

### Touraneena 5k 2018

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>Pace</u>
1	ZAKIS, Raivis	West Waterford A.C.	Senior Male	0:16:15	05:13.7
2	O'RIORDAN, Cian	West Waterford A.C.	Junior Male	0:16:38	05:21.1
3	KEDEBE, Fkadu	N/A	Senior Male	0:16:49	05:24.7
4	RYAN, Dermot	West Waterford A.C.	Male 40	0:16:54	05:26.3
5	RYAN, Colm	West Waterford A.C.	Senior Male	0:17:10	05:31.4
6	HENNESSY, Pat	West Waterford A.C.	Senior Male	0:17:34	05:39.1
7	FLAVIN, Marc	West Waterford A.C.	Senior Male	0:17:35	05:39.5
8	O'CONNOR, David	St. Catherines	Senior Male	0:17:44	05:42.4
9	KEOGH, Mossie	West Waterford A.C.	Male 40	0:17:54	05:45.6
10	ROCHE, Patrick	Carrick On Suir A.C.	Male 40	0:18:03	05:48.5
11	DUNNE, Jonathan	Tullamore Harriers	Senior Male	0:18:24	05:55.2
12	VALEY, John	Borris Track Attack	Male 40	0:18:30	05:57.2
13	O'RIORDAN, Shane	West Waterford A.C.	Senior Male	0:18:31	05:57.5
14	FORRISTAL, Sally	St Josephs A.C	Senior Female	0:18:39	06:00.0
15	CULLEN, Alan	West Waterford A.C.	Male 40	0:18:41	06:00.7
16	HAHESY, Ray	West Waterford A.C.	Male 50	0:18:42	06:01.0
17	FITZGERALD, Pat	West Waterford A.C.	Senior Male	0:18:49	06:03.3
18	LOUGHNANE, Madeline	Thurles Crokes	Female 35	0:18:50	06:03.6
19	DROHAN, Walter	West Waterford A.C.	Male 40	0:18:55	06:05.2
20	CONNORS, Jimmy	West Waterford A.C.	Senior Male	0:19:17	06:12.3
21	DUGGAN, Joey	St Josephs A.C	Senior Male	0:19:28	06:15.8
22	GOUGH, Joe	West Waterford A.C.	Male 60	0:19:30	06:16.5
23	GRANT, Gary	N/A	Male 40	0:19:34	06:17.7
24	DWANE, Cathal	N/A	Senior Male	0:19:35	06:18.1
25	WHELAN, James	West Waterford A.C.	Male 40	0:19:36	06:18.4
26	MALONE, Sylvia	Waterford A.C.	Female 40	0:19:37	06:18.7
27	HOGAN, Alan	West Waterford A.C.	Senior Male	0:19:39	06:19.4
28	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male 45	0:19:46	06:21.6
29	VEALE, Kate	West Waterford A.C.	Senior Female	0:19:52	06:23.5
30	O'SULLIVAN, John	N/A	Senior Male	0:20:02	06:26.8
31	KENNEDY, Pdraig	N/A	Senior Male	0:20:09	06:29.0
32	BEDELL, Toby	N/A	Male 45	0:20:20	06:32.6
33	MOLONEY, Michael	West Waterford A.C.	Male 40	0:20:25	06:34.2
34	KELLY, Joe	West Waterford A.C.	Male 45	0:20:26	06:34.5
35	KEANE, Colin	N/A	Senior Male	0:20:30	06:35.8
36	MURPHY, Gerard	N/A	Senior Male	0:20:34	06:37.1
37	VEALE, Patrick	West Waterford A.C.	Senior Male	0:20:39	06:38.7
38	FARRELL, Eanna	Crusaders	Senior Male	0:20:45	06:40.6
39	KENNEALLY, Julie	Youghal A.C.	Senior Female	0:20:49	06:41.9
