

Ballinameela 5kFriday 31 August 2018. 7:00 pm

Place	Name	Team	Cat.	Time	Pace
1	MURPHY, Noel	Waterford A.C.	SM	0:16:10	05:12.1
2	MC KEOWN, Ciaran	Watergrasshill A.C,	M40	0:16:24	05:16.6
3	MC CARTHY, Jamie	Waterford A.C.	JM	0:16:27	05:17.6
4	BRENNAN, Luke	Waterford A.C.	JM	0:16:33	05:19.5
5	O'CONNOR, Alan	United Striders	M40	0:16:35	05:20.1
6	KLAVA, Dzintars	West Waterford A.C.	M40	0:17:06	05:30.1
7	KEDEBE, Fkadu	N/A	SM	0:17:11	05:31.7
8	FLAVIN, Marc	West Waterford A.C.	SM	0:17:13	05:32.4
9	RYAN, Colm	West Waterford A.C.	SM	0:17:15	05:33.0
10	HOGAN, Alan	West Waterford A.C.	SM	0:17:22	05:35.3
11	STILWELL, Sean	West Waterford A.C.	SM	0:17:29	05:37.5
12	O'BRIEN, Sean	St. Finbarr's	SM	0:17:33	05:38.8
13	SHEEHAN, Ciaran	Watergrasshill A.C,	SM	0:17:36	05:39.8
14	DUGGAN, Joey	St Josephs A.C	SM	0:17:58	05:46.9
15	FORRISTAL, Sally	St Josephs A.C	SF	0:18:02	05:48.1
16	O'RIORDAN, Shane	West Waterford A.C.	SM	0:18:03	05:48.5
17	LOUGHNANE, Madeline	Thurles Crokes	F35	0:18:08	05:50.1
18	CODD, Vinny	Waterford A.C.	M40	0:18:19	05:53.6
19	VEALE, Kate	West Waterford A.C.	SF	0:18:28	05:56.5
20	RYAN, Billy	West Waterford A.C.	SM	0:18:49	06:03.3
21	HAHESSY, Benny	Carrick On Suir A.C.	M45	0:18:54	06:04.9
22	LANDERS, Brian	Youghal A.C.	M45	0:18:58	06:06.2
23	GOUGH, Joe	West Waterford A.C.	M55	0:19:01	06:07.1
24	HAHESY, Ray	West Waterford A.C.	M50	0:19:02	06:07.5
25	GEARY, Paul	Midleton A.C.	SM	0:19:06	06:08.7
26	GLEESON, Cathal E.	West Waterford A.C.	M40	0:19:06	06:08.7
27	LONGAN, Tom	West Waterford A.C.	M45	0:19:08	06:09.4
28	HORGAN, Barry	Clonmel A.C.	M40	0:19:11	06:10.3
29	CASEY, Kevin	West Waterford A.C.	M40	0:19:17	06:12.3
30	KENNEDY, Pdraig	West Waterford A.C.	SM	0:19:21	06:13.6
31	KEANE, Colin	N/A	SM	0:19:25	06:14.9
32	O'LEARY, Ted	West Waterford A.C.	M45	0:19:26	06:15.2
33	O'RIORDAN, Cian	West Waterford A.C.	JM	0:19:27	06:15.5
34	LONGAN, John	N/A	SM	0:19:28	06:15.8
35	MC CARTHY, Sean	Clonmel A.C.	M45	0:19:34	06:17.7
36	QUIGLEY, John	Coolquill	SM	0:19:42	06:20.3
37	MURRAY, Orna	Ferrybank A.C.	SF	0:19:49	06:22.6
38	HAMILTON , Andrew	N/A	SM	0:19:50	06:22.9
39	BEDELL, Toby	Tried and Tested	M45	0:19:57	06:25.1
40	O'BRIEN, Claire	Watergrasshill A.C,	SF	0:20:03	06:27.1
41	CHIZHIKOV, Yevgeniy	West Waterford A.C.	M45	0:20:13	06:30.3
42	TOBIN, Martin	West Waterford A.C.	M50	0:20:25	06:34.2
43	BARRY, Joe	West Waterford A.C.	M40	0:20:26	06:34.5
