

**Oriel Bar Ballymacarbry 5 Mile Race Friday 1 July 2022. 7:30 pm**

<b>Place</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	<b>Pace</b>
1	GORMAN, Dermot	Carrick On Suir A.C.	Male 40	0:26:56	05:23.1
2	ZAKIS, Raivis	West Waterford A.C.	Male 40	0:27:15	05:26.9
3	FLAVIN, Marc	West Waterford A.C.	Male 40	0:27:53	05:34.5
4	DUNNE, Jonathan	Tullamore Harriers	Male 40	0:28:15	05:38.9
5	O'SHEA, Barry	Carrick On Suir A.C.	Male Senior	0:28:47	05:45.3
6	HEALY, Pdraig	West Waterford A.C.	Male Senior	0:28:57	05:47.3
7	COLEMAN, Conor	West Waterford A.C.	Male Senior	0:29:06	05:49.1
8	STILWELL, Sean	West Waterford A.C.	Male Senior	0:29:19	05:51.7
9	MURPHY, John	Grange/Fermoy A.C.	Male 50	0:29:25	05:52.9
10	FLEMING, Conor	Clonmel A.C.	Male 50	0:29:31	05:54.1
11	POWER, Shane	West Waterford A.C.	Male Senior	0:29:54	05:58.7
12	O'KEEFFE, Eugene	Carrick On Suir A.C.	Male 50	0:29:58	05:59.5
13	KEOGH, Mossie	West Waterford A.C.	Male 45	0:30:30	06:05.9
14	KEARNS, Daryl	West Waterford A.C.	Male Senior	0:30:40	06:07.9
15	RYAN, Billy	West Waterford A.C.	Male Senior	0:31:07	06:13.3
16	VEALE, Kate	West Waterford A.C.	Female Senior	0:31:21	06:16.1
17	HURLEY, Larry	Kings River A.C.	Male 45	0:31:27	06:17.3
18	GOUGH, Joe	West Waterford A.C.	Male 60	0:31:41	06:20.1
19	BYRNE, Jamie	Clonmel A.C.	Male Senior	0:31:43	06:20.5
20	CULLEN, Alan	West Waterford A.C.	Male 45	0:31:46	06:21.1
21	HAHESY, Ray	West Waterford A.C.	Male 50	0:31:50	06:21.9
22	RUSSELL, Kieran	N/A	Male 45	0:31:51	06:22.1
23	FITZGERALD, Kelly	West Waterford A.C.	Female Senior	0:31:53	06:22.5
24	DUNFORD, Michael	West Waterford A.C.	Male 50	0:31:54	06:22.7
25	RYAN, Colm	West Waterford A.C.	Male Senior	0:32:01	06:24.1
26	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male 50	0:32:29	06:29.7
27	HOGAN, Tom	West Waterford A.C.	Male 45	0:32:45	06:32.9
28	COFFEY, Gearoid	West Waterford A.C.	Male Junior	0:32:50	06:33.9
29	COLEMAN, Mikey	N/A	Male Senior	0:32:52	06:34.3
30	O'KEEFFE, Bill	St. Catherines	Male 50	0:32:55	06:34.9
31	HORGAN, Elaine	Clonmel A.C.	Female 40	0:33:04	06:36.7
32	FLYNN, Darren	Grange/Fermoy A.C.	Male 45	0:33:34	06:42.7
33	KELLY, Joe	West Waterford A.C.	Male 50	0:33:37	06:43.3
34	FITZGERALD, Liam	West Waterford A.C.	Male 50	0:33:38	06:43.5
35	DWYER, Tony	West Waterford A.C.	Male Senior	0:33:45	06:44.9
36	O'MAHONY, Donal	West Waterford A.C.	Male 40	0:33:49	06:45.7
37	WALSH, Eoin	N/A	Male 45	0:33:49	06:45.7
38	REYNOLDS, Cathal	N/A	Male Senior	0:33:59	06:47.7
39	O'SULLIVAN, John	Waterford A.C.	Male 40	0:34:11	06:50.1
40	O'CEALLAIGH, Niall	Clonmel A.C.	Male 50	0:34:16	06:51.1
41	NIXON, David	N/A	Male 45	0:34:18	06:51.5
42	MOORE, Jake	N/A	Male Senior	0:34:24	06:52.7

