

## John Treacy Dungarvan 10 Mile Road Race 03/02/2019

Pl.	Name	Club	Cat.	Subcat.	#	Gross	Net
1	Kevin MAUNSELL	Clonmel A.C.	M	MS	3135	49:36	49:36
2	David FLYNN	Clonliffe Harriers	M	MS	3125	49:53	49:53
3	Tomas FITZPATRICK	Tallaght A.C.	M	MS	3122	50:02	50:02
4	Cillian O'LEARY	Raheny Shamrocks A.C.	M	MS	3121	50:06	50:06
5	Conor DUFFY	Glaslough Harriers	M	MS	600	50:28	50:28
6	Sean HEHIR	Rathfarnham WSAF A.C.	M	MS	776	51:04	51:04
7	David MANSFIELD	Clonmel A.C.	M	MS	604	51:22	51:22
8	Chris MINTERN	Leevale A.C.	M	MS	3134	52:46	52:46
9	Kevin O'BRIEN	East Cork A.C.	M	MS	2619	52:55	52:55
10	Colin MERRITT	M45	M	MS	3132	53:01	53:01
11	James TRAYNOR	Shercock A.C.	M	MS	597	53:10	53:10
12	Noel MURPHY	Waterford A.C.	M	MS	3131	53:15	53:15
13	Kevin O'LEARY	East Cork A.C.	M	MS	603	53:18	53:18
14	Raivis ZAKIS	West Waterford A.C.	M	MS	605	54:31	54:31
15	Kevin MOONEY	Craughwell A.C.	M	MS	1305	54:36	54:36
16	John MEADE	St Finbarrs A.C.	M	MS	3119	54:46	54:46
17	Darren MOLLOY		M	M40	2420	54:52	54:52
18	Kieran MCKEOWN	Watergrasshill A.C.	M	M40	396	54:55	54:55
19	Jimmy BOLAND	Clonmel A.C.	M	MS	1371	54:59	54:59
20	Sean CROTTY	Slaney Olympic A.C.	M	MS	865	55:15	55:15
21	Fergal WHITTY	Donore Harriers	M	M40	3133	55:28	55:28
22	Trust MTINSI	Kilkenny City Harriers	M	MS	191	55:34	55:33
23	Jonathan MURPHY	Leevale A.C.	M	MS	1553	55:41	55:41
24	Joe CUNNINGHAM	St Finbarrs A.C.	M	M45	1208	55:52	55:52
25	Alban COGLAN		M	MS	2659	55:58	55:57
26	David POWER	Rathfarnham WSAF A.C.	M	MS	1507	56:13	56:13
27	Jeremy O'DONOVAN	St Finbarrs A.C.	M	M40	2981	56:33	56:33
28	Mark COLLINS	Grange Fermoy. A.C.	M	MS	1126	56:40	56:39
29	Daryl KEARNS	West Waterford A.C.	M	MS	587	56:43	56:41
30	Anthony FLYNN	West Waterford A.C.	M	MS	70	56:45	56:44
31	Joseph LILLIS	United Striders A.C.	M	MS	1961	56:50	56:50
32	Conor MCCAULEY	Leevale A.C.	M	MS	606	57:00	57:00
33	Joey FEERY	Clonmel A.C.	M	MS	795	57:07	57:07
34	Myles GIBBONS	Sliabh Buidhe Rovers	M	M40	1927	57:17	57:17
35	Vivian FOLEY	Eagle A.C.	M	M45	1173	57:21	57:21
36	Paul DORAN	United Striders A.C.	M	MS	904	57:31	57:31
37	Garrett LORDAN	Clonakilty Roadrunners A.C.	M	MS	2276	57:34	57:34
38	Dennis LYONS	St Finbarrs A.C.	M	M40	2370	57:39	57:39
39	Mark WALSH	Leevale A.C.	M	MS	2052	57:42	57:42
40	Ken MAHER	Kilkenny City Harriers	M	M40	1561	57:48	57:44
41	Paul LYNCH	Sliabh Buidhe Rovers	M	M40	1905	57:52	57:52
42	Martin CURTIN	St Finbarrs A.C.	M	M40	1786	57:54	57:54
43	Trevor CUMMINS	Ballymore Cobh A.C.	M	MS	2016	57:59	57:59
44	Grace LYNCH	Iveragh A.C.	F	FS	9768	58:00	58:00
45	Eric BOLAND	Newbridge A.C.	M	M40	2397	58:08	58:07
46	Brian BYRNE	West Waterford A.C.	M	MS	120	58:09	58:05
47	Alan KINSELLA	West Waterford A.C.	M	MS	480	58:15	58:11
48	Edwin SUTTON	Riverstick Kinsale A.C.	M	MS	1435	58:22	58:20
49	Johnny O'SULLIVAN	Galtee Runners	M	M45	277	58:24	58:24
50	Colin COYNE	St Abbans A.C.	M	M40	232	58:27	58:25
51	Dave MORGAN	St Finbarrs A.C.	M	M40	2128	58:31	58:30
52	Liam TRACEY	Watergrasshill A.C.	M	M40	1869	58:33	58:30
53	Graham SWORDS	East Cork A.C.	M	MS	1695	58:36	58:36
54	Nigal SHEEHAN	Youghal A.C.	M	MS	3148	58:42	58:40
55	John GOGGIN	Tracton A.C.	M	MS	1268	58:48	58:44
56	Mark POOLE	Croghan A.C.	M	MS	2694	58:49	58:48

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57	Philip O'LEARY		M	M40	1824	58:52	58:50
58	Kieran STAUNTON	Athenry A.C.	M	MS	1202	58:53	58:52
59	Laura O'SHAUGHNESSY	D.S.D.	F	FS	3123	58:56	58:56
60	John MURPHY	Grange Fermoy. A.C.	M	M45	635	58:57	58:56
61	Tobi GRAB	Leevale A.C.	M	M40	1844	58:57	58:54
62	Sean AHERN	Youghal A.C.	M	M40	1873	59:00	58:58
63	David CRAIG	Bandon A.C.	M	M40	1784	59:01	59:01
64	Declan RYAN	Thurles Crokes A.C.	M	MS	140	59:03	59:03
65	Gary WALSH	Bweeng Trail Blazers	M	MS	658	59:05	59:04
66	David SMYTH	Waterford A.C.	M	M45	634	59:06	59:05
67	Mark LANGFORD	Waterford A.C.	M	M40	1637	59:08	59:07
68	Sean O'KEEFFE	Eagle A.C.	M	M40	1072	59:09	59:08
69	Michael CREED	Leevale A.C.	M	M40	1186	59:11	59:10
70	Brendan RYAN	Ballymore Cobh A.C.	M	MS	884	59:14	59:14
71	Pádraig SHEEHAN	St Finbarrs A.C.	M	MS	2324	59:15	59:14
72	Adam PORTER	Waterford A.C.	M	MS	235	59:15	59:14
73	Alan LEHANE	St Finbarrs A.C.	M	MS	2043	59:20	59:18
74	George MCCARTHY	Farranfore Maine Valley A.C.	M	M45	991	59:21	59:20
75	Tony QUINLAN	Waterford A.C.	M	MS	419	59:22	59:21
76	Brendan COLEMAN	Youghal A.C.	M	M40	2483	59:25	59:23
77	Paul MORAN	Kilkenny City Harriers	M	M40	790	59:29	59:25
78	Gary CANTWELL	St Abbans A.C.	M	MS	2983	59:38	59:35
79	Martin KIRWAN	Focus On Fitness	M	M45	1533	59:38	59:35
80	Mohamed WAHBI	St Finbarrs A.C.	M	MS	1050	59:39	59:39
81	Nigel O'FLAHERTY	Clonmel A.C.	M	M40	977	59:40	59:38
82	Michael FORDE	Eagle A.C.	M	MS	1332	59:41	59:37
83	Darren EGAN	Dundrum South Dublin A.C.	M	MS	1993	59:43	59:42
84	Trevor GEARY	St Catherines A.C.	M	M40	353	59:46	59:46
85	Shane POWER	West Waterford A.C.	M	MS	463	59:46	59:42
86	Eoin LYONS	Ferrybank A.C.	M	MS	1567	59:55	59:49
87	Anthony CAHILL		M	M40	2967	59:58	59:55
88	Kealan O'CONNOR		M	M45	1766	1:00:07	1:00:06
89	Joseph O'BRIEN	Dooneen A.C.	M	MS	2513	1:00:09	1:00:08
90	Gavin O'FLYNN	Bridevale A.C.	M	MS	1757	1:00:10	1:00:07
91	Siobhan O'DOHERTY	Borrisokane	F	FS	1444	1:00:18	1:00:18
92	Stephen ROONEY	Watergrasshill A.C.	M	M40	1347	1:00:20	1:00:17
93	Chris KELLY	Aghada RC	M	MS	657	1:00:23	1:00:22
94	Sean MURPHY	United Striders A.C.	M	M40	1879	1:00:24	1:00:23
95	Will DOYLE	Slaney Olympic A.C.	M	MS	1415	1:00:34	1:00:30
96	Peter MADDEN	Templemore A.C.	M	M45	1710	1:00:41	1:00:39
97	Fergal SARGENT	St Finbarrs A.C.	M	MS	1693	1:00:42	1:00:42
98	Philip CAREY	Mallow A.C.	M	MS	804	1:00:43	1:00:41
99	Brian SLATTERY		M	M40	766	1:00:49	1:00:45
100	Trevor WOODGATE	Mallow A.C.	M	MS	711	1:00:54	1:00:51
101	Jason NICHOL	St Finbarrs A.C.	M	MS	3022	1:00:55	1:00:51
102	Paul WYSE	Waterford A.C.	M	M45	1663	1:00:55	1:00:53
103	David BUTLER	St Finbarrs A.C.	M	MS	668	1:00:59	1:00:57
104	Alan HOGAN	West Waterford A.C.	M	MS	7	1:00:59	1:00:54
104	Paul FLANAGAN	DMP	M	MS	1744	1:00:59	1:00:57
106	Jack KITSON	Waterford A.C.	M	MS	2285	1:01:00	1:00:57
107	Ken INCE	Watergrasshill A.C.	M	MS	748	1:01:02	1:00:59
108	Aubrey STOREY	Waterford A.C.	M	M40	2842	1:01:03	1:00:59
109	Fergus NUGENT	Eagle A.C.	M	M40	942	1:01:06	1:01:05
110	Micheal BYRNE	St Catherines A.C.	M	MS	365	1:01:07	1:01:07
111	Tom TENNANT		M	M40	1329	1:01:10	1:01:09
112	Jessie O'CONNOR	Slaney Olympic A.C.	M	M40	609	1:01:11	1:01:08
113	Mark LENIHAN	West Limerick A.C.	M	MS	599	1:01:14	1:01:14
114	Damien GERAGHTY	Sportsworld RC	M	MS	2773	1:01:19	1:01:13
115	Brian SHEEDY		M	MS	2730	1:01:25	1:01:21

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116	Eoin RYAN	Bohermeen A.C.	M	MS	704	1:01:29	1:01:27
117	Sinèad LAMBE	Donore Harriers	F	FS	2270	1:01:30	1:01:29
118	Gerry O'CONNELL	Marino Institute of Education A.C.	M	M55	3130	1:01:32	1:01:32
119	Donal DOWLING	Eagle A.C.	M	M40	9784	1:01:34	1:01:29
120	Mark GATER	Focus On Fitness	M	M45	2378	1:01:35	1:01:32
121	Sean STILWELL	West Waterford A.C.	M	MS	961	1:01:36	1:01:33
122	Fiona SANTRY	East Cork A.C.	F	FS	1960	1:01:37	1:01:36
123	Colm MCEVOY	St Abbans A.C.	M	M50	175	1:01:38	1:01:38
124	Paul CUDDY	Portlaoise A.C.	M	M40	3099	1:01:42	1:01:37
125	Jason TRAVERS	West Waterford A.C.	M	M45	3118	1:01:45	1:01:41
126	Pat O'CONNOR	Eagle A.C.	M	M50	946	1:01:49	1:01:49
127	Pat PURCELL	Kilkenny City Harriers	M	M40	2056	1:01:49	1:01:45
128	Diarmuid O'SUILLEABHAIN	Sportsworld RC	M	MS	1074	1:01:49	1:01:43
129	Brendan O'DRISCOLL	Waterford A.C.	M	MS	431	1:01:50	1:01:47
130	John BEECHER	St Catherines A.C.	M	MS	367	1:01:50	1:01:50
131	Sean ALLIS	Clonakilty Roadrunners A.C.	M	M45	1735	1:01:51	1:01:50
132	John HAYDEN	Waterford Triathlon Club	M	MS	752	1:01:58	1:01:51
133	Darren FLYNN	Grange Fermoy. A.C.	M	M45	91	1:02:01	1:01:59
134	Danny SHANANHAN	Thomastown A.C.	M	MS	954	1:02:02	1:01:53
135	Fkadu KEBEDE		M	MS	207	1:02:04	1:02:03
136	John Paul MCCARTHY	Kilmallock A.C.	M	MS	2571	1:02:06	1:02:00
137	Feargal O'SHEA		M	MS	2403	1:02:09	1:02:03
138	David MCCARTHY	St Nicholas A.C.	M	MS	450	1:02:10	1:02:07
139	David GREENE	Grange Fermoy. A.C.	M	MS	3007	1:02:12	1:02:03
140	Billy O'BRIEN	Skibbereen A.C.	M	M40	721	1:02:13	1:02:13
141	Sean MCCARTHY	Clonmel A.C.	M	M45	122	1:02:14	1:02:13
142	Niall SKEHAN		M	M45	1393	1:02:14	1:02:09
143	Sean PRIOR	Running shams	M	M40	1128	1:02:16	1:02:16
144	John BYRNE	Waterford A.C.	M	M45	418	1:02:23	1:02:20
145	Shane O'RIORDAN	West Waterford A.C.	M	MS	1747	1:02:26	1:02:24
146	David SULLIVAN	Carrigtwohill A.C.	M	M40	2256	1:02:27	1:02:25
147	Martin DOYLE	Sportsworld RC	M	M40	2608	1:02:30	1:02:25
148	Alan GRAINGER	Leevale A.C.	M	M40	2067	1:02:32	1:02:31
149	John MAGNER	Watergrasshill A.C.	M	MS	2118	1:02:36	1:02:31
150	John NOLAN	Waterford A.C.	M	MS	1921	1:02:36	1:02:34
151	Donogh WALL	East Cork A.C.	M	MS	2610	1:02:38	1:02:35
152	John Paul DEVINE	Leevale A.C.	M	M50	2823	1:02:42	1:02:37
153	Pat MURRAY	United Striders A.C.	M	M40	524	1:02:44	1:02:42
154	Michael O'SULLIVAN	Carrick on Suir A.C.	M	M45	1224	1:02:47	1:02:42
155	Dave MURPHY	Watergrasshill A.C.	M	M40	1645	1:02:49	1:02:45
156	Breen MCMANUS	Naas A.C.	M	M40	1773	1:02:50	1:02:47
157	Adele WALSH	St Senans A.C.	F	FS	1142	1:02:57	1:02:50
158	Paul PENNEY	St Finbarrs A.C.	M	MS	610	1:02:59	1:02:55
159	Steven LOUGHLIN	Newbridge A.C.	M	M40	2958	1:03:04	1:03:04
160	Darren CASEY	Eagle A.C.	M	M40	854	1:03:07	1:03:02
161	John O'ROURKE	Tried & Tested	M	MS	1768	1:03:08	1:03:04
162	Michael AHERNE		M	MS	485	1:03:10	1:03:02
163	Mike GLEESON	Templemore A.C.	M	MS	3012	1:03:16	1:03:13
164	Shane PRENDERGAST		M	MS	291	1:03:21	1:03:17
165	Niall O'CONNOR	Sliabh Buidhe Rovers	M	MS	288	1:03:25	1:03:22
166	Pat FITZGERALD	West Waterford A.C.	M	MS	111	1:03:27	1:03:19
167	Trevor COLLINS	VMware Running Club	M	M40	1977	1:03:28	1:03:17
168	Patrick MCCARTHY	Drimoleague	M	M45	1459	1:03:34	1:03:30
169	Billy RYAN	West Waterford A.C.	M	MS	873	1:03:37	1:03:33
170	Phil DEE		M	MS	590	1:03:39	1:03:34
171	John ROBAN	Slaney Olympic A.C.	M	M45	2728	1:03:41	1:03:33
172	Clive AHERNE	Mallow A.C.	M	M40	753	1:03:46	1:03:40
173	Tom FOX	Eagle A.C.	M	M50	1255	1:03:48	1:03:43
174	Michael RYAN	Dundrum A.C.	M	MS	2187	1:03:49	1:03:46

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175	Walter DROHAN	West Waterford A.C.	M	M45	976	1:03:50	1:03:41
176	Angela MCCANN	Clonmel A.C.	F	F45	601	1:03:54	1:03:46
177	Brian MCGUIRE	Eagle A.C.	M	M50	1457	1:03:55	1:03:50
178	Michael O'MAHONY		M	M45	2558	1:04:00	1:03:53
179	Stephen O'BRIEN		M	MS	2620	1:04:00	1:03:58
180	Morgan O'REGAN	Midleton A.C.	M	M40	1431	1:04:01	1:03:59
181	Mick CLANCY	Mallow A.C.	M	M40	2072	1:04:03	1:04:01
182	Martin TYNAN		M	MS	2959	1:04:03	1:04:03
183	David O'LEARY		M	MS	2004	1:04:03	1:04:03
184	Gary O'DWYER	Kilkenny City Harriers	M	MS	442	1:04:05	1:03:56
185	Padraic BIRMINGHAM	Mallow A.C.	M	M45	1194	1:04:07	1:04:04
186	Michael DOLAN	Watergrasshill A.C.	M	M40	1379	1:04:08	1:03:58
187	Paul KELLY	Cork Triathlon Club	M	M40	3019	1:04:11	1:04:05
188	MichaelDeclan RYAN		M	MS	281	1:04:12	1:03:59
189	James WHELAN	West Waterford A.C.	M	M45	18	1:04:12	1:04:02
190	Conor BARTLEY	Grange Fermoy. A.C.	M	M45	2562	1:04:14	1:04:10
191	Don RYAN	South Coast TC	M	M45	1547	1:04:15	1:04:05
192	John LYNCH	Tracton A.C.	M	M40	1187	1:04:17	1:04:12
193	David DEVINE	Ferrybank A.C.	M	M40	1054	1:04:18	1:04:13
194	Katie HICKSON	Cork Triathlon Club	F	F40	1456	1:04:18	1:04:12
195	Paul WALSH	Templemore A.C.	M	M45	3090	1:04:19	1:04:12
196	Andrew DOWNEY	Carrick on Suir A.C.	M	M45	434	1:04:19	1:04:15
197	Derek AHERN	Midleton A.C.	M	M40	2006	1:04:20	1:04:17
198	Mark MURPHY		M	MS	824	1:04:21	1:04:17
199	Bryan CROWLEY	Watergrasshill A.C.	M	M45	2137	1:04:22	1:04:17
200	Ann GEARY	Midleton A.C.	F	F40	319	1:04:23	1:04:21
201	Andy FLEET	West Waterford A.C.	M		3140	1:04:27	1:04:21
202	John TWOMEY	Clonakilty Roadrunners A.C.	M	M40	613	1:04:33	1:04:28
203	Peadar LUCEY	Mallow A.C.	M	M40	433	1:04:34	1:04:29
204	Tom BENNETT		M	MS	1352	1:04:36	1:04:29
205	Claire O'BRIEN	Watergrasshill A.C.	F	FS	394	1:04:38	1:04:34
206	T.J. CROTTY	West Waterford A.C.	M	MS	589	1:04:38	1:04:25
207	Chris O'CONNELL	St Catherines A.C.	M	M40	356	1:04:38	1:04:31
208	Ronan FORDE	Aghada RC	M	MS	2254	1:04:39	1:04:34
209	Colm WALSH	Waterford A.C.	M	MS	256	1:04:40	1:04:37
210	John O'MAHONY		M	M40	1112	1:04:47	1:04:44
211	Alan BARRY	Bridevale A.C.	M	M40	1945	1:04:52	1:04:49
212	Stephen BUTLER	Waterford Triathlon Club	M	M40	1378	1:04:54	1:04:47
213	Jk HARTY		M	MS	1303	1:04:54	1:04:48
214	Donough BARROW	Mallow A.C.	M	M45	925	1:04:55	1:04:44
215	Steven HEARNE	Waterford A.C.	M	M40	639	1:04:56	1:04:49
216	Tim HANNON	Midleton A.C.	M	MS	660	1:04:56	1:04:55
217	Ger O'REGAN	Midleton A.C.	M	M45	760	1:04:57	1:04:55
218	Mike CREMIN		M	MS	859	1:04:58	1:04:55
219	Edwin CASHMAN	Midleton A.C.	M	MS	499	1:04:59	1:04:56
220	Garret BYRNE	West Waterford A.C.	M	M40	59	1:05:00	1:04:56
221	Neil SHANAHAN	Thomastown A.C.	M	MS	2982	1:05:05	1:04:52
222	Stephen TONER		M	M40	1571	1:05:08	1:05:00
223	Daire O'SULLIVAN	Mallow A.C.	M	MS	801	1:05:09	1:05:07
224	Brian MULLINS	St Finbarrs A.C.	M	MS	690	1:05:10	1:05:10
225	Willie O'CONNOR	Galtee Runners	M	M50	978	1:05:11	1:05:08
226	Edmond NICHOLSON	Youghal A.C.	M	M45	215	1:05:13	1:05:09
227	Aidan CROWLEY	Bweeng Trail Blazers	M	MS	646	1:05:18	1:05:08
228	Niall BARRY	West Waterford A.C.	M	MS	582	1:05:20	1:05:13
229	Dermot GOUGH		M	MS	470	1:05:21	1:05:13
230	Colm RYAN	West Waterford A.C.	M		3139	1:05:21	1:05:15
231	Pat COSTIGAN	St Catherines A.C.	M	M45	355	1:05:22	1:05:15
232	Conor D'ARCY	Kilkenny City Harriers	M	M40	1918	1:05:26	1:05:21
233	Alan FITZGERALD		M	MS	2459	1:05:29	1:05:29

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234	Bryan HALLIHAN		M	MS	1122	1:05:31	1:05:23
235	Jim O'CONNOR	Bridevale A.C.	M	MS	2885	1:05:35	1:05:28
236	Kevin BROUGHTON	Bilboa A.C.	M	M40	2145	1:05:36	1:05:34
237	Mark PURCELL	West Limerick A.C.	M	M45	2307	1:05:40	1:05:36
238	Karl MITCHELL	Leevale A.C.	M	MS	2528	1:05:42	1:05:35
239	Patrick DALY	Mallow A.C.	M	M40	625	1:05:43	1:05:29
240	Tony MCMAHON		M	M50	437	1:05:46	1:05:38
241	Jermey WHITTY	Newbridge A.C.	M	M45	444	1:05:46	1:05:46
242	Gerard REILLY	West Waterford A.C.	M	M45	473	1:05:47	1:05:39
243	Neil NAGLE	Clonakilty Roadrunners A.C.	M	MS	3011	1:05:49	1:05:41
244	Noel DALY	Mallow A.C.	M	M45	2526	1:05:50	1:05:48
245	John MEEHAN	North Cork A.C.	M	M40	2744	1:05:51	1:05:40
246	Colm MENTON	Donoughmore A.C.	M	M45	165	1:05:52	1:05:50
247	Roy MADDEN	Bweeng Trail Blazers	M	M40	2010	1:05:56	1:05:47
248	Paul CASHMAN	Watergrasshill A.C.	M	M40	2431	1:05:57	1:05:52
249	George MURRAY	Mallow A.C.	M	M45	399	1:05:57	1:05:43
250	Pat COADY	Gowran A.C.	M	M40	717	1:06:00	1:05:55
250	Liam MURPHY	Mallow A.C.	M	M45	1717	1:06:00	1:05:49
252	Shane RYAN	Dooneen A.C.	M	MS	2382	1:06:05	1:05:56
253	Liam COLLINS	DMP	M	MS	2831	1:06:12	1:06:07
254	Seamus MCSWEENEY	St Nicholas A.C.	M	M45	449	1:06:13	1:06:08
255	Philip FENNELLY	Kings River A.C.	M	M45	2116	1:06:22	1:06:10
256	Trevor MASON	West Waterford A.C.	M	M45	955	1:06:25	1:06:17
257	Decky (bull) COLLINS		M	M40	2971	1:06:25	1:05:59
258	Simon BULL		M	M40	1990	1:06:26	1:06:20
259	Brian JACOB	Focus On Fitness	M	MS	608	1:06:32	1:06:25
260	John BRENNAN	Slaney Olympic A.C.	M	M45	2462	1:06:32	1:06:25
261	Una PLANT MURPHY		F	F45	134	1:06:34	1:06:26
262	Dermot MURPHY		M	M40	2764	1:06:36	1:06:35
263	Michael O'CONNELL	Carrick on Suir Triathlon Club	M	M40	3037	1:06:38	1:06:25
264	Brian O'CONNOR	Grange Fermoy. A.C.	M	M45	565	1:06:41	1:06:32
265	David MAHONY	Leevale A.C.	M	M40	2458	1:06:43	1:06:35
266	Vivion FENNELLY	Kings River A.C.	M	M45	3100	1:06:47	1:06:35
267	Eugene O'KEEFFE	Carrick on Suir A.C.	M	M50	1974	1:06:49	1:06:37
268	Don MCDONALD	Midleton A.C.	M	M40	501	1:06:49	1:06:46
269	Anthony POWER		M	MS	2634	1:06:50	1:06:38
270	Paddy O'KEEFFE	Gowran A.C.	M	MS	1307	1:06:51	1:06:46
271	Bernard FEERY	Clonmel A.C.	M	M55	551	1:06:52	1:06:51
272	Colin ARCHER	Navy	M	MS	2309	1:06:53	1:06:27
273	Robert LYNCH	Leevale A.C.	M	MS	674	1:06:53	1:06:44
274	David RUSSELL		M	MS	2433	1:06:54	1:06:47
275	Micheál O'DRAIGHNEAIN	St Finbarrs A.C.	M	M45	2960	1:06:56	1:06:56
276	Steve DUNLEA	Watergrasshill A.C.	M	M40	762	1:06:56	1:06:39
277	Tony CAMBRIDGE	Eagle A.C.	M	M50	3048	1:06:57	1:06:40
278	Gavin ROCHE	Togher A.C.	M	M40	797	1:06:58	1:06:42
279	Ken CROWLEY	Watergrasshill A.C.	M	M40	2115	1:07:05	1:06:58
280	Patrick CODD	Slaney Olympic A.C.	M	MS	1327	1:07:08	1:06:45
281	Paul KEARNEY	Aghada RC	M	MS	1789	1:07:09	1:06:52
282	Ken DICKENSON	Focus On Fitness	M	MS	2938	1:07:13	1:07:06
283	Paul Pio O'CALLAGHAN	Leevale A.C.	M	M40	2476	1:07:13	1:07:11
284	Peter JONES		M	M45	1384	1:07:13	1:07:03
285	Tomas DE FAOITE	West Waterford A.C.	M	MS	196	1:07:15	1:07:05
286	John MCCARTHY		M	M50	2076	1:07:17	1:07:05
287	Andrew DE KLERK	Ballintotis Fit4Life	M	M40	2549	1:07:19	1:07:06
288	Neilus AHERNE	Midleton A.C.	M	M60	200	1:07:19	1:07:16
289	Brian GRAHAM	Carrick on Suir A.C.	M	MS	2661	1:07:21	1:06:58
290	Liz NYHAN	West Waterford A.C.	F	F45	1018	1:07:24	1:07:16
291	Dylan BARRY	Wexford Marathon Club	M	M40	982	1:07:26	1:07:17
292	Sarah BOLAND	United Striders A.C.	F	FS	541	1:07:27	1:07:04

