

Fordes Daybreak Winter League 2019-2020**Long Route 4.7ml Results Week 4**

1	279	Joey Miller	00:41:46
2	276	Patrick Beusang	00:41:17
3	278	Joe Gough	00:44:51
4	112	Vincent O Flynn	00:46:18
5	102	Patrick Lannen	00:37:20
6	256	Ellen Nagle	00:46:29
7	268	Máiréad Murphy	00:46:54
8	39	Claire Moffat	00:40:10
9	187	Johnny Cooney	00:35:10
10	192	Carol Walsh	00:45:12
11	75	Lynn O Riordan	00:48:18
12	274	Gerry Cantwell	00:34:32
13	191	John Twomey	00:39:16
14	257	Aoife Nagle	00:41:56
15	249	Siobhán O Neill	00:46:49
16	114	Owen Power	00:41:51
17	80	Marita Murray	00:45:00
18	73	Catherine Keogh	00:48:17
19	236	Susie Moore	00:48:56
20	15	Liam Fitzgerald	00:37:54
21	127	Mike Wyley	00:35:16
22	8	Linda Bradfield	00:45:08
23	91	Onra power	00:45:09
24	264	Tomás Murray	00:34:19
25	254	Brie Lynch	00:38:50
26	9	Denis Ryan	00:49:18
27	46	Padraig Nolan	00:41:07
28	141	Noel Quinn	00:45:30
29	171	Trisha Cullinane	00:43:00
30	17	Sarah Nagle	00:46:39
31	204	Meabh Beresford	00:40:39
32	228	Eileen Heffernan	00:39:23
33	271	Jack Leahy	00:40:01
34	64	Jenny Murphy	00:40:05
35	134	Ted O'Leary	00:35:16
36	197	Andy Hickey	00:45:31
37	152	Caitriona Shanley	00:51:22
38	122	Claire Meehan	00:51:29
39	52	Eamon Hally	00:41:14
40	186	Natasha Lanigan	00:39:19
41	86	Marcella Scanlon	00:46:18
42	138	Colin Lyons	00:39:24
43	217	Sandra Moore	00:39:54

44	107	Deirdre Hahey	00:51:34
45	177	Kate O Neill	00:41:35
46	131	Sarah Duffy	00:44:22
47	277	Seanie O Neill	00:39:38
48	136	Pat Morrissey	00:46:03
49	79	Claire Cosgrave	00:54:13
50	208	Tanya Kirwan	00:43:22
51	4	Chris Wade	00:49:40
52	209	Elaine Carroll	00:43:23
53	74	Michael Deegan	00:46:03
54	101	Alan Toft	00:45:44
55	117	Joanie McGrath	00:46:29
56	38	Patrick Ryan	00:44:57
57	253	Geraldine Barry	00:41:47
58	78	Kieran Ahearne	00:39:01
59	164	Richie Power	00:46:59
60	183	Aoife Manning	00:43:20
61	260	Garath Pope	00:32:59
62	270	Ann Dunford	00:38:42
63	265	Paul O Gorman	00:40:38
64	213	Vincent Tutty	00:44:16
65	105	Conor Hennebry	00:31:28
66	215	Paul McGrath	00:41:49
67	62	Therese Power Hickey	00:44:30
68	133	Geraldine Lacey	00:36:42
69	267	Aidan McGovern	00:35:41
70	14	Sinead Ní Fhaolain	00:36:43
71	103	Joanne O Neill	00:36:38
72	237	Geraldine Power	00:49:30
73	36	Andrea Gaffney	00:39:31
74	235	Mary Riordan	00:51:31
75	161	Alice Fitzgerald	00:39:55
76	273	Marc Flavin	00:27:26
77	1	Joe O Rourke	00:38:52
78	72	John Woods	00:51:03
79	30	Helene Hayes	00:50:16
80	263	Evan Murray	00:40:41
81	70	Michael Murray	00:33:35
82	190	Mark Lenihan	00:38:54
83	195	Irene Dee	00:50:17
84	68	Kelly Shalloe	00:40:57
85	232	Raymond Curran	00:38:24
86	116	Christopher Kelly	00:40:33
87	153	Brian Kirwan	00:39:33
88	67	Emma Murphy	00:41:27

