

Ballymacarbry 5 Mile Road Race Friday 21st July 2017

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>Pace</u>
1	SHEIL, Niall	St Killians A.C.	Male O/40	0:26:15	05:14.9
2	O'LEARY, Kevin	East Cork	Senior Male	0:26:20	05:15.9
3	BLACKWELL, Niall	West Waterford A.C.	Junior Male	0:26:30	05:17.9
4	CUMMINS, Paddy	Moycarky A.C.	Senior Male	0:27:12	05:26.3
5	CAVANAGH, Darragh	East Cork	Senior Male	0:27:41	05:32.1
6	KINSELLA, Alan	West Waterford A.C.	Senior Male	0:27:57	05:35.3
7	FLEET, Andy	Holmfirth Harriers	Senior Male	0:28:17	05:39.3
8	FLYNN, Anthony	West Waterford A.C.	Senior Male	0:28:31	05:42.1
9	RYAN, Colm	West Waterford A.C.	Senior Male	0:28:36	05:43.1
10	KEOGH, Mossie	West Waterford A.C.	Male O/40	0:28:48	05:45.5
11	FLAVIN, Marc	West Waterford A.C.	Senior Male	0:29:09	05:49.7
12	DONNELLY, Enda	West Waterford A.C.	Male O/40	0:29:17	05:51.3
13	DOLPHIN, Michael	Leevale	Senior Male	0:29:30	05:53.9
14	POWER, Shane	N/A	Senior Male	0:29:54	05:58.7
15	O'RIORDAN, Shane	West Waterford A.C.	Senior Male	0:29:55	05:58.9
16	HAHESY, Ray	West Waterford A.C.	Male O/50	0:30:22	06:04.3
17	HODGE, John	N/A	Male O/40	0:30:57	06:11.3
18	DUGGAN, Peter	St Josephs A.C	Male O/45	0:31:03	06:12.5
19	RADLEY, Mark	N/A	Male O/40	0:31:07	06:13.3
20	CONNORS, Jimmy	West Waterford A.C.	Senior Male	0:31:14	06:14.7
21	GOUGH, Joe	West Waterford A.C.	Male O/60	0:31:17	06:15.3
22	CULLEN, Alan	West Waterford A.C.	Male O/40	0:31:19	06:15.7
23	LONGAN, Tom	West Waterford A.C.	Male O/40	0:31:23	06:16.5
24	O'GORMAN, Richard	Clonmel A.C.	Male O/50	0:31:27	06:17.3
25	LEAHY, Tom	West Waterford A.C.	Senior Male	0:31:28	06:17.5
26	WHELAN, James	West Waterford A.C.	Male O/40	0:31:37	06:19.3
27	KIRBY, Dan	N/A	Senior Male	0:31:41	06:20.1
28	DUNFORD, Michael	West Waterford A.C.	Male O/50	0:31:44	06:20.7
29	O'DONOGHUE, Eddie	Clonmel A.C.	Male O/40	0:31:59	06:23.7
30	HOGAN, Tom	West Waterford A.C.	Male O/40	0:32:00	06:23.9
31	CHIZHIKOV, Yevgeniy	West Waterford A.C.	Male O/45	0:32:05	06:24.9
32	MARTIN, Lar	Clonmel A.C.	Male O/40	0:32:14	06:26.7
33	O'LEARY, Ted	West Waterford A.C.	Male O/45	0:32:22	06:28.3
34	MASON, Trevor	West Waterford A.C.	Male O/40	0:32:47	06:33.3
35	O'CEALLAIGH, Niall	Clonmel A.C.	Male O/45	0:32:57	06:35.3
36	TOBIN, Martin	West Waterford A.C.	Male O/50	0:33:13	06:38.5
37	REILLY, Gerard	N/A	Male O/45	0:33:29	06:41.7
38	KELLY, Joe	West Waterford A.C.	Male O/45	0:33:32	06:42.3
39	BREEN, Pat	Waterford A.C.	Senior Male	0:33:34	06:42.7
40	BRUNNOCK, Johnny	Carrick On Suir A.C.	Male O/40	0:33:38	06:43.5
41	CALLAGHAN, Micheal	West Waterford A.C.	Male O/45	0:33:45	06:44.9
42	WALSH, Eoin	Saturday Road Runners	Male O/40	0:33:46	06:45.1
43	CANTWELL, Gerry	West Waterford A.C.	Male O/55	0:33:51	06:46.1
44	CLIFFE, Mark	West Waterford A.C.	Senior Male	0:34:05	06:48.9
45	HORGAN, Barry	Clonmel A.C.	Male O/40	0:34:16	06:51.1
46	BARRY, Joe	West Waterford A.C.	Senior Male	0:34:18	06:51.5