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293	James CONDON	Grange Fermoy. A.C.	M	MS	3051	1:07:28	1:07:17
294	Mark SHALLOE	West Waterford A.C.	M	MS	77	1:07:28	1:07:18
295	Michael TUPPER		M	M40	1582	1:07:29	1:07:17
296	Conor MANNING	North Cork A.C.	M	M40	2031	1:07:31	1:07:17
297	John O'SULLIVAN	Waterford A.C.	M	MS	197	1:07:31	1:07:12
298	Kevin CASEY	West Waterford A.C.	M	M40	568	1:07:35	1:07:25
299	David GUNNIP	Waterford A.C.	M	M45	9788	1:07:37	1:07:15
300	Joe SALMON	West Waterford A.C.	M	M50	113	1:07:38	1:07:33
301	Trevor CONDON		M	MS	2208	1:07:39	1:07:21
302	Aidan SCALLY	Clonakilty Roadrunners A.C.	M	M55	1400	1:07:39	1:07:30
303	Orla O'ROURKE	Ballymore Cobh A.C.	F	F50	1480	1:07:46	1:07:37
304	Cathal PRIOR		M	M45	2875	1:07:51	1:07:32
305	Philip DINNEEN	Ballintotis Fit4Life	M	MS	1823	1:07:51	1:07:39
306	David CUNNINGHAM		M	M40	667	1:07:56	1:07:49
307	Kevin FENNESSY	Watergrasshill A.C.	M	M40	1279	1:07:57	1:07:33
308	John CAREY	Kilkenny Triathlon Club	M	M50	2121	1:08:02	1:07:44
309	Mark CLIFFE	West Waterford A.C.	M	MS	67	1:08:02	1:07:52
310	Olan HAYES	Clonakilty Roadrunners A.C.	M	MS	665	1:08:02	1:07:56
311	David HARDING		M	MS	3076	1:08:02	1:07:52
312	Shane O'NEILL		M	MS	455	1:08:04	1:07:50
313	Paul GEARY	Midleton A.C.	M	MS	1355	1:08:04	1:07:48
314	Mary STEED	Kings River A.C.	F	F45	2377	1:08:05	1:07:54
315	Linda O'SULLIVAN		F	F45	694	1:08:06	1:07:44
316	Ciaran CURRAN		M	M40	2964	1:08:07	1:07:58
317	Benvon LYONS		F	F40	719	1:08:11	1:08:08
318	Mikey POWER		M	MS	2613	1:08:11	1:07:47
319	Keith BARRY	St Catherines A.C.	M	M40	354	1:08:11	1:08:01
320	Michael ABERNETHY	Midleton A.C.	M	MS	869	1:08:12	1:07:50
321	Jonathan REGAN		M	MS	588	1:08:15	1:07:54
322	Catriona MULDOWNNEY	Kilkenny City Harriers	F	F35	2112	1:08:16	1:07:52
323	Paul O'NEILL		M	M40	3042	1:08:16	1:08:07
324	Toby BEDELL	Tried & Tested	M	M45	1412	1:08:17	1:08:08
325	Mark BULMAN	Donoughmore A.C.	M	M55	1681	1:08:17	1:08:05
326	Richard O'GORMAN	Clonmel A.C.	M	M50	229	1:08:20	1:08:18
327	Catherine MURPHY	Eagle A.C.	F	F40	1213	1:08:21	1:08:04
328	Mícheál LUCEY	Leevale A.C.	M	M45	1788	1:08:21	1:08:06
329	Seamus CARDIFF	Newbridge A.C.	M	M40	2117	1:08:24	1:08:23
330	Padraig KENNEDY	West Waterford A.C.	M	M40	1049	1:08:25	1:08:04
331	Martin HENNESSY	Kilfinane A.C.	M	MS	1851	1:08:26	1:08:13
332	Eamonn NAGLE	Mallow A.C.	M	M45	2159	1:08:27	1:08:24
333	Fergal BRENNAN		M	M40	2645	1:08:28	1:08:10
334	Shane MORAN	Shandrum A.C.	M	MS	2401	1:08:29	1:08:18
335	Adrian CUNNINGHAM	Gowran A.C.	M	MS	1839	1:08:32	1:08:15
336	Thomas MORAN	United Striders A.C.	M	MS	548	1:08:34	1:08:10
337	Liam WALSH	Pat Walsh Running	M	MS	1779	1:08:36	1:08:14
338	Eoghan MOLONEY	West Waterford A.C.	M	MS	2190	1:08:38	1:08:27
339	Ray HAESY	West Waterford A.C.	M	M55	49	1:08:41	1:08:32
340	Michael CONNERN		M	M40	1483	1:08:42	1:08:30
341	Des FEENEY		M	M45	1031	1:08:44	1:08:02
342	Adrian COLLINS	Blackwater Tri Club	M	MS	837	1:08:44	1:08:24
343	Deirdre MCALEER		F	F35	2202	1:08:44	1:08:21
344	James O'SULLIVAN		M	M65	2066	1:08:47	1:08:19
345	Alan CULLEN	West Waterford A.C.	M	M40	81	1:08:47	1:08:37
346	Ciaran DOYLE		M	MS	2802	1:08:48	1:08:36
347	Siobhan KENNEDY	Focus On Fitness	F	F55	1568	1:08:49	1:08:39
348	Billy O'MAHONY	Tracton A.C.	M	M45	1176	1:08:50	1:08:33
349	Matej LUDVIK	Midleton CTC	M	MS	2881	1:08:51	1:08:31
350	David POWER	SRR	M	M40	1079	1:08:52	1:08:44
351	Donna DOWLING	Kilkenny City Harriers	F	F35	2648	1:08:54	1:08:31

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352	Tom GALLAGHER	Naas A.C.	M	M50	1665	1:08:55	1:08:44
353	Iain QUINLAN	Watergrasshill A.C.	M	M40	173	1:09:00	1:08:38
354	Sean MEHIGAN		M	M50	1246	1:09:01	1:08:48
355	Aidan DUKE	Running shams	M	M40	2236	1:09:01	1:08:51
356	Shane MEYLER	Ballymore Cobh A.C.	M	M40	645	1:09:01	1:08:49
357	Shane HANLEY	Galtee Runners	M	M40	1029	1:09:02	1:08:34
358	Adrian LANIGAN	Sportsworld RC	M	M40	626	1:09:03	1:08:55
359	Joe O'CALLAGHAN	Kilkenny Triathlon Club	M	M45	2070	1:09:03	1:08:47
360	Sinead BUCKLEY	North Cork A.C.	F	F35	1138	1:09:04	1:08:51
361	Deirdre O'GORMAN		F	FS	2929	1:09:05	1:08:43
362	Niall O'CALLAGHAN	Leevale A.C.	M	M40	1170	1:09:06	1:08:50
363	Adrian RYDER	Mallow A.C.	M	M40	2527	1:09:07	1:08:54
364	Jimmy CONNORS	West Waterford A.C.	M	MS	462	1:09:08	1:08:51
365	Brendan CURTIN	Midleton A.C.	M	M45	1680	1:09:09	1:08:52
366	Alan O'CONNOR	United Striders A.C.	M	M40	2114	1:09:09	1:08:44
367	Claire LAMBE		F	FS	1420	1:09:10	1:08:39
368	Ronan HEFFERNAN		M	M45	1998	1:09:11	1:09:00
369	Eddie O'BRIEN	Grange Fermoy. A.C.	M	M45	1694	1:09:13	1:09:13
370	Andrea MCNAMARA	Sportsworld RC	F	FS	1676	1:09:13	1:09:05
371	Barry HORGAN	Clonmel A.C.	M	M40	1467	1:09:14	1:09:04
372	John DOWNEY	West Waterford A.C.	M	M45	1995	1:09:15	1:09:09
373	Brian LANDERS	Youghal A.C.	M	M45	2357	1:09:16	1:08:59
373	Ken HARNEY	Youghal A.C.	M	M45	9775	1:09:16	1:08:59
375	Declan GROGAN		M	M40	1264	1:09:19	1:09:13
376	Liam LYNCH		M	MS	3115	1:09:23	1:09:12
377	Vincent O'SULLIVAN	Eagle A.C.	M	MS	1713	1:09:25	1:09:16
378	Donal BRESLIN	Tracton A.C.	M	M40	1510	1:09:27	1:08:57
379	Gerard WALSH	Galtee Runners	M	M50	1162	1:09:28	1:09:03
380	Siobhan MCHUGH	Clonmel A.C.	F	F45	1579	1:09:30	1:09:13
381	Sarah KEARNS	Naas A.C.	F	F40	742	1:09:34	1:09:22
382	Tom FOX	Kilfinane A.C.	M	MS	2996	1:09:35	1:09:21
383	Martin LEAHY	Eagle A.C.	M	M50	1519	1:09:36	1:09:08
384	John HICKEY	United Striders A.C.	M	M45	509	1:09:36	1:09:13
385	Stephen CROWLEY	South Coast TC	M	M40	3049	1:09:37	1:09:19
386	Steve O'CONNOR	St Nicholas A.C.	M	MS	2973	1:09:37	1:09:12
387	Peter HENNESSY		M	M40	2329	1:09:38	1:09:30
388	Jason PHELAN	Waterford A.C.	M	M45	796	1:09:38	1:09:20
389	Mark COADY	Youghal A.C.	M	MS	1609	1:09:39	1:09:04
390	Donal GOULDING	Navy	M	M50	2676	1:09:39	1:09:14
391	John LEO	Laya Healthcare	M	MS	3031	1:09:39	1:09:19
392	John REARDON	Mooreabbey Milers A.C.	M	M40	2754	1:09:40	1:09:08
393	Eoin O'MAHONY	Marathon Club Ireland	M	M45	788	1:09:40	1:09:15
394	Mark WALSH	Midleton A.C.	M	M55	1941	1:09:40	1:09:35
395	Donal RYAN	Clonmel A.C.	M	M45	2189	1:09:41	1:09:31
396	Kieran HENNERTY	Crosshaven Tri Club	M	M45	1148	1:09:42	1:09:30
397	Padraig SHEAHAN	Millstreet A.C.	M	M50	2641	1:09:42	1:09:27
397	Jamie Martin ROURKE		M	M40	2931	1:09:42	1:09:18
399	Denis SHEEHAN	Leevale A.C.	M	M45	1367	1:09:42	1:09:27
400	Cornelius MCFADDEN	Clonmel A.C.	M	M50	1472	1:09:43	1:09:35
401	Patrick FITZGERALD		M	MS	3033	1:09:43	1:09:15
402	Joan MARTIN	Kilkenny City Harriers	F	F40	944	1:09:43	1:09:21
403	Shane CARROLL	Ballintotis Fit4Life	M	MS	1686	1:09:43	1:09:30
404	Trevor EDWARDS	Bweeng Trail Blazers	M	M40	2258	1:09:46	1:09:31
405	Deirdre MURPHY		F	F45	664	1:09:46	1:09:23
406	Caoimhe SHEERAN	Kilkenny City Harriers	F	F35	2432	1:09:47	1:09:31
407	Eric WAHLRAB		M	MS	1625	1:09:48	1:09:29
408	Brendan HICKEY	St Catherines A.C.	M	M40	345	1:09:48	1:09:38
409	Roland BOURKE		M	M40	2226	1:09:49	1:09:36
410	Edmund MANNING	UCC A.C.	M	MS	2656	1:09:49	1:09:23

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411	Emmet PRENDERGAST	Clonmel A.C.	M	MS	1503	1:09:50	1:09:39
412	Cathal GLEESON	West Waterford A.C.	M	M40	68	1:09:51	1:09:41
413	Tim CRONIN		M	M45	2047	1:09:53	1:09:44
414	Ciaran HUGHES	Kilkenny City Harriers	M	M40	192	1:09:54	1:09:30
415	John CROTTY		M	MS	2547	1:09:55	1:09:43
416	Nick DARMODY	Mallow A.C.	M	M45	223	1:09:56	1:09:52
417	David O'RIORDAN	Leevale A.C.	M	M40	1611	1:09:56	1:09:33
418	Gary WHELAN	Waterford A.C.	M	M40	2193	1:09:57	1:09:30
419	Linda O'CONNOR		F	F40	1541	1:09:57	1:09:35
420	Liam MURPHY	United Striders A.C.	M	M40	530	1:09:58	1:09:37
421	Anne Marie BOLAND	Clonmel A.C.	F	FS	1099	1:09:58	1:09:49
422	Eamon EGAN	Marathon Club Ireland	M	M45	2898	1:10:00	1:09:41
423	Colette O'DONOGHUE	Watergrasshill A.C.	F	F35	2129	1:10:01	1:09:38
424	Ray O'MAHONY		M	M40	2956	1:10:01	1:09:39
425	Colman O'HANLON	Mallow A.C.	M	M45	2122	1:10:03	1:09:51
426	Johnny LYNCH	Tried and Tested	M		3143	1:10:04	1:09:41
427	Brian CUDDIHY	Waterford A.C.	M		3141	1:10:04	1:09:42
428	Daithí DE PAOR		M	M50	2598	1:10:06	1:09:41
429	David MCCONNELL	Waterford Triathlon Club	M	M40	785	1:10:07	1:09:52
430	Joe LANGTON		M	M40	1973	1:10:09	1:09:42
431	Ruairi EGAN	Eagle A.C.	M	M45	1118	1:10:09	1:09:50
432	Colum KIDNEY		M	MS	1442	1:10:13	1:10:01
433	Liam TRAYNOR		M	M40	2760	1:10:18	1:09:54
434	Conor MURRAY	West Waterford A.C.	M	M50	1549	1:10:21	1:09:49
435	Aidan MAGNER		M	M45	1763	1:10:21	1:10:14
436	Damien BURKE		M	M45	1135	1:10:22	1:10:07
437	Ed KELLY		M	MS	983	1:10:22	1:10:04
438	Kieran LYNCH		M	M45	1058	1:10:24	1:10:20
439	Tony O'MAHOONEY		M	M45	1959	1:10:24	1:09:58
440	Gareth NOCTOR	Croghan A.C.	M	MS	2692	1:10:25	1:09:57
441	Kevin O'SHEA		M	M45	1947	1:10:29	1:10:13
442	Tony O'SULLIVAN	Togher A.C.	M	M45	2974	1:10:30	1:10:04
443	Peter O'BRIEN	Grange Fermoy. A.C.	M	MS	894	1:10:33	1:10:12
444	David DEVINE	Kilkenny City Harriers	M	M45	789	1:10:35	1:10:23
445	Joan MAHONY	Waterford A.C.	F	F40	2315	1:10:37	1:10:15
446	Mike GRIFFIN	Dooneen A.C.	M	M40	718	1:10:37	1:10:28
447	David O'CONNOR	St Finbarrs A.C.	M	MS	866	1:10:38	1:10:26
448	Fionnuala DESMOND	Leevale A.C.	F	F50	965	1:10:40	1:10:25
449	Maggie O'MAHONY	Youghal A.C.	F	F40	1042	1:10:42	1:10:30
450	John LONGAN		M	MS	1229	1:10:44	1:10:22
451	John Joe HAYES	Tried & Tested	M	M40	3087	1:10:44	1:10:09
452	Eoin WALSH		M	M45	150	1:10:46	1:10:22
453	Mark GALLAGHER	Beara A.C.	M	M45	1542	1:10:47	1:10:38
454	Padraig CLEARY		M	M40	1862	1:10:51	1:10:46
455	Dan KELLEHER		M	M40	3060	1:10:53	1:10:32
456	Stephen CROWLEY		M	MS	2622	1:10:54	1:10:40
457	Simon MOLONEY	West Waterford A.C.	M	MS	908	1:10:58	1:10:36
457	John KENT	United Striders A.C.	M	M40	534	1:10:58	1:10:29
459	Brendan LYNG	United Striders A.C.	M	M45	758	1:10:59	1:10:41
460	Gillian SOHUN	Leevale A.C.	F	F45	2994	1:10:59	1:10:44
461	John KISSANE		M	M50	1654	1:11:01	1:10:25
462	Seamus POWER	St Josephs A.C.	M	M55	2555	1:11:01	1:10:48
463	Conor FOX	Donoughmore A.C.	M	M45	1821	1:11:03	1:10:32
464	Niall O'SHEA	Clonmel A.C.	M	MS	84	1:11:11	1:10:34
465	Bobby REDMOND	Slaney Olympic A.C.	M	M40	243	1:11:12	1:10:18
466	Dave SMIDDY		M	M45	2611	1:11:16	1:11:12
467	James HODGINS		M	M45	3013	1:11:17	1:11:00
468	Niamh O'DONOGHUE		F	F35	2046	1:11:20	1:10:55
469	Michael FLANNERY		M	MS	2154	1:11:21	1:11:05



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470	Niall BUCKLEY		M	M45	2515	1:11:21	1:10:42
471	Michael MULLARKEY		M	MS	1083	1:11:23	1:10:53
472	Ray BYRNE	Sliabh Buidhe Rovers	M	M50	287	1:11:23	1:11:04
472	Mick MOYNIHAN		M	MS	2878	1:11:23	1:10:56
474	Brian SWEENEY		M	M45	1572	1:11:24	1:11:24
475	Shane MCDONNELL		M	M50	987	1:11:24	1:10:55
476	Noel KENNEDY	Sliabh Buidhe Rovers	M	MS	2637	1:11:25	1:11:06
477	Brendan MCCARTHY	Mallow A.C.	M	M40	1275	1:11:25	1:11:00
478	Niall COLLINS	Portlaoise A.C.	M	MS	2561	1:11:25	1:10:57
479	John FITZGIBBONS	St Finbarrs A.C.	M	M50	2396	1:11:26	1:10:38
480	Cathal DWANE		M	MS	2288	1:11:27	1:11:02
481	Tom HOGAN	West Waterford A.C.	M	M40	8	1:11:28	1:11:03
482	Shane HOGAN	Kilkenny City Harriers	M	M40	2141	1:11:31	1:11:09
483	Alex EATON	Ballymore Cobh A.C.	M	M40	1116	1:11:32	1:11:02
484	Paul MURPHY		M	MS	975	1:11:33	1:11:06
485	David COLEMAN	Kilkenny City Harriers	M	M45	249	1:11:34	1:11:12
486	Sean FINN	Cork Triathlon Club	M	M50	3095	1:11:34	1:11:20
487	Don PYNE	Grange Fermoy. A.C.	M	MS	661	1:11:34	1:11:00
488	Anthony DWYER	West Waterford A.C.	M	M60	112	1:11:35	1:11:10
489	Justin FOLEY	Clonmel Triathlon Club	M	M40	3104	1:11:36	1:11:04
490	Stephen JONES	Mallow Tri Club	M	M40	1734	1:11:37	1:11:23
491	Brian MCMAHON	Kings River A.C.	M	M40	1956	1:11:38	1:11:17
492	Fergal QUINLAN	Ballymore Cobh A.C.	M	M45	3064	1:11:39	1:11:13
493	Lorna SANTRY	East Cork A.C.	F	FS	2073	1:11:40	1:11:34
494	Alan MAHON	Kilkenny City Harriers	M	M45	919	1:11:44	1:11:31
495	Francisco JAEN	Leevale A.C.	M	M40	624	1:11:45	1:11:22
496	Tomas MURPHY		M	M40	1548	1:11:45	1:11:22
497	Maurice DONOHOE	Slaney Olympic A.C.	M	M45	2940	1:11:45	1:11:27
498	Matthew WARREN		M	MS	1315	1:11:46	1:11:17
499	Jonny WATERMAN		M	MS	1133	1:11:46	1:11:14
500	Edward O'MAHONY		M	M40	1511	1:11:47	1:11:26
501	Brian MURPHY	Slaney Olympic A.C.	M	MS	1683	1:11:48	1:11:30
502	Lisa CROWLEY	Watergrasshill A.C.	F	F45	380	1:11:49	1:11:24
503	Sean O'BRIEN	St Finbarrs A.C.	M	MS	395	1:11:49	1:11:23
504	Micheál CALLAGHAN	West Waterford A.C.	M	M45	25	1:11:50	1:11:20
505	Helen GILROY	Midleton A.C.	F	F50	727	1:11:50	1:11:27
506	Donie DWANE	Kilmallock A.C.	M	M45	2699	1:11:51	1:11:36
507	Mick MURPHY	Midleton A.C.	M	M45	1746	1:11:51	1:11:28
508	Mark KELLIHER		M	MS	1285	1:11:51	1:11:32
509	Don MURRAY	Aghada RC	M	M45	683	1:11:54	1:11:23
510	Maurice HOPE	An Bru A.C.	M	M40	696	1:11:55	1:11:47
511	Liam CASHMAN	Apple RC	M	M45	1287	1:11:56	1:11:50
512	Barbara ROSSITER	Kilkenny City Harriers	F	F40	2910	1:11:56	1:11:32
513	Colm O'MAHONY		M	M45	1843	1:11:56	1:11:29
514	Andrew LEARY	West Waterford A.C.	M	M50	1852	1:11:56	1:11:51
515	Gary GIBBONS	Eagle A.C.	M	M45	3067	1:11:57	1:11:32
516	Michael QUIGLEY	Slaney Olympic A.C.	M	M55	2387	1:11:57	1:11:30
517	Dave BARTLEY	Grange Fermoy. A.C.	M	M50	849	1:11:58	1:11:38
518	Kate MITCHELL	Waterford A.C.	F	FS	2295	1:12:02	1:11:28
519	Richard KELLY		M	M50	138	1:12:02	1:11:36
520	John KELLY	Mallow A.C.	M	M45	294	1:12:04	1:12:01
521	Liam CASHMAN		M	MS	3015	1:12:04	1:11:33
522	Brian COTT	Midleton A.C.	M	M40	1381	1:12:05	1:11:42
523	Marie O'SHEA	Mooreabbey Milers A.C.	F	F40	1475	1:12:06	1:11:40
524	Ken BYRNE	Kilkenny City Harriers	M	M45	195	1:12:07	1:11:54
525	Enda KIERNAN	St Finbarrs A.C.	M	M45	407	1:12:08	1:11:42
526	Garry COLLINS	Buttervant RC	M	M40	402	1:12:09	1:11:47
527	Suzanne SHINE	Clonmel A.C.	F	F40	1452	1:12:10	1:11:33
528	Jennifer HENNEBRY	Waterford Triathlon Club	F	FS	2791	1:12:13	1:11:43

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529	Richard PIOTROWSKI	Eagle A.C.	M	M70	2812	1:12:13	1:12:01
530	Derek RYAN		M	M40	3034	1:12:15	1:11:38
531	Paul COUGHLAN	Kinsale Tri Club	M	M40	2919	1:12:16	1:11:42
532	Ian MCHARDY	Waterford A.C.	M	M45	1827	1:12:18	1:11:50
533	Gerry CANTWELL	West Waterford A.C.	M	M60	52	1:12:20	1:12:07
534	James FOX	Carrick A.C.	M	M45	3046	1:12:22	1:11:58
535	John SANTRY		M	MS	2891	1:12:22	1:12:07
536	Henry POWER	Waterford A.C.	M	M60	1822	1:12:23	1:12:01
537	Brian LEAHY		M	MS	901	1:12:23	1:11:56
538	Dermot KELLY		M	M45	2970	1:12:23	1:12:12
539	Bill FITZGERALD		M	MJ	304	1:12:24	1:12:17
540	Sinead MCDERMOTT	Dooneen A.C.	F	FS	2588	1:12:25	1:11:53
541	Shane KEARNEY	St Catherines A.C.	M	MS	357	1:12:26	1:11:34
542	Neil HOLLAND	Mallow A.C.	M	M65	1523	1:12:27	1:12:14
543	Paul FLOOD	Kilkenny Triathlon Club	M	MS	1504	1:12:29	1:12:05
544	Stephanie ILSLEY	St Nicholas A.C.	F	F55	971	1:12:29	1:12:18
545	Ian MURPHY	Youghal A.C.	M	M45	1835	1:12:30	1:12:04
546	Pat NOLAN	Waterford A.C.	M	M40	642	1:12:30	1:12:11
547	Emmet VEREKER		M	MS	2623	1:12:31	1:12:07
548	Bill O'KEEFFE	St Catherines A.C.	M	M50	3024	1:12:35	1:12:07
549	David LEONARD	Sliabh Buidhe Rovers	M	M45	2275	1:12:36	1:12:01
550	Michael O'GORMAN	United Striders A.C.	M	M60	543	1:12:37	1:12:08
551	Elaine HORGAN	Clonmel A.C.	F	F35	1666	1:12:38	1:12:29
552	Stephen DOUGLAS		M	M40	1671	1:12:39	1:12:27
553	Richard RYAN	St Laurence O Toole A.C.	M	MS	736	1:12:40	1:12:08
554	Jim O'BRIEN	Focus On Fitness	M	M45	816	1:12:42	1:12:19
555	Adrian O'SULLIVAN	Eagle A.C.	M	M40	1777	1:12:42	1:12:09
556	David BARRY	Youghal A.C.	M	M45	1522	1:12:43	1:12:16
557	Noel LAWLOR	Clonakilty Roadrunners A.C.	M	M55	774	1:12:44	1:12:22
558	Paul O'CONNELL	Ballintotis Fit4Life	M	M45	216	1:12:45	1:12:31
559	John O'BRIEN		M	MS	393	1:12:46	1:12:26
560	Finbarr LEHANE	Eagle A.C.	M	M45	2537	1:12:47	1:12:12
561	Bryan WALSH		M	MS	2439	1:12:47	1:11:41
562	Lousie O'BRIEN		F	F40	2781	1:12:48	1:12:48
563	Nicholas MOLONEY		M	MS	2037	1:12:48	1:12:37
564	Dwayne TUTTY	Ardmore Roadrunners	M	MS	2530	1:12:48	1:12:48
565	Alan SMITH	Waterford A.C.	M	M45	2795	1:12:50	1:12:29
566	Joseph TREACY	Gowran A.C.	M	M40	2953	1:12:52	1:12:27
567	Ed BATTYE	Saturday Road Runners	M	MS	1361	1:12:53	1:12:38
568	Stephanie JOHNSON		F	F45	1331	1:12:53	1:12:42
569	Pauline GRAINGER	Leevale A.C.	F	F40	2259	1:12:54	1:12:53
570	Ben WHITE	Navan A.C.	M	M45	1659	1:12:54	1:12:35
571	Patrick WALSH	Eagle A.C.	M	MS	1418	1:12:54	1:12:51
572	Declan O'CONNELL	Cork Triathlon Club	M	M40	2399	1:12:55	1:12:20
573	Stephen CREEDON	Mallow A.C.	M	M40	618	1:12:55	1:12:47
574	Denis CARROLL	Eagle A.C.	M	M55	1831	1:12:56	1:12:31
575	Anne Marie HALPIN	Clonmel A.C.	F	F45	1801	1:12:57	1:12:41
576	Brigita LUKSTE	North Cork A.C.	F	F35	158	1:12:58	1:12:37
577	Fergal O'CALLAGHAN		M	M40	651	1:12:58	1:12:36
578	Liam GRACE	West Waterford A.C.	M	MS	178	1:12:58	1:12:04
579	Gwen CONROY	Watergrasshill A.C.	F	F40	1520	1:12:59	1:12:47
580	Billy QUINN	Social Running	M	M40	772	1:12:59	1:12:31
581	Annemarie POWER	Eagle A.C.	F	F45	2351	1:12:59	1:12:51
582	Sean DUNNE		M	MS	2957	1:13:01	1:12:36
583	Adrian ASPEL	Saturday Road Runners	M	M45	1889	1:13:01	1:12:40
584	Lorcan O'MUIRI		M	M40	1950	1:13:04	1:12:47
585	Esther MURPHY		F	F45	1030	1:13:05	1:12:35
586	Joe POWER	Leevale A.C.	M	M45	2992	1:13:07	1:13:01
587	Kevin KELLY		M	MS	1247	1:13:11	1:12:35

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588	Seamus KEHOE	United Striders A.C.	M	M55	532	1:13:12	1:12:38
589	David BROPHY	Mallow A.C.	M	M50	1386	1:13:13	1:12:51
589	Martin DALY	Eagle A.C.	M	M45	439	1:13:13	1:12:40
591	Jim MORGAN	Aghada RC	M	M45	2855	1:13:14	1:12:42
592	Michael DEASY	Greenway Gallopers	M	M40	2961	1:13:15	1:12:51
593	Adrian BARRETT	An Bru A.C.	M	M40	2241	1:13:15	1:12:19
594	Bryan HALLISSEY	West Waterford A.C.	M	M40	1754	1:13:16	1:12:39
595	Tom QUIRKE	St Nicholas A.C.	M	MS	1345	1:13:18	1:12:52
596	John O'SULLIVAN		M	M40	830	1:13:20	1:12:43
597	William MOLONEY	Clonmel A.C.	M	MS	2998	1:13:20	1:12:48
598	Ken CAREY		M	M60	1080	1:13:20	1:12:48
599	Elaine WALSH		F	FS	2415	1:13:22	1:12:49
600	Darren TUTTY		M	M45	701	1:13:23	1:13:09
601	Mike HAYES	Kilfinane A.C.	M	MS	2720	1:13:26	1:12:58
602	Sean MOYNIHAN		M	MS	1468	1:13:27	1:12:54
602	John DORGAN	Bridevale A.C.	M	MS	2523	1:13:27	1:13:02
604	Rebecca MCEVOY	St Finbarrs A.C.	F	FS	2301	1:13:27	1:13:19
605	Justin COSTIGAN		M	MS	922	1:13:29	1:12:53
606	Brian MURPHY	Cobh Triathlon Club	M	M45	1599	1:13:29	1:12:58
607	Emmet POWER	Balbriggan Roadrunners	M	M40	1578	1:13:29	1:13:01
608	Elaine GUINANE	Eagle A.C.	F	F40	2032	1:13:30	1:12:53
609	Kevin O'CALLAGHAN	Dromahane RoadRunners A.C.	M	MS	2952	1:13:31	1:13:04
610	Finbarr KELLEHER		M	MS	1145	1:13:31	1:13:10
611	Kris DOWDALL	Midleton A.C.	M	M45	417	1:13:35	1:13:17
612	William MCNAMARA		M	M40	892	1:13:36	1:13:11
613	Helen WALSH	Togher A.C.	F	F40	826	1:13:38	1:13:11
614	Anthony ARCHER		M	MS	2274	1:13:38	1:13:12
615	David BARRY	St Nicholas A.C.	M	M40	715	1:13:39	1:13:05
616	Martin LAVAN		M	MS	166	1:13:39	1:13:15
617	Yevgeniy CHIZHIKOV	West Waterford A.C.	M	M45	1767	1:13:39	1:13:35
618	Jerome O'DRISCOLL	Bridevale A.C.	M	M40	2541	1:13:41	1:13:06
619	Tony MURRAY		M	M45	1348	1:13:41	1:13:39
620	Brendan MURPHY		M	M40	2552	1:13:42	1:13:32
621	Ronan MEALLY	Kilkenny Triathlon Club	M	M40	632	1:13:42	1:13:12
622	Danny CROWLEY	Ballymore Cobh A.C.	M	M60	1546	1:13:42	1:13:13
623	Neil PROVEN	Clonmel A.C.	M	M50	1901	1:13:44	1:13:27
624	Richard BENTLEY	Balbriggan & District A.C.	M	M45	2298	1:13:44	1:13:16
625	Michelle DOHERTY	Clonmel A.C.	F	F40	1389	1:13:45	1:13:07
626	Shane O'CONNELL		M	MS	2435	1:13:45	1:13:15
627	Keith BUCKLEY	Grange Fermoy. A.C.	M	MS	1492	1:13:51	1:13:18
628	Miguel PONCE DE LEON	Carrick on Suir A.C.	M	M45	2594	1:13:54	1:13:21
629	John M GEEHAN		M	MS	3035	1:13:56	1:13:29
630	Adrian FITCH	Mallow A.C.	M	M50	911	1:13:58	1:13:26
631	Damien MALONE	Eagle A.C.	M	MS	1912	1:13:59	1:13:42
632	David WADE	Tracton A.C.	M	M55	1326	1:13:59	1:13:29
633	Tommy FINN		M	MS	2847	1:13:59	1:13:04
634	Chris O'BRIEN		M	M40	2230	1:14:00	1:14:00
635	Brendan O'MAHONY	Grange Fermoy. A.C.	M	M45	1781	1:14:01	1:13:18
636	Kevin MANSFIELD		M	MS	622	1:14:01	1:13:16
637	John Paul HOGAN	West Waterford A.C.	M	MS	153	1:14:02	1:13:34
638	Ronan MCDONAGH		M	MS	2986	1:14:04	1:12:41
639	Laurence O'CONNOR	St Catherines A.C.	M	MS	351	1:14:06	1:13:49
640	Shirley TWOMEY	Togher A.C.	F	F40	2051	1:14:06	1:13:17
641	Kevin RYAN		M	MS	2640	1:14:08	1:13:44
642	Gregg MOORE	Eagle A.C.	M	M45	2087	1:14:08	1:13:50
643	Sheila PERRY	Clonmel A.C.	F	F45	299	1:14:08	1:13:54
644	Declan O'CALLAGHAN	West Waterford A.C.	M	M45	74	1:14:08	1:13:34
645	Nicola MAUNSELL	Clonmel A.C.	F	F45	89	1:14:10	1:14:00
645	Elton CHAMBERS	Tracton A.C.	M	M40	2778	1:14:10	1:13:28

