

Dungarvan Leader Dromana 5 Mile Friday 9 June 2023. 7:30 pm

Place	Name	Team	Category	Time	txtGrad
1	FITZGERALD, Evan	Clonmel A.C.	Male Senior	0:25:30	05:05.9
2	CIOBANU, Sergiu	Clonliffe Harriers	Male Senior	0:25:40	05:07.9
3	MURPHY, Noel	Waterford A.C.	Male Senior	0:27:15	05:26.9
4	MURPHY, Damian	West Waterford A.C.	Male Senior	0:27:45	05:32.9
5	CAVANAGH, Conor	Sportsworld A.C.	Male Senior	0:28:28	05:41.5
6	MC SWEENEY, Seamus	St Nicholas A.C.	Male 50	0:28:52	05:46.3
7	HEALY, Pdraig	West Waterford A.C.	Male Senior	0:28:54	05:46.7
8	TIDESWELL, Kealy	Clonmel A.C.	Female 35	0:29:10	05:49.9
9	HENNEBRY, Conor	West Waterford A.C.	Male Senior	0:30:18	06:03.5
10	CRONIN, Michael	Youghal A.C.	Male Senior	0:30:38	06:07.5
11	WHELAN, James	West Waterford A.C.	Male 45	0:31:14	06:14.7
12	FITZGERALD, James	Tried and Tested	Male 40	0:31:26	06:17.1
13	WALSH, Kyle	Individual	Male Senior	0:31:34	06:18.7
14	LEDDDY, Seamus	St. Finbarrs	Male 45	0:31:38	06:19.5
15	O'CONNOR, David	St Catherines	Male Senior	0:31:43	06:20.5
16	COSTIGAN, Pat	St Catherines	Male 50	0:31:51	06:22.1
17	VEALE, Kate	West Waterford A.C.	Female Senior	0:31:58	06:23.5
18	ROCHE, Patrick	Carrick On Suir A.C.	Male 45	0:32:37	06:31.3
19	O'SULLIVAN, David	Cork Track Club	Male 40	0:32:43	06:32.5
20	WALSH, Eoin (74)	West Waterford A.C.	Male 45	0:32:56	06:35.1
21	LYNCH, Richie	St Catherines	Male 40	0:33:52	06:46.3
22	O'KEEFFE, Bill	St Catherines	Male 55	0:33:53	06:46.5
23	FITZGERALD, Pat	West Waterford A.C.	Male 40	0:33:57	06:47.3
24	HOGAN, Tom	West Waterford A.C.	Male 45	0:34:06	06:49.1
25	CLIFFE, Mark	West Waterford A.C.	Male 40	0:34:09	06:49.7
26	BEDELL, Toby	Tried and Tested	Male 45	0:34:15	06:50.9
27	HENLEY, Catherine	West Waterford A.C.	Female Senior	0:34:18	06:51.5
28	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male 50	0:34:26	06:53.1
29	COUGHLAN, Cody	Individual	Male Junior	0:34:38	06:55.5
30	CUNNINGHAM, Drew	Individual	Male Senior	0:34:53	06:58.5
31	FITZGERALD, Liam	West Waterford A.C.	Male 50	0:34:59	06:59.7
32	LAVAN, Martin	West Waterford A.C.	Male 40	0:35:04	07:00.7
33	HAHESY, Ray	West Waterford A.C.	Male 55	0:35:08	07:01.5
34	KENNEDY, Sean	Cork Track Club	Male Senior	0:35:09	07:01.7
35	BRUNNOCK, Johnny	Individual	Male 45	0:35:16	07:03.0
36	HAYES, Shane	West Waterford A.C.	Male Senior	0:35:23	07:04.4
37	O'DONOVAN, Niamh	West Waterford A.C.	Female Senior	0:35:25	07:04.8
38	TOBIN, Martin	West Waterford A.C.	Male 55	0:35:43	07:08.4
39	MC HUGH, Vincent	Clonmel A.C.	Male 45	0:35:48	07:09.4
40	CONCANNON, Mick	West Waterford A.C.	Male 60	0:35:52	07:10.2
