

## Bausch and Lomb Kilmac 5 Mile, Feb 21 2010

Place	Time	Name	Team	Cat	Pace
1	0:24:24	BRALITIS, Sandis	West Waterford A.C	S/M	04:52.7
2	0:24:47	WADE, Robert	Waterford A.C	S/M	04:57.3
3	0:26:17	MURPHY, Brian	Carrick-on-Suir AC	S/M	05:15.3
4	0:26:20	HARTY, Philip	West Waterford A.C	S/M	05:15.9
5	0:26:45	SMITH, Danny	Balnonty	S/M	05:20.9
6	0:27:28	MOLONEY, Rory	West Waterford A.C	S/M	05:29.5
7	0:27:51	KENNEALLY, Kevin	West Waterford A.C	S/M	05:34.1
8	0:27:56	SHEIL, Niall	St Killians	S/M	05:35.1
9	0:27:58	GIBBONS, Paul		S/M	05:35.5
10	0:27:59	DELANEY, Brendan		M/40	05:35.7
11	0:28:11	POWER, Shane	West Waterford A.C	S/M	05:38.1
12	0:28:19	STILLWELL, Sean	West Waterford A.C	S/M	05:39.7
13	0:28:24	CUNNINGHAM, David	Waterford A.C	S/M	05:40.7
14	0:28:30	MURPHY, Michael	N/A	S/M	05:41.9
15	0:28:41	LACEY, Larry	St Josephs A.C	M/50	05:44.1
16	0:28:52	WALSH, Joe		S/M	05:46.3
17	0:28:57	LANE, Ciaran	West Waterford A.C	S/M	05:47.3
18	0:28:58	CANTWELL, Gary	K.C.K	J/M	05:47.5
19	0:29:00	FALCONER, Tom	Carrick-on-Suir AC	S/M	05:47.9
20	0:29:09	GOUGH, Joe	West Waterford A.C	M/55	05:49.7
21	0:29:15	HAYES, Martin	West Waterford A.C	M/45	05:50.9
22	0:29:32	DULLEA, Eoin	Waterford A.C	S/M	05:54.3
23	0:29:34	HICKEY, Alan	West Waterford A.C	S/M	05:54.7
24	0:29:37	RIORDAN, Patrick	West Waterford A.C	S/M	05:55.3
25	0:29:39	GEARY, Kevin	Eagle A.C	S/M	05:55.7
26	0:29:41	LEAHY, John	West Waterford A.C	S/M	05:56.1
27	0:29:48	MURPHY, Sean	United Striders	S/M	05:57.5
28	0:29:50	BUDDS, Liam	West Waterford A.C	S/M	05:57.9
29	0:29:51	DWYER, Michael	West Waterford A.C	M/40	05:58.1
30	0:29:55	DOHERTY, Eugene	S.B Rovers	M/50	05:58.9
31	0:29:55	ASPEL, Brendan	Waterford A.C	M/40	05:58.9
32	0:29:57	MASON, Trevor	West Waterford A.C	S/M	05:59.3
33	0:29:58	PALMER, Eoin	Waterford A.C	M/45	05:59.5
34	0:30:15	O'GRADY, George		S/M	06:02.9
35	0:30:23	ROCHE, Patrick	Carrick-on-Suir AC	S/M	06:04.5
36	0:30:29	COLLINS, Gary	West Waterford A.C	S/M	06:05.7
37	0:30:30	MCCARTHY, Dermot		M/40	06:05.9
38	0:30:39	MURPHY, Martin (82)	Carrick-on-Suir AC	S/M	06:07.7
39	0:30:41	BRESLIN, Donal		S/M	06:08.1
40	0:30:41	BYRNE, Tom	Waterford A.C	M/50	06:08.1
41	0:30:46	O'LEARY, Andrew	West Waterford A.C	M/45	06:09.1
42	0:30:47	CRONIN, Brendan		M/45	06:09.3
43	0:30:50	MOTHERWAY, David		S/M	06:09.9
44	0:30:56	CONNOLLY, Mark	Carrick-on-Suir AC	M/40	06:11.1
45	0:30:58	CHIZHIKOV, Yevgeniy	West Waterford A.C	S/M	06:11.5
46	0:31:04	LEAHY, Tom	West Waterford A.C	S/M	06:12.7
47	0:31:05	TIERNEY, John		M/40	06:12.9
48	0:31:07	O'DONNELL, Kenneth	West Waterford A.C	S/M	06:13.3
49	0:31:21	FLYNN, John (1967)	West Waterford A.C	M/40	06:16.1
50	0:31:22	BYRNE, Garrett	West Waterford A.C	S/M	06:16.3
51	0:31:23	BEHAN, Diane	Waterford A.C	F/40	06:16.5