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647	Catherine O'SULLIVAN	Galtee Runners	F	F45	278	1:14:11	1:13:51
648	Barry O'SULLIVAN	Cork Triathlon Club	M	MS	2975	1:14:14	1:13:38
649	Megan HILL	Kinsale Tri Club	F	FS	2646	1:14:14	1:13:09
650	Chris MCGRATH	Aghada RC	M	MS	3018	1:14:17	1:13:44
650	Keith MILLS	Ballintotis Fit4Life	M	MS	1028	1:14:17	1:14:03
652	Michael O'CONNOR	Carrigtwohill A.C.	M	M40	1297	1:14:20	1:13:48
653	Deirdre NI CHEARBHAILL	Crusaders A.C.	F	F40	2125	1:14:20	1:13:54
654	Paul ATKINS		M	MS	2172	1:14:20	1:13:35
655	Kieran DOWNEY		M	MS	2488	1:14:22	1:13:43
656	Brian BARRY	Bweeng Trail Blazers	M	MS	1531	1:14:23	1:13:47
657	Barry O'CALLAGHAN	Mallow A.C.	M	M50	3039	1:14:23	1:13:52
658	Deirdre O'SULLIVAN	Carrick on Suir A.C.	F	F40	3053	1:14:24	1:13:48
659	John SCANNELL	Eagle A.C.	M	M45	1527	1:14:25	1:14:01
660	Alan KEANE		M	MS	3117	1:14:26	1:13:54
661	Anita BYRNE	Kilkenny City Harriers	F	F40	1906	1:14:30	1:13:54
662	Austin RYAN	Thurles Crokes A.C.	M	M45	1253	1:14:31	1:14:15
663	Tom NYHAN	West Waterford A.C.	M	M45	1057	1:14:31	1:14:03
664	Brendan MCCARTHY		M	M45	2636	1:14:32	1:14:01
665	Colm O'SHEA	Pat Walsh Running	M	M45	1349	1:14:32	1:14:00
665	Lee DOHERTY		M	M45	1702	1:14:32	1:13:56
667	Laura FLAVIN	West Waterford A.C.	F	F40	569	1:14:34	1:14:00
668	Bernard CORRIGAN	St Nicholas A.C.	M	M45	1322	1:14:35	1:13:56
669	Keith PYKE		M	MS	1526	1:14:35	1:14:18
670	Thomas COSGRAVE		M	M45	2822	1:14:36	1:14:10
671	Padraig O'HERLIHY	Togher A.C.	M	M40	1406	1:14:37	1:13:29
672	Eric FOLEY	Watergrasshill A.C.	M	M40	778	1:14:37	1:13:56
673	Denise COMPTON	Clonmel Triathlon Club	F	F50	2672	1:14:37	1:14:04
673	Bernard COLEMAN	Togher A.C.	M	M40	833	1:14:37	1:13:29
675	John COLLINS	Mallow A.C.	M	M45	1309	1:14:37	1:14:06
676	Ciara BURKE	West Waterford A.C.	F	FS	1221	1:14:38	1:14:01
677	Kathryn KENNEDY	Gowran A.C.	F	F35	1515	1:14:38	1:13:56
678	Caitriona CORR	Gowran A.C.	F	F40	2376	1:14:38	1:14:01
679	Alan O'SHEA	Clonmel A.C.	M	M40	1011	1:14:38	1:14:01
680	Tony FERNCOMBE	West Waterford A.C.	M	MS	62	1:14:39	1:13:59
681	Paddy RYAN	Borrisoleagh Track Attack	M	M50	2532	1:14:39	1:14:10
682	Angela TOBIN	West Waterford A.C.	F	FS	1933	1:14:40	1:14:06
683	Olga O'SULLIVAN	Eagle A.C.	F	F40	1273	1:14:40	1:14:03
684	Brian O'CALLAGHAN	Togher A.C.	M	M40	2162	1:14:41	1:14:23
685	Mark O'REILLY	Midleton A.C.	M	M45	1061	1:14:41	1:14:18
686	Sean O'DEA	Clonmel A.C.	M	M55	2364	1:14:41	1:13:57
687	Kevin NASH		M	M45	648	1:14:41	1:14:12
688	Denis DAVERN	Galtee Runners	M	M50	1064	1:14:43	1:14:09
689	Brian KEANE	Nore Valley A.C.	M	M50	390	1:14:43	1:14:29
690	Thomas KINSELLA	Sportsworld RC	M	MS	2644	1:14:43	1:14:34
690	Cathal FINN	Kinsale Tri Club	M	M40	1727	1:14:43	1:14:24
692	Micheál MURPHY	Saturday Road Runners	M	M40	2874	1:14:44	1:14:21
693	Alan CAREY		M	M55	1023	1:14:44	1:14:11
694	Liam FORDE	Bridevale A.C.	M	MS	145	1:14:44	1:14:13
695	Fionnuala O'CONNELL	Sligo A.C.	F	F35	2050	1:14:45	1:14:12
695	Conan O'DONOVAN	Clonakilty Roadrunners A.C.	M	MS	2361	1:14:45	1:14:37
697	David KENNEDY	Sportsworld RC	M	MS	9781	1:14:46	1:14:15
698	Colm DALY	Ennis Track A.C.	M	MS	1761	1:14:46	1:14:38
699	Jason LONG		M	M40	2856	1:14:48	1:14:34
700	Gary HURNEY		M	MS	585	1:14:48	1:14:25
701	Linda POWER		F	F40	1038	1:14:49	1:14:29
702	Theresa BARNETT	Kinsale Tri Club	F	F60	3124	1:14:53	1:14:17
703	Dave MCKEON		M	M40	581	1:14:56	1:14:17
704	Dawn CASSIDY		F	F35	2372	1:14:57	1:14:52
705	Donal MCCARTHY		M	MS	2463	1:14:57	1:14:16

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706	Paul MITCHELL	Ardmore Roadrunners	M	M40	2077	1:14:58	1:14:24
707	Martin PHELAN		M	M40	2841	1:14:59	1:14:30
708	Richie CODY		M	M45	1104	1:14:59	1:14:30
709	Noel MCKENNA	West Waterford A.C.	M	M60	3055	1:15:01	1:14:20
710	John SWANTON	Eagle A.C.	M	MS	1376	1:15:02	1:14:39
711	Michael ENNIS	Grange Fermoy. A.C.	M	M50	2505	1:15:03	1:15:03
712	Andy HANRAHAN	Kilkenny City Harriers	M	M40	2618	1:15:04	1:14:32
713	Stephen MCCARTHY		M	M45	1198	1:15:06	1:14:36
714	Declan GRACE		M	MS	1752	1:15:06	1:14:26
715	Marvin BOARD	Carrigtwohill A.C.	M	MS	1828	1:15:08	1:14:41
716	Kevin RYAN	West Waterford A.C.	M	MS	2454	1:15:09	1:14:43
717	Fergal CONNOLLY	West Waterford A.C.	M	M45	1036	1:15:10	1:14:39
718	Sharon O'GORMAN	Galtee Runners	F	FS	1119	1:15:10	1:14:37
719	Mervin DOYLE	Kilkenny City Harriers	M	M45	311	1:15:10	1:14:47
720	David DONNELLY	Tried & Tested	M	M40	1251	1:15:11	1:14:28
721	Padraig KEANE	Gneeveguilla A.C.	M	MS	2835	1:15:11	1:14:23
722	Denis COTTER	Apple RC	M	MS	2534	1:15:12	1:14:07
723	Declan WALSHE	Kilkenny City Harriers	M	M40	619	1:15:14	1:14:42
724	Evelyn HARAN		F	F40	426	1:15:18	1:14:51
724	Siobhan HEALY	St Finbarrs A.C.	F	F40	1635	1:15:18	1:14:52
726	Fiona DOWLING		F	F45	2267	1:15:19	1:14:56
727	Martin HAYES	West Waterford A.C.	M		3142	1:15:19	1:14:46
728	Stephen COLLINS		M	MS	1185	1:15:22	1:14:55
729	Micheal O'MULLAIN	St Finbarrs A.C.	M	M40	915	1:15:23	1:15:12
729	Dave MULLINS	Watergrasshill A.C.	M	M40	2358	1:15:23	1:14:43
731	Pat COFFEY	Clonmel A.C.	M	M50	125	1:15:23	1:14:46
732	Kevin BYRNE		M	M45	2886	1:15:24	1:14:48
733	David HARTE	Galtee Runners	M	M45	2327	1:15:25	1:14:39
734	Liam LEAHY		M	MS	1407	1:15:25	1:14:28
735	Paddy MELEADY	Baby Iarlaith	M	MS	2418	1:15:25	1:14:42
736	William LENIHAN	Grange Fermoy. A.C.	M	M50	2544	1:15:25	1:14:53
737	Martin TOBIN	West Waterford A.C.	M	M55	333	1:15:26	1:15:02
737	Brian O'BRIEN		M	M40	2203	1:15:26	1:15:00
739	Marie SLATTERY	Kilkenny City Harriers	F	F40	310	1:15:27	1:15:16
740	Dermot RYAN	West Waterford A.C.	M	M40	592	1:15:28	1:15:20
740	Debra DOHERTY	West Waterford A.C.	F	F35	1034	1:15:28	1:14:55
742	Eugene MCCARTHY		M	M40	151	1:15:30	1:15:13
743	Gerry O'DONOGHUE	Waterford Triathlon Club	M	M40	1621	1:15:31	1:15:05
744	Philip O'REILLY		M	MS	2999	1:15:31	1:14:56
745	Kieran WALSH	The New Roadrunners	M	M40	1037	1:15:32	1:14:50
746	Paul LARKINS	Kilkenny City Harriers	M	M40	162	1:15:33	1:15:16
747	Colm POWER		M	MS	1865	1:15:34	1:14:12
748	Ray BANNON	West Waterford A.C.	M	MS	244	1:15:35	1:15:00
749	Brian MCCARTHY		M	MS	2160	1:15:37	1:14:56
750	Leonora KIELY	West Waterford A.C.	F	FS	219	1:15:39	1:14:57
751	Stephen O'REGAN	Mount Hillary A.C.	M	MS	2018	1:15:40	1:14:56
752	David HOWELL	Mallow A.C.	M	M40	408	1:15:42	1:15:28
753	Paul BRUNNOCK	West Waterford A.C.	M	M50	22	1:15:43	1:15:10
753	Brid NORMOYLE		F	F40	1410	1:15:43	1:15:13
755	Colin CUNNINGHAM	St Catherines A.C.	M	M45	349	1:15:44	1:15:15
756	Joe SCANLAN		M	M45	1443	1:15:44	1:15:17
757	Yvonne FITZGERALD	Midleton A.C.	F	F40	2186	1:15:45	1:15:07
758	Claire DERMODY	Kilkenny City Harriers	F	F35	574	1:15:46	1:15:11
759	Karen RYAN	Kilkenny City Harriers	F	F45	194	1:15:47	1:15:33
760	Conor MULLANE	Watergrasshill A.C.	M	M40	385	1:15:47	1:15:22
761	Aine CAHILL		F	F35	2507	1:15:48	1:15:13
762	Kieran HAYES		M	MS	2411	1:15:48	1:15:17
763	Ger FOLEY		M	M40	3111	1:15:50	1:15:14
764	Ray O'SULLIVAN	Aghada RC	M	MS	1598	1:15:53	1:15:21

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765	Faye MANSFIELD	Mallow Tri Club	F	FS	9769	1:15:55	1:15:07
766	Ted KELLY	Youghal A.C.	M	MS	1716	1:15:57	1:15:31
767	St John O'CONNOR	St Nicholas A.C.	M	M45	453	1:15:57	1:15:33
768	Richard HOUGHTON	North Cork A.C.	M	M45	2343	1:15:59	1:15:17
769	Nicholas WALSH	Le Cheile A.C.	M	MS	320	1:16:00	1:15:31
770	Declan CLANCY	Watergrasshill A.C.	M	MS	1618	1:16:00	1:15:26
771	Eddie MURPHY	United Striders A.C.	M	M40	549	1:16:01	1:15:32
772	Patrick Joseph HOLMES	Dundrum A.C.	M	M60	2330	1:16:01	1:15:34
773	Con O'SULLIVAN	Naas A.C.	M	M50	2772	1:16:04	1:15:52
774	Ray KENNY	Grange Fermoy. A.C.	M	M40	3000	1:16:06	1:15:29
775	Tara RHATIGAN		F	FS	107	1:16:07	1:15:17
776	Claire KENNEDY	West Waterford A.C.	F	FS	4	1:16:09	1:15:29
777	Pam BARRY	Aghada RC	F	F40	2367	1:16:09	1:15:38
778	Michael DALY	Ballymore Cobh A.C.	M	M45	2007	1:16:12	1:15:44
779	Cha O'NEILL	Ballintotis Fit4Life	M	M50	1328	1:16:12	1:15:47
780	Michael MORRIS		M	MS	578	1:16:13	1:15:40
781	Seamus LEHANE		M	MS	2852	1:16:15	1:14:31
782	Noel CASEY	Dundrum A.C.	M	M40	1724	1:16:16	1:15:24
783	Mark WALLACE	MSD Running Club	M	MS	2360	1:16:18	1:15:36
784	Michael FOLEY		M	M55	2085	1:16:19	1:15:40
785	Paul COTTER	Eagle A.C.	M	M40	2825	1:16:20	1:16:18
786	Noel O'CONNOR	Eagle A.C.	M	M60	2144	1:16:22	1:15:52
786	Mari BURKE		F	F40	1121	1:16:22	1:15:57
788	Trevor MOORE		M	M40	2671	1:16:23	1:15:40
789	Paul COWMAN		M	MS	1863	1:16:23	1:15:42
789	Terry BRODERICK	Bridevale A.C.	M	M40	2789	1:16:23	1:15:50
791	Martin O'SULLIVAN	Ballincollog A.C.	M	M60	1337	1:16:25	1:15:59
791	Liam FITZGERALD	West Waterford A.C.	M	M45	1872	1:16:25	1:15:50
793	Liam BERESFORD		M	MS	2062	1:16:26	1:15:30
794	John MAHER	Grange Fermoy. A.C.	M	MS	2448	1:16:28	1:15:48
795	Colin GARDE		M	MS	647	1:16:29	1:15:42
796	Brendan DOYLE	Saturday Road Runners	M	M50	1323	1:16:29	1:16:20
797	Ciara MAGNER	Watergrasshill A.C.	F	F35	3088	1:16:30	1:16:06
798	Jason MCGRATH		M	MS	2950	1:16:31	1:15:36
799	Mary PHELAN	Saturday Road Runners	F	F45	1978	1:16:32	1:15:53
800	Eric DENMEAD	Waterford Triathlon Club	M	MS	2788	1:16:33	1:15:05
801	Brian GUNNIP		M	M45	381	1:16:34	1:15:57
802	Trevor KAVANAGH	Bweeng Trail Blazers	M	M40	895	1:16:35	1:15:46
803	Martin KEHOE	United Striders A.C.	M	M45	542	1:16:36	1:16:07
804	Anthony PATTERSON	Bweeng Trail Blazers	M	M45	2148	1:16:45	1:16:07
805	Jonathan HEALY		M	MS	109	1:16:47	1:16:06
806	Darragh CANAVAN	East Cork A.C.	M	M40	108	1:16:47	1:16:06
807	Andrew COTTER		M	MS	1856	1:16:48	1:15:45
808	Patrick MURPHY	United Striders A.C.	M	M45	544	1:16:50	1:16:08
809	John CASEY		M	M60	1207	1:16:50	1:16:04
810	James COTTER		M	MS	498	1:16:53	1:16:14
811	John GRIFFIN	Clonmel A.C.	M	M45	435	1:16:54	1:16:09
812	Imelda LYONS	UCC A.C.	F	F40	1062	1:16:54	1:16:29
813	Kenneth O'KEEFFE	Aghada RC	M	M50	1622	1:16:54	1:16:14
814	Marjorie O'CONNELL	Togher A.C.	F	F35	1267	1:16:56	1:16:23
815	Frances BARRY	St Catherines A.C.	F	F45	9782	1:16:57	1:16:44
816	Seamus GLYNN		M	MS	2338	1:16:59	1:16:23
817	Niall KELLEHER	Tracton A.C.	M	M40	251	1:17:01	1:16:39
818	Lorraine CLIFFE		F	F35	9785	1:17:02	1:16:04
819	Dara FAHY	Kings River A.C.	M	M40	293	1:17:05	1:16:20
820	Tom MCCAUL	Youghal A.C.	M	M45	92	1:17:07	1:16:48
821	John DUNPHY	Eagle A.C.	M	M45	1150	1:17:08	1:16:49
822	Ailise MC NULTY	St Finbarr's A.C.	F	F35	3127	1:17:10	1:16:43
823	Paul HEALY	Donoughmore A.C.	M	M45	167	1:17:10	1:16:38

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824	Daniel SEARLS		M	MS	2603	1:17:11	1:17:04
825	Tom HANNON	UCC A.C.	M	M60	1718	1:17:12	1:17:05
825	Paudie MEEHAN	Templemore A.C.	M	M40	3110	1:17:12	1:16:10
827	Ann GEARY	St Catherines A.C.	F	F40	352	1:17:12	1:17:00
828	Paul LANIGAN	Saturday Road Runners	M	M45	2860	1:17:13	1:16:18
829	William O'LEARY		M	MS	2862	1:17:16	1:16:47
830	Oliver KEARNEY	Duhallow A.C.	M	M60	1164	1:17:18	1:16:54
831	Elaine WALLEY		F	F40	3072	1:17:18	1:16:36
832	Edel FOSTER	An Bru A.C.	F	FS	1589	1:17:19	1:16:25
833	Paul PHELAN	Kilkenny City Harriers	M	M45	573	1:17:21	1:16:45
834	Seamus CAHILL	Riverstick Kinsale A.C.	M	M55	2675	1:17:22	1:16:13
835	Mike BROWNE	Churchtown Road Runners A.C.	M	MS	2104	1:17:23	1:16:41
836	Brendan O'DRISCOLL	Bridevale A.C.	M	MS	2375	1:17:23	1:16:51
837	Cronin O'MAHONEY		M	M40	2335	1:17:23	1:17:16
838	Noel HOGAN	West Waterford A.C.	M	M40	43	1:17:27	1:16:21
839	Mol LAMBERT	Saturday Road Runners	F	F45	745	1:17:28	1:16:55
840	Jer CREEDON	UCC A.C.	M	M40	1888	1:17:29	1:16:51
841	Andrew O'FARRELL	Eagle A.C.	M	M65	737	1:17:29	1:17:04
842	Belinda KEHOE	Sliabh Buidhe Rovers	F	F40	1743	1:17:32	1:17:18
843	Darragh WILEY	Mallow A.C.	M	M50	432	1:17:34	1:16:46
844	Neil GRIFFIN		M	MS	1260	1:17:35	1:16:56
845	Padraig HEALY	West Waterford A.C.	M	MS	106	1:17:35	1:16:54
846	Kevin O'MEARA		M	M40	807	1:17:35	1:17:01
847	Katherine MCNAMARA		F	F40	1012	1:17:36	1:16:21
847	Ciara MCSWEENEY	Focus On Fitness	F	F40	1168	1:17:36	1:16:38
849	Tom LONGAN	West Waterford A.C.	M	M45	13	1:17:36	1:16:58
850	Olwyn LARKIN	Portlaoise A.C.	F	F45	412	1:17:38	1:16:57
851	Catherine RONAN	United Striders A.C.	F	F50	536	1:17:39	1:16:56
852	Stephen O'SULLIVAN	Mallow A.C.	M	MS	2164	1:17:40	1:17:00
853	Susan O'SULLIVAN		F	F45	1409	1:17:43	1:17:18
854	Pat CARROLL	United Striders A.C.	M	M40	506	1:17:44	1:17:02
855	Brian O'REGAN	Galtee Runners	M	MS	2405	1:17:45	1:17:09
856	Patrick O'MAHONY	Togher A.C.	M	M50	2890	1:17:47	1:17:11
856	Noel RYAN	Clonmel A.C.	M	M40	86	1:17:47	1:16:48
858	Declan O'CALLAGHAN	Midleton A.C.	M	M40	1174	1:17:47	1:17:09
859	Damian O'KEEFFE	Dromahane RoadRunners A.C.	M	M45	968	1:17:48	1:16:48
860	Paul RYAN	Clonmel Triathlon Club	M	M40	2167	1:17:48	1:17:09
861	Paul KELLY		M	MS	1373	1:17:48	1:17:12
862	Aidan FITZSIMONS	Watergrasshill A.C.	M	M50	2379	1:17:51	1:17:06
863	Donncha MURPHY	Bweeng Trail Blazers	M	M40	2943	1:17:52	1:17:02
864	Vicky LEHANE	Wibbly Wobbly Wonders	F	F45	3057	1:17:53	1:17:12
865	Patrick DUNLEA	Aghada RC	M	MS	1630	1:17:54	1:17:18
866	Liam MOORE		M	M40	918	1:17:54	1:17:21
867	Marcella MCGRATH	West Limerick A.C.	F	F40	282	1:17:55	1:17:22
868	Tony MURRAY		M	M50	553	1:17:55	1:17:06
869	Justin O'CONNOR		M	M40	1184	1:17:57	1:16:54
869	Paddy MURPHY		M	MS	941	1:17:57	1:17:41
871	Brendan MACKEY		M	MS	1318	1:17:58	1:17:16
872	Tom O'BRIEN		M	M40	1040	1:17:58	1:17:32
873	Seamus FOLEY	Kilkenny Triathlon Club	M	M45	1803	1:18:00	1:17:11
874	Sean O'HARGAIN	Kilkenny City Harriers	M	M50	3052	1:18:02	1:17:49
875	Michael TWOMEY		M	M40	853	1:18:03	1:17:30
876	Oliver LEAHY	Pat Walsh Running	M	M40	1505	1:18:04	1:17:31
877	Seamus WARD	Carrick on Suir A.C.	M	M50	292	1:18:04	1:17:20
878	Denis HEALY	Bandon A.C.	M	MS	951	1:18:05	1:17:12
879	Clare SHERMAN		F	F40	1249	1:18:06	1:16:45
880	Ciaran DESMOND	Leevale A.C.	M	M55	935	1:18:06	1:17:51
880	Ashleigh BYRNE	Blackwater Tri Club	F	FS	2766	1:18:06	1:17:31
882	Ricky COSTELLO	Watergrasshill A.C.	M	MS	771	1:18:06	1:17:43

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883	Sean NORRIS	Aghada RC	M	M40	1236	1:18:09	1:17:26
884	Paddy BRUNNOCK		M	MS	2142	1:18:10	1:17:26
885	Sean O'RIORDAN		M	M50	1032	1:18:10	1:17:19
886	Rosie LENEHAN	Run4fun	F	F45	1416	1:18:12	1:17:26
887	Cian QUIGLEY	St Finbarrs A.C.	M	MS	839	1:18:12	1:17:35
888	Ciarán O'CONNOR		M	MS	2628	1:18:12	1:17:07
889	Stanislav DUDEK	West Waterford A.C.	M	MS	82	1:18:13	1:17:43
890	Kevin O'DONOVAN	Watergrasshill A.C.	M	M40	3077	1:18:14	1:17:37
891	Anna BYRNE	Clonmel A.C.	F	F50	65	1:18:14	1:17:59
891	Declan COX		M	M55	260	1:18:14	1:17:34
893	Brendan CANTWELL		M	M50	1858	1:18:16	1:17:31
894	Eoghan MCKERNAN		M	M40	1783	1:18:16	1:17:42
895	Cathy MOLONEY		F	FS	2293	1:18:17	1:17:23
896	Pat DEVEREUX	Tried & Tested	M	M40	1312	1:18:19	1:17:45
897	Michael MURRAY		M	M40	3071	1:18:19	1:17:32
898	Kieran MULCAHY		M	M50	2978	1:18:20	1:17:18
899	Pat O'NEILL	Sliabh Buidhe Rovers	M	M45	289	1:18:20	1:18:01
900	Angeline DRENNAN	West Waterford A.C.	F	F40	142	1:18:21	1:17:40
901	Dorothy RYAN	Limerick Country Club A.C.	F	F55	1652	1:18:24	1:17:42
902	Jamie STEELE		M	MS	2268	1:18:25	1:17:50
903	Caroline GEARY	Midleton A.C.	F	F40	250	1:18:26	1:16:56
904	Peter COUGHLAN		M	MS	3114	1:18:27	1:17:23
905	Aoife GARDNER		F	F40	1403	1:18:29	1:18:04
906	Maria CUDDY	Portlaoise A.C.	F	F40	410	1:18:32	1:17:57
907	Kieran FITZGERALD		M	M65	253	1:18:33	1:17:39
908	John COAKLEY	Biomarin	M	M40	1484	1:18:34	1:17:50
909	Martin O'REILLY	St Finbarrs A.C.	M	M45	269	1:18:34	1:17:33
910	Jane HEWITT		F	F35	2521	1:18:35	1:18:11
911	Breda HENNESSY	St Josephs A.C.	F	F45	1125	1:18:35	1:17:47
912	Niall BRANNIGAN	Clonmel A.C.	M	M40	2990	1:18:36	1:17:57
913	Roisin RONAYNE		F	F40	361	1:18:37	1:17:17
914	John LEONARD	West Waterford A.C.	M	M50	644	1:18:37	1:18:00
915	Jack MOORE		M	MJ	2135	1:18:37	1:17:58
916	Dean FITZGERALD		M	MS	1261	1:18:38	1:17:47
917	Kenny BRETT	Clonmel A.C.	M	M45	102	1:18:40	1:18:03
918	Frank LYNCH	Clonmel A.C.	M	M45	124	1:18:40	1:17:48
919	Kieran HARTE	St Catherines A.C.	M	M50	370	1:18:41	1:18:02
920	Claire FITZGERALD	Midleton A.C.	F	F40	502	1:18:43	1:17:51
921	Tom MURPHY		M	M45	2859	1:18:43	1:17:48
922	Mark PYNE	Grange Fermoy. A.C.	M	M40	1850	1:18:44	1:18:10
923	Lee PRENDERGAST	SRR	M	MS	3017	1:18:44	1:18:01
923	Johnny MCGRATH		M	M40	2038	1:18:44	1:18:20
925	Brian JACKMAN		M	M50	149	1:18:46	1:17:56
926	Leo HOWARD		M	M45	2895	1:18:46	1:17:57
927	Siobhan O'LEARY	St Josephs A.C.	F	F40	2566	1:18:47	1:18:00
928	John CASEY	Togher A.C.	M	M55	2299	1:18:48	1:18:03
928	Edward LONG	Kilkenny Triathlon Club	M	M45	2170	1:18:48	1:18:03
930	Aidan HARTNETT	Togher A.C.	M	M50	1175	1:18:50	1:18:04
931	Tim O'SULLIVAN	Cork County Council	M	M50	2954	1:18:50	1:18:07
932	Sean POWELL	Mallow A.C.	M	M55	2490	1:18:52	1:18:05
933	Bernard O'CONNELL		M	MS	9770	1:18:53	1:18:08
934	Peter QUINN	Ballymore Cobh A.C.	M	M55	1195	1:18:54	1:18:06
935	Aisling ENGLISH	Clonmel A.C.	F	FS	9776	1:18:55	1:18:08
936	Dinny BRENNAN	Kilkenny Triathlon Club	M	M50	2180	1:18:56	1:18:41
937	Kevin CUMMINS		M	M40	2782	1:18:56	1:18:15
938	Michael PRATT	Grange Fermoy. A.C.	M	M55	1182	1:18:58	1:18:16
939	Thomas CASEY	Aghada RC	M	M40	2987	1:18:59	1:18:19
940	Rose BARTLEY	Bridevale A.C.	F	F40	2767	1:18:59	1:18:59
941	Darren CROWLEY	Tracton A.C.	M	M40	570	1:19:00	1:18:41



