

Touraneena 5k Friday 24th May 2019

Place	Name	Team	Category	Time	Pace	No.
1	MURPHY, Noel	Waterford A.C.	MS	0:15:55	05:07.3	124
2	ZAKIS, Raivis	West Waterford A.C.	MS	0:15:58	05:08.2	57
3	MC CARTHY, Jamie	Waterford A.C.	MJ	0:16:57	05:27.2	110
4	KEBEDE, Fikadu	KCK	MS	0:17:08	05:30.8	96
5	DUGGAN, Joey	St Josephs A.C	MS	0:17:12	05:32.1	15
6	RYAN, Colm	West Waterford A.C.	MS	0:17:31	05:38.2	48
7	BEECHER, John	St. Catherines	MS	0:17:48	05:43.6	63
8	POWER, Shane	West Waterford A.C.	MS	0:17:55	05:45.9	55
9	CANTWELL, Gary	West Waterford A.C.	MS	0:18:09	05:50.4	52
10	O'BRIEN, Keith	Clonmel A.C.	M40	0:18:21	05:54.3	837
11	RYAN, Billy	West Waterford A.C.	MS	0:18:21	05:54.3	175
12	GOUGH, Dermot	West Waterford A.C.	MS	0:18:22	05:54.6	820
13	WHELAN, James	West Waterford A.C.	M45	0:18:24	05:55.2	817
14	FORRISTAL, Sally	St Josephs A.C	FS	0:18:25	05:55.5	25
15	CULLEN, Alan	West Waterford A.C.	M40	0:18:30	05:57.2	865
16	KENNEDY, Pdraig	West Waterford A.C.	M40	0:18:32	05:57.8	842
17	HOLMES, Lucy	West Waterford A.C.	FJ	0:18:34	05:58.4	126
18	EARLEY, Noel	St. Catherines	MS	0:18:38	05:59.7	73
19	BENNETT, Tom	N/A	MS	0:18:48	06:02.9	113
20	LOUGHNANE, Madeline	Thurles Crokes	F35	0:18:52	06:04.2	813
21	HAHESY, Ray	West Waterford A.C.	M55	0:18:54	06:04.9	859
22	DUGGAN, Peter	St Josephs A.C	M45	0:19:01	06:07.1	47
23	VAHEY, John	Track Attack	M40	0:19:03	06:07.8	149
24	HOGAN, Tom	West Waterford A.C.	M40	0:19:32	06:17.1	35
25	MC CARTHY, Sean	Clonmel Tri Club	M45	0:19:37	06:18.7	156
26	PRENDERGAST, Emmett	Clonmel A.C.	MS	0:19:43	06:20.6	154
27	SHEEHAN, Natalie	West Waterford A.C.	FS	0:19:46	06:21.6	872
28	AHEARNE, Neilus	Midleton A.C.	M60	0:19:48	06:22.3	71
29	HORGAN, Barry	Clonmel A.C.	M40	0:20:01	06:26.4	167
30	HICKEY, Brendan	St. Catherines	M40	0:20:07	06:28.4	93
31	O'DWYER, David	East Cork	M45	0:20:09	06:29.0	53
32	CASHMAN, John	Midleton A.C.	M50	0:20:16	06:31.3	54
33	REGAN, Jonathan	N/A	MS	0:20:17	06:31.6	199
34	KIELY, Timmy	N/A	M40	0:20:27	06:34.8	877
35	KELLY, Joe	West Waterford A.C.	M50	0:20:30	06:35.8	216
36	WALSH, Eoin	Saturday Road Runners	M45	0:20:30	06:35.8	825
37	RYAN, Kevin	West Waterford A.C.	MS	0:20:35	06:37.4	11
38	MASON, Trevor	West Waterford A.C.	M45	0:20:38	06:38.3	87
39	MURRAY, Conor	West Waterford A.C.	M50	0:20:44	06:40.3	850
40	CHIZHIKOV, Yevgeniy	West Waterford A.C.	M45	0:20:51	06:42.5	7