41	POWER, Michael	West Waterford A.C.	Male 40	0:35:54	07:10.6
42	BRUNNOCK, Paddy	Individual	Male 40	0:35:56	07:11.0
43	KSHIRSAGAR, Rajendra	Individual	Male 40	0:36:01	07:12.0

44	JEANNINE, Apoline	Individual	Female Senior	0:36:02	07:12.2
45	CAREY, Patrick	West Waterford A.C.	Male 40	0:36:07	07:13.2
46	DUGGAN, Peter	St Josephs	Male 50	0:36:15	07:14.8
47	CLINCE, Liam	West Waterford A.C.	Male 60	0:36:48	07:21.4
48	DWYER, Tony	West Waterford A.C.	Male Senior	0:36:59	07:23.6
49	SALMON, Joe	West Waterford A.C.	Male 50	0:37:05	07:24.8
50	KILGANNON, David	Youghal A.C.	Male 50	0:37:06	07:25.0
51	ILSLEY, Ron	West Waterford A.C.	Male 60	0:37:08	07:25.4
52	O'DONNELL, Kenneth	West Waterford A.C.	Male 50	0:37:23	07:28.4
53	HYNES, Jody	West Waterford A.C.	Male 45	0:37:44	07:32.6
54	O'MAHONY, Tony	West Waterford A.C.	Male 55	0:37:48	07:33.4
55	GLEESON, Cathal E.	West Waterford A.C.	Male 45	0:37:51	07:34.0
56	KAVANAGH, Thomas	Individual	Male Senior	0:37:57	07:35.2
57	O'DONOGHUE, Donal	Watergrasshill A.C.	Male 55	0:38:01	07:36.0
58	NOLAN, Jack	Individual	Male Senior	0:38:08	07:37.4
59	MC GRATH, Donall	Individual	Male Senior	0:38:14	07:38.6
60	FLAVIN, Shane	West Waterford A.C.	Male Senior	0:38:22	07:40.2
61	DROHAN, Noel	West Waterford A.C.	Male 50	0:38:30	07:41.8
62	O'CONNELL, Colm	West Waterford A.C.	Male 50	0:38:34	07:42.6
63	WHELAN, Nigel	Individual	Male Senior	0:38:37	07:43.2
64	LACEY, Geraldine	West Waterford A.C.	Female 45	0:38:40	07:43.8
65	RYAN, James	West Waterford A.C.	Male Senior	0:38:49	07:45.6
66	MULCAHY, Mark	Saturday Road Runners	Male 40	0:38:53	07:46.4
67	WALSH, Eoin	West Waterford A.C.	Male Senior	0:38:57	07:47.2
68	O'HARE, Sean	Tried and Tested	Male Senior	0:39:01	07:48.0
69	NYHAN, Finola	Individual	Female Senior	0:39:27	07:53.2
70	LANNEN, Pat	West Waterford A.C.	Male 50	0:39:56	07:59.0
71	DWYER, Anthony	West Waterford A.C.	Male 65	0:39:59	07:59.6
72	MOORE, Sandra	West Waterford A.C.	Female 50	0:40:17	08:03.2
73	COFFEY, Brigid	West Waterford A.C.	Female 50	0:40:47	08:09.2
74	ENGLISH, Eamonn	Clonmel A.C.	Male 60	0:41:38	08:19.4
75	KEANE, Ornait	West Waterford A.C.	Female Senior	0:41:40	08:19.8
76	POWER, Rose	West Waterford A.C.	Female 50	0:42:37	08:31.2
77	O'FLYNN, Padraig	Individual	Male 55	0:42:39	08:31.6
78	MC NALLY, David	West Waterford A.C.	Male 50	0:42:51	08:34.0
79	BOURKE, Catherine	West Waterford A.C.	Female 45	0:42:56	08:35.0
80	NOLAN, Pat	Waterford A.C.	Male 45	0:43:15	08:38.8
81	O'ROURKE, Joe	West Waterford A.C.	Male 60	0:43:24	08:40.6
82	CROWE, Cathriona	West Waterford A.C.	Female 50	0:43:26	08:41.0
