

GSK Dungarvan 5, 9 July 2010

Place	Time	Name	Team	Cat	Pace
1	0:25:39	BRALITIS, Sandis	West Waterford A.C	S/M	05:07.7
2	0:26:05	ZAKIS, Raivis	West Waterford A.C	S/M	05:12.9
3	0:26:13	MURPHY, Brian	Carrick-on-Suir AC	S/M	05:14.5
4	0:27:00	MOLONEY, Rory	West Waterford A.C	S/M	05:23.9
5	0:27:08	KLAVA, Dzintars	West Waterford A.C	S/M	05:25.5
6	0:27:30	MULLANEY, Shane	Thurles AC	S/M	05:29.9
7	0:28:01	QUINLAN, Frank	Waterford A.C	S/M	05:36.1
8	0:28:29	KENNEALLY, Kevin	West Waterford A.C	S/M	05:41.7
9	0:28:45	O'CONNOR, Johnny	West Waterford A.C	M/40	05:44.9
10	0:28:48	MCCARTHY, Martin	West Waterford A.C	M/45	05:45.5
11	0:28:54	MULDOWNEY, David	Eagle A.C	S/M	05:46.7
12	0:28:57	HEALY, Pdraigh	West Waterford A.C	S/M	05:47.3
13	0:28:58	POWER, Declan	West Waterford A.C	J/M	05:47.5
14	0:29:00	WATERS, David	Carrick-on-Suir AC	S/M	05:47.9
15	0:29:09	O'KEEFFE, Martin	Youghal A.C	M/40	05:49.7
16	0:29:10	CURTIN, Noel	Youghal A.C	M/45	05:49.9
17	0:29:14	WALSH, Joe		S/M	05:50.7
18	0:29:20	LEAHY, John	West Waterford A.C	S/M	05:51.9
19	0:29:23	CUNNINGHAM, David	Waterford A.C	S/M	05:52.5
20	0:29:25	FALCONER, Tommy	Carrick-on-Suir AC	S/M	05:52.9
21	0:29:26	FEENEY, Des	West Waterford A.C	S/M	05:53.1
22	0:29:28	MASON, Trevor	West Waterford A.C	S/M	05:53.5
23	0:29:37	O'GORMAN, Richard	Clonmel AC	M/45	05:55.3
24	0:29:38	HICKEY, Alan	Non Affiliated	S/M	05:55.5
25	0:29:39	HAYES, Martin	West Waterford A.C	M/45	05:55.7
26	0:29:48	COLLINS, John		S/M	05:57.5
27	0:29:50	BRODERICK, Donal		M/40	05:57.9
28	0:29:52	O'DWYER, Martina	Carrick-on-Suir AC	S/F	05:58.3
29	0:29:55	BUDDS, Liam	West Waterford A.C	S/M	05:58.9
30	0:29:58	ROCHE, Patrick	Carrick-on-Suir AC	S/M	05:59.5
31	0:29:59	LONG, Brian	Clonmel AC	S/M	05:59.7
32	0:30:04	MCCANN, Angela	Clonmel AC	F/35	06:00.7
33	0:30:13	BYRNE, Tom	Waterford A.C	M/50	06:02.5
34	0:30:15	MAHER, Shane	East Cork	S/M	06:02.9
35	0:30:20	TOWEY, David		S/M	06:03.9
36	0:30:22	DWYER, Michael	West Waterford A.C	M/40	06:04.3
37	0:30:26	CAHILL, Maurice	Youghal A.C	S/M	06:05.1
38	0:30:36	KELLY, Joe	West Waterford A.C	M/40	06:07.1
39	0:30:39	ASPEL, Brendan	Waterford A.C	M/40	06:07.7
40	0:30:41	DULLEA, Eoin	Waterford A.C	S/M	06:08.1
41	0:30:45	RIORDAN, Patrick	West Waterford A.C	S/M	06:08.9
42	0:30:47	CUMMINS, Muriel		S/F	06:09.3
