

O'Reilly Butcher Kilmacthomas 4 Mile Sunday 16 February 2020.

Place	Name	Club	Cat	Time	Pace
1	HENNESSY, Pat	West Waterford A.C.	MS	0:20:10	05:02.4
2	ZAKIS, Raivis	West Waterford A.C.	M40	0:21:33	05:23.2
3	FLYNN, Anthony	West Waterford A.C.	MS	0:21:55	05:28.7
4	O'BRIEN, Craig	Ferrybank A.C.	MJ	0:22:48	05:41.9
5	MONAGHAN, Martin	Sliabh Buidhe Rovers	M45	0:23:33	05:53.2
6	QUINLAN, Tony	Waterford A.C.	MS	0:23:36	05:53.9
7	LANIGAN, David	St Josephs A.C	M45	0:24:52	06:12.9
8	POWER, Anthony	N/A	MS	0:25:11	06:17.6
9	BARRY, Niall	West Waterford A.C.	M40	0:25:19	06:19.6
10	REILLY, Gerard	West Waterford A.C.	M50	0:25:36	06:23.9
11	TOWEY, David	West Waterford A.C.	M45	0:25:58	06:29.4
12	HAHESY, Ray	West Waterford A.C.	M55	0:26:01	06:30.1
13	HAYES, John Joe	Tried and Tested	M40	0:26:02	06:30.4
14	COFFEY, Pat	Clonmel A.C.	M55	0:26:08	06:31.9
15	MOLLOY, Mary	Carrick On Suir A.C.	F40	0:26:12	06:32.9
16	CROTTY, John	N/A	MS	0:26:14	06:33.4
17	HAYES, Martin	West Waterford A.C.	M55	0:26:21	06:35.1
18	MC HARDY, Ian	Waterford A.C.	M45	0:26:22	06:35.4
19	PONCE DE LEON, Miguel	Carrick On Suir A.C.	M45	0:26:29	06:37.1
20	O'SULLIVAN, John	Waterford A.C.	MS	0:26:30	06:37.4
21	ENRIGHT, Tom	Waterford A.C.	MS	0:26:37	06:39.1
22	DOONAN, Naomi	Saturday Road Runners	F40	0:26:39	06:39.6
23	CLIFFE, Mark	West Waterford A.C.	M40	0:26:40	06:39.9
24	GLEESON, Cathal E.	West Waterford A.C.	M40	0:26:49	06:42.1
25	SALMON, Joe	West Waterford A.C.	M50	0:26:52	06:42.9
26	CHIZHIKOV, Yevgeniy	West Waterford A.C.	M45	0:26:54	06:43.4
27	HOGAN, Tom	West Waterford A.C.	M40	0:26:56	06:43.9
28	WALSH, Eoin	N/A	M45	0:26:56	06:43.9
29	KENNEALLY, Julie	Youghal A.C.	F35	0:27:03	06:45.6
30	FITZGERALD, Liam	West Waterford A.C.	M45	0:27:18	06:49.4
31	DROHAN, Noel	West Waterford A.C.	M50	0:27:23	06:50.6
32	FITZPATRICK, Paul	Saturday Road Runners	MS	0:27:54	06:58.4
33	BRUNNOCK, Johnny	Carrick On Suir A.C.	M45	0:28:10	07:02.4
34	WARD, Seamus	Kings River A.C.	M50	0:28:16	07:03.9
35	TOBIN, Martin	West Waterford A.C.	M55	0:28:17	07:04.1
36	KIELY, Timmy	N/A	M40	0:28:19	07:04.6
37	MURPHY, Michael	Saturday Road Runners	M40	0:28:23	07:05.6
38	KELLEHER, Denis	Midleton A.C.	M55	0:28:29	07:07.1
39	O'RIORDAN, Jack	N/A	M45	0:28:40	07:09.9
40	LONG, Edward	Waterford Tri Club	M45	0:28:43	07:10.6
41	TOBIN, John	Ardmore Road Runners	M40	0:28:46	07:11.4
42	MURRAY, Ger	N/A	M50	0:28:48	07:11.9
43	FINN, Conor	Leevale	MS	0:28:52	07:12.9