83	DALY, Kim	West Waterford A.C.	Female 35	0:43:31	08:42.0
84	LENIHAN, Mark	West Waterford A.C.	Male 50	0:43:31	08:42.0
85	FLYNN, Sharon	Saturday Road Runners	Female 55	0:43:42	08:44.2
86	POWER, Onra	West Waterford A.C.	Female 55	0:44:26	08:53.0

87	GAFFNEY, Andrea	West Waterford A.C.	Female 50	0:44:54	08:58.6
88	REILLY, Olivia	West Waterford A.C.	Female 45	0:44:58	08:59.4
89	COLLINS, Niamh	West Waterford A.C.	Female Senior	0:45:06	09:01.0
90	KEATING, Helen	West Waterford A.C.	Female Senior	0:45:12	09:02.2
91	CUSACK, Aisling	West Waterford A.C.	Female 40	0:45:23	09:04.4
92	CLANCY, Catherine	St Catherines	Female 55	0:45:39	09:07.6
93	CAHILL, Mary	West Waterford A.C.	Female 50	0:45:48	09:09.4
94	O'BRIEN, Jim	West Waterford A.C.	Male 50	0:45:48	09:09.4
95	MURRAY, Conor	West Waterford A.C.	Male 55	0:46:13	09:14.4
96	BRADFIELD, Linda	West Waterford A.C.	Female 50	0:46:43	09:20.4
97	MORRISSON, John	St Catherines	Male 50	0:47:04	09:24.6
98	HEALY, Brian	West Waterford A.C.	Male 55	0:47:08	09:25.4
99	COSTIN, Sean	Finisk Valley A.C.	Male 50	0:47:22	09:28.2
100	CASEY, Eleanor	West Waterford A.C.	Female 50	0:47:43	09:32.4
101	CONWAY, Denise	West Waterford A.C.	Female Senior	0:47:59	09:35.6
102	O'BRIEN, Grainne	West Waterford A.C.	Female Senior	0:48:01	09:36.0
103	COAKLEY, Michael	West Waterford A.C.	Male 55	0:48:42	09:44.2
104	AYATWAD, Anilkomar	Individual	Male Senior	0:48:47	09:45.2
105	O'DONOVAN, Vincent	West Waterford A.C.	Male 65	0:49:30	09:53.8
106	CURRAN, Eamonn	West Waterford A.C.	Male 50	0:49:36	09:55.0
107	CHIZHIKOVA, Diana	West Waterford A.C.	Female 40	0:49:43	09:56.4
108	O'BRIEN, Fiona	Individual	Female 40	0:50:46	10:09.0
109	O'MAHONEY, Susan	West Waterford A.C.	Female 45	0:50:53	10:10.4
110	CONDON, Catherine	West Waterford A.C.	Female 55	0:50:56	10:11.0
111	MOYNIHAN, Micheal	West Waterford A.C.	Male 65	0:51:02	10:12.2
112	PROCTOR, Paschal	West Waterford A.C.	Male 65	0:51:17	10:15.2
113	BARRY, Geraldine	West Waterford A.C.	Female 45	0:51:34	10:18.6
114	COSTIN, Nicola	West Waterford A.C.	Female 45	0:51:50	10:21.8
115	DALY, Deirdre	West Waterford A.C.	Female 40	0:52:15	10:26.8
116	O'KEEFFE, Allie	Individual	Female Senior	0:52:17	10:27.2
117	MC KENNA, Noel	West Waterford A.C.	Male 60	0:52:51	10:34.0
118	O'MAHONY, Siobhan	West Waterford A.C.	Female 60	0:54:43	10:56.4
119	O'MAHONY, Niamh	West Waterford A.C.	Female Senior	0:56:45	11:20.8
120	CLANCY, Deirdre	West Waterford A.C.	Female 60	0:57:59	11:35.6
121	RYAN, Sharon	Individual	Female 40	1:08:35	13:42.8
122	MAGUIRE, Gemma	Individual	Female Senior	1:08:35	13:42.8