43	0:30:49	DUGGAN, Peter	St Josephs A.C	S/M	06:09.7
44	0:30:50	RYAN, Dermot	West Waterford A.C	S/M	06:09.9
45	0:30:52	MCCORMACK, Gary	West Waterford A.C	M/45	06:10.3
46	0:31:02	DALTON, Mark	Midleton A.C	S/M	06:12.3
47	0:31:06	COLLINS, Gary	West Waterford A.C	S/M	06:13.1
48	0:31:07	CUNNINGHAM, Luke	West Waterford A.C	S/M	06:13.3
49	0:31:09	NOLAN, Pat	Waterford A.C	S/M	06:13.7
50	0:31:16	CUDDIHY, Brian	Waterford A.C	S/M	06:15.1
51	0:31:17	MCKENZIE VASS, Hugh		S/M	06:15.3

52	0:31:20	CARR, Billy		S/M	06:15.9
53	0:31:23	HICKEY, Andrew	Waterford Triathlon	S/M	06:16.5
54	0:31:26	WALL, Norma	West Waterford A.C	S/F	06:17.1
55	0:31:27	VEALE, James	West Waterford A.C	M/45	06:17.3
56	0:31:36	LEAHY, Tom	West Waterford A.C	S/M	06:19.1
57	0:31:39	FLYNN, John (1967)	West Waterford A.C	M/40	06:19.7
58	0:31:42	MOLONEY, Michael	West Waterford A.C	S/M	06:20.3
59	0:31:45	MURRAY, Conor	West Waterford A.C	M/40	06:20.9
60	0:32:05	CAULFIELD, Cait	Waterford A.C	F/40	06:24.9
61	0:32:07	LYNCH, Kevin		S/M	06:25.3
62	0:32:11	FITZGERALD, Gerry	Waterford A.C	M/45	06:26.1
63	0:32:14	CANTWELL, Gerry	West Waterford A.C	M/50	06:26.7
64	0:32:15	BEHAN, Diane	Waterford A.C	F/40	06:26.9
65	0:32:17	MAHONY, Joan	Waterford A.C	S/F	06:27.3
66	0:32:25	WADE, Davy	Tramore	M/50	06:28.9
67	0:32:32	WALSH, Corinna	West Waterford A.C	F/35	06:30.3
68	0:33:13	RUSSELL, Kieran	N/A	S/M	06:38.5
69	0:33:28	MOTHERWAY, David		S/M	06:41.5
70	0:33:31	KENNEDY, Padraig	N/A	S/M	06:42.1
71	0:33:35	COONAN, Justin	Non Affiliated	M/40	06:42.9
72	0:33:36	FERGUSON, Mark		S/M	06:43.1
73	0:33:37	NUGENT, Elma	West Waterford A.C	S/M	06:43.3
74	0:33:40	COLEMAN, Tomas	West Waterford A.C	M/40	06:43.9
75	0:33:43	BURKE, Ray	West Waterford A.C	M/45	06:44.5
76	0:33:45	POWER, Robert	Non Affiliated	S/M	06:44.9
77	0:33:47	CLIFFE, Mark	West Waterford A.C	S/M	06:45.3
78	0:33:49	VAN DER VALK, Tj	Waterford Road	M/45	06:45.7
79	0:33:50	BRUNNOCK, Paul	West Waterford A.C	M/40	06:45.9
80	0:33:51	MOLONEY, Peter	Waterford A.C	S/M	06:46.1
81	0:33:56	DUNFORD, Pat	West Waterford A.C	M/45	06:47.1
82	0:33:58	MALONE, Sylvia	Waterford A.C	F/35	06:47.5
83	0:34:02	CHAMBERS, Darren	Youghal A.C	S/M	06:48.3
84	0:34:09	NOLAN, Brian	Midleton A.C	S/M	06:49.7
85	0:34:11	KELLY, Richard	West Waterford A.C	M/45	06:50.1