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942	Antoinette KEATING	Youghal A.C.	F	F35	953	1:19:01	1:18:17
943	Deirdre O'LEARY	North Cork A.C.	F	F35	234	1:19:02	1:17:57
944	John PERRY	Clonmel A.C.	M	M45	298	1:19:03	1:18:49
945	Sinead BRANNIGAN	Waterford A.C.	F	FS	2303	1:19:03	1:18:04
946	John MOONEY		M	MS	1356	1:19:04	1:18:25
947	Billy SHEEHAN		M	M40	131	1:19:04	1:18:02
948	Peter CUNNINGHAM		M	MS	879	1:19:05	1:18:00
949	Der MOLONEY	Cork Triathlon Club	M	M50	1658	1:19:07	1:18:21
949	Michael MURRAY	Watergrasshill A.C.	M	M50	2065	1:19:07	1:18:20
951	Trevor O'DONOVAN		M	MS	3078	1:19:08	1:18:24
952	Bryan LARKIN	Aghada RC	M	M45	1210	1:19:12	1:18:20
953	Bertie TROY		M	M40	1586	1:19:12	1:18:26
954	Michael BESTON		M	M55	1298	1:19:13	1:18:26
955	Fachtna GOGGIN	Happy Feet Blarney	M	MS	1417	1:19:14	1:18:29
956	Adrian MARNANE		M	MS	1673	1:19:15	1:18:22
957	Thomas KAVANAGH	Gowran A.C.	M	MS	1706	1:19:16	1:18:13
958	Colm SPILLANE	Fota Island RC	M	MS	2573	1:19:18	1:18:41
959	Keitaro ADO		M	M55	710	1:19:18	1:19:05
960	John F WALSH	Cobh Triathlon Club	M	M50	2740	1:19:19	1:18:25
961	Paddy KEALY	Kilkenny Triathlon Club	M	M45	1895	1:19:19	1:19:02
962	Noel DINEEN		M	M50	2924	1:19:21	1:18:42
963	Angus DAVIDSON		M	MS	1970	1:19:21	1:18:35
964	Stephen BARRY		M	MS	2627	1:19:21	1:18:36
965	David MCNALLY	West Waterford A.C.	M	M50	64	1:19:22	1:18:23
965	Derek CURRAN		M	M45	1239	1:19:22	1:18:52
967	Jimmy MCGIBNEY	Waterford A.C.	M	M45	224	1:19:22	1:18:43
968	Ray O'SULLIVAN		M	M50	963	1:19:22	1:19:01
969	Janette O'SULLIVAN	Youghal A.C.	F	F35	241	1:19:22	1:18:49
970	Jack THEBAULT	St Nicholas A.C.	M	M50	1339	1:19:23	1:18:31
971	Anthony SINNOTT	United Striders A.C.	M	M45	533	1:19:24	1:18:40
972	James ROCHE	Waterford Triathlon Club	M	M55	1100	1:19:24	1:18:31
973	Kevin MORAN	Midleton A.C.	M	M50	1481	1:19:24	1:18:48
974	Michelle FORREST	Ballintotis Fit4Life	F	F40	1602	1:19:25	1:18:37
975	David CONNAUGHTON	Athenry A.C.	M	M40	105	1:19:25	1:18:38
976	Julie Anne LOCHADEN	Ballintotis Fit4Life	F	F40	2027	1:19:25	1:18:36
977	Paul MURPHY	Slaney Olympic A.C.	M	M50	1596	1:19:26	1:19:18
978	David MOTHERWAY		M	M40	9779	1:19:27	1:18:21
979	Sinead FITZGERALD	Aghada RC	F	F40	659	1:19:27	1:18:48
980	Oliver MULLANE		M	M50	1721	1:19:27	1:19:18
981	Eddie BREEN		M	MS	993	1:19:29	1:18:41
982	Tj VAN DER VALK		M	M55	1188	1:19:29	1:18:43
983	Aidan LEAHY		M	MS	921	1:19:29	1:18:55
984	Davy TOBIN	West Waterford A.C.	M	M55	1369	1:19:30	1:18:41
985	Michael O'HALLORAN	Churchtown Road Runners A.C.	M	MS	2584	1:19:31	1:18:42
986	Ashleigh HARTIGAN	Bruff	F	FS	1497	1:19:32	1:19:26
987	Sean O'BRIEN	Cork County Council	M	M50	2995	1:19:33	1:18:50
988	Sean O'RIORDAN	Kinsale Tri Club	M	M40	614	1:19:34	1:18:14
989	Mick RONAN		M	M50	132	1:19:35	1:18:56
990	Marco COSENZA	Nac Breda Runner club	M	M45	3094	1:19:36	1:19:02
991	Vincent MCHUGH	Clonmel A.C.	M	M40	1343	1:19:36	1:18:42
992	Peter CLEARY		M	M50	297	1:19:37	1:18:44
993	Julieanne BUCKLEY	Mount Hillary A.C.	F	F40	1731	1:19:37	1:18:53
994	Graham QUINLAN	Waterford A.C.	M	M40	2097	1:19:38	1:19:02
995	Linda MALONE	Churchtown Road Runners A.C.	F	F35	1451	1:19:38	1:18:48
996	Alan FOLEY	Watergrasshill A.C.	M	M50	920	1:19:38	1:18:42
997	John KIELY		M	M40	679	1:19:41	1:18:57
998	Tony CROSBIE		M	M45	503	1:19:41	1:19:02
999	Richard MEEHAN	Ballynonty A.C.	M	M55	2060	1:19:42	1:19:06
1000	Jonny LYONS		M	MS	1269	1:19:42	1:18:46

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1001	Brendan NUGENT	Kilkenny City Harriers	M	M45	1992	1:19:44	1:19:14
1002	Tommy LEE	Kilfinane A.C.	M	M45	1220	1:19:44	1:18:59
1002	Helen ROCHE	Wibbly Wobbly Wonders	F	F45	1015	1:19:44	1:18:52
1004	Michael MURPHY	Duhallow A.C.	M	MS	2844	1:19:46	1:19:03
1005	Angela MCCALL	Ballymore Cobh A.C.	F	F45	1160	1:19:47	1:18:59
1006	Michelle MANNING		F	FS	741	1:19:50	1:19:14
1007	Claire GUYON	Waterford Triathlon Club	F	F35	1204	1:19:50	1:18:53
1008	Susan BROWNE		F	F40	1114	1:19:51	1:18:38
1009	Emer O'BRIEN	Fitness with Emer	F	F45	2673	1:19:52	1:19:08
1010	Mary O'CONNELL	Gneeveguilla A.C.	F	F45	623	1:19:52	1:19:03
1011	Adil Cahit ANSAROGLU		M	MS	2916	1:19:53	1:18:26
1012	Padraic DOHERTY		M	M45	2176	1:19:53	1:19:05
1013	Pat WALSH	Clonmel A.C.	M	M50	930	1:19:54	1:19:07
1014	Chris PARSONS		M	MS	3010	1:19:54	1:19:05
1015	Pauline SWEETNAM	Churchtown Road Runners A.C.	F	F35	1604	1:19:55	1:19:06
1016	Mag KIRWAN	Kings River A.C.	F	F50	2455	1:19:56	1:19:10
1017	Paddy RYAN	St Catherines A.C.	M	MS	360	1:19:56	1:19:20
1018	Fiona ORMONDE	West Waterford A.C.	F	F35	28	1:19:58	1:19:28
1019	Ken HARTE	Eagle A.C.	M	M45	2100	1:19:58	1:19:24
1020	Dan KIRBY	West Waterford A.C.	M	MS	583	1:19:59	1:19:16
1021	Barry O'DWYER	Midleton A.C.	M	M45	1222	1:19:59	1:19:08
1022	Joshua NEKL		M	M40	1583	1:19:59	1:18:59
1023	John KENNY	Mallow A.C.	M	M40	1422	1:20:01	1:19:13
1023	Lorena MOONEY		F	F40	427	1:20:01	1:19:20
1025	Jason CROSBIE	Eagle A.C.	M	MS	617	1:20:01	1:19:05
1026	Patrick LANNON	West Waterford A.C.	M	M45	53	1:20:01	1:19:04
1027	Robert HAMILL	Youghal A.C.	M	M45	1205	1:20:02	1:19:21
1028	Anthony KIRWAN	Focus On Fitness	M	M40	1874	1:20:03	1:19:36
1029	Annette KELLY	Saturday Road Runners	F	F40	2192	1:20:03	1:19:03
1030	Jacinta FAHY	Naas A.C.	F	F50	2926	1:20:04	1:19:37
1031	Mag O'CONNOR	St Josephs A.C.	F	F45	1113	1:20:04	1:19:16
1032	Joe MURPHY		M	MS	2755	1:20:04	1:19:13
1033	Stephen WARD		M	M45	998	1:20:06	1:19:31
1034	Michael CROTTY		M	MS	1641	1:20:06	1:19:23
1035	Stephen MURPHY	Mallow A.C.	M	M60	2331	1:20:08	1:19:21
1036	Niamh O'DONOVAN		F	FS	566	1:20:09	1:19:18
1037	Mike HENNERTY		M	M40	2478	1:20:10	1:19:57
1038	David O'SULLIVAN	Midleton A.C.	M	MS	1156	1:20:14	1:19:22
1039	Jim BARRY	West Waterford A.C.	M	M40	475	1:20:15	1:19:39
1040	Cyril WALSH	Tracton A.C.	M	M40	1544	1:20:16	1:19:34
1041	Vincent LUCEY	Youghal A.C.	M	M50	1800	1:20:16	1:19:17
1042	Margaret O'REGAN	Ballymore Cobh A.C.	F	F40	1370	1:20:17	1:19:24
1043	Andrew HOLOHAN	Naas A.C.	M	M45	1848	1:20:20	1:19:53
1044	Micheal O'BRIEN	Aghada RC	M	MS	2639	1:20:21	1:19:31
1045	Orla DOYLE		F	FS	1871	1:20:22	1:20:09
1045	Brian ORMONDE	West Waterford A.C.	M	M45	27	1:20:22	1:19:53
1047	Ger MARSHALL		M	M60	1430	1:20:22	1:19:37
1048	Wes DENNEHY		M	M40	1017	1:20:22	1:19:52
1049	Ger NOLAN	Waterford Triathlon Club	M	M55	1536	1:20:23	1:19:38
1050	Michael HAYES		M	M55	78	1:20:24	1:19:38
1051	Eileen COLLINS	Clonakilty Roadrunners A.C.	F	F40	733	1:20:25	1:19:35
1052	Sheila BUCKLEY	Midleton A.C.	F	F35	870	1:20:26	1:19:36
1053	Frances LYNCH		F	F55	255	1:20:27	1:19:34
1054	Ian STENSON	Focus On Fitness	M	M45	3020	1:20:28	1:19:33
1055	Kevin HEHIR		M	MS	2592	1:20:28	1:20:12
1056	Christine CAMPION		F	FS	2685	1:20:28	1:19:58
1057	Brian O'KEEFFE		M	MS	654	1:20:29	1:20:11
1058	Malgorzata PALEGA		F	F35	607	1:20:32	1:19:31
1059	Gearoid MACCOITIR		M	MS	750	1:20:34	1:19:57

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1060	Shane FLEMING		M	M40	2966	1:20:35	1:19:49
1061	Brendan BULLEN	West Waterford A.C.	M	MS	129	1:20:35	1:19:57
1062	Deirdre COTTER	Mallow A.C.	F	F40	2727	1:20:36	1:19:32
1063	Conor FEEHILY		M	MS	2567	1:20:36	1:19:55
1064	Dan DALY		M	M45	2328	1:20:37	1:19:49
1065	Kevin O'CONNOR	Tracton A.C.	M	M45	252	1:20:40	1:19:57
1066	Pat CAROLAN		M	M60	1280	1:20:41	1:20:00
1067	Alastair GOLDRING		M	M45	2506	1:20:42	1:19:55
1068	Ted O'LEARY	West Waterford A.C.	M	M45	344	1:20:42	1:19:58
1069	Sandra MOORE	West Waterford A.C.	F	F45	29	1:20:43	1:19:56
1070	Sinead BRACKEN		F	F40	2635	1:20:43	1:19:54
1071	Thomas CORCORAN		M	MS	2499	1:20:46	1:20:38
1072	Bart GUTOWSKI		M	MS	2272	1:20:47	1:19:30
1073	Mick CONCANNON	West Waterford A.C.	M	M55	36	1:20:47	1:20:03
1074	Donny FLYNN		M	M50	779	1:20:49	1:19:43
1075	Moira CODY	Graigie Ballycallan A.C.	F	F35	3113	1:20:50	1:19:40
1076	Brian WHELAN		M	MS	2095	1:20:56	1:19:45
1077	Kathleen BROWNE		F	F50	2701	1:20:59	1:20:18
1078	Patrick BUCKLEY	Mallow A.C.	M	MS	2471	1:21:04	1:20:32
1079	Mary PYKE	Mooreabbey Milers A.C.	F	F45	743	1:21:05	1:20:37
1079	Billy GOUGH	Togher A.C.	M	M50	840	1:21:05	1:19:48
1081	Jean FARRELL		F	F50	415	1:21:08	1:20:52
1082	Patricia LARKIN		F	F45	414	1:21:13	1:20:57
1082	Alma WORRALL	Ballymore Cobh A.C.	F	F45	1362	1:21:13	1:20:20
1084	Andrew GEANEY	Apple RC	M	M60	841	1:21:14	1:20:16
1085	Johnny SEXTON	Churchtown Road Runners A.C.	M	M45	424	1:21:16	1:20:16
1086	Deirdre MORRISON		F	FS	2599	1:21:17	1:20:29
1087	Jenna LEETCH	St Nicholas A.C.	F	F35	703	1:21:17	1:20:25
1088	Donal MCGRATH		M	M55	1725	1:21:18	1:20:42
1089	Eileen FINN	Grange Fermoy. A.C.	F	F35	452	1:21:19	1:20:48
1089	Barry O'NEILL	Crusaders A.C.	M	M40	2130	1:21:19	1:20:41
1091	Michael FOLEY	Waterford Triathlon Club	M	M50	2880	1:21:20	1:20:44
1091	Thomas O'REGAN	Leevale A.C.	M	M50	1742	1:21:20	1:20:39
1093	Michael O'LOUGHLIN	Wibbly Wobbly Wonders	M	M50	2997	1:21:22	1:20:40
1094	Fergal LAVERY	Kilnaboy A.C.	M	MS	1109	1:21:23	1:20:45
1095	Andrzej BUJALSKI	Carrigtwohill A.C.	M	MS	714	1:21:25	1:20:24
1096	Seamus DORAN		M	M40	1647	1:21:26	1:20:36
1097	Claire MURPHY	Youghal A.C.	F	F45	671	1:21:28	1:20:47
1098	Norma WALL		F	F40	1884	1:21:29	1:20:16
1099	Gerard GALVIN	Kilkenny Triathlon Club	M	MS	2837	1:21:29	1:20:19
1100	Paul EVANS		M	M60	793	1:21:30	1:20:46
1101	Ita KIRWAN	Eagle A.C.	F	F50	2023	1:21:30	1:20:40
1101	Paul MCGRATH	West Waterford A.C.	M	M50	37	1:21:30	1:20:46
1103	Martin POWER		M	M45	2369	1:21:31	1:20:25
1104	Noel KERR	Team Tywang	M	M55	2178	1:21:32	1:20:22
1105	Sharon GOLDSMITH	Limerick Country Club A.C.	F	F50	1494	1:21:33	1:20:38
1106	Natalie SHEEHAN	West Waterford A.C.	F	FS	2090	1:21:33	1:20:24
1107	Sinead NOONAN	St Finbarrs A.C.	F	F40	1493	1:21:33	1:20:46
1108	Michael WALL	Kilbrittain Runners	M	M50	564	1:21:34	1:21:00
1109	Jody HALLINAN	West Waterford A.C.	M	M45	1178	1:21:35	1:21:21
1110	Natalie SHAW HAMILTON	Tried & Tested	F	F45	2284	1:21:35	1:20:44
1111	Eleanor FENNESSY	Watergrasshill A.C.	F	F40	1270	1:21:36	1:20:37
1112	Eamonn ENGLISH	Clonmel A.C.	M	M55	183	1:21:37	1:20:48
1113	Tim FARMER	Naas A.C.	M	M45	2629	1:21:38	1:21:11
1114	John O'TOOLE	St Laurence O Toole A.C.	M	M40	985	1:21:39	1:20:42
1115	Sheila BYRNE	Midleton A.C.	F	F50	2743	1:21:41	1:20:51
1116	Noreen O'KEEFFE	Watergrasshill A.C.	F	F45	397	1:21:44	1:20:48
1117	Orla O'MAHONY BANNON	West Waterford A.C.	F	F35	26	1:21:46	1:21:00
1118	Libby MCGINN MURPHY	West Waterford A.C.	F	F50	594	1:21:47	1:21:00

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1119	Donald DALY	St Laurence O Toole A.C.	M	M55	1649	1:21:48	1:20:51
1120	Donal RYAN	Borrisoleagh Track Attack	M	M45	268	1:21:49	1:20:48
1121	Louise BARRY	Midleton A.C.	F	F35	1853	1:21:50	1:20:59
1122	Colin FEELY	Hardy boys	M	M45	1482	1:21:51	1:20:58
1123	Kelly CANTWELL		F	FS	51	1:21:51	1:20:53
1124	Bernie MOCKLER	Focus On Fitness	F	F45	3086	1:21:51	1:20:53
1125	Kieran SHEAHAN	Watergrasshill A.C.	M	MS	2583	1:21:52	1:20:56
1126	Martin FEENEY	BTC/Catherines	M	MS	2177	1:21:54	1:20:42
1127	Colin KEANE		M	MS	686	1:21:55	1:21:11
1128	Linda TWOMEY	North Cork A.C.	F	F35	220	1:21:56	1:21:42
1129	Marie GILLMAN	Midleton A.C.	F	F50	2225	1:21:57	1:21:01
1130	Deb O'DONOVAN	Bweeng Trail Blazers	F	F40	2030	1:21:58	1:21:02
1131	Angela WALSH	Clonmel A.C.	F	FS	1209	1:21:58	1:21:21
1132	John FENNELL	West Waterford A.C.	M	M40	190	1:21:59	1:20:57
1133	Alan MAHY		M	MS	2632	1:22:00	1:21:02
1134	David CULLINANE		M	M45	1751	1:22:02	1:21:15
1135	Nessa O'DWYER		F	F35	340	1:22:04	1:21:46
1136	Ann HENNEBRY	Focus On Fitness	F	F50	1638	1:22:10	1:21:21
1137	Catherine LINEHAN	Watergrasshill A.C.	F	F55	891	1:22:10	1:21:16
1138	Orla NOLAN	Dromahane RoadRunners A.C.	F	F45	2917	1:22:12	1:21:08
1139	Paul MOORE	Cork Triathlon Club	M	M40	2427	1:22:16	1:21:39
1140	Brigid COFFEY	West Waterford A.C.	F	F45	1898	1:22:17	1:21:29
1141	Orla KELLY	Pat Walsh Running	F	F35	2487	1:22:18	1:21:19
1142	Eamon MCGRATH		M	M40	1829	1:22:18	1:21:40
1143	Micheál GEE		M	MS	1986	1:22:18	1:21:36
1144	Billy CANTILLON		M	M55	339	1:22:19	1:21:28
1144	Sinead POWER		F	F40	1476	1:22:19	1:21:13
1146	Sancha QUIGLEY	Clonmel A.C.	F	FS	172	1:22:20	1:21:37
1147	Patrick HARTNETT		M	M40	1833	1:22:20	1:21:04
1148	Noel RYALL	Pat Walsh Running	M	M50	1581	1:22:21	1:21:17
1149	Catherine PHELAN		F	F40	2200	1:22:21	1:21:28
1150	Alice FITZGERALD	West Waterford A.C.	F	F55	375	1:22:22	1:21:18
1151	Daragh DUGGAN		M	MS	2404	1:22:23	1:21:41
1152	Aoife O'CONNELL		M	MS	1157	1:22:23	1:21:24
1153	Ger BRODERICK	Ballintotis Fit4Life	M	M45	3014	1:22:24	1:21:53
1154	Denis CRONIN	Mallow A.C.	M	M55	1534	1:22:24	1:22:08
1155	Keith DRICOLL	Waterford A.C.	M	M40	1607	1:22:24	1:21:48
1155	Richard MORRISON	St Nicholas A.C.	M	M40	1060	1:22:24	1:21:31
1157	Kathleen CRONIN	Mallow A.C.	F	F55	2486	1:22:24	1:22:08
1158	Anthony WALSH		M	M55	1755	1:22:25	1:21:33
1159	Feargal ABERNETHY		M	M45	2849	1:22:26	1:21:29
1160	Geraldine LACEY	West Waterford A.C.	F	F40	1506	1:22:27	1:21:42
1161	Mark DEVEREUX	Saturday Road Runners	M	MS	1640	1:22:29	1:21:29
1162	Helena BROWNE	Slaney Olympic A.C.	F	F45	1878	1:22:29	1:21:38
1162	Sabina SWEENEY	Slaney Olympic A.C.	F	F45	1391	1:22:29	1:21:39
1164	Chloe WALSH	Youghal A.C.	F	FS	2318	1:22:31	1:21:48
1165	Sharon HIGGINS	West Waterford A.C.	F	F35	6	1:22:32	1:21:30
1166	Anna ERFURTH	Carrigtwohill A.C.	F	F35	872	1:22:32	1:21:28
1167	Lisa O'CONNOR	Carrigtwohill A.C.	F	F35	1227	1:22:33	1:21:27
1168	Sue CROWLEY	Watergrasshill A.C.	F	F40	3091	1:22:33	1:21:35
1169	Sinead NI FHAOLAIN	West Waterford A.C.	F	FS	38	1:22:33	1:21:47
1170	Gavin QUAINÉ	Bridevale A.C.	M	M40	2713	1:22:34	1:22:00
1171	Claire DIREEN		F	F45	159	1:22:36	1:21:26
1172	Lisa RYAN		F	FS	9778	1:22:36	1:21:59
1173	Marian FLAHERTY	Clonmel A.C.	F	F40	756	1:22:37	1:21:50
1174	Paul MURPHY		M	M45	1576	1:22:38	1:21:54
1175	Ann Marie DONLON		F	F45	1183	1:22:40	1:22:09
1175	Kathy BRADFORD	St Finbarrs A.C.	F	F45	1502	1:22:40	1:21:38
1177	Brenda MCMAHON	Ferrybank A.C.	F	F40	1656	1:22:41	1:21:45

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1178	Ray AHERN	Apple RC	M	MS	2441	1:22:44	1:22:15
1179	Janet FORREST	Carragig Na Bhfear A.C.	F	F45	378	1:22:47	1:21:46
1180	Barry MORRISSEY	Tried & Tested	M	M45	2902	1:22:48	1:21:56
1181	Karen HEFFERNAN		F	F40	2333	1:22:51	1:21:56
1182	Oliver RYAN		M	M40	2876	1:22:52	1:21:54
1183	Georgina CUNNINGHAM	St Catherines A.C.	F	F40	348	1:22:55	1:22:21
1184	Gearoid MORLEY		M	MS	1089	1:22:57	1:22:45
1185	Mary O'MAHONY	Ballintotis Fit4Life	F	F50	2184	1:22:58	1:22:38
1186	Sylvie O'MAHONY	Youghal A.C.	M	M60	2182	1:22:59	1:22:39
1187	Ri-Jan O'REILLY	Adeles Eat Train Live	F	FS	2337	1:22:59	1:22:14
1188	Trish CAMPION	Kilkenny Triathlon Club	F	F40	997	1:23:00	1:22:46
1189	George BULMAN	Youghal A.C.	M	M60	1003	1:23:00	1:22:40
1190	Mary FLYNN		F	F40	2651	1:23:00	1:21:59
1191	Sean LYNCH		M	MS	2684	1:23:00	1:22:16
1192	Steven VAULS	West Waterford A.C.	M	M45	3004	1:23:03	1:21:54
1193	Susan LEESON	Kings River A.C.	F	F40	1830	1:23:06	1:22:21
1194	Linda FOLEY	West Waterford A.C.	F	FS	61	1:23:07	1:22:21
1195	Ian CLIFFE		M	M40	152	1:23:08	1:22:20
1196	Michael FEENEY		M	M40	1281	1:23:09	1:21:56
1197	Deirdre POWER	Carrick on Suir A.C.	F	F35	2354	1:23:09	1:22:06
1198	Caroline SHEEDY		F	F35	675	1:23:10	1:22:38
1199	Pat KEANE	Borrisoleagh Track Attack	M	M40	2103	1:23:11	1:22:10
1200	Tyrone O'NEILL	Huffers and Puffers	M	M50	1816	1:23:13	1:21:52
1201	Keith ANSBRO	Youghal A.C.	M	M40	2265	1:23:13	1:22:40
1202	Joe MURRAY		M	MS	2989	1:23:14	1:21:43
1203	Catriona KIELY	West Waterford A.C.	F	F45	481	1:23:15	1:22:11
1204	Paul CUSACK	Mallow A.C.	M	M40	2055	1:23:16	1:22:28
1205	Patrick DONNELLY		M	M40	2866	1:23:16	1:21:55
1206	Kevin O'DONOVAN		M	M40	2394	1:23:17	1:22:26
1207	Paul RIGNEY		M	M40	1065	1:23:17	1:22:42
1208	Michael BOHANE		M	MS	2492	1:23:18	1:22:37
1209	Caroline BROPHY	Mallow A.C.	F	F50	1374	1:23:19	1:22:20
1210	Lisa GUERIN	Mallow A.C.	F	F35	2109	1:23:19	1:22:21
1211	Billy GRADY	Newcastle	M	M50	2777	1:23:19	1:22:23
1212	Eddie DOYLE		M	M40	307	1:23:19	1:22:50
1213	Patrick MCCARTHY	Aghada RC	M	M40	2045	1:23:21	1:22:21
1214	Kevin QUAID	Dromahane RoadRunners A.C.	M	M40	813	1:23:21	1:22:21
1215	Kevin O'KEEFFE	Ballymore Cobh A.C.	M	MS	695	1:23:22	1:22:21
1216	Mick HOLLAND	Ballintotis Fit4Life	M	M45	2688	1:23:23	1:22:25
1217	Geraldine CROKE	Saturday Road Runners	F	F40	1537	1:23:25	1:22:26
1218	Paul MCCARTHY	Bridevale A.C.	M	M45	834	1:23:26	1:22:32
1219	Margie O'CONNOR	Churchtown Road Runners A.C.	F	FS	881	1:23:27	1:22:32
1220	Dario GIULIANO	Apple RC	M	M40	3092	1:23:27	1:22:01
1221	Caroline RYAN	North Cork A.C.	F	FS	240	1:23:30	1:23:30
1222	Liam CAREY		M	M45	2716	1:23:30	1:22:28
1223	Sheila Anne GRAHAM		F	F60	2706	1:23:30	1:22:59
1224	Colette RYAN	Douglas Meet and Train	F	F50	265	1:23:33	1:22:31
1225	Donal O'DONOGHUE		M	M50	266	1:23:34	1:23:12
1226	Simon DAVIES	Ballintotis Fit4Life	M	M45	2481	1:23:34	1:23:19
1227	Nuala COOPER MURPHY	Youghal A.C.	F	F35	267	1:23:35	1:23:35
1228	Laura ALBIOL TENDILLO		F	FS	962	1:23:39	1:22:53
1229	Pat MYRES	United Striders A.C.	M	M50	538	1:23:41	1:22:59
1230	Brian CULLINANE		M	M40	182	1:23:41	1:22:54
1231	Oonagh RECK		F	F45	2096	1:23:42	1:22:40
1232	Marco COSENZA	Apple RC	M	M45	875	1:23:44	1:23:10
1233	Martina MOLONEY	Churchtown Road Runners A.C.	F	F35	1244	1:23:45	1:22:50
1234	David REGAN	West Waterford A.C.	M	M45	631	1:23:45	1:22:27
1235	Christina FRYDAY	Dundrum A.C.	F	F40	309	1:23:46	1:22:44
1236	Hugh RYAN		M	M60	2884	1:23:46	1:22:38

