	1:28:58	1:31:03
1987.	James COMMINIS		1114	1:28:59	1:31:05
1988.	Marie MCGANN WALSH	Aghada RC	2270	1:29:23	1:31:07
1989.	Vanessa PHELAN		2779	1:28:39	1:31:07
1990.	Catriona HILL	Youghal AC	2275	1:29:02	1:31:08
1991.	Carol DEVEREUX	Kilmore AC	2468	1:28:54	1:31:11
1992.	Sean O'NEILL		1781	1:29:31	1:31:12
1993.	Ailín KENNEDY		3328	1:28:57	1:31:13
1994.	Barbara O'MAHONEY	Mallow AC	2576	1:29:21	1:31:14
1995.	Colin MOORE	Donore Harriers	510	1:30:18	1:31:16
1996.	Colette O'REGAN	West Cork Tri	2749	1:29:58	1:31:17
1997.	Lydia LAWLOR	Team I.P	2824	1:29:18	1:31:17
1998.	Amanda FORDE		3374	1:29:59	1:31:18
1999.	Anthony DWYER	West Waterford AC	537	1:29:51	1:31:19
2000.	Anne Marie QUIN		2674	1:28:58	1:31:22
2001.	Pauline HANNAFIN	Ballymore Cobh AC	2139	1:29:28	1:31:23
2002.	Ryan TREATOR		3425	1:29:43	1:31:24
2003.	Catherine BRITTON	Ballymore Cobh AC	2168	1:29:28	1:31:24
2004.	Elenor CASEY	West Waterford AC	2491	1:29:38	1:31:26
2005.	Ger NOLAN	Waterford Tri Club	1596	1:29:24	1:31:27
2006.	Nuala BARRY	Bridevale AC	2517	1:29:23	1:31:27
2007.	Nicole O'GORMAN		2618	1:29:30	1:31:27
2008.	Rosemarie MCCAULEY		2655	1:29:30	1:31:27
2009.	Orla CUNNANE	Dromahane RR	2315	1:29:21	1:31:28
2010.	Sharon HIGGINS	West Waterford AC	3189	1:29:40	1:31:29
2011.	Don KEOGH	Eagle AC	767	1:30:39	1:31:30
2012.	Oliver RYAN	Eagle AC	1606	1:29:57	1:31:31
2013.	Dermot O'SULLIVAN		1416	1:29:27	1:31:33
2014.	Gerry O'CONNOR		3491	1:29:34	1:31:33

2015.	Donal O'DONOGHUE		3489	1:29:35	1:31:35
2016.	Natasha O'LOUGHLIN		2838	1:29:07	1:31:35
2017.	Aoife O'NEILL		3165	1:29:00	1:31:36
2018.	John MCDERMOTT	Kilkenny Tri Club	1109	1:30:40	1:31:37
2019.	Siobhan LOWNEY		3097	1:30:07	1:31:38
2020.	Tim CRONIN	Midleton AC	1388	1:30:07	1:31:39
2021.	Helen BROWNE		2758	1:29:55	1:31:39
2022.	Michelle FINNEGAN	West Waterford AC	2147	1:29:38	1:31:39
2023.	Kieran DALY		1813	1:29:22	1:31:40
2024.	Sinead KENNEDY	Clonmel AC	2591	1:29:45	1:31:40
2025.	Mary O'HALLORAN	Togher AC	2194	1:29:38	1:31:40
2026.	Eoin REDMOND	Team I.P	1065	1:28:59	1:31:41
2027.	Julie MONAGHAN		2746	1:29:32	1:31:41
2028.	Declan GROGAN		1047	1:30:45	1:31:41
2029.	Aidan GROGAN		954	1:30:45	1:31:41
2030.	Jennifer CLERY	Togher AC	2178	1:29:39	1:31:42
2031.	Jim O'DONNELL	Cahir Meet & Train	1172	1:30:32	1:31:43
2032.	Martin STEPHENSON		3488	1:29:47	1:31:47
2033.	Leah MCCABE		3190	1:30:17	1:31:50
2034.	Denise CULLINANE		2752	1:30:11	1:31:54
2035.	Mary NOONAN	Togher AC	2035	1:29:52	1:31:54
2036.	Gemma BARRY		3101	1:29:47	1:31:55
2037.	Ian SHEEHAN		1580	1:30:14	1:31:56
2038.	Sean QUINN		3404	1:30:11	1:31:58
2039.	Maxine HICKEY	Youghal AC	2481	1:29:46	1:31:59
2040.	Shay YOUNG	West Waterford AC	56	1:30:10	1:32:00
2041.	Catherine CONDON	West Waterford AC	2596	1:30:15	1:32:01
2042.	Eddie MEEGAN		3473	1:29:27	1:32:05
2043.	Kate KEOHANE		3385	1:29:59	1:32:07
2044.	Eileen MURPHY	Donoughmore AC	2444	1:29:52	1:32:07
2045.	Dan METZGER	Apple RC	1591	1:30:48	1:32:10
2046.	Eddie HOYNE		1890	1:30:25	1:32:12
2047.	Helen KEATING	West Waterford AC	2584	1:30:12	1:32:12
2048.	Clare O'DONOVAN	Team I.P	2667	1:30:09	1:32:13
2049.	Neil DAVY		1971	1:30:41	1:32:20
2050.	Doireann JOYCE		2924	1:31:10	1:32:24
2051.	Jacqueline BOWEN	Mallow AC	2478	1:31:26	1:32:24
2052.	Catherine KEATING		2702	1:30:11	1:32:25
2053.	Ailish LYNCH	Youghal AC	2528	1:30:31	1:32:26
2054.	Mary KINGSTON	Youghal AC	2317	1:30:32	1:32:27
2055.	Claire CROTTY		2857	1:31:35	1:32:30
2056.	Regina WILLIAMS		3304	1:30:45	1:32:30
2057.	Maggie STACK	Watergrasshill AC	2562	1:30:38	1:32:30
2058.	Mary MCCARTHY		2794	1:31:24	1:32:31
2059.	Sharon O'BRIEN WALSH	Ballintotis Fit4Life	2357	1:30:33	1:32:34
2060.	Susan BUCKLEY		3359	1:30:34	1:32:41
2061.	Monika PLIZGA		3317	1:30:27	1:32:44
2062.	Joseph CULLOTY	Watergrasshill AC	480	1:30:29	1:32:46
2063.	Anne Marie DAVIS	Clonmel AC	2486	1:31:12	1:32:50
2064.	Niall MOORE		1610	1:30:13	1:32:50
2065.	Karen GLENNON	Clane AC	2540	1:31:11	1:32:50
2066.	Holly COURTNEY		3187	1:30:46	1:32:52
2067.	Denis O'SULLIVAN		1758	1:31:12	1:32:52
2068.	Rose BUCKLEY	Donoughmore AC	2098	1:30:37	1:32:52
2069.	Caoifhionn NI ARGAIN	Kilkenny City Harriers	2421	1:31:14	1:32:52
2070.	Fionan O'HAODAIN	Midleton AC	140	1:30:49	1:32:54

2071.	Jamie KIELY		1557	1:30:38	1:32:55
2072.	Eoghan BUCKLEY		1574	1:30:53	1:32:57
2073.	Michael BENNETT		1725	1:31:33	1:32:58
2074.	Conor KIERNAN		1795	1:30:54	1:32:58
2075.	Stephen MOORE		831	1:31:37	1:32:59
2076.	Teresa MOORE		2665	1:31:38	1:33:00
2077.	Liz TABB	Fota Island RC	2382	1:30:44	1:33:02
2078.	Catriona CROWE	West Waterford AC	3388	1:31:02	1:33:02
2079.	Walter HIGGINS	St Finbarrs AC	292	1:31:01	1:33:08
2080.	Tracy KAVANAGH	Slaney Olympic	2108	1:32:05	1:33:10