40	MC CARTHY, Denis	East Cork	Male 55	0:20:52	06:42.8
41	MC CARTHY, Sean	Clonmel A.C.	Male 45	0:20:53	06:43.2
42	TUTTY, Darren	West Waterford A.C.	Male 40	0:20:56	06:44.1
43	GLEESON, Cathal E.	West Waterford A.C.	Male 40	0:21:08	06:48.0

44	BURKIN, Johnny	West Waterford A.C.	Senior Male	0:21:09	06:48.3
45	HOGAN, Tom	West Waterford A.C.	Male 40	0:21:10	06:48.6
46	MULCAHY, Mark	Saturday Road Runners	Senior Male	0:21:11	06:49.0
47	DONNELLY, David	Tried and Tested	Male 40	0:21:14	06:49.9
48	ST JOHN, Jim	Clonmel A.C.	Male 60	0:21:20	06:51.9
49	O'LEARY, Ted	West Waterford A.C.	Male 45	0:21:25	06:53.5
50	O'MAHONEY, Tony	West Waterford A.C.	Male 50	0:21:28	06:54.4
51	MURRAY, Conor	West Waterford A.C.	Senior Male	0:21:31	06:55.4
52	DROHAN, Noel	West Waterford A.C.	Male 45	0:21:32	06:55.7
53	TWOMEY, Bill	N/A	Senior Male	0:21:33	06:56.0
54	CLIFFE, Mark	West Waterford A.C.	Senior Male	0:21:35	06:56.7
55	LANNON, Pat	West Waterford A.C.	Male 45	0:21:39	06:58.0
56	DWYER, Anthony	West Waterford A.C.	Male 60	0:21:41	06:58.6
57	O'SULLIVAN, Deirdre	N/A	Female 40	0:21:46	07:00.2
58	MC GRATH, Johnny	N/A	Male 40	0:21:47	07:00.5
59	CASEY, Kevin	West Waterford A.C.	Senior Male	0:21:52	07:02.2
60	MOYA ROSA, Emilio	West Waterford A.C.	Senior Male	0:21:58	07:04.1
61	CASEY, Liam	N/A	Male 45	0:22:02	07:05.4
62	O'NEILL, Joanne	West Waterford A.C.	Female 40	0:22:06	07:06.7
63	TOBIN, Martin	West Waterford A.C.	Male 50	0:22:08	07:07.3
64	DROHAN, Eveleen	West Waterford A.C.	Female 40	0:22:11	07:08.3
65	MAUNSELL, Nicola	Clonmel A.C.	Female 45	0:22:26	07:13.1
66	JACKMAN, Brian	Saturday Road Runners	Male 45	0:22:28	07:13.7
67	KAVANAGH, Liam	West Waterford A.C.	Male 55	0:22:32	07:15.0
68	O'BRIEN, Michael	Track Attack	Senior Male	0:22:33	07:15.4
69	O'CALLAGHAN, Declan	N/A	Male 40	0:22:42	07:18.2
70	KIELY, Leonora	West Waterford A.C.	Senior Female	0:22:46	07:19.5
71	SANDFORD, Martin	West Waterford A.C.	Male 60	0:22:48	07:20.2
72	DUNFORD, Pat	West Waterford A.C.	Male 50	0:22:57	07:23.1
73	CLINCE, Liam	West Waterford A.C.	Male 55	0:23:18	07:29.8
74	O'DONOGHUE, Donal	Little Island	Male 50	0:23:20	07:30.5
75	DOLLARD, Andy	Kilmacow Road Runners	Male 50	0:23:23	07:31.4
76	NI FHAOLAIN, Sinead	West Waterford A.C.	Senior Female	0:23:24	07:31.8
77	WALL, Kate	Clonmel A.C.	Female 40	0:23:25	07:32.1
78	DOHERTY, Debra	West Waterford A.C.	Senior Female	0:23:27	07:32.7
79	FOLEY, Linda	West Waterford A.C.	Senior Female	0:23:29	07:33.4
