

Paddy Joe Curran Memorial Turkey Trot Sunday 10 December 2023. 11:30 am

	NAME	CLUB	CATEGORY	TIME	PACE
1	NOONE, Aidan	Leevale A.C.	Male Senior	0:26:49	05:21.7
2	CONNICK, Andrew	Ferrybank A.C.	Male Senior	0:27:38	05:31.5
3	ZAKIS, Raivis	West Waterford A.C.	Male 40	0:28:31	05:42.1
4	MC KEOWN, Kieran	.Grange Fermoy A.C	Male 45	0:28:56	05:47.1
5	HEALY, Pdraig	West Waterford A.C.	Male Senior	0:29:02	05:48.3
6	BOURKE, Damian	Individual	Male Senior	0:29:26	05:53.1
7	TIDESWELL, Kealy	Clonmel A.C.	Female 40	0:29:56	05:59.1
8	KIRWAN, Martin	Focus On Fitness	Male 50	0:31:52	06:22.3
9	O'MAHONY, James	Individual	Male Senior	0:32:04	06:24.7
10	COFFEY, John	Individual	Male 40	0:32:35	06:30.9
11	BARRY, Niall	West Waterford A.C.	Male 40	0:32:43	06:32.5
12	MORGAN, Louise	Ferrybank A.C.	Female 40	0:32:52	06:34.3
13	TWOMEY, Kieran	Individual	Male 55	0:33:06	06:37.1
14	BEDELL, Toby	Tried and Tested	Male 50	0:33:25	06:40.9
15	COADE, James	Individual	Male Senior	0:33:30	06:41.9
16	NIXON, David	West Waterford A.C.	Male Senior	0:33:48	06:45.5
17	WHELAN, Cian	Individual	Male Jn	0:33:56	06:47.1
18	WHELAN, James	West Waterford A.C.	Male 50	0:34:23	06:52.5
19	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male 50	0:34:44	06:56.7
20	MAHONY, Ciaran	Individual	Male Senior	0:34:59	06:59.7
21	LAVAN, Martin	West Waterford A.C.	Male 40	0:34:59	06:59.7
22	LEE, Michael	Individual	Male 45	0:35:12	07:02.3
23	KELLY, Joe	West Waterford A.C.	Male 50	0:35:15	07:02.8
24	HAHESY, Ray	West Waterford A.C.	Male 60	0:35:15	07:02.8
25	O'SULLIVAN, Darragh	Individual	Male 40	0:35:17	07:03.2
26	NI REACHTAGAIN, Tara	West Waterford A.C.	Female Senior	0:35:23	07:04.4
27	FITZGERALD, Liam	West Waterford A.C.	Male 50	0:35:52	07:10.2
28	O'DONOVAN, Niamh	West Waterford A.C.	Female Senior	0:35:53	07:10.4
29	TOBIN, Martin	West Waterford A.C.	Male 55	0:35:59	07:11.6
30	O'RIORDAN, Jack	Individual	Male 50	0:36:03	07:12.4
31	O'CONNOR, Eric	Individual	Male Senior	0:36:05	07:12.8
32	KELLEHER, Stephen	Youghal A.C.	Male 45	0:36:06	07:13.0
33	MAHONY, Tomas	West Waterford A.C.	Male 50	0:36:10	07:13.8
34	GREENE, Shane	Youghal A.C.	Male 40	0:36:17	07:15.2
35	COUGHLAN, Peter	Individual	Male 40	0:36:19	07:15.6
36	CLIFFE, Mark	West Waterford A.C.	Male 40	0:36:28	07:17.4
37	HICKEY, Alan	Individual	Male 40	0:36:30	07:17.8
38	CASHMAN, David	Individual	Male Senior	0:36:31	07:18.0

