

West Waterford A.C. Doocey's Bar Ballymacarbry 5

Friday 30 June 2023. 7:30 pm

Place	Name	Club	Time	Category	Pace
1	FITZGERALD, Evan	Clonmel A.C.	0:24:59	Male Senior	04:59.7
2	GORMAN, Dermot	Carrick On Suir A.C.	0:26:58	Male 40	05:23.5
3	CUMMINS, Paddy	Moycarkey Coolroo A.C.	0:27:40	Male Senior	05:31.9
4	WALSH, Derek	Carrick On Suir A.C.	0:27:57	Male 45	05:35.3
5	BLACKWELL, Mark	West Waterford A.C.	0:28:45	Male Senior	05:44.9
6	GOUGH, Dermot	West Waterford A.C.	0:28:46	Male 40	05:45.1
7	HENNEBRY, Conor	West Waterford A.C.	0:28:52	Male Senior	05:46.3
8	WALSH, Kyle	Individual	0:30:05	Male Senior	06:00.9
9	FITZGERALD (80), Pat	West Waterford A.C.	0:30:08	Male 40	06:01.5
10	FLAVIN, Marc	West Waterford A.C.	0:30:08	Male 40	06:01.5
11	DROHAN, Walter	West Waterford A.C.	0:30:16	Male 45	06:03.1
12	VEALE, Kate	West Waterford A.C.	0:30:48	Female Senior	06:09.5
13	WHELAN, James	West Waterford A.C.	0:30:56	Male 45	06:11.1
14	NEUMERZHITSKIY, Vaslily	Clonmel A.C.	0:31:40	Male 55	06:19.9
15	BYRNE, Jamie	Clonmel A.C.	0:31:45	Male Senior	06:20.9
16	WALSH, Eoin (74)	West Waterford A.C.	0:31:51	Male 45	06:22.1
17	O'DONOGHUE, Eddie	Clonmel A.C.	0:31:59	Male 45	06:23.7
18	COUGHLAN, Cody	Individual	0:32:23	Male Junior	06:28.5
19	POWER, Anthony	Clonmel A.C.	0:32:29	Male 60	06:29.7
20	CULLEN, Alan	West Waterford A.C.	0:32:34	Male 45	06:30.7
21	LYNCH, Richie	St Catherines	0:32:54	Male 40	06:34.7
22	KELLY, Mark	Individual	0:32:58	Male 40	06:35.5
23	WHELAN, Trevor	Clonmel A.C.	0:33:00	Male 45	06:35.9
24	HORGAN, Barry	Clonmel A.C.	0:33:01	Male 45	06:36.1
25	CLIFFE, Mark	West Waterford A.C.	0:33:19	Male 40	06:39.7
26	POLLARD, Kevin	Individual	0:33:21	Male Senior	06:40.1
27	O'DONOVAN, Niamh	West Waterford A.C.	0:33:26	Female Senior	06:41.1
28	NIXON, David	West Waterford A.C.	0:33:38	Male 45	06:43.5
29	HOGAN, Tom	West Waterford A.C.	0:33:53	Male 45	06:46.5
30	CUNNINGHAM, Drew	West Waterford A.C.	0:34:00	Male Senior	06:47.9
31	O'DEA, Sean	Clonmel A.C.	0:34:06	Male 55	06:49.1
32	MOORE, Grainne	West Waterford A.C.	0:34:08	Female Junior	06:49.5
33	DONNELLY, David	West Waterford A.C.	0:34:08	Male 45	06:49.5
34	LANGLEY, Elaine	Individual	00:34:17	Female 35	06:51.3
35	BRUNNOCK, Johnny	Individual	0:34:27	Male 45	06:53.3
36	LAVAN, Martin	West Waterford A.C.	0:34:36	Male 40	06:55.1
37	CHIZHIKOV, Yevgeniy	West Waterford A.C.	0:34:37	Male 50	06:55.3
38	HENLEY, Catherine	West Waterford A.C.	0:34:41	Female Senior	06:56.1
39	HOULIHAN, David	Individual	0:34:53	Male Senior	06:58.5
40	TOBIN, Martin	West Waterford A.C.	0:34:54	Male 55	06:58.7
41	NI REACHTAGAIN, Tara	West Waterford A.C.	0:34:56	Female Senior	06:59.1
42	HAYES, Shane	West Waterford A.C.	0:34:56	Male Senior	06:59.1

