

West Waterford A.C. Round Tower Hotel Ardmore 5 Mile Road Race Friday 27th May at 7.30pm

Place	Name	Club	Category	Pace	Time
1	CIOBANU, Sergiu	Clonliffe Harriers A.C.	Sn Male	04:59.6	0:24:50
2	HENNESSY, Pat	West Waterford A.C.	Sn Male	05:10.5	0:25:44
3	GORMAN, Dermot	Carrick On Suir A.C.	Male 40	05:20.7	0:26:35
4	ZAKIS, Raivis	West Waterford A.C.	Male 40	05:29.4	0:27:18
5	FLAVIN, Marc	West Waterford A.C.	Male 40	05:29.6	0:27:19
6	LONGAN, John	St. Finbarr's	Sn Male	05:39.9	0:28:10
7	STILWELL, Sean	West Waterford A.C.	Sn Male	05:45.9	0:28:40
8	AHEARNE, Michael	West Waterford A.C.	Male 40	05:46.7	0:28:44
9	HEALY, Pdraig	West Waterford A.C.	Sn Male	05:46.9	0:28:45
10	MURPHY, John	Grange/Fermoy A.C.	Male 50	05:47.1	0:28:46
11	O'CONNOR, Kealon	Grange/Fermoy A.C.	Male 40	05:47.9	0:28:50
12	COLEMAN, Conor	West Waterford A.C.	Sn Male	05:56.5	0:29:33
13	DROHAN, Walter	West Waterford A.C.	Male 40	05:59.6	0:29:48
14	POWER, Shane	West Waterford A.C.	Sn Male	06:02.6	0:30:03
15	BENNETT, Tom	Blackwater A.C.	Male 40	06:04.8	0:30:14
16	MC LAUGHLIN, Roisín	Grange/Fermoy A.C.	Sn Female	06:05.0	0:30:15
17	MC CANN, Angela	Clonmel A.C.	Female 50	06:05.6	0:30:18
18	STILWELL, Richard	West Waterford A.C.	Sn Male	06:07.2	0:30:26
19	KEOGH, Mossie	West Waterford A.C.	Male 40	06:07.6	0:30:28
20	RYAN, Billy	West Waterford A.C.	Sn Male	06:12.0	0:30:50
21	BARRY, Niall	West Waterford A.C.	Male 40	06:13.2	0:30:56
22	MORGAN, Louise	Ferrybank A.C.	Female 40	06:13.6	0:30:58
23	KELLEHER, Finbarr	N/A	Sn Male	06:17.5	0:31:17
24	O'DONOVAN, Dermot	West Waterford A.C.	Male 40	06:20.7	0:31:33
25	FITZGERALD, Kelly	West Waterford A.C.	Sn Female	06:21.3	0:31:36
26	HAHESY, Ray	West Waterford A.C.	Male 50	06:21.7	0:31:38
27	HURLEY, Larry	Kings River A.C.	Male 40	06:23.7	0:31:48
28	BOYLE, Gerry	N/A	Male 60	06:25.5	0:31:57
29	DUNFORD, Michael	West Waterford A.C.	Male 50	06:27.3	0:32:06
30	CONNORS, Jimmy	West Waterford A.C.	Sn Male	06:28.3	0:32:11
31	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male 50	06:28.5	0:32:12
32	HICKEY, Andrew	N/A	Male 40	06:29.7	0:32:18
33	KENNEDY, Siobhain	N/A	Female 50	06:35.2	0:32:45
34	COLLINS, Niall	West Waterford A.C.	Sn Male	06:36.2	0:32:50
35	HOGAN, Tom	West Waterford A.C.	Male 40	06:40.0	0:33:09
36	RYAN, Patricia	N/A	Female 40	06:41.0	0:33:14
37	NIXON, David	N/A	Male 40	06:49.8	0:33:58
38	COFFEY, Gearoid	West Waterford A.C.	Jn Male	06:50.3	0:34:00
39	CLIFFE, Mark	West Waterford A.C.	Male 40	06:50.7	0:34:02
40	FLYNN, Darren	Grange/Fermoy A.C.	Male 40	06:53.3	0:34:15
41	DWYER, Tony	West Waterford A.C.	Sn Male	06:54.5	0:34:21
42	COADE, James	N/A	Sn Male	06:55.3	0:34:25
43	FLYNN, Hannah Mai	Sutton Striders	Sn Female	06:57.5	0:34:36
44	SALMON, Joe	West Waterford A.C.	Male 50	06:58.1	0:34:39
45	REYNOLDS, Cathal	N/A	Sn Male	06:59.1	0:34:44