44	DWYER, Anthony	West Waterford A.C.	M55	0:28:55	07:13.6
45	FOLEY, Gavin	N/A	MS	0:28:57	07:14.1
46	FOLEY, Linda	West Waterford A.C.	FS	0:28:58	07:14.4
47	O'DONOVAN, Niamh	West Waterford A.C.	FS	0:28:59	07:14.6
48	POWER, Jerry	N/A	M45	0:29:16	07:18.9
49	CONCANNON, Mick	West Waterford A.C.	M55	0:29:17	07:19.1
50	WALSH, David	Saturday Road Runners	M45	0:29:28	07:21.9
51	O'CONNOR, Gerry	West Waterford A.C.	M55	0:29:32	07:22.9
52	BEAUSANG, Patrick	N/A	MS	0:30:03	07:30.6
53	BURKIN, Johnny	West Waterford A.C.	MS	0:30:04	07:30.9
54	DWYER, Tony	West Waterford A.C.	MJ	0:30:14	07:33.4
55	DWYER, Michael	West Waterford A.C.	M50	0:30:15	07:33.6
56	EARLEY, Pat	West Waterford A.C.	M50	0:30:32	07:37.9
57	DUNFORD, Pat	West Waterford A.C.	M50	0:30:54	07:43.4
58	CASEY, Kevin	West Waterford A.C.	M40	0:30:55	07:43.6
59	BRUNNOCK, Paddy	N/A	M40	0:30:55	07:43.6
60	DUNNE, Sean	Carrick On Suir A.C.	MS	0:31:34	07:53.4
61	FENNELL, John	West Waterford A.C.	M40	0:31:35	07:53.6
62	LEONARD, John	West Waterford A.C.	M50	0:31:36	07:53.9
63	JACKMAN, Brian	N/A	M50	0:31:40	07:54.9
64	KIERNAN, Enda	N/A	M45	0:31:41	07:55.1
65	FEENEY, Roisin	N/A	FS	0:32:02	08:00.4
66	KIRWAN, Leanne	N/A	FS	0:32:03	08:00.6
67	MELNE, Inese	N/A	FS	0:32:12	08:02.9
68	WHELAN, Amy	West Waterford A.C.	FS	0:32:13	08:03.1
69	POWER, Johnny	N/A	M55	0:32:22	08:05.4
70	MURPHY, Jane	Waterford A.C.	FS	0:32:25	08:06.1
71	MURPHY, Hilary	Waterford A.C.	FS	0:32:28	08:06.9
72	KIELY, Catriona	West Waterford A.C.	F45	0:32:36	08:08.9
73	STAFFORD, Jill	Saturday Road Runners	F40	0:32:43	08:10.6
74	HARTLEY, Pauline	N/A	F40	0:32:44	08:10.9
75	FLAVIN, Cyril	West Waterford A.C.	M40	0:32:49	08:12.1
76	JOZWIAK, Agnieszka	N/A	F40	0:32:51	08:12.6
77	URBANOWICZ, Krzysztof	N/A	M40	0:32:53	08:13.1
78	TYNAN, Micheal	N/A	MS	0:32:56	08:13.9
79	FLYNN, Mairead	West Waterford A.C.	F50	0:33:12	08:17.9
80	LENIHAN, Siobhan	N/A	F45	0:33:21	08:20.1
81	DWYER, Liam	N/A	M55	0:33:25	08:21.1
82	HOGAN, Nuala	West Waterford A.C.	F35	0:33:30	08:22.4
83	WALSHE, John	Road Runners	M55	0:33:31	08:22.6
84	FINN NORIS, Tara	Fitness With Emer	F40	0:33:38	08:24.4
85	POWER, Onra	West Waterford A.C.	F50	0:33:45	08:26.1
86	KENNEDY, Niamh	Waterford A.C.	FS	0:33:53	08:28.1
87	SEXTON, Bernie	Carrick On Suir A.C.	F50	0:33:56	08:28.9
88	BEER, Mark	Blackwater A.C.	M50	0:34:21	08:35.1

89	O'DWYER, Derek	Carrick On Suir A.C.	MS	0:34:25	08:36.1
90	BUTLER, Charlotte	Mallow A.C.	FS	0:34:26	08:36.4
91	MC KEON, Martina	West Waterford A.C.	F45	0:34:29	08:37.1
92	PHELAN, Leanne	Carrick On Suir A.C.	F35	0:34:33	08:38.1
93	GALVIN, Pat	N/A	M45	0:34:42	08:40.4
94	PRENDERGAST, Katie	N/A	FS	0:34:56	08:43.9
95	CRONIN, Anne	Carrick On Suir A.C.	F50	0:35:13	08:48.1
96	POPE, Carol	West Waterford A.C.	F45	0:35:21	08:50.1
97	KELLEHER, John	Kildorrery A.C.	M50	0:35:23	08:50.6
98	DUNNE, Jackie	Carrick On Suir A.C.	F50	0:35:34	08:53.4
99	COLLINS, Paula	West Waterford A.C.	F40	0:35:44	08:55.9
100	MOORE, Sandra	West Waterford A.C.	F45	0:36:25	09:06.1
101	RUSSELL, Caroline	West Waterford A.C.	F50	0:36:25	09:06.1
102	GAFFNEY, Andrea	West Waterford A.C.	F50	0:36:29	09:07.1
103	PROCTOR, Paschal	West Waterford A.C.	M55	0:36:50	09:12.4
104	GUIRY, Michelle	Touraneena R R	FS	0:36:59	09:14.6
105	DEEGAN, Michael	West Waterford A.C.	M55	0:37:42	09:25.4
106	HOULIHAN, Ger	Carrick On Suir A.C.	F50	0:37:51	09:27.6
107	GRAY, Ciara	N/A	F35	0:38:54	09:43.4
108	CURRAN, Eamonn	West Waterford A.C.	M45	0:39:01	09:45.1
109	LENIHAN, Tommy	West Waterford A.C.	M55	0:39:19	09:49.6
110	O'MAHONY, Siobhan	West Waterford A.C.	F50	0:39:29	09:52.1
111	BYRNE, Marion	Greenway Joggers	F45	0:39:45	09:56.1
112	POWER, Chris	Greenway Joggers	F45	0:39:45	09:56.1
113	PRENDERGAST, Louise	Touraneena R R	FS	0:39:48	09:56.9
114	KIERSEY, Grace	Greenway Joggers	F50	0:40:45	10:11.1
115	RIORDAN, Mary	Greenway Joggers	F45	0:42:54	10:43.4
116	FOSKIN, Mary	Greenway Joggers	F50	0:42:55	10:43.6
117	LONG, Ellen	Greenway Joggers	F50	0:42:55	10:43.6
118	CLANCY, Deirdre	West Waterford A.C.	F50	0:44:10	11:02.4
119	HORWOOD, Lisa	N/A	F50	0:47:54	11:58.3
120	KEATING, Phillipa	Tried and Tested	FS	0:47:55	11:58.6
121	FLYNN, Mary	Greenway Joggers	F50	0:49:55	12:28.6
122	DROHAN, Pauline	N/A	F45	0:50:02	12:30.3