43	DUGGAN, Peter	St Josephs	0:35:03	Male 50	07:00.5
44	O'RIORDAN, Jack	Individual	0:35:09	Male 50	07:01.7
45	COFFEY, Pat	Clonmel A.C.	0:35:11	Male 55	07:02.1
46	CAREY, Patrick	West Waterford A.C.	0:35:12	Male 40	07:02.3
47	DWYER, Tony	West Waterford A.C.	0:35:16	Male Senior	07:03.0
48	O'SULLIVAN, John	Waterford A.C.	0:35:21	Male 40	07:04.0
49	POWER, Michael	West Waterford A.C.	0:35:26	Male 40	07:05.0
50	O'MAHONY, Donal	West Waterford A.C.	0:35:31	Male 40	07:06.0
51	ILSLEY, Ron	West Waterford A.C.	0:35:35	Male 60	07:06.8
52	O'CONNOR, Gerry	West Waterford A.C.	0:35:46	Male 60	07:09.0
53	DE PAOR KAVANAGH, Osgar	Individual	0:35:48	Male Senior	07:09.4
54	COFFEY, Brendan	Clonmel A.C.	0:35:53	Male 40	07:10.4
55	CLINCE, Liam	West Waterford A.C.	0:35:55	Male 60	07:10.8
56	NOLAN, Jack	Individual	0:36:08	Male Senior	07:13.4
57	DROHAN, Evan	Individual	0:36:08	Male Junior	07:13.4
58	POWER, Jerry	West Waterford A.C.	0:36:10	Male 45	07:13.8
59	MC GRATH, Donall	Individual	0:36:12	Male Senior	07:14.2
60	SHAW, Andrew	Clonmel A.C.	0:36:21	Male Senior	07:16.0
61	LYNCH, Breda	St Catherines	0:36:33	Female 35	07:18.4
62	HYNES, Jody	West Waterford A.C.	0:36:34	Male 45	07:18.6
63	KEANE, Mikey	Individual	0:36:35	Male 40	07:18.8
64	O'MAHONY, Tony	West Waterford A.C.	0:36:38	Male 55	07:19.4
65	O'DONNELL, Kenneth	West Waterford A.C.	0:36:43	Male 50	07:20.4
66	HAYES, Seamus	West Waterford A.C.	0:36:49	Male Senior	07:21.6
67	SALMON, Joe	West Waterford A.C.	0:37:00	Male 50	07:23.8
68	CLIFFORD, Peter	Individual	0:37:04	Male Senior	07:24.6
69	FORAN, Tom	West Waterford A.C.	0:37:09	Male 40	07:25.6
70	RYAN, James	West Waterford A.C.	0:37:11	Male Senior	07:26.0
71	O'DONOGHUE, Donal	Watergrasshill A.C.	0:37:13	Male 55	07:26.4
72	BURKIN, Johnny	West Waterford A.C.	0:37:17	Male Senior	07:27.2
73	WHYTE, Shane	Individual	0:37:23	Male Senior	07:28.4
74	KENNEDY, Claire	West Waterford A.C.	0:37:42	Female 35	07:32.2
75	LAVAN, Ronan	Individual	0:37:44	Male Senior	07:32.6
76	CASEY, Kevin	West Waterford A.C.	0:37:46	Male 40	07:33.0
77	GLEESON, Cathal E.	West Waterford A.C.	0:37:52	Male 45	07:34.2
78	WHELAN, Nigel	Individual	0:37:56	Male Senior	07:35.0
79	DROHAN, Noel	West Waterford A.C.	0:37:58	Male 50	07:35.4
80	ILSLEY, Stephanie	West Waterford A.C.	0:38:06	Female 60	07:37.0
81	CONRAN, Shane	Individual	0:38:08	Male 40	07:37.4
82	O'CONNELL, Colm	West Waterford A.C.	0:38:09	Male 50	07:37.6
83	WALL, Kate	Clonmel A.C.	0:38:11	Female 45	07:38.0
84	KINSELLA, Rose	West Waterford A.C.	0:38:13	Female 40	07:38.4
85	RYAN, Noel	Individual	0:38:16	Male 45	07:39.0
86	MULCAHY, Mark	Individual	0:38:30	Male 40	07:41.8
87	O'LEARY, Ted	St Catherines	0:38:47	Male 50	07:45.2