44	BAILEY, Michael	N/A	SM	0:20:29	06:35.4
45	NICKELSON, Natalie	St. Catherines	JF	0:20:29	06:35.4
46	MURPHY, Kieran	St. Catherines	M40	0:20:33	06:36.7
47	ISLEY, Ron	N/A	M55	0:20:36	06:37.7
48	BUCKLEY, John	N/A	M45	0:20:37	06:38.0
49	FRISBY, Ciaran	West Waterford A.C.	JM	0:20:40	06:39.0
50	DROHAN, Noel	West Waterford A.C.	M45	0:20:51	06:42.5
51	HORGAN, Elaine	Clonmel A.C.	F35	0:20:54	06:43.5
52	CURRAN, Tom	N/A	SM	0:20:55	06:43.8
53	CURRAN, Paul	N/A	SM	0:20:56	06:44.1
54	CALLAGHAN, Micheal	West Waterford A.C.	M45	0:20:58	06:44.8

55	DWYER, Anthony	West Waterford A.C.	M55	0:21:01	06:45.7
56	MC GOVERN, Shane	N/A	SM	0:21:02	06:46.1
57	O'CALLAGHAN, Declan	West Waterford A.C.	M40	0:21:07	06:47.7
58	MURRAY, Conor	West Waterford A.C.	M50	0:21:09	06:48.3
59	BUDDS, Liam	N/A	M40	0:21:11	06:49.0
60	CUSACK, Ruairi	N/A	JM	0:21:19	06:51.5
61	UI MHUIRITHE, Una	N/A	F50	0:21:20	06:51.9
62	LINDOP, Andy	N/A	M55	0:21:21	06:52.2
63	COFFEY, Pat	Clonmel A.C.	M50	0:21:21	06:52.2
64	DROHAN, Eveleen	West Waterford A.C.	F40	0:21:23	06:52.8
65	ISLEY, Stephanie	N/A	F50	0:21:25	06:53.5
66	FITZGERALD, Liam	West Waterford A.C.	M45	0:21:26	06:53.8
67	O'CONNOR, Beth	United Striders	F40	0:21:41	06:58.6
68	PHELAN, Michael	N/A	SM	0:21:50	07:01.5
69	MOLLOY, Mary	Carrick On Suir A.C.	F40	0:21:51	07:01.8
70	O'MAHOONEY, Declan	N/A	M40	0:21:54	07:02.8
71	MOYA ROSA, Emilio	West Waterford A.C.	SM	0:21:55	07:03.1
72	SHINE, Rob	N/A	SM	0:21:57	07:03.8
73	DOHERTY, Debra	West Waterford A.C.	F35	0:21:58	07:04.1
74	MASON, Trevor	West Waterford A.C.	M45	0:22:04	07:06.0
75	BULMAN, George	Youghal A.C.	M55	0:22:07	07:07.0
76	MC NALLY, David	West Waterford A.C.	M50	0:22:11	07:08.3
77	LEDINGHAM, Dermot	Youghal A.C.	M55	0:22:14	07:09.2
78	DUDEK, Stan	West Waterford A.C.	SM	0:22:15	07:09.6
79	KAVANAGH, Liam	West Waterford A.C.	M55	0:22:16	07:09.9
80	MURRAY, Dermot	N/A	M55	0:22:21	07:11.5
81	BURKIN, Johnny	West Waterford A.C.	SM	0:22:22	07:11.8
82	DWYER, Tony	West Waterford A.C.	JM	0:22:23	07:12.1
83	O'ROURKE, Joe	West Waterford A.C.	M55	0:22:23	07:12.1
84	BRUNNOCK, Paul	West Waterford A.C.	M50	0:22:26	07:13.1
85	CLINCE, Liam	West Waterford A.C.	M55	0:22:42	07:18.2
86	FOLEY, Linda	West Waterford A.C.	SF	0:22:47	07:19.9
87	O'DONOGHUE, Donal	Little Island	M50	0:22:52	07:21.5
88	MC GRATH, Eoin	West Waterford A.C.	JM	0:22:53	07:21.8
89	LEE, Catriona	West Waterford A.C.	F35	0:22:56	07:22.8