52	0:31:44	CANTWELL, Gerry	West Waterford A.C	M/50	06:20.7
53	0:31:50	BRUNNOCK, Johnny	Carrick-on-Suir AC	S/M	06:21.9
54	0:32:00	O'BRIEN, Ronan	Waterford A.C	M/40	06:23.9
55	0:32:01	WALL, Norma	West Waterford A.C	S/F	06:24.1
56	0:32:09	VEALE, James	West Waterford A.C	M/45	06:25.7
57	0:32:11	CUDDIHY, Brian	Waterford A.C	S/M	06:26.1
58	0:32:20	EGAN, Tom	Carrick-on-Suir AC	S/M	06:27.9
59	0:32:21	QUINLAN, William		S/M	06:28.1
60	0:32:30	NICHOLSON, Andrew	Youghal A.C	S/M	06:29.9
61	0:32:38	DWYER, Dermot	West Waterford A.C	S/M	06:31.5
62	0:32:41	PRENDERGAST, Paul	N/A	M/45	06:32.1
63	0:32:46	CHAMBERS, Darren	Youghal A.C	S/M	06:33.1
64	0:32:46	COLEMAN, Tomas	West Waterford A.C	M/40	06:33.1
65	0:32:48	SWEENEY, Brian	Carrick Triathlon	S/M	06:33.5
66	0:32:49	MALONE, Emmett	United Striders	S/M	06:33.7
67	0:32:50	FITZGERALD, Adrian		S/M	06:33.9
68	0:32:55	KELLEHER, Con	Waterford A.C	M/55	06:34.9
69	0:32:56	WALSH, Adele	St. Senans A.C	S/F	06:35.1
70	0:33:07	POWER, Dermot	Waterford Triathlon	M/50	06:37.3
71	0:33:09	FLAVIN, Eamonn	West Waterford A.C	S/M	06:37.7
72	0:33:33	DEE, Kevin		J/M	06:42.5
73	0:33:38	VAN DER VALK, Tj	Waterford Road Runners	M/45	06:43.5
74	0:33:41	CURRAN, Martin	West Waterford A.C	M/40	06:44.1
75	0:33:47	BRUNNOCK, Paddy	Carrick-on-Suir AC	S/M	06:45.3
76	0:33:49	MURRAY, Gerard		M/40	06:45.7
77	0:33:50	WHELAN, Gary		S/M	06:45.9
78	0:33:51	O'DWYER, Barry		S/M	06:46.1
79	0:33:54	FOWLER, Claire	Waterford A.C	F/45	06:46.7
80	0:33:56	MULLARKEY, Martin	West Waterford A.C	M/40	06:47.1
81	0:34:07	CLIFF, Mark	West Waterford A.C	S/M	06:49.3
82	0:34:12	KELLY, Richard	West Waterford A.C	M/45	06:50.3
83	0:34:20	CAMPBELL, David	West Waterford A.C	M/40	06:51.9
84	0:34:37	DWYER, Anthony	West Waterford A.C	M/50	06:55.3
85	0:34:38	WALSH, Trevor	West Waterford A.C	S/M	06:55.5
86	0:34:39	DUNFORD, Pat	West Waterford A.C	M/40	06:55.7
87	0:34:41	WADE, Michael	West Waterford A.C	M/50	06:56.1
88	0:34:44	EARLEY, Pat	Non Affiliated	M/40	06:56.7
89	0:34:45	WHELAN, Anne	West Waterford A.C	F/40	06:56.9
90	0:34:48	GOUGH, Catriona	Waterford A.C	F/35	06:57.5
91	0:34:49	CAREY, Richie		S/M	06:57.7
92	0:34:49	BOLAND, Maurice	Clonmel AC	M/50	06:57.7
93	0:34:55	BRENNAN, Shelly	Waterford A.C	F/35	06:58.9
94	0:35:09	BARRY, Joe	N/A	S/M	07:01.7
95	0:35:20	MOONEY, Catherine		S/F	07:03.8
96	0:35:24	BYRNE, LIAM	N/A	S/M	07:04.6
97	0:35:25	UI CHUIRRIN, Josie	West Waterford A.C	F/45	07:04.8
98	0:35:26	GREENE, Matt	Carrick-on-Suir AC	M/40	07:05.0
99	0:35:29	COLEMAN, Billy	West Waterford A.C	M/40	07:05.6
100	0:35:30	BRUNNOCK, Paul	West Waterford A.C	M/40	07:05.8
101	0:35:32	TUTTY, Vincent	West Waterford A.C	M/40	07:06.2
102	0:35:32	O'CONNOR, Gerry		M/45	07:06.2