88	DWYER, Anthony	West Waterford A.C.	0:38:50	Male 65	07:45.8
89	WHYTE, Michael	Individual	0:38:51	Male Junior	07:46.0
90	STAPLETON, Clodagh	Individual	0:38:52	Female Junior	07:46.2
91	BANNON, Orla	West Waterford A.C.	0:39:02	Female 40	07:48.2
92	DOODY, Bribhanna	Individual	0:39:14	Female Senior	07:50.6
93	COFFEY, Brigid	West Waterford A.C.	0:39:15	Female 50	07:50.8
94	DOWNEY, Sean	Individual	0:39:24	Male Senior	07:52.6
95	RYAN, Michael	Clonmel A.C.	0:39:39	Male 55	07:55.6
96	MURRAY, Francis	Individual	0:39:58	Male 45	07:59.4
97	O'DONOGHUE, Caroline	Clonmel A.C.	0:39:59	Female 45	07:59.6
98	WALL, Claire	West Waterford A.C.	0:40:18	Female 40	08:03.4
99	MOORE, Sandra	West Waterford A.C.	0:40:44	Female 50	08:08.6
100	RYAN, Helen	Individual	0:41:00	Female 35	08:11.8
101	O'SHEA, Michael	Individual	0:41:03	Male 45	08:12.4
102	RUSSELL, Anthony	Individual	0:41:03	Male 40	08:12.4
103	O'ROURKE, Joe	West Waterford A.C.	0:41:11	Male 60	08:14.0
104	POWER, Margaret	Carrick On Suir A.C.	0:41:18	Female 65	08:15.4
105	CLIFFORD, Fergal	Individual	0:41:20	Male 45	08:15.8
106	O'BRIEN, Ned	Clonmel A.C.	0:41:26	Male 65	08:17.0
107	DALY, Kim	West Waterford A.C.	0:41:34	Female 35	08:18.6
108	CONWAY, Glen	Individual	0:41:43	Male 45	08:20.4
109	HIGGINS, Sharon	West Waterford A.C.	0:42:28	Female 40	08:29.4
110	DELANEY, Carmel	Clonmel A.C.	0:42:37	Female 55	08:31.2
111	FITZPATRICK, Helen	Individual	0:42:42	Female 40	08:32.2
112	POWER, Onra	West Waterford A.C.	0:42:44	Female 55	08:32.6
113	KEATING, Helen	West Waterford A.C.	0:42:53	Female Senior	08:34.4
114	MC CARTHY, Melissa	Clonmel A.C.	0:43:13	Female 40	08:38.4
115	GAFFNEY, Andrea	West Waterford A.C.	0:43:45	Female 50	08:44.8
116	CAHILL, Mary	West Waterford A.C.	0:43:55	Female 50	08:46.8
117	DONNELLY, Denise	Clonmel A.C.	0:44:27	Female 55	08:53.2
118	KENNEDY, Sinead	Clonmel A.C.	0:44:28	Female 55	08:53.4
119	MOLONEY, Thomas	Individual	0:44:29	Male 45	08:53.6
120	WALL, Tom	Individual	0:44:39	Male 45	08:55.6
121	BARRY, Geraldine	West Waterford A.C.	0:44:41	Female 45	08:56.0
122	FLYNN, Gillian	Individual	0:44:43	Female 45	08:56.4
123	GUNNE, Gary	Individual	0:44:44	Male 50	08:56.6
124	MORRISSEY, Garry	West Waterford A.C.	0:44:49	Male 50	08:57.6
125	SHIELS, Alan	Individual	0:44:50	Male 40	08:57.8
126	O'BRIEN, Grainne	West Waterford A.C.	0:44:58	Female Senior	08:59.4
127	CUSACK, Aisling	West Waterford A.C.	0:45:01	Female 40	09:00.0
128	LEAHY, Helen	West Waterford A.C.	0:45:04	Female 40	09:00.6
129	MORRISSON, John	St Catherines	0:45:06	Male 50	09:01.0
130	CHIZHIKOVA, Diana	West Waterford A.C.	0:45:19	Female 40	09:03.6
131	EICHELHANN, Patricia	West Waterford A.C.	0:45:59	Female 45	09:11.6
132	LENIHAN, Mark	West Waterford A.C.	0:46:14	Male 50	09:14.6
133	WALSH, Alan	Individual	0:47:24	Male 50	09:28.6

134	CASEY, Eleanor	West Waterford A.C.	0:47:48	Female 50	09:33.4
135	FOGARTY, Joe	Clonmel A.C.	0:47:53	Male Senior	09:34.4
136	O'MAHONEY, Susan	West Waterford A.C.	0:48:08	Female 45	09:37.4
137	MOYNIHAN, Micheal	West Waterford A.C.	0:48:12	Male 65	09:38.2
138	SEWARD, Maura	Individual	0:48:16	Female 40	09:39.0
139	CURRAN, Eamonn	West Waterford A.C.	0:48:19	Male 50	09:39.6
140	O'SHEA, Grainne	Individual	0:48:28	Female 40	09:41.4
141	DALY, Deirdre	West Waterford A.C.	0:48:31	Female 40	09:42.0
142	CONCANNON, Mick	West Waterford A.C.	0:48:33	Male 60	09:42.4
143	CRONOLLY, Rita	West Waterford A.C.	0:49:01	Female 55	09:48.0
144	VEALE, Mary	West Waterford A.C.	0:49:03	Female 45	09:48.4
145	PROCTOR, Paschal	West Waterford A.C.	0:49:24	Male 65	09:52.6
146	COFFEY, Adam	Individual	0:50:01	Male Senior	10:00.0
147	O'DONOVAN, Bronagh	Individual	0:50:14	Female Senior	10:02.6
148	CULLINAN, Katie	Individual	0:50:23	Female Senior	10:04.4
149	DOOCEY, Deirdre	Individual	0:50:29	Female 40	10:05.6
150	PRENDERGAST, Louise	Touraneena Road Runners	0:50:30	Female Senior	10:05.8
151	WALSH, Mary Margaret	Individual	0:50:30	Female 40	10:05.8
152	LANIGAN, Natasha	West Waterford A.C.	0:51:00	Female 45	10:11.8
153	O'KEEFFE, Maria	Individual	0:51:20	Female 40	10:15.8
154	MURPHY, Laura	Individual	0:51:21	Female 35	10:16.0
155	MC INTYRE, Catherine	West Waterford A.C.	0:51:56	Female 40	10:23.0
156	CLANCY, Deirdre	West Waterford A.C.	0:55:40	Female 65	11:07.8