80	WHELAN, Gillian	Touraneena Road Runners	Female 35	0:23:30	07:33.7
81	BRUNNOCK, Paul	West Waterford A.C.	Male 50	0:23:32	07:34.3
82	KERRY, James	N/A	Senior Male	0:23:37	07:35.9
83	CHIZHIKOVA, Diana	West Waterford A.C.	Female 35	0:23:39	07:36.6
84	POWER, Onra	West Waterford A.C.	Female 50	0:23:44	07:38.2
85	REGAN, David	Borris Track Attack	Senior Male	0:23:48	07:39.5
86	COFFEY, Brigid	West Waterford A.C.	Female 45	0:23:51	07:40.5
87	BUDDS, Liam	N/A	Male 40	0:24:03	07:44.3
88	KEANE, Mush	West Waterford A.C.	Senior Male	0:24:08	07:45.9

89	PRENDERGAST, Bernie	West Waterford A.C.	Female 55	0:24:14	07:47.9
90	POWER, Deirdre	Carrick On Suir A.C.	Female 35	0:24:15	07:48.2
91	O'DWYER, Derek	Carrick On Suir A.C.	Senior Male	0:24:16	07:48.5
92	KEANE, Pat	Track Attack	Male 40	0:24:20	07:49.8
93	TOOLE, Peter	N/A	Male 50	0:24:22	07:50.4
94	HORGAN, Michelle	West Waterford A.C.	Female 40	0:24:24	07:51.1
95	HORGAN, Thomas	West Waterford A.C.	Male 40	0:24:25	07:51.4
96	BULLEN, Katie	West Waterford A.C.	Female 35	0:24:28	07:52.4
97	O'REGAN, Graham	Clonmel A.C.	Male 40	0:24:29	07:52.7
98	LEE, Catriona	West Waterford A.C.	Female 35	0:24:30	07:53.0
99	MC CARTHY, Michael	N/A	Male 60	0:24:37	07:55.3
100	KENNEALLY, Eoin	N/A	Senior Male	0:24:43	07:57.2
101	CONCANNON, Mick	West Waterford A.C.	Male 55	0:24:43	07:57.2
102	MASSEY, Anne	West Waterford A.C.	Female 45	0:25:10	08:05.9
103	DWYER, Tony	N/A	Junior Male	0:25:14	08:07.2
104	COLLINS, Paula	West Waterford A.C.	Female 40	0:25:15	08:07.5
105	MOORE, Sandra	West Waterford A.C.	Female 45	0:25:16	08:07.8
106	NUGENT, Sharon	West Waterford A.C.	Female 35	0:25:17	08:08.1
107	MC CORMACK, Anne	Borris Track Attack	Female 45	0:25:19	08:08.8
108	HIGGINS, Sharon	West Waterford A.C.	Female 35	0:25:26	08:11.0
109	VERLING, Cait	West Waterford A.C.	Female 40	0:25:28	08:11.7
110	SHALLOE, Kelly	West Waterford A.C.	Female 35	0:25:30	08:12.3
111	WALL, Claire	West Waterford A.C.	Female 35	0:25:31	08:12.6
112	KELLY, Christopher	West Waterford A.C.	Male 50	0:25:32	08:13.0
113	MC CARTHY, Danielle	Ballymac Runners	Senior Female	0:25:33	08:13.3
114	NI FHOGHLU, Grainne	N/A	Female 40	0:25:33	08:13.3
115	RYAN, Mary	Track Attack	Female 45	0:25:38	08:14.9
116	TUTTY, Vicent	West Waterford A.C.	Male 50	0:25:41	08:15.8
117	PROCTOR, Paschal	West Waterford A.C.	Male 60	0:25:42	08:16.2
118	CROWLEY, Hazel	West Waterford A.C.	Female 35	0:25:42	08:16.2
119	FLYNN, Mairead	West Waterford A.C.	Female 50	0:25:43	08:16.5
