

Minnies Fit4Life Running League		
Week 4		
1 Lap		
1	Ronan Proctor	7.03
2	Mikey Tutty	7.19
3	Geraldine Heffernan	8.28
4	Melissa Keith	11.35
5	Tom Murphy	12.11
6	Karen Coleman	12.20
7	Michael Foley	12.29
8	Mary Whyte	12.29
9	Linda Kiely	12.39
10	Mary Power	13.18
11	Karen Cliffe	13.37
12	Julie Healy	14.41
13	Lucinda Shrubbs	14.41
2 Laps		
1	Yevgeniy Chizhikov	14.12
2	Trevor Walsh	16.17
3	James Casey	16.32
4	Josie Ui Chuirrin	17.14
5	James Ryan	17.55
6	Sarah O'Brien	18.11
7	Eilis Harty	19.42
8	Helen O'Brien	20.10
9	Sinead De Faoite	20.54
10	Lorraine Walsh	21.11
11	Annette Whelan	21.20
12	Geraldine Barry	22.32
13	Julie Horsom	22.49
14	Diana Chizhikova	22.49
15	Dawn Tutty	23.24
16	Pamela Aird	23.41
17	John Carton	23.53
18	Angela Power	24.24
19	Coleen Hayes	24.50
20	Ann Crowther	24.50
21	Ann Lyons	25.26
22	Carol Tobin	25.52
23	Catherine Dunne	26.16
24	Breda Veale	26.16
3 Laps		
1	Des Feeney	21.18
2	John Downey	25.29
3	Mark Cliffe	25.53
4	Kieran Coleman	26.22
5	Kevin Walsh	28.42
6	Andrea Gaffney	29.08

7	Emma Kirwan	30.37
8	Declan Hayes	31.00
9	Grace Downey	31.24
10	Linda Bradfield	31.45
11	Onra Power	31.46
12	Josie Harty	32.05
13	Anna Ballot	32.10
14	Elma Drae	32.12
15	Claire Broderick	33.43
16	Jean Foley	33.48
17	Pieter Den Boom	34.59
18	Claire Murray	36.03
19	Mary Riordan	36.25
20	Martina Walsh	36.26
4 Laps		
1	Raivis Zakis	24.50
2	Brian Murphy	26.05
3	Kevin Kenneally	26.29
4	Jimmy Fitzgerald	27.27
5	Sean Stilwell	28.09
6	Shane Power	28.22
7	John Leahy	29.39
8	Patrick Riordan	30.03
9	Luke Cunningham	30.05
10	Martin Murphy	30.16
11	Liam Budds	30.41
12	Alan Lyons	30.41
13	Tom Leahy	31.27
14	Adrian Fitzgerald	32.31
15	Earl Navin	33.06
16	James Veale	33.47
17	Gerry Cantwell	33.47
18	Pat Early	33.55
19	Paul Brunnock	33.56
20	Micheal Callaghan	33.59
21	Kieran Russell	33.59
22	Tom Moroney	34.00
23	Pat Dunford	34.00
24	Jim Fleming	34.19
25	Liam Byrne	35.38
26	Colin Lyons	36.01
27	Gerry O Connor	36.57
28	Liz Nyhan	37.06
29	Vincent Tutty	37.08
30	Triona Wall	37.24
31	Ann Dunford	37.24
32	Karen Ryan	37.24
33	John Whelan	37.25
34	Angeline Drennan	37.34

35	Richard Griffin	37.35
36	Rosarie Kealy	38.13
37	Joanne Dunford	38.13
38	Eoin Quann	38.21
39	Tomas Murphy	38.30
40	Claire Walsh	38.51
41	Patrick Lyons	41.17
42	Catriona Kiely	41.30
43	Aidan Walsh	43.07
44	Marie Walsh	44.44
45	Alison O Brien	45.30
46	Kate Organ	45.30