

Liz (Eilís) Hayes Memorial Run Friday 09/08/19

Place	Name	Club	Cat	Time	Pace
1	MAUNSELL, Kevin	Clonmel A.C.	SM	0:27:13	05:26.5
2	ROWE, Dean	Gowran	SM	0:28:26	05:41.1
3	O'BRIEN, Craig	Ferrybank A.C.	JM	0:28:28	05:41.5
4	MARSHALL, Evan	Waterford A.C.	JM	0:30:27	06:05.3
5	BOWEN, Anthony	Clonmel A.C.	SM	0:30:39	06:07.7
6	KEOGH, Mossie	West Waterford A.C.	M40	0:31:50	06:21.9
7	MALONE, Caoilte	Thomastown	SF	0:31:56	06:23.1
8	WALSH, Tom	Thomastown	M50	0:32:10	06:25.9
9	ROCHE, Dave	N/A	M40	0:32:18	06:27.5
10	FENNELLY, Phlip	Kings River A.C.	M45	0:32:24	06:28.7
11	POWER, Anthony	N/A	SM	0:32:27	06:29.3
12	HAHESY, Benny	Carrick On Suir A.C.	M45	0:32:30	06:29.9
13	HOGAN, Steve	Waterford A.C.	SM	0:33:01	06:36.1
14	O'KEEFFE, Hannah	Thomastown	JF	0:33:08	06:37.5
15	O'SULLIVAN, John	Waterford A.C.	SM	0:33:20	06:39.9
16	BRENNAN, Grainne	N/A	SF	0:33:30	06:41.9
17	MC DONALD, Shane	N/A	M50	0:33:42	06:44.3
18	MINOGUE, Clive	Thomastown	M40	0:33:44	06:44.7
19	MURRAY, Conor	West Waterford A.C.	M50	0:33:47	06:45.3
20	MAHONY, Joan	Waterford A.C.	F40	0:33:49	06:45.7
21	GRANT, Pat	N/A	M40	0:33:53	06:46.5
22	BROPHY, John Paul	Waterford A.C.	SM	0:34:05	06:48.9
23	O'ROURKE, Jamie	Saturday Road Runners	M40	0:34:47	06:57.3
24	PONCE DE LEON, Miguel	Carrick On Suir A.C.	M45	0:34:54	06:58.7
25	WALSH, Eoin	Saturday Road Runners	M45	0:34:57	06:59.3
26	LANGTON, Joe	Adele's Gazelles	M40	0:35:01	07:00.1
27	CROTTY, John	N/A	SM	0:35:07	07:01.3
28	CUNNINGHAM, Teresa	Nore Valley	F45	0:35:40	07:07.8
29	DWYER, Anthony	West Waterford A.C.	M60	0:35:53	07:10.4
30	MOLLOY, Mary	Carrick On Suir A.C.	F40	0:35:55	07:10.8
31	HARAN, Evelyn	Focus On Fitness	F40	0:36:02	07:12.2
32	DUNFORD, Pat	West Waterford A.C.	M50	0:36:26	07:17.0
33	DROHAN, Eveleen	West Waterford A.C.	F40	0:36:34	07:18.6
34	KAVANAGH, Thomas	N/A	SM	0:36:46	07:21.0
35	CONDON, Jody	Waterford A.C.	M45	0:37:20	07:27.8
36	HARRIS, Brian	Adele's Fitness	M65	0:37:26	07:29.0
37	CLEARY, Paul	Waterford A.C.	M40	0:37:43	07:32.4
38	VAN DER BOSCHE, Jonas	N/A	SM	0:37:44	07:32.6
39	HAYES, Anne Marie	St. Catherines	F40	0:37:49	07:33.6
40	TOBIN, Martin	West Waterford A.C.	M55	0:38:05	07:36.8
41	FORRISTAL, Dave	Kings River A.C.	M45	0:38:26	07:41.0
42	MC SWEENEY, Ciara	Focus On Fitness	F40	0:38:30	07:41.8
43	DILLON, Fiona	Thomastown	JF	0:38:55	07:46.8

44	MOONEY, Lorena	N/A	F40	0:39:05	07:48.8
45	VAN DER VALK, T.J.	Waterford A.C.	M55	0:39:10	07:49.8
46	DWYER, Tony	West Waterford A.C.	JM	0:39:26	07:53.0
47	O'CONNOR, Gerry	West Waterford A.C.	M55	0:39:29	07:53.6
48	FENNELLY, Roisin	Thomastown	SF	0:39:40	07:55.8
49	POWER, Jonathan	N/A	SM	0:39:42	07:56.2
50	BUTLER, Michael	N/A	M40	0:40:01	08:00.0
51	CUSACK, Niall	N/A	M45	0:40:22	08:04.2
52	COFFEY, Brigid	West Waterford A.C.	F45	0:40:27	08:05.2
53	POWER, Onra	West Waterford A.C.	F50	0:40:52	08:10.2
54	JOLLY, Liz	St. Senans A.C.	F45	0:40:54	08:10.6
55	O'DONOGHUE, Donal	Watergrasshill A.C,	M50	0:40:59	08:11.6
56	O'SULLIVAN, Nigel	Focus On Fitness	M45	0:41:06	08:13.0
57	MC CARTHY, Michael	N/A	M60	0:41:08	08:13.4
58	BUTLER, Liam	N/A	M60	0:41:21	08:16.0
59	O'CALLAGHAN, Valerie	St. Senans A.C.	F40	0:42:36	08:31.0
60	BARCOE, Tanya	Thomastown	F45	0:42:48	08:33.4
61	DUNPHY, Mark	N/A	M45	0:44:06	08:49.0
62	MURPHY, Hilary	Waterford A.C.	SF	0:44:23	08:52.4
63	GAFFNEY, Andrea	West Waterford A.C.	F50	0:44:35	08:54.8
64	CUSACK, Aisling	West Waterford A.C.	F40	0:44:36	08:55.0
65	WADE, Michael	West Waterford A.C.	M60	0:44:52	08:58.2
66	O'KEEFFE, Michael	Thomastown	M50	0:45:31	09:06.0
67	LANGTON, Karina	Adele's Gazelles	F40	0:45:42	09:08.2
68	O'KEEFFE, Orla	Thomastown	JF	0:45:45	09:08.8
69	O'REILLY, Siobhain	Thomastown	F50	0:46:00	09:11.8
70	WALSH, Ciara	St. Senans A.C.	F35	0:46:29	09:17.6
71	VAN DER VALK, Rosie	Waterford A.C.	F55	0:46:36	09:19.0
72	HALLIGAN, Eamonn	N/A	M50	0:46:40	09:19.8
73	HALLIGAN, Deirdre	N/A	F50	0:49:09	09:49.6
74	CURRAN, Eamonn	West Waterford A.C.	M45	0:49:58	09:59.4
75	BUTLER, Lorraine	N/A	F35	0:50:31	10:06.0
76	MOORE, Marie	West Waterford A.C.	F60	0:52:51	10:34.0
77	CONWAY, Noelle	West Waterford A.C.	F60	0:52:51	10:34.0