39	HYNDS, Jamie	West Waterford A.C.	Male Senior	0:36:32	07:18.2
40	MC GRATH, Donall	Individual	Male Senior	0:36:41	07:20.0
41	HAYES, John Joe	West Waterford A.C.	Male 45	0:36:53	07:22.4
42	O'BRIEN, Jim	Focus On Fitness	Male 50	0:36:58	07:23.4
43	FOLEY, Niamh	Individual	Female 40	0:37:25	07:28.8
44	VAN DER VALK, T.J.	Waterford A.C.	Male 60	0:37:33	07:30.4
45	O'MAHONY, Tony	West Waterford A.C.	Male 55	0:37:42	07:32.2
46	O'CHUIRRIN, Diarmuid	Individual	Male Senior	0:37:43	07:32.4
47	O'GRADY, Billy	Individual	Male 55	0:37:47	07:33.2
48	CROCKETT, Anthony	Individual	Male 45	0:37:48	07:33.4
49	HYNES, Jody	West Waterford A.C.	Male 45	0:37:50	07:33.8
50	POPE, Gareth	West Waterford A.C.	Male 45	0:37:51	07:34.0
51	CONCANNON, Mick	West Waterford A.C.	Male 60	0:37:57	07:35.2
52	CUNNINGHAM, Peter	West Waterford A.C.	Male 40	0:38:09	07:37.6
53	TOWEY, Cillian	West Waterford A.C.	Male Jn	0:38:16	07:39.0
54	NUGENT, Fergus	Individual	Male 40	0:38:20	07:39.8
55	HICKEY, Declan	Individual	Male 40	0:38:26	07:41.0
56	CLINCE, Liam	West Waterford A.C.	Male 60	0:38:32	07:42.2
57	DINEEN, Susan	Youghal A.C.	Female 40	0:38:48	07:45.4
58	KILGANNON, David	Youghal A.C.	Male 50	0:38:59	07:47.6
59	MC MAHON, Mike	Youghal A.C.	Male 50	0:39:02	07:48.2
60	SHALLOE, Cian	Individual	Male Senior	0:39:08	07:49.4
61	O'HARE, Sean	Tried and Tested	Male Senior	0:39:23	07:52.4
62	CASEY, Kevin	West Waterford A.C.	Male 45	0:39:26	07:53.0
63	MULLIGAN, Raymond	Individual	Male 45	0:39:38	07:55.4
64	NYHAN, Finola	Individual	Female 45	0:39:40	07:55.8
65	O'HALLORAN, PJ	Fethard A.C.	Male 50	0:39:59	07:59.6
66	MC GRATH, Freida	Individual	Female Senior	0:40:10	08:01.8
67	O'DONOGHUE, Donal	Watergrasshill A.C.	Male 55	0:40:26	08:05.0
68	BULMAN, George	Youghal A.C.	Male 60	0:40:27	08:05.2
69	HEGARTY, Ollie	Youghal A.C.	Male 50	0:40:29	08:05.6
70	HARTY, Ray	Tried and Tested	Male 50	0:40:37	08:07.2
71	FITZGERALD, Jess	Individual	Female Senior	0:40:39	08:07.6
72	O'LEARY, Ted	St Catherines	Male 50	0:40:46	08:09.0
73	BREATHNACH, Peadar	Individual	Male Senior	0:40:49	08:09.6
74	RYAN, James	West Waterford A.C.	Male Senior	0:40:51	08:10.0
75	LISNYCHUK, Ihor	Individual	Male Senior	0:41:10	08:13.8
76	O'DONOGHUE, Elaine	Riverstick Kinsale A.C.	Female 45	0:41:29	08:17.6
77	RYAN, Helen	West Waterford A.C.	Female 60	0:41:53	08:22.4
78	MURPHY, Claire	Youghal A.C.	Female 50	0:42:02	08:24.2

