

**WWAC & ALLROUNDER SPORTS**  
**WINTER LEAGUE 2009/10 - LONG COURSE**  
**RESULTS FOR WEEK 7 - 09/12/09**

<u>Place</u>	<u>No.</u>	<u>Name</u>	<u>Time</u>
1	226	POWER, John	00:46:52
2	129	HARNEY, Jp	00:47:05
3	235	NI FHOGHLU, Grainne	00:54:17
4	162	POWER, Paddy	00:45:55
5	219	HAYES, Helene	00:53:16
6	61	GRIFFIN, Richard	00:45:47
7	232	BREATHNACH, Darach	00:56:34
8	202	GAFFNEY, Andrea	00:47:36
9	142	DEE, Anita	00:51:46
10	30	WALSH, Martina	00:55:48
11	234	DUGGAN, Sharon	00:42:09
12	181	HAYES, Martin	00:39:11
13	176	BLACKWELL, Conor	00:47:52
14	128	COSTIN, Jamie	00:40:59
15	131	KENNEALLY, Kevin	00:33:40
16	33	POWER, Onra	00:55:41
17	108	KING, Gillian	00:47:41
18	6	TWOMEY, Karla	00:53:22
19	106	DWYER, Anthony	00:42:03
20	56	O'BRIEN, Eoin	00:50:15
21	237	WYLEY, Ger	00:42:38
22	151	O'DONNELL, James	00:39:59
23	38	DALTON KIELY, Noeleen	00:49:05
24	180	CASEY, Damien	00:46:26
25	67	WHELAN, Anne	00:43:11
26	51	CONNAUGHTON, Pat	00:43:34
27	137	DALTON, Aisling	00:46:57
28	87	HOULIHAN, Martin	00:47:59
29	222	O'CONNOR, Gerry	00:44:22
30	233	LYONS, Alan	00:38:02
31	100	MOTHERWAY, David	00:37:06
32	178	DUNFORD, Joanne	00:44:28
33	27	MCGRATH, Siobhan	00:57:51
34	133	BANNON, Raymond	00:45:11
35	127	POWER, David(78)	00:44:31
36	143	POWER, Shane	00:43:52
37	39	POWER, Maggie	00:52:33
38	220	NYHAN, Liz	00:43:33
39	216	CUNNINGHAM, Luke	00:41:14
40	36	KIRWAN, Jenny	00:52:15
41	98	KIELY, Thomas	00:38:56
42	208	MCGRATH, Paul	00:49:20
43	28	WALSH, Clare	00:47:21
44	93	BRADATAN, Angela	00:47:21
45	214	HEARNE, Joy	00:47:42
46	195	O'CUIRRIN, Michael	00:47:03
47	103	COLLINS, Niall	00:47:03
48	54	COFFEY, Denis	00:41:04
49	58	HICKEY, Kevin	00:41:04
50	123	BYRNE, LIAM	00:45:45
51	64	FITZGERALD, Adrian	00:38:45
52	96	CLEARY, Una	00:48:46
53	57	DROHAN, Noel	00:40:27
54	231	DILLON, John	00:46:07
55	115	CUNNIGHAM, Deirdre	00:58:08
56	110	MURPHY, Thomas	00:45:48
57	19	RIORDAN, Mary	00:58:09
58	68	CONNOLLY, Fergal	00:41:29
59	161	BUDDS, Liam	00:38:11
60	45	CULLEN, Alan	00:37:51

61	81	LANDERS, AIDAN	00:34:52
62	230	POWER, Margaret (60)	00:49:52
63	225	WALSH, Moyne	00:58:37
64	227	SHEIL, Jacinta	00:58:37
65	177	LONERGAN, Viv	00:57:18
66	80	SHANLEY, Tom	00:46:58
67	49	POWER, Cormac	00:38:21
68	188	DRENNAN, Angeline	00:46:02
69	203	MCGINN-MURPHY, Libby	00:45:23
70	119	RYAN, Karen	00:44:06
71	126	MCKINLEY, John	00:35:47
72	72	WALL, Triona	00:43:48
73	2	WALL, Norma	00:37:28
74	84	HEFFERNAN, Geraldine	00:44:29
75	50	CANTWELL, Gerry	00:38:30
76	124	LONGAN, Tom	00:47:50
77	218	FLAVIN, Eamonn	00:43:11
78	75	WALSH, Kevin	00:42:12
79	169	MURRAY, James	00:42:12
80	186	SHAW-HAMILTON, Robert	00:49:33
81	83	POWER, Liam (70)	00:44:13
82	159	KIELY, Seamus	00:35:14
83	86	HARTY, Josie	00:52:56
84	15	LYNCH, Rob	00:40:56
85	120	RYAN, Dermot	00:35:37
86	118	FEENEY, Des	00:35:38
87	153	O'DONOGHUE, Shileanne	00:47:18
88	74	CLIFFE, Mark	00:42:19
89	139	RIELLY, Pa	00:45:19
90	134	RIORDAN, Patrick	00:36:40
91	190	FRISBY, Pat	00:40:40
92	187	SHAW-HAMILTON, Natalie	00:43:21
93	130	O MUIRI, Lorcan	00:41:03
94	7	MASSEY, Anne	00:55:24
95	3	KENNEDY, Padraig	00:38:08
96	184	BARRY, Joe	00:41:49
97	40	O'LEARY, Ted	00:40:49
98	117	DONNELLY, Brendan	00:45:31
99	14	KIRWAN, Brian	00:41:52
100	146	BARRY, Jim	00:42:52
101	193	O'GORMAN, Paul	00:48:15
102	166	O'MAHONEY, Tony	00:38:20
103	32	NUGENT, Sharon	00:57:40
104	132	O'MAHONEY, Orla	00:46:03
105	5	O'CONNELL, Michelle	00:54:43
106	47	LEAHY, John	00:36:44
107	41	O'HARE, Cathal	00:51:45
108	11	WALSH, Trevor	00:41:05
109	52	CHIZHIKOV, Yevgeniy	00:37:27
110	152	POWER, Emma	00:51:09
111	10	DWYER, Sean	00:37:30
112	167	O'FLYNN, Vincent	00:51:50
113	199	O HARTAIGH, Padraig	00:41:51
114	104	CONDON, Thomas	00:45:11
115	145	REGAN, David	00:49:12
116	48	LEAHY, Tom	00:38:56
117	179	HENNESSEY, Michael	00:48:37
118	29	CRONNOLLY, Rita	00:58:38
119	154	CONNORS, Aoife	00:48:26
120	90	MOONEY, Declan	00:40:28
121	89	DUNFORD, Ann	00:42:50
122	92	VEALE, James	00:42:50
123	4	KIELY O'BRIEN, Catriona	00:48:52
124	22	MOLONEY, Marion	00:58:12
125	25	FITZGERALD, Michelle	00:57:13

126	99	O HAODHA, Seamus	00:39:24
127	44	MURRAY, Michael	00:43:44
128	107	CONNORS, James	00:41:25
129	13	CONWAY, Noelle	00:59:56
130	192	NUGENT, Mark	00:45:03
131	42	BURKE, Ray	00:40:45
132	91	HOGAN, Derek	01:00:56
133	18	BRADFIELD, Linda	00:54:15
134	171	DUNFORD, Michael	00:40:17
135	16	PROCTOR, Pascal F.	00:50:48
136	71	CALLAGHAN, Micheal	00:45:29
137	158	MURPHY, Christopher	00:39:08