2081.	Steven CURRAN	West Waterford AC	516	1:32:57	1:33:13
2082.	Isabel CAMBIE	Mallow AC	2369	1:32:16	1:33:14
2083.	Jennifer CRONIN		3341	1:30:57	1:33:19
2084.	Emilija DORGAN	Grange Fermoy AC	2471	1:31:36	1:33:19
2085.	Margaret O'CONNELL		2926	1:32:08	1:33:20
2086.	Colm HOGAN		906	1:32:13	1:33:23
2087.	Jennifer MEADE	Ballymore Cobh AC	2245	1:31:28	1:33:24
2088.	Sarah AHERN	Ballymore Cobh AC	2201	1:31:28	1:33:24
2089.	Paul MURRAY		1041	1:31:46	1:33:24
2090.	Margaret CAHILL	Slaney Olympic	2391	1:31:10	1:33:27
2091.	Fran O'CALLAGHAN		3053	1:30:44	1:33:27
2092.	Ciara KEARNEY	Slaney Olympic	2461	1:31:10	1:33:27
2093.	David REGAN	West Waterford AC	570	1:31:36	1:33:28
2094.	Aileen ENRIGHT		2514	1:31:09	1:33:32
2095.	Jackie GLEESON		2909	1:31:09	1:33:32
2096.	Paul O'CALLAGHAN	Waterstown Warriors	595	1:31:03	1:33:36
2097.	Carol HURLEY	Beara AC	2439	1:32:20	1:33:38
2098.	Darragh HAYES		920	1:31:17	1:33:38
2099.	Eamon HALLY		1168	1:31:20	1:33:39
2100.	Cliona O'BRIEN		3318	1:30:52	1:33:39
2101.	Bernie CASHIN	United Striders AC	2092	1:31:24	1:33:39
2102.	Geraldine BARRY		2604	1:31:40	1:33:41
2103.	Ann O'REILLY	United Striders AC	2027	1:31:45	1:33:42
2104.	Emma MOONEY	United Striders AC	2073	1:31:28	1:33:43
2105.	Jenny MCCABE		3200	1:32:14	1:33:45
2106.	Pat HAYDEN		1988	1:32:39	1:33:45
2107.	Mark FULLER	Midleton AC	80	1:31:34	1:33:47
2108.	Joe FOGARTY		1444	1:31:32	1:33:48
2109.	Tina NOONAN	United Striders AC	2080	1:31:33	1:33:50
2110.	Patrick RYAN		1780	1:32:08	1:33:50
2111.	Elaine MOORE		2626	1:31:40	1:33:50
2112.	Sinead HURLEY		2691	1:31:46	1:33:52
2113.	Oonagh DUGGAN	Fota Island RC	2521	1:31:36	1:33:54
2114.	Anne Marie O'DONOVAN	Fota Island RC	2282	1:31:36	1:33:55
2115.	Helen LEAHY	West Waterford AC	2097	1:31:39	1:33:56
2116.	Eadaoin MURPHY		2869	1:32:28	1:33:56
2117.	Lhyne GANADIN	Lucan Harriers AC	2586	1:32:24	1:33:58
2118.	Sinead RADLEY		2939	1:31:55	1:33:59
2119.	Hilda LEADER GALVIN		3204	1:31:57	1:34:02
2120.	Jean BERESFORD	West Waterford AC	2210	1:32:36	1:34:02
2121.	Adele KIELY		3358	1:31:17	1:34:02
2122.	Ciara HICKEY	Dualla Ballytarsna Boherlahan AC	2289	1:31:56	1:34:03
2123.	Denise RYAN		3112	1:31:58	1:34:03
2124.	Ann MCCARTHY		2709	1:32:28	1:34:03
2125.	Patricia FOSKIN	St Senans AC	2332	1:32:40	1:34:06
2126.	Margo O'REGAN		2637	1:32:51	1:34:06

2127.	Laura O'CONNOR		3109	1:31:53	1:34:07
2128.	Barry MALONE	Waterford Tri Club	1754	1:32:16	1:34:08
2129.	Kenneth JONES		1384	1:32:07	1:34:08
2130.	Olivia REILLY	West Waterford AC	2008	1:31:51	1:34:09
2131.	John O'KEEFFE	Kinsale Tri Club	1231	1:31:56	1:34:13
2132.	Kevin MURPHY		1005	1:32:16	1:34:18
2133.	Donny FLYNN		878	1:32:15	1:34:18
2134.	Catherine SCULLY	Ballintotis Fit4Life	2119	1:33:06	1:34:18
2135.	Eilis FOX	Donoughmore AC	2477	1:32:05	1:34:18
2136.	Deirdre O'BRIEN		3311	1:33:18	1:34:20
2137.	Shauna CORCORAN		2727	1:32:20	1:34:21
2138.	Enda CRONIN		1979	1:31:44	1:34:22
2139.	Patricja DALY	West Waterford AC	2485	1:33:04	1:34:23
2140.	Una REIDY		2897	1:31:54	1:34:23
2141.	Susan WHITNEY		2836	1:31:41	1:34:24
2142.	Fiona PATTERSON	Bweeng Trail Blazers	2058	1:31:57	1:34:25
2143.	Jo SCOBIE		2744	1:32:19	1:34:25
2144.	Geraldine CROKE	Saturday Road Runners	2687	1:32:10	1:34:25
2145.	Maura FORDE		3022	1:32:23	1:34:26
2146.	Adam HOULIHAN		1924	1:31:51	1:34:27
2147.	Patrick HOULIHAN		1293	1:31:51	1:34:27
2148.	Philip CLEARY		1772	1:32:10	1:34:31
2149.	Marta BODENKO		2983	1:32:43	1:34:33
2150.	Deirdre FLANAGAN		2717	1:31:54	1:34:35
2151.	Clare DAY		2786	1:32:36	1:34:35
2152.	Claire AHERN	Tracton AC	3393	1:32:18	1:34:36
2153.	John RIORDAN		3401	1:31:51	1:34:37
2154.	Aine CROSSE	Dualla Ballytarsna Boherlahan AC	2153	1:32:32	1:34:38
2155.	Conor CALLANAN		1824	1:33:12	1:34:38
2156.	Freda WYNNE		3194	1:32:27	1:34:38
2157.	Mossy STACK	Ballinacurra Villagers	1973	1:32:41	1:34:38
2158.	Bridie WALSH	North Cork AC	2526	1:32:34	1:34:41
2159.	Susan ASHMAN		3115	1:32:51	1:34:43
2160.	Chloe WALSH	Youghal AC	2099	1:32:51	1:34:43
2161.	Caroline MURRAY		2805	1:32:36	1:34:45
2162.	Mairead TYWANG		3227	1:33:14	1:34:49
2163.	Jocelynn COUGHLAN	Togher AC	2231	1:32:45	1:34:49
2164.	Ray MULREADY		1453	1:32:43	1:34:51
2165.	Vanessa COSGRAVE	West Waterford AC	2104	1:32:51	1:34:53
2166.	Raymond FOLEY		1941	1:32:58	1:34:54
2167.	Noreen COLLINS		2785	1:32:34	1:34:56
2168.	Liam NUGENT		3495	1:32:18	1:34:56
2169.	David CAMPBELL	West Waterford AC	652	1:32:31	1:34:56
2170.	Aidan HUSSEY		3502	1:33:47	1:34:57
2171.	Denise BURKE		3100	1:32:46	1:34:57
2172.	Aoife MOLONEY		3061	1:32:34	1:34:57
2173.	Maria WALSH		2781	1:32:50	1:35:10
2174.	Honor GOONAN	Touraneena Runners	2810	1:32:34	1:35:11
2175.	Anne Marie O'FLYNN		2796	1:32:35	1:35:12