79	MURPHY, Ian	Youghal A.C.	Male 50	0:42:03	08:24.4
80	O'DONOGHUE, Tony	Individual	Male Senior	0:42:18	08:27.4
81	CLIFFE, Kate	Individual	Female Senior	0:42:47	08:33.2
82	GUIRY, Brian	Individual	Male Senior	0:42:48	08:33.4
83	MORRISSON, John	St Catherines	Male 50	0:43:05	08:36.8
84	BURKIN, Johnny	West Waterford A.C.	Male Senior	0:43:24	08:40.6
85	CARROLL, Michael	Individual	Male Senior	0:43:29	08:41.6
86	O'CHUIRRIN, Micheal	West Waterford A.C.	Male 60	0:43:59	08:47.6
87	O'RIORDAN, Eoin	West Waterford A.C.	Male 50	0:44:03	08:48.4
88	FORDE, Kevin	West Waterford A.C.	Male 60	0:44:18	08:51.4
89	GUMBAU, Sandra	Individual	Female 40	0:44:21	08:52.0
90	O'CHUIRRIN, Ian	Individual	Male Senior	0:44:24	08:52.6
91	HILL, Cathriona	Youghal A.C.	Female 50	0:44:37	08:55.2
92	GAFFNEY, Andrea	West Waterford A.C.	Female 50	0:44:42	08:56.2
93	BEGLEY, Padraic	West Waterford A.C.	Male 50	0:44:55	08:58.8
94	CRONIN, Michael	Individual	Male 55	0:44:58	08:59.4
95	HARTY, Darragh	Individual	Male Senior	0:44:59	08:59.6
96	DREA, Eoghan	Individual	Male 40	0:45:03	09:00.4
97	CASEY, Olan	Individual	Male 40	0:45:03	09:00.4
98	RYAN, Karen	West Waterford A.C.	Female 45	0:45:20	09:03.8
99	UI CHUIRRIN, Josie	West Waterford A.C.	Female 60	0:45:21	09:04.0
100	FURLONG, Jim	Individual	Male 60	0:45:30	09:05.8
101	SLATER, Eleanor	Individual	Female Senior	0:45:33	09:06.4
102	EICHELMANN, Patricja	West Waterford A.C.	Female 45	0:45:51	09:10.0
103	DUHIG, Dervla	West Waterford A.C.	Female Senior	0:45:53	09:10.4
104	KELLY, Melanie	Individual	Female 60	0:46:04	09:12.6
105	BEECHINOR, Martina	West Waterford A.C.	Female 50	0:46:04	09:12.6
106	WALSHE, John	Road Runners	Male 60	0:46:25	09:16.8
107	RYAN, Sean	Individual	Male Senior	0:46:36	09:19.0
108	CUNNINGHAM, Michelle	West Waterford A.C.	Female 40	0:46:38	09:19.4
109	RUSSELL, Caroline	West Waterford A.C.	Female 50	0:46:45	09:20.8
110	BERESFORD, Jean	West Waterford A.C.	Female 55	0:47:05	09:24.8
111	BERESFORD, Jimmy	Individual	Male 55	0:47:07	09:25.2
112	WALSH, Patrick	Individual	Male Senior	0:47:09	09:25.6
113	LEAHY, Helen	West Waterford A.C.	Female 40	0:47:14	09:26.6
114	O'BRIEN, Grainne	West Waterford A.C.	Female Senior	0:47:15	09:26.8
115	BREE, Angela	West Waterford A.C.	Female 45	0:47:16	09:27.0
116	CURRAN, Rosie	Individual	Female 45	0:47:27	09:29.2
117	CURRAN, Emmet	Individual	Male 50	0:47:28	09:29.4
118	VAN DER VALK, Rosie	Waterford A.C.	Female 60	0:47:44	09:32.6

119	HEALY, Brian	West Waterford A.C.	Male 55	0:48:17	09:39.2
120	CURRAN, Eamonn	West Waterford A.C.	Male 50	0:48:26	09:41.0
121	COAKLEY, Michael	West Waterford A.C.	Male 60	0:48:43	09:44.4
122	LANIGAN, Natasha	West Waterford A.C.	Female 45	0:48:47	09:45.2
123	FARRELL, Brendan	Individual	Male 40	0:48:51	09:46.0
124	POWER, Onra	West Waterford A.C.	Female 55	0:48:54	09:46.6
125	PROCTOR, Paschal	West Waterford A.C.	Male 60	0:48:57	09:47.2
126	POPE, Carol	West Waterford A.C.	Female 45	0:49:06	09:49.0
127	CASEY, Shauna	Individual	Female Senior	0:49:29	09:53.6
128	MULCAHY, Mary	St. Finbarrs	Female 60	0:49:34	09:54.6
129	COONEY, Amanda	Middleton A.C.	Female 60	0:49:54	09:58.6
130	O'DONOVAN, Vincent	West Waterford A.C.	Male 60	0:50:14	10:02.6
131	GOUGH, Sinead	Individual	Female 35	0:50:17	10:03.2
132	MANSFIELD, Rosie	West Waterford A.C.	Female 40	0:50:32	10:06.2
133	O'CONNELL, Margaret	West Waterford A.C.	Female 40	0:50:33	10:06.4
134	SEWARD, Maura	Individual	Female 40	0:50:34	10:06.6
135	MURPHY, Mairead	West Waterford A.C.	Female 35	0:51:20	10:15.8
136	COSTIN, Nicola	West Waterford A.C.	Female 45	0:51:21	10:16.0
137	O'RIORDAN, Paul	Individual	Male 50	0:53:16	10:39.0
138	UI DHUIBHIR, Jennifer	Individual	Female 45	0:56:14	11:14.6
139	O'DUIBHIR, Cormac	Individual	Male 45	0:56:14	11:14.6
140	SHEEHAN, Donna	Individual	Female Senior	0:57:20	11:27.8
141	HAYES, Sarah	Individual	Female 35	0:57:21	11:28.0
142	TYRELL, Kirsten	Individual	Female 60	0:58:45	11:44.8
143	SMALL, Elizabeth	Individual	Female Senior	1:02:55	12:34.8
144	BREEN, Sarah	Individual	Female Jn	1:03:55	12:46.8
145	CAMPBELL, Kelly	Individual	Female Jn	1:03:55	12:46.8