43	DUGGAN, Peter	St Josephs A.C	Male 50	0:35:00	06:59.9
44	CLINCE, Liam	West Waterford A.C.	Male 60	0:35:19	07:03.6
45	LANGLEY, Elaine	N/A	Female 35	0:35:26	07:05.0
46	DROHAN, Noel	West Waterford A.C.	Male 50	0:35:31	07:06.0
47	O'REGAN, Eddie	Youghal A.C.	Male 60	0:35:34	07:06.6
48	O'DONOGHUE, Donal	Watergrasshill A.C,	Male 50	0:35:36	07:07.0
49	KOSTIC, Milan	West Waterford A.C.	Male Senior	0:36:11	07:14.0
50	MAUNSELL, Nicola	Clonmel A.C.	Female 50	0:36:13	07:14.4
51	LAVAN, Martin	N/A	Male 40	0:36:17	07:15.2
52	HYNES, Jody	West Waterford A.C.	Male 45	0:36:19	07:15.6
53	FLAVIN, Shane	West Waterford A.C.	Male Senior	0:36:49	07:21.6
54	CONCANNON, Mick	West Waterford A.C.	Male 50	0:36:51	07:22.0
55	TOBIN, Martin	West Waterford A.C.	Male 50	0:36:52	07:22.2
56	O'MAHONY, Tony	West Waterford A.C.	Male 50	0:36:58	07:23.4
57	NI REACHTAGAIN, Tara	West Waterford A.C.	Female Senior	0:37:03	07:24.4
58	LISNYCHUK, Ihor	N/A	Male Senior	0:37:13	07:26.4
59	RYAN, Noel	N/A	Male 45	0:37:19	07:27.6
60	SHEEHAN, James	St. Catherines	Male 50	0:37:25	07:28.8
61	GAFFNEY, Emmet	N/A	Male Senior	0:37:26	07:29.0
62	HENNEBERRY, Jim	N/A	Male 40	0:37:27	07:29.2
63	WINKLER, Samuel	St. Catherines	Male Senior	0:37:42	07:32.2
64	FLETCHER, James	N/A	Male 40	0:37:46	07:33.0
65	O'CONNOR, Gerry	West Waterford A.C.	Male 50	0:37:54	07:34.6
66	PHELAN, Rachel	N/A	Female Senior	0:38:18	07:39.4
67	PHELAN, Eamonn	N/A	Male 50	0:38:19	07:39.6
68	O'GRADY, Billy	N/A	Male 50	0:38:26	07:41.0
69	CONNELL, Fiona	West Waterford A.C.	Female 35	0:38:28	07:41.4
70	O'FLYNN, Pdraig	N/A	Male 50	0:38:29	07:41.6
71	DWYER, Anthony	West Waterford A.C.	Male 60	0:38:49	07:45.6
72	MOLONEY, Aimee	West Waterford A.C.	Female Senior	0:39:04	07:48.6
73	COFFEY, Brigid	West Waterford A.C.	Female 50	0:39:47	07:57.2
74	MORRISON, John	St. Catherines	Male 50	0:39:59	07:59.6
75	MOORE, Sandra	West Waterford A.C.	Female 50	0:40:27	08:05.2
76	COSTIN, Liam	West Waterford A.C.	Male 50	0:40:31	08:06.0
77	PETERS, Louise	N/A	Female 35	0:40:53	08:10.4
78	O'CEALLAIGH, Helen	Clonmel A.C.	Female 50	0:40:56	08:11.0
79	DALY, Kim	West Waterford A.C.	Female 35	0:41:33	08:18.4
80	KENNEDY, Sinead	Clonmel A.C.	Female 50	0:41:37	08:19.2
81	CASEY, Olan	N/A	Male 40	0:42:04	08:24.6
82	DONNELLY, Denise	Clonmel A.C.	Female 50	0:42:15	08:26.8
83	POWER, Johnny	N/A	Male 60	0:42:21	08:28.0
84	O'MALLEY, Grainne	Clonmel A.C.	Female 40	0:42:24	08:28.6
85	POWER, Rose	West Waterford A.C.	Female 50	0:42:29	08:29.6
86	EICHELMANN, Patricia	West Waterford A.C.	Female 45	0:42:53	08:34.4

87	WHELAN, Gillian	Touraneena Road Runners	Female 40	0:43:11	08:38.0
88	WHYTE, Alan	N/A	Male 50	0:43:16	08:39.0
89	O'REILLY, Breda	West Waterford A.C.	Female 40	0:43:43	08:44.4
90	HIGGINS, Sharon	West Waterford A.C.	Female 40	0:44:19	08:51.6
91	CURRAN, Steven	West Waterford A.C.	Male Senior	0:44:29	08:53.6
92	MOLONEY, Thomas	N/A	Male 40	0:45:14	09:02.6
93	MULCAHY, Darren	N/A	Male 40	0:45:55	09:10.8
94	COYNE, Sophie	N/A	Female Senior	0:46:17	09:15.2
95	COAKLEY, Michael	West Waterford A.C.	Male 50	0:46:18	09:15.4
96	LEAHY, Helen	West Waterford A.C.	Female 40	0:46:27	09:17.2
97	RUSSELL, Caroline	West Waterford A.C.	Female 50	0:46:33	09:18.4
98	KELLY, Christopher	West Waterford A.C.	Male 50	0:46:40	09:19.8
99	RYAN, Lizzie	Clonmel A.C.	Female 50	0:46:50	09:21.8
100	PROCTOR, Paschal	West Waterford A.C.	Male 60	0:47:13	09:26.4
101	O'MAHONEY, Susan	West Waterford A.C.	Female 45	0:47:40	09:31.8
102	DALY, Deirdre	West Waterford A.C.	Female 40	0:47:40	09:31.8
103	CURRAN, Eamonn	West Waterford A.C.	Male 50	0:47:47	09:33.2
104	MC INTYRE, Catherine	West Waterford A.C.	Female 40	0:47:57	09:35.2
105	O'HARE, Sean	N/A	Male Senior	0:47:59	09:35.6
106	LAVAN, Emma	N/A	Female 35	0:47:59	09:35.6
107	WALSH, Mary	Touraneena Road Runners	Female 50	0:48:09	09:37.6
108	WALSH, Marie	West Waterford A.C.	Female 45	0:48:20	09:39.8
109	O'DONOVAN, Vincent	West Waterford A.C.	Male 60	0:48:28	09:41.4
110	O'BRIEN, Mary	Finisk Valley A.C.	Female 50	0:52:14	10:26.6
111	COSTIN, Helena	Finisk Valley A.C.	Female 45	0:52:14	10:26.6
112	COSTIN, Sean	Finisk Valley A.C.	Male 50	0:52:14	10:26.6
113	CLANCY, Deirdre	West Waterford A.C.	Female 50	0:56:35	11:18.8