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1237	Paul EVANS	St Nicholas A.C.	M	M40	454	1:23:47	1:22:56
1238	Dolores MCLOUGHLIN	Kings River A.C.	F	F40	1441	1:23:50	1:23:04
1239	Emma RYAN	Clonmel A.C.	F	F35	2419	1:23:50	1:22:54
1240	John MURRAY		M	MS	2750	1:23:51	1:23:04
1241	Michelle MANNING		F	F40	2460	1:23:51	1:23:05
1242	Claire FALVEY		F	F40	2494	1:23:51	1:23:13
1243	Vera NAGLE	Mallow A.C.	F	F35	2093	1:23:52	1:22:47
1244	Mary FREYNE		F	FS	3063	1:23:54	1:22:45
1245	Eanna DE FAOITE		M	M40	730	1:23:54	1:23:07
1246	Ruairi O'BRIEN		M	MS	2569	1:23:54	1:23:10
1247	Gordon O'NEILL	Aghada RC	M	M40	2934	1:23:55	1:22:56
1248	Robert KENT		M	MS	2775	1:23:55	1:23:11
1249	Fionnuala MCARDLE		F	F40	1722	1:23:56	1:23:56
1250	Liam CORCORAN	Limerick Country Club A.C.	M	M45	1512	1:23:58	1:23:01
1251	Debbie KEILTHY		F	FS	1679	1:23:59	1:22:56
1252	Mary PRENDERGAST		F	FS	2238	1:23:59	1:23:23
1253	Fergus HICKEY		M	M45	276	1:24:00	1:22:43
1254	Thomas CASHIN		M	MS	897	1:24:00	1:22:15
1255	Carol CASHELL	Carrigtwohill A.C.	F	F40	1913	1:24:02	1:22:57
1256	Dernot JOHNSON	Bridevale A.C.	M	M50	1214	1:24:04	1:21:37
1257	Gemma ROBINSON	Cahir Meet & Train	F	F45	2201	1:24:04	1:23:39
1258	Joy O'CALLAGHAN		F	F45	2514	1:24:05	1:23:10
1259	Paul KIERANS	Midleton A.C.	M	M50	491	1:24:06	1:22:24
1260	Sarah DOYLE	Kilkenny City Harriers	F	F45	2425	1:24:09	1:23:18
1261	Marcus AHERNE	Aghada RC	M	M45	428	1:24:12	1:21:48
1262	Brenda CANTY	Watergrasshill A.C.	F	F40	2621	1:24:16	1:23:18
1263	James SULLIVAN		M	MS	2322	1:24:16	1:23:20
1264	Cathal O'RIORDAN		M	M55	1741	1:24:17	1:23:17
1265	Ian PATTERSON	Clonmel A.C.	M	M40	85	1:24:18	1:23:30
1265	Vincent MCINTYRE	Naas A.C.	M	M55	1377	1:24:18	1:23:51
1267	Noel DELAHUNTY		M	MS	1817	1:24:19	1:23:36
1268	Gearoid MCKERNAN		M	MS	2735	1:24:19	1:24:03
1269	Aonghus O'RAGHNAIGH		M	MS	76	1:24:20	1:23:15
1270	Paul O'CONNELL	St Catherines A.C.	M	M40	372	1:24:21	1:23:45
1271	Gerry FITZGERALD	Midleton A.C.	M	M45	1932	1:24:21	1:23:11
1272	Peter WHELAN		M	M50	2430	1:24:22	1:23:28
1273	Aileen BUCKLEY		F	FS	2239	1:24:23	1:23:24
1274	Declan HOWARD	Ferrybank Road Runners	M	M45	1200	1:24:24	1:23:17
1275	Catherine HANNAFIN		F	F45	1365	1:24:25	1:23:25
1276	Padraig GIBBONS		M	M60	1653	1:24:25	1:23:37
1277	Keith STYLES	United Striders A.C.	M	M40	9771	1:24:26	1:23:58
1278	Jane MURPHY	Waterford A.C.	F	FS	171	1:24:27	1:23:44
1279	Orla DURAND	Clonmel A.C.	F	F45	88	1:24:28	1:23:49
1280	David HACKETT		M	M45	1524	1:24:29	1:23:44
1281	Denise CRONIN	Mallow A.C.	F	F40	2228	1:24:30	1:23:35
1282	Amelia SHORTEN		F	FS	1660	1:24:30	1:24:09
1283	Thomas GRACE		M	MS	3005	1:24:30	1:23:35
1284	Johnny BURKIN	West Waterford A.C.	M	MS	735	1:24:30	1:23:43
1285	Robert CAHILL	Togher A.C.	M	MS	2748	1:24:31	1:24:21
1286	Majella MCNAMARA	Galtee Runners	F	F40	912	1:24:32	1:23:54
1287	Divina CAREY		F	F35	2912	1:24:33	1:23:25
1288	Donal BROWNE		M	MS	936	1:24:34	1:23:45
1289	Ger MEEHAN	Dooneen A.C.	M	M55	2356	1:24:38	1:23:42
1290	Karen POWER		F	F35	1025	1:24:39	1:23:47
1291	Marie SHEEHAN	Kilkenny Triathlon Club	F	F40	1248	1:24:40	1:24:26
1292	Ted RYAN	Gowran A.C.	M	M40	3026	1:24:40	1:24:09
1292	Kevin FORDE		M	M55	2551	1:24:40	1:23:37
1294	Felicity MCGRATH	Aghada RC	F	F40	938	1:24:41	1:23:42
1295	Claire O'CONNELL	Watergrasshill A.C.	F	F40	1603	1:24:42	1:23:44

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1296	Julie MONAGHAN		F	F35	2013	1:24:42	1:23:50
1297	Michelle CUNNINGHAM	West Waterford A.C.	F	F35	334	1:24:42	1:23:34
1297	Niall CLANCY	Kilkenny Triathlon Club	M	M40	728	1:24:42	1:24:26
1299	Gabrielle BLAIR	Waterford A.C.	F	F55	2139	1:24:42	1:23:37
1300	Amy WHELAN	West Waterford A.C.	F	FS	3116	1:24:43	1:23:38
1300	Helena MURPHY	Bandon A.C.	F	F35	2092	1:24:43	1:23:20
1302	Avril CROWLEY		F	F45	436	1:24:43	1:23:51
1303	Helena KENNEDY DOYLE	Borrisoleagh Track Attack	F	F35	1575	1:24:43	1:23:49
1304	Seamus DOYLE	Borrisoleagh Track Attack	M	MS	2213	1:24:43	1:23:49
1305	Paula HYNES		F	F35	2901	1:24:43	1:23:41
1306	Marian AHERN	Midleton A.C.	F	F50	2710	1:24:44	1:23:52
1307	Allan CARR	St Catherines A.C.	M	MS	358	1:24:45	1:24:27
1308	Pat WALSH	Pat Walsh Running	M	M55	780	1:24:45	1:23:42
1309	Anita BANE	Pat Walsh Running	F	F45	791	1:24:46	1:23:42
1309	Sinead CROKE	St Josephs A.C.	F	F35	1535	1:24:46	1:23:06
1311	Barry MURPHY	Mallow A.C.	M	M50	3108	1:24:46	1:24:46
1312	Gerard BURKE	St Nicholas A.C.	M	M40	451	1:24:47	1:23:56
1313	Deirdre CRONIN		F	FS	1154	1:24:48	1:23:40
1314	Conor AHERN		M	M45	497	1:24:49	1:23:45
1315	Ray LONERGAN	Donore Harriers	M	MS	940	1:24:50	1:23:46
1316	Ciara KEARNEY		F	F40	1396	1:24:51	1:24:00
1317	Frances O'CONNOR	Eagle A.C.	F	F55	3040	1:24:51	1:24:05
1318	Roisin ROBINSON		F	F40	1313	1:24:52	1:23:52
1319	Patrick KEANE	Midleton A.C.	M	M55	1934	1:24:52	1:23:41
1320	Victor DIREEN	Clonmel A.C.	M	M45	160	1:24:54	1:23:43
1321	Judith CAMPBELL	Tried & Tested	F	FJ	2304	1:24:54	1:24:02
1322	Oonagh DUFFY		F	F45	1082	1:24:55	1:23:35
1323	Karen STEPHENSON	Kinsale Tri Club	F	F35	1462	1:24:55	1:24:07
1324	Yvonne SHEAHAN	Watergrasshill A.C.	F	F35	670	1:24:56	1:23:57
1325	Fintan KINSELLA	Slaney Olympic A.C.	M	M55	1518	1:24:57	1:24:44
1326	Maurice CUDDIGAN	Kerry Crusaders	M	M45	2124	1:24:58	1:24:48
1327	Ooangh GUILFOYLE	Kilkenny City Harriers	F	F35	2480	1:25:01	1:24:05
1328	Triona RING	Shandrum A.C.	F	F40	2424	1:25:01	1:23:52
1329	Catherine HANLON	Churchtown Road Runners A.C.	F	F45	2596	1:25:02	1:24:07
1330	Eimear CUSSEN	Carrigtwohill A.C.	F	F35	878	1:25:04	1:24:01
1331	Sean TWOMEY	St Catherines A.C.	M	M45	364	1:25:07	1:24:49
1332	Kevin O'CONNELL		M	M55	1429	1:25:07	1:23:58
1333	Noreen KEATING		F	F50	9786	1:25:08	1:24:07
1334	David LEAHY		M	M50	784	1:25:09	1:24:05
1335	Shane CORBETT		M	MS	1668	1:25:09	1:24:09
1336	Maura NEVILLE	Slaney Olympic A.C.	F	F50	540	1:25:10	1:24:27
1337	Joanne O'HALLORAN		F	F40	1491	1:25:12	1:24:13
1338	Michael COONEY		M	M45	3028	1:25:13	1:24:34
1339	Joe O'RIORDAN	Watergrasshill A.C.	M	M55	707	1:25:15	1:24:18
1340	Patrick O'REGAN	Togher A.C.	M	M45	1192	1:25:15	1:24:24
1341	John FOX		M	M45	2029	1:25:19	1:24:16
1342	Claire KILGANNON	Youghal A.C.	F	F40	1243	1:25:20	1:24:47
1343	Dermot LEDINGHAM	Youghal A.C.	M	M55	275	1:25:20	1:24:18
1343	Paul O'BRIEN	Youghal A.C.	M	M50	274	1:25:20	1:24:18
1345	Gloria BOLES	Cahir Meet & Train	F	F35	1120	1:25:20	1:24:31
1346	John BOURKE		M	M45	995	1:25:21	1:24:49
1347	Mary O'KEEFFE	Midleton A.C.	F	F50	2484	1:25:22	1:24:24
1348	Josephine ROCKETT	St Senans A.C.	F	F45	3056	1:25:22	1:24:31
1349	Joya BURNS	Kilkenny City Harriers	F	F40	1911	1:25:22	1:24:17
1350	Joe RYAN		M	MS	1359	1:25:23	1:24:20
1351	Sinead MOORE	West Waterford A.C.	F	F45	1084	1:25:26	1:24:21
1352	Eoin JORDAN	Kilkenny Triathlon Club	M	M40	1701	1:25:27	1:25:02
1353	Karen NEILL	Ballymore Cobh A.C.	F	F35	1399	1:25:32	1:24:41
1354	Barry LYNCH		M	M50	1045	1:25:32	1:24:39

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1354	Trish PURCELL	West Limerick A.C.	F	F45	2306	1:25:32	1:24:27
1356	Mairead HYLAND		F	F50	1574	1:25:34	1:24:54
1357	Rose KINSELLA		F	F35	1636	1:25:34	1:23:43
1358	Lillian KAVANAGH		F	F45	2963	1:25:35	1:24:41
1359	Martin DEASY		M	M40	2253	1:25:36	1:24:42
1360	Eddie POWER		M	M40	1163	1:25:36	1:24:42
1361	Marby POWER	Saturday Road Runners	F	F40	2893	1:25:36	1:24:15
1362	Michelle O'CONNOR		F	F40	2734	1:25:37	1:24:35
1363	Audrey O'DWYER	West Limerick A.C.	F	F45	1311	1:25:37	1:24:33
1364	Tom MCGRATH		M	MS	2086	1:25:38	1:25:00
1365	Ray CROTTY		M	M40	2496	1:25:38	1:24:38
1366	Micheál O'CHUIRRIN	West Waterford A.C.	M	M55	75	1:25:39	1:24:32
1367	Leona CRANNY		F	FS	1876	1:25:40	1:24:34
1368	Miah MCGRATH	Midleton A.C.	M	M45	492	1:25:42	1:24:36
1369	Catherine RYAN	Kilkenny City Harriers	F	F55	3044	1:25:43	1:25:21
1370	John DELANEY	Grange Fermoy. A.C.	M	M50	2911	1:25:43	1:24:28
1371	Peter QUIRKE	Watergrasshill A.C.	M	M45	2366	1:25:43	1:24:44
1372	Hilary EGAN		F	FS	2428	1:25:43	1:24:57
1373	Martin COUGHLAN		M	M55	909	1:25:44	1:25:27
1374	Derek MCMAHON	Limerick Triathlon Club	M	M45	2237	1:25:45	1:24:43
1375	Margaret POWER	Carrick on Suir A.C.	F	F60	1864	1:25:46	1:24:43
1376	Maeve MOLUMPY		F	F40	2392	1:25:47	1:24:24
1377	Niamh BROWNE		F	F35	1440	1:25:48	1:24:53
1378	Christine KELLY	Aghada RC	F	FS	2283	1:25:48	1:24:42
1379	Margaret COUGHLAN		F	F45	1046	1:25:48	1:25:28
1380	Louise MCCARTHY	Leevale A.C.	F	FS	3061	1:25:50	1:25:03
1381	Stephen O'REILLY	West Waterford A.C.	M	M40	42	1:25:50	1:24:30
1382	Neville SWEETNAM	Churchtown Road Runners A.C.	M	MS	994	1:25:50	1:24:57
1383	Liam O'REILLY		M	M45	1943	1:25:51	1:24:57
1384	David TRAYNOR	Saturday Road Runners	M	M40	898	1:25:51	1:24:52
1385	Niamh MOLLOY	Waterford A.C.	F	F40	1570	1:25:51	1:24:50
1386	Joe CURTIN		M	MS	1078	1:25:52	1:24:53
1387	Tomas FAHEY		M	MS	2813	1:25:52	1:24:53
1388	Ian GEARY		M	MS	1081	1:25:53	1:24:49
1389	Cait VERLING	West Waterford A.C.	F	F40	63	1:25:54	1:24:44
1390	Michael O'DONNELL	Clonmel A.C.	M	MS	1703	1:25:54	1:24:25
1391	Ned O'BRIEN	Clonmel A.C.	M	M60	130	1:25:54	1:25:03
1392	Patrick FRISBY	West Waterford A.C.	M	M50	54	1:25:57	1:24:43
1393	Gerry CUMMINS		M	M65	23	1:25:57	1:24:15
1393	Mary CREMIN		F	F40	2927	1:25:57	1:24:45
1395	Annette GOLDEN	Donoughmore A.C.	F	F45	1883	1:25:57	1:25:42
1396	Gavin COOKE	Waterford A.C.	M		3144	1:25:58	1:24:59
1397	Sinéad KENNEDY	Clonmel A.C.	F	F50	211	1:25:58	1:24:45
1398	Noreen FITZGERALD		F	F35	2263	1:25:59	1:24:54
1399	Nicole O'GORMAN	Clonmel A.C.	F	F40	819	1:26:04	1:24:44
1400	Ailish O'CONNOR	Croghan A.C.	F	F45	504	1:26:06	1:25:12
1401	Martina GARDINER	Portlaoise A.C.	F	F50	285	1:26:08	1:25:01
1402	Alan CLIFFORD	Donadea Running Club	M	M40	1478	1:26:12	1:25:17
1403	Caroline RYAN	West Waterford A.C.	F	F40	814	1:26:13	1:25:42
1404	Alison O'MAHONY		F	F45	1841	1:26:14	1:24:53
1405	Michelle HORGAN	West Waterford A.C.	F	F40	556	1:26:16	1:25:01
1406	Philip TETT	Douglas Meet and Train	M	M50	1226	1:26:17	1:25:14
1407	Frances LONG	Moyne A.C.	F	F50	1996	1:26:18	1:25:02
1408	James BREEN	Buttervant RC	M	MS	404	1:26:21	1:25:02
1409	Anne MOORE	West Waterford A.C.	F	F40	11	1:26:22	1:25:12
1410	Mary FOX	Pat Walsh Running	F	F40	630	1:26:22	1:25:19
1411	Ashling CODY	Pat Walsh Running	F	F40	1353	1:26:23	1:25:19
1412	Aine MURPHY	UCC A.C.	F	F55	2250	1:26:23	1:25:20
1413	Emma TOBIN	Gowran A.C.	F	F45	2905	1:26:23	1:25:17



## Sheet1

1414	Niamh O'REGAN	Youghal A.C.	F	FS	2221	1:26:24	1:24:53
1415	Melissa FITZGIBBON		F	F45	1903	1:26:27	1:26:11
1416	Claire GIBBONS	Sliabh Buidhe Rovers	F	F40	1926	1:26:28	1:24:48
1417	Simon MAHER	Gowran A.C.	M	MS	2437	1:26:29	1:26:23
1418	John Paul WILLIAMSON	Waterford Triathlon Club	M	MS	1608	1:26:31	1:25:23
1419	Martha MCNAMARA	Midleton A.C.	F	F55	768	1:26:33	1:25:42
1420	Anna WALSH	Adeles Eat Train Live	F	F45	3093	1:26:33	1:25:30
1421	Donal O'CAOIMH		M	MS	958	1:26:36	1:25:21
1422	Bregeen MURPHY	Kilkenny City Harriers	F	F50	2024	1:26:36	1:25:05
1423	Susan FITZGERALD	Midleton A.C.	F	F45	493	1:26:38	1:25:31
1424	Mark LALLY	Saturday Road Runners	M	M40	2798	1:26:39	1:25:45
1425	Irene HENEERY	Kilkenny City Harriers	F	F50	739	1:26:43	1:25:12
1426	Damien FITZPATRICK		M	M40	2542	1:26:43	1:25:28
1427	Sinead RADLEY		F	F35	1144	1:26:43	1:25:27
1428	Michael WADE	West Waterford A.C.	M	M55	1580	1:26:44	1:25:38
1429	Emilija DORGAN	Grange Fermoy. A.C.	F	F40	2316	1:26:49	1:25:49
1430	Lisa FINN	Mallow A.C.	F	F40	900	1:26:50	1:25:29
1431	Pauline CONDON	Clonmel A.C.	F	F35	1257	1:26:54	1:25:54
1432	Kitty HARRINGTON BUCKLEY	St Finbarrs A.C.	F	F50	391	1:26:54	1:25:43
1433	Maude KELLEHER	Watergrasshill A.C.	F	FS	1595	1:26:55	1:26:00
1434	Ciara MEEHAN	Clonmel A.C.	F	F45	1987	1:26:55	1:25:42
1435	Ken BISHOP		M	MS	2745	1:26:56	1:25:29
1436	Tadhg O'CONNOR	Buttervant RC	M	MS	401	1:26:56	1:25:37
1437	Keith ROBINSON	Clonmel A.C.	M	MS	87	1:26:58	1:25:58
1438	Grainne O'MALLEY	Clonmel A.C.	F	F40	1797	1:27:01	1:26:13
1439	Carol HARTNETT		F	F40	1834	1:27:01	1:25:46
1440	Ian BRENNAN	Eagle A.C.	M	M50	990	1:27:02	1:25:57
1441	Neal FOLEY		M	MS	1818	1:27:03	1:25:48
1442	Donna NAGLE	Clonmel A.C.	F	F35	2297	1:27:04	1:25:44
1443	Mike CRONIN	West Waterford A.C.	M	F50	32	1:27:06	1:25:54
1444	Andrea GAFFNEY	West Waterford A.C.	F	F50	31	1:27:06	1:26:02
1444	Triona SHALLOE	West Waterford A.C.	F	FS	1277	1:27:06	1:25:53
1446	Anthony KIELY	Mallow Tri Club	M	M40	2035	1:27:07	1:26:24
1447	Kathy CARTER		F	F40	2271	1:27:07	1:26:27
1448	Eileen REEVES	Dooneen A.C.	F	F50	817	1:27:07	1:26:11
1449	Niamh O'BRIEN	WTC	F	FS	2816	1:27:08	1:26:19
1450	Maria HARTY		F	F35	1613	1:27:09	1:26:04
1451	Louise LANE		F	F35	1433	1:27:09	1:26:05
1452	Meabh BERESFORD		F	FJ	1584	1:27:10	1:26:03
1453	Eamonn KELSEY	Gowran A.C.	M	M50	3074	1:27:10	1:26:40
1454	Tomás HORGAN	West Waterford A.C.	M	M45	555	1:27:11	1:25:56
1455	Lorna MAHER	Pat Walsh Running	F	F40	2560	1:27:11	1:25:58
1456	Eileen HEFFENAN	West Waterford A.C.	F	F55	79	1:27:13	1:26:06
1457	Colin RICHARDS	Ballinacurra Villagers	M	M50	693	1:27:15	1:26:24
1458	Una BYRNE	Kilkenny City Harriers	F	F40	1304	1:27:17	1:25:48
1459	Ciaran BROSNAN		M	MS	2269	1:27:19	1:26:42
1460	Stephen DALTON	Blackwater Tri Club	M	MS	1728	1:27:19	1:26:15
1461	Thomas O'RIORDAN		M	M40	1411	1:27:20	1:27:20
1462	Sonya O'BRIEN		F	F40	3062	1:27:21	1:26:09
1462	Clare MADDEN		F	F35	2294	1:27:21	1:26:09
1464	Thomas P YELVERTON	Happy Feet Blarney	M	M40	1271	1:27:22	1:26:32
1465	Criostoir O'REILLY		M	M40	729	1:27:22	1:26:06
1466	Sarah HOWLEY		F	F35	128	1:27:23	1:26:09
1467	Padraig O'REGAN		M	MS	765	1:27:24	1:26:06
1468	Nuala HOGAN	West Waterford A.C.	F	F35	44	1:27:26	1:26:20
1469	Martin KEOHANE		M	M40	577	1:27:26	1:26:22
1470	John Joe O'GRADY	North Cork A.C.	M	M50	2101	1:27:27	1:26:18
1470	Agnese MARKUSEVSKA	North Cork A.C.	F	F35	2325	1:27:27	1:26:18
1472	Brian TYRELL	Clonmel A.C.	M	M40	161	1:27:29	1:26:20

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1473	Dara MULVIHILL	Waterford A.C.	M	M40	1714	1:27:30	1:26:53
1474	Molly FITZGERALD	West Waterford A.C.	F	F45	40	1:27:32	1:26:20
1475	Denis CREEDON	Dromahane RoadRunners A.C.	M	M45	169	1:27:32	1:26:28
1476	Barbara HARVEY	IP physical therapy	F	F35	2434	1:27:32	1:26:52
1477	Barry O'SULLIVAN	Dromahane RoadRunners A.C.	M	M45	170	1:27:34	1:26:30
1478	Karen GILSEMAN		F	F45	1158	1:27:36	1:26:57
1479	Liz NOLAN	Kilkenny City Harriers	F	F50	1545	1:27:36	1:26:57
1480	Paul TOBIN		M	M45	2665	1:27:36	1:26:53
1481	Clare SEXTON	Churchtown Road Runners A.C.	F	F45	423	1:27:37	1:26:29
1482	Angela O'ROURKE		F	F40	1009	1:27:39	1:26:48
1483	Declan BRENNAN		M	M40	308	1:27:40	1:27:09
1484	Maria COFFEY	Ballymore Cobh A.C.	F	FS	702	1:27:41	1:27:03
1485	Diarmuid O'DRISCOLL		M	MS	2498	1:27:41	1:26:56
1485	David O'CONNOR		M	M50	1979	1:27:41	1:26:53
1487	Gerard MULHALL	Menapians A.C.	M	MS	1885	1:27:42	1:26:41
1488	Niall MURPHY		M	M50	1924	1:27:43	1:25:59
1489	Barbara O'REILLY		F	F40	2500	1:27:43	1:27:02
1490	Una NATION		F	F40	1521	1:27:43	1:26:32
1491	Eilish AHERN	Bweeng Trail Blazers	F	F35	966	1:27:45	1:26:55
1492	Brian AHERN	Bweeng Trail Blazers	M	M40	928	1:27:45	1:26:55
1493	Adrian LONERGAN		M	M40	201	1:27:47	1:26:32
1494	Vincent BUCKLEY	Donoughmore A.C.	M	M45	440	1:27:48	1:26:38
1495	Siobhan HAYES	St Catherines A.C.	F	F45	374	1:27:48	1:26:37
1496	Dymphna KELLY	Kilkenny City Harriers	F	F50	1294	1:27:49	1:27:26
1497	Sinead O'DOHERTY	North Cork A.C.	F	F35	1529	1:27:51	1:26:39
1498	Susan WALSH	Stoneyford RC	F	F45	847	1:27:52	1:27:12
1499	Fay RYAN		F	F50	2595	1:27:52	1:27:13
1500	Niamh MULHOLLAND		F	FS	852	1:27:54	1:26:49
1501	Ellen O'BRIEN		F	FS	217	1:27:55	1:26:40
1502	Martina CROTTY		F	F45	9	1:27:55	1:27:35
1503	Gillian WHELAN	Touraneena Road Runners	F	F35	342	1:27:58	1:26:34
1504	Louise LYNCH		F	F50	254	1:27:58	1:27:04
1505	Brian BUCKLEY	Youghal A.C.	M	MS	2662	1:27:58	1:26:57
1506	David LAHIVE	Cork Mental Health A.C.	M	MS	798	1:27:59	1:26:32
1507	Sabrina HICKEY	Falter Runners	F	F40	1068	1:27:59	1:27:21
1508	Donal FALLON	Cork Mental Health A.C.	M	MS	2390	1:27:59	1:26:32
1509	Michael DOOLEY	Eagle A.C.	M	M50	2473	1:28:00	1:26:43
1510	Dan METZGER	Apple RC	M	M40	1669	1:28:01	1:27:54
1511	Niall BENNIS	Limerick Country Club A.C.	M	MS	2838	1:28:01	1:27:04
1512	Valerie MCCORMACK	Fittstop Fermoy	F	FS	2758	1:28:02	1:26:56
1512	Anthony LANDERS	Clonmel A.C.	M	M50	1102	1:28:02	1:27:26
1514	Una FENNELL		F	F40	80	1:28:03	1:26:56
1515	Deirdre SHEAHAN	Millstreet A.C.	F	F50	1427	1:28:03	1:26:57
1516	Claire HEVER	Mallow A.C.	F	F45	2384	1:28:03	1:26:49
1517	Ursula O'CONNOR		F	F45	2793	1:28:03	1:26:57
1518	Sandra WINTERS		F	F45	1935	1:28:07	1:26:40
1519	Brienne LLOYD EVANS		F	FS	3089	1:28:07	1:27:02
1520	Nicky READ	Kilkenny Triathlon Club	F	F50	2703	1:28:08	1:26:21
1521	Hazel KENNEDY		F	F50	1661	1:28:08	1:27:08
1522	James DELEHANTY	Gowran A.C.	M	M55	2888	1:28:12	1:27:42
1523	Sinead KENNEDY		F	F40	732	1:28:13	1:27:05
1524	Aileen KENNEDY	St Catherines A.C.	F	F40	956	1:28:13	1:27:05
1525	Eithne SHEEHAN	Youghal A.C.	F	F50	1314	1:28:15	1:26:57
1526	Richard SHEEHAN	Youghal A.C.	M	M55	1325	1:28:15	1:26:57
1527	Aisling CUSACK	West Waterford A.C.	F	F35	1196	1:28:16	1:27:04
1528	Gary O'DONOVAN	Bweeng Trail Blazers	M	M45	731	1:28:17	1:27:05
1529	Patrick MURPHY	Bweeng Trail Blazers	M	M55	1263	1:28:17	1:27:05
1530	John O'MAHONY		M	M40	1543	1:28:20	1:27:12
1531	Michael MCNAMARA	Midleton A.C.	M	M60	794	1:28:21	1:27:30