46	DONNNELLY, David	West Waterford A.C.	Male 40	07:00.1	0:34:49

47	FOLEY, Linda	West Waterford A.C.	Female 35	07:00.3	0:34:50
48	DEVEREUX, Pat	West Waterford A.C.	Male 40	07:01.1	0:34:54
49	FLYNN, Phyllis	Stragglers	Female 50	07:01.5	0:34:56
50	HENNEBERRY, Jim	N/A	Male 40	07:01.9	0:34:58
51	O'DONOGHUE, Donal	Watergrasshill A.C.	Male 50	07:02.7	0:35:02
52	HAYES, Kevin	St. Catherines	Male 40	07:03.7	0:35:07
53	WALSH, Nicholas	Le Cheile A.C.	Male 40	07:05.5	0:35:16
54	BEAUSANG, Patrick	West Waterford A.C.	Sn Male	07:06.5	0:35:21
55	MURRAY, Conor	West Waterford A.C.	Male 50	07:07.5	0:35:26
56	DWYER, Grainne	N/A	Sn Female	07:09.4	0:35:35
57	DUGGAN, Peter	St Josephs A.C	Male 50	07:09.6	0:35:36
58	CARLIN, Anthony	West Waterford A.C.	Male 40	07:10.2	0:35:39
59	MOYA ROSA, Emilio	West Waterford A.C.	Sn Male	07:12.8	0:35:52
60	HENNESSY, Sarah	Togher A.C.	Sn Female	07:13.0	0:35:53
61	O'MAHONY, Donal	West Waterford A.C.	Male 40	07:14.6	0:36:01
62	LYNCH, Stephen	N/A	Sn Male	07:17.0	0:36:13
63	TOBIN, Martin	West Waterford A.C.	Male 50	07:17.4	0:36:15
64	BRIGGS, Roisin	N/A	Sn Female	07:18.0	0:36:18
65	LANGLEY, Elaine	N/A	Female 35	07:20.4	0:36:30
66	NI REACHTAGAIN, Tara	West Waterford A.C.	Sn Female	07:21.2	0:36:34
67	CLINCE, Liam	West Waterford A.C.	Male 60	07:22.2	0:36:39
68	FOY, Michael	N/A	Sn Male	07:26.1	0:36:58
69	MURRAY, Luke	N/A	Jn Male	07:26.3	0:36:59
70	MURRAY, Michael	N/A	Male 40	07:26.5	0:37:00
71	NYHAN, Finola	N/A	Sn Female	07:29.1	0:37:13
72	HYNES, Jody	West Waterford A.C.	Male 40	07:29.5	0:37:15
73	GLEESON, Cathal E.	West Waterford A.C.	Male 40	07:32.3	0:37:29
74	LYONS, Andrea	N/A	Female 35	07:32.7	0:37:31
75	O'CONNOR, Kieran	N/A	Male 40	07:33.5	0:37:35
76	DWYER, Anthony	West Waterford A.C.	Male 60	07:34.1	0:37:38
77	O'CONNOR, Gerry	West Waterford A.C.	Male 50	07:40.5	0:38:10
78	MC NALLY, David	West Waterford A.C.	Male 50	07:41.1	0:38:13
79	DWYER, Michael	West Waterford A.C.	Male 50	07:44.2	0:38:28
80	KENNEALLY, Declan	N/A	Sn Male	07:45.6	0:38:35
81	FLAVIN, Shane	West Waterford A.C.	Sn Male	07:45.8	0:38:36
82	GAFFNEY, Emmet	N/A	Sn Male	07:46.0	0:38:37
83	KANE, Mark	N/A	Male 40	07:46.6	0:38:40
84	GOGGIN, Margaret	Grange/Fermoy A.C.	Female 40	07:49.2	0:38:53
85	HEARN, Madeleine	West Waterford A.C.	Female 35	07:54.0	0:39:17
86	KINSELLA, Rose	West Waterford A.C.	Female 35	07:57.2	0:39:33
87	O'SULLIVAN, Liam	St. Finbarr's	Male 60	07:59.0	0:39:42
88	COFFEY, Brigid	West Waterford A.C.	Female 50	07:59.6	0:39:45
89	PHELAN, Rachel	N/A	Sn Female	08:01.0	0:39:52
90	POWER, Simone	West Waterford A.C.	Female 40	08:02.1	0:39:57
91	MURPHY, Peter	Saturday Road Runners	Sn Male	08:05.5	0:40:14
92	COVENEY, Niamh	N/A	Sn Female	08:08.1	0:40:27
93	HARNEY, Alan	N/A	Male 40	08:10.1	0:40:37
94	CASEY, Olan	N/A	Male 40	08:12.3	0:40:48

95	MC GRATH, Freida	N/A	Sn Female	08:13.7	0:40:55