103	0:35:36	KEANE, Deirdre		F/35	07:07.0
104	0:35:38	DOWNEY, John		S/M	07:07.4
105	0:35:56	WHYTE, Alan	N/A	M/45	07:11.0

106	0:35:58	PRENDERGAST, Bernie	West Waterford A.C	F/50	07:11.4
107	0:36:00	RYAN, Karen	West Waterford A.C	F/35	07:11.8
108	0:36:06	O'REGAN, Pdraig		S/M	07:13.0
109	0:36:09	DEE, Michael (65)	West Waterford A.C	M/40	07:13.6
110	0:36:11	HUGHES, Jonathan		S/M	07:14.0
111	0:36:32	COFFEY, Brigid	West Waterford A.C	F/40	07:18.2
112	0:36:39	O'SULLIVAN, Neil	Waterford A.C	M/45	07:19.6
113	0:36:40	QUINLAN, Janet		S/F	07:19.8
114	0:36:41	BRENNAN, Melissa		F/35	07:20.0
115	0:36:45	HEFFERNAN, Geraldine	West Waterford A.C	F/35	07:20.8
116	0:37:19	DUNFORD, Ann	West Waterford A.C	F/40	07:27.6
117	0:37:23	BROWNE, Tommy	Carrick Triathlon	M/50	07:28.4
118	0:37:25	REILLY, Pa		S/M	07:28.8
119	0:37:29	DRENNAN, Angeline	West Waterford A.C	S/F	07:29.6
120	0:37:32	CASEY, Damien	West Waterford A.C	S/M	07:30.2
121	0:37:47	MOONEY, Lorena	N/A	S/F	07:33.2
122	0:37:48	MULCAHY, Leonie		S/F	07:33.4
123	0:37:50	DEVEREUX, Mark		S/M	07:33.8
124	0:37:51	CORBETT, Michael	N/A	M/40	07:34.0
125	0:37:52	COOKE, Gavin	Waterford A.C	S/M	07:34.2
126	0:37:57	QUINN, Tom	Clonmel AC	M/55	07:35.2
127	0:38:09	CONNORS, David (70)	West Waterford A.C	S/M	07:37.6
128	0:38:12	SHAW-HAMILTON, Natalie	N/A	F/35	07:38.2
129	0:38:18	SHEEHAN, Eamon		M/40	07:39.4
130	0:38:32	FOLEY, David	Waterford A.C	M/55	07:42.2
131	0:38:45	BEAVER, Harry	Waterford A.C	M/55	07:44.8
132	0:38:53	WALSH, Clare	West Waterford A.C	S/F	07:46.4
133	0:38:56	MURPHY, Marie	Midleton A.C	S/F	07:47.0
134	0:39:02	CHAPMAN, Deirdre	Waterford A.C	F/35	07:48.2
135	0:39:05	O'NEILL, Tyrone	Waterford A.C	M/45	07:48.8
136	0:39:14	HOULIHAN, Ger	Carrick-on-Suir AC	F/45	07:50.6
137	0:39:22	GAFFNEY, Andrea	West Waterford A.C	F/40	07:52.2
138	0:39:24	GRIFFIN, Richard		S/M	07:52.6
139	0:39:28	CASEY, Paul	N/A	S/M	07:53.4
140	0:39:32	CRONIN, Cathy		F/35	07:54.2
141	0:39:35	CLARKE, Irene		M/40	07:54.8
142	0:39:35	TUTTY, Michael	West Waterford A.C	M/45	07:54.8
143	0:39:42	HENNESSEY, Michael	West Waterford A.C	M/60	07:56.2
144	0:39:51	LYONS, Benvon		S/F	07:58.0
145	0:39:56	CHAN, Danny		M/45	07:59.0
146	0:40:05	CRONIN, Ann	Carrick-on-Suir AC	F/45	08:00.8
147	0:40:10	PROCTOR, Pascal	West Waterford A.C	M/55	08:01.8
148	0:40:21	SANDFORD, Liam	West Waterford A.C	M/55	08:04.0
149	0:40:29	POWER, Margaret (60)	West Waterford A.C	F/45	08:05.6
150	0:40:30	KIELY, Catriona	West Waterford A.C	F/35	08:05.8
151	0:40:30	DIXON, Marcus		M/40	08:05.8
152	0:40:33	CROWLEY, Christine	Carrick Triathlon	S/F	08:06.4
153	0:40:35	POWER, Rosemarie	N/A	F/35	08:06.8
154	0:40:41	MCCARTHY, Yvonne	Kilkenny City Harriers	S/F	08:08.0
155	0:40:47	KIERSEY, Grace		F/50	08:09.2