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1532	Pat BRANSFIELD	St Nicholas A.C.	M	M55	460	1:28:21	1:27:28
1533	Jonathan COONEY		M	M45	313	1:28:22	1:27:07
1534	Patrick O'GORMAN		M	M40	676	1:28:23	1:27:02
1534	Sarah PRENDERGAST		F	F35	2749	1:28:23	1:28:23
1536	Darren HICKEY		M	MS	1219	1:28:23	1:26:39
1537	Jane FALLON	Kings River A.C.	F	F45	845	1:28:24	1:27:21
1538	Enda O'DWYER		M	M40	2548	1:28:25	1:27:23
1539	Lettie ROCHE	United Striders A.C.	F	F50	537	1:28:25	1:27:42
1540	Paul CONNOLLY	Huffers and Puffers	M	M50	712	1:28:27	1:27:04
1541	Geraldine HARTNETT	Grange Fermoy. A.C.	F	F35	1424	1:28:27	1:27:55
1542	Tim TROY	Ballintotis Fit4Life	M	M50	1299	1:28:28	1:27:41
1543	Gordon DUFFY	Rosscarbery Steam Runners A.C	M	M50	1812	1:28:28	1:27:06
1544	Noreen DALY		F	F45	371	1:28:29	1:27:18
1545	Yvonne KELLY		F	F45	2868	1:28:31	1:27:30
1546	Eoin ENRIGHT		M	MS	2317	1:28:32	1:26:46
1547	Sean DUGGAN		M	MS	482	1:28:32	1:27:29
1548	Steven REEN		M	M40	2249	1:28:34	1:27:32
1549	Margaret MURPHY	Togher A.C.	F	F50	1272	1:28:36	1:27:19
1550	Clare FOLEY		F	F35	2698	1:28:36	1:27:26
1551	Ciaran COMERFORD		M	M40	724	1:28:37	1:27:25
1552	Caroline RUSSELL	West Waterford A.C.	F	F45	60	1:28:39	1:27:24
1553	Aifric BYRNE	Clonmel A.C.	F	FS	902	1:28:40	1:27:26
1554	Maria JOHNSON		F	F35	1134	1:28:40	1:27:13
1555	Seamus LAVAN		M	MS	1132	1:28:41	1:27:42
1556	Sandra LAYCOCK	Clonmel A.C.	F	F35	103	1:28:41	1:28:21
1557	Deirdre SCOTT	Kilkenny City Harriers	F	F50	438	1:28:42	1:27:11
1558	Siobhan MURPHY	Midleton A.C.	F	F45	781	1:28:43	1:27:35
1559	Ann BRETT		F	F45	1682	1:28:45	1:27:14
1560	Fiona CROWLEY	Kilworth Meet & Train	F	F40	1562	1:28:45	1:27:16
1561	Sorcha NI LONGPHUIRT		F	F40	2196	1:28:45	1:27:31
1562	Susan DOHERTY		F	F40	302	1:28:46	1:26:55
1563	Marie MCGANN WALSH	Aghada RC	F	F45	1657	1:28:46	1:27:21
1564	Seamus DORNEY		M	M60	1302	1:28:46	1:27:46
1565	Sarah TOOMEY	Clonmel A.C.	F	F40	295	1:28:47	1:27:33
1566	Catriona MCGREGOR	Midleton A.C.	F	F55	2510	1:28:47	1:27:27
1567	Ciara DENNIS	Carrigtwohill A.C.	F	F35	1115	1:28:47	1:27:25
1568	Paul ROWE		M	M45	637	1:28:48	1:27:34
1569	Audrey QUIGLEY		F	F40	744	1:28:48	1:27:40
1570	Rosario KIELTY	Bridevale A.C.	F	F40	2909	1:28:49	1:27:35
1570	Aine HAYES		F	FS	2105	1:28:49	1:27:26
1572	Tom MANSFIELD		M	M45	2763	1:28:50	1:27:29
1573	Sharon WALSH	Ballintotis Fit4Life	F	F40	2785	1:28:50	1:28:50
1574	Sinead FAHY		F	F40	1971	1:28:51	1:28:10
1575	Don GOLDEN	Donoughmore A.C.	M	M40	1882	1:28:52	1:28:37
1576	Noreen CROWLEY		F	F35	2540	1:28:52	1:28:18
1577	Kathleen KEANE	St Catherines A.C.	F	FS	359	1:28:53	1:27:19
1578	Tom HAROLD	North Cork A.C.	M	M40	270	1:28:53	1:27:40
1579	John O'REILLY	Ballymore Cobh A.C.	M	M50	722	1:28:55	1:27:45
1579	Patrick O'LEARY	Shandrum A.C.	M	MS	1140	1:28:55	1:27:46
1581	Sandra RYAN	Limerick A.C.	F	F45	1317	1:28:57	1:28:53
1582	Thomas FORAN		M	MS	2968	1:28:58	1:28:01
1583	Ann KAVANAGH		F	F50	2946	1:28:58	1:28:31
1584	Brian MCEVOY		M	M40	430	1:28:58	1:27:41
1585	Irene HERLIHY	Rosscarbery Steam Runners A.C	F	F40	2771	1:28:59	1:27:36
1586	Gemma HYLAND		F	F45	1262	1:29:00	1:28:20
1587	Sarah AHERN	Ballmore Cobh A.C.	F	F35	1577	1:29:00	1:27:51
1588	Seamus NUGENT		M	M50	1994	1:29:02	1:27:34
1589	Norah KENNEDY		F	F40	2313	1:29:05	1:28:11
1590	Triona TWOMEY	Rosscarbery Steam Runners A.C	F	FS	1167	1:29:06	1:27:44

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1591	Noreen RYAN	Borrisoleagh Track Attack	F	F45	247	1:29:06	1:28:03
1592	Ciara O'CONNELL	Happy Feet Blarney	F	F40	969	1:29:07	1:27:56
1593	Shelagh BUTLER	Adeles Eat Train Live	F	F40	2485	1:29:08	1:28:06
1594	Alan HOULIHAN		M	MS	580	1:29:08	1:27:56
1595	John O'CALLAGHAN	Togher A.C.	M	M50	1217	1:29:12	1:27:54
1595	Fiona CALNAN	Rosscarbery Steam Runners A.C	F	F45	1897	1:29:12	1:27:40
1597	Kelly AGNEW	Cork Triathlon Club	F	F40	1211	1:29:13	1:28:18
1598	Alan GRAHAM		M	M45	2830	1:29:13	1:27:50
1599	James FORREST		M	M40	929	1:29:13	1:28:44
1600	Naomi ROYCROFT	Rosscarbery Steam Runners A.C	F	F40	2436	1:29:14	1:27:51
1601	Liz FOLEY	St Nicholas A.C.	F	F45	1450	1:29:14	1:28:03
1602	Ger SHEEHAN	St Catherines A.C.	F	F45	2479	1:29:15	1:28:03
1603	Tracy CREEDON	Rosscarbery Steam Runners A.C	F	F45	1736	1:29:15	1:27:44
1604	Diarmuid SCANNELL		M	M40	1438	1:29:16	1:27:45
1605	Micheal O'CRUALAOI	St Finbarrs A.C.	M	M55	1076	1:29:17	1:28:05
1606	Stephanie POWER	Ferrybank A.C.	F	FS	3065	1:29:18	1:27:49
1607	Jonathan CAREY	Team IP	M	MS	2517	1:29:20	1:28:40
1608	Ian PURCELL	Team IP	M	MS	1203	1:29:20	1:28:41
1609	Gránne O'CALLAGHAN	North Cork A.C.	F	FS	1117	1:29:23	1:27:45
1610	Martina O'GORMAN	St Catherines A.C.	F	F40	369	1:29:26	1:28:06
1611	John HALLISSEY	Cork Mental Health A.C.	M	M65	9789	1:29:28	1:28:32
1612	Mark COAKLEY	Ballymore Cobh A.C.	M	M45	1573	1:29:28	1:28:18
1613	Tara NORRIS	Fitness with Emer	F	F40	2323	1:29:29	1:28:15
1614	Alan LOOBY	St Nicholas A.C.	M	M45	221	1:29:29	1:28:13
1615	Ciara WALSH	Kilmacow Road Runners	F	F35	1787	1:29:29	1:28:37
1616	Marie Claire KEAGUE		F	F45	1354	1:29:30	1:28:30
1617	Norma GOGGIN	Waterford Triathlon Club	F	F55	467	1:29:30	1:28:11
1618	Shirley O'HARE		F	F50	2363	1:29:34	1:29:06
1619	Barry POWER		M	M40	3025	1:29:34	1:28:11
1619	Breda SHEEHAN		F	F45	945	1:29:34	1:28:26
1621	Murty O'SULLIVAN	St Finbarrs A.C.	M	M55	967	1:29:36	1:28:20
1622	Colmán O DONNCHADHA	Kerbside	M	M45	749	1:29:37	1:27:35
1623	Amy NEWMAN	Eagle A.C.	F	F40	916	1:29:37	1:27:46
1624	Colin DUNNE	Waterford Triathlon Club	M	MS	880	1:29:39	1:28:30
1625	Miriam O'GORMAN	Clonmel A.C.	F	F50	230	1:29:39	1:28:20
1626	Sarah WHELAN	Clonmel A.C.	F	F35	212	1:29:39	1:28:21
1627	Melissa DUNNE		F	F40	643	1:29:40	1:28:25
1628	Joe O'ROURKE	West Waterford A.C.	M	M55	761	1:29:41	1:28:17
1629	Nicola MCKENNA	West Waterford A.C.	F	F45	986	1:29:41	1:28:19
1630	Tomas WARD	Youghal A.C.	M	M45	2345	1:29:41	1:28:39
1631	Anne Marie QUIN	Saturday Road Runners	F	F60	633	1:29:41	1:28:09
1632	Frank COTTER	Eagle A.C.	M	M55	2336	1:29:41	1:28:55
1633	Mark LENIHAN	West Waterford A.C.	M	M45	2153	1:29:42	1:28:19
1634	Tom DUNLEA		M	M40	2098	1:29:42	1:28:34
1635	Jim BUENAVENTURA		M	M45	2667	1:29:43	1:28:18
1636	David BRITTON		M	MS	1794	1:29:44	1:28:20
1637	Lorraine BARRY	Youghal A.C.	F	F40	1514	1:29:45	1:28:25
1638	Ian WILLS	Watergrasshill A.C.	M	M40	1445	1:29:50	1:29:06
1639	Katie JACOB	Focus On Fitness	F	FS	612	1:29:51	1:29:02
1640	Frank LINEHAN	Togher A.C.	M	M65	3038	1:29:52	1:28:53
1641	Sandra MORGAN	Bandon A.C.	F	F35	843	1:29:52	1:29:11
1642	Anita GLEESON		F	FS	2248	1:29:52	1:28:28
1643	Amanda MURRAY		F	F40	2212	1:29:52	1:28:45
1644	Tom POWER		M	M45	1474	1:29:53	1:28:25
1645	Clare O'SHEA		F	F40	2099	1:29:53	1:28:41
1646	Karen O'LEARY	Cork Mental Health A.C.	F	F35	2733	1:29:53	1:28:26
1647	Catriona O'LEARY	Bandon A.C.	F	F40	3098	1:29:54	1:29:12
1648	Mark FULLER	Midleton A.C.	M	M45	914	1:29:55	1:28:42
1649	Tracey DWYER	West Waterford A.C.	F	F40	97	1:29:56	1:28:43

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1650	Maura BUCKLEY		F	F35	228	1:29:58	1:28:36
1651	Bernie HOPKINS	Clonmel A.C.	F	F60	110	1:29:59	1:28:49
1652	Avril COWMAN		F	F35	1917	1:29:59	1:28:42
1653	Eleanor CASEY	West Waterford A.C.	F	F45	486	1:29:59	1:28:40
1654	Brian BARRY		M	MS	1489	1:30:02	1:29:18
1655	Paul O'DWYER		M	M40	2850	1:30:04	1:28:35
1656	Tony O'SULLIVAN	Bweeng Trail Blazers	M	M50	1560	1:30:04	1:28:52
1657	Frank MORAN	Clonmel A.C.	M	M40	126	1:30:05	1:29:05
1658	Eoin MORRISSEY		M	MS	222	1:30:06	1:29:18
1659	Anna KACZYNSKA		F	F40	2817	1:30:07	1:28:58
1660	Deborah MCGRATH		F	FS	2525	1:30:07	1:29:20
1661	Sinead QUINN		F	F40	2556	1:30:08	1:28:42
1662	Mags MULCAHY	Midleton A.C.	F	F55	1623	1:30:09	1:29:11
1663	Frances GAVIN	Wexford Marathon Club	F	F45	799	1:30:10	1:29:04
1664	Claire MURPHY	Happy Feet Blarney	F	F35	1840	1:30:10	1:28:53
1665	Sinead DUNNE	Carrick Road Runners	F	FS	377	1:30:11	1:28:58
1666	Hazel AHERN	West Waterford A.C.	F	F35	114	1:30:13	1:29:00
1667	Michael WHYTE	Huffers and Puffers	M	M50	1893	1:30:15	1:28:52
1668	Marie KINSELLA	Slaney Olympic A.C.	F	F50	1508	1:30:15	1:30:03
1669	Raymond CURRAN	West Waterford A.C.	M	M50	154	1:30:16	1:30:16
1670	Ambrose FEENEY		M	M50	2633	1:30:16	1:28:58
1670	Declan FEENEY		M	M50	1265	1:30:16	1:28:28
1672	Linda CONROY		F	FS	1124	1:30:17	1:29:02
1673	Mark RHYS THOMAS	Tried & Tested	M	M50	2524	1:30:18	1:29:01
1674	Raymond HARTY	Tried & Tested	M	M45	2600	1:30:18	1:29:01
1675	Ciaran CAHILL	Happy Feet Blarney	M	M55	2489	1:30:18	1:29:01
1676	Lisa BARROW	Mallow A.C.	F	F35	672	1:30:19	1:29:06
1677	Joseph POWER		M	M60	1909	1:30:19	1:30:07
1678	Bridie WALSH	North Cork A.C.	F	F50	680	1:30:19	1:29:06
1679	Brid JOYCE	HTC	F	F45	2797	1:30:20	1:29:24
1680	Brendan O'GORMAN	St Catherines A.C.	M	M45	368	1:30:20	1:29:00
1681	Brigid RYAN	Ballintotis Fit4Life	F	F45	1350	1:30:20	1:29:01
1682	Damien MCDONALD		M	M40	1212	1:30:21	1:28:57
1683	Paul CASEY		M	M40	2089	1:30:21	1:28:29
1684	Szilvia MCGEE	Clonmel A.C.	F	FS	838	1:30:23	1:29:11
1685	Eamon CONNORS		M	MS	3102	1:30:24	1:29:13
1686	John DREELAN		M	M40	9772	1:30:25	1:29:10
1687	Laurence MURTAGH		M	M45	2897	1:30:27	1:30:24
1688	Jeni O'REGAN	West Limerick A.C.	F	FS	877	1:30:28	1:29:24
1689	Donal GODFREY	Aghada RC	M	M50	2133	1:30:29	1:29:33
1689	Melissa DWYER		F	F40	1439	1:30:29	1:29:19
1691	Ciara O'KEEFFE	Buttervant RC	F	FS	398	1:30:30	1:29:11
1692	Breda O'REILLY	West Waterford A.C.	F	F40	96	1:30:33	1:29:07
1693	Vincent BYRNE		M	M50	1288	1:30:33	1:30:22
1694	Claire PARKER	Midleton A.C.	F	F35	1341	1:30:34	1:29:12
1695	Emer MCLEAN		F	F45	1738	1:30:35	1:29:20
1696	Mark CULLEN	Midleton A.C.	M	M50	387	1:30:35	1:29:20
1697	Gerard MCLEAN	Midleton A.C.	M	M45	1740	1:30:35	1:29:19
1698	Sinead IVERS		F	F35	2194	1:30:37	1:29:09
1698	Siobhan MURRAY	Cork Mental Health A.C.	F	F35	2722	1:30:37	1:29:24
1700	Anita HERLIHY	Churchtown Road Runners A.C.	F	F35	1293	1:30:38	1:29:02
1701	Kay DUFFY	Rosscarbery Steam Runners A.C	F	F45	1813	1:30:39	1:29:16
1702	Katie MURPHY	Churchtown Road Runners A.C.	F	F35	1949	1:30:40	1:29:04
1703	Margaret TWOHIG	Midleton A.C.	F	F50	3045	1:30:40	1:29:40
1704	Kenneth POWER	Grange Fermoy. A.C.	M	MS	950	1:30:41	1:29:21
1705	John FITZGERALD	Cork County Council	M	M50	2516	1:30:41	1:29:31
1706	Sean WARDLE		M	M50	1976	1:30:41	1:29:17
1707	Annastasia CASH	United Striders A.C.	F	FS	527	1:30:41	1:29:27
1708	Patrick HIGGINS	Aghada RC	M	M40	2381	1:30:42	1:29:12

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1709	Marie O'BRIEN		F	F50	575	1:30:42	1:29:23
1710	Pat O'BRIEN	Mallow A.C.	M	M50	2925	1:30:45	1:29:24
1711	Martina LANDERS	Youghal A.C.	F	F45	1092	1:30:46	1:29:21
1712	Eoin COLEMAN	Youghal A.C.	M	M40	1240	1:30:47	1:29:36
1713	Ciara FALVEY	Bandon A.C.	F	F40	1013	1:30:47	1:29:51
1714	Thelma FOGARTY		F	F40	1141	1:30:47	1:29:27
1715	Emma O'CONNOR		F	F35	2287	1:30:49	1:29:28
1716	Ger PHELAN		F	F45	561	1:30:50	1:30:29
1717	Harry BEAVER		M	M60	2725	1:30:50	1:29:56
1718	Linda GARCIA	West Waterford A.C.	F	F45	5	1:30:50	1:29:21
1719	Damien ELLIFFE	Bweeng Trail Blazers	M	M40	2054	1:30:52	1:29:34
1720	Noel HEGARTY		M	M40	716	1:30:52	1:29:57
1721	Anne TEAPE		F	F45	1739	1:30:53	1:29:56
1722	Yvonne KENNEDY		F	F35	2342	1:30:53	1:29:37
1723	Olivia HOLMES	Eagle A.C.	F	F40	1910	1:30:56	1:30:02
1724	Liam AHEARNE		M	MS	3136	1:30:56	1:30:18
1725	Diarmuid LANE	Bweeng Trail Blazers	M	M45	863	1:30:58	1:29:47
1726	Bridin MCCREA		F	F50	2936	1:30:58	1:29:42
1727	John MCDONALD	St Josephs A.C.	M	M40	769	1:31:01	1:29:11
1728	John RELLIS		M	MS	1760	1:31:01	1:29:10
1729	Sarah MURRAY	Mallow A.C.	F	FS	2607	1:31:03	1:29:53
1730	Barry SLYE		M	MS	713	1:31:03	1:29:56
1731	John O'CONNOR		M	MS	2451	1:31:03	1:29:44
1732	Helen RYAN		F	F55	2903	1:31:04	1:30:37
1733	Chris PARR	Ballintotis Fit4Life	M	M40	1772	1:31:05	1:30:44
1734	Ciara DONNELLY		F	F35	2867	1:31:06	1:29:44
1735	Kate SIMPSON	Adeles Eat Train Live	F	FS	1968	1:31:08	1:29:43
1736	Eamonn CASHIN	West Waterford A.C.	M	MS	586	1:31:08	1:29:57
1737	Humphrey CANTY	Macroom Parkrun	M	M40	2495	1:31:13	1:30:05
1738	Allen O'CALLAGHAN	Mallow A.C.	M	M45	1401	1:31:13	1:30:16
1739	Marie SHEEHAN		F	F35	1958	1:31:14	1:29:57
1740	Michael KING	Naas A.C.	M	M65	1809	1:31:17	1:31:03
1741	Angela BREE		F	F40	1447	1:31:18	1:30:16
1742	Darragh KIELY		M	MS	180	1:31:20	1:30:00
1743	Niamh MURPHY		F	F40	2539	1:31:21	1:30:07
1744	Suzanne GOUGH		F	F40	2131	1:31:21	1:30:14
1744	Noella CARROLL	Belgooly A.C.	F	F45	2222	1:31:21	1:29:51
1746	Jim RYAN	Limerick Country Club A.C.	M	M55	1651	1:31:22	1:30:01
1747	William GOULD	CPO	M	M40	1330	1:31:22	1:29:52
1748	Mairi HENDERSON		F	F50	379	1:31:25	1:29:52
1749	Jim O'DONOVAN	Bweeng Trail Blazers	M	M40	2044	1:31:26	1:30:07
1750	Ian O'DONOGHUE		M	MS	2252	1:31:27	1:30:12
1751	Pachal PROCTOR	West Waterford A.C.	M	M65	9767	1:31:27	1:30:11
1752	Kevin O'REILLY	Aghada RC	M	M40	1189	1:31:29	1:30:32
1752	Philip NORRIS		M	MS	2944	1:31:29	1:30:11
1752	Janet O'REILLY	Aghada RC	F	F35	2069	1:31:29	1:30:32
1755	Aine CROSSE		F	F40	1338	1:31:33	1:30:19
1756	Martin STEPHENSON		M	MS	9783	1:31:34	1:30:22
1757	Jackie VARLEY	Kilkenny City Harriers	F	F45	803	1:31:37	1:30:50
1758	Mary CAHILL	West Waterford A.C.	F	F45	487	1:31:37	1:30:37
1759	Helena LINNANE BARRETT	Clonmel A.C.	F	F45	552	1:31:38	1:30:55
1760	Conan BOLGER		M	MS	2700	1:31:39	1:31:10
1761	Jacinta YELVERTON	Happy Feet Blarney	F	F45	691	1:31:39	1:30:23
1762	Sinead CURTIS	Portlaoise A.C.	F	FS	1975	1:31:40	1:30:20
1763	Christine MURPHY	Midleton A.C.	F	F45	861	1:31:45	1:30:38
1764	Roisin PURCELL		F	F40	1274	1:31:45	1:30:19
1765	Amanda O'SULLIVAN	Ferrybank Road Runners	F	F45	2861	1:31:46	1:30:38
1766	Emma BUCKLEY	Carrigtwohill A.C.	F	FS	1870	1:31:49	1:30:27
1766	Gayle ATKINSON		F	F40	2889	1:31:49	1:30:37

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1768	Orla DUGGAN		F	F35	1479	1:31:53	1:30:40
1769	Derville BRENNAN	Inistioge fit for life	F	F50	947	1:31:53	1:30:21
1770	Paul HEFFERNAN	Bweeng Trail Blazers	M	M45	1776	1:31:54	1:30:41
1771	Tom Finbarr O'NEILL	Ballintotis Fit4Life	M	M60	2235	1:31:55	1:31:40
1772	Aisling BARRY	Bandon A.C.	F	F40	1588	1:31:56	1:31:39
1773	Nicola MCCARTHY		F	FS	2563	1:31:59	1:30:51
1774	Catherine RYAN	Clonmel A.C.	F	F40	1321	1:32:00	1:30:30
1775	Kathleen KELLEHER	Mallow A.C.	F	F55	2799	1:32:00	1:30:30
1776	Una KEALY		F	F45	2509	1:32:01	1:31:17
1777	Aidan WALSH	West Waterford A.C.	M	M40	1149	1:32:04	1:31:58
1778	Josie UI CHUIRRIN	West Waterford A.C.	F	F55	1771	1:32:07	1:31:12
1779	Jose RIBERIO		M	M45	2554	1:32:09	1:31:25
1780	Kathleen GRIFFIN		F	F55	2690	1:32:10	1:30:46
1781	Aidan GAUGHRAN		M	M50	1487	1:32:10	1:30:55
1782	Aine MACFARLANE		F	F40	1426	1:32:10	1:31:13
1783	Joanne CASEY	Buttervant RC	F	F35	400	1:32:12	1:30:54
1784	Jean BERESFORD	West Waterford A.C.	F	F50	2278	1:32:13	1:30:35
1785	Niall CUSACK		M	M45	464	1:32:13	1:30:59
1785	Martin CARR	St Catherines A.C.	M	M40	363	1:32:13	1:30:57
1787	Kitty NOLAN QUIGLEY	United Striders A.C.	F	F45	531	1:32:13	1:30:43
1788	Anna MOORE		F	F45	1854	1:32:13	1:31:29
1789	Rose POWER	West Waterford A.C.	F	F45	55	1:32:16	1:31:01
1790	Jacqueline MINOGUE		F	F35	2617	1:32:18	1:31:08
1791	Pat MINOGUE		M	M40	2922	1:32:18	1:31:08
1792	Patricia FORAN	United Striders A.C.	F	F50	521	1:32:19	1:31:40
1793	Claire WALSH	West Waterford A.C.	F	F40	204	1:32:22	1:31:02
1794	Noel QUINN	Ardmore A.C.	M	M45	786	1:32:23	1:30:21
1795	Claire LANE	Ballintotis Fit4Life	F	F35	2606	1:32:25	1:31:04
1796	Marian CRONIN	Ballintotis Fit4Life	F	F35	3006	1:32:25	1:31:04
1797	Aidan GROGAN		M	M45	1836	1:32:28	1:31:17
1798	Sinead ELLIFFE	Bweeng Trail Blazers	F	F35	2053	1:32:30	1:31:12
1799	Graham CUMMINS		M	MS	1774	1:32:30	1:31:02
1800	Mary VOWLES	Mallow A.C.	F	F45	2538	1:32:34	1:31:43
1801	Sandra YOUNG	United Striders A.C.	F	FS	669	1:32:35	1:31:56
1802	Stephanie WALSH	United Striders A.C.	F	FS	3030	1:32:35	1:31:56
1803	Nicola CUNIFFE	West Waterford A.C.	F	F40	41	1:32:36	1:31:00
1804	Geraldine BARRY	West Waterford A.C.	F	F40	471	1:32:37	1:31:09
1805	Deirdre O'GRADY	St Killians A.C.	F	F45	2412	1:32:37	1:31:35
1806	Fiona O'BRIEN		F	F35	469	1:32:40	1:31:47
1807	Olivia REILLY	West Waterford A.C.	F	F45	323	1:32:40	1:31:15
1808	Niamh HEFFERNAN		F	F40	3075	1:32:41	1:32:14
1809	Lavinia SWORDS	East Cork A.C.	F	FS	1696	1:32:44	1:31:22
1810	Carmel DUNLEA	Cahir Meet & Train	F	F35	1708	1:32:45	1:31:36
1811	Pat MURPHY	Watergrasshill A.C.	M	M45	2915	1:32:45	1:32:11
1812	Linda BRADFIELD	West Waterford A.C.	F	F45	19	1:32:49	1:31:12
1813	Maura FORDE		F	F35	1097	1:32:50	1:31:54
1814	Noelle CROWLEY	Bridevale A.C.	F	FS	650	1:32:51	1:31:37
1814	Ann PAYNE	Cork Triathlon Club	F	F55	3036	1:32:51	1:32:44
1816	Marie SHEEHAN	St Nicholas A.C.	F	F40	1532	1:32:52	1:31:42
1817	Claire MULLINS	St Finbarrs A.C.	F	F35	2757	1:32:53	1:31:33
1818	Aileen RYAN	Croghan A.C.	F	F35	2691	1:32:55	1:32:27
1819	Siobhan CARR	Borrisoleagh Track Attack	F	F40	246	1:32:55	1:31:52
1820	Sarah DELAHUNTY	Team IP	F	F40	2120	1:32:57	1:32:13
1821	Gillian COLLINS	West Waterford A.C.	F	F35	117	1:32:58	1:31:35
1822	Aidan BRICKLEY		M	M55	2156	1:32:58	1:31:59
1823	Darius DELAHUNTY	Team IP	M	M40	2119	1:32:58	1:32:14
1824	Deirdre FIELD O SULLIVAN		F	F40	1601	1:32:59	1:31:51
1824	Fiona PATTERSON	Bweeng Trail Blazers	F	F40	2787	1:32:59	1:31:40
1826	John WOODS	West Waterford A.C.	M	MS	33	1:33:02	1:31:52