86	0:34:13	FOLEY, David	Carrick-on-Suir AC	S/M	06:50.5
87	0:34:21	BOLAND, Maurice	Clonmel AC	M/55	06:52.1
88	0:34:22	WALSH, Paul	Waterford A.C	S/M	06:52.3
89	0:34:29	WALSH, Trevor	West Waterford A.C	S/M	06:53.7
90	0:34:32	NOLAN, Liz	Waterford A.C	F/45	06:54.3
91	0:34:33	FRISBY, Pat	West Waterford A.C	M/40	06:54.5
92	0:34:38	PHELAN, Pat	Dunboyne AC	M/40	06:55.5
93	0:34:43	HURLEY, Martin	Carrignavar, Cork	M/40	06:56.5
94	0:34:44	LAWN, Charlie		S/M	06:56.7
95	0:34:45	DWYER, Anthony	West Waterford A.C	M/50	06:56.9
96	0:34:48	EARLEY, Pat	West Waterford A.C	M/40	06:57.5
97	0:34:51	BURKE, Raymond	Carrick-on-Suir AC	S/M	06:58.1
98	0:34:53	DOWNEY, John		S/M	06:58.5
99	0:34:54	O'MAHONEY, Sylvie	Youghal A.C	M/50	06:58.7
100	0:34:55	MURRAY, Paul	N/A	M/45	06:58.9
101	0:34:57	BULMAN, George	Youghal A.C	M/50	06:59.3
102	0:34:58	RYAN, Karen	West Waterford A.C	F/35	06:59.5
103	0:35:04	BUTLER, Jack		J/M	07:00.7
104	0:35:09	O'BRIEN, Ronan	Waterford A.C	M/40	07:01.7
105	0:35:12	COLEMAN, Kieran	West Waterford A.C	S/M	07:02.3

106	0:35:16	TUTTY, Michael	West Waterford A.C	M/45	07:03.0
107	0:35:18	POWER, Shane (71)	West Waterford A.C	S/M	07:03.4
108	0:35:19	O'CONNELL, Colm	N/A	S/M	07:03.6
109	0:35:21	COONEY, Albert		S/M	07:04.0
110	0:35:22	CURRAN, Emmet		S/M	07:04.2
111	0:35:23	BARDEN, Gavin	N/A	S/M	07:04.4
112	0:35:25	BYRNE, Tom (74)		S/M	07:04.8
113	0:35:25	O'KEEFFE, Mary	Youghal A.C	F/45	07:04.8
114	0:35:27	WADE, Michael	West Waterford A.C	M/50	07:05.2
115	0:35:29	PHELAN, Eamon	West Waterford A.C	M/45	07:05.6
116	0:35:31	FITZGERALD, Adrian		S/M	07:06.0
117	0:35:36	BROWNE, Tommy	Carrick Triathlon	M/50	07:07.0
118	0:35:38	O'LEARY, Ted	West Waterford A.C	M/40	07:07.4
119	0:35:41	CURRAN, Martin	West Waterford A.C	M/40	07:08.0
120	0:35:43	UI CHUIRRIN, Josie	West Waterford A.C	F/45	07:08.4
121	0:35:52	O'CONNOR, Gerry		M/45	07:10.2
122	0:35:54	MCCARTHY, Niall	Clonmel AC	S/M	07:10.6
123	0:35:56	GREENE, Matt	Carrick-on-Suir AC	M/40	07:11.0
124	0:35:57	OSBORNE, Jeff		M/40	07:11.2
125	0:35:59	MOLONEY, Thomas		S/M	07:11.6
126	0:36:00	DUNFORD, Ann	West Waterford A.C	F/40	07:11.8
127	0:36:12	BARRY, Elaine	Waterford A.C	F/40	07:14.2
128	0:36:13	POWER, Kevin	Youghal A.C	M/45	07:14.4
129	0:36:17	COFFEY, Brigid	West Waterford A.C	F/40	07:15.2
