

## TOURANEENA 5K 24/05/19 RACE RESULTS

<b>1<sup>ST</sup> MAN</b>	<b>Noel Murphy</b>	<b>Waterford A.C.</b>	<b>15.55</b>
<b>2<sup>ND</sup> MAN</b>	<b>Raivis Zakis</b>	<b>West Waterford A.C.</b>	<b>15.58</b>
<b>3<sup>RD</sup> MAN</b>	<b>Jamie Mc Carthy</b>	<b>Waterford A.C.</b>	<b>16.57</b>

<b>1<sup>ST</sup> LADY</b>	<b>Sally Forrystal</b>	<b>St Josephs A.C.</b>	<b>18.25</b>
<b>2<sup>ND</sup> LADY</b>	<b>Lucy Holmes</b>	<b>West Waterford A.C.</b>	<b>18.34</b>
<b>3<sup>RD</sup> LADY</b>	<b>Madeline Loughnane</b>	<b>Thurles Crokes A.C.</b>	<b>18.52</b>

M 40	Keith O'Brien	Clonmel A.C.	18.21
M 45	James Whelan	West Waterford A.C.	18.24
M 50	John Cashman	Midleton A.C.	20.16
M 55	Ray Haahesy	West Waterford A.C.	18.54
M 60	Neilus Ahearne	Midleton A.C.	19.48
M JN	Tony Dwyer	West Waterford A.C.	21.03
<b>1<sup>ST</sup> Local</b>	<b>Colm Ryan</b>	<b>Touraneena R.R.</b>	<b>17.31</b>
<b>Ladies</b>			
F 35	Elaine Horgan	Clonmel A.C.	21.17
F 40	Mary Jane Enright	Ind	21.03
F 45	Brigid Coffey	West Waterford A.C.	23.19
F 50	Onra Power	West Waterford A.C.	24.50
F55	Bernie Sexton	Carrick On Suir A.C.	26.17
F JN	Olivia Curran	Ind	34.26
<b>1<sup>st</sup> Local</b>	<b>Nessa O'Dwyer</b>	<b>Touraneena R.R</b>	<b>22.21</b>