2176.	David ROCHE		1917	1:32:44	1:35:14
2177.	Kathy CARTER		3175	1:33:38	1:35:17
2178.	John HAYES		970	1:33:02	1:35:18
2179.	Paul PURCELL	Team I.P	1132	1:34:29	1:35:19
2180.	Sinead HORGAN	Ballintotis Fit4Life	2534	1:33:17	1:35:19
2181.	Fiona CALNAN	Rosscarbery Steam Runners	2484	1:33:04	1:35:21
2182.	Ciara O'CONNELL		2673	1:34:23	1:35:22

2183.	Dolores BEVAN		2759	1:33:00	1:35:22
2184.	Sarah DOYLE		3181	1:33:43	1:35:22
2185.	Karen GILSENAN		3188	1:33:44	1:35:22
2186.	Rachel LANDERS		3145	1:33:01	1:35:23
2187.	Joanne STEVENSON	West Waterford AC	2017	1:32:57	1:35:27
2188.	Grainne NI LAOITHE	Togher AC	2189	1:33:20	1:35:28
2189.	Eoin MCGRATH		1974	1:32:55	1:35:28
2190.	Una MURPHY	Youghal AC	2137	1:33:07	1:35:31
2191.	Jim MCEVOY		1893	1:33:14	1:35:32
2192.	Shane SUTTON		883	1:33:01	1:35:35
2193.	Alanna ENGLISH		3041	1:33:06	1:35:38
2194.	Leona CREMIM	Togher AC	2400	1:33:27	1:35:40
2195.	Pat HAYES	Dundrum AC	636	1:33:22	1:35:41
2196.	Joanne MURPHY	Disney Olympic	2543	1:34:19	1:35:43
2197.	Laura FLETCHER		3367	1:33:51	1:35:43
2198.	Elaine O'KEEFFE		3366	1:33:52	1:35:44
2199.	Annemarie DARGAN	London lunatics	2354	1:33:08	1:35:45
2200.	Christine MURPHY	Midleton AC	2250	1:33:35	1:35:45
2201.	Marie GILLMAN	Midleton AC	2424	1:33:41	1:35:45
2202.	Lisa POWER		3253	1:33:27	1:35:46
2203.	Sarah PRENDERGAST		2988	1:33:43	1:35:47
2204.	Olivia HOLMES	Eagle AC	2167	1:33:32	1:35:48
2205.	Barry WALSH	Saturday Road Runners	1016	1:33:56	1:35:50
2206.	Susan WALSH		3182	1:34:15	1:35:54
2207.	John O'SHEA	Dromahane RR	750	1:34:11	1:35:57
2208.	Tara FENNELLY		3259	1:35:09	1:35:58
2209.	Peggy MCCARTHY		3553	1:34:43	1:36:01
2210.	Will O'SHEA		1700	1:34:57	1:36:02
2211.	Marie BULFIN		3212	1:35:53	1:36:03
2212.	Catherine DUNNE	Moyne AC	2169	1:33:53	1:36:03
2213.	Darren GRACE		1473	1:34:54	1:36:03
2214.	Diane BENNETT		2760	1:34:06	1:36:06
2215.	Patricia FORAN	United Striders AC	2257	1:33:59	1:36:07
2216.	Marie MCCARTHY	Ballymore Cobh AC	2479	1:33:39	1:36:08
2217.	Angela MCCALL	Ballymore Cobh AC	2239	1:33:41	1:36:08
2218.	Nollaig HEALY		3231	1:34:35	1:36:08
2219.	Leilia PENDER	Ballymore Cobh AC	2125	1:33:40	1:36:08
2220.	Ned O'BRIEN	Clonmel AC	599	1:34:12	1:36:11
2221.	Eileen HYNES	Clonmel AC	2345	1:34:34	1:36:11
2222.	James BOURKE	Buffers & Puffers	1209	1:34:56	1:36:12
2223.	Peter ROCHE		1423	1:35:50	1:36:12
2224.	Shane HEALY	West Waterford AC	630	1:33:41	1:36:13
2225.	Deirdre LINEHAN	Youghal AC	3031	1:35:08	1:36:14
2226.	Anita BEATTY	West Waterford AC	2504	1:34:00	1:36:17
2227.	Sean COEN	Happy Feet Blarney	851	1:33:58	1:36:17
2228.	Kate O'SULLIVAN	Happy Feet Blarney	3004	1:35:28	1:36:19
2229.	Paul MURPHY	Slaney Olympic	461	1:35:02	1:36:23
2230.	Mary COTTER	Tracton AC	2184	1:33:43	1:36:27
2231.	Paula O'NEILL		2784	1:34:34	1:36:27
2232.	Margaret MURPHY	Togher AC	2186	1:34:24	1:36:27
2233.	Caroline MURPHY	United Striders AC	2487	1:34:12	1:36:28
2234.	Denise MAHER	Carraig na bhFear AC	2042	1:34:09	1:36:28
2235.	Frankie BYRNE		3076	1:35:12	1:36:29
2236.	Yvonne O'CONNOR	United Striders AC	2166	1:34:15	1:36:29
2237.	Yvonne GOUGH	Togher AC	2264	1:34:26	1:36:30
2238.	Paul CONWAY	Cahir Meet & Train	959	1:34:31	1:36:32



2239.	Tara SMITH	Carrigaline AC	2095	1:34:23	1:36:34
2240.	Conor DAY	ARC RC	765	1:34:51	1:36:35
2241.	Vincent FLORISH	Frontrunners Cork	1727	1:36:15	1:36:36
2242.	Grace COURTNEY		3360	1:33:52	1:36:38
2243.	Aine MACFARLANE		3103	1:34:38	1:36:42
2244.	Maretta BRENNAN		2949	1:34:03	1:36:42
2245.	Grainne O'MALLEY	Clonmel AC	2255	1:34:49	1:36:43
2246.	Bernard BEATTY	West Waterford AC	641	1:34:29	1:36:45
2247.	Mike DUGGAN		1028	1:34:31	1:36:49
2248.	Clare FORDE	Fota Island RC	2155	1:34:33	1:36:50
2249.	Georgina GAUL	Wexford Marathon Club	3180	1:34:39	1:36:51
2250.	Aidan SPRATT	Blackrock AC	426	1:34:17	1:36:54
2251.	Mellissa MCCARTHY	Clonmel AC	2227	1:35:01	1:36:56
2252.	Anne MCGUIRE		3123	1:35:39	1:36:56
2253.	Denise DOYLE	St Joesphs AC	2489	1:34:15	1:36:58
2254.	Deirdre O'SULLIVAN	Youghal AC	2242	1:34:30	1:36:58
2255.	Claire CUSACK		3219	1:34:38	1:37:00
2256.	Ken SHORTEN		1435	1:35:39	1:37:00
2257.	Claire MURPHY	Youghal AC	2143	1:34:47	1:37:01
2258.	Brianna COLFER		2701	1:34:41	1:37:04
2259.	Oonagh COLEMAN	Douglas Meet & Train	2797	1:34:40	1:37:09
2260.	Paul MCSWEENEY	Fota Island RC	257	1:34:51	1:37:11
2261.	Fiona ORMONDE	West Waterford AC	2501	1:35:23	1:37:14
2262.	Ger BURNS	Fota Island RC	794	1:34:55	1:37:15
2263.	Niamh KAVANAGH	Portlaoise AC	2217	1:35:39	1:37:19
2264.	Adrian FOLEY	St Finbarrs AC	147	1:36:12	1:37:20
2265.	Chris O'DONOVAN		1022	1:34:45	1:37:21
2266.	Grace RAFTICE	Kilkenny City Harriers	2383	1:34:53	1:37:21