89	144	Mary O'Brien	00:43:04
90	71	Stan Dudek	00:39:21
91	23	Leanne Kiwwan	00:38:59
92	29	Roisin Feeney	00:38:58
93	121	Mairead Flynn	00:43:06
94	180	Evelyn O'Brien	00:46:34
95	817	Mags Hennessey	00:50:51
96	37	Christopher Phelan	00:37:15
97	77	Fiona O'Brien	00:43:00
98	2	Donal O'Donoghue	00:36:44
99	7	Deirdre Clancy	00:54:19
100	225	Gerry Cummins	00:39:36
101	18	Brian Beatty	00:45:54
102	167	Liam Beresford	00:33:39
103	10	John Liston	00:36:36
104	76	Jack Ahearne	00:37:10
105	130	Freida McGrath	00:37:45
106	111	Anita Gleeson	00:42:17
107	139	Joe Collins	00:41:18
108	269	Catherine Henley	00:32:51
109	123	Mary Cahill	00:43:12
110	234	Fergal Connolly	00:38:17
111	128	Maire Seward	00:43:14
112	181	Claire Power	00:43:20
113	31	Mick Concannon	00:38:49
114	175	Michelle Horgan	00:38:45
115	166	Jean Beresford	00:39:09
116	179	Tomas Horgan	00:38:46
117	275	Aaron Whelan	00:29:58
118	196	Carol Hope	00:42:06
119	194	Pat Frisby	00:39:20
120	170	David Cullinane	00:36:03
121	163	Richie Fitzgerald	00:30:45
122	230	Nicky Ahearne	00:36:20
123	66	Eamonn Murphy	00:35:04
124	125	Niall Collins	00:35:05
125	97	Liam Kavanagh	00:36:25
126	199	Jim Barry	00:36:14
127	137	Pat Connaughton	00:43:08
128	19	Liz Nyhan	00:30:57
129	229	Conor Ahearne	00:31:38
130	231	Richard Walsh	00:42:35
131	106	David McNally	00:35:00
132	227	Niamh Bambrick	00:39:16
133	212	Angeline Drennan	00:38:48

134	158	Billy Sheehan	00:36:06
135	28	Rose Kinsella	00:40:26
136	21	Ciaran Murphy	00:33:37
137	109	Molly Fitzgerald	00:39:02
138	148	Noel McKenna	00:34:25
139	203	Michael Hayes	00:34:37
140	54	Denise Nugent	00:40:24
141	218	Gavin Whelan	00:30:12
142	100	Sinead Moore	00:40:25
143	40	Declan Mooney	00:36:34
144	26	James O Neill	00:36:37
145	45	Carol Byrne	00:39:11
146	47	Liam Ahearne	00:35:57
147	165	Jason Radley	00:34:17
148	172	Michael Ahern	00:27:28
149	241	Alan Kinsella	00:27:27
150	124	Eleanor Casey	00:42:05
151	157	Siobhan Lenihan	00:40:37
152	93	Rosaleen Curran	00:37:28
153	185	Cathal E.Gleeson	00:31:35
154	169	Mark Cliffe	00:31:55
155	92	Tom Mansfield	00:37:19
156	108	Ray Haahesy	00:34:09
157	173	Stephen O'Reilly	00:32:48
158	13	Grainne Enright	00:34:16
159	42	Yevgeniy Chizikov	00:34:23
160	147	T.J. Crotty	00:28:42
161	155	Micheal Callaghan	00:33:41
162	221	Dermot Gough	00:28:52
163	53	John MCGeehan	00:33:42
164	5	James Whelan	00:29:40
165	94	Joanne Stevenson	00:41:56
166	223	Brian Ormonde	00:35:27
167	258	Ashleigh Burke	00:49:05
168	220	Lorraine Dixon	00:48:21
169	88	Margaret Conway	00:46:31
170	198	Geraldine Sinnott	00:48:23
171	154	Neil Power	00:37:13
172	87	Garret Byrne	00:30:17
173	162	John Joe Hayes	00:33:09
174	110	Walter Drohan	00:29:40
175	189	Eoghan Moloney	00:31:01
176	43	Liam Foley	00:36:52
177	50	Micheal Moynihan	00:45:59
178	248	Pat Dunford	00:34:48

179	119	Gerry O'Connor	00:34:44
180	150	Eoin Walsh	00:32:59
181	58	David Connors	00:48:49
182	35	Brian Harris	00:37:10
183	142	Gerard Reilly	00:31:19
184	159	Pauline Hartley	00:40:36
185	149	Tomas De Faoite	00:33:54
186	51	John Downey	00:34:42
187	211	Enda Kiernan	00:37:54
188	160	Eoin Dwyer	00:35:02
189	99	Kevin Casey	00:35:54
190	81	Martin Tobin	00:38:16