47	TOBIN, John	N/A	Male O/40	0:34:35	06:54.9
48	KIELY, Leonora	West Waterford A.C.	Senior Female	0:34:37	06:55.3
49	SMITH, Darren	N/A	Senior Male	0:34:38	06:55.5
50	DWYER, Anthony	West Waterford A.C.	Male O/60	0:35:15	07:02.8
51	CONCANNON, Mick	West Waterford A.C.	Male O/50	0:35:35	07:06.8
52	HORGAN, Elaine	Clonmel A.C.	Female O/35	0:35:40	07:07.8
53	WHITE, Maria	West Waterford A.C.	Female O/40	0:35:57	07:11.2
54	BYRNE, Anna	Clonmel Tri Club	Female O/50	0:36:00	07:11.8
55	ORMONDE, Brian	West Waterford A.C.	Male O/45	0:36:08	07:13.4
56	LOUGHMAN, Graham	N/A	Senior Male	0:36:17	07:15.2
57	ENGLISH, Eamonn	Clonmel A.C.	Male O/50	0:36:18	07:15.4
58	RYAN, Noel	N/A	Male O/40	0:36:22	07:16.2
59	SANDFORD, Martin	West Waterford A.C.	Male O/60	0:36:25	07:16.8

60	MC HALE, Andrew	N/A	Male O/50	0:36:30	07:17.8
61	WALL, Kate	Clonmel A.C.	Female O/40	0:36:31	07:18.0
62	O'KEEFE, Dan	Clonmel A.C.	Male O/40	0:37:00	07:23.8
63	GLEESON, Cathal E.	West Waterford A.C.	Male O/40	0:37:26	07:29.0
64	O'ROURKE, Joe	West Waterford A.C.	Male O/50	0:37:29	07:29.6
65	COFFEY, Brigid	West Waterford A.C.	Female O/45	0:37:32	07:30.2
66	NUGENT, Sharon	West Waterford A.C.	Female O/35	0:37:35	07:30.8
67	SWEETMAN, Michael	Clonmel Tri Club	Male O/50	0:37:44	07:32.6
68	POWER, David	N/A	Male O/45	0:37:47	07:33.2
69	O'CHUIRRIN, Micheal	West Waterford A.C.	Male O/55	0:37:54	07:34.6
70	MOYA ROSA, Emilio	West Waterford A.C.	Senior Male	0:37:59	07:35.6
71	O'DONOGHUE, Donal	Little Island	Male O/50	0:38:32	07:42.2
72	POWER, Onra	West Waterford A.C.	Female O/50	0:38:33	07:42.4
73	YOUNG, Shay	West Waterford A.C.	Male O/40	0:38:46	07:45.0
74	BRUNNOCK, Paul	West Waterford A.C.	Male O/45	0:38:48	07:45.4
75	GEE, Micheal	N/A	Senior Male	0:38:49	07:45.6
76	BRUNNOCK, Paddy	N/A	Senior Male	0:38:50	07:45.8
77	JACKMAN, Brian	Saturday Road Runners	Male O/45	0:39:12	07:50.2
78	MC GRATH, Brendan	Touraneena Road Runners	Senior Male	0:39:22	07:52.2
79	CHIZHIKOVA, Diana	West Waterford A.C.	Female O/35	0:39:44	07:56.6
80	MOYNIHAN, Micheal	West Waterford A.C.	Male O/60	0:40:00	07:59.8
81	FLAVIN, Cyril	N/A	Senior Male	0:40:04	08:00.6
82	HIGGINS, Sharon	West Waterford A.C.	Female O/35	0:40:06	08:01.0
83	DOHERTY, Debra	West Waterford A.C.	Senior Female	0:40:06	08:01.0
84	DORNEY, Seamus	N/A	Male O/55	0:40:15	08:02.8
85	UI CHUIRRIN, Josie	West Waterford A.C.	Female O/55	0:40:17	08:03.2
86	EICHELMANN-DALY, Patrycja	Youghal A.C.	Female O/40	0:40:18	08:03.4
87	CURRAN, Eamonn	West Waterford A.C.	Male O/45	0:40:22	08:04.2
88	BULLEN, Katie	West Waterford A.C.	Female O/35	0:40:30	08:05.8
89	GAFFNEY, Andrea	West Waterford A.C.	Female O/45	0:40:31	08:06.0
90	HALLAHAN, Donna	West Waterford A.C.	Senior Female	0:40:35	08:06.8
91	QUEALLY, Nick	N/A	Senior Male	0:40:36	08:07.0
92	CROWLEY, Hazel	N/A	Senior Female	0:40:40	08:07.8
93	PROCTOR, Paschal	West Waterford A.C.	Male O/60	0:40:51	08:10.0