2267.	Clodagh MCDONNELL		2791	1:34:38	1:37:21
2268.	Brendan TOBIN		1437	1:35:04	1:37:22
2269.	Clara O'GORMAN		2724	1:34:41	1:37:22
2270.	Laura ROCHE	Kilkenny City Harriers	2241	1:35:02	1:37:23
2271.	Kelsey MULLANE		3372	1:35:53	1:37:24
2272.	Niamh MOLLOY	Saturday Road Runners	3105	1:35:04	1:37:25
2273.	Lenny MCCARTHY		1870	1:35:44	1:37:26
2274.	Ina WALSH	Youghal AC	2204	1:35:41	1:37:26
2275.	Declan COX		1464	1:35:51	1:37:26
2276.	Fiona RYAN	St Joesphs AC	2497	1:34:45	1:37:28
2277.	Roisin TOBIN	IP Coaching	2650	1:35:30	1:37:28
2278.	Deirdre O'BRIEN	Doneraile AC	2190	1:34:53	1:37:28
2279.	Ann GILVARRY	West Limerick AC	2281	1:35:35	1:37:29
2280.	Ella CORCORAN		3113	1:35:33	1:37:29
2281.	Lorraine DIXON		2745	1:34:58	1:37:31
2282.	Thomas BURKE	West Waterford AC	529	1:35:38	1:37:31
2283.	Damian WALSHE	Team I.P	960	1:35:33	1:37:31
2284.	Eimear DONNELLY		2641	1:35:49	1:37:32
2285.	Rosie MANSFIELD	West Waterford AC	2541	1:35:18	1:37:36
2286.	Paul ENNIS	Hairless Hutties	1552	1:35:38	1:37:36
2287.	Grainne O'BRIEN	West Waterford AC	2026	1:35:21	1:37:37
2288.	Sean TWOMEY		1115	1:35:23	1:37:40
2289.	Susan FITZGERALD	Midleton AC	2488	1:35:12	1:37:42
2290.	Miriam O'TUATHAIGH		2711	1:35:04	1:37:43
2291.	Laura MARSH	Togher AC	2191	1:35:36	1:37:43
2292.	Helen DEVERY	Ballymore Cobh AC	2055	1:35:14	1:37:43
2293.	Margaret O'CONNELL	Ballymore Cobh AC	2142	1:35:15	1:37:44
2294.	Clare MADDEN	Togher AC	2482	1:35:37	1:37:45

2295.	Sinead O'DONOVAN		3196	1:35:43	1:37:45
2296.	Michelle NUGENT	Kilkenny City Harriers	2046	1:35:19	1:37:47
2297.	Ailish COONEY		2801	1:36:14	1:37:49
2298.	John CREAM	Happy Feet Blarney	1588	1:36:54	1:37:49
2299.	Áine KAVANAGH	West Waterford AC	2081	1:35:11	1:37:50
2300.	Noel THOMPSON	Happy Feet Blarney	965	1:36:54	1:37:50
2301.	Stephen O'SULLIVAN		1990	1:36:10	1:37:51
2302.	Orla MURRAY		3049	1:35:44	1:37:53
2303.	Noel CROWE		1265	1:36:19	1:37:55
2304.	Kate CRONIN	Youghal AC	2196	1:36:23	1:37:56
2305.	Alicia O'HALLORAN	Youghal AC	2076	1:35:27	1:37:56
2306.	Joanne O'HALLORAN	Youghal AC	2075	1:35:27	1:37:56
2307.	Michael RYAN		1392	1:35:08	1:37:57
2308.	Hannah ROCHE		3380	1:35:23	1:38:02
2309.	Jonathan CAREY	Team I.P	977	1:35:55	1:38:08
2310.	Patrick WILLIAMS		1895	1:36:22	1:38:08
2311.	Ian FURNESS		1711	1:37:09	1:38:08
2312.	Veronique FURNESS		3205	1:37:10	1:38:09
2313.	Micheal CROWLEY		912	1:35:56	1:38:09
2314.	Emma KEOHANE		3281	1:36:04	1:38:12
2315.	Katie O'FLANAGAN		3058	1:36:03	1:38:12
2316.	John HANRAHAN	St Nicholas AC	771	1:36:11	1:38:16
2317.	Linda GUILLY	West Waterford AC	2117	1:35:46	1:38:18
2318.	Hilary O'CONNELL		3147	1:36:49	1:38:22
2319.	Denise O'DONOVAN	Bweeng Trail Blazers	2445	1:35:56	1:38:24
2320.	Sean DALY		1960	1:35:41	1:38:25
2321.	Ursula O'MALLEY	Portlaoise AC	2128	1:36:51	1:38:31
2322.	Catherine O'CONNOR	Mallow AC	2407	1:36:37	1:38:31
2323.	Roisin O'DWYER	Kilkenny City Harriers	2352	1:36:02	1:38:31
2324.	Johnny GLYNN	Croghan AC	462	1:36:00	1:38:33
2325.	Shane HARRINGTON		1220	1:36:14	1:38:35
2326.	Jim O'DONOVAN	Bweeng Trail Blazers	575	1:38:39	1:38:39
2327.	Una KEALY		3122	1:37:00	1:38:40
2328.	Tommy O'DWYER		1243	1:36:03	1:38:41
2329.	Anna MOORE		3125	1:37:01	1:38:42
2330.	Annette FITZGERALD	Midleton AC	2016	1:36:48	1:38:44
2331.	Julie HARTY		3324	1:36:14	1:38:44
2332.	Mairead SHEEDY	Mallow AC	2090	1:36:56	1:38:49
2333.	Francis DWANE	West Waterford AC	817	1:36:24	1:38:49
2334.	Isabel MCCARTHY	Youghal AC	2159	1:36:25	1:38:49
2335.	Stephen O'REGAN	Mount Hillary AC	197	1:37:31	1:38:50
2336.	Nuala CONNAUGHTON		2972	1:36:40	1:38:52
2337.	Caroline SMITH		2820	1:37:08	1:38:52
2338.	Stephen DOUGLAS		1083	1:36:42	1:38:53
2339.	Eavan HENDERSON		3036	1:36:26	1:38:54
2340.	Connor GOULDING	Youghal AC	228	1:36:39	1:38:54
2341.	Geraldine BARRY MCGOVERN	West Waterford AC	2179	1:37:09	1:38:55
2342.	Norma HARRINGTON	Galtee Runners AC	2308	1:37:10	1:38:55
2343.	Edwina BUTLER	Waterford Tri Club	2806	1:37:46	1:38:57
2344.	Lorraine MURRAY		2872	1:36:47	1:38:58
2345.	Rosemary CONROY		2808	1:36:47	1:38:59
2346.	Olan COLEMAN		1980	1:36:52	1:39:07
2347.	Yvonne TWOMEY	Mallow AC	2392	1:37:15	1:39:07
2348.	Keith ANSBRO	Youghal AC	83	1:36:54	1:39:08
2349.	Susan CORCORAN		3121	1:37:12	1:39:10
2350.	Grainne O'KEEFFE	Aghada RC	2305	1:37:32	1:39:10

2351.	Nicole REARDON	Aghada RC	2330	1:37:32	1:39:10
2352.	Karen BUCKLEY	Mallow AC	2379	1:36:48	1:39:11
2353.	Katie FLOOD		2951	1:36:58	1:39:16
2354.	Fiona WALSH		2684	1:38:04	1:39:21
2355.	Deirdre GLYNN	Mallow AC	2378	1:37:04	1:39:29
2356.	Annette CULLEN		3166	1:37:29	1:39:30
2357.	Natalie THWAITE		3226	1:38:19	1:39:32
2358.	Mark HAYES		1915	1:37:45	1:39:34
2359.	James COSTELLO		1434	1:36:50	1:39:34