41	CALLAGHAN, Micheal	West Waterford A.C.	M45	0:21:02	06:46.1	2
42	ENRIGHT, Mary-Jane	N/A	F40	0:21:03	06:46.4	17
43	DWYER, Tony	West Waterford A.C.	MJ	0:21:03	06:46.4	862
44	COFFEY, Pat	Clonmel A.C.	M55	0:21:04	06:46.7	153
45	KENNEDY, Noel	Thurles Crokes	M45	0:21:07	06:47.7	155
46	BURKIN, Johnny	West Waterford A.C.	MS	0:21:08	06:48.0	160
47	TOBIN, Martin	West Waterford A.C.	M55	0:21:13	06:49.6	803
48	O'MAHONEY, Tony	West Waterford A.C.	M50	0:21:13	06:49.6	955
49	DWYER, Anthony	840	M60	0:21:16	06:50.6	840
50	HORGAN, Elaine	Clonmel A.C.	F35	0:21:17	06:50.9	165
51	LONGAN, Tom	West Waterford A.C.	M45	0:21:19	06:51.5	27
52	CONNOLLY, David	N/A	MJ	0:21:43	06:59.3	206
53	CLIFFE, Mark	West Waterford A.C.	M40	0:21:44	06:59.6	804
54	O'LEARY, Ted	West Waterford A.C.	M45	0:21:47	07:00.5	72
55	ISLEY, Ron	St Nicholas	M55	0:21:50	07:01.5	50
56	O'DONOVAN, Niamh	West Waterford A.C.	FS	0:21:54	07:02.8	228
57	DOHERTY, Debra	West Waterford A.C.	F35	0:22:00	07:04.7	98
58	DROHAN, Eveleen	West Waterford A.C.	F40	0:22:06	07:06.7	808
59	JACKMAN, Brian	N/A	M50	0:22:08	07:07.3	834
60	MC GRATH, Johnny	N/A	M40	0:22:10	07:07.9	222
61	MC CARTHY, Denis	East Cork	M55	0:22:14	07:09.2	60
62	KENNEDY, Claire	West Waterford A.C.	FS	0:22:15	07:09.6	12
63	O'DWYER, Nessa	Touraneena Road Runners	F35	0:22:21	07:11.5	9
64	VAULS, Stephen	West Waterford A.C.	M45	0:22:21	07:11.5	828
65	O'DONOGHUE, Donal	Watergrasshill A.C.	M50	0:22:33	07:15.4	801
66	FOLEY, Linda	West Waterford A.C.	FS	0:22:34	07:15.7	829
67	RYAN, Karen	West Waterford A.C.	F40	0:22:44	07:18.9	39
68	LEONARD, John	West Waterford A.C.	M50	0:22:45	07:19.2	1000
69	BARRY, Jim	West Waterford A.C.	M40	0:22:50	07:20.8	176
70	PRATT, Michael	Grange/Fermoy A.C.	M55	0:22:56	07:22.8	809
71	LEDINGHAM, Dermot	Youghal A.C.	M55	0:23:01	07:24.4	174
72	O'REGAN, Eddie	Youghal A.C.	M60	0:23:11	07:27.6	846
73	LEE, Catriona	West Waterford A.C.	F35	0:23:16	07:29.2	36
74	COFFEY, Brigid	West Waterford A.C.	F45	0:23:19	07:30.2	874
75	WALL, Kate	Clonmel A.C.	F40	0:23:24	07:31.8	186
76	NI FHAOLAIN, Sinead	West Waterford A.C.	F35	0:23:25	07:32.1	879
77	CUSACK, Niall	N/A	M45	0:23:30	07:33.7	133
78	O'ROURKE, Joe	West Waterford A.C.	M55	0:23:34	07:35.0	854
79	POWER, Deirdre	Carrick On Suir A.C.	F35	0:23:38	07:36.3	18

