

| <b>First 3 Ladies</b> |               |                     |          |
|-----------------------|---------------|---------------------|----------|
| 1                     | Kate Veale    | West Waterford A.C. | 00:30:44 |
| 2                     | Mags Murphy   | Mallow AC           | 00:30:51 |
| 3                     | Louise Morgan | Ferrybank A.C.      | 00:31:47 |

| <b>Category Winner</b> |  |  |  |
|------------------------|--|--|--|
|------------------------|--|--|--|

|               |                  |                     |          |
|---------------|------------------|---------------------|----------|
| Female 35     | Linda Foley      | West Waterford A.C. | 00:34:47 |
| Female 40     | Patricia Burke   |                     | 00:36:59 |
| Female 45     | Eveleen Drohan   | West Waterford A.C. | 00:34:17 |
| Female 50     | ,Jackie McGee    |                     | 00:38:46 |
| Female 55     | Rita Cronolly    | West Waterford A.C. | 00:49:23 |
| Female 60     | Stephanie Ilsley | West Waterford A.C. | 00:36:10 |
| Female Junior | Grainne Moore    | West Waterford A.C. | 00:35:12 |

| <b>First 3 Men</b> |                |                      |          |
|--------------------|----------------|----------------------|----------|
| 1                  | Sergio Ciobanu | Clonliffe Harriers   | 00:25:07 |
| 2                  | Pat Fitzgerald | Waterford A.C.       | 00:26:02 |
| 3                  | Dermot Gorman  | Carrick-on-Suir A.C. | 00:26:05 |

| <b>Mens Category Winners</b> |                   |                     |          |
|------------------------------|-------------------|---------------------|----------|
| Male 40                      | Mick Aherne,      | West Waterford A.C. | 00:27:37 |
| Male 45                      | Walter Drohan     | West Waterford A.C. | 00:29:42 |
| Male 50                      | Seamus Mc Sweeney | St. Nicholas A.C.   | 00:27:58 |
| Male 55                      | Michael Dunford   | West Waterford A.C. | 00:31:55 |
| Male 60                      | Gerard O Connor,  | West Waterford A.C. | 00:34:15 |
| Male 65                      | Neilus Aherne,    | Midleton A.C.       | 00:33:48 |
| Junior Male                  | Gearoid Coffey    | West Waterford A.C. | 00:33:05 |