

GSK 5 Mile Road Race 2019 Winners

Male Winners

1st	Raivis Zakis	West Waterford AC	27.05
2nd	Pat Hennessy	West Waterford AC	27.10
3rd	Derek Walsh	Carrick-on-Suir AC	27.22
4th	Dzintars Klava	West Waterford AC	27.51
5th	Daryl Kearns	West Waterford AC	27.56
O/40	Danny Smith	N/A	28.05
O/45	Darren Flynn	Grange/Fermoy AC	30.13
O/50	John Murphy	Grange/Fermoy AC	28.50
O/55	Ger Moloney	St. Pauls	30.18
O/60	Anthony Dwyer	West Waterford AC	35.32
Junior	Conor Mullany	West Waterford AC	29.09

Female Winners

1st	Sally Forristal	St. Joseph's AC	29.43
2nd	Angela McCann	Clonmel AC	30.04
3rd	Natalie Sheehan	West Waterford AC	32.22
4th	Angela Tobin	West Waterford AC	32.43
5th	Courtney McGuire	Clonmel AC	33.51
O/35	Debra Doherty	West Waterford AC	36.16
O/40	Elaine Horgan	Clonmel AC	34.20
O/45	Teresa Cunningham	Nore Valley AC	35.05
O/50	Onra Power	West Waterford AC	40.24
O/55	Stephanie Ilsley	St. Nicholas AC	36.08
Junior	Carla Fanning	Waterford AC	40.27