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1827	Mairead CUMMINS		F	F40	2770	1:33:02	1:31:36
1828	Maureen COSTELLO	United Striders A.C.	F	F45	1283	1:33:05	1:31:09
1829	Catherine O'CONNOR	Mallow A.C.	F	F45	1737	1:33:05	1:31:53
1830	Karin CONNOLLY	Clonakilty Roadrunners A.C.	F	F45	1808	1:33:08	1:31:25
1831	Anne MCCORMACK	Ballyskneach A.C.	F	F45	2899	1:33:12	1:31:48
1832	Caitriona O'FLYNN		F	F35	2780	1:33:15	1:32:34
1833	Louise CONWAY		F	FS	30	1:33:16	1:31:54
1834	John HANRAHAN		M	M40	2586	1:33:18	1:32:31
1835	Francis O'CONNOR		F	F55	1342	1:33:22	1:32:04
1836	Sinead DE FAOITE	West Waterford A.C.	F	F40	692	1:33:23	1:32:28
1837	Annemarie SHORTALL	Kilkenny City Harriers	F	F45	1832	1:33:23	1:32:18
1838	Jim O'BRIEN		M	M45	2882	1:33:25	1:32:04
1839	Colin BUSER		M	M45	3080	1:33:25	1:31:51
1840	Marian O'MAHONY	Team IP	F	F40	1486	1:33:27	1:32:18
1841	Aisling LAHART	Adeles Eat Train Live	F	F45	821	1:33:29	1:32:16
1842	Niall MCCARTHY	Clonmel A.C.	M	M45	123	1:33:31	1:32:10
1843	Niamh KAVANAGH	Portlaoise A.C.	F	F35	2326	1:33:31	1:32:14
1844	David CONNORS	West Waterford A.C.	M	M45	558	1:33:31	1:32:34
1845	Denise O'BRIEN	Borrisoleagh Track Attack	F	FS	1642	1:33:33	1:32:09
1846	Olive MAHER	Portlaoise A.C.	F	F45	413	1:33:34	1:32:07
1847	Eileen RYALL	Pat Walsh Running	F	F50	1881	1:33:35	1:32:06
1848	Patrick COFFEY		M	MS	981	1:33:36	1:32:11
1849	Susan COFFEY		F	FS	2061	1:33:37	1:32:11
1850	Roisin O'DWYER	Kilkenny City Harriers	F	F40	1256	1:33:39	1:32:53
1851	Ina WALSH		F	F45	3021	1:33:41	1:32:15
1852	Antoinette BRESLIN	Tracton A.C.	F	F45	1540	1:33:41	1:32:23
1853	Jillian HAYES	West Waterford A.C.	F	F40	17	1:33:45	1:32:16
1854	Frances HOGAN		F	F35	2557	1:33:45	1:32:17
1855	Natasha LANIGAN		F	F40	382	1:33:46	1:32:08
1856	Monica LAMBE		F	F40	1094	1:33:46	1:33:06
1857	Ciara KEHILY		F	F35	1845	1:33:47	1:32:34
1858	Alison MCNAMARA		F	F45	2679	1:33:48	1:33:29
1859	Ailish NUGENT		F	F40	2533	1:33:48	1:32:58
1860	Darren FOLEY	Waterford Triathlon Club	M	MS	770	1:33:52	1:32:36
1861	Ciara BERESFORD		F	FS	2520	1:33:53	1:32:15
1862	Millie O'CONNOR	Graigue Ballycallan A.C.	F	F50	2693	1:33:55	1:33:04
1863	Karen O'HANLON	United Striders A.C.	F	F45	326	1:33:56	1:32:28
1864	Nora BUCKLEY	Churchtown Road Runners A.C.	F	FS	2445	1:34:01	1:32:24
1865	Patrick SISK	Ballinacurra Villagers	M	M45	1193	1:34:04	1:33:13
1866	Mary O'SHEA	Carrigtwohill A.C.	F	F40	2714	1:34:05	1:32:45
1866	Edel NAGLE		F	F45	1086	1:34:05	1:32:37
1868	Annette FITZPATRICK		F	F50	2185	1:34:06	1:33:15
1869	Sean O'BRIEN		M	M50	1237	1:34:07	1:32:37
1870	Claire O'HANLON		F	F35	2355	1:34:09	1:32:55
1871	Julieka CAHILL	Portlaoise A.C.	F	F40	1890	1:34:12	1:32:46
1872	Bernard KIERNAN	Blackwater Tri Club	M	M40	1458	1:34:12	1:32:53
1873	John HOLLAND	Mallow A.C.	M	M70	1887	1:34:13	1:33:18
1874	Yvonne MAHER	A + fitness	F	F35	2761	1:34:13	1:33:22
1875	Yvonne CASHMAN	PWR	F	F45	1002	1:34:13	1:32:56
1876	Carmel GEANEY	ESB	F	F60	2976	1:34:15	1:32:51
1877	Michael FLYNN	Waterford A.C.	M	M55	1206	1:34:18	1:33:01
1878	Patrick BUCKLEY	Mount Hillary A.C.	M	M40	1780	1:34:19	1:32:23
1879	Mary TOOHEY		F	F35	2759	1:34:20	1:33:42
1880	Eimear MCSWEENEY		F	F40	1587	1:34:22	1:33:00
1881	Richie DALY		M	MS	2406	1:34:22	1:32:45
1882	Melissa O'NEILL	Aghada RC	F	F40	792	1:34:23	1:33:06
1883	Niamh CALLANAN	Aghada RC	F	F40	1796	1:34:23	1:33:07
1884	Liz COLLINS	West Waterford A.C.	F	F35	2291	1:34:24	1:32:55
1885	Clodagh SHEEHAN		F	F40	2678	1:34:26	1:32:31



## Sheet 1

1886	Brendan O'KEEFFE		M	MS	2930	1:34:27	1:33:44
1887	Deirdre FALLON	Mount Hillary A.C.	F	FS	2391	1:34:28	1:32:58
1888	Tracy KAVANAGH	Slaney Olympic A.C.	F	F40	1254	1:34:28	1:34:28
1889	Martin FLYNN	Waterford A.C.	M	M45	1569	1:34:29	1:33:06
1890	Claire COMERFORD		F	F35	1799	1:34:35	1:32:45
1891	Katie BULLEN	West Waterford A.C.	F	F35	127	1:34:35	1:33:25
1892	John FITZPATRICK		M	MS	2126	1:34:38	1:33:14
1893	Catherine CONDON	West Waterford A.C.	F	F50	489	1:34:38	1:33:37
1894	Michael HEFFERNAN	United Striders A.C.	M	MS	1333	1:34:43	1:33:51
1895	Emma AHERNE		F	F35	989	1:34:43	1:32:52
1896	Clare O'BRIEN		F	F40	1039	1:34:45	1:32:57
1897	Eileen MURPHY	Carragig Na Bhfear A.C.	F	F55	314	1:34:48	1:33:28
1898	Mary O'COLMAIN		F	F65	1805	1:34:48	1:33:10
1899	Marie KEATING	Touraneena Road Runners	F	FS	1001	1:34:49	1:33:25
1900	Clare FORDE	Fota Island RC	F	F35	876	1:34:51	1:33:24
1901	Richie MCEVOY	Adeles Eat Train Live	M	M40	2422	1:34:51	1:33:28
1902	Aisling WALL		F	F45	1643	1:34:53	1:33:15
1903	Liam KAVANAGH	West Waterford A.C.	M	M55	21	1:34:53	1:33:15
1904	Sareen O'FARRELL	United Striders A.C.	F	F40	508	1:34:54	1:33:53
1905	Brianna COLFER		F	FS	1053	1:34:56	1:33:24
1906	Serena MURRAY		F	F40	1464	1:34:56	1:33:53
1907	Breda GREENE		F	F50	1820	1:34:56	1:33:56
1908	George MCDONNELL	Watergrasshill A.C.	M	M40	1421	1:34:57	1:33:58
1909	John PIERCE	Saturday Road Runners	M	M40	236	1:34:58	1:33:26
1910	Sarah GOUGH	Kilkenny City Harriers	F	F35	2166	1:34:58	1:34:12
1911	Anne Marie O'BYRNE		F	F50	305	1:34:58	1:33:27
1912	Brendan TOBIN		M	M45	2146	1:35:00	1:34:30
1913	Cathy FLYNN	St Brendans A.C.	F	F40	2198	1:35:01	1:33:08
1914	Helene POWER	Waterford Triathlon Club	F	F45	2650	1:35:02	1:34:03
1915	Greg MCCAULEY	Ballymore Cobh A.C.	M	M40	1461	1:35:02	1:33:53
1916	Ger SCANNELL		M	M45	2015	1:35:02	1:33:43
1917	Kathy MCCOLGAN		F	F45	2666	1:35:05	1:33:38
1918	Tadhg TOOMEY	Clonmel A.C.	M	MS	296	1:35:08	1:33:54
1919	Emer SULLIVAN	Carrigtwohill A.C.	F	F40	2257	1:35:09	1:33:40
1920	Vincent MCCARTHY	Blackwater Tri Club	M	M40	2680	1:35:16	1:33:33
1921	Claire CUSACK	Kilkenny City Harriers	F	F55	1919	1:35:16	1:33:31
1922	Avril DOOCEY	West Waterford A.C.	F	F35	116	1:35:17	1:33:54
1923	Pat CAREY	An Bru A.C.	M	M40	2082	1:35:19	1:34:10
1924	Laura MATHEWS	Cahir Meet & Train	F	FS	1098	1:35:20	1:35:02
1925	Karen KNOWLES	Midleton A.C.	F	F35	1137	1:35:22	1:35:22
1926	Alan HURSON	Watergrasshill A.C.	M	MS	1278	1:35:23	1:33:57
1927	Adrian ROYCROFT	Rosscarbery Steam Runners A.C	M	M45	2456	1:35:24	1:34:02
1928	Ciarán O'GORMAN	Galtee Runners	M	MS	1790	1:35:25	1:33:56
1929	Catherine MURPHY	Clonmel A.C.	F	F50	2546	1:35:25	1:34:42
1930	Sarah O'BRIEN	Clonakilty Roadrunners A.C.	F	FS	2804	1:35:27	1:33:48
1931	Trishe QUIRKE	Tipp meet and train	F	F35	1103	1:35:27	1:34:02
1932	Clare DAY		F	F55	2664	1:35:33	1:33:47
1933	Claire FITZPATRICK	Touraneena Road Runners	F	F40	932	1:35:34	1:33:47
1934	Niamh BAMBRICK	West Waterford A.C.	F	FS	58	1:35:34	1:34:08
1935	Jane MCGRATH		F	F55	1723	1:35:35	1:34:15
1936	Paul FOY		M	MS	2988	1:35:37	1:34:00
1937	Honor GOONAN	Touraneena Road Runners	F	F40	1999	1:35:38	1:35:18
1938	Aisling COLLINS	St Catherines A.C.	F	FS	1147	1:35:42	1:34:12
1939	Orla KAVANAGH		F	F40	1719	1:35:42	1:34:33
1940	Regina CARROLL	Touraneena Road Runners	F	F50	328	1:35:46	1:35:25
1941	Orla CUNNANE	Dromahane RoadRunners A.C.	F	F40	199	1:35:47	1:34:24
1942	Noel J CROWE		M	M50	187	1:35:48	1:34:15
1943	Fiona RYAN		F	F35	1436	1:35:50	1:34:24
1944	Sinead HARNEY		F	F35	477	1:35:54	1:34:30

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1945	Paddy HURLEY	St Laurence O Toole A.C.	M	M55	3081	1:35:54	1:35:11
1946	Cliona WOULFE	Mallow A.C.	F	FS	924	1:35:56	1:34:51
1947	Katie MCGRATH		F	FS	2904	1:35:57	1:34:33
1948	Clodagh HEGARTY	Aghada RC	F	F45	1155	1:35:58	1:34:34
1949	Fiona O'RIORDAN	Eagle A.C.	F	F50	783	1:36:04	1:34:46
1950	Michael DEEGAN	West Waterford A.C.	M	M65	57	1:36:07	1:34:21
1951	Yvonne GOUGH	Togher A.C.	F	F50	751	1:36:15	1:34:58
1952	Tony KEOGH	Waterford A.C.	M		3145	1:36:15	1:34:49
1953	Conor BLACKWELL	West Waterford A.C.	M	M50	118	1:36:17	1:34:51
1954	Grainne NI FHOGHLU	West Waterford A.C.	F	F40	139	1:36:18	1:34:48
1955	Claire O'CONNOR		F	F40	2450	1:36:21	1:35:41
1956	Alan HARTY	South Coast TC	M	M40	1295	1:36:22	1:34:43
1957	Martha PHELAN	Huffers and Puffers	F	F55	1904	1:36:22	1:35:02
1958	Eileen RUSSELL		F	F40	9777	1:36:23	1:34:47
1959	Leilia PENDER	Ballymore Cobh A.C.	F	F40	615	1:36:23	1:34:47
1960	Audrey MAHADEVIAIAH		F	F40	2502	1:36:27	1:35:01
1961	Liam POWER	Waterford Triathlon Club	M	M65	1811	1:36:33	1:35:12
1962	Colette DOWNES		F	F35	198	1:36:36	1:34:45
1963	Suzanne MILEY	Portlaoise A.C.	F	F35	2232	1:36:37	1:35:11
1964	Laura CUSSACK		F	F35	2477	1:36:40	1:34:55
1965	Margurite HALEY	Saturday Road Runners	F	F35	764	1:36:43	1:35:10
1966	Aoife MCHUGH		F	FS	2308	1:36:43	1:35:04
1967	Carrie WOOD		F	F35	2972	1:36:43	1:34:53
1968	Ciara FREEMAN		F	FS	697	1:36:45	1:35:13
1969	Mari LYNE	Ballincollig A.C.	F	F35	890	1:36:49	1:35:20
1970	Liza DAVIS	Carragig Na Bhfear A.C.	F	F45	1538	1:36:50	1:35:33
1971	Catherine DEEGAN		F	F50	903	1:36:54	1:35:57
1972	Martina MCCARTHY		F	F40	474	1:36:55	1:35:14
1973	Larry BOYLE		M	M45	926	1:36:56	1:35:34
1974	Gerard MCSWEENEY	St Nicholas A.C.	M	M50	1340	1:36:59	1:35:23
1975	Shevaun HOGAN	Midleton A.C.	F	F45	495	1:36:59	1:35:18
1976	Alma BARRON	St Josephs A.C.	F	F35	1070	1:37:06	1:35:39
1977	Rita CRONNOLLY	West Waterford A.C.	F	F50	832	1:37:06	1:35:24
1978	Margaret CONWAY	West Waterford A.C.	F	F55	3	1:37:08	1:35:21
1979	Rosario DWANE		F	F45	1600	1:37:08	1:35:25
1980	Brian MARTIN	Midleton A.C.	M	M50	906	1:37:09	1:35:40
1981	Eileen BUCKLEY	St Finbarrs A.C.	F	F50	2443	1:37:10	1:35:25
1982	Rachel LONG	Togher A.C.	F	F40	2074	1:37:11	1:35:37
1983	Eucharia GOULD		F	F45	2742	1:37:11	1:35:47
1984	Michelle LYONS		F	F35	2175	1:37:11	1:35:40
1985	Edel TOBIN		F	F40	2663	1:37:13	1:35:56
1986	Shirley KAVANAGH	Bweeng Trail Blazers	F	F40	886	1:37:15	1:35:41
1987	Siobhan BOLGER	United Striders A.C.	F	F40	510	1:37:15	1:37:09
1988	Tommy SHEEHAN	Mallow A.C.	M	M65	2260	1:37:23	1:36:11
1989	Tony MCCARTHY	Clonmel A.C.	M	M50	2820	1:37:23	1:36:06
1990	Mary POWER		F	F55	1020	1:37:24	1:36:04
1991	Neilus O'FLYNN	St Nicholas A.C.	M	M55	225	1:37:26	1:35:41
1992	Vanessa CREMIN		F	F40	1593	1:37:26	1:35:54
1993	Eddy HIGGINS		M	M50	708	1:37:27	1:35:57
1994	Grace HUNTER	Doneraile A.C.	F	F35	1107	1:37:29	1:35:57
1995	Derry TIERNEY		M	M50	1606	1:37:31	1:36:39
1996	Pearl QUANN		F	F40	9766	1:37:32	1:36:08
1997	Olive MARSHALL		F	F40	2155	1:37:32	1:35:53
1998	Tara HORGAN	Wibbly Wobbly Wonders	F	F45	810	1:37:33	1:35:58
1999	Sheila O'NEILL		F	F35	1344	1:37:33	1:35:50
2000	Linda MORRIS	Mallow A.C.	F	F40	2738	1:37:38	1:36:07
2001	Maureen MURPHY	Computing A.C.	F	F40	1181	1:37:39	1:36:00
2002	Philip LARKIN		M	M45	312	1:37:45	1:36:27
2003	Patrick RYAN	West Waterford A.C.	M	M55	24	1:37:47	1:36:01

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2004	Niamh KAVANAGH	Portlaoise A.C.	F	F40	655	1:37:48	1:36:22
2005	Laura CONWAY	West Waterford A.C.	F	FS	2	1:37:49	1:36:02
2006	Ian DAVIDSON		M	M60	1969	1:37:57	1:37:03
2007	Patrica FOSKIN	St Senans A.C.	F	F60	2026	1:38:00	1:37:09
2008	Sean BOLGER		M	M45	1775	1:38:01	1:37:09
2009	Susan HAYES	Focus On Fitness	F	F40	259	1:38:03	1:36:38
2010	Nicky JACOB		M	M60	245	1:38:06	1:36:41
2011	Danielle DUBOIS	Bandon A.C.	F	FS	923	1:38:09	1:36:40
2012	Annis KEHOE	Slaney Olympic A.C.	F	F60	2088	1:38:11	1:37:59
2013	Michael COAKLEY	West Waterford A.C.	M	M55	72	1:38:13	1:36:45
2014	Sandra CONNOLLY	Kilkenny Triathlon Club	F	F45	1223	1:38:15	1:36:44
2015	Niamh MCCULLAGH	Kilkenny Triathlon Club	F	F40	868	1:38:16	1:36:47
2016	Agnieszka JOZWIAK		F	F35	73	1:38:16	1:36:49
2017	Louise HALL	Happy Feet Blarney	F	F40	1477	1:38:21	1:37:03
2018	Peter AHERN	Ballymore AFC	M	M40	1357	1:38:22	1:36:59
2019	Tina CURLEY		F	F40	2589	1:38:22	1:36:58
2020	Sinead AYLWARD		F	FS	2609	1:38:24	1:37:58
2021	Ann Marie O'CONNOR		F	F40	2839	1:38:26	1:36:46
2022	Amanda COONEY	Midleton A.C.	F	F55	952	1:38:26	1:37:24
2023	Donie MULCAHY	North Cork A.C.	M	MS	3101	1:38:29	1:36:48
2024	Anne LYNCH		F	F40	1455	1:38:32	1:36:59
2025	Cecelia CREMIN	Dromahane RoadRunners A.C.	F	F50	1750	1:38:32	1:37:10
2026	Walter HIGGINS		M	M45	616	1:38:32	1:36:38
2027	Angela DALY		F	F55	1346	1:38:33	1:37:06
2028	Helen LOTTY		F	F45	2063	1:38:34	1:36:55
2029	Marie MARTIN		F	F45	2818	1:38:38	1:37:11
2030	Triona BARRY	Bridevale A.C.	F	F40	1463	1:38:39	1:38:18
2031	Yvonne O'CONNOR	United Striders A.C.	F	F45	517	1:38:39	1:37:01
2032	Brendan WHYTE	Carrigtwohill A.C.	M	M40	1825	1:38:39	1:37:10
2033	Dr Peter GAFFNEY	Mallow A.C.	M	M70	957	1:38:41	1:37:18
2034	Maeve HURLEY	Ballintotis Fit4Life	F	F45	2042	1:38:42	1:36:54
2035	John FINN	Galtee Runners	M	MS	1868	1:38:43	1:36:34
2036	Bridget QUINN	United Striders A.C.	F	F45	539	1:38:44	1:37:04
2037	Aileen O'KEEFFE		F	F65	2332	1:38:45	1:37:11
2038	Maureen LINEHAN	Doneraile A.C.	F	F45	1769	1:38:46	1:37:14
2039	Brian MURPHY	Churchtown Road Runners A.C.	M	MS	2784	1:38:48	1:36:55
2040	Ann MCCARTHY	Doneraile A.C.	F	F55	2686	1:38:52	1:37:19
2041	Shirley O'GORMAN	Aghada RC	F	F45	979	1:38:52	1:37:55
2042	Vanessa MEHIGAN	United Striders A.C.	F	F40	519	1:38:53	1:37:16
2043	Jacqui WALSH	Clonmel A.C.	F	F50	934	1:38:54	1:37:22
2044	Paula DWAN	Clonmel A.C.	F	F50	3032	1:38:55	1:37:36
2045	Joanne JACKMAN		F	F40	1634	1:38:56	1:37:11
2046	Rose ROBERTS	Ballymore Cobh A.C.	F	F45	2491	1:38:59	1:37:19
2047	Declan O'CONNOR	Ballymore Cobh A.C.	M	M45	700	1:38:59	1:37:19
2048	Fiona FORTUNE		F	F35	2426	1:39:00	1:37:47
2049	Antoinette CODY	Ballintotis Fit4Life	F	F35	1814	1:39:03	1:37:28
2050	Mary O'HALLORAN	Togher A.C.	F	F45	805	1:39:04	1:37:49
2051	Linda HEGERTY	Aghada RC	F	F45	959	1:39:07	1:38:10
2052	Ed FITZGERALD	Eagle A.C.	M	M45	1930	1:39:08	1:37:39
2053	Dawn WALSH	Bweeng Trail Blazers	F	F40	2034	1:39:09	1:37:35
2054	Michelle GUIRY	Touraneena Road Runners	F	FS	409	1:39:12	1:37:31
2055	Aisling O'NEILL	Mallow A.C.	F	F40	1282	1:39:13	1:37:20
2056	Claire CROWLEY	Mallow A.C.	F	F40	2511	1:39:15	1:37:33
2056	Karen BUCKLEY	Mallow A.C.	F	F40	1782	1:39:15	1:37:34
2058	Gill O'CONNELL		F	F35	1712	1:39:17	1:37:43
2058	Catherine CONROY	Mallow A.C.	F	F50	2204	1:39:17	1:37:35
2060	Tara MURPHY	Burnfort	F	F40	2536	1:39:18	1:37:45
2061	Honor RODDY		F	F35	45	1:39:23	1:38:30
2062	Marie WALSH	West Waterford A.C.	F	F40	1131	1:39:24	1:37:33

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2063	Catriona KELLEHER		F	FS	1802	1:39:24	1:38:24
2064	Ceire BARRY		F	FS	560	1:39:25	1:37:33
2065	Emma LAVAN		F	FS	148	1:39:25	1:38:00
2066	Elaine GUINEY		F	F35	1785	1:39:28	1:38:27
2067	Rachel LANDERS		F	F40	571	1:39:29	1:37:38
2068	Pauline SHANAHAN		F	FS	135	1:39:29	1:37:38
2069	Geff COLLINS		M	M45	1610	1:39:30	1:37:53
2070	Catherine CROTTY		F	F35	1127	1:39:31	1:38:31
2071	Andrew MATHEWS		M	MS	2574	1:39:31	1:39:13
2072	Yvonne CURTIN	Happy Feet Blarney	F	F35	2108	1:39:32	1:38:16
2073	Barry MCCARTHY	Watergrasshill A.C.	M	M45	1690	1:39:33	1:38:08
2073	John MORRISSON	St Catherines A.C.	M	M45	373	1:39:33	1:38:14
2075	Melissa LYNCH		F	FS	2906	1:39:34	1:38:06
2076	Pat MORRISSEY	West Waterford A.C.	M	M45	484	1:39:35	1:37:47
2077	Sandra BUSTEED	Tullamore Harriers	F	F45	1981	1:39:38	1:37:44
2078	Carol COLLINS	St Nicholas A.C.	F	F50	447	1:39:40	1:37:56
2079	Sabrina BYRNE	Saturday Road Runners	F	F35	913	1:39:42	1:38:08
2080	Breda ROSSITER		F	F35	554	1:39:43	1:38:15
2081	Helena KENT	United Striders A.C.	F	F40	515	1:39:43	1:38:15
2082	Peter O'LEARY	Happy Feet Blarney	M	MS	2792	1:39:45	1:38:14
2083	Jackie O'CALLAGHAN	Dromahane RoadRunners A.C.	F	F40	2647	1:39:47	1:38:25
2084	Claire PHILLIPS		F	F50	2039	1:39:50	1:38:01
2084	Sarah BOWE		F	F45	1301	1:39:50	1:38:01
2086	Patrycja DALY	West Waterford A.C.	F	F40	483	1:39:51	1:39:51
2087	Marita MURRAY	West Waterford A.C.	F	F35	15	1:39:51	1:38:08
2088	Helen DEVERY	Ballymore Cobh A.C.	F	F45	1842	1:39:51	1:38:11
2089	Catherine KEOGH	Youghal A.C.	F	F35	2262	1:39:51	1:38:14
2090	Maire SEWARD		F	F35	2828	1:39:52	1:38:22
2091	Conor MANSFIELD		M	M45	335	1:39:52	1:38:17
2092	Nell LEAHY		F	F35	3009	1:39:55	1:38:23
2092	Margaret O'CONNELL	Ballymore Cobh A.C.	F	F40	1980	1:39:55	1:38:16
2094	Denise UI RIAIN		F	F35	2843	1:39:56	1:38:24
2095	Denise O'DONOVAN	Bweeng Trail Blazers	F	F40	678	1:39:56	1:38:20
2095	Elaine O'HALLORAN	Kill Running Club	F	F35	2918	1:39:56	1:38:06
2097	Siobhan O'REGAN		F	FS	9774	1:39:57	1:38:37
2098	Kim LEAHY		M	M55	1215	1:39:58	1:39:32
2099	Emma MARKS	Ferrybank Road Runners	F	F40	2991	1:39:58	1:38:30
2100	Derval FARRELL	Aghada RC	F	F45	2143	1:39:58	1:38:32
2101	Ailish MCDONALD	Aghada RC	F	F35	2854	1:39:59	1:38:16
2102	Sinead CONNOLLY		F	F45	2559	1:39:59	1:38:27
2103	Pat MORRISON	St Nicholas A.C.	M	M45	456	1:40:01	1:38:17
2104	Nora MURPHY	Gneeveguilla A.C.	F	F50	2344	1:40:02	1:38:26
2105	Valerie LONERGAN	Cahir Meet & Train	F	F40	2626	1:40:02	1:38:53
2106	Martha FITZGERALD	Cahir Meet & Train	F	F40	2616	1:40:03	1:38:54
2107	Dermot FITZGERALD	Happy Feet Blarney	M	MS	677	1:40:04	1:38:48
2108	Betty SLATTERY	Borrisoleagh Track Attack	F	F50	2305	1:40:05	1:38:28
2108	Paul ENNIS	Hairless Hutties	M	MS	2809	1:40:05	1:38:20
2110	Mary MULCAHY	St Finbarrs A.C.	F	F55	1004	1:40:05	1:39:03
2111	Ger WALSH	Ferrybank Road Runners	M	M55	2832	1:40:06	1:38:36
2112	Bronagh KELLY		F	F35	2951	1:40:06	1:38:56
2113	Aishling MCGRATH		F	FS	726	1:40:07	1:38:53
2114	Derval KENNY	An Bru A.C.	F	F45	1988	1:40:07	1:38:56
2114	Kevin LAWTON		M	M45	757	1:40:07	1:38:42
2116	Liam FEWER		M	M45	2969	1:40:08	1:38:45
2117	Tammy HURNEY		F	F35	144	1:40:09	1:38:44
2118	Emer LEE	Kilfinane A.C.	F	F50	1197	1:40:09	1:38:27
2119	Paula LYNCH	Ballintotis Fit4Life	F	F35	2210	1:40:11	1:38:34
2120	Janet LEARY	Ballintotis Fit4Life	F	F40	2452	1:40:12	1:38:24
2121	Michelle NELSON	Togher A.C.	F	F40	2057	1:40:12	1:38:57

## Sheet 1

2121	Noreen KIELY	Fittstop Fermoy	F	F45	1366	1:40:12	1:38:48
2123	Angela O'MAHONY	Grange Fermoy. A.C.	F	F50	3027	1:40:13	1:38:48
2124	Jennifer TWOMEY		F	F40	2233	1:40:16	1:38:39
2125	Mary COLFER		F	F55	1437	1:40:17	1:38:44
2126	Paul HIGGINS	Clonmel A.C.	M	M45	2264	1:40:18	1:38:34
2127	Seona BYRNE	West Waterford A.C.	F	F35	119	1:40:20	1:38:55
2128	Karen CODD		F	F35	1335	1:40:20	1:39:42
2129	Cathy MANSFIELD		F	F45	1466	1:40:21	1:38:52
2130	Barry GAVIGAN	Clonmel A.C.	M	M40	2597	1:40:22	1:39:16
2131	Barbara CODY	Grange Fermoy. A.C.	F	F45	1152	1:40:22	1:38:47
2132	Willie CODY	Grange Fermoy. A.C.	M	M45	2385	1:40:22	1:38:47
2133	Padraigin RIGGS	Mooreabbey Milers A.C.	F	F65	184	1:40:24	1:39:12
2134	Darren MULCAHY		M	MS	2179	1:40:25	1:39:29
2135	John O'SULLIVAN		M		3146	1:40:25	1:38:49
2136	Mary NOONAN	Togher A.C.	F	F40	3097	1:40:27	1:39:00
2137	Caroline BUSHHER	Saturday Road Runners	F	F45	2580	1:40:27	1:38:54
2138	Dan TWHIG	Midleton A.C.	M	M40	272	1:40:34	1:38:52
2139	Siobhan TWHIG	Midleton A.C.	F	F35	273	1:40:34	1:38:52
2140	Stephanie BYRNE		F	FS	2739	1:40:34	1:38:53
2141	Margaret O'FLYNN	St Nicholas A.C.	F	F55	226	1:40:40	1:38:55
2142	John MCSWEENEY		M	M50	2814	1:40:41	1:39:49
2143	Ann FAIRBROTHER		F	F50	2242	1:40:41	1:38:51
2144	Tracey MANNION	Jolly Joggers Churchtown	F	FS	1469	1:40:41	1:38:55
2145	Elaine CROTTY		F	FS	2737	1:40:42	1:39:02
2146	Susan HEFFERNAN	St Nicholas A.C.	F	F35	446	1:40:42	1:40:22
2147	Fiona O'LEARY	Ballintotis Fit4Life	F	F40	1052	1:40:47	1:39:08
2148	Claire FOWLER	Waterford A.C.	F		3147	1:40:50	1:39:15
2149	Sean HOGAN		M	M50	2896	1:40:51	1:39:00
2150	Louise O'REILLY	Kilkenny City Harriers	F	FS	621	1:40:52	1:39:26
2151	Elaine MOORE		F	F35	1936	1:40:57	1:39:21
2152	Rose COWMAN	Tracton A.C.	F	F45	279	1:40:58	1:39:18
2153	Joanne DUNNE	Tracton A.C.	F	F50	280	1:40:59	1:39:18
2154	Caitriona DOYLE	St Laurence O Toole A.C.	F	F35	1390	1:40:59	1:39:23
2155	Margaret FITZGERALD	Run4fun	F	F50	1242	1:41:00	1:39:32
2156	Aileen PICKERING		F	F45	2493	1:41:01	1:40:53
2157	Tara SWABY		F	F40	2296	1:41:03	1:39:19
2158	Steven RING	Shandrum A.C.	M	M40	2408	1:41:07	1:40:18
2159	Maura LAWTON		F	F50	3126	1:41:08	1:39:43
2160	Beatrice KENNEDY	North Cork A.C.	F	F40	1699	1:41:10	1:39:36
2161	Sinead CUSSEN	North Cork A.C.	F	F40	1179	1:41:13	1:39:40
2162	Denis RYAN	West Waterford A.C.	M	M40	1867	1:41:14	1:40:07
2163	Gillian O'BRIEN	St Finbarrs A.C.	F	F45	9780	1:41:18	1:39:44
2164	Elaine HAMBLEN		F	F35	2447	1:41:21	1:39:32
2165	Gillian PRENDERGAST	Clonmel A.C.	F	F35	1509	1:41:22	1:39:53
2166	Orna BREATHNACH	West Waterford A.C.	F	F35	2444	1:41:23	1:39:35
2167	Beverley HISTON		F	F55	2977	1:41:28	1:39:41
2168	Conor LOVETT	Dooneen A.C.	M	M50	316	1:41:33	1:39:51
2169	Tanya NOLAN OWERS	Aghada RC	F	F35	2341	1:41:35	1:39:55
2170	Sinead HURLEY		F	F35	9773	1:41:36	1:40:15
2171	Helen FITZGIBBON	Ballintotis Fit4Life	F	F40	1071	1:41:41	1:40:06
2172	Karen POTTER	North Cork A.C.	F	FS	2003	1:41:44	1:40:31
2173	Marie DINEEN	Buttervant RC	F	F45	406	1:41:45	1:40:27
2174	Aoife JORDAN		F	F40	2683	1:41:49	1:41:49
2175	Leah HEALY	Aghada RC	F	F50	874	1:41:51	1:40:25
2176	Paddy TULL	Slaney Olympic A.C.	M	M50	1385	1:41:52	1:41:02
2177	Brigid MURDOCH	Limerick Country Club A.C.	F	F50	1105	1:41:58	1:40:24
2178	Karen TULL	Slaney Olympic A.C.	F	F45	1383	1:42:00	1:41:11
2179	Ian HENNESSY	Crusaders A.C.	M	MS	1748	1:42:00	1:40:08
2180	Karen GRANT		F	F50	472	1:42:09	1:40:41