2360.	Aisling GILLMAN		2790	1:37:54	1:39:37
2361.	Vanessa CREMIN		2677	1:37:16	1:39:39
2362.	Michael KEANE		1027	1:37:07	1:39:42
2363.	Nicola COSTIN	West Waterford AC	2158	1:37:32	1:39:42
2364.	Shelley KEANE		2705	1:37:07	1:39:42
2365.	Jonathan QUIRKE	St Nicholas AC	1662	1:38:27	1:39:47
2366.	Aidan DALTON	St Nicholas AC	474	1:38:26	1:39:47
2367.	Alan LOOBY	St Nicholas AC	312	1:38:27	1:39:48
2368.	Jim O'BRIEN	West Waterford AC	393	1:37:13	1:39:50
2369.	Bernie MILLAR	Slaney Olympic	2538	1:38:27	1:39:50
2370.	Gary DINEEN	Fota Island RC	1203	1:37:31	1:39:51
2371.	Simone SAAB		3552	1:37:17	1:39:51
2372.	Zita WALSH		3343	1:37:19	1:39:53
2373.	James KINSELLA		1199	1:37:20	1:39:54
2374.	Gillian KENNEALLY	Duiseacht le duthracht	2818	1:37:33	1:39:54
2375.	Priscilla KERR	Team I.P	2877	1:37:51	1:39:56
2376.	Triona MORAN		3084	1:37:31	1:39:56
2377.	Carol POPE	West Waterford AC	2286	1:37:31	1:39:56
2378.	Greta ROBERTS-TYRRELL		3306	1:38:34	1:39:58
2379.	Clodagh DWYER	West Waterford AC	2443	1:37:28	1:39:58
2380.	Edel O'SULLIVAN	Donoughmore AC	2435	1:37:44	1:40:00
2381.	Helen NAGLE	Team I.P	2904	1:37:55	1:40:01
2382.	Kevin O'REILLY	Aghada RC	496	1:37:31	1:40:02
2383.	Brigid BROWNE		3286	1:37:43	1:40:04
2384.	Antoinette CODY		3144	1:38:31	1:40:08
2385.	Ursula MURPHY	St Joesphs AC	2611	1:38:23	1:40:12
2386.	Fiona FITZPATRICK		3132	1:37:52	1:40:12
2387.	Helen MURPHY	Solid Running	2545	1:37:52	1:40:13
2388.	Olivier GRAS		1285	1:38:55	1:40:13
2389.	Seán REIDY		1668	1:37:46	1:40:13
2390.	Kathleen HORAN		2913	1:39:03	1:40:15
2391.	Sinead ELLIFFE	Bweeng Trail Blazers	2493	1:37:44	1:40:15
2392.	Stephen HAYDEN		1252	1:39:01	1:40:17
2393.	Helen CRONIN	Happy Feet Blarney	2648	1:39:25	1:40:19
2394.	Lynda HIGGINS	St Joesphs AC	2116	1:38:31	1:40:19
2395.	Sylvia CRONIN	Happy Feet Blarney	2833	1:39:26	1:40:21
2396.	Bernadette TWOMEY	Midleton AC	2223	1:39:14	1:40:21
2397.	Ciara O'SHAUGHNESSY	Happy Feet Blarney	2643	1:39:27	1:40:21
2398.	Lorraine WALSH		3150	1:37:57	1:40:29
2399.	Owen POWER	West Waterford AC	807	1:37:54	1:40:30
2400.	Clodhna MCGRATH		2919	1:37:58	1:40:30
2401.	Helen CUSACK		2984	1:38:27	1:40:32
2402.	Lorraine BARRY		2925	1:38:27	1:40:33
2403.	Nora FLYNN	Gneeveguilla AC	2462	1:38:07	1:40:33
2404.	Gemma DALTON		3319	1:38:07	1:40:33
2405.	Laura WHITE		3263	1:38:08	1:40:33
2406.	Kieran GUIRY	Athenry AC	649	1:38:23	1:40:33

2407.	Lisa LEAHY		2723	1:39:06	1:40:33
2408.	Brian TYRRELL	Clonmel AC	536	1:38:58	1:40:35
2409.	Deirdre DALY	West Waterford AC	2463	1:38:08	1:40:38
2410.	Maura HODNETT		2826	1:38:16	1:40:41
2411.	Lillian O'MEARA		2843	1:38:16	1:40:41
2412.	Sharon KEENAN		3384	1:40:41	1:40:41
2413.	Olwyn REIDY		3316	1:38:26	1:40:43
2414.	Susan MORRISSEY	Marathon Club Ireland	2013	1:38:32	1:40:46
2415.	Trish MURPHY	Midleton AC	2386	1:38:14	1:40:46
2416.	Darren BYRNE		1229	1:38:23	1:40:51
2417.	Marie KEHOE	Carrigaline AC	2022	1:38:41	1:40:52
2418.	Donna NAGLE	Clonmel AC	2066	1:39:18	1:40:53
2419.	Kitty NOLAN		2675	1:38:19	1:40:54
2420.	Audrey QUIGLEY		3040	1:38:46	1:40:56
2421.	Lydia NÍ SHÉ		3338	1:38:19	1:40:57
2422.	Sadhbh NÍ FHAOLÁIN		3203	1:38:21	1:40:58
2423.	Kathleen KEANE		2780	1:38:43	1:41:09
2424.	Aisling MCDONALD	Carrigaline AC	2387	1:39:02	1:41:11
2425.	Ciara HOSFORD	Bweeng Trail Blazers	2004	1:38:45	1:41:11
2426.	Marie DINEEN	Buttevant RC	2256	1:39:12	1:41:14
2427.	Fiona BYRNE	Croghan AC	2564	1:39:38	1:41:16
2428.	Kathleen GRIFFIN		2993	1:38:43	1:41:16
2429.	Colette MANLEY	Happy Feet Blarney	2671	1:39:57	1:41:16
2430.	Shirley O'MAHONY		2999	1:38:44	1:41:17
2431.	Louise HENDERSON	Menapians AC	2460	1:38:53	1:41:21
2432.	Alma BARRON	St Joesphs AC	2122	1:39:34	1:41:22
2433.	Fiona O'KEEFFE	Doneraile AC	2344	1:38:49	1:41:23
2434.	Ruadh Ó'FEARGHAIL	Clonakilty Road Runners AC	710	1:38:47	1:41:26
2435.	Liz NOLAN		3136	1:39:20	1:41:28
2436.	Frances WHELAN		3026	1:38:59	1:41:31
2437.	Seanie BARRY		1553	1:39:00	1:41:32
2438.	Geraldine SINNOTT	West Waterford AC	2803	1:38:59	1:41:32
2439.	Claire CROWLEY	Mallow AC	2554	1:39:09	1:41:33
2440.	Grace FANNING		2821	1:38:57	1:41:34
2441.	Olivia MURPHY		3300	1:39:12	1:41:39
2442.	Una KINGSTON		3302	1:39:12	1:41:39
2443.	Paul FORREST		1356	1:39:29	1:41:42
2444.	Joanne BOURKE	New Ross Tri Club	3342	1:39:09	1:41:42
2445.	Martina MURPHY	Donoughmore AC	2165	1:39:26	1:41:42
2446.	John BRADY	North Cork AC	667	1:39:31	1:41:43
2447.	Allen O'CALLAGHAN	Mallow AC	702	1:41:44	1:41:44
2448.	Shevaun HOGAN	Midleton AC	2067	1:39:46	1:41:44
2449.	Michael MALONE		1681	1:39:56	1:41:44
2450.	Trishe MCGOURTY	Tipp Meet & Train	3336	1:39:20	1:41:45
2451.	Laura FLANAGAN		3307	1:39:26	1:41:54
2452.	Helena BUCKLEY		3308	1:39:26	1:41:54