94	ROCHE, John	West Waterford A.C.	Male O/40	0:40:56	08:11.0
95	FLYNN, Mairead	West Waterford A.C.	Female O/50	0:41:03	08:12.4
96	MASSEY, Anne	West Waterford A.C.	Female O/45	0:41:13	08:14.4
97	COSGRAVE, Pdraig	N/A	Senior Male	0:41:31	08:18.0
98	RYAN, Lizzie	Clonmel A.C.	Female O/45	0:41:41	08:20.0
99	MC CARTHY, Melissa	Clonmel A.C.	Female O/35	0:41:42	08:20.2
100	SHEEHAN, Rory	N/A	Senior Male	0:41:43	08:20.4
101	KIELY, Catriona	West Waterford A.C.	Female O/45	0:41:48	08:21.4
102	WHELAN, Gillian	Touraneena Road Runners	Female O/35	0:41:49	08:21.6
103	MESKELL, Kate	Saturday Road Runners	Senior Female	0:42:00	08:23.8
104	BLANCHFIELD, J.P.	N/A	Male O/40	0:42:07	08:25.2
105	O'CEALLAIGH, Helen	Clonmel A.C.	Female O/45	0:42:16	08:27.0
106	TOBIN, Sophie	N/A	Female O/40	0:43:49	08:45.6
107	WALSH, Marie	West Waterford A.C.	Female O/40	0:44:03	08:48.4
108	GOUGH, Sarah	Kilkenny City Harriers	Senior Female	0:44:06	08:49.0
109	BERESFORD, Evelyn	West Waterford A.C.	Female O/45	0:44:25	08:52.8
110	HICKEY, Stephanie	Ballymac Runners	Female O/45	0:44:26	08:53.0
111	LONERGAN, Danielle	Ballymac Runners	Senior Female	0:44:26	08:53.0
112	CAHILL, Mary	West Waterford A.C.	Female O/45	0:44:45	08:56.8
113	SMITH, Sinead	Cahir Meet and Train	Senior Female	0:44:51	08:58.0
114	MOLONEY, Andy	Cahir Meet and Train	Male O/45	0:44:52	08:58.2
115	DUFFY O'BRIEN, Sarah	N/A	Female O/35	0:44:58	08:59.4
116	SMITH, Ali	N/A	Female O/35	0:45:25	09:04.8
117	HENNESSY, Tracy	Cahir Meet and Train	Female O/40	0:45:30	09:05.8

118	O'DONOVAN, Vincent	West Waterford A.C.	Male O/55	0:45:32	09:06.2
119	FOLEY, John	West Waterford A.C.	Male O/60	0:45:40	09:07.8
120	DEEGAN, Michael	West Waterford A.C.	Male O/60	0:45:47	09:09.2
121	BUCKLEY, Katie	N/A	Senior Female	0:45:54	09:10.6
122	FOGARTY, Christine	West Waterford A.C.	Female O/35	0:45:56	09:11.0
123	POWER HICKEY, Therese	West Waterford A.C.	Female O/35	0:45:58	09:11.4
124	MC GRATH, Joanie	West Waterford A.C.	Female O/45	0:47:00	09:23.8
125	TOBIN, Jackie	West Waterford A.C.	Female O/45	0:47:15	09:26.8
126	KEATING, Marie	N/A	Senior Female	0:47:56	09:35.0
127	DOOCEY, Deirdre	N/A	Female O/35	0:47:57	09:35.2
128	WHITE, Scott	Carrick On Suir Tri Club	Male O/50	0:49:13	09:50.4
129	FENTON, John	N/A	Male O/60	0:49:14	09:50.6
130	WALSH, Mary	Touraneena Road Runners	Female O/50	0:51:01	10:12.0
131	SANDFORD, Liam	West Waterford A.C.	Male O/60	0:51:23	10:16.4
132	LONERGAN, Rose	Ballymac Runners	Female O/55	0:52:02	10:24.2
133	MOORE, Marie	West Waterford A.C.	Female O/55	0:52:07	10:25.2
134	CONWAY, Noelle	West Waterford A.C.	Female O/55	0:52:19	10:27.6
135	GOUGH, Terri	West Waterford A.C.	Female O/55	0:52:31	10:30.0
136	SHEIL, Jacinta	West Waterford A.C.	Female O/55	0:52:34	10:30.6
137	CLANCY, Deirdre	West Waterford A.C.	Female O/55	0:53:02	10:36.2
138	HAHESY, Deirdre	West Waterford A.C.	Female O/45	0:53:15	10:38.8
139	DEE, Irene	West Waterford A.C.	Female O/40	0:53:16	10:39.0