

WINTER LEAGUE DIVISION TABLES

The winter league tables have now been established with ten runners in each division. The runners that are currently in the top ten are in the first division and the next ten are in the second division and so on down the line.

- The points beside your name are the total number of points that you have accumulated so far in the league.
- Even if you miss a night you will still be allocated points and at the end of the league we will get everybody's best 12 nights/points and the runner with the least number of points will be declared the winner.
- There will be movement between divisions up to week 12. This means that you may be in division three and then a good night's run may move you up to division two or likewise a night where you don't improve your time by much may mean you could move down a division. With very few points between some of the runners there will be lots of movement between the divisions.
- After week 12, the divisions will be locked. This means that when the results for week 12 have been taken into account and the divisions made out, each runner will stay in the division they are in until the end of the league. If you end up in division 4 after week 12 then you will stay in division 4 to the end and each runner in that division will do their best to get to the top of their respective division. This applies to all runners in both the short and the long route. The overall winner may come from any division. If you end up in division 3 after week 12 but collect very few points for week 13, 14 and 15 it may well mean that you could be the person with the least points and the eventual winner.
- Your final score after the 15 weeks will be determined by your best 12 nights. You do get points on the nights that you miss but everybody must run at least 10 nights to qualify.
- After week 13, we will calculate everybody's best 12 nights so far and this will give you an indication as to where you are in relation to the tables. We will also do the same after week 14. Please bear in mind though that it may well happen that the last night of the league may be your best or worst night which will alter your score again so the winner of both the short and the long route won't be clear right until the very end.