2453.	Kelly MOLONEY		3254	1:39:48	1:41:55
2454.	Brian HEALY	West Waterford AC	1407	1:41:30	1:41:56
2455.	Noreen BICKERSTAFFE	Donoughmore AC	2416	1:39:41	1:41:56
2456.	Kathleen O'GORMAN	Galtee Runners AC	2233	1:40:12	1:41:57
2457.	Beverley HUSTON		3047	1:40:04	1:42:02
2458.	Noreen LEWIS		2831	1:40:04	1:42:02
2459.	Graham CUMMINS		1038	1:39:28	1:42:04
2460.	Dominic GALVIN		876	1:40:08	1:42:07
2461.	Aaron MAGEE	Cahir Meet & Train	1866	1:40:53	1:42:08
2462.	Bríd ENRIGHT		2864	1:39:31	1:42:10

2463.	Derval FARRELL	Aghada RC	2573	1:39:45	1:42:12
2464.	Neva HODGE	West Waterford AC	2082	1:39:49	1:42:14
2465.	Karen DILLION	United Striders AC	2279	1:40:07	1:42:15
2466.	Michelle FOLEY	United Striders AC	2496	1:40:07	1:42:15
2467.	Derek COSTELLO	Eagle AC	645	1:40:28	1:42:18
2468.	Megan WALSH		3234	1:39:40	1:42:18
2469.	Michelle NELSON	Togher AC	2216	1:39:47	1:42:18
2470.	Niamh BRADY		3233	1:39:41	1:42:19
2471.	Leah MURPHY		3258	1:39:41	1:42:20
2472.	Paul MCGRATH		3505	1:39:49	1:42:21
2473.	Aoife DENNEHY		3252	1:39:44	1:42:22
2474.	Mick CONCANNON		3490	1:39:53	1:42:24
2475.	Marian MORRISSEY		2875	1:39:44	1:42:24
2476.	John MARTIN	Mallow AC	1851	1:40:05	1:42:26
2477.	Betty WALSH		2920	1:40:27	1:42:27
2478.	Maggie BROPHY		3371	1:39:45	1:42:27
2479.	Katie FITZPATRICK		2688	1:39:45	1:42:27
2480.	Declan LOWNY		1612	1:40:52	1:42:32
2481.	Oonagh GOGGIN	Togher AC	2036	1:40:05	1:42:35
2482.	Derek CAHILL	Croghan AC	463	1:40:02	1:42:36
2483.	Fiona SHINE		2668	1:40:12	1:42:36
2484.	Therese RYAN	Aghada RC	2010	1:41:18	1:42:37
2485.	Jason HOSFORD	Bweeng Trail Blazers	459	1:40:06	1:42:38
2486.	Gary O'DONOVAN	Bweeng Trail Blazers	4	1:40:12	1:42:38
2487.	Paula RONAN	New Ross Tri Club	2884	1:40:09	1:42:43
2488.	Noel RYAN		1273	1:41:33	1:42:43
2489.	Mary MULCAHY	St Finbarrs AC	2103	1:40:14	1:42:49
2490.	Tara HORGAN	Wibbly Wobbly Wonders	2966	1:41:03	1:42:59
2491.	Clíodhna NÍ CHONGHAILE		2887	1:40:59	1:43:08
2492.	Linda FOLEY POWER	West Waterford AC	2047	1:40:35	1:43:09
2493.	Vincent O'DONOVAN	West Waterford AC	816	1:40:34	1:43:10
2494.	Betty MCKENZIE		3003	1:41:38	1:43:15
2495.	Margaret CONWAY	West Waterford AC	2243	1:40:39	1:43:20
2496.	Siobhan O'DRISCOLL		3108	1:41:30	1:43:21
2497.	Collette O'CALLAGHAN	Mallow AC	2546	1:41:01	1:43:24
2498.	John KENNY	Mallow AC	643	1:41:02	1:43:25
2499.	Paula COOPER	Happy Feet Blarney	2700	1:42:05	1:43:25
2500.	Liz HAYES	Happy Feet Blarney	2681	1:42:01	1:43:25
2501.	Jennifer KENNY	Mallow AC	2509	1:41:02	1:43:25
2502.	Colin BUSHY		892	1:40:59	1:43:25
2503.	John PIERCE		999	1:41:01	1:43:26
2504.	Barry GAVIGAN		1077	1:41:18	1:43:31
2505.	Maire UI CHONGHAILE	Donoughmore AC	2600	1:41:23	1:43:33
2506.	Diarmuid HURLEY	Bantry AC	409	1:42:06	1:43:50
2507.	Adrienne TURNER		2922	1:41:33	1:43:51
2508.	Teresa COMERFORD		2685	1:41:33	1:43:51
2509.	John DELANEY		1959	1:42:27	1:43:59
2510.	Paula O'DRISCOLL		3208	1:42:13	1:44:04
2511.	Ann BOGAN	Carrigaline AC	2316	1:41:54	1:44:04
2512.	Mary KELLY		3016	1:42:33	1:44:10
2513.	Emma NI NEILL	Ballintotis Fit4Life	2208	1:41:31	1:44:11
2514.			3399	1:41:31	1:44:13
2515.	Sheila BARRY		3313	1:41:50	1:44:14
2516.	Don BUCKLEY	Wibbly Wobbly Wonders	1360	1:41:52	1:44:16
2517.	Sarah HIGGINS		2819	1:41:48	1:44:20
2518.	Moya POWER		2747	1:41:49	1:44:21

2519.	Kate HIGGINS		2839	1:41:48	1:44:21
2520.	Kevin KENNY		3469	1:42:10	1:44:23
2521.	Emma PEAGRAM		2932	1:42:48	1:44:25
2522.	Morgan DREA		1709	1:42:42	1:44:29
2523.	Matthew LYNCH		1777	1:42:43	1:44:30
2524.	Angela DALY		2755	1:41:47	1:44:31
2525.	Marie MARTIN		2813	1:41:48	1:44:32
2526.	Pamela TREACY	Team I.P	2971	1:42:23	1:44:33
2527.	Marie FULLER		2731	1:41:55	1:44:34
2528.	Nicola MCNAMARA		2729	1:42:37	1:44:35
2529.	Joy COX		2954	1:42:11	1:44:36
2530.	Irene KEOHANE		2773	1:42:08	1:44:38
2531.	Nicola FEEHAN		2848	1:42:23	1:44:40
2532.	Ann RYAN		3146	1:42:41	1:44:45
2533.	Alicia COLLINS	Carraig na bhFear AC	2964	1:42:46	1:44:48
2534.	Valerie WALSH	Ballintotis Fit4Life	2230	1:42:47	1:44:48
2535.	Eugene MCCARTHY		1776	1:42:07	1:44:49
2536.	Caroline CASHMAN	Midleton AC	2260	1:42:54	1:44:50
2537.	Antoinette MCGOUGH	Croghan AC	2389	1:42:18	1:44:52
2538.	Jonathan GILES		844	1:43:22	1:44:53
2539.	Anna O'BRIEN		3291	1:42:19	1:45:01
2540.	Cate ROBINSON		3021	1:42:21	1:45:02
2541.	Anne MANNING		2704	1:42:22	1:45:02
2542.	Tara MAGUIRE	Donoughmore AC	2377	1:42:50	1:45:06
2543.	Vicki CUNNINGHAM		2861	1:42:49	1:45:13
2544.	Laura CONWAY		3157	1:42:37	1:45:13
2545.	Millie O'CONNOR	MCI	747	1:42:40	1:45:15
2546.	Sheila BULMAN	Midleton AC	2034	1:43:18	1:45:16
2547.	Laura O'DRISCOLL	Happy Feet Blarney	2879	1:44:26	1:45:21
2548.	Cian YOUNG		1397	1:42:44	1:45:22
2549.	Una HEGARTY		3042	1:42:48	1:45:22