90	COFFEY, Brigid	West Waterford A.C.	F45	0:22:57	07:23.1
91	PHELAN, David	N/A	SM	0:23:07	07:26.3
92	POWER, Patrick	West Waterford A.C.	M55	0:23:22	07:31.1
93	NUGENT, Sharon	West Waterford A.C.	F35	0:23:28	07:33.0
94	CUSACK, Niall	N/A	M45	0:23:28	07:33.0
95	KELLY, Christopher	West Waterford A.C.	M50	0:23:30	07:33.7
96	NI FHAOLAIN, Sinead	West Waterford A.C.	SF	0:23:34	07:35.0
97	CHIZHIKOVA, Diana	West Waterford A.C.	F35	0:23:35	07:35.3
98	MC CARTHY, Mary	N/A	SF	0:23:38	07:36.3
99	POWER, Onra	West Waterford A.C.	F50	0:23:41	07:37.2
100	CROWLEY, Hazel	West Waterford A.C.	F35	0:23:47	07:39.2
101	VERLING, Cait	West Waterford A.C.	F40	0:23:52	07:40.8
102	MC GRATH, Lisa	N/A	SF	0:23:53	07:41.1
103	KEATING, Catherine	Saturday Road Runners	SF	0:23:54	07:41.4
104	MANSFIELD, Aidan	N/A	JM	0:24:04	07:44.6
105	HIGGINS, Sharon	West Waterford A.C.	F35	0:24:05	07:45.0
106	MC GRATH, Paul	West Waterford A.C.	M50	0:24:06	07:45.3
107	POWER, Kate	N/A	SF	0:24:13	07:47.5
108	WHELAN, Gillian	Touraneena Road Runners	F35	0:24:14	07:47.9

109	BEATTY, Brian	West Waterford A.C.	M40	0:24:16	07:48.5
110	MANSFIELD, Tom	N/A	M45	0:24:27	07:52.0
111	MOYNIHAN, Micheal	West Waterford A.C.	M55	0:24:34	07:54.3
112	O'BRIEN, Paul	Youghal A.C.	M50	0:24:44	07:57.5
113	TUTTY, Vincent	West Waterford A.C.	M50	0:24:47	07:58.5
114	HOGAN, Nuala	West Waterford A.C.	F35	0:24:49	07:59.1
115	HOGAN, Tom	West Waterford A.C.	M40	0:24:49	07:59.1
116	MURPHY, Maura	St. Catherines	F35	0:24:50	07:59.4
117	BENNETT, Sean	N/A	M55	0:24:51	07:59.8
118	FLYNN, Mairead	West Waterford A.C.	F50	0:25:01	08:03.0
119	BULLEN, Katie	West Waterford A.C.	F35	0:25:02	08:03.3
120	WALSHE, John	East Cork	M55	0:25:04	08:03.9
121	EICHELMANN-DALY, Patrycja	West Waterford A.C.	F40	0:25:09	08:05.6
122	MORRISSON, John	St. Catherines	M45	0:25:40	08:15.5
123	O'RIORDAN, Jordan	N/A	SF	0:25:47	08:17.8
124	PROCTOR, Paschal	West Waterford A.C.	M55	0:25:56	08:20.7
125	COAKLEY, Michael	West Waterford A.C.	M50	0:25:57	08:21.0
126	NI FHOGHLU, Grainne	West Waterford A.C.	F40	0:25:59	08:21.6
127	POWER, Rose	West Waterford A.C.	F45	0:26:26	08:30.3
128	GUIRY, Michelle	Touraneena Road Runners	SF	0:26:26	08:30.3
129	FITZGERALD, Molly	West Waterford A.C.	F45	0:26:33	08:32.6
130	KEATING, Marie	Touraneena Road Runners	SF	0:26:42	08:35.5
131	CONWAY, Margaret	West Waterford A.C.	F50	0:26:47	08:37.1
132	COLLINS, Paula	West Waterford A.C.	F40	0:27:04	08:42.6