156	0:40:55	DOWNEY, Grace	West Waterford A.C	S/F	08:10.8
157	0:41:16	MCCARTHY, Michael (57)	West Waterford A.C	M/50	08:15.0
158	0:41:23	MCCARTHY, Eugene	Carrick Triathlon	M/50	08:16.4
159	0:41:25	FLYNN, Clodagh		F/35	08:16.8

160	0:41:25	FLYNN, Eamonn	N/A	S/M	08:16.8
161	0:41:26	GRANT, Paul		S/M	08:17.0
162	0:41:39	THORNTON, Lydia	Waterford A.C	F/40	08:19.6
163	0:41:42	FOLEY, John	West Waterford A.C	M/55	08:20.2
164	0:41:44	RYAN, Rose	Waterford A.C	F/35	08:20.6
165	0:41:48	SWABY, Tara	St. Senans A.C	S/F	08:21.4
166	0:41:55	KIRWAN, John		M/45	08:22.8
167	0:41:57	CONNOLLY, Tina	Waterford A.C	F/45	08:23.2
168	0:42:19	O'SHEA, Michael	Carrick-on-Suir AC	M/50	08:27.6
169	0:42:36	KIRWAN, Jean		S/F	08:31.0
170	0:42:41	BAILEY, Simon	Waterford A.C	S/M	08:32.0
171	0:42:52	MCCARTHY, Gary	Carrick Triathlon	M/50	08:34.2
172	0:42:56	KIRWAN, Majella		S/M	08:35.0
173	0:42:59	MURRAY, Ray	West Waterford A.C	M/55	08:35.6
174	0:43:33	MULVIHILL, Lynn		S/F	08:42.4
175	0:43:35	MOLONEY, Pearse	West Waterford A.C	M/55	08:42.8
176	0:43:44	POWER, Onra	West Waterford A.C	F/40	08:44.6
177	0:43:56	LAWLOR, Lorraine	Waterford A.C	S/F	08:47.0
178	0:43:57	GALVIN, Sheila		F/45	08:47.2
179	0:44:11	PALMER, Linda		F/45	08:50.0
180	0:44:13	MANSFIELD, Amanda	West Waterford A.C	F/35	08:50.4
181	0:44:48	WALSH, Moyra	West Waterford A.C	F/40	08:57.4
182	0:45:01	VAN DER VALK, Rosie		F/45	09:00.0
183	0:45:35	POWER, Niall	N/A	S/M	09:06.8
184	0:45:36	WALSH, Maria		S/F	09:07.0
185	0:45:58	WALSH, Aidan		S/M	09:11.4
186	0:46:04	FITZGERALD, Michelle	West Waterford A.C	S/F	09:12.6
187	0:46:10	MCCARTHY, Dec		S/M	09:13.8
188	0:46:32	HEYLIN, Roisin		S/F	09:18.2
189	0:46:33	HENNEBRY, Ruth		S/M	09:18.4
190	0:46:39	FLYNN, Isobel	Waterford A.C	S/F	09:19.6
191	0:46:48	SWEENEY, Jen		S/F	09:21.4
192	0:46:57	MOLONEY, Marian	West Waterford A.C	F/50	09:23.2
193	0:47:07	COMERFORD, Laura		S/F	09:25.2
194	0:47:26	CRONNOLLY, Rita		F/40	09:29.0
195	0:47:35	MCGRATH, Siobhan	West Waterford A.C	F/35	09:30.8
196	0:47:36	CONWAY, Noelle	West Waterford A.C	F/50	09:31.0
197	0:47:42	MOORE, Marie	West Waterford A.C	F/55	09:32.2
198	0:47:45	NUGENT, Denise	West Waterford A.C	S/F	09:32.8
199	0:47:45	FOSKIN, Patsy	Waterford A.C	F/50	09:32.8
200	0:47:50	MCGRATH, Suzanne		S/F	09:33.8
201	0:47:59	NUGENT, Sharon	West Waterford A.C	S/F	09:35.6
202	0:48:03	O'BRIEN, Sarah		S/F	09:36.4
203	0:48:20	CONWAY, Doireann		S/F	09:39.8
204	0:48:24	SUTTON, Catherine		S/F	09:40.6
205	0:48:25	SHEIL, Jacinta	West Waterford A.C	F/50	09:40.8
206	0:48:48	MASSEY, Anne	West Waterford A.C	F/35	09:45.4
207	0:49:20	O'CONNOR, Mairead		S/F	09:51.8
208	0:49:31	O'DONNELL, Deirdre		F/40	09:54.0
209	0:49:32	ORGAN, Kate		F/35	09:54.2
210	0:50:15	MOLONEY, Louise	West Waterford A.C	S/F	10:02.8