2550.	Damian QUIGLEY		1030	1:43:30	1:45:23
2551.	Muireann CARROLL		2867	1:42:44	1:45:25
2552.	Maureen CREMIN	Donoughmore AC	2401	1:43:09	1:45:25
2553.	Karen CODD		2957	1:43:35	1:45:28
2554.	Anita PURCELL		2728	1:44:10	1:45:29
2555.	Simon POWER		1137	1:42:49	1:45:29
2556.	Jim CROWLEY	Blackwater Tri Club	1752	1:44:28	1:45:42
2557.	Helen HAYES	Ballymore Cobh AC	2427	1:43:14	1:45:43
2558.	Olive CONWAY	Douglas Meet & Train	2898	1:43:19	1:45:49
2559.	Eamonn CURRAN	West Waterford AC	1405	1:43:09	1:45:50
2560.	Sarah DUFFY		3232	1:43:08	1:45:51
2561.	Louis GRAS		1281	1:44:39	1:45:56
2562.	Edwina O'DRISCOLL	Mallow AC	2277	1:43:34	1:45:59
2563.	Colin HUNT	Blackrock AC	454	1:43:28	1:46:02
2564.	Kalvin CURLEY		1894	1:44:28	1:46:05
2565.	Deirdre CRONIN	South Coast Tri Club	2871	1:43:26	1:46:07
2566.	Sarah O'KEEFFE		3261	1:43:24	1:46:08
2567.	Rebecca O'FLYNN		3245	1:43:24	1:46:08
2568.	Brid DUNPHY	St Senans AC	2551	1:43:33	1:46:11
2569.	Amanda COONEY	Midleton AC	2292	1:44:15	1:46:17
2570.	Emer LEE	Kilfinane AC	2405	1:43:44	1:46:19
2571.	Eileen CRONIN		3247	1:43:41	1:46:21
2572.	Katie KINSELLA	St Joesphs AC	2350	1:43:39	1:46:21
2573.	Susan BOLGER	St Joesphs AC	2136	1:43:40	1:46:21
2574.	William LONERGAN		1702	1:43:37	1:46:24

2575.	Moira MOLLOY		3320	1:43:37	1:46:24
2576.	Eamonn O'DONNELL		1938	1:44:15	1:46:27
2577.	Aoife KEHOE		2893	1:44:35	1:46:28
2578.	Karen HENNESSY		3353	1:44:13	1:46:31
2579.	Carol KENIRY		3148	1:44:07	1:46:36
2580.	Maura LAWTON		2663	1:44:26	1:46:54
2581.	Valerie O'SHEA		3116	1:44:49	1:46:58
2582.	Denis FENTON		1810	1:45:46	1:47:07
2583.	Eddy HIGGINS		847	1:44:26	1:47:07
2584.	Roy KEARNEY	Aghada RC	302	1:45:37	1:47:15
2585.	Pawe? ?WITAJ	Polish Runners Club Ireland	662	1:44:56	1:47:18
2586.	Niamh O'MAHONY		3314	1:46:53	1:47:19
2587.	Ciara FREEMAN		2629	1:44:59	1:47:22
2588.	Kim LEAHY	Team Alpha Wolf Squadron	1718	1:47:19	1:47:29
2589.	Jackie VARLEY	Kilkenny City Harriers	2280	1:45:00	1:47:29
2590.	David O'KEEFFE		1874	1:44:50	1:47:30
2591.	Siobhan O'SULLIVAN		2718	1:45:01	1:47:38
2592.	Máire RYLE		2944	1:45:56	1:47:39
2593.	Michelle POWER		2725	1:46:07	1:47:42
2594.	Marion O'NEILL	Clonmel AC	2278	1:45:21	1:47:43
2595.	Orla NI NEILL		2706	1:45:05	1:47:44
2596.	Emma NORRIS		2736	1:46:11	1:47:46
2597.	Elaine MATHIAS		2662	1:46:23	1:47:47
2598.	Karen O'DWYER		2669	1:46:22	1:47:47
2599.	Angela O'MAHONY		3383	1:45:15	1:47:49
2600.	David BLACKETT		1792	1:45:38	1:47:51
2601.	Caroline CHANDLEY		3075	1:45:16	1:47:55
2602.	Jean MCDONNELL		2615	1:45:34	1:47:59
2603.	Valerie O'SULLIVAN	North Cork AC	2203	1:45:51	1:47:59
2604.	Gerard O'CONNELL	Marathon Club Ireland	1296	1:45:13	1:48:01
2605.	Norah SEXTON	Bweeng Trail Blazers	2512	1:45:33	1:48:01
2606.	Aine CANTWELL		2938	1:45:17	1:48:02
2607.	Michelle STAFF	Slaney Olympic	2559	1:46:51	1:48:11
2608.	Margurite HALEY		2627	1:45:55	1:48:20
2609.	Chantal ROWE		2842	1:46:52	1:48:24
2610.	Mairin O'KEEFFE		2686	1:46:02	1:48:26
2611.	Sinéad O'SULLIVAN		3032	1:45:43	1:48:28
2612.	Claire MURRAY		2743	1:46:01	1:48:32
2613.	Anne Marie O'BRIEN		2837	1:46:01	1:48:32
2614.	Annmarie O'CONNELL		2899	1:46:05	1:48:33
2615.	Liz MULLEN KENT		2714	1:47:01	1:48:37
2616.	Pauline TYNAN		3050	1:45:56	1:48:40
2617.	Aisling LAHART	Adeles Gazelles	2854	1:45:56	1:48:40
2618.	Fiona O'RIORDAN	CorkO	3043	1:46:19	1:48:48
2619.	Anne LYNCH		2767	1:46:23	1:48:57
2620.	Tom KENNEDY		1517	1:46:55	1:48:58
2621.	Ann WALSH		3069	1:46:48	1:49:24
2622.	Deirdre DOOCEY		3134	1:46:54	1:49:31
2623.	Caroline MCGUINNESS	Cahir Meet & Train	2647	1:48:24	1:49:37
2624.	Fiona MCGARRY		2847	1:46:52	1:49:37
2625.	Sheila STOKES	Carrigaline AC	2422	1:47:20	1:49:40
2626.	Dee O'REILLY	Youghal AC	2114	1:47:02	1:49:43
2627.	Karen KNOWLES		2914	1:47:09	1:49:45
2628.	Sean AHERN		1149	1:47:08	1:49:45
2629.	Fiona O'RIORDAN	West Waterford AC	2032	1:48:26	1:49:48
2630.	Tasha LANIGAN	West Waterford AC	2612	1:47:16	1:49:55

2631.	Catherine MCINTYRE	West Waterford AC	2037	1:47:19	1:49:56
2632.	Ann GALVIN		2695	1:47:23	1:49:57
2633.	Skirma VASILIAUSKIENE		3066	1:48:28	1:49:59
2634.	Esther O'SULLIVAN	Mallow Tri Club	3059	1:48:29	1:49:59
2635.	Siobhan HUGHES		3186	1:48:46	1:50:23
2636.	Ann-Marie DOWLING		2774	1:47:51	1:50:26
2637.	Rachael BUCKLEY		3143	1:48:51	1:50:32
2638.	Patricia HOGAN	Youghal AC	2091	1:47:56	1:50:36
2639.	Carolyn ROBERTSON		2809	1:48:20	1:50:39
2640.	Joanne CUSSEN		2846	1:49:34	1:50:52
2641.	Mary O'DONNELL		2777	1:49:40	1:50:54
2642.	Conor LOVETT		1399	1:48:19	1:51:01
2643.	Deirdre CLANCY	West Waterford AC	2265	1:49:41	1:51:03
2644.	Niamh FENNELL	West Waterford AC	3348	1:48:34	1:51:07
2645.	Michael COAKLEY	West Waterford AC	656	1:48:34	1:51:07