80	BUCKLEY, Brian	Youghal A.C.	M40	0:23:44	07:38.2	819
81	WHELAN, Gillian	Touraneena Road Runners	F35	0:23:51	07:40.5	183
82	O'CONNOR, Gerry	West Waterford A.C.	M55	0:23:58	07:42.7	169
83	FITZGERALD, Molly	West Waterford A.C.	F45	0:24:05	07:45.0	849
84	MANSFIELD, Tom	West Waterford A.C.	M45	0:24:06	07:45.3	866
85	FORAN, Tom	West Waterford A.C.	M40	0:24:09	07:46.2	827
86	ENRIGHT, Eoin	N/A	MS	0:24:10	07:46.6	229
87	BARRY, Joe	West Waterford A.C.	M40	0:24:11	07:46.9	100
88	CASEY, Kevin	West Waterford A.C.	M40	0:24:11	07:46.9	95
89	GLEESON, Cathal E.	West Waterford A.C.	M40	0:24:12	07:47.2	219
90	HAMILL, Robert	Youghal A.C.	M45	0:24:13	07:47.5	94
91	CHIZHIKOVA, Diana	West Waterford A.C.	F35	0:24:18	07:49.1	225
92	NOONAN, Joe	N/A	M40	0:24:23	07:50.7	218
93	CURRAN, Ray	West Waterford A.C.	M50	0:24:33	07:54.0	79
94	CONNOLLY, James	N/A	M55	0:24:38	07:55.6	205
95	CONNELL, Fiona	N/A	FS	0:24:40	07:56.2	34
96	CONNORS, David	N/A	M45	0:24:43	07:57.2	223
97	CAHILL, Tommy	Clonmel A.C.	M60	0:24:44	07:57.5	74
98	POWER, Onra	West Waterford A.C.	F50	0:24:50	07:59.4	993
99	LENIHAN, Mark	West Waterford A.C.	M50	0:24:54	08:00.7	41
100	WHELAN, David	KCK	M45	0:24:55	08:01.0	62
101	WALSH, Carol	Tried and Tested	F35	0:25:00	08:02.7	42
102	HIGGINS, Sharon	West Waterford A.C.	F35	0:25:05	08:04.3	31
103	MULVIHILL, Darragh	Waterford A.C.	M40	0:25:12	08:06.5	195
104	BARRY, Geraldine	West Waterford A.C.	F45	0:25:15	08:07.5	189
105	LONGAN, Fiona	West Waterford A.C.	F40	0:25:17	08:08.1	28
106	KIELY, Catriona	West Waterford A.C.	F45	0:25:21	08:09.4	44
107	GUIRY, Michelle	Touraneena Road Runners	FS	0:25:23	08:10.1	885
108	EARLEY, Pat	West Waterford A.C.	M50	0:25:27	08:11.3	111
109	GOONAN, Honor	Touraneena Road Runners	F40	0:25:32	08:13.0	8
110	PETERS, Louise	Touraneena Road Runners	F35	0:25:42	08:16.2	179
111	O'GORMAN, Paul	West Waterford A.C.	M55	0:25:43	08:16.5	230
112	FINNEGAN, Michelle	West Waterford A.C.	F45	0:25:45	08:17.1	23
113	BRADFIELD, Linda	West Waterford A.C.	F45	0:25:58	08:21.3	32
114	WADE, Michael	West Waterford A.C.	M55	0:25:58	08:21.3	46
115	CUSACK, Aisling	West Waterford A.C.	F35	0:26:08	08:24.5	30
116	O'REILLY, Breda	N/A	F40	0:26:08	08:24.5	831
117	SEXTON, Bernie	Carrick On Suir A.C.	F60	0:26:17	08:27.4	82

118	NI FHOGHLU, Grainne	West Waterford A.C.	F40	0:26:18	08:27.8	231
119	MOYNIHAN, Micheal	West Waterford A.C.	M60	0:26:27	08:30.7	950
120	MAHONY, Richard	N/A	MS	0:26:30	08:31.6	188
121	O'DWYER, Derek	Carrick On Suir A.C.	MS	0:26:30	08:31.6	164
122	TUTTY, Vicent	West Waterford A.C.	M50	0:26:33	08:32.6	91
123	VEALE, Pearl	West Waterford A.C.	F40	0:26:34	08:32.9	203
124	BERESFORD, Jean	West Waterford A.C.	F50	0:26:36	08:33.5	208
125	RYAN, Patrick	West Waterford A.C.	M55	0:26:39	08:34.5	807
126	POWER, Owen	West Waterford A.C.	M40	0:26:42	08:35.5	838
127	RUSSELL, Caroline	West Waterford A.C.	F45	0:26:52	08:38.7	811
128	BERESFORD, Jimmy	N/A	M50	0:26:56	08:40.0	224
129	O'HANLON, Claire	N/A	F35	0:27:02	08:41.9	826
130	COSGRAVE, Padraig	N/A	MS	0:27:04	08:42.6	16
131	FITZPATRICK, Claire	Touraneena Road Runners	F40	0:27:28	08:50.3	213
132	FITZPATRICK, JP	Touraneena Road Runners	M40	0:27:30	08:50.9	227
133	CARROLL, Phil	West Waterford A.C.	F60	0:27:31	08:51.2	856
134	KEATING, Marie	West Waterford A.C.	FS	0:27:32	08:51.6	839
135	O'DRISCOLL, Ann	N/A	F40	0:27:35	08:52.5	5
136	DUFFY, Sarah	West Waterford A.C.	F40	0:27:39	08:53.8	232
137	CONDON, Tom	West Waterford A.C.	M60	0:27:42	08:54.8	75
138	CARROLL, John	N/A	M45	0:27:43	08:55.1	76
139	FITZPATRICK, Mary	Carrick On Suir A.C.	F55	0:27:45	08:55.8	38
140	O'DONOVAN, Vincent	West Waterford A.C.	M60	0:27:49	08:57.0	951
141	LANIGAN, Natasha	West Waterford A.C.	F40	0:27:53	08:58.3	868
142	MORRISSEY, Brian	N/A	MS	0:27:53	08:58.3	211
143	HOULIHAN, Ger	Carrick On Suir A.C.	F55	0:28:02	09:01.2	953
144	CARROLL, Regina	Touraneena Road Runners	F50	0:28:08	09:03.2	833
145	CONWAY, Margaret	West Waterford A.C.	F55	0:28:15	09:05.4	852
146	DUNNE, Sean	Carrick On Suir A.C.	MS	0:28:24	09:08.3	159
147	EICHELMANN-DALY, Patrycja	West Waterford A.C.	F40	0:28:37	09:12.5	3
148	CURRAN, Eamonn	West Waterford A.C.	M45	0:28:47	09:15.7	141