130	0:36:27	CALLAGHAN, Micheal	West Waterford A.C	M/40	07:17.2
131	0:36:31	NYHAN, Liz	N/A	F/35	07:18.0
132	0:36:32	O'MAHONY, Michael		M/50	07:18.2
133	0:36:38	BRAZIL, Jacinta	Waterford A.C	F/45	07:19.4
134	0:36:40	FARRELL, Emma		S/F	07:19.8
135	0:36:41	CAREY, John		M/40	07:20.0
136	0:36:42	GUTHRIE, Catherine		S/M	07:20.2
137	0:36:50	DILLON, John	N/A	S/M	07:21.8
138	0:36:56	BRUNNOCK, Paddy	Carrick-on-Suir AC	S/M	07:23.0
139	0:37:00	CASEY, Kevin	Carrick-on-Suir AC	S/M	07:23.8
140	0:37:02	CURRAN, P.J.	West Waterford A.C	M/50	07:24.2
141	0:37:03	PRENDERGAST, Bernie	West Waterford A.C	F/50	07:24.4
142	0:37:04	POWER, Paddy	West Waterford A.C	M/55	07:24.6
143	0:37:07	HALPIN, Paddy	Balnonty	M/55	07:25.2
144	0:37:14	DRENNAN, Angeline	West Waterford A.C	S/F	07:26.6
145	0:37:21	DONNELLY, David		S/M	07:28.0
146	0:37:25	COLEMAN, Billy	West Waterford A.C	M/40	07:28.8
147	0:37:27	COLLINS, Gordon	Carrick-on-Suir AC	S/M	07:29.2
148	0:37:40	WALL, Triona	West Waterford A.C	F/35	07:31.8
149	0:37:42	KENIRY, Tommy		M/45	07:32.2
150	0:37:52	GRANT, Karen		S/F	07:34.2
151	0:37:58	WHELAN, Anne	West Waterford A.C	F/45	07:35.4
152	0:37:59	NOLAN, Kate	Waterford A.C	J/F	07:35.6
153	0:38:00	GRIFFIN, Richard		S/M	07:35.8
154	0:38:01	MORRISSEY, Pat	West Waterford A.C	M/40	07:36.0
155	0:38:04	FLAVIN, Eamonn	West Waterford A.C	S/M	07:36.6
156	0:38:09	VEALE, Martin	West Waterford A.C	M/40	07:37.6
157	0:38:11	FLANAGAN, Robert	West Waterford A.C	S/M	07:38.0
158	0:38:13	O'DONNELL, Paul	Carrick-on-Suir AC	S/M	07:38.4
159	0:38:17	CULLINANE, Eimear	N/A	F/35	07:39.2

160	0:38:19	BAILEY, Simon	Waterford A.C	S/M	07:39.6
161	0:38:24	FLANAGAN, Shane	Non Affiliated	S/M	07:40.6
162	0:38:28	CREHAN, Mark	Tramore	M/40	07:41.4
163	0:38:29	O'CONNOR, Frances	Tramore	F/45	07:41.6
164	0:38:32	STREET, Paddy	Non Affiliated	M/45	07:42.2
165	0:38:45	O'GORMAN, Alan		S/M	07:44.8
166	0:38:51	HAYES, Ray	Waterford A.C	S/M	07:46.0
167	0:38:53	MURPHY, Tomas	West Waterford A.C	S/M	07:46.4
168	0:38:54	MURPHY, Marie	Midleton A.C	S/F	07:46.6
169	0:38:55	O'GORMAN, Paul	N/A	M/45	07:46.8
170	0:38:58	HENNESSEY, Michael	West Waterford A.C	M/60	07:47.4
171	0:39:07	WALSH, Clare	West Waterford A.C	S/F	07:49.2
172	0:39:09	CONDON, Tony		M/45	07:49.6
173	0:39:22	GOULD, Caroline		S/F	07:52.2