2646.	Pamela MCDONNELL	Bridevale AC	2327	1:49:14	1:51:18
2647.	Ann HAYES		2948	1:48:35	1:51:19
2648.	Edwina WALSH	Donoughmore AC	2490	1:49:03	1:51:19
2649.	Roisin MCDERMOTT		3142	1:49:14	1:51:30
2650.	Clara THOMPSON	Happy Feet Blarney	2696	1:51:30	1:51:30
2651.	Kay BIRCH		3211	1:49:53	1:51:35
2652.	Annis KEHOE	Slaney Olympic	2346	1:50:36	1:52:00
2653.	Aoife MCGRATH	Clonmel AC	2438	1:49:37	1:52:12
2654.	Rosario DWANE		2878	1:51:05	1:52:16
2655.	Kelly DWANE		3006	1:51:06	1:52:16
2656.	James HACKETT		1811	1:49:46	1:52:27
2657.	Neasa EGAN	Clonmel AC	2506	1:49:55	1:52:31
2658.	Aine HUSSEY		3257	1:51:04	1:52:32
2659.	Rachel O'SULLIVAN		3256	1:50:19	1:52:34
2660.	Alan O'KEEFFE		1933	1:50:09	1:52:48
2661.	Ron HEAPHY	AOK	1934	1:50:09	1:52:48
2662.	Ger HEARNE		979	1:50:33	1:52:58
2663.	Sandra MURPHY		2678	1:50:34	1:52:58
2664.	Jerry FORDE	Bantry AC	3493	1:52:58	1:52:58
2665.	Ciara MITCHELL	Youghal AC	2318	1:50:29	1:53:01
2666.	Michael VAN DER POEL		1058	1:51:39	1:53:04
2667.	Gwen CUNNINGHAM	ARC RC	2314	1:51:28	1:53:06
2668.	Brendan DOYLE		1364	1:50:43	1:53:11
2669.	Anne Marie WALSH	United Striders AC	2319	1:51:33	1:53:17
2670.	Marion DALY	Cahir Meet & Train	3225	1:52:06	1:53:20
2671.	Sile STACK	South Coast Tri Club	2658	1:51:57	1:53:24
2672.	Carrie WOOD		3191	1:51:03	1:53:25
2673.	Mairèad BARRY		2902	1:51:03	1:53:25
2674.	Michelle CHEUNG	Eagle AC	2404	1:51:06	1:53:41
2675.	Edel CURRY	West Waterford AC	2219	1:51:09	1:53:41
2676.	Megan O'BRIEN		3238	1:50:57	1:53:41
2677.	Alan WONG	Eagle AC	352	1:51:07	1:53:42
2678.	Arlane TYNAN	Aghada RC	2134	1:52:06	1:53:44
2679.	Marcella SCANLAN		3158	1:51:41	1:54:14
2680.	Frank LINEHAN		1186	1:51:48	1:54:15
2681.	Shirley GRACE		2866	1:51:53	1:54:19
2682.	Wayne DOWLING		1205	1:51:54	1:54:19
2683.	Mary COLFER		2732	1:51:55	1:54:28
2684.	Elaine O'HALLORAN		3088	1:51:58	1:54:37
2685.	Hubert CROWE		1000	1:52:49	1:55:15
2686.	Holly MADIGAN		3120	1:53:09	1:55:22



2687.	Edel MURPHY		2628	1:53:02	1:55:47
2688.	Linda FOGARTY	New Ross Striders	2565	1:54:10	1:55:54
2689.	Nuala HUNT	Blackrock AC	2353	1:53:41	1:56:16
2690.	Marina BYRNE	United Striders AC	2456	1:54:36	1:56:20
2691.	Jane TERRY		2776	1:54:21	1:56:35
2692.	Catherine THORNTON		2795	1:54:57	1:56:41
2693.	Cian LEHANE	WTNA	1110	1:55:17	1:56:45
2694.	Bairbre KEATING	Ballintotis Fit4Life	2470	1:54:09	1:56:49
2695.	Marie WALSH	Ballintotis Fit4Life	2474	1:54:10	1:56:49
2696.	Evelyn BERESFORD		2799	1:54:45	1:57:19
2697.	Brid O'LEARY	Bweeng Trail Blazers	2024	1:55:04	1:57:33
2698.	Cecilia O'CONNELL	Bweeng Trail Blazers	2568	1:55:04	1:57:33
2699.	Noel QUINN	Ardmore AC	359	1:54:38	1:57:36
2700.	Adam ORPEN	West Waterford AC	1908	1:56:47	1:58:05
2701.	Zara KELLY	Youghal AC	2031	1:58:10	1:58:10
2702.	James COTTER		1455	1:58:15	1:58:15
2703.	Noreen COTTER		3071	1:58:16	1:58:16
2704.	Caitriona DOYLE		2800	1:56:04	1:58:48
2705.	Donald DALY		1604	1:56:04	1:58:49
2706.	Caoimhe LYONS		3249	1:56:13	1:58:53
2707.	Isobel KEENAN		3082	1:57:31	1:58:53
2708.	Iomhar NOONE	SDC	1501	1:57:07	1:59:01
2709.	Megan O'NEILL		1344	1:56:27	1:59:13
2710.	John Paul HARNEY		1359	1:57:58	2:00:36
2711.	Siobhan O'SULLIVAN		2979	1:57:56	2:00:45
2712.	Ella LONG	Waterford Greenway Joggers	2133	1:58:03	2:00:48
2713.	Allen COTTER	Blackwater Tri Club	1430	1:58:06	2:00:48
2714.	Siobhán MCCORMACK	Waterford Greenway Joggers	2093	1:58:09	2:00:55
2715.	Mary FOSKIN	Waterford Greenway Joggers	2012	1:58:09	2:00:55
2716.	Mary RIORDAN	Waterford Greenway Joggers	2121	1:58:09	2:00:55
2717.	Orna MURRAY		2962	1:58:31	2:01:10
2718.	Christopher O'DRISCOLL		1106	2:00:45	2:01:16
2719.	Deirdre BARRY	St Nicholas AC	2469	1:58:41	2:01:23
2720.	Marie BARRY	St Nicholas AC	2028	1:58:40	2:01:23
2721.	Martina MCGRATH	Kilkenny City Harriers	2473	1:59:02	2:01:35
2722.	Bianne ROCHE		3001	1:59:12	2:01:51
2723.	Catherine DESMOND		2828	1:59:16	2:01:55
2724.	Stephen CONWAY	Aghada RC	736	2:00:48	2:02:15
2725.	Mairead BOLAND	South Coast Tri Club	2657	2:00:01	2:02:41
2726.	Aoife CONNOR	South Coast Tri Club	2894	2:00:32	2:03:13
2727.	Fiona DOYLE	Cork City AC	3244	2:01:41	2:04:04
2728.	Angela LALOR	Kilkenny City Harriers	2446	2:01:45	2:04:16
2729.	Hilda COMERFORD	Kilkenny City Harriers	2396	2:02:09	2:04:40
2730.	Terri GOUGH	West Waterford AC	2385	2:04:15	2:05:54
2731.	Carol RYAN		3128	2:04:45	2:06:06
2732.	Elizabeth SMALL		2936	2:07:46	2:10:12
2733.	Carmel HUGHES	St Abbdams AC	2524	2:15:03	2:16:44
2734.	Donal O'DRISCOLL		1846	2:17:21	2:20:06
2735.	John LORIGAN		3449	2:17:19	2:20:21
2736.	Stephen CARROLL		3448	2:17:28	2:20:30
2737.	Maggie DUNNE	Grange Fermoy AC	2503	2:18:07	2:20:54
2738.	Sinead POWER	Eagle AC	2390	2:22:28	2:22:38