133	WHELAN, Margaret	West Waterford A.C.	F50	0:27:13	08:45.5
134	DWYER, Liam	N/A	M55	0:27:15	08:46.1
135	REILLY, Olivia	West Waterford A.C.	F40	0:27:30	08:50.9
136	DEEGAN, Michael	West Waterford A.C.	M55	0:27:55	08:59.0
137	HICKEY, Stephanie	Ballymac Runners	F45	0:28:23	09:08.0
138	WALTON, Lyndsay	Touraneena Road Runners	F35	0:28:27	09:09.3
139	MC CARTHY, Brandon	Touraneena Road Runners	JM	0:28:27	09:09.3
140	KEOGH, Catherine	Youghal A.C.	F35	0:28:31	09:10.6
141	RYAN, Denis	West Waterford A.C.	SM	0:28:35	09:11.8
142	LINDOP, Bidy	N/A	F50	0:28:40	09:13.5
143	BERESFORD, Evelyn	West Waterford A.C.	F45	0:28:48	09:16.0
144	TUTTY, Michael	West Waterford A.C.	M55	0:28:49	09:16.3
145	POWER HICKEY, Therese	West Waterford A.C.	F35	0:29:01	09:20.2
146	BURKE, Gayle	N/A	SF	0:29:17	09:25.4
147	BARRY, Laura	Touraneena Road Runners	SF	0:29:19	09:26.0
148	FLYNN, Shirley	N/A	F50	0:29:23	09:27.3
149	CARROLL, Regina	Touraneena Road Runners	F45	0:29:26	09:28.3
150	KEARNS, Clodagh	Touraneena Road Runners	SF	0:29:34	09:30.8
151	HACKETT, Annabelle	N/A	SF	0:29:50	09:36.0
152	CULLINANE, Tricia	Finisk Valley A.C.	F40	0:29:54	09:37.3
153	GUILLY, Linda	Finisk Valley A.C.	F35	0:29:55	09:37.6
154	BARRY, Mairead	N/A	SF	0:30:20	09:45.6
155	LANDERS, Rachel	N/A	F40	0:30:20	09:45.6
156	WALSH, Jean	N/A	F50	0:30:37	09:51.1

157	CURRAN, Eamonn	West Waterford A.C.	M45	0:30:40	09:52.1
158	NOLAN, Noelle	N/A	F45	0:30:50	09:55.3
159	DALY, Kevin	N/A	M40	0:31:01	09:58.8
160	O'DONNELL, Deirdre	Blackwater A.C.	F50	0:31:17	10:04.0
161	HALLINAN, Grainne	Touraneena Road Runners	F45	0:31:36	10:10.1
162	MOORE, Marie	West Waterford A.C.	F50	0:31:58	10:17.2
163	FEENEY, Noelle	N/A	F40	0:32:08	10:20.4
164	CONWAY, Noelle	West Waterford A.C.	F50	0:32:27	10:26.5
165	MURPHY, Elaine	West Waterford A.C.	F35	0:32:45	10:32.3
166	SCANLON, Maria	N/A	SF	0:32:48	10:33.3
167	WALSH, Tina	N/A	SM	0:32:55	10:35.5
168	CLANCY, Deirdre	West Waterford A.C.	F50	0:33:01	10:37.4
169	COTTER, Una	West Waterford A.C.	F50	0:33:17	10:42.6
170	GENC, Sue	West Waterford A.C.	F45	0:33:33	10:47.7
171	MANSFIELD, Amanda	West Waterford A.C.	F45	0:33:34	10:48.1
172	LONERGAN, Rose	Ballymac Runners	F50	0:33:45	10:51.6
173	UNIACKE, Maria	N/A	F45	0:33:51	10:53.5
174	MASON, Mark	N/A	M45	0:35:30	11:25.4
175	PRENDERGAST, Niamy	N/A	F40	0:35:37	11:27.6
176	WHELAN, Edel	N/A	F40	0:35:37	11:27.6
177	CONWAY, Mary Ann	N/A	SF	0:37:20	12:00.8