120	MOYNIHAN, Micheal	West Waterford A.C.	Male 60	0:25:48	08:18.1
121	MORRISSON, John	St. Catherines	Male 45	0:25:57	08:21.0
122	CONDON, Tom	Touraneena Road Runners	Male 60	0:26:11	08:25.5
123	GUIRY, Michelle	Touraneena Road Runners	Senior Female	0:26:12	08:25.8
124	WADE, Michael	West Waterford A.C.	Male 55	0:26:17	08:27.4
125	WHELAN, Margaret	N/A	Female 55	0:26:21	08:28.7
126	GOUGH, Sarah	Kilkenny City Harriers	Female 35	0:26:24	08:29.7
127	POWER, Rose	West Waterford A.C.	Female 45	0:26:29	08:31.3
128	O'REILLY, Breda	N/A	Female 40	0:26:36	08:33.5
129	BERESFORD, Jean	West Waterford A.C.	Female 50	0:26:47	08:37.1
130	FITZGERALD, Molly	West Waterford A.C.	Female 45	0:26:49	08:37.7
131	DALY, Patrycja	West Waterford A.C.	Female 40	0:26:51	08:38.4
132	MORRISSEY, Pat	West Waterford A.C.	Male 45	0:26:55	08:39.7
133	POPE, Carol	West Waterford A.C.	Female 40	0:26:59	08:40.9

134	DOOLAN, Alan	N/A	Senior Male	0:27:01	08:41.6
135	BARTLEY, Aoife	N/A	Senior Female	0:27:02	08:41.9
136	FINNIGAN, Michelle	West Waterford A.C.	Female 45	0:27:04	08:42.6
137	LONERGAN, Danielle	Ballymac Runners	Senior Female	0:27:09	08:44.2
138	HICKEY, Stephanie	Ballymac Runners	Female 45	0:27:10	08:44.5
139	FOSKIN, Patricia	St. Senans A.C.	Female 55	0:27:17	08:46.7
140	FAHEY, Deirdre	Clonmel A.C.	Female 50	0:27:22	08:48.4
141	LANIGAN, Natasha	N/A	Female 40	0:27:23	08:48.7
142	HAYES, Jillian	West Waterford A.C.	Female 35	0:27:30	08:50.9
143	DUFFY, Sarah	West Waterford A.C.	Female 35	0:27:32	08:51.6
144	HOULIHAN, Ger	Carrick On Suir A.C.	Female 55	0:27:35	08:52.5
145	DEEGAN, Michael	West Waterford A.C.	Male 60	0:27:36	08:52.9
146	MINOGUE, Jacqueline	Track Attack	Female 35	0:27:47	08:56.4
147	KEOGH, Catherine	Youghal A.C.	Female 35	0:28:00	09:00.6
148	CONWAY, Margaret	West Waterford A.C.	Female 55	0:28:01	09:00.9
149	RUSSELL, Caroline	West Waterford A.C.	Female 45	0:28:09	09:03.5
150	BARRY, Laura	Touraneena Road Runners	Senior Female	0:28:14	09:05.1
151	FENNELL, Nicola	N/A	Senior Female	0:28:16	09:05.7
152	FENNELL, Tracey	N/A	Senior Female	0:28:17	09:06.0
153	TUTTY, Michael	West Waterford A.C.	Male 55	0:28:19	09:06.7
154	POWER, Conor	Carrick On Suir Tri Club	Senior Male	0:28:36	09:12.2
155	DUNNE, Sean	Carrick On Suir A.C.	Senior Male	0:28:38	09:12.8
156	DUNNE, Sinead	Carrick On Suir A.C.	Senior Female	0:28:41	09:13.8
157	KEATING, Marie	Touraneena Road Runners	Senior Female	0:28:51	09:17.0
158	CARROLL, Phil	Greenway Joggers	Female 55	0:29:08	09:22.5