174	0:39:24	HURLEY, Cliona	Carrignavar, Cork	S/F	07:52.6
175	0:39:28	PROCTOR, Pascal F.	West Waterford A.C	M/55	07:53.4
176	0:39:29	O'SULLIVAN, Catherine		S/F	07:53.6
177	0:39:34	HAMILL, Robert	Youghal A.C	S/M	07:54.6
178	0:39:37	DEEGAN, Michael	West Waterford A.C	M/55	07:55.2
179	0:39:43	BYRNE, Kieran	N/A	S/M	07:56.4
180	0:39:45	O'MAHONY, William		M/40	07:56.8
181	0:39:46	BRADATAN, Angela	N/A	S/F	07:57.0
182	0:39:48	O'DONNELL, Tara	Carrick-on-Suir AC	F/40	07:57.4
183	0:39:51	LONGAN, Tom	West Waterford A.C	S/M	07:58.0
184	0:39:57	COGGIN, Jim		S/M	07:59.2
185	0:39:59	WALSH, Eoin		M/45	07:59.6
186	0:40:03	POWER, Bernadette	Tramore	J/F	08:00.4
187	0:40:05	CURRAN, Ray	West Waterford A.C	M/40	08:00.8
188	0:40:11	KEALY, Rosarie	West Waterford A.C	F/40	08:02.0
189	0:40:16	CRONIN, Ann	Carrick-on-Suir AC	F/45	08:03.0
190	0:40:20	POWER, Onra	West Waterford A.C	F/40	08:03.8
191	0:40:30	BEDELL, Toby	N/A	S/M	08:05.8
192	0:40:32	LANIGAN, Paul	Waterford A.C	S/M	08:06.2
193	0:40:42	PRENDERGAST, Martina	Gowran A.C	F/45	08:08.2
194	0:40:43	KIELY, Catriona	West Waterford A.C	F/35	08:08.4
195	0:40:45	BOLAND, Laurence	N/A	S/M	08:08.8
196	0:40:59	SANDFORD, Liam	West Waterford A.C	M/55	08:11.6
197	0:41:01	O'FLYNN, Vincent		M/45	08:12.0
198	0:41:04	POWER, Ritchie (59)	West Waterford A.C	M/50	08:12.6
199	0:41:14	O'GORMAN, Maria	West Waterford A.C	F/45	08:14.6
200	0:41:19	MOORE, Sinead	West Waterford A.C	F/35	08:15.6
201	0:41:39	RYAN, Caroline	N/A	S/F	08:19.6
202	0:41:40	DOWNEY, Grace	West Waterford A.C	S/F	08:19.8
203	0:41:50	MOORE, Liam	Non Affiliated	S/M	08:21.8
204	0:42:13	MASSEY, Anne	West Waterford A.C	F/35	08:26.4
205	0:42:15	MCCARTHY, Gary	Carrick Triathlon	M/50	08:26.8
206	0:42:18	GOUGH, Jenny	N/A	S/M	08:27.4
207	0:42:20	BROPHY, Ruth	Tramore	S/M	08:27.8
208	0:42:21	WAGENAAR, Gwen	Tramore	F/40	08:28.0
209	0:42:29	BUGNICOURT, Ben		S/M	08:29.6
210	0:42:39	FOLEY, Oonagh		S/F	08:31.6
211	0:42:53	MOLONEY, Pearse	West Waterford A.C	M/55	08:34.4
212	0:42:58	BALDWIN, Betty		F/40	08:35.4
213	0:43:06	O'BRIEN, Padraig		S/M	08:37.0

214	0:43:13	DE FAOITE, Sinead	West Waterford A.C	S/F	08:38.4
215	0:43:21	DONOVAN, Neil	Ballyporeen	M/40	08:40.0
216	0:43:22	ENGLISH, Suzanne	Ballyporeen	F/40	08:40.2
217	0:43:32	COLLINS, Susan	Carrick-on-Suir AC	F/40	08:42.2