96	CURRAN, Ray	West Waterford A.C.	Male 50	08:15.9	0:41:06
97	MULCAHY, Darren	N/A	Male 40	08:19.3	0:41:23
98	MOORE, Sandra	West Waterford A.C.	Female 40	08:22.6	0:41:39
99	KEATING, Nicholas	Ardmore A.C.	Male 50	08:23.2	0:41:42
100	POWER, Johnny	N/A	Male 60	08:32.2	0:42:27
101	CUSACK, Aisling	West Waterford A.C.	Female 40	08:33.6	0:42:34
102	LENIHAN, Mark	West Waterford A.C.	Male 50	08:33.6	0:42:34
103	O'ROURKE, Joe	West Waterford A.C.	Male 50	08:33.8	0:42:35
104	POWER, Rose	West Waterford A.C.	Female 50	08:34.6	0:42:39
105	DALY, Kim	West Waterford A.C.	Female 35	08:35.8	0:42:45
106	O'REILLY, Breda	West Waterford A.C.	Female 40	08:36.0	0:42:46
107	HIGGINS, Sharon	West Waterford A.C.	Female 40	08:36.2	0:42:47
108	GAFFNEY, Andrea	West Waterford A.C.	Female 50	08:40.3	0:43:07
109	O'NEILL, Niamh	N/A	Sn Female	08:46.3	0:43:37
110	BOUSKINE, Linda	N/A	Sn Female	08:54.1	0:44:16
111	O'BRIEN, Fiona	N/A	Female 35	08:54.5	0:44:18
112	KELLY, Simon	N/A	Male 60	08:54.9	0:44:20
113	POWER, Margaret	West Waterford A.C.	Female 50	09:06.0	0:45:15
114	O'RIORDAN, Eoin	West Waterford A.C.	Male 40	09:13.9	0:45:54
115	DWYER, Clodagh	N/A	Sn Female	09:20.1	0:46:25
116	HACKETT, Annabelle	Finisk Valley A.C.	Sn Female	09:21.1	0:46:30
117	CRONIN, Pat	N/A	Male 50	09:21.5	0:46:32
118	HEALY, Brian	N/A	Male 50	09:21.9	0:46:34
119	PROCTOR, Paschal	West Waterford A.C.	Male 60	09:22.3	0:46:36
120	LAWLOR, John	N/A	Sn Male	09:24.9	0:46:49
121	CONDON, Catherine	West Waterford A.C.	Female 50	09:25.1	0:46:50
122	O'BRIEN, Mary	Finisk Valley A.C.	Female 50	21:29.2	1:46:50
123	MC INTYRE, Catherine	West Waterford A.C.	Female 40	09:37.0	0:47:49
124	KELLY, Christopher	West Waterford A.C.	Male 50	09:37.4	0:47:51
125	POSHTARENKO, Oleksandra	N/A	Female 35	09:38.4	0:47:56
126	COAKLEY, Michael	West Waterford A.C.	Male 50	09:38.8	0:47:58
127	O'BRIEN, Grainne	N/A	Sn Female	09:40.4	0:48:06
128	DALY, Deirdre	West Waterford A.C.	Female 40	09:41.2	0:48:10
129	CURRAN, Eamonn	West Waterford A.C.	Male 50	09:48.6	0:48:47
130	CURRY, Edel	West Waterford A.C.	Female 35	09:53.1	0:49:09
131	MANSFIELD, Rosie	N/A	Female 35	09:54.9	0:49:18
132	FOLEY, Deirdre	N/A	Female 35	09:55.1	0:49:19
133	WALSH, Sinead	N/A	Sn Female	09:58.7	0:49:37
134	COLEMAN, Kieran	N/A	Male 40	10:11.4	0:50:40
135	CONNELL, Joanne	N/A	Female 35	10:12.4	0:50:45
136	LEAHY, Helen	West Waterford A.C.	Female 40	10:12.8	0:50:47
137	KING, Gillian	N/A	Female 40	10:21.4	0:51:30
138	COSTIN, Sean	Finisk Valley A.C.	Male 50	10:43.0	0:53:17
139	MULHALL, Conor	Finisk Valley A.C.	Male 40	10:43.2	0:53:18
140	STACK, Karen	Finisk Valley A.C.	Female 40	10:43.2	0:53:18
141	CLANCY, Deirdre	West Waterford A.C.	Female 50	11:16.3	0:56:03
142	HARMON, Jean	N/A	Female 40	12:11.8	1:00:39
143	COSTIN, Helena	Finisk Valley A.C.	Female 40	12:11.8	1:00:39