159	DE COURCY, Anna	Waterford A.C.	Female 45	0:29:20	09:26.3
160	O'RIORDAN, Geraldine	Touraneena Road Runners	Female 45	0:29:23	09:27.3
161	CONNORS, Tish	Touraneena Road Runners	Female 40	0:29:25	09:27.9
162	PRENDERGAST, Louise	Touraneena Road Runners	Senior Female	0:29:52	09:36.6
163	LONERGAN, William	Clonmel A.C.	Male 60	0:29:53	09:36.9
164	WALSH, Mary	Touraneena Road Runners	Female 50	0:30:04	09:40.5
165	BURKE, Gayle	N/A	Senior Female	0:30:12	09:43.1
166	MC CORMACK, Emma	N/A	Junior Female	0:30:14	09:43.7
167	BERESFORD, Evelyn	West Waterford A.C.	Female 45	0:30:15	09:44.0
168	MURRAY, Caroline	Track Attack	Female 40	0:30:23	09:46.6
169	FOLEY, Linda	Greenway Joggers	Female 35	0:30:29	09:48.5
170	HALLINAN, Esther	Touraneena Road Runners	Female 45	0:30:48	09:54.6
171	MURRAY, Orna	Balance Fitness	Female 50	0:30:49	09:55.0
172	LENIHAN, Tommy	West Waterford A.C.	Male 55	0:30:56	09:57.2
173	LAWLOR, Dayna	Touraneena Road Runners	Senior Female	0:30:58	09:57.9
174	MORRIS, Kate	N/A	Senior Female	0:31:20	10:04.9
175	FITZPATRICK, Mary	Carrick On Suir A.C.	Female 55	0:31:22	10:05.6
176	RYAN, Denis	West Waterford A.C.	Senior Male	0:31:35	10:09.8
177	FEENEY, Noelle	N/A	Female 40	0:31:36	10:10.1
178	COAKLEY, Michael	West Waterford A.C.	Male 50	0:31:41	10:11.7

179	CARROLL, Regina	Touraneena Road Runners	Female 45	0:31:46	10:13.3
180	BARRY, Angela	West Waterford A.C.	Female 40	0:32:04	10:19.1
181	FULLER BUCKLEY, Brigid	Blackwater A.C.	Female 45	0:32:09	10:20.7
182	HALLINAN, Grainne	Touraneena Road Runners	Female 45	0:32:14	10:22.3
183	O'LEARY, Tina	N/A	Senior Female	0:32:16	10:23.0
184	CROWLEY, Tricia	N/A	Female 40	0:32:37	10:29.7
185	O'KEEFFE, Linda	Blackwater A.C.	Female 35	0:32:49	10:33.6
186	LONERGAN, Rose	Ballymac Runners	Female 55	0:33:14	10:41.6
187	O'LEARY, David	West Waterford A.C.	Male 40	0:33:20	10:43.6
188	MOORE, Marie	West Waterford A.C.	Female 55	0:33:39	10:49.7
189	CONWAY, Noelle	West Waterford A.C.	Female 55	0:33:40	10:50.0
190	KENNEDY, Paddy	Borris Track Attack	Male 60	0:34:33	11:07.0
191	COTTER, Una	West Waterford A.C.	Female 50	0:34:34	11:07.4
192	FENTON TUTTY, Mary	West Waterford A.C.	Female 40	0:34:34	11:07.4
193	MURPHY, Elaine	West Waterford A.C.	Female 35	0:34:34	11:07.4
194	BARRY, Mairead	N/A	Senior Female	0:34:37	11:08.3
195	TUTTY, Stephen	N/A	Male 60	0:36:11	11:38.6
196	MOORE, Jenny	N/A	Female 35	0:36:37	11:46.9
197	DEVINE, Deirdre	N/A	Female 35	0:36:38	11:47.3