218	0:43:42	HAYES, Helene	West Waterford A.C	F/55	08:44.2
219	0:43:54	MURPHY, Jenny		S/F	08:46.6
220	0:43:59	MCCARTHY, Eugene	Carrick Triathlon	M/55	08:47.6
221	0:44:01	CASEY, Paul	N/A	S/M	08:48.0
222	0:44:02	FOLEY, Aine	Non Affiliated	F/40	08:48.2
223	0:44:14	O'DONOGHUE, Donal	Little Island	M/40	08:50.6
224	0:44:19	FENNELLY, Shirley	Tramore	F/40	08:51.6
225	0:44:20	COWMAN, Rose	Tramore	F/35	08:51.8
226	0:44:21	BALLOT, Ann		S/F	08:52.0
227	0:44:27	LEARY, Stephanie	West Waterford A.C	F/40	08:53.2
228	0:44:30	ASPEL, Adrian		S/M	08:53.8
229	0:44:42	KEATING, Paul	Non Affiliated	M/55	08:56.2
230	0:45:05	MANSFIELD, Amanda	West Waterford A.C	F/35	09:00.8
231	0:45:14	MCNAMARA, Gillian	West Waterford A.C	S/F	09:02.6
232	0:45:29	O'DONOVAN, Marie	N/A	S/F	09:05.6
233	0:45:31	COLLINS, Paula	West Waterford A.C	F/35	09:06.0
234	0:45:34	O'RIORDAN, Niamh		S/F	09:06.6
235	0:45:36	LENIHAN, Tommy	West Waterford A.C	M/50	09:07.0
236	0:45:51	NUGENT, Denise	West Waterford A.C	S/F	09:10.0
237	0:45:53	WALSH, Martina	West Waterford A.C	S/F	09:10.4
238	0:46:16	MORONEY, Ann	West Waterford A.C	F/50	09:15.0
239	0:46:27	NI HARTA, Eibhlis		S/F	09:17.2
240	0:46:30	HARNEY, Mary	West Waterford A.C	F/35	09:17.8
241	0:46:33	TOBIN, Jackie	N/A	F/40	09:18.4
242	0:46:37	MOLONEY, Marian	West Waterford A.C	F/50	09:19.2
243	0:46:40	CONWAY, Noelle	West Waterford A.C	F/50	09:19.8
244	0:46:44	O'DWYER, Cormac	N/A	J/M	09:20.6
245	0:47:13	SHEIL, Jacinta	West Waterford A.C	F/50	09:26.4
246	0:47:16	O'DONOVAN, Vincent	West Waterford A.C	M/50	09:27.0
247	0:47:23	FITZGERALD, Michelle	West Waterford A.C	S/F	09:28.4
248	0:47:38	MOYNIHAN, Maeve Anne		S/F	09:31.4
249	0:47:40	POWER, Valerie		F/40	09:31.8
250	0:47:45	CUNNIFFE, Nicola		S/F	09:32.8
251	0:48:21	GOUGH, Terri	West Waterford A.C	F/55	09:40.0
252	0:48:22	CONWAY, Doireann		S/F	09:40.2
253	0:48:26	MCGRATH, Suzanne		S/F	09:41.0
254	0:48:27	BURNES, Grainne		S/F	09:41.2
255	0:48:40	RIORDAN, Mary	West Waterford A.C	F/35	09:43.8
256	0:49:14	LYONS, Anita	N/A	F/35	09:50.6
257	0:51:11	NUGENT, Sharon	West Waterford A.C	S/F	10:14.0
258	0:52:02	HAYES, Colleen	N/A	S/F	10:24.2
259	0:52:54	WHYTE, Mary	Non Affiliated	F/50	10:34.6
260	0:52:56	CROKE, Linda		F/40	10:35.0
261	0:53:23	POWER, Tom		M/40	10:40.4