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2181	Deirdre BOWERS KAVANAGH	Enniscorthy Athletics	F	F50	1096	1:42:10	1:41:21
2182	Robert MARCHANT	Saturday Road Runners	M	MS	2290	1:42:14	1:40:40
2183	Louise GUMBLETON		F	F45	388	1:42:14	1:40:44
2184	Eibhlis NI ARTA	West Waterford A.C.	F	FS	2446	1:42:16	1:40:28
2185	Deirdre BYRNE	Happy Feet Blarney	F	F35	2279	1:42:17	1:41:00
2186	Michael CARROLL	Limerick Country Club A.C.	M	M70	1397	1:42:20	1:40:46
2187	Fiona DOODY	North Cork A.C.	F	F40	2518	1:42:24	1:40:51
2188	David O'BRIEN		M	MS	2578	1:42:26	1:40:50
2189	Linda MURPHY	Bweeng Trail Blazers	F	F40	1891	1:42:28	1:40:51
2190	Deirdre O'BRIEN	Kings River A.C.	F	FS	3008	1:42:29	1:41:16
2191	Noreen DALY	Portlaoise A.C.	F	F50	1465	1:42:31	1:41:15
2192	Brian LEAHY	Kilkenny City Harriers	M	M45	1414	1:42:32	1:41:14
2193	Jean HANLON	North Cork A.C.	F	F45	2157	1:42:32	1:40:57
2194	Paula KAVANAGH	Waterford A.C.	F	F55	641	1:42:35	1:41:15
2195	Sinead BLACKMORE	Carrick on Suir A.C.	F	F35	2741	1:42:37	1:40:45
2196	Ann-Marie WALSH		F	F40	3050	1:42:39	1:41:02
2197	Teresa COMERFORD	Kilkenny City Harriers	F	F40	759	1:42:39	1:41:01
2198	Elizabeth MACDONNELL		F	F40	1319	1:42:40	1:41:04
2199	Maria BARRY	Bridevale A.C.	F	FS	2255	1:42:40	1:41:25
2200	Lisa MULHALL	West Waterford A.C.	F	F40	324	1:42:41	1:41:02
2201	Tony GRAY		M	M55	576	1:42:48	1:41:29
2202	Bernice COAKLEY	Ballymore Cobh A.C.	F	F40	1592	1:42:51	1:41:11
2203	Tina MCGOWRAN	Ballymore Cobh A.C.	F	F40	1085	1:42:51	1:41:12
2204	Debbie BRITTON	Ballymore Cobh A.C.	F	F40	1258	1:42:52	1:41:12
2205	Brian HEALY		M	M50	2231	1:43:00	1:41:52
2206	Niamh PYNE	St Catherines A.C.	F	F40	362	1:43:05	1:41:51
2207	Liamy HORAN		M	M55	2979	1:43:11	1:41:43
2208	Annette FITZGERALD	Midleton A.C.	F	F45	649	1:43:15	1:41:35
2209	Patrick HOULIHAN		M	M40	1946	1:43:20	1:42:45
2210	Roisin GRIBBIN		F	F50	2682	1:43:23	1:41:36
2211	Bernadette NAVIN	Ballymore Cobh A.C.	F	F45	1931	1:43:26	1:41:46
2212	Vincent O'FLYNN		M	M55	478	1:43:27	1:42:01
2213	Ria BURGOYNE	Aghada RC	F	F45	2840	1:43:35	1:41:52
2214	Collette O'CALLAGHAN	Mallow A.C.	F	F45	1388	1:43:37	1:43:37
2215	Philomena CARROLL	West Waterford A.C.	F	F60	332	1:43:37	1:41:49
2216	Linda FOLEY	West Waterford A.C.	F	F35	330	1:43:38	1:41:50
2217	Len HANRAHAN	Mallow A.C.	M	M45	174	1:43:38	1:42:03
2218	Jonathan LENISTON		M	MS	2913	1:43:39	1:42:04
2219	Maurice JACOB	St Nicholas A.C.	M	M60	448	1:43:43	1:41:59
2220	Kate VEALE	West Waterford A.C.	F	FS	3106	1:43:45	1:43:45
2221	Cora REGAN		F	F45	2091	1:43:49	1:42:18
2222	Nuala CONNAUGHTON		F	F35	2581	1:43:50	1:42:48
2223	Triona MCCORMACK	Saturday Road Runners	F	F40	1590	1:43:53	1:42:21
2224	William PEDDER		M	MS	1059	1:43:57	1:42:19
2225	Majella HARTY		F	F40	2368	1:43:58	1:43:37
2226	Alison O'BRIEN		F	F50	209	1:43:58	1:42:12
2227	Maeve O'CONNOR	Crosshaven Tri Club	F	F40	1692	1:44:03	1:42:28
2228	Ronan O'DONOGHUE		M	M40	1398	1:44:03	1:42:29
2229	Anne Marie POWER	West Waterford A.C.	F	F40	1146	1:44:06	1:42:27
2230	Siobhan HUGHES	Aghada RC	F	F35	2410	1:44:08	1:42:27
2231	Paula MALONE	Aghada RC	F	F55	2553	1:44:09	1:42:28
2232	Allen COTTER	St Nicholas A.C.	M	MS	638	1:44:10	1:42:41
2233	Derry CROWLEY		M	M55	1615	1:44:11	1:42:17
2234	Maria GIBBONS		F	F55	1655	1:44:13	1:42:49
2235	Yvonne KELLY	West Waterford A.C.	F	F40	1639	1:44:13	1:42:35
2236	Lynn O'RIORDAN	West Waterford A.C.	F	F40	35	1:44:14	1:42:31
2237	Sheila BULMAN	Midleton A.C.	F	F50	1075	1:44:16	1:42:37
2238	Roisin MCDERMOTT		F	F50	2585	1:44:18	1:42:34
2239	Fiona BARRY	Bweeng Trail Blazers	F	F35	2107	1:44:20	1:43:01

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2240	Helen O'CALLAGHAN	Watergrasshill A.C.	F	FS	652	1:44:20	1:42:56
2241	Davy CUMMINS	Saturday Road Runners	M	MS	3079	1:44:24	1:42:53
2242	Annabelle NORMILE	Clonmel A.C.	F	F40	1670	1:44:29	1:42:36
2242	Fiona LONGAN	West Waterford A.C.	F	F40	14	1:44:29	1:42:36
2244	Shauna POWER	St Josephs A.C.	F	FS	1997	1:44:30	1:42:54
2245	Joanie MCGRATH	West Waterford A.C.	F	F45	1238	1:44:31	1:42:48
2246	William LONERGAN	Clonmel A.C.	M	M60	2877	1:44:37	1:42:52
2247	Caroline BRODERICK	Bridevale A.C.	F	F35	1758	1:44:38	1:44:17
2248	Claire O'CONNOR		F	F45	9787	1:44:40	1:43:04
2249	Jack POWELL		M	MS	461	1:44:40	1:43:12
2250	John O'CALLAGHAN	Happy Feet Blarney	M	M45	806	1:44:41	1:43:08
2251	Caroline MURRAY	Borrisoleagh Track Attack	F	F40	2935	1:44:42	1:43:32
2252	Laura BARRY	Touraneena Road Runners	F	FS	327	1:44:45	1:44:24
2253	Michelle GEANEY	Bweeng Trail Blazers	F	F40	2033	1:44:46	1:43:13
2254	Majella MYTHEN		F	F45	1230	1:44:49	1:43:19
2255	Margaret GOLDSMITH STAMP	United Striders A.C.	F	F40	520	1:44:50	1:43:11
2256	Darren CURTIN		M	M40	1488	1:44:56	1:43:07
2257	Ciaran O'BRIEN		M	M40	2883	1:44:58	1:43:58
2258	Yvonne O'BRIEN	Wibbly Wobbly Wonders	F	F40	2668	1:45:02	1:42:57
2259	Joyce CULLINANE		F	F45	2174	1:45:03	1:43:19
2260	Valerie CULLOTY	St Nicholas A.C.	F	F50	1026	1:45:04	1:42:58
2261	Lorraine O'BRIEN	United Striders A.C.	F	F50	545	1:45:05	1:43:23
2262	Chantal ROWE	United Striders A.C.	F	F45	1729	1:45:05	1:43:24
2263	Karen DUNNE	Clonmel A.C.	F	F40	2624	1:45:07	1:43:24
2264	Leisa FLEMING	West Waterford A.C.	F	F40	468	1:45:11	1:43:33
2265	Jennifer O'RIORDAN	West Waterford A.C.	F	F40	34	1:45:13	1:43:30
2266	Daniel KENNEDY	Newcastle GAA	M	MS	933	1:45:14	1:43:19
2267	Elaine GIBBONS	Run4fun	F	F35	2658	1:45:15	1:43:36
2268	Therese RYAN		F	F45	1677	1:45:27	1:43:47
2269	Eilish KINGSTON		F	F50	1143	1:45:28	1:43:45
2270	Sinead O'ROURKE		F	F40	1453	1:45:30	1:43:59
2271	Sandra MURPHY	Saturday Road Runners	F	F40	1770	1:45:33	1:44:00
2272	Ber GAMMELL	Kilmallock A.C.	F	F55	2457	1:45:35	1:43:48
2273	Caroline O'DONICAN		F	F40	2821	1:45:41	1:43:57
2274	Alan TOFT		M	M45	39	1:45:43	1:44:22
2275	Orla PHELAN		F	F35	465	1:45:52	1:44:45
2275	Anne MANNING		F	F45	466	1:45:52	1:44:46
2277	Sheelagh FLANAGAN		F	F40	2715	1:45:59	1:44:08
2278	Nicola RYAN	Cahir Meet & Train	F	F40	2195	1:46:02	1:45:13
2279	Karen MADDEN	Bweeng Trail Blazers	F	F40	1806	1:46:20	1:44:46
2280	Damien QUINN		M	MS	1564	1:46:25	1:45:12
2281	Aisling MITCHELL	Ferrybank Road Runners	F	F40	3066	1:46:30	1:45:01
2282	Michelle FOLEY	Fitness with Emer	F	F45	1907	1:46:31	1:44:44
2283	Dee BUCKLEY	Bridevale A.C.	F	F40	2008	1:46:34	1:45:06
2284	Pauline CROWE	Ferrybank Road Runners	F	F35	1837	1:46:35	1:45:07
2285	Sharon MURTAGH		F	F40	490	1:46:38	1:45:32
2286	Marie KENNEDY		F	F50	208	1:46:39	1:44:53
2287	Bernadette GLASCOTT	Carrick on Suir A.C.	F	F60	443	1:46:41	1:45:03
2288	Lisa BARTLEY	Carrick Tri Club	F	F40	579	1:46:41	1:46:41
2289	Susie MOORE		F	F40	2604	1:46:42	1:44:56
2290	Clodagh KEARNS	Touraneena Road Runners	F	FS	681	1:46:42	1:46:18
2291	Aine BATES	Run4fun	F	F40	2806	1:46:44	1:45:05
2292	Noreen LEWIS		F	F50	1648	1:46:46	1:44:59
2293	Elaine BOWENS	Ballintotis Fit4Life	F	F35	1860	1:46:54	1:45:05
2294	Sarah CASEY		F	F45	2243	1:46:55	1:45:03
2295	Tricia CULLINANE	Finisk Valley	F	F40	1705	1:47:10	1:46:09
2296	Emma NORRIS		F	F40	2300	1:47:10	1:45:27
2297	Mairead LANDERS BARRY		F	FS	572	1:47:12	1:45:21
2298	Aine RYAN	Clonmel A.C.	F	F40	2078	1:47:21	1:45:38

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2299	Margaret Mary GRANT	Portlaoise A.C.	F	F45	2371	1:47:22	1:45:55
2300	Tracey GAVIN	Portlaoise A.C.	F	F40	2161	1:47:25	1:45:58
2301	Caroline CASHMAN	Midleton A.C.	F	F40	2655	1:47:26	1:45:44
2302	Mary WALSH		F	F50	341	1:47:44	1:47:25
2303	Bridgette FRAHER		F	F40	1528	1:47:45	1:46:06
2304	Aisling BREEDY		F	F40	1395	1:47:45	1:46:07
2305	Jennie RYAN		F	F35	2464	1:47:47	1:46:04
2306	Joanne COLBERT	Saturday Road Runners	F	F40	1368	1:47:54	1:46:21
2307	Arlene HEALY	Run4fun	F	F45	2687	1:47:56	1:46:17
2308	Tommy LENIHAN	West Waterford A.C.	M	M55	593	1:47:56	1:46:08
2309	Siobhan HEFFERNAN	Bweeng Trail Blazers	F	F45	1284	1:48:03	1:46:27
2310	Marion SWEENEY	Dromahane RoadRunners A.C.	F	F40	2689	1:48:03	1:46:27
2311	Eileen SKELLY		F	FS	2731	1:48:10	1:46:22
2312	Jean MCDONNELL	Mallow A.C.	F	F45	800	1:48:11	1:46:28
2313	Hubert CROWE		M	M40	188	1:48:19	1:46:31
2314	Mary VEALE		F	F40	156	1:48:19	1:46:38
2315	Tom VEALE		M	M40	155	1:48:19	1:46:37
2316	Helene HAYES	West Waterford A.C.	F	F60	2211	1:48:22	1:46:37
2317	Susie WHELAN		F	F40	2251	1:48:23	1:47:04
2318	Eamonn CURRAN	West Waterford A.C.	M	M45	1900	1:48:27	1:47:20
2318	Claire KINSELLA	Clonmel Triathlon Club	F	F50	844	1:48:27	1:48:08
2320	Michelle O'REILLY		F	F45	2059	1:48:31	1:46:39
2321	Conor MCCARTHY	Bridevale A.C.	M	MS	2887	1:48:31	1:46:47
2322	Stacey KING		F	F40	137	1:48:34	1:46:45
2323	Susan HICKEY		F	F40	136	1:48:34	1:46:45
2324	Jean PURCELL		F	F40	896	1:48:50	1:47:00
2324	Kiera BUGGY		F	F35	2993	1:48:50	1:47:00
2324	Phil MURPHY		F	F50	2615	1:48:50	1:47:01
2327	Georgina GILLIGAN	Clonmel A.C.	F	F35	203	1:48:59	1:47:13
2328	Mary PHILPOTT		F	F45	1130	1:49:01	1:47:06
2329	Ian O'KEEFFE		M	MS	2794	1:49:02	1:47:18
2330	Fiona O'CONNOR	Togher A.C.	F	F45	1235	1:49:03	1:47:22
2331	Edwina DRISCOLL	Mallow A.C.	F	F40	2398	1:49:22	1:47:40
2332	Susan DURKIN	Apple RC	F	F35	1916	1:49:23	1:47:42
2333	Tracy KELLEHER	Happy Feet Blarney	F	F35	2582	1:49:25	1:47:53
2334	Annmarie WALSH		F	F40	1691	1:49:28	1:47:57
2335	Christy O'DRISCOLL		M	M70	563	1:49:30	1:48:46
2336	Eileen MCCARTHY	Ballymore Cobh A.C.	F	F55	2872	1:49:33	1:47:52
2337	Anne MCKEOWN	Ballymore Cobh A.C.	F	F50	1093	1:49:33	1:47:53
2338	Frances FAHEY	Clonmel A.C.	F	F45	202	1:49:34	1:47:49
2339	Nicole O'DONOVAN	Bweeng Trail Blazers	F	F40	754	1:49:34	1:47:58
2340	Cecilia O'CONNELL	Bweeng Trail Blazers	F	F40	2564	1:49:34	1:47:57
2341	Louise O'CONNOR	Happy Feet Blarney	F	F40	1939	1:49:35	1:47:55
2342	Noelle CONWAY	West Waterford A.C.	F	F60	687	1:49:35	1:48:06
2343	Marie MOORE	West Waterford A.C.	F	F60	688	1:49:35	1:48:06
2344	Michelle POWER	Team Tywang	F	F45	2181	1:49:39	1:48:29
2345	Elaine CURRAN		F	FS	2870	1:49:55	1:48:48
2346	Clara O'GORMAN	Tracton A.C.	F	F40	3083	1:49:59	1:48:24
2347	Mags DEMPSEY	Tracton A.C.	F	F40	2947	1:50:00	1:48:25
2348	Mary SINNOTT		F	F50	303	1:50:49	1:49:04
2349	Paula RYAN	North Cork A.C.	F	FS	239	1:50:54	1:49:22
2350	Patricia HOGAN	Youghal A.C.	F	F45	2805	1:50:57	1:49:06
2351	Mairead DONOVAN	Happy Feet Blarney	F	F40	1300	1:50:58	1:49:25
2352	Teresa MURPHY		F	FS	1759	1:50:58	1:49:04
2353	Fiona O'RIORDAN	West Waterford A.C.	F	F55	3068	1:50:58	1:49:09
2354	Deirdre CLANCY	West Waterford A.C.	F	F60	12	1:50:59	1:49:09
2355	Niall RIORDAN		M	MS	858	1:50:59	1:49:05
2356	Killian DEVLIN	Ballinacurra Villagers	M	M40	3023	1:51:05	1:49:13
2357	Melanie WARD		F	F45	2865	1:51:22	1:49:35



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2358	Mj CROKE		M	MS	910	1:51:25	1:49:29
2359	Margaret WALSH		F	F35	3082	1:51:25	1:49:30
2360	Mary HANRAHAN		F	F35	1380	1:51:25	1:49:30
2361	Liam FREWEN		M	MS	3069	1:51:25	1:49:30
2362	Louise PRENDERGAST	Touraneena Road Runners	F	FS	343	1:51:28	1:49:46
2363	Gerard O'CONNELL	Marathon Club Ireland	M	M60	1394	1:51:32	1:49:54
2364	Jacqueline HICKEY	Clonmel A.C.	F	F50	99	1:51:34	1:50:05
2365	Ann Marie O'DONNELL		F	F45	1967	1:51:34	1:49:42
2366	Avril NOONAN	Kilmallock A.C.	F	F45	2468	1:51:37	1:49:51
2367	Howard TRIGGS	Kilkenny Triathlon Club	M	M50	1139	1:51:43	1:50:57
2368	Denis FITZGERALD	Watergrasshill A.C.	M	MS	808	1:51:47	1:51:07
2369	Gayle BURKE		F	FS	422	1:51:57	1:50:04
2370	Paula COOPER	Happy Feet Blarney	F	F45	2575	1:52:09	1:52:09
2371	Michelle KEARNEY		F	F35	366	1:52:20	1:50:36
2372	Valeire MCSWEENEY		F	F45	2892	1:52:26	1:51:34
2373	Carol CRONIN	St Finbarrs A.C.	F	F45	3109	1:52:27	1:50:54
2374	Tom BURKE	West Waterford A.C.	M	M65	206	1:52:39	1:50:57
2375	Grainne HALLINAN	Touraneena Road Runners	F	F45	329	1:52:46	1:52:21
2376	Mary HEALY	Wibbly Wobbly Wonders	F	F55	1434	1:52:55	1:51:05
2377	Rachel KELLEHER	Wibbly Wobbly Wonders	F	F45	1286	1:52:56	1:51:06
2378	Tracy O'DRISCOLL	Happy Feet Blarney	F	F40	2519	1:53:02	1:53:02
2379	Jim MCEVOY	Happy Feet Blarney	M	M45	949	1:53:02	1:51:29
2380	Finnuala RUSSELL	Youghal A.C.	F	F45	2393	1:53:04	1:53:04
2381	Mary MURPHY	Bweeng Trail Blazers	F	F50	1894	1:53:06	1:51:29
2382	Joan MCCARTHY	Midleton A.C.	F	F60	1069	1:53:12	1:52:11
2383	Fiona O'MEARA		F	F45	1953	1:53:13	1:51:37
2384	Caroline MURPHY	Bweeng Trail Blazers	F	F45	855	1:53:14	1:51:41
2385	Daniel O'SULLIVAN		M	MS	3016	1:53:31	1:52:23
2386	Mary KEVANY	Fittstop Fermoy	F	F50	973	1:53:31	1:52:23
2387	Ellen MURPHY	Bweeng Trail Blazers	F	FJ	1896	1:53:44	1:52:06
2388	Cathriona PRICE		F	F45	1765	1:53:47	1:51:55
2389	Zara KELLY	Youghal A.C.	F	FS	2815	1:54:02	1:52:12
2390	Marina BYRNE	United Striders A.C.	F	F45	518	1:54:09	1:52:30
2391	Bridget RYAN		F	F40	1922	1:54:26	1:54:18
2392	Regina WILKINSON	West Waterford A.C.	F	F40	2171	1:54:26	1:52:33
2393	Mary STAPLETON	Borrisoleagh Track Attack	F	F50	2593	1:54:30	1:52:53
2394	Derek MCLOUGHLIN	Kings River A.C.	M	M40	1539	1:55:04	1:53:26
2395	Bernard O'GORMAN		M	M60	1646	1:55:32	1:53:43
2396	Mary CAMPION		F	F55	1392	1:55:32	1:53:43
2397	Aidan DALTON	St Nicholas A.C.	M	MS	747	1:55:35	1:53:48
2398	Mary FENTON	St Nicholas A.C.	F	F45	459	1:55:36	1:53:50
2399	Eilish FINN		F	F45	2531	1:55:37	1:53:51
2400	Pat COLLINS	St Nicholas A.C.	M	M55	458	1:55:37	1:53:49
2400	Una KINGSTON		F	F40	1726	1:55:37	1:53:52
2402	Denis FENTON	St Nicholas A.C.	M	M55	1021	1:55:38	1:53:51
2403	Maurice FLYNN	Ferrybank Road Runners	M	MS	3058	1:55:43	1:53:57
2404	Colette MEANY		F	F40	2717	1:55:46	1:54:10
2404	Aine O'KEEFFE		F	F45	2000	1:55:46	1:54:09
2406	Amanda CROWLEY	Bridevale A.C.	F	F45	2649	1:55:47	1:55:12
2407	Elaine BURKE		F	F45	2808	1:55:49	1:54:01
2408	Mike DORNEY	Midleton A.C.	M	M40	1425	1:55:58	1:54:13
2409	Aisling TUIE		F	F45	2807	1:56:07	1:54:20
2410	Carol TREACY		F	F35	2712	1:56:10	1:54:29
2411	Olivia COTTER	Mallow A.C.	F	F40	2373	1:56:17	1:54:24
2412	Niamh QUIGLEY		F	F40	2140	1:56:21	1:55:06
2413	Phillippa KEATING		F	FS	1886	1:56:21	1:54:38
2414	Gwen CUNNINGHAM	Aghada RC	F	F45	3105	1:56:35	1:55:09
2415	Deirdre HAHEsy	West Waterford A.C.	F	F45	50	1:56:35	1:54:53
2416	Claire MEEHAN	West Waterford A.C.	F	F40	1948	1:56:39	1:54:56

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2417	Maria KELLY		F	F55	1627	1:56:41	1:54:47
2418	Louise BURKE		F	F35	421	1:56:48	1:54:55
2419	Liz PATTERSON	St Nicholas A.C.	F	F50	1753	1:57:07	1:55:18
2420	Joy COX		F	F45	2631	1:57:34	1:55:39
2421	Noreen PATTERSON	St Nicholas A.C.	F	F45	1749	1:57:39	1:55:49
2422	Lisa MULLANE		F	F35	1363	1:57:43	1:56:02
2423	Rachel HEGARTY	Ballymore Cobh A.C.	F	F50	1730	1:57:43	1:56:02
2424	Katherina MORRISSEY		F	F35	3002	1:57:49	1:56:07
2425	Terri GOUGH	West Waterford A.C.	F		596	1:58:23	1:56:37
2426	Claire COSGRAVE	West Waterford A.C.	F	F45	69	1:58:24	1:56:34
2427	Mary WALSH	Midleton A.C.	F	F55	1942	1:59:01	1:58:11
2428	Mary NOLAN	Slaney Olympic A.C.	F	F50	1454	1:59:07	1:57:17
2429	Liamie SANDFORD	West Waterford A.C.	M	M65	141	1:59:17	1:57:25
2430	Frank CUMMINS		M	M40	2863	1:59:46	1:57:56
2431	Carol LEAHY	Ballymore Cobh A.C.	F	F50	846	1:59:54	1:59:35
2432	Fiona LANE	Crusaders A.C.	F	F45	2168	2:00:26	1:58:35
2433	Michael FOTTRELL		M	M70	2942	2:00:33	1:58:41
2434	Bernadette SINNOTT	United Striders A.C.	F	F50	522	2:00:46	1:59:07
2435	Ian DORAN		M	MS	1035	2:02:23	2:02:11
2436	Pamela LENIHAN	Fota Island RC	F	F35	1077	2:02:59	2:01:17
2437	Anne Marie O'DONOVAN	Fota Island RC	F	F45	1632	2:03:08	2:01:40
2438	Gillian BOLLAND		F	F35	2568	2:03:10	2:01:57
2439	Theresa JOHNSTON	Aghada RC	F	F40	1925	2:03:16	2:01:34
2440	Siobhan FOLEY	Aghada RC	F	F45	1095	2:03:26	2:02:02
2441	Aidan WALSH	Garda A.C.	M	MS	1413	2:03:27	2:01:34
2442	Ann MCCABE	Bandon A.C.	F	FS	2504	2:06:18	2:04:01
2442	Damien MCCABE	Bandon A.C.	M	MS	2503	2:06:18	2:06:18
2444	Ailish O'KEEFFE		F	FS	848	2:07:16	2:05:32
2445	Elizabeth MILLS		F	F60	2281	2:07:18	2:05:28
2446	Angela LALOR	Kilkenny City Harriers	F	F50	689	2:08:37	2:06:48
2447	Martina MCGRATH	Kilkenny City Harriers	F	F50	629	2:08:37	2:06:48
2448	Sinead NOLAN		F	F40	2475	2:09:04	2:07:33
2449	Mary O'KEEFFE	West Waterford A.C.	F	F60	20	2:11:01	2:09:20
2450	Cheyenne TOBIN		F	FS	1364	2:14:23	2:12:33
2451	Christine TAYLOR		F	F40	2945	2:15:12	2:14:43
2452	Mary Ann CONWAY		F	FS	1448	2:15:12	2:13:18
2453	Joe CONWAY		M	M60	1449	2:15:15	2:13:22
2454	John CHEEVERS		M	M45	429	2:20:18	2:19:21
2455	Patricia KRISTAN		F	F40	2846	2:22:28	2:21:19
2456	Mary TOHER	Marathon Club Ireland	F	F60	2011	2:39:19	2:38:44