149	CRONOLLY, Rita	West Waterford A.C.	F50	0:28:51	09:17.0	143
150	DEEGAN, Michael	West Waterford A.C.	M60	0:28:52	09:17.3	88
151	CAHILL, Mary	West Waterford A.C.	F45	0:28:58	09:19.2	157
152	CASEY, Eleanor	West Waterford A.C.	F45	0:28:59	09:19.6	178
153	KEOGH, Catherine	West Waterford A.C.	F35	0:29:10	09:23.1	4
154	POWER HICKEY, Therese	West Waterford A.C.	F35	0:29:27	09:28.6	37
155	DUNNE, Jackie	Carrick On Suir A.C.	F55	0:29:33	09:30.5	158
156	MEEHAN, Melissa	N/A	F35	0:29:45	09:34.4	215
157	BURKE, Gayle	N/A	FS	0:29:52	09:36.6	49
158	GLASCOTT, Ber	Carrick On Suir A.C.	F60	0:30:02	09:39.8	180
159	RYAN, Denis	West Waterford A.C.	M40	0:30:23	09:46.6	847
160	BARRY, Laura	Touraneena Road Runners	FS	0:30:33	09:49.8	6
161	O'FLYNN, Anne Marie	Touraneena Road Runners	F45	0:30:49	09:55.0	116
162	WALSH, Tina	N/A	MS	0:31:24	10:06.2	33
163	PROCTOR, Paschal	West Waterford A.C.	M60	0:31:32	10:08.8	136
164	KEARNS, Clodagh	Touraneena Road Runners	FS	0:31:47	10:13.6	69
165	O'CONNELL, Pat	West Waterford A.C.	M40	0:32:00	10:17.8	129
166	HALLINAN, Grainne	Touraneena Road Runners	F45	0:32:07	10:20.1	832
167	CANTWELL, Ann	N/A	F50	0:32:30	10:27.5	51
168	COONEY, Siobhan	Youghal A.C.	F55	0:32:33	10:28.4	145
169	O'REGAN, Celia	Youghal A.C.	F50	0:32:34	10:28.8	148
170	HALLINAN, Aisling	Touraneena Road Runners	FS	0:32:34	10:28.8	150
171	MURPHY, Lorna	N/A	FS	0:32:41	10:31.0	26
172	MOORE, Marie	West Waterford A.C.	F60	0:32:52	10:34.5	882
173	LONERGAN, Rose	Touraneena Road Runners	F55	0:32:53	10:34.9	152
174	CONWAY, Noelle	West Waterford A.C.	F60	0:32:54	10:35.2	881
175	CASEY, Orla	West Waterford A.C.	F50	0:33:02	10:37.8	835
176	BURKE, Louise	N/A	F35	0:33:15	10:41.9	68
177	O'RIORDAN, Fiona	West Waterford A.C.	F55	0:33:21	10:43.9	810
178	CLANCY, Deirdre	West Waterford A.C.	F60	0:33:24	10:44.8	823
179	CAMPBELL, Eileen	West Waterford A.C.	F45	0:34:23	11:03.8	217
180	CURRAN, Olivia	N/A	FJ	0:34:26	11:04.8	194
181	WALSH, Jean	N/A	F35	0:35:01	11:16.1	168
182	WHITMORE, Una	Touraneena Road Runners	F45	0:35:10	11:19.0	151
183	CONWAY, Mary	N/A	FS	0:35:10	11:19.0	43
184	COFFEY, Marie	Touraneena Road Runners	F35	0:35:16	11:20.9	138
185	POWER, Rose	West Waterford A.C.	F45	0:38:00	12:13.7	21

186	HALLINAN, Pa	Touraneena Road Runners	